

# ANZSPED GENERAL PAEDIATRICIAN UPDATE MEETING PROGRAM



# ANZSPED

AUSTRALIA AND NEW ZEALAND  
SOCIETY FOR PAEDIATRIC  
ENDOCRINOLOGY AND DIABETES

14TH FEBRUARY 2026 | RYDGES, SYDNEY CENTRAL

0900

Registration opens

Chair: Tony Huynh

0930

## Welcome and opening

*A/Prof Tony Huynh, Queensland Children's Hospital, Qld*

0940

## Nutritional Management of Type 2 diabetes in Children

*Dr Carmel Smart, John Hunter Children's Hospital, NSW*

1010

## Sick Day Management on Insulin Pumps

*Ms Kristine Heels, The Children's Hospital at Westmead, NSW*

1040

## Diabetes Technology Unplugged: Your Questions Answered

*An interactive panel session where commonly asked questions are answered*

1100

## MORNING TEA & TECHNOLOGY WORKSHOP

Chair: Jenny Harrington

1145

## Sorting the flow: Diagnostic and management perspectives in paediatric polyuria-polydipsia syndrome

*A/Prof Tony Huynh, Queensland Children's Hospital, Qld*

1215

## Above the curve: understanding tall stature in children

*Dr Ben Albert, Auckland University and Starship Paediatric Endocrinology, NZ*

1245

## What the curve? Short stature 101

*A/Prof Aris Siafarikas, Perth Children's Hospital, WA*

1315

## Abnormal TFTs - what next?

*Dr Mary White, Royal Children's Hospital, VIC*

1345

## LUNCH

Chair: Mary White

1415

## Trimming the fat: paediatric lipid disorders - when to refer

*Dr Shubha Srinivasan, The Children's Hospital at Westmead, NSW*

1445

## Approach to Precocious Puberty

*Dr Jenny Harrington, Adelaide Women's and Children's Hospital, SA*

1515

## The highs and lows of abnormal calcium - from shakes to pains

*A/Prof Peter Simm, Royal Children's Hospital, Vic*

1545

## Close of meeting

*A/Prof Tony Huynh, Queensland Children's Hospital, Qld*

1600

## AFTERNOON TEA

*Program correct at time of print and subject to change*