

THURSDAY 5
SEPTEMBER

Hickinbotham Hall

The Vines Room

The Gallery Room

Broughton Room

Ferguson Room

TRAINEE AND NEW FELLOW DAY

Who's Eligible: Open to Trainees and New Fellows only.

Costs:
Trainee day only:
Early bird: \$160
Standard: \$190
Late: \$220

Trainee day & communication skills workshop
Early bird: \$300
Standard: \$330
Late: \$360

TRAINEE AND NEW FELLOWS DAY

Chairperson: Dr Ahmed Nagla

0830 Registration opens - Foyer outside Broughton/Ferguson rooms

SESSION 1

0900 Welcome

0915 Updates on Pharmacogenomic Guided Opioid Prescribing in Cancer Pain Management
Dr Aaron Wong, Peter MacCallum Cancer Centre & The Royal Melbourne Hospital, Vic

1000 Interventional pain procedures (nerve blocks/neurosurgical procedures)
Dr Han Lim, Dr Irena Hollington, The Queen Elizabeth Hospital, SA

1045 **Morning tea**

SESSION 2

1115 Palliative care in different religions & cultures
*Dr Lawrie Palmer, Northern Adelaide Palliative Service, SA
Dr Ahmed Nagla, Latrobe Regional Health | Peter MacCallum Cancer Centre, Vic
Dr Michelle Gold, Alfred Hospital, Vic
Dr Michael Chapman, Canberra Hospital, Act*

1225 **Lunch**

1300 **OPTIONAL COMMUNICATIONS WORKSHOP**
Those attending the communications workshop are to depart the Wine Centre and make their way to Adelaide Health and Medical Sciences Building to complete the Communications Workshop (starting at 1330)

SESSION 3

1315 Fatigue Management in Palliative Care
Dr Eduardo Bruera, The University of Texas M. D. Anderson Cancer Center, USA

1400 Immunotherapy Updates - What Palliative Care Physicians Need to Know
Dr Tiffany Foo, Queensland Hospital Qld

1500 **Afternoon tea**

SESSION 4

1515 Psychiatric disorders in Palliative Care
Dr Asa Stobie, The Queen Elizabeth Hospital, SA

1645 Evaluation & wrap up

1700 Trainee day drinks

1700 Government House Reception – *by invitation only*



THURSDAY 5
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Broughton & Ferguson
Room

OPTIONAL WORKSHOPS

<p>0900 - 1200</p>	<p>Kidney Supportive Care Update Cost: \$200 Location: Broughton & Ferguson Room, National Wine Centre Facilitator: Dr Frank Brennan AM</p> <p>Kidney Supportive Care (KSC) is an alliance between Nephrology and Palliative Medicine to provide holistic care for all patients with kidney failure, whether or not they are receiving Kidney Replacement Therapy (KRT) (dialysis or transplantation). This is a rapidly evolving and expanding sub-discipline with growing input from the International Society of Nephrology (ISN). Working closely with Nephrology, the role of Palliative Medicine includes communication skills, symptom assessment and management, advance care planning and care of the deteriorating and dying patient. This Update will present the most recent evidence and developments in this field.</p>
<p>1330 - 1630</p>	<p>Communication Skills Workshop Cost: \$500 early bird / \$550 standard / \$600 late Location: Level 2, Adelaide Health Simulation, Adelaide Health and Medical Sciences Building (4 North Terrace, Adelaide SA 5000) Facilitator: Dr Amy Waters, St George and Calvary Hospitals, Sydney, NSW</p> <p>Good communication is an essential skill in palliative medicine but many of us have never had any formal communication skills training. Research shows that communication skills can be taught and better communication has multiple benefits both for our patients and ourselves. In this interactive half – day workshop, participants will have the opportunity practice their communication skills in a safe space with trained facilitators. This workshop is taught using the VitalTalk method and is modelled on the highly – regarded AChPM Communication Skills Workshops.</p>
<p>1300 - 1600</p>	<p>Respiratory Palliative Care – Improving care in advanced respiratory disease Cost: \$200 Location: Broughton & Ferguson Room, National Wine Centre Facilitator: Dr Chien-Che Lin</p> <p>This workshop, hosted by the Respiratory Palliative Care Special Interest Group focuses on the latest evidence from research in the field of the interface of palliative care and advanced non-malignant respiratory disease. Topics covered will include: innovative models of care; symptom relief; and enhanced understanding of patient and family experience and need. In addition, opportunities will be explored for future collaborative research areas. All members and non-members welcome.</p>
<p>0830 - 1700</p>	<p>AIDA Workshop - Cultural Safety Training: The Clinical Application of Cultural Safety Cost: \$750 trainees / \$1000 specialist members / \$1,500 specialist non-members Location: Level 1 room 1.01 of the Nexus 10 Tower at the University of Adelaide, 10 Pulteney Street Adelaide located (corner of Pulteney Street and North Terrace)</p> <p>What AIDA offer is unique with our program aimed at the clinical application of cultural safety, developed by Indigenous doctors and delivered by Indigenous doctors. This compelling training helps participants to extend their knowledge about Aboriginal and Torres Strait Islander healthcare experiences, explore how attitudes and values can influence perceptions, assumptions and behaviours in a clinical setting, and discuss ways to be more culturally safe.</p>



