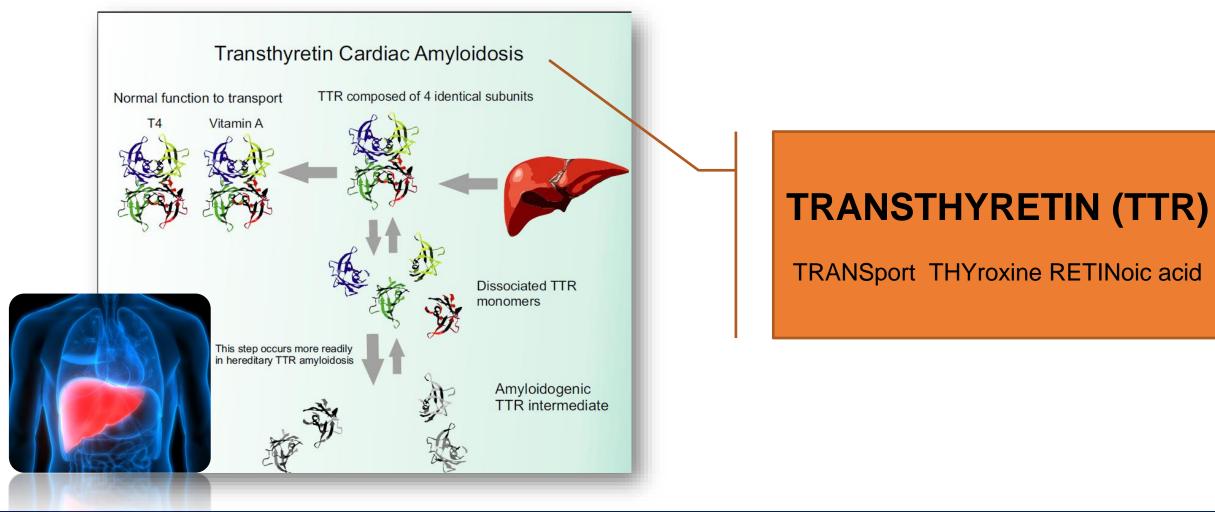
Cardiac Amyloidosis 2025

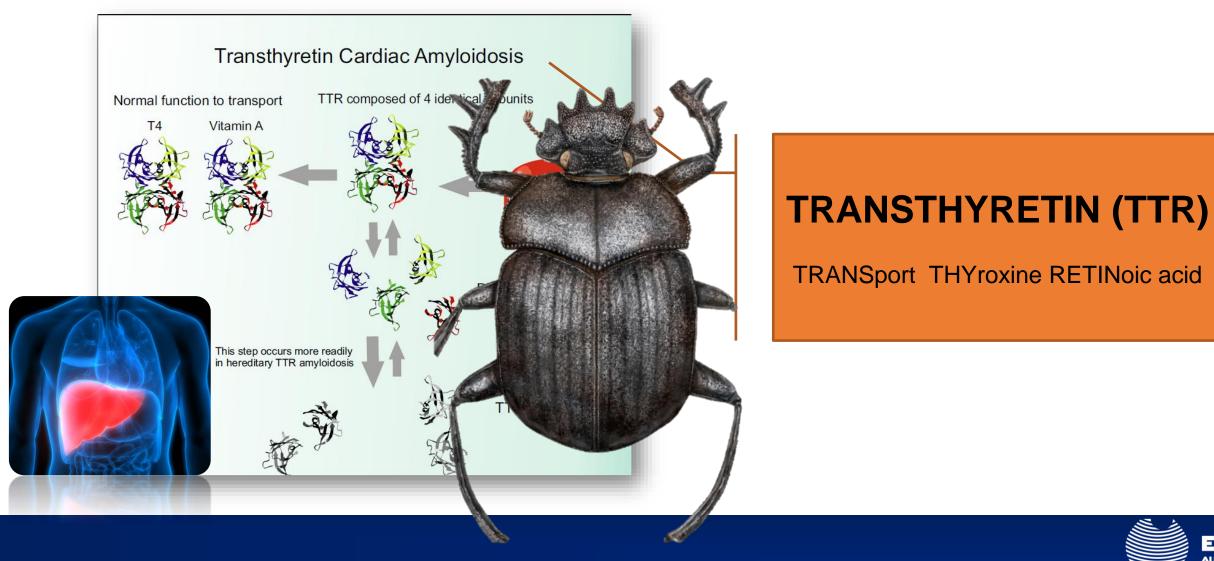
Gregory M Scalia AM

Professor of Medicine, University of Queensland Director of Echocardiography, TPCH M.B.B.S.(Hons), M.Med.Sc., F.R.A.C.P., F.A.C.C., F.E.S.C, F.C.S.A.N.Z., F.A.S.E., J.P.



