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| **Re-imagining health promotion practice through reflexivity to address planetary health** |
| **Objectives**Reflexivity is central to effective health promotion practice. However, health promotion professional competencies continue to overlook this key skill. This workshop will advocate for the need for more reflexive health promotion practice. In this workshop, we introduce delegates to a framework of reflexivity – one that delineates two types of reflexivity. We walk delegates through the process of reflexive thinking, in the form of one-on-one and small group exercises. Through this process we challenge ourselves (and each other) to reflect on the following question: *How can reflexivity enable the re-imagination of our professional practice (as health promoters) to address planetary health challenges?*This participatory workshop is designed to empower delegates as lifelong learners in equipping them with the skills of reflection. In articulating the limits and possibilities of current health promotion practice, delegates will be better placed to reflect on their contributions to health equity particularly as this relates to planetary health. **Formats**This workshop will involve the delivery of an introduction to reflexivity and its importance in health promotion. This will be followed by self-reflections and small group work to enable a collaborative approach. It will be guided by three experienced and enthusiastic teaching fellows, who have applied this model of reflexivity in their health promotion postgraduate curricula.**Learning goals**Delegates who participate in this workshop will:* Understand two different types of reflexivity
* Identify the relevance of reflexivity in health promotion practice
* Apply the two types of reflexivity to their own professional practice
* Describe the usefulness of reflexivity as a vehicle for articulating health promotion’s role in addressing planetary health challenges
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