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0730	Registration opens - Foyer, National Wine Centre
0830	OPENING CEREMONY Chairperson: Prof Gregory Crawford AM
0830	Welcome to Country
0840	ANZSPM President Welcome <i>Dr Michelle Gold, Alfred Hospital, Vic</i>
	ANZSPM Convenor Welcome <i>Prof Gregory Crawford AM, Northern Adelaide Palliative Service, SA</i>
0845	Minister's address <i>The Hon Christopher Picton MP</i>
0850	Opening ceremony with Tutti Thank God its Friday Choir
0900	Rosalie Shaw Oration <i>Dr Mary Brooksbank AM</i> The Rosalie Shaw Oration was established by the ANZSPM Council in 2016. Dr Rosalie Shaw delivered the inaugural oration at the Perth conference that same year. The oration honours Rosalie's contribution to palliative medicine as an early passionate pioneer who influenced the development of palliative medicine not only in West Australia but across the entire Asia-Pacific region. The oration tradition provides ANZSPM the opportunity to honour a member who has excelled within the field of Palliative Medicine, shown an ability to inspire others and made a significant contribution to palliative medicine and to the specialty throughout their career.
0945	PLENARY SESSION Chairperson: Prof Gregory Crawford AM
0945	The evolution of palliative care: from end of life to serious illness care; looking where did we come from and where are we going <i>Dr Eduardo Bruera, The University of Texas M. D. Anderson Cancer Center, USA</i>
1045	Morning tea and poster viewing
1115	CONCURRENT SESSIONS