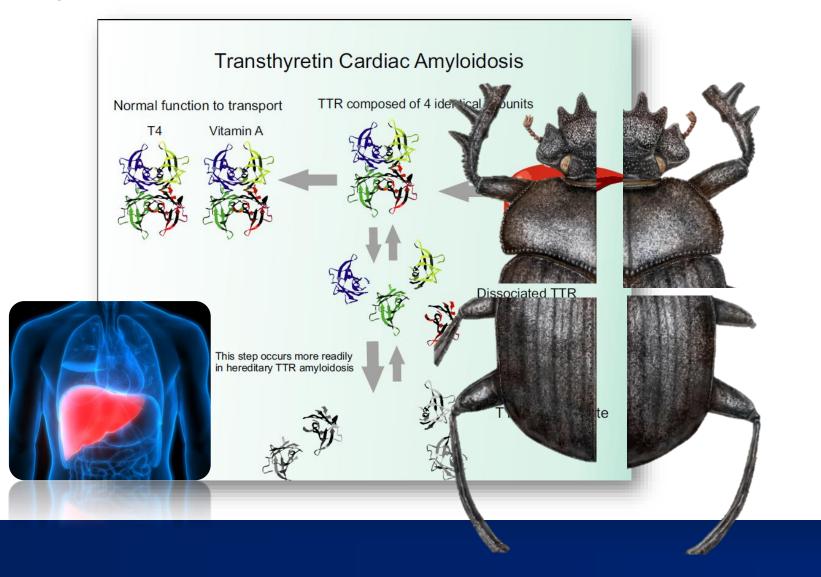




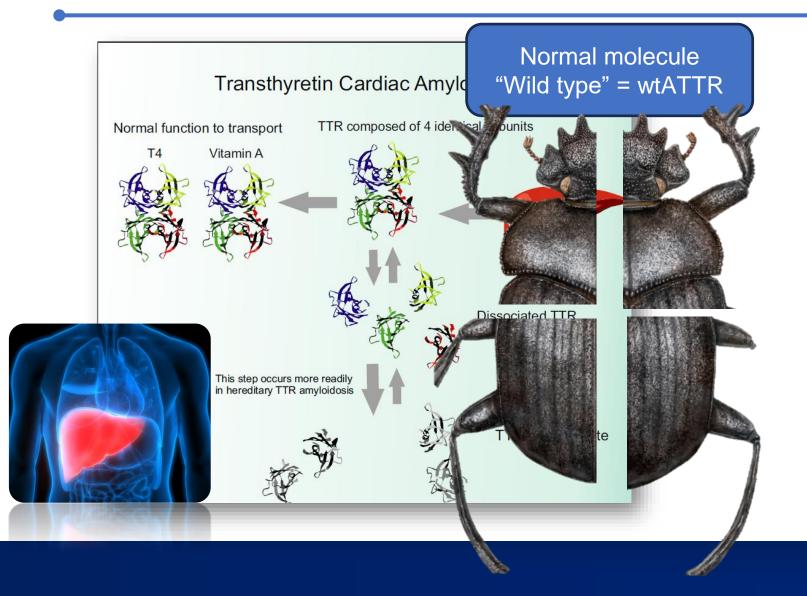


From Patel and Hawkins J. Internal Med. 2015 278: 126-144

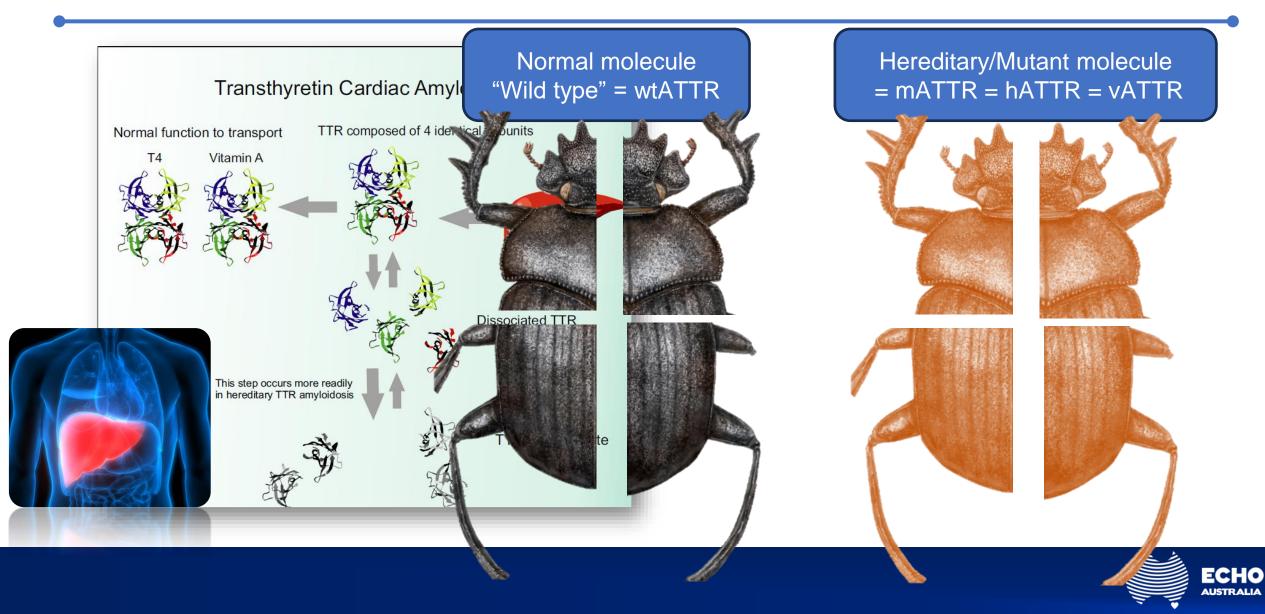
ECHO

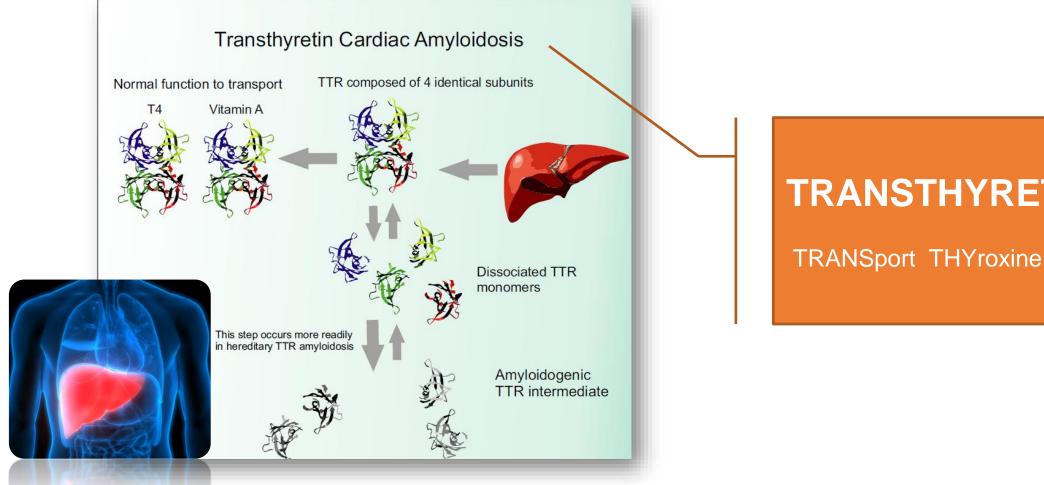








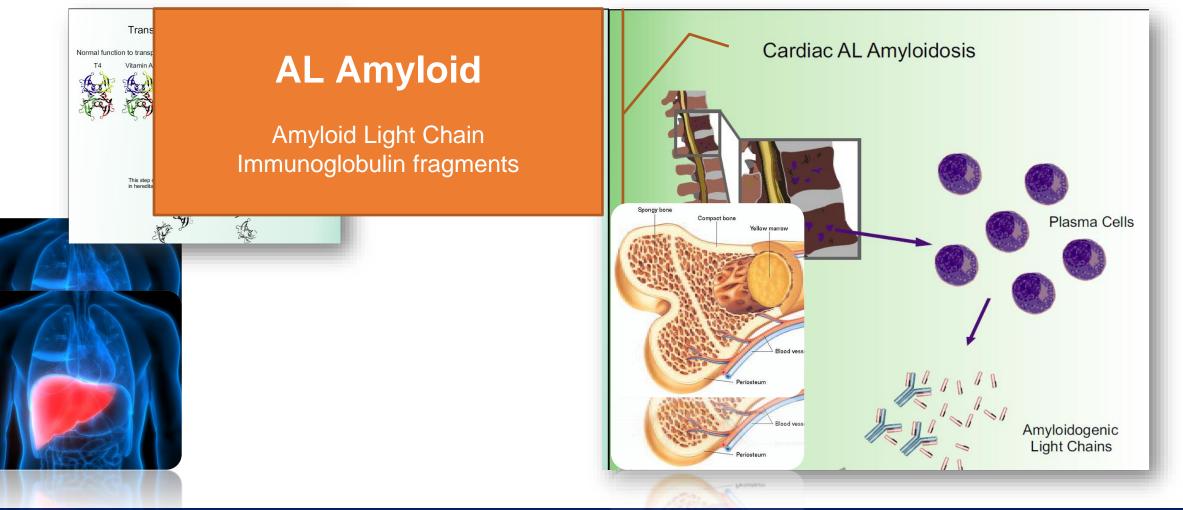




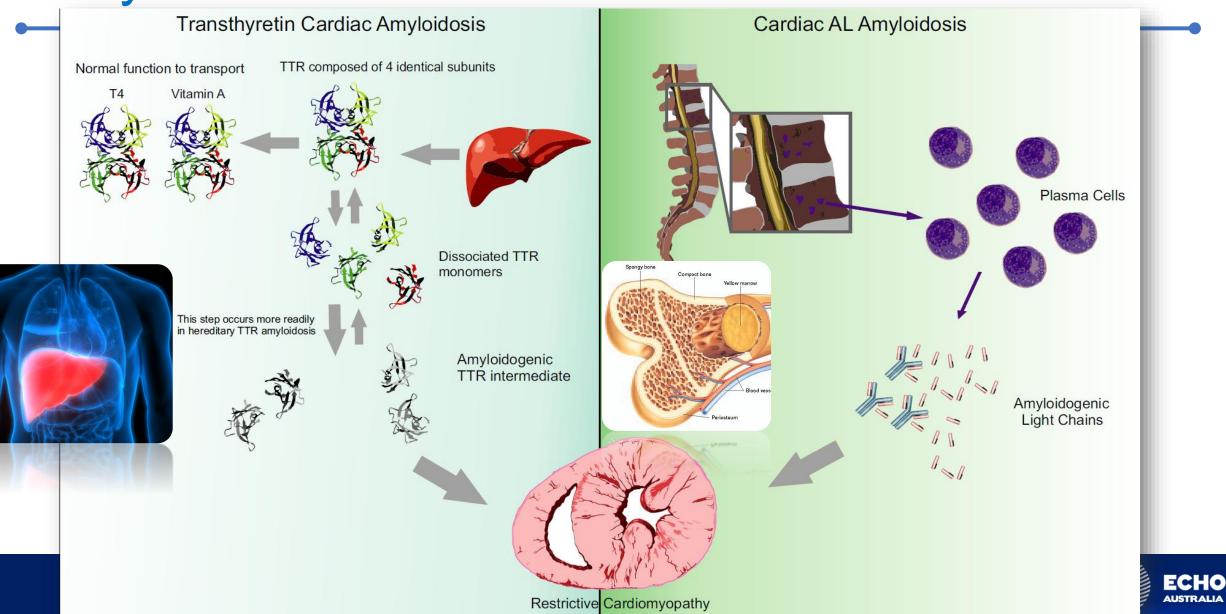


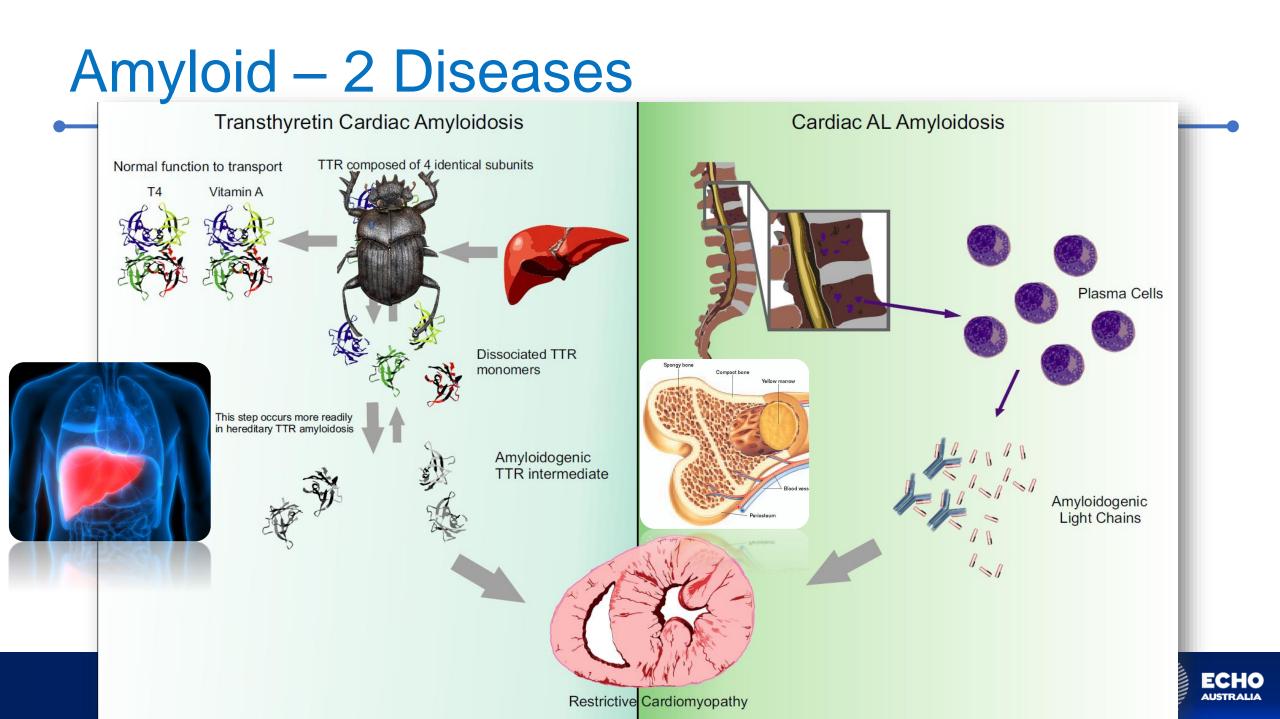
TRANSport THYroxine RETINoic acid







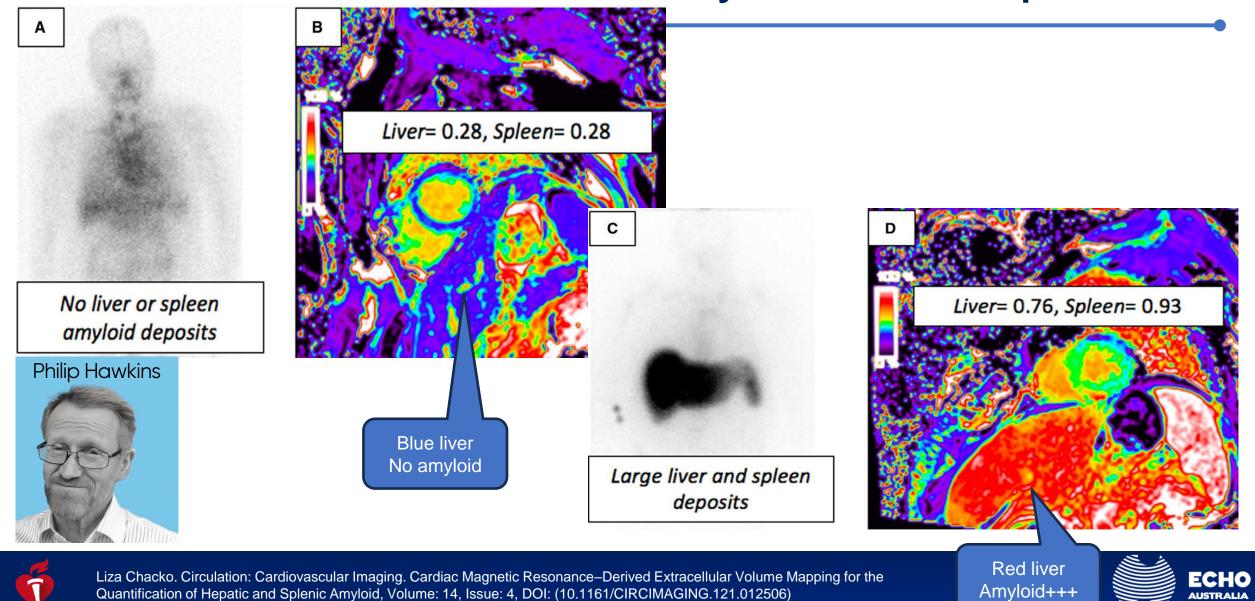




Amyloid – 2 Diseases Transthyretin Cardiac Amyloidosis Cardiac AL Amyloidosis TTR composed of 4 identical subunits Normal function to transport Vitamin A T4 Plasma Cells **Dissociated TTR** monomers Spongy bone Compact bone Yellow marrow This step occurs more readily in hereditary TTR amyloidosis Amyloidogenic TTR intermediate Amyloidogenic **Light Chains**

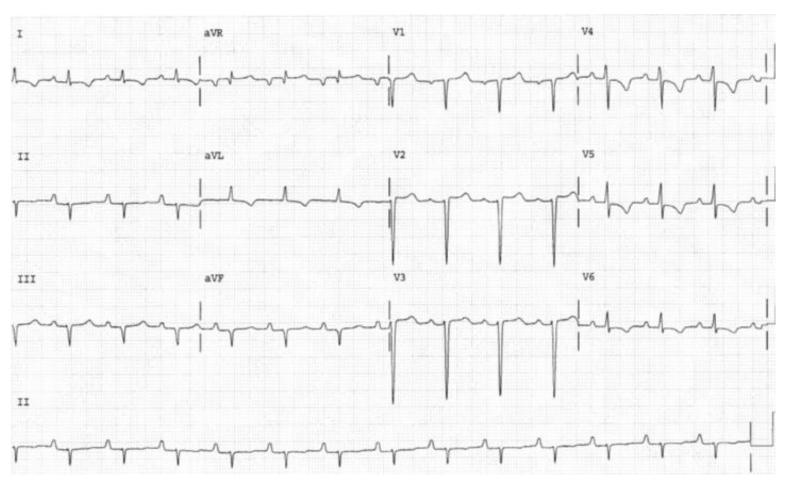
Restrictive Cardiomyopathy

Radiolabelled Serum Amyloid P component



Low voltage ECG







ECG changes in different amvloid

American Heart Associat

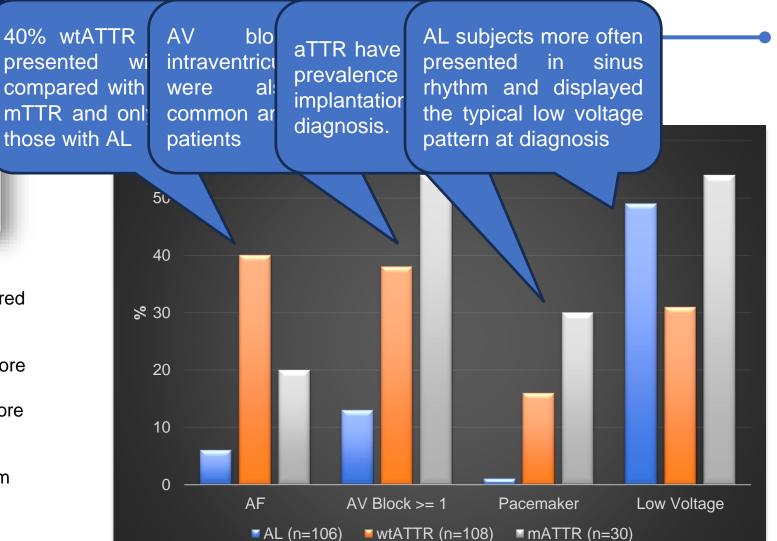
Circulation: Heart Failure Volume 13, Issue 3, March 2020 https://doi.org/10.1161/CIRCHEARTFAILURE.119.006619

RESEARCH LETTER

Baseline ECG Features and Arrhythmic Profile in Transthyretin Versus Light Chain Cardiac Amyloidosis

Francesco Cappelli, MD^{*}, Elisa Vignini, MD^{*}, Raffaele Martone, MD, Stefano Perlini, MD, PhD, Roberta Mussinelli, MD, Anna Sabena, MD, Sofia Morini, MD, Martina Gabriele, MD, Giulia Taborchi, MD, Simone Bartolini, MD, Angelica Lossi, MD, Giulia Nardi, MD, Niccolò Marchionni, MD, PhD, Carlo Di Mario, MD, PhD, Iacopo Olivotto, MD, and Federico Perfetto, MD, PhD

- 40% wtATTR patients presented with AF compared with 20% of mTTR and only 6% of those with AL
- AV block, and intraventricular delay were also more common among ATTR patients, leading to a significant prevalence of device implantation before diagnosis.
- AL subjects more often presented in sinus rhythm and displayed the typical low voltage pattern at diagnosis.





