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| **Addressing Food Related Challenges to Promote Human and Planetary Health** |
| **Objectives** The objectives of this workshop are:1. To demonstrate how current and future health promotion practitioners can engage with a new set of approaches to address food related challenges (i.e. food insecurity, obesity, healthy eating etc.) that consider both the health of people and the planet. 2. Provide an opportunity for participants to debate the current definition of ‘food security’ which focuses on increasing food yields without consideration of the mechanisms involved. **Format**The workshop will commence with a ‘Sustainability Challenge’ game which allows participants to consider the links between health promotion and sustainability action in a fun and interactive way. This will be followed by brief presentations on four relevant research projects: 1. “From Paddock to Campus: Exploring the role of health promotion in addressing food security from an environmental sustainability perspective”
2. “Food for Thought, Research and Learning: The contribution of health and sustainability to university core business through an examination of its food culture”
3. “The role of community gardens in promoting human and planetary health and wellbeing”
4. “Scoping Study of new frontiers that address planetary health and vegetable consumption”

The remainder of the workshop will include additional activities and knowledge translation in order to provide participants with: -a conceptual map of their ideas regarding how they can effectively address food related challenges to promote human and planetary health.-a ‘how to guide’ that they can take away and utilise as health promotion practitioners.-an opportunity to debate the current definition of ‘food security’ which focuses on increasing food yields without consideration of the mechanisms involved. **Learning goals**By attending this workshop, we hope participants will address the following learning goals:1. How can health promotion practitioners address food related challenges to promote human and planetary health?
2. How can the Ottawa Charter for Health Promotion and the Sustainable Development Goals be used to inform food related challenges?
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