



INTERNATIONAL ONLINE CONFERENCE ON
ADHD2025
Connect Learn Thrive



PROFESSIONAL
ASSOCIATION
for ADHD
COACHES

To obtain continuing education credits at the in-person conference, you must purchase it along with your registration. You must attend the entire session live for each session you wish to obtain credit for. You must also complete and turn in a CCE Master Form.

Friday, March 7, 2025

CEU Type	Credit	Time	Title	Authors
Coaching Resources	1	10:00 AM - 11:00 AM	VR Classroom for Attention Process Assessment in Children with ADHD	Dr. Albert Rizzo
Coaching Resources	1	10:00 AM - 11:00 AM	Small Talk 101 for Adults with ADHD	Caroline Maguire
Coaching resources	1	10:00 AM - 11:00 AM	Navigating Homework Hang Ups	Michael Delman
ADHD Knowledge and PAAC Essentials	1	10:00 AM - 11:00 AM	Own Your ADHD: What a Relief!	Jeff Copper
ADHD Knowledge and PAAC Essentials	1	11:15 AM - 12:15 PM	Untangling anxiety's knot: Overcoming self-sabotage, overwhelm and toxic shame	Dr. Sharon Saline
Coaching Resources	1	11:15 AM - 12:15 PM	Does My ADHD Retire with Me? Strategies Fulfilling Post-Career Life	Dr. Daniella Karidi
Coaching Resources	1	11:15 AM - 12:15 PM	Nurturing Grit and Resilience: The Art of Perseverance	John Willson
ADHD Knowledge and PAAC Essentials	1	11:15 AM - 12:15 PM	ADHD, Communication & What to Do About it	Dr. Mark Bertin, M.D.
ADHD Knowledge and PAAC Essentials	1	12:30 PM - 1:30 PM	From Meltdowns to Calm: Helping Youth Build Better Emotional Regulation	Dr. Joyce Cooper-Kahn
ADHD Knowledge and PAAC Essentials	1	12:30 PM - 1:30 PM	ADHD and Sleep: The Missing Link	Nathalie Chénard
Coaching Resources	1	12:30 PM - 1:30 PM	Why Can't They Just...? Navigating Parent Frustration with ADHD Kids	Elaine Taylor-Klaus & Diane Dempster
ADHD Knowledge and/or PAAC Competencies	1	12:30 PM - 1:30 PM	A Guide to Preventing Deadline Dilemmas: A Time Management Toolkit	Dr. Jamie Ahrens Nadjari
Coaching Resources	1	1:45 PM - 2:45 PM	Maximizing ADHD Talent: Why Employers Want to Hire You	Larry Worth
ADHD Knowledge and PAAC Essentials	1	1:45 PM - 2:45 PM	Teaching Executive Function Strategies to build Self-directed Learners	Shelly Levy & Laurel Black
ADHD Knowledge and PAAC Essentials	1	1:45 PM - 2:45 PM	LET. IT. BE. ~ The Choice Lies Within You	Barbara Williams, Sally Linton, & Paula Mullin
ADHD Knowledge and PAAC Essentials	1	3:00 PM - 4:00 PM	Hormonal Waves and ADHD: Adapting and Thriving Through Life's Changes	Dr Dara Abraham
ADHD Knowledge and PAAC Essentials	1	3:00 PM - 4:00 PM	"Serene Green" State Of Mind: Cultivating ADHD Self-Regulation through Ecopsychology	Caz Gaddis

ADHD Knowledge and PAAC Essentials	1	3:00 PM - 4:00 PM	College Transitions: 10 Strategies for Parents & Teens with ADHD	Jenny Drennan & Ashley Harding
ADHD Knowledge and PAAC Essentials	1	3:00 PM - 4:00 PM	From Idealized to Realized: Reframing Consistency and Productivity	Marianna Henry
Coaching Resources	1	4:15 PM - 5:15 PM	Don't sacrifice accuracy for speed. Streamlining comprehensive ADHD assessments	Dr. Claire Sira
Coaching Resources	1	4:15 PM - 5:15 PM	Adult Executive Function Skills for Real-World Success	Eric Kaufmann
ADHD Knowledge and PAAC Essentials	1	4:15 PM - 5:15 PM	Family Therapy Interventions for Adolescents with ADHD and RSD.	Barbara Hendrich
Coaching Resources	1	4:15 PM - 5:15 PM	Navigating the Unknown: Overcoming Ambiguous Tasks	Cassidy Jones
ADHD Knowledge and PAAC Essentials	1	5:30 PM - 6:30 PM	Exploring Social Motivation in Individuals with ADHD: Insights from Clinical Practice	Kaitlyn Niederstadt
ADHD Knowledge and PAAC Essentials	1	5:30 PM - 6:30 PM	Neurodivergent Relationships Through the Lens of ADHD and Intersectionality	Pasha Marlowe
ADHD Knowledge and PAAC Essentials	1	6:45 PM - 7:45 PM	Integrating Executive Function Training into ADHD Treatment.	Surbhi Sarup
Coaching Resources	1	6:45 PM - 7:45 PM	Quiet Your To-Do List: Discover Your Priorities Amidst the Noise	Nikki Kinzer, PCC
Coaching Resources	1	6:45 PM - 7:45 PM	Mind-Body Movement for the Anxious ADHD Brain	Judith Richardson-Mahre
Coaching Resources	1	6:45 PM - 7:45 PM	Re-connecting Couples - Finding new relationship foundations with ADHD	Jonathan Hassall