Echo



Echo for Cardiac Amyloidosis

UV wall



Echo for Cardiac Amyloidosis

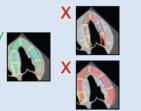


Tips for Performing Strain Analysis

Increased gain: Higher gain results in more speckles; need good endocardial definition.



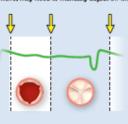
Region of interest (ROI): Include 90% of the myocardium as error can occur if too narrow, favoring epicardial or endocardial regions. If too wide, it can lead to abnormal, often lower, values.



Consistent sector width and depth: Wide enough to include the full wall thickness and apex and extend beyond annulus to allow capture of entire LV throughout cardiac cycle.

Using a consistent vendor allows for better

ECG gating and timing of end diastole and end systole to aortic valve opening and closing: It is very important for evaluation of end-systolic versus peak strain values; deformation after aortic valve closure is not If ECG gating is incorrect, e.g., tracking p wave, may need to manually adjust off-line.



Standardized Acquisition and Interpretation of Echocardiography for CA (Adapted from Expert Consensus Recommendations*)

Longitudinal follow-up:

comparisons over time.

| Parameter for acquisition and reporting | Abnormal parameter | Notes |
|--|---|--|
| LV wall thickness | Increased LV wall thickness (>1.2 cm) and increased relative wall thickness (>0.42) | Discordance between increased LV wall thickness relative to ECG QRS voltage is particularly suggestive, but normal ECG voltage can also be seen. |
| Myocardial echogenicity | Increased echogenicity of the myocardium (sparkling, hyperrefractile "texture" of the myocardium) | Not highly specific (differential diagnosis includes endstage renal disease or other infiltrative cardiomyopathies); highly suggestive in conjunction with severely reduced longitudinal function of the LV. |
| Atrial size and function | Atrial enlargement and dysfunction (see diastolic function) | Nonspecific but important finding to support the diagnosis and potentially provide insight into risk for stroke or arterial embolism. |
| Interatrial septum and valves | Increased thickening of the interatrial septum and valves (>0.5 cm) | Nonspecific but suggestive of the diagnosis. |
| Estimated PA systolic and right atrial pressure | Increased pressures (>35 mm Hg for PA, ≥10 mm Hg for right atrium) | These are important parameters to estimate volume status and optimize diaretic dosing. |

LS. Longitudinal strain: *Dorbate S. et al. ASNC/ANA/ASE/EANM/HESA/SCMF/SNMMI expert consensus recommendations for multimodality imaging in cardiac amyloidosis: part 1 of 2-evidence base and standardized methods of imaging. J Nucl Cardiol 2018;26:2068-128. PA, pulmonary artery.

Sara A.M. Cuddy, MD; Michael Chetrit, MD; Madeline Jankowski, BS, RDOS, ACS, RASE; Milind Desal, MD, MBA; Rodney H, Falk, MD; Rory B, Weiner, MD, RASE; Allan L, Klein, MD, FASE; Dennot Phelan, MD, PhD, FASE; Martha Grogen, MD. Practical Points for Echocardiography in Cardiac Amyloidoala, JASE 2022; 95/31: A31-A40, PP-VDM-USA-1828

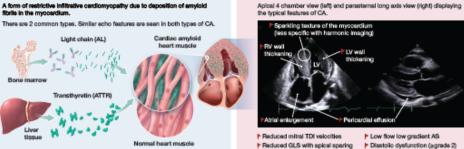
Poster ordering information available at: ASEcho.org Content was developed by ASE with support from Pfizer Inc. O Copyright 2025 The American Society of Echocardiography Design and Elusination by medmovie.com



Access resources on Amyloidosis and full Journal article:



What is Cardiac Amyloidosis (CA)? Echo Red Flags



Rule of 5

(5-6-5)

This is a clue to the

diagnosis of CA.

Doppler Echocardiography in CA

Progressive diastolic dysfunction is a feature of CA. This may only be mildly abnormal in early stages of the disease



Pulsed wave Doppler of the mitral inflow: This ranges from a low E/A ratio (<0.8) suggesting restrictive hemodynamics.

Abnormal relaxation pattern is less common in CA but may be present in early stage. Note L wave is a clue to elevated filling pressure.

Tissue Doppler: Strongly suggestive: - Mitral annular TDI < 5 cm/sec - Small A wave in sinus rhythm

All e', a', s' < 5 cm/s velocities Not suggestive: . Septal or lateral tissue Doppler e' > 10 cm/s

Key Points

Bone marro

- ► Echo may be the first clue to the diagnosis of amytoidosis.
- Classic: thickened myocardium, diastolic dysfunction. and abnormal strain (apical sparing)
- Atypical or subtle findings may be seen in early disease
- Consider strain imaging whenever amyloid suspected

Echo alone is not diagnostic of CA, nor can it differentiate between AL and ATTR.

Sera A.M. Cuddy, MD; Michael Chetrit, MD; Madeline Jankowski, BS, RDCS, ACS, FASE; Milind Desal, MD, MBA; Rodney H, Falk, MD; Rory B, Weiner, MD, RASE; Altan L, Klein, MD, FASE; Dernot Phelan, MD, PhD, FASE; Martha Grogen, MD. Practical Points for Echocardiography in Cardiac Amyloidosis. JASE 2022; 35(9): A01-A40. PP-VDM-USA-1525

Poster ordering information available at: ASEcho.org Content was developed by ASE with support from Pfizer Inc. O Copyright 2025 The American Society of Echocardiography Design and Elusination by medmovle.com

Strain ratios:

diagnosis of CA.

| ccess resources n Amyloidosis and all Journal article: | |
|--|------|
| | 回路 吊 |

Myocardial deformation ("strain") measured by 2-dimensional speckle tracking imaging is very useful in CA. Longitudinal strain is the measure of the longitudinal

Low flow low gradient AS

Bilateral carpel tunnel

Spinal stancels

Periorbital purpura.

If feasible anytime there is increased LV wall thickness, especially in: Over 65 year olds Heart failure . No history of poorly controlled HTN

contractile function of the heart.

When to do strain:

Clinical Red Flags

Peripheral or autonomic neuropathy

Strain Analysis in CA

► Heart failure

Weight loss

Nephrotic syndrome

Global longitudinal strain (GLS):

Normal values of GLS vary between vendors; normal is usually considered to be more negative than -20% with an SD of =- 2% (lower limit of normal -16% to -18%, depending on vendor).

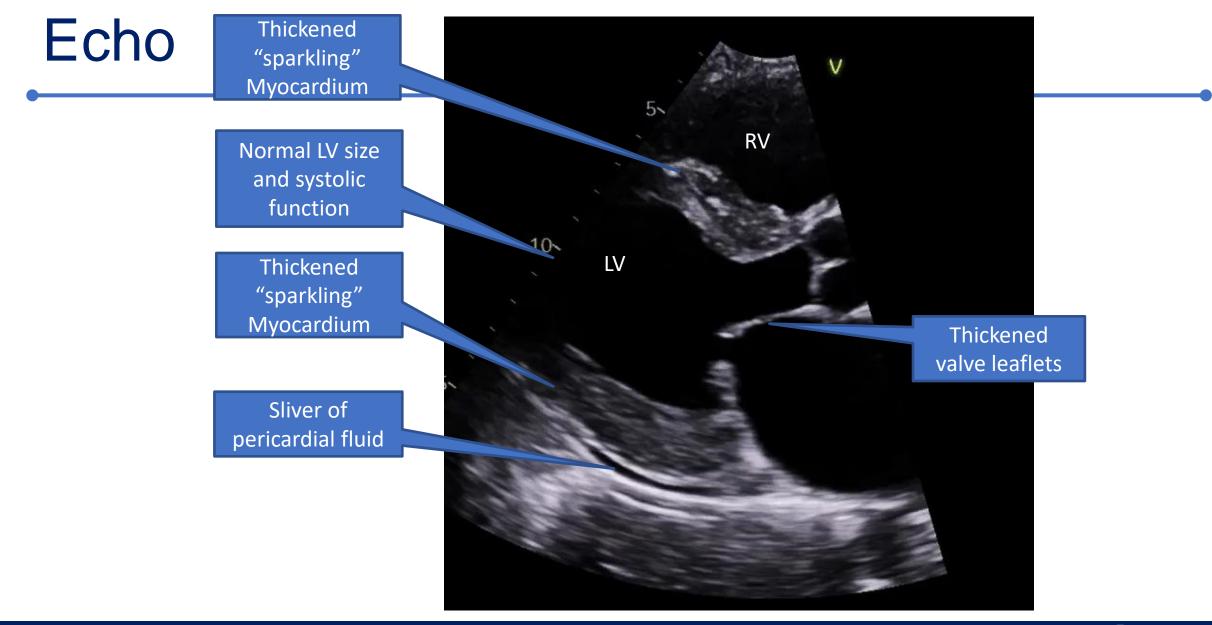
Values nearing 0% suggest more dysfunction and either advanced disease or disease progression. Strain pattern:

In cardiac amyloidosis the segmental strain curves representing the spical

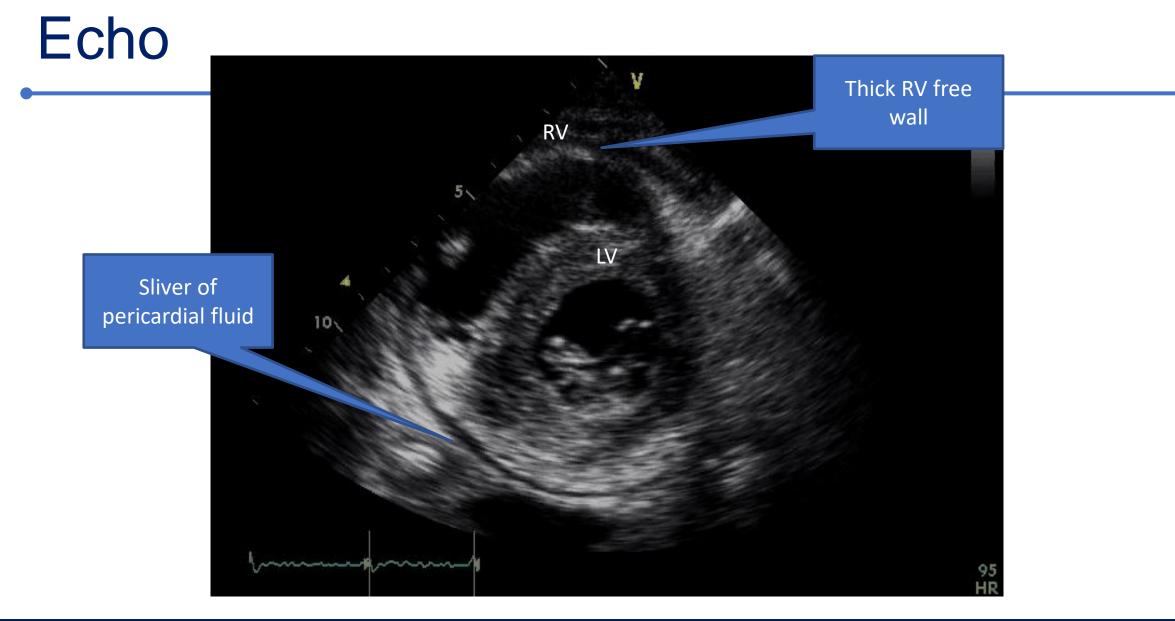
segments will have a further deflection away from the 0 line than the curves

Longitudinal strain ratios that have been described, with the diagnostic cutoffs used in the original publications: proposed ratios incorporating LV GLS for

representing the basal segments. When plotted on a bullseye, this will generate a characteristic "apical sparing" pattern visually.







