

ANZSPED GENERAL PAEDIATRICIAN UPDATE MEETING PROGRAM

14TH FEBRUARY 2026 | RYDGES, SYDNEY CENTRAL



ANZSPED

AUSTRALIA AND NEW ZEALAND
SOCIETY FOR PAEDIATRIC
ENDOCRINOLOGY AND DIABETES

0900

Registration opens

Chair: Tony Huynh

0930

Welcome and opening

A/Prof Tony Huynh, Queensland Children's Hospital, Qld

0940

Nutritional Management of Type 2 diabetes in Children

Dr Carmel Smart, John Hunter Children's Hospital, NSW

1010

Sick Day Management on Insulin Pumps

Ms Kristine Heels, The Children's Hospital at Westmead, NSW

1040

Diabetes Technology Unplugged: Your Questions Answered

An interactive panel session where commonly asked questions are answered

1100

MORNING TEA & TECHNOLOGY WORKSHOP

Chair: Jenny Harrington

1145

Sorting the flow: Diagnostic and management perspectives in paediatric polyuria-polydipsia syndrome

A/Prof Tony Huynh, Queensland Children's Hospital, Qld

1215

Above the curve: understanding tall stature in children

Dr Ben Albert, Auckland University and Starship Paediatric Endocrinology, NZ

1245

What the curve? Short stature 101

A/Prof Aris Siafarikas, Perth Children's Hospital, WA

1315

Abnormal TFTs - what next?

Dr Mary White, Royal Children's Hospital, VIC

1345

LUNCH

Chair: Mary White

1415

Trimming the fat: paediatric lipid disorders - when to refer

Dr Shubha Srinivasan, The Children's Hospital at Westmead, NSW

1445

Approach to Precocious Puberty

Dr Jenny Harrington, Adelaide Women's and Children's Hospital, SA

1515

The highs and lows of abnormal calcium - from shakes to pains

A/Prof Peter Simm, Royal Children's Hospital, Vic

1545

Close of meeting

A/Prof Tony Huynh, Queensland Children's Hospital, Qld

1600

AFTERNOON TEA