Saturday, March 8, 2025

CEU Type	Credit	Time	Title	Authors
ADHD Knowledge and PAAC Essentials	1	10:00 AM - 11:00 AM	What to do when Clients Disclose Suicidal Thoughts and Behaviors	Dr. Carlos Yeguez
ADHD Knowledge and PAAC Essentials	1	10:00 AM - 11:00 AM	Keep your (aging) ADHD Brain Young & Vibrant	Linda Roggli
Coaching Resources	1	10:00 AM - 11:00 AM	Multi-Sensory Approach Helps Students with ADHD Develop Stronger Writing Skills	Dr. Emily Levy
ADHD Knowledge and PAAC Essentials	1	10:00 AM - 11:00 AM	We Want To Pump You Up!: ADHD, Exercise & Strength-Training	Dr. Roberto Olivardia & Roman Olivardia
Coaching Resources	1	11:15 AM - 12:15 PM	Mindfulness and Play Based Activities for Kids and Teens	Dr. Christopher Willard
Caching Resources	1	11:15 AM - 12:15 PM	At The Crossroads: Financial Challenges, Emotions, and ADHD	Annette Lang
Coaching Resources	1	11:15 AM - 12:15 PM	Leveraging IEP Goals to Meet Your Child's Needs	Lisa Stewart
ADHD Knowledge and PAAC Competencies	1	12:30 PM - 1:30 PM	ADHD & Hormones: Cycle Syncing Therapy for Women with ADHD	Bailey Pilant
Coaching Resources	1	12:30 PM - 1:30 PM	Unlock ADHD Strengths with AI: Thrive in the Future Workplace	Roxana- Coralia Tascu
Coaching Resources	1	12:30 PM - 1:30 PM	Regulation for Parents: Tuning into Your Unique Nervous System	Sam Nesthus
Coaching Resources	1	12:30 PM - 1:30 PM	From Ghosting to Glowing: Maintaining ADHD Friendships	Jamie Blume
ADHD Knowledge and PAAC Competencies	1	1:45 PM - 2:45 PM	ACT for the Neurodivergent Brain	Ginny Nikiforos
Coaching Resources	1	1:45 PM - 2:45 PM	Stick With It: The Secret to Creating Habits That Last	Kim Arrey
Coaching Resources	1	1:45 PM - 2:45 PM	Weird-ish Strategies To Manage Executive Function Challenges	Taylor Bland
ADHD Knowledge and PAAC Competencies	1	1:45 PM - 2:45 PM	Rebuilding Connections: A Practical Approach to Restoring and Sustaining Relationships	Dr. Tamara Rosier
Coaching Resources	1	3:00 PM - 4:00 PM	When SMART Goals Fall Short: Rethinking Goal-Setting Strategies for ADHDers	Dr. Eliza Barach
ADHD Knowledge and PAAC Competencies	1	3:00 PM - 4:00 PM	Squirrelling with Sensory Sensitivity; Succeeding with ADHD and SPD	Krysta Longridge

ADHD Knowledge and PAAC Competencies	1	3:00 PM - 4:00 PM	Practical Strategies for Managing ADHD and Enhancing Daily Life	Dr. Kristen Eccleston
ADHD Knowledge and PAAC Competencies	1	3:00 PM - 4:00 PM	Eating with ADHD: Nourishing the Brain through Intuitive Eating	Nicole DeMasi Malcher
ADHD Knowledge and/or PAAC Competencies	1	4:15 PM - 5:15 PM	ADHD Parenting: Thriving Under Stress with Practical Mental Health Strategies	Dr. Karen Wilson
ADHD Knowledge and/or PAAC Competencies	1	4:15 PM - 5:15 PM	The Complicated Mental Side of Productivity	Dr. Ari Tuckman
Coaching resources	1	4:15 PM - 5:15 PM	Harnessing Fidgeting to Improve Focus and Motivation	Dr. Carey Heller
ADHD Knowledge and/or PAAC Competencies	1	4:15 PM - 5:15 PM	Emotional Regulation: The Foundation in ADHD Care	Dana Crews
ADHD Knowledge and/or PAAC Core Competencies	1	5:30 PM - 6:30 PM	Decoding AuDHD: A Playbook for Understanding and Empowering	Rachel Feldman
Coaching Resources	1	5:30 PM - 6:30 PM	Workplace Accommodation overcoming obstacles to get accommodation you desire.	Dr. John Severino
ADHD Knowledge and/or PAAC Competencies	1	5:30 PM - 6:30 PM	Positive Illusory Bias and Reporter Reliability in Adolescents with ADHD	Kelvin Pinero
ADHD Knowledge and/or PAAC Competencies	1	6:45 PM - 7:45 PM	Rewriting the Narrative for Adults with ADHD	Kat Loutrel