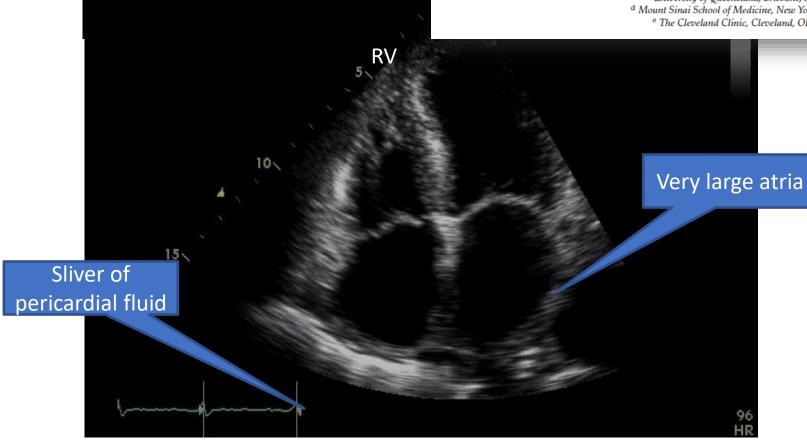


Amyloid – LA size

Left atrial size—Another Differentiator for Cardiac Amyloidosis

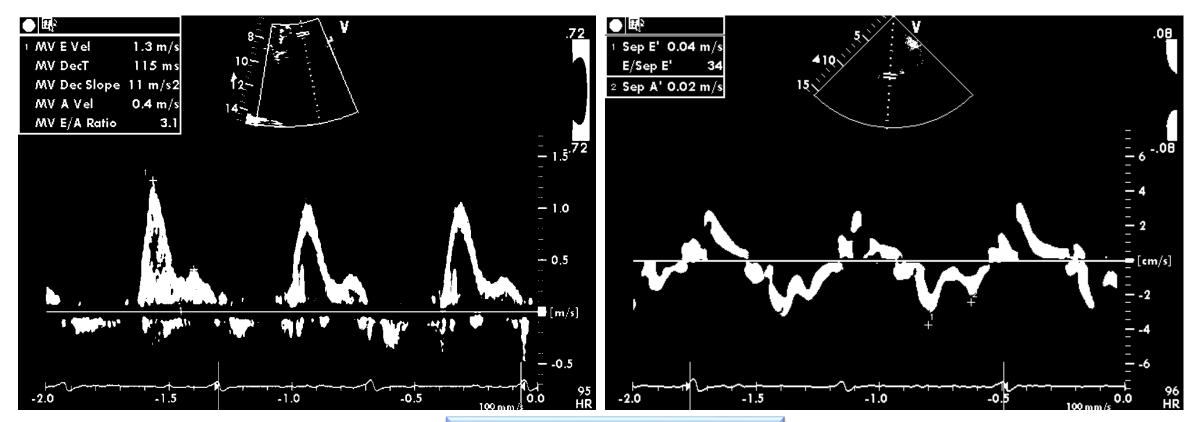
Benjamin T. Fitzgerald, FRACP^{a,b,*}, Gregory M. Scalia, FRACP^{a,b,c}, Peter A. Cain, FRACP^a, Mario J. Garcia, FACC^d and James D. Thomas, FACC^e

^a Heart Care Partners, Wesley Hospital, Brisbane, Australia
^b The Prince Charles Hospital, Brisbane, Australia
^c University of Queensland, Brisbane, Australia
^d Mount Sinai School of Medicine, New York, NY, USA
^e The Cleveland Clinic, Cleveland, OH, USA





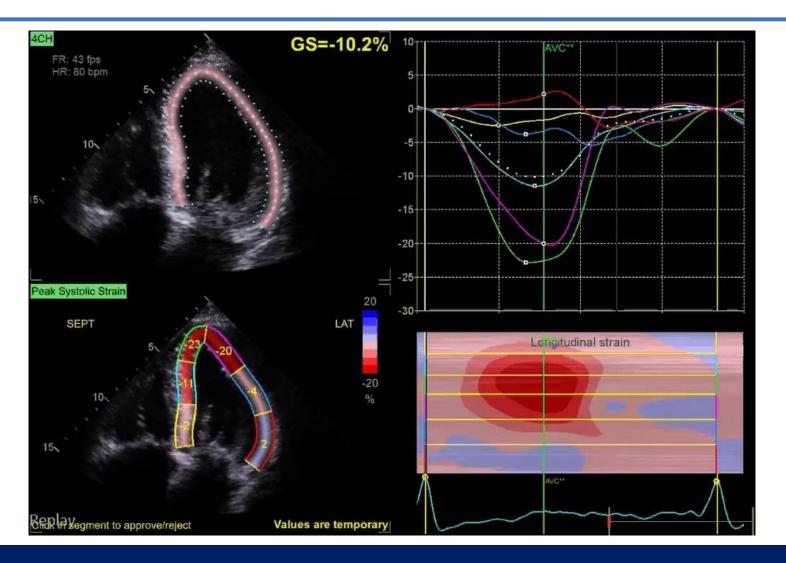
Severe diastolic dysfunction



Deceleration time 115ms E/e' 34 Grade 3 Diastolic dysfunction

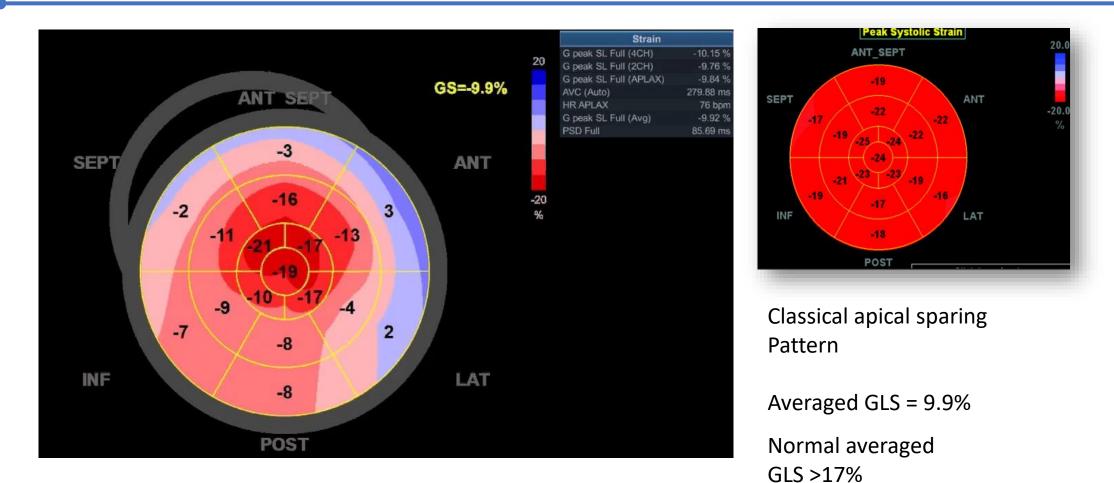


Amyloid - Strain Imaging



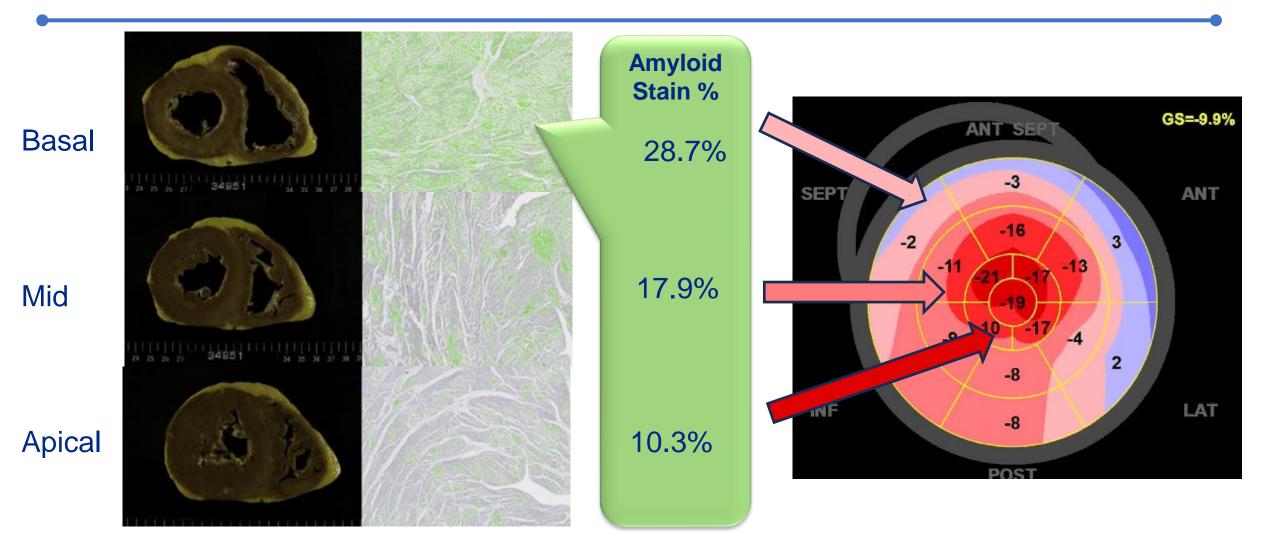


Amyloid - Strain Imaging



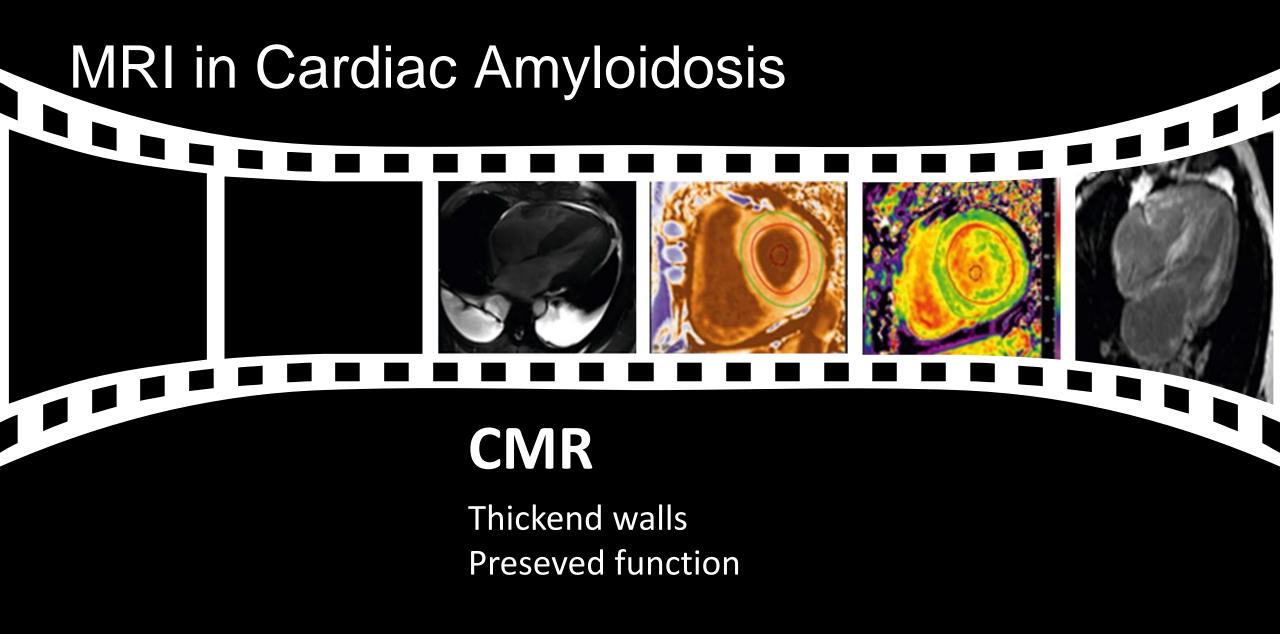


Amyloid - Strain Imaging



Sawada et al. CASE 2019;4:54-56







MRI in Cardiac Amyloidosis

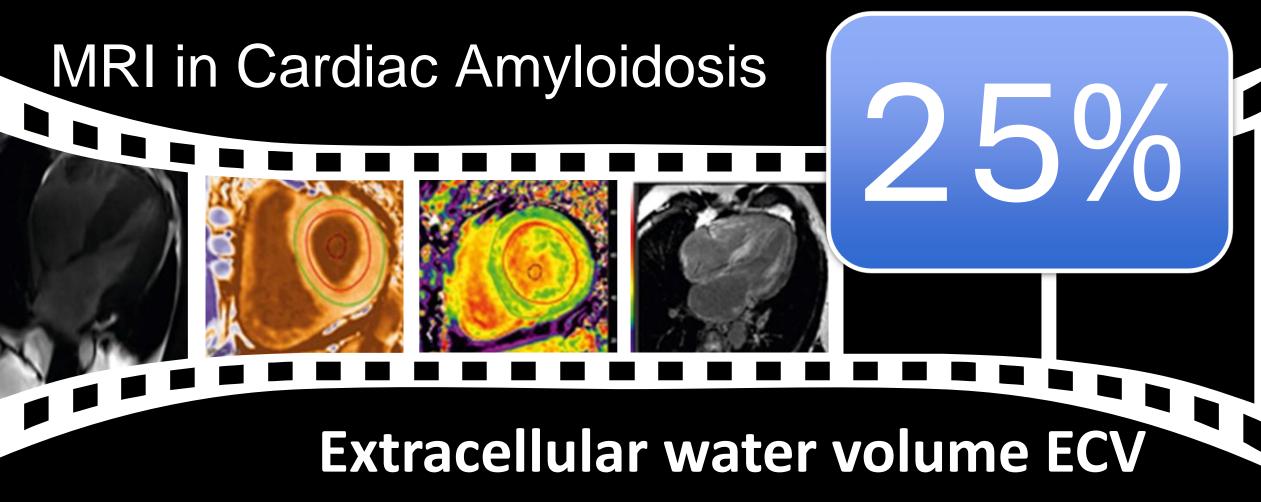
Native T1

Numerical time parameter (ms)

Native T1 times are higher in patients with

- Amyloid (1409 ± 59 ms, p < 0.0001) compared to
- Healthy controls (1225 ± 21 ms),
- HCM (1266 ± 44 ms)