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1115	CONCURRENT SESSIONS		
		PROFERED PAPERS TRANSFORMING Chairpersons: Dr Emma Brook & Prof Melanie Lovell	PROFERED PAPERS CHALLENGING: PAIN & SYMPTOMS Chairpersons: Dr Dalini Selvam & Dr David Brumley
1115	WORKFORCE Chairperson: Prof Patsy Yates AM Prof Patsy Yates AM, Queensland University of Technology, Qld Prof Leeroy William, Eastern Health, Vic Prof Ann Dadich, Western Sydney University, NSW Prof Caroline Laurence, University of Adelaide, SA	Examining telehealth modalities and consultation interventions in palliative care: outcomes from an innovative rapid palliative care inreach division (rapid) program developed during the Covid-19 pandemic <i>Dr Russell Pearce, Grampians Health, Vic</i>	The timing of opioid initiation and switching in advanced cancer <i>Dr Aaron K Wong, Peter MacCallum Cancer Centre, Vic</i>
1130		Palliative care need and management in a tertiary Australian emergency department <i>Dr Kylie Musgrave, Southern Adelaide Palliative Service, SA</i>	A Feasibility Randomized Controlled Trial Comparing Opioid dose escalation vs. Methadone addition For Refractory Cancer Pain <i>Dr Takako Ikegami, National Cancer Center Hospital, Japan</i>
1145		Run-pc triage tool in specialist community palliative care – a retrospective observational study <i>Dr Ran May Saw, Hunter New England Health, NSW</i>	Should we give up on lidocaine trials? Implications of preliminary results of the lidocaine for neuropathic cancer pain feasibility study (licpain) <i>Dr Jessica Lee, Concord Repatriation General Hospital/IMPACCT UTS, NSW</i>
1200		Characteristics of primary brain tumour patients receiving end-of-life care in a quaternary cancer care hospital <i>Dr Amelia Denniss, Chris O'Brien Lifehouse, NSW</i>	Developing clinical guidance to support access to interventional pain management for people with pain due to pancreatic cancer <i>Prof Melanie Lovell, Hammondcare, NSW</i>
1215		A novel curriculum: incorporating transformative learning theory-based narrative medicine modules into palliative care physician training <i>Dr Pramita Kuruvilla, University Of California, USA</i>	A double-blind randomised controlled trial of dose-escalated cbd/the oil for symptom management in advanced cancer <i>Prof Phillip Good, Mater Health, Qld</i>
1230		Community Pharmacy Engagement in Palliative Care <i>Dr Peter Allcroft, Southern Adelaide Palliative Service, SA</i>	Managing treatment-refractory diarrhoea in palliative care <i>Dr Trish Kahawita, Wesley Hospital, Qld</i>
1245		Lunch and poster viewing	



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1345	<p>HONOURING OUR PAST AND LOOKING TO THE FUTURE: PAST PRESIDENTS AND PIONEERS OF ANZSPM</p> <p>Chairperson: A/Prof Mark Boughey</p> <p><i>This session will provide insights from past Presidents and other early pioneers of palliative medicine about some of the challenges and reflections over their careers. Understanding one's history allows better decision-making and hopefully less chance of repeating the same mistakes! There will be a panel discussion and opportunity for submitted questions from conference participants.</i></p>
1345	Introductions
1350	<i>Dr Rosalie Shaw OAM, Hollywood Private Hospital, Vic</i>
1400	<i>Prof Michael Ashby, Royal Hobart Hospital, Tas</i>
1410	<i>A/Prof Odette Spruijt, Launceston Specialist Palliative Care Service, Tas</i>
1420	<i>Prof Meera Agar, South West Sydney Local Health District, NSW</i>
1430	Panel discussion
1515	Afternoon tea
1545	CONCURRENT SESSIONS



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1545 CONCURRENT SESSIONS			
1545	THE STATE-WIDE COLLABORATIVE PALLIATIVE CARE RESEARCH PROGRAM <i>A/Prof Jaklin Elliot, University of Adelaide, SA</i>	PROFERED PAPERS FUTURE PLANNING Chairpersons: Dr Sebastian Rees & Dr Sadie Dunn	PROFERED PAPERS SERVICE EVALUATION Chairpersons: Dr Catherine D'Souza & Dr Brian Fernandes
1600		Assessing the completion rate of advance care planning of new patient referrals to specialist palliative care and quality of same – a retrospective chart analysis <i>Dr Charlotte Reed, Metro North Hospital & Health Service, Qld</i>	A study into the benefit of 'standard palliative care' on symptom control in randomised controlled trials <i>Dr Aanjanee Dodanwela Weerasinghe, Mater Health Services, Qld</i>
1615		Personal values and it impact on decision making in cancer patients and caregivers <i>A/Prof Natasha Michael, University of Notre Dame, Vic</i>	Care plus: a model to address barriers to early palliative care integration in the care of people with advanced cancer <i>Dr Dalini Selvam, The University of Melbourne, Vic</i>
1630		Prevalence of Enduring Power of Attorney and Advance Health Directive documents among Culturally and Linguistically Diverse patients receiving community palliative care: A study in Queensland's most culturally diverse health service <i>Dr Tito Prasetyo, Metro South Health, Qld</i>	Indicators of palliative care needs and outcomes in older adults admitted to hospital with hip fractures <i>Dr Katherine Hauser, Monash Health, Vic</i>
1645		Ambulance transport to hospital in patients with a palliative ambulance management plan (amp) <i>Dr Jessica Luey, Royal Brisbane & Women's Hospital, Qld</i>	Measuring the true cost of informal cancer caregiving: development of a co-designed economic assessment tool Prof Jennifer Philip, University Of Melbourne, Vic
1700		Responding to psychological/spiritual distress experienced by palliative care inpatients at a comprehensive cancer centre <i>Dr Chi Li, Albury Wodonga Health, Vic</i>	Thematic analysis of the experiences of home hospice professionals when communicating with young children of terminally ill patients <i>Dr Lasitha Wickramasinghe, HCA Hospice Ltd, Signapore</i>
1715		Day close	
1745	Welcome Reception <i>Flinders University Palliative Care Alumni</i> Location: Pacific Gallery, South Australian Museum, North Terrace, Adelaide Dress code: Smart casual Tickets: Included with a full registration. Additional tickets can be purchased for \$80 Entertainment: Dr Anas Safri and John Lattin (music therapist) are firm believers of music and music therapy in palliative care, advocating its use as a holistic approach to alleviate pain and promote emotional healing through the transformative power of music As a welcome to the ANZSPM Conference, delegates can take a short stroll from the National Wine Centre to the South Australian Museum where a tour of the gallery will lead into drinks and canapés whilst catching up with colleagues and friends after a day of sessions.		
1915	Free evening - see the website, and the conference app for restaurant/activity suggestions		



