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| **Title of Alternative showing:** Hear our voices: fostering wellness through youth empowerment in Kahnawà:ke |
| **Health promoting objectives**The overall health promoting objective of hear our voices: fostering wellness through youth empowerment in Kahnawà:ke*,* is to demonstrate how engaging youth in a meaningful way contributes to their physical, spiritual, emotional, and mental wellbeing, and by extension, social wellbeing of the community. Additional health promoting objectives include:1. To demonstrate methods of engaging youth in community issues though the creation of a youth-led youth engagement model;
2. To describe various approaches to making youth health more equitable within the community;
3. To share views of youth on how they want to be included and involved in community;
4. To educate on how Kanien’keháka (Mohawk) ways of knowing and being engage youth and promote and sustain healthy wellbeing.

**Description of the artwork**A video that depicts various examples of youth engagement in the Kanien’keháka community of Kahnawà:ke, Quebec, Canada through digital storytelling. The video will begin with placing Kahnawà:ke within the context of Indigenous people in Canada, followed by a visual map of youth engagement initiatives in Kahnawà:ke. This visual will guide the video into different sections; including a verbal overview of the overall project and portray of existing community projects that engage youth in a unique way. The video will convey what youth need to achieve optimal wellness from their own perspective. The video will show how youth understand engagement and how it makes them feel to be engaged in community issues. It will also document how engagement is viewed through Kanien’keháka culture and how this view is sustainable to wellbeing from adolescence until old age. Perspectives of adults who are involved with youth-led projects will express how they understand these projects benefit the well-being of youth.**Intended audience**Intended audience is persons involved with youth engagement in research and in communities, those seeking to create youth engagement models, of interest, Indigenous communities. Communities of all kinds who have a goal of making community more inclusive to youth would benefit from this video.**Duration and intended use**Duration of the video will be between ten to fifteen minutes. Intended use is for educational purposes. |