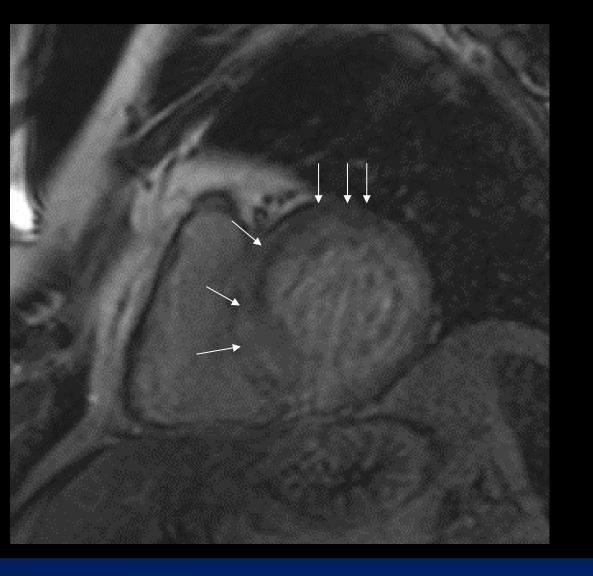


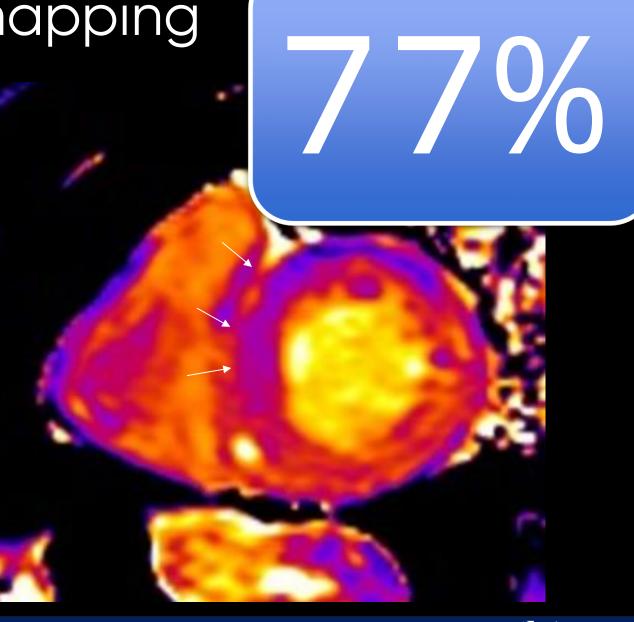
More protein = more water

- Calculated from $ECV_{CMR} = (1-haematocrit) \times (\Delta(1/T1_{myo})/\Delta(1/T1_{blood}))$
- Normal ECV values of 25.3±3.5% in normal myocardium



Amyloid – MRI ECV mapping



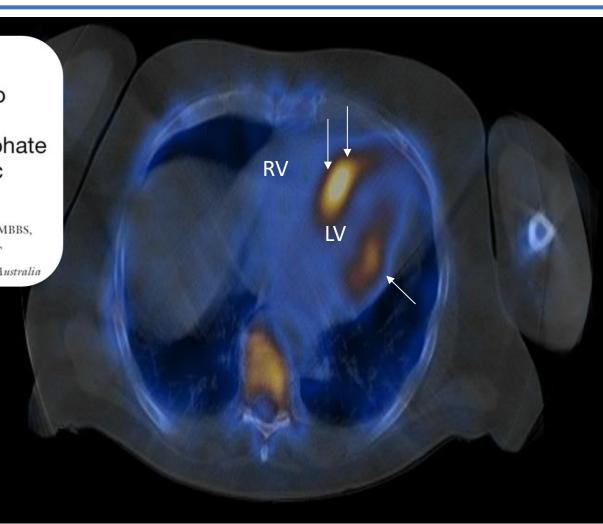




Amyloid – TTR Bone Scan

Transthyretin Cardiac Amyloidosis: A Noninvasive Multimodality Approach to Diagnosis Using Transthoracic Echocardiography, 99m-Tc-Labeled Phosphate Bone Scanning, and Cardiac Magnetic Resonance Imaging

Akhil Shukla, MB BCh, BSci, David Wong, MBBS, RANZACR, Julie A. Humphries, MBBS, BHMS(Ed), FRACP, FCSANZ, FASE, Benjamin T. Fitzgerald, MBBS, FRACP, Katrina Newbigin, MBBS, RANZACR, John Bashford, MBBS, FRACP, and Gregory M. Scalia, MBBS, MMedSci, FRACP, FCSANZ, FACC, FASE, Brisbane, Australia





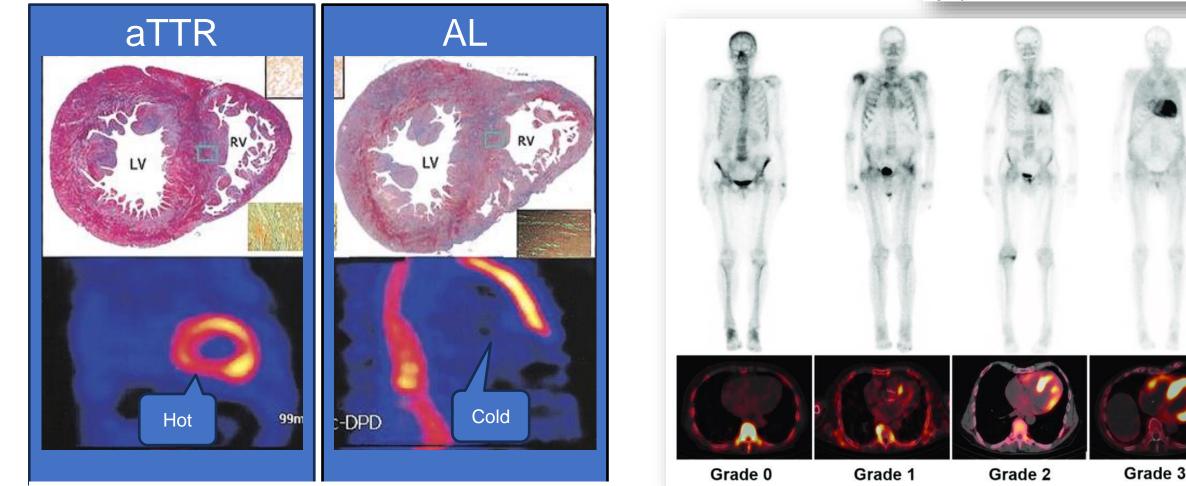
Perugini Criteria

Journal of the American College of Cardiology © 2005 by the American College of Cardiology Foundation Published by Elsevier Inc.

Cardiac Imaging

Noninvasive Etiologic Diagnosis of Cardiac Amyloidosis Using ^{99m}Tc-3,3-Diphosphono-1,2-Propanodicarboxylic Acid Scintigraphy

Enrica Perugini, MD,* Pier Luigi Guidalotti, MD,† Fabrizio Salvi, MD,‡ Robin M. T. Cooke, MA,* Cinzia Pettinato, MD,† Letizia Riva, MD,* Ornella Leone, MD,§ Mohsen Farsad, MD,† Paolo Ciliberti, MD,* Letizia Bacchi-Reggiani, MSC, MBIOSTAT,* Francesco Fallani, MD,* Angelo Branzi, MD,* Claudio Rapezzi, MD* Bologna, Juáy



Grade 0: unaffected individual without any cardiac tracer uptakeGrade 1: patient with AL and mild cardiac uptakeGrade 2: patient with ATTR and strong cardiac uptake greater than bone uptakeGrade 3: patient with ATTR and pronounced tracer uptake in the myocardium but reduced bone uptake.



Heart, Lung and Circulation (2024) 33, 420–442 1443-9506/24/\$36.00 https://doi.org/10.1016/j.hlc.2023.11.027

2024 Australia-New Zealand Expert Consensus Statement on Cardiac Amyloidosis

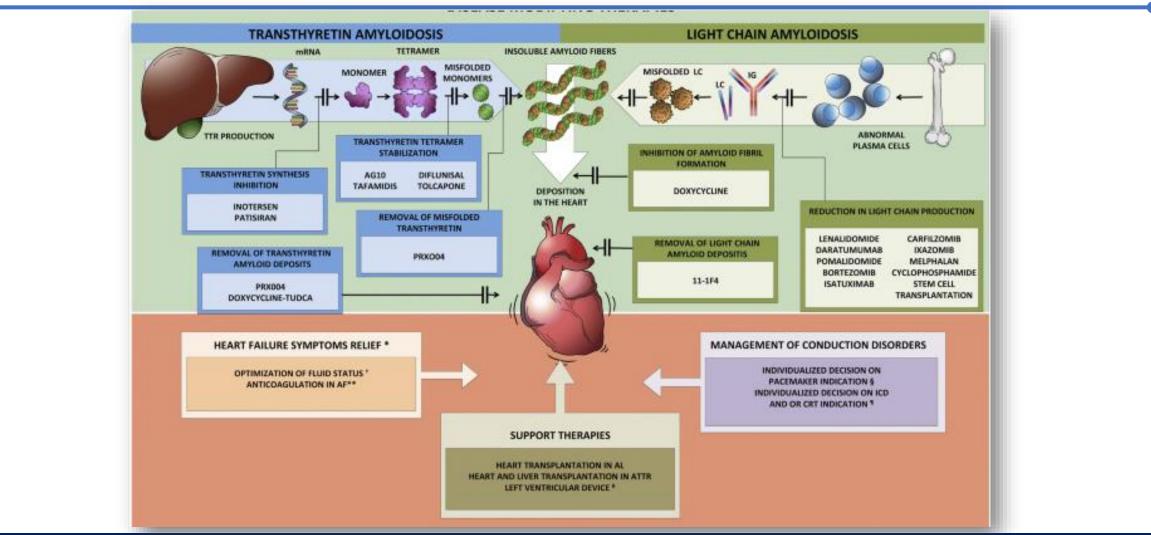
Nicole K. Bart, MBBS, DPhil^a, Diane Fatkin, BSc(Med), FRACP, FSCANZ^a, James Gunton, MBBS, PhD^b, James L. Hare, PhD, FRACP^c, Dariusz Korczyk, FRACP, FCSANZ, DDU^d, Fiona Kwok, PhD, FRACP^e, Kaitlyn Lam, MBBS, PhD^f, David Russell, BMedSci, FRACP, FCSANZ^g, Hasib Sidiqi, MBBS, PhD^h, Tim Sutton, FRACP, FCSANZⁱ, Simon D.J. Gibbs, FRACP, FRCPA^j, Peter Mollee, MMedSc, FRACP, FRCPA^k, Liza Thomas, MBBS, PhD^{1,*}





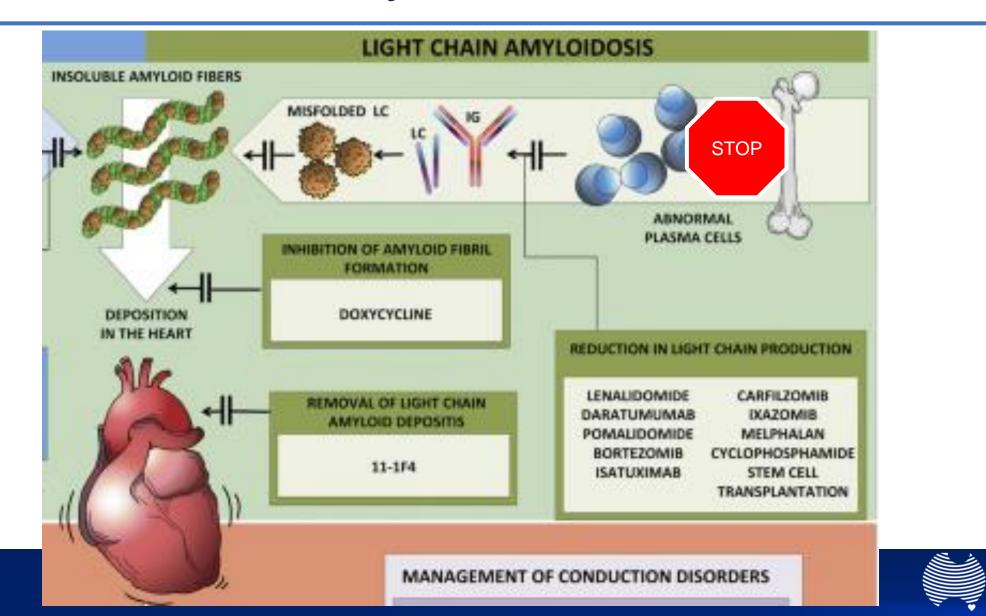
ORIGINAL ARTICLE

Treatment of amyloidosis





Treatment of AL amyloidosis

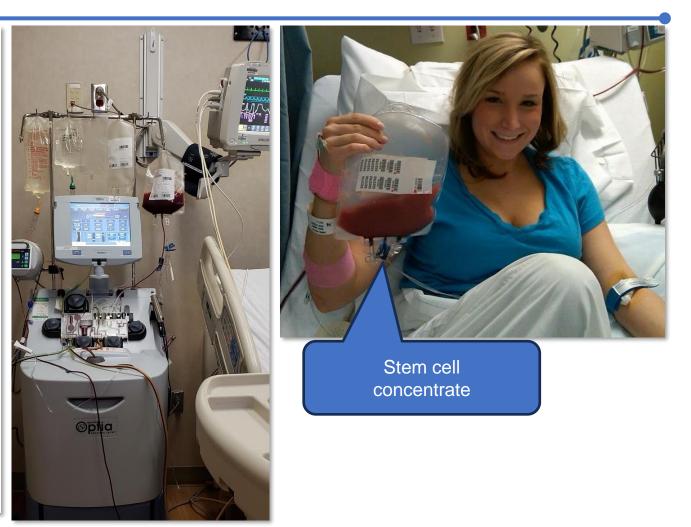


ECHO

AUSTRALIA

Treatment of AL amyloidosis

- Peripheral Stem Cell Transplant
 - Harvest cell from blood (not marrow)
 - High Dose chemotherapy And/or
 - Modern treatments now use
 - Bortezomib (Velcade)
 - Thalidomide-type drugs
- Marked reduction in cell clone numbers/paraprotein excretion



