To Do, or Not To Do: Decision Science & ADHD

International Conference on ADHD, 2024

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Suggested Learning

Beginner / Intermediate

- Donovan, D. (2022). The Anti-Planner: How to Get Sh*t Done When You Don't Feel LIke It. Anti-Boring Books.
- Felt, M. (2023, December 2). Experiential Rehabilitation: Trickle-down Self EF-ficacy [Conference Presentation]. 2023 International Conference on ADHD, Baltimore, MD, United States.
    - Dr. Felt also explains his Ambiguity Cycle on the April 11th, 2024 episode of Taking Control: The ADHD Podcast
    - https://podcasts.apple.com/ro/podcast/adhd-comorbidities-the-depression-anxiety-cocktail-with/id368426151?i=1000652128109
- Boraud, T. (2020). How the brain makes decisions. Oxford Univ Press.
- Jeff Copper's Cognitive Ergonomics From the Inside Out course. https://digcoaching.com/cognitive-ergonomics/
- Youtube Channel: Sense of Mind. https://www.youtube.com/@senseofmindshow

Advanced

- Bardgett, M., Depenbrock, M., Downs, N., Points, M., & Green, L. (2009). Dopamine Modulates Effort-Based Decision Making in Rats. Behavioral Neuroscience, 123(2), 242-251.
- Barkley, R. A. (2018). Attention-deficit hyperactivity disorder: A handbook for diagnosis and treatment (4th ed.). Guilford Press.

- Lopez-Gamundi, P., Yao, Y., Chong, T., Heekeren, H., Herrero, E., Pallares, J., & , (2021). The neural basis of effort valuation: A meta-analysis of functional magnetic resonance imaging studies. Neuroscience and Behavioral Reviews 131, 1275-1287 (2021)
- Naqvi, N., Shiv, B., & Bechara, A. (2006). The Role of Emotion in Decision Making. Current Directions in Psychological Science, 15(5), 260-264.
- Simpson, E. H., & Balsam, P. D. (2016). Behavioral Neuroscience of Motivation. Springer International Publishing.
- Yu, X., & Sonuga-Barke, E. (2020). Childhood ADHD and Delayed Reinforcement: A Direct Comparison of Performance on Hypothetical and Real-Time Delay Tasks. Journal of Attention Disorders, 24(5), 810-818.

Full References

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Blum, K., Chen, A. L., Braverman, E. R., Comings, D. E., Chen, T. J., Arcuri, V., Blum, S. H., Downs, B. W., Waite, R. L., Notaro, A., Lubar, J., Williams, L., Prihoda, T. J., Palomo, T., & Oscar-Berman, M. (2008). Attention-deficit-hyperactivity disorder and reward deficiency syndrome. Neuropsychiatric disease and treatment, 4(5), 893–918. https://doi.org/10.2147/ndt.s2627

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Chong, T., Fortunato, E., & Bellgrove, M. (2023). Amphetamines Improve the Motivation to Invest Effort in Attention-Deficit/Hyperactivity Disorder. Journal of Neuroscience, 43(41), 6898-6908.

Copper, J. (2023, November 30). ADHD: Taking a Systems Engineer Approach to Organization [Conference Presentation]. 2023 International Conference on ADHD, Baltimore, MD, United States.

Felt, M. (2023, December 2). Experiential Rehabilitation: Trickle-down Self EF-ficacy [Conference Presentation]. 2023 International Conference on ADHD, Baltimore, MD, United States.

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Hogan, P.S., Galaro, J.K., & Chib, V.S. (2019). Roles of Ventromedial Prefrontal Cortex and Anterior Cingulate in Subjective Valuation of Prospective Effort. Cerebral Cortex, 29(10).

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Kuan, A.T., Bondanelli, G., Driscoll, L.N. et al. Synaptic wiring motifs in posterior parietal cortex support decision-making. Nature 627, 367–373 (2024). https://doi.org/10.1038/s41586-024-07088-7

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