**SATURDAY 7
SEPTEMBER**

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0700	Registration opens - Foyer, National Wine Centre
0730	ANZSPM AGM with light breakfast (<i>members only</i>)
0830	PLENARY SESSION Chairperson: Dr Christine Mott
0830	Palliative Care for Children - The kaleidoscope of history; past, present and future <i>Ms Joan Marston, ICPCN - International Children's Palliative Care Network, South Africa</i>
0930	Social justice and the impact of deprivation and homelessness in palliative care <i>A/Prof Jacqueline Robinson, Te Arai Research Group, New Zealand</i>
1000	Working with underserved communities: the next challenge for palliative care <i>Prof Merryn Gott, University of Auckland, New Zealand</i>
1030	Morning tea and poster viewing
1115	CONCURRENT SESSIONS



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1115	CONCURRENT SESSIONS		
		PROFFERED PAPERS PAEDIATRICS Chairpersons: Dr Mary Cossich & Dr Kirsten Ball	PROFFERED PAPERS CONSTRUCTING 1 Chairpersons: Prof Phillip Good & Dr Roger Hunt
1115	HOW INTERGENERATIONAL TRAUMA AFFECTS ABORIGINAL PEOPLE'S PALLIATIVE CARE JOURNEYS: THE EXPERIENCE IN CENTRAL AUSTRALIA Dr Christine Sanderson, Territory Palliative Care Central Australia Ms Donna Lemon, Alice Springs Hospital	Improving parallel planning in trisomy 18 and 13 <i>Dr Christine Mott, Acorns Children's Hospices & Birmingham Women's And Children's Hospital, UK</i>	Palliative Medicine in Australia and New Zealand: The birth of a new discipline <i>Dr Ofra Fried, James Cook University, Qld</i>
1130		The role of cross service support in caring for a patient with childhood dementia <i>Dr Abigail Franklin, Northern Sydney Local Health District, NSW</i>	Supporting choice for end-of-life care at home: a three-year review of the responsive acute palliative intervention and decision assistance (rapid assist) program <i>Dr Kristie Ballagh, Parkville Integrated Palliative Care Service, Royal Melbourne Hospital and Peter MacCallum Cancer Centre, Vic</i>
1145		Bereaved parent experiences of neonatal palliative care in the neonatal intensive care unit (nicu) <i>Dr Caroline Wells, Sydney Children's Hospitals Network, NSW</i>	Constructing a Qld palliative care research teletrial network <i>Dr Claire Stokes, Mater Hospital Brisbane, Qld</i>
1200		Quality improvement project on after death care in Birmingham, UK <i>Dr Christine Mott, Acorns Children's Hospices & Birmingham Women's And Children's Hospital, UK</i>	Empowering end-of-life choices: five year evaluation of an innovative model of integrated palliative care funded by a private health insurer <i>Dr Malkanthi Hewage, Ipswich Hospital, Qld</i>
1215		Data gathering in a unique palliative care population: characteristics of patients admitted to the adolescent and young adult hospice (ayah) in Manly since its opening in February 2023 <i>Dr Anushka Thevamanoharan, Manly Adolescent And Young Adult Hospice, NSW</i>	Description of an early, integrated palliative care clinic for patients with systemic sclerosis and their caregivers <i>Dr Julie McDonald, St Vincent's Hospital Melbourne, Vic</i>
1230		A reason to live: How adolescent and young adult palliative care made a young man a fighter Dr Azhani Amiruddin, NSW Health, NSW <i>Dr Abigail Franklin, Northern Sydney Local Health District, NSW</i>	Voluntary assisted dying (VAD) and palliative care in Qld <i>Prof Liz Reymond, QVAD Support & Pharmacy Service, Qld</i>
1245		Lunch and poster viewing	
	13:00 - 13:40 Rural and Remote Special Interest Group		
	PLENARY SESSION Chairperson: Dr Michelle Gold		
1345	1345	Communication Skills in Paediatrics: Training for Difficult Conversations <i>Dr Jenny Brandt, Medical University of Vienna, Austria</i>	