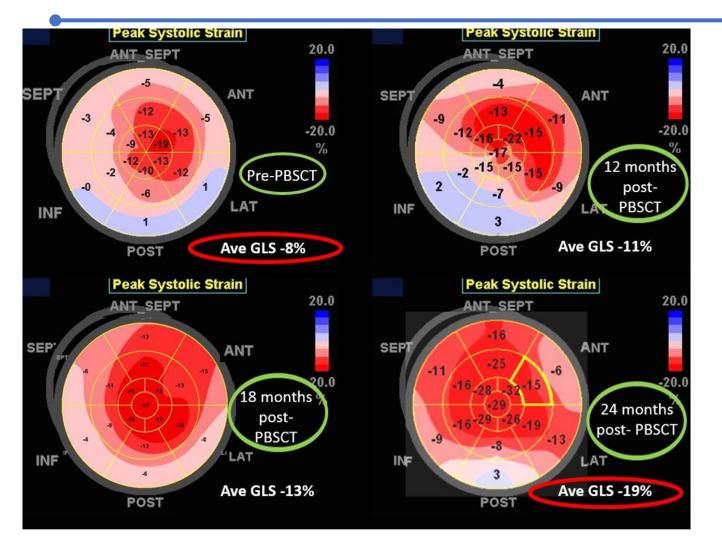


AL - Amyloid cell transplant





Regression of AL amyloidosis



Regression of the Anatomic Cardiac Features of Amyloid Light Chain Cardiac Amyloidosis Accompanied by Normalization of Global Longitudinal Strain

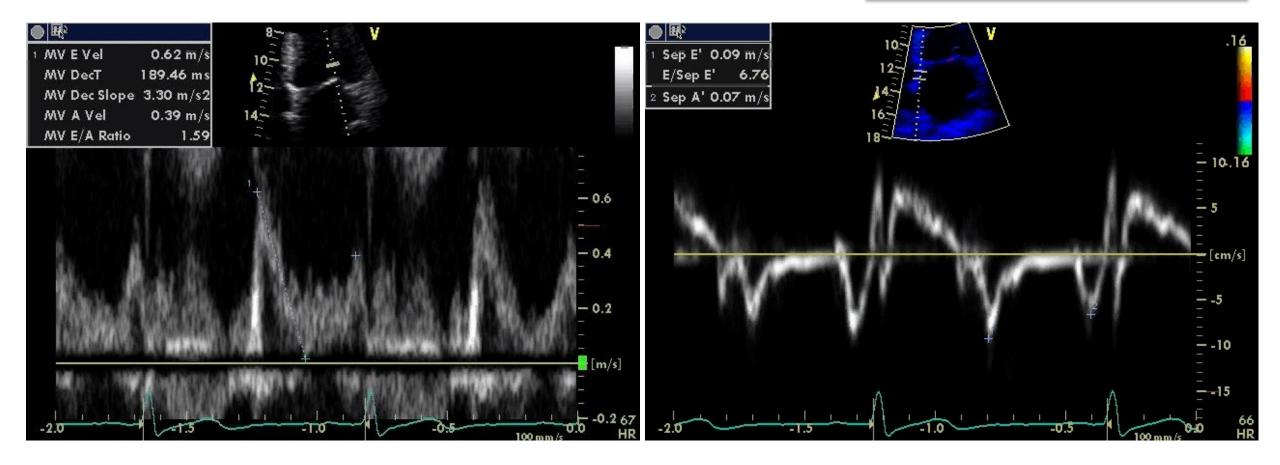
Benjamin T. Fitzgerald, MBBS, John Bashford, MBBS, and Gregory M. Scalia, MBBS, Auchenflower, Queensland, Australia

