



## Cultural Safety Training: The Clinical Application of Cultural Safety

What AIDA offer is unique with our program aimed at the clinical application of cultural safety, developed by Indigenous doctors and delivered by Indigenous doctors.

This compelling training helps participants to extend their knowledge about Aboriginal and Torres Strait Islander healthcare experiences, explore how attitudes and values can influence perceptions, assumptions and behaviours in a clinical setting, and discuss ways to be more culturally safe.

### Training Goal

Reframing the Aboriginal and Torres Strait Islander health narrative and using strengths-based approaches to enhance the experiences of Aboriginal and Torres Strait Islander peoples within the healthcare system, to improve health outcomes.

### Learning Outcomes

#### **Module 1 - Holistic Aboriginal and Torres Strait Islander Health and Wellbeing**

- Understand and apply Aboriginal and Torres Strait Islander worldviews and approaches to health and wellbeing in clinical practice.

#### **Module 2- Health Equality, Privilege and Racism**

- Understand the structural barriers and enabling factors regarding race as a barrier for good health outcomes.

#### **Module 3 - Systemic Racism and Systems Change**

- Recommend practical strategies to mitigate barriers and utilise enabling factors at a systemic and practice level.

#### **Module 4 - Being an Ally**

- Explore the qualities of being a strong advocate and ally.
- Identify and implement personal strategies to address racism.

#### **Module 5 - Cultural Safety in Practice**

- Strengthen culturally safe practices relevant to Aboriginal and Torres Strait Islander Peoples to achieve better health outcomes.
- Implement strategies to overcome barriers to health access at an institutional level.

#### **Module – 6 Implementation Post – Training**

- Integrate Aboriginal and Torres Strait Islander holistic health and cultural safety into everyday clinical practice.

A number of case studies weave through the training and will engage participants to develop, review and update the perceptions and understandings underlying their responses to the case study scenarios in line with the progression of their learnings.

The workshop includes interactive and experimental teaching, as well as preparatory and follow up activities. The workshop is accredited for continuing professional development (CPD) or equivalent with several specialist medical colleges.



## Training timetable

8:30am–8:35am	<b>Acknowledgement to Country</b>
8:35am–9:15am	<b>Introduction</b>
9:15am–10:30am	<b>MODULE 1: <i>Holistic Aboriginal and Torres Strait Islander Health and Wellbeing</i></b>
10:30am–10:45am	<b>Morning Tea</b>
10:45am – 12:45pm	<b>MODULE 2: <i>Health Equality, Equity, Privilege and Racism</i></b>
12:45pm–1:30pm	<b>Lunch</b>
1:30pm–2:30pm	<b>MODULE 3: <i>Systemic Racism and Systems Change</i></b>
2:30pm–2:50pm	<b>MODULE 4: <i>Being an Ally</i></b>
2:50pm–3:30pm	<b>MODULE 5: <i>Cultural Safety in Practice</i></b>
3:30pm–3:45pm	<b>Afternoon Tea</b>
3:45pm–4:30pm	<b>MODULE 5: <i>Cultural Safety in Practice continued</i></b>
4:30pm–5:00pm	<b>MODULE 6: <i>Implementation Post -Training</i></b>
5:00pm	<b>Program Close</b>