	1415	Policy and Process Framework for Developing Palliative Care in Intensive Care Units: Experiential Account and Evidence of Best Practices <i>Prof Naveen Salins, Kasturba Medical College, India</i>	
	1445	Implementing the Australian Cancer Plan from a palliative care perspective <i>Prof Dorothy Keefe PSM, Cancer Australia, NSW</i>	
	1515	Soft launch of RRIPM Website Dr Christine Sanderson, Territory Palliative Care Central Australia	



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1520	Afternoon tea		
1545	CONCURRENT SESSIONS		
	<p>PROFERED PAPERS CHALLENGING: AGED CARE Chairpersons: Dr Elissa Campbell & Prof Tim To</p>	<p>ETHICS OF INTERVENTION IN CONTEMPORARY PAEDIATRIC PALLIATIVE CARE. PUSHING THE BOUNDARIES Chairpersons: Dr Christine Mott & Dr Ahmed Nagla <i>Professor Dominic Wilkinson, Newborn Care Unit, John Radcliffe Hospital, UK (Presenting Virtually)</i> <i>Dr Christine Mott, Acorns Children's Hospices & Birmingham Women's And Children's Hospital, UK</i></p>	<p>PROFERED PAPERS CONSTRUCTING 2 Chairpersons: Dr Sarah Lord & Dr Luke Arthur</p>
1545	<p>The role of specialist in-reach teams in providing palliative care: the impact (improving palliative care in residential aged care using telehealth) trial <i>Dr Aaron B Wong, Royal Melbourne Hospital, Vic</i></p>		<p>Liver supportive care - an embedded service for cirrhotic liver disease and hcc <i>Dr Kim Caldwell, St George Hospital, NSW</i></p>
1600	<p><i>To be confirmed</i></p>		<p>Care plus-integrating early palliative care with multiple myeloma <i>Prof Jennifer Philip, University Of Melbourne, Vic</i></p>
1615	<p>Enhancing and strengthening palliative care support in residential aged care homes: the responsive acute palliative intervention and decision assistance (rapid assist) service <i>Dr Saskia-Aisha Marguccio, Royal Melbourne Hospital, Vic</i></p>		<p>Tools that can assist identifying the most suitable patients for best supportive care and avoiding poor dialysis outcomes <i>A/Prof Hilton Gock, St Vincent's Hospital Melbourne, Vic</i></p>
1630	<p>Improving links between residential in reach and community palliative care to provide optimal care to residential aged care residents <i>Dr Scott Reeves, Monash Health, Vic</i></p>		<p>Guidance to best care: developing a pathway to early palliative care for people with pancreatic cancer in Australia <i>Prof Jennifer Philip, University Of Melbourne, Vic</i></p>
1645	<p>Delivering end-of-life care in residential aged care facilities – how can GPs work alongside specialist palliative medicine providers to optimise care delivery? <i>Dr Jordan Crawford, Monash University, Vic</i></p>		<p>The impact of an Embedded Cardiac Supportive Care Service on admitted cardiology inpatients in a tertiary metropolitan hospital - a single site observational study and death review <i>Dr Caitlin Sheehan, St George Hospital, NSW</i></p>
1700	<p>Incidence and outcomes of falls in an inpatient palliative care unit: a single-centre retrospective study <i>Dr Paul Stack, Toowoomba Hospital, Qld</i></p>		<p>Liver Supportive Care – utilisation of palliative care and care coordination to improve outcomes for liver disease patients <i>Dr Sara Qayyum, Royal North Shore Hospital, NSW</i></p>
1715	Day close		
1830	<p>CONFERENCE DINNER & AWARDS Location: Adelaide Zoo, Frome Rd, Adelaide Dress code: Smart casual Tickets: Included with a full registration. Additional tickets can be purchased for \$150 Entertainment: Baker Boys</p> <p>The dinner will start with pre-dinner drinks and canapes in an area where you will get to see and learn about one of the most treasured animals, followed by a sumptuous three course meal, dancing and local entertainment. It's a dinner not to be missed!</p>		