> CASE: Cardiovascular Imaging Case Reports Volume 1 Number 2



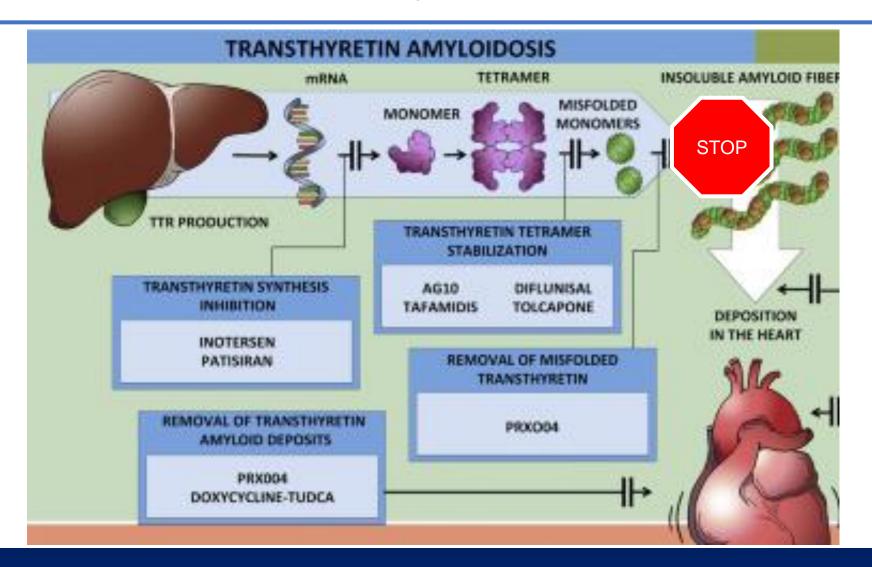
Regression of AL amyloidosis

Deceleration time 189ms E/e' = 7 Normal diastolic function



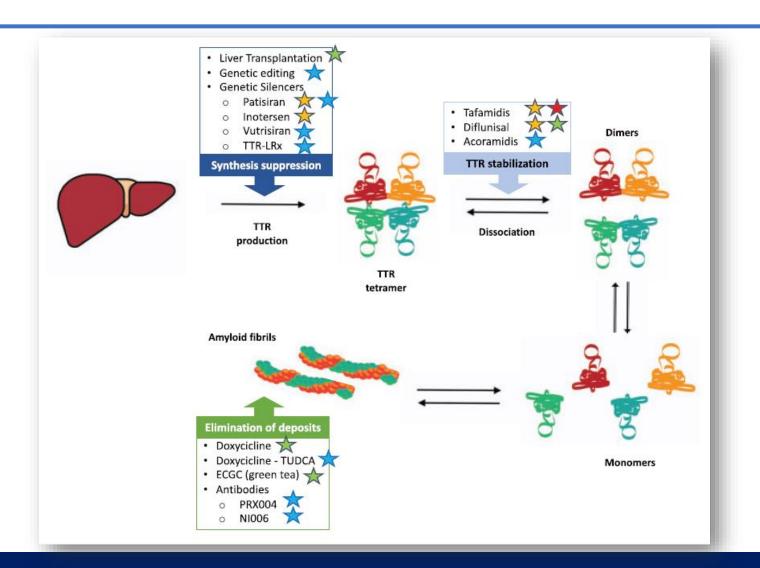


Treatment of TTR amyloidosis

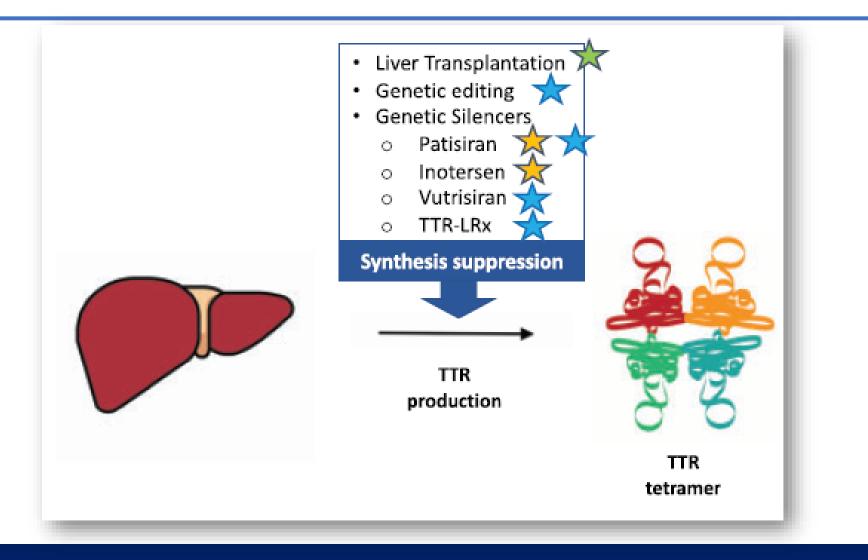




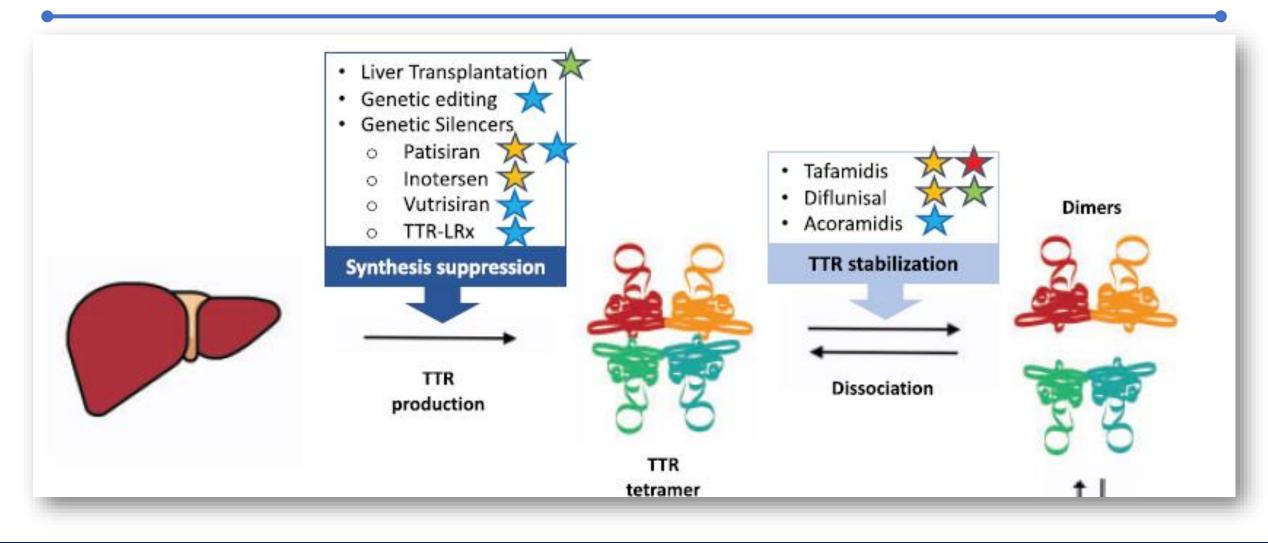
European Heart Journal (2021) 00, 1–15



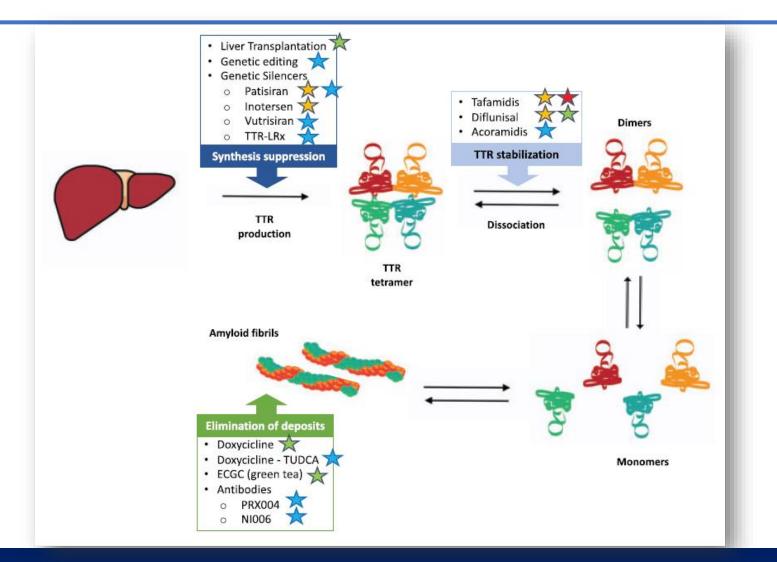




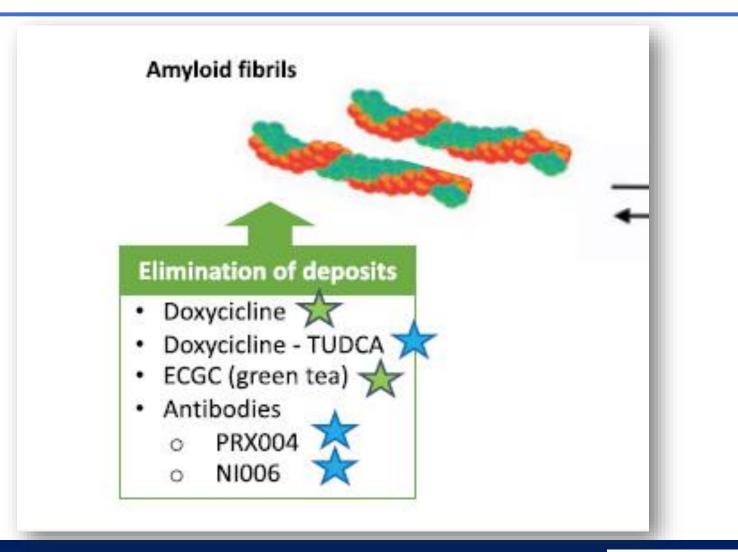












European Heart Journal (2021) 00, 1–15

TTR Amyloid Treatment

The NEW ENGLAND JOURNAL of MEDICINE

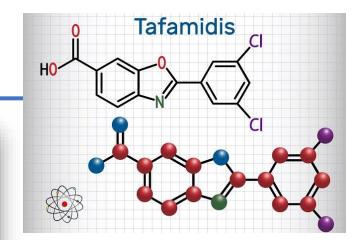
ESTABLISHED IN 1812

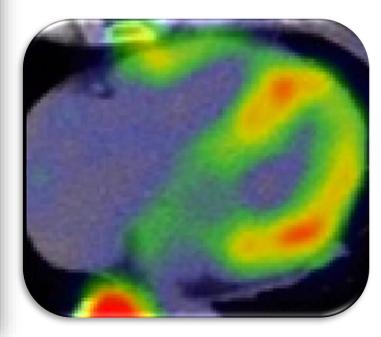
SEPTEMBER 13, 2018

VOL. 379 NO. 11

Tafamidis Treatment for Patients with Transthyretin Amyloid Cardiomyopathy

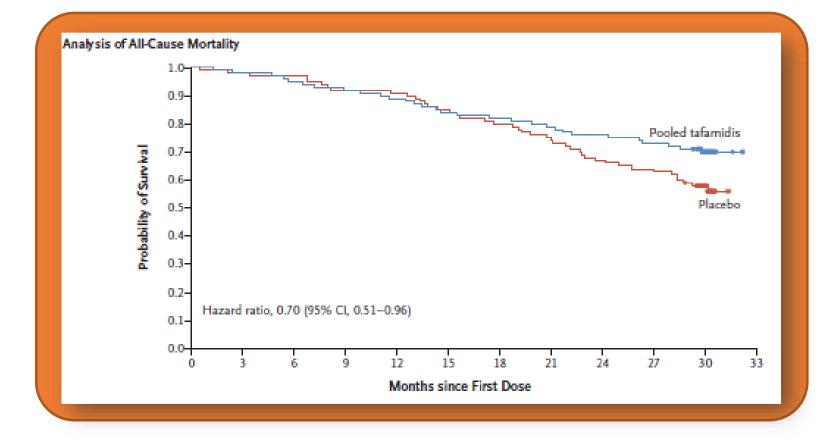
Mathew S. Maurer, M.D., Jeffrey H. Schwartz, Ph.D., Balarama Gundapaneni, M.S., Perry M. Elliott, M.D., Giampaolo Merlini, M.D., Ph.D., Marcia Waddington-Cruz, M.D., Arnt V. Kristen, M.D., Martha Grogan, M.D., Ronald Witteles, M.D., Thibaud Damy, M.D., Ph.D., Brian M. Drachman, M.D., Sanjiv J. Shah, M.D., Mazen Hanna, M.D., Daniel P. Judge, M.D., Alexandra I. Barsdorf, Ph.D., Peter Huber, R.Ph., Terrell A. Patterson, Ph.D., Steven Riley, Pharm.D., Ph.D., Jennifer Schumacher, Ph.D., Michelle Stewart, Ph.D., Marla B. Sultan, M.D., M.B.A., and Claudio Rapezzi, M.D., for the ATTR-ACT Study Investigators*

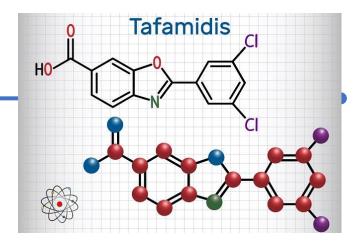


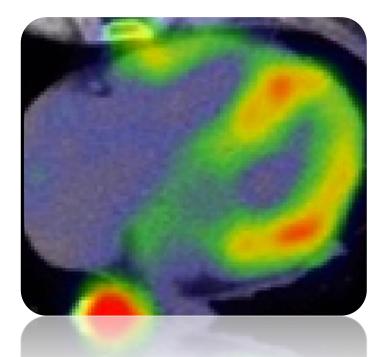




TTR Amyloid Treatment

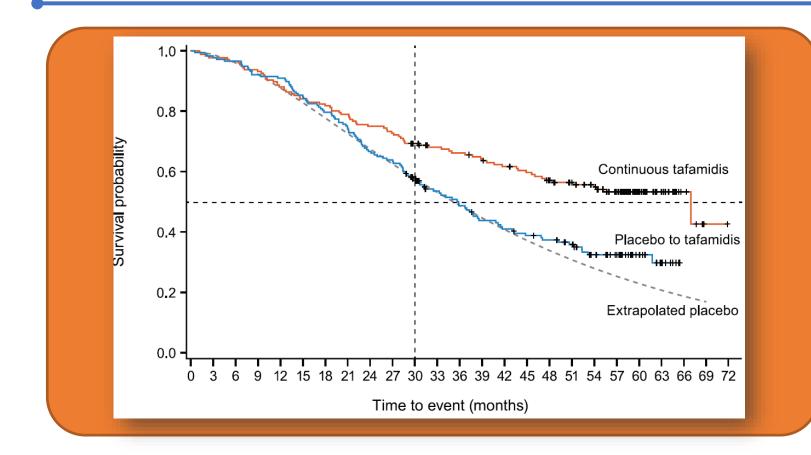


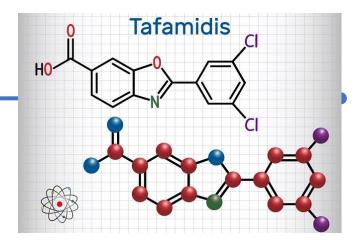


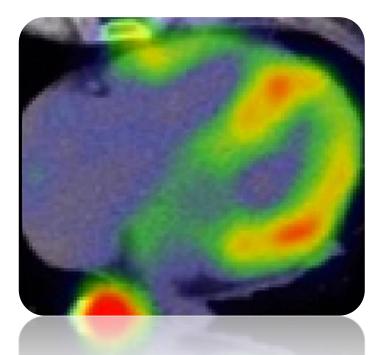




TTR Amyloid Treatment

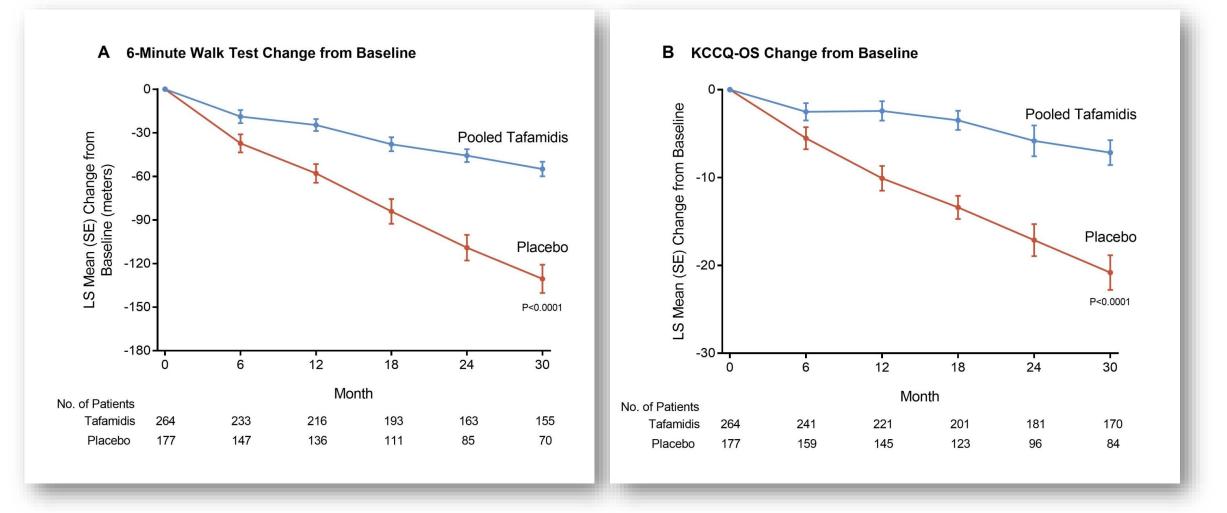








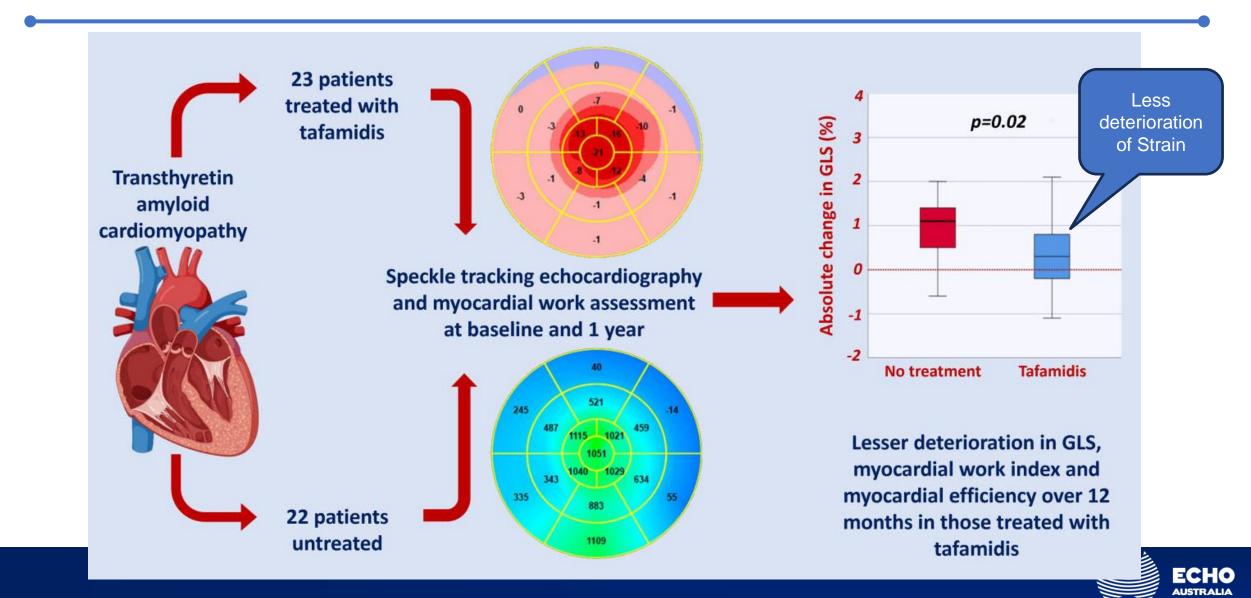
Tafamidis reduces the decline in the 6MWT distance and KCCQ-OS score at 30 months



