



Teaching Executive Function Strategies to Build Self-directed Learners

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PDF fillable slides

[Teaching Executive Function Strategies to build Self-directed Learners](#)

Handouts

[Draw a Pig](#)

[How Long Will it Take](#)

[My CANDO Goal](#)

[Plan Task Prioritization Matrix, Due vs Effort](#)

[Big Break it Down](#)

Books and Articles

[The Mystery of ADHD Motivation, Solved, Thomas E. Brown, PhD](#)

[Drive by Daniel Pink](#)

[Ready, Willing and Able: A Developmental Approach to College Access and Success](#)

Videos

[Why you should define your fears instead of your goals - Tim Ferriss](#)

[How to ADHD, ADHD and Motivation - Jessica McCabe](#)

[Replace your to-do list with something way better- Daniel Pink](#)

Additional Resources

Krishnan, K., Feller, M., Orkin, M. (2010) Goal Setting, Planning and Prioritizing. in Meltzer et al, *Promoting Executive Function in the Classroom* (p. 61). New York: Guilford Press.

Eccles J. S., Adler, T. F., Futterman, R., Goff, S. B., Kaczala, C. M., Meece, J. L., & Midgley, C. (1983). Expectancies, values, and academic behaviors. In J. T. Spence (Ed.), *Achievement and achievement motivation* (pp. 75–146). San Francisco, CA: W. H. Freeman.