**SUNDAY 8
SEPTEMBER**

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The Gallery Room



0800	Registration opens - Foyer, National Wine Centre		
0815	AChPM Fellows update meeting - exclusively for RACP fellows and trainees (hybrid)		
0900	CONCURRENT SESSIONS		
0900	<p>ADVANCED DEGENERATIVE NEUROLOGICAL ILLNESSES AND THE INTERSECTION FOR PALLIATIVE CARE Chairpersons: Dr Frank Brennan & Dr Peter Allcroft</p> <p><i>Dr Frank Brennan AM, Calvary Kogarah, NSW</i> <i>Dr Peter Allcroft, Southern Adelaide Palliative Service, SA</i> <i>Dr Fiona Runacres, Calvary Health Care Bethlehem & Monash Health, Vic</i> <i>Dr Chloe Furst, Royal Adelaide Hospital</i> <i>Prof Robert Wilcox, Flinders Medical Centre</i></p>	<p>THE PERILS OF TRAVEL AND DIVERGENT PATIENT AND FAMILY GOALS Chairpersons: Dr Emily Chang & Dr Kim Caldwell</p> <p><i>A/Prof Amy Keir, SA Ambulance Service, SA</i> <i>Dr Hardeep Hundal, Air New Zealand, NZ</i></p>	<p>COLLABORATION FOR THE FUTURE OF COMMUNITY-BASED PALLIATIVE CARE Chairpersons: Dr Patrick Daly & Dr Chien-Che Lin</p> <p>Cross purposes? Long-acting injectable buprenorphine in the palliative care setting <i>Dr Katherine Senior, SA</i></p> <p>Setting up for end of life care at home in suburban Melbourne <i>Dr Chien-Che Lin, Palliative Care Physician, Vic</i></p> <p><i>Dr Patrick Daly, Central Adelaide Local Health Network (CALHN), SA</i> <i>Dr Sian Goodson, Chair RACGP, SA</i> <i>Shyla Mills, Palliative Care SA CEO</i> <i>Dr Rosemary Ramsay, Clinical Senior Lecturer, Tas</i></p>
1030	Morning tea		
	10:40 - 11:00 GP Special Interest Group		
1100	PLENARY SESSION		
1100	Palliative care for children- a humanitarian imperative <i>Ms Joan Marston, ICPCN - International Children's Palliative Care Network, South Africa</i>		
1130	Structures, processes, and outcomes of palliative care programs <i>Dr Eduardo Bruera, The University of Texas M. D. Anderson Cancer Center, USA</i>		
1200	Closing Ceremony		

