



INTERNATIONAL ONLINE CONFERENCE ON
ADHD2025
Connect Learn Thrive



To obtain continuing education credits at the online conference, you must purchase it along with your registration. You must attend the entire session for each session you wish to obtain credit for. You must also complete and turn in a CCE Master Form, which will be provided to you prior to the conference.

Friday, March 7

Credit Hours	Resource Development / Core Competency	Time	Title	Co-Authors
1	Resource Development	10:00 - 11:00 AM	Own Your ADHD: What a Relief!	Mr. Jeff Copper
1	Resource Development	11:15 AM - 12:15 PM	Does My ADHD Retire with Me? Strategies Fulfilling Post-Career Life	Dr. Daniella Karidi
1	Resource Development	12:30 - 1:30 PM	ADHD and Sleep: The Missing Link	Ms. Nathalie Chénard
1	Resource Development	3:00 - 4:00 PM	Hormonal Waves and ADHD: Adapting and Thriving Through Life's Changes	Dr Dara Abraham
1	Resource Development	4:15 5:15 PM AM	Adult Executive Function Skills for Real-World Success	Mr. Eric Kaufmann
1	Resource Development	5:30 - 6:30 PM	Exploring Social Motivation in Individuals with ADHD: Insights from Clinical Practice	Ms. Kaitlyn Niederstadt
1	Resource Development	5:30 - 6:30 PM	Neurodivergent Relationships Through the Lens of ADHD and Intersectionality	Ms Pasha Marlowe
1	Resource Development	6:45 - 7:45 PM	Quiet Your To-Do List: Discover Your Priorities Amidst the Noise	Mrs. Nikki Kinzer, PCC

Saturday, March 8

Credit Hours	Resource Development / Core Competency	Time	Title	Authors
0.5 0.5	Resource Development Core Competency	10:00 - 11:00 AM	What to do when Clients Disclose Suicidal Thoughts and Behaviors	Dr. Carlos Yeguez
1	Resource Development	10:00 - 11:00 AM	Keep your (aging) ADHD Brain Young & Vibrant	Ms. Linda Roggli
1	Resource Development	10:00 - 11:00 AM	We Want To Pump You Up!: ADHD, Exercise & Strength-Training	Dr. Roberto Olivardia* Mr. Roman Olivardia*
1	Resource Development	11:15 AM - 12:15 PM	At The Crossroads: Financial Challenges, Emotions, and ADHD	Ms. Annette Lang
1	Resource Development	12:30 - 1:30 PM	ADHD & Hormones: Cycle Syncing Therapy for Women with ADHD	Mrs. Bailey Pilant
1	Resource Development	1:45 - 2:45 PM	Rebuilding Connections: A Practical Approach to Restoring and Sustaining Relationships	Dr. Tamara Rosier
0.5 0.5	Resource Development Core Competency	4:15 - 5:15 PM AM	Emotional Regulation: The Foundation in ADHD Care	Mrs. Dana Crews
1	Resource Development	5:30 - 6:30 PM	Decoding AuDHD: A Playbook for Understanding and Empowering	Ms. Rachel Feldman
1	Resource Development	6:45 - 7:45 PM	Rewriting the Narrative for Adults with ADHD	M. Kat Loutrel
1	Resource Development	6:45 - 7:45 PM	Epiphany! The agony and ecstasy of an Adult ADHD Diagnosis	Ms. Monica Hassall