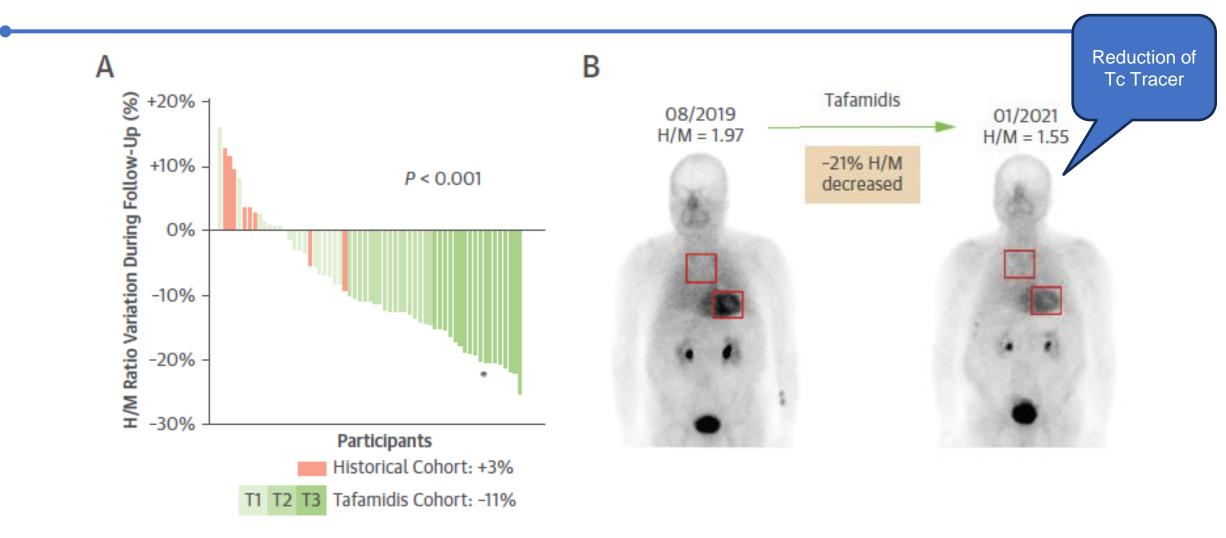
Maurer M et al , New England Journa



Effect of tafamidis on global longitudinal strain and myocardial work in aTTR



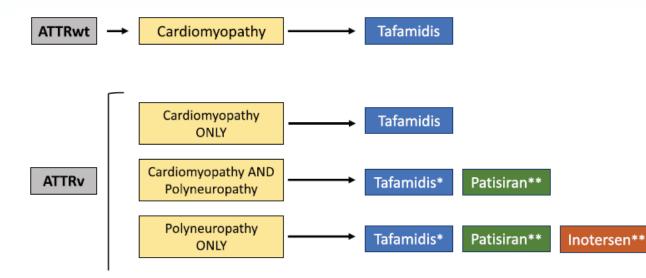
Tafamidis Decreases Cardiac Uptake of 99mTc-HMDP in ATTR





ESC Guidelines

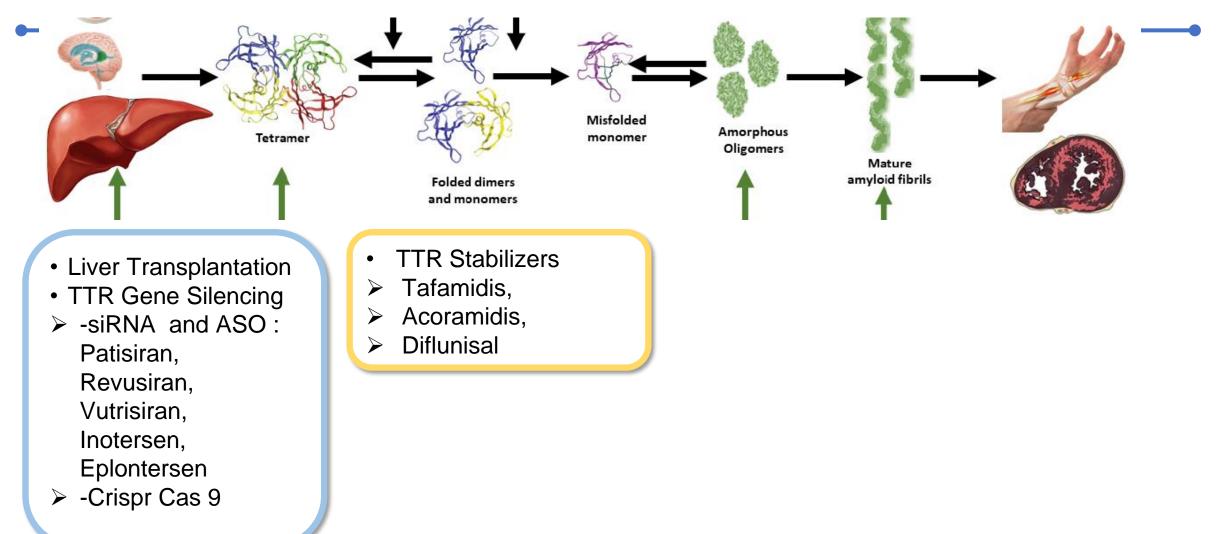
| Recommendations | Classa | Level ^b |
|---|--------|--------------------|
| Tafamidis is recommended in patients with genetic testing proven hereditary hTTR-CMP and NYHA class I or II symptoms | | в |
| Tafamidis is recommended in patients with wtTTR-CA and NYHA class I or II symptoms to reduce symptoms and CV hospitalization and mortality. | 1 | В |





European Heart Journal (2021) 00, 1–15

Mechanisms of action of ATTR-CM new treatments





Adapted from Carroll A, et al. J Neurol Neurosurg P 2022

Undergoing Clinical Trial including ATTR-WT

| Drugs | Patisiran | Vutrisiran | ION-682884 |
|----------------|---|--|---|
| Inclusion | ATTR Cardiomyopathy | ATTR Cardiomyopathy | ATTR Cardiomyopathy |
| Trial | Phase 3 APPOLO-B : Just published | Phase 3 HELIOS B Undergoing 2024 | Phase 3 CARDIO TTRansform Undergoing 2025 |
| Methodology | Phase 3 / Double blind | Phase 3 / Double blind | Phase 3 / Double blind |
| Administration | Intravenous | Subcutaneous | Subcutaneous |
| Where we are? | Inclusion started | Inclusion started | Inclusion pending |

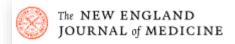




| | URNAL of MEDICINE | OR RENEW → Q ≡ | |
|--|--|--|--|
| | This article is available to subscribers. Subscribe now. Already have an account? | Sign in | |
| | ORIGINAL ARTICLE (FREE PREVIEW) | | |
| | Patisiran Treatment in Patients with Transthyretin | Cardiac Amyloidosis | |
| | Mathew S. Maurer, M.D., Parag Kale, M.D., Marianna Fontana, M.D., Ph.D., John L. Berk, M.D., Martha Grogan, M.D., Fi Ph.D., Robert L. Gottlieb, M.D., Ph.D., Thibaud Damy, M.D., Ph.D., Alejandra González-Duarte, M.D., Ph.D., Nitasha Sars APOLLO-B Trial Investigators* | | |
| | | October 26, 2023 | |
| | Abstract BACKGROUND Transthyretin amyloidosis, also called ATTR amyloidosis, is associated with accumulation of ATTR amyloid deposits in the heart and commonly manifests as progressive | N Engl J Med 2023; 389:1553-1565 DOI: 10.1056/NEJMoa2300757 | |
| | | Print Subscriber? Activate your online access. | |
| | cardiomyopathy. Patisiran, an RNA interference therapeutic agent, inhibits the production of hepatic | Related Articles | |

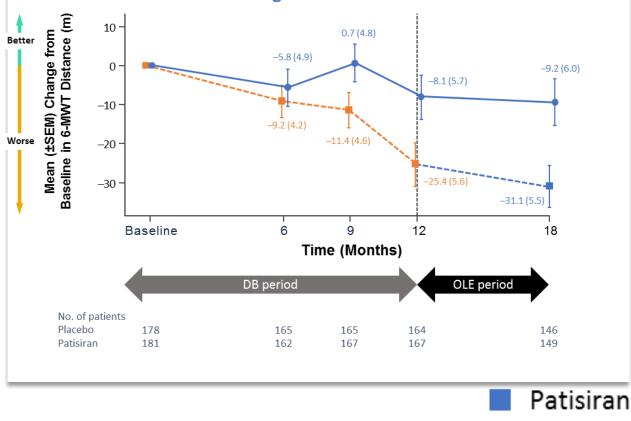


Appolo-B results: ATTR-CA



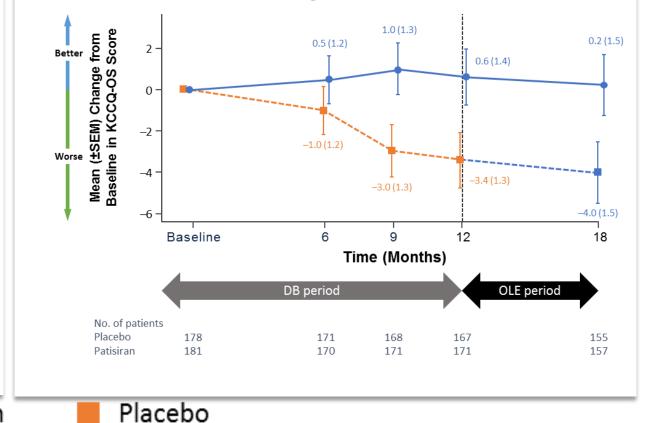
Primary Endpoint

Mean Change from Baseline in 6-MWT

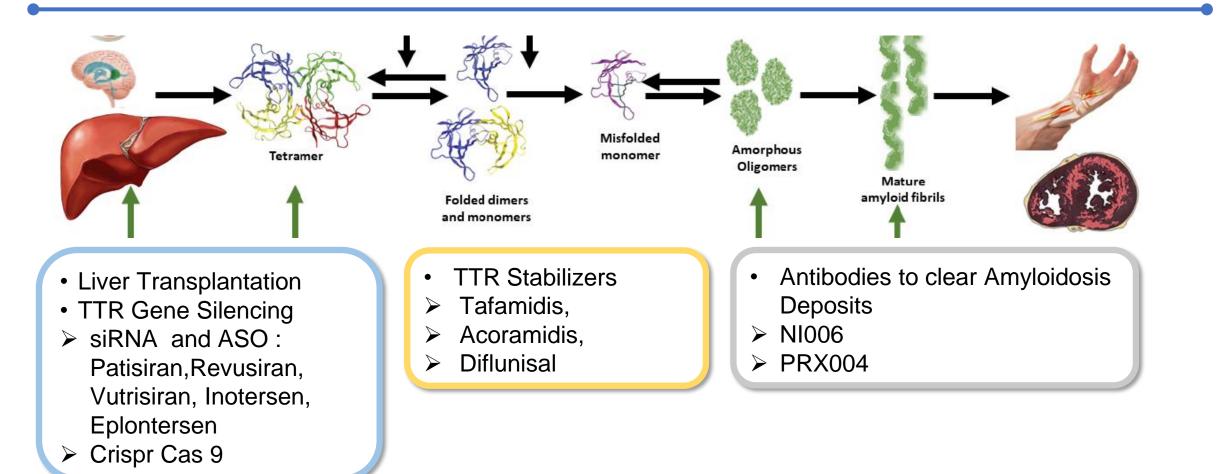


Secondary Endpoint

Mean Change from Baseline in KCCQ-OS

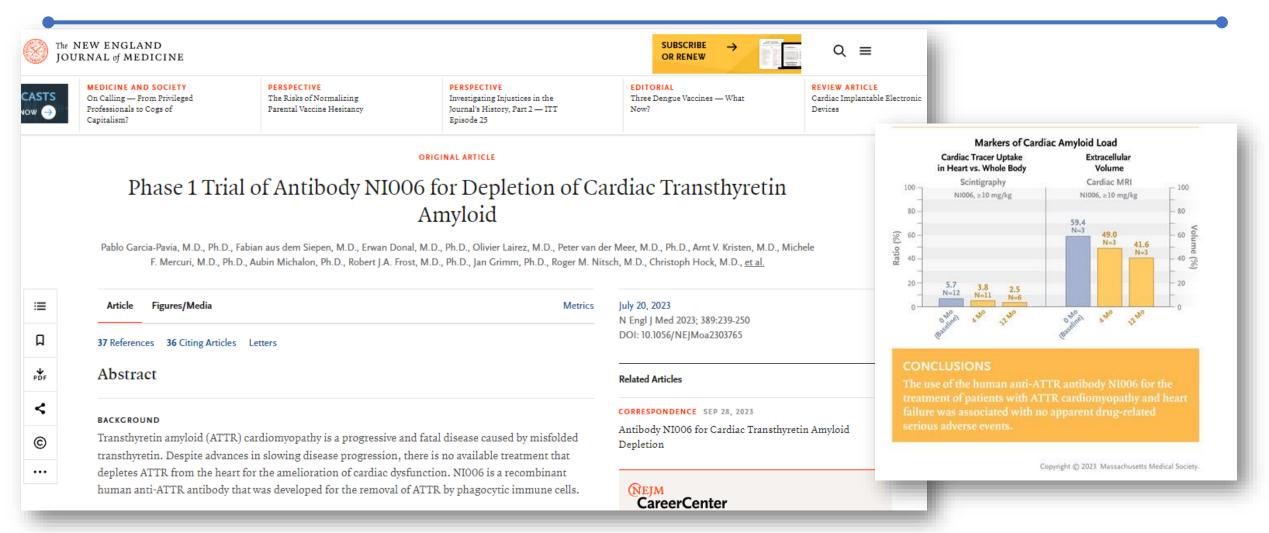


Mechanisms of action of ATTR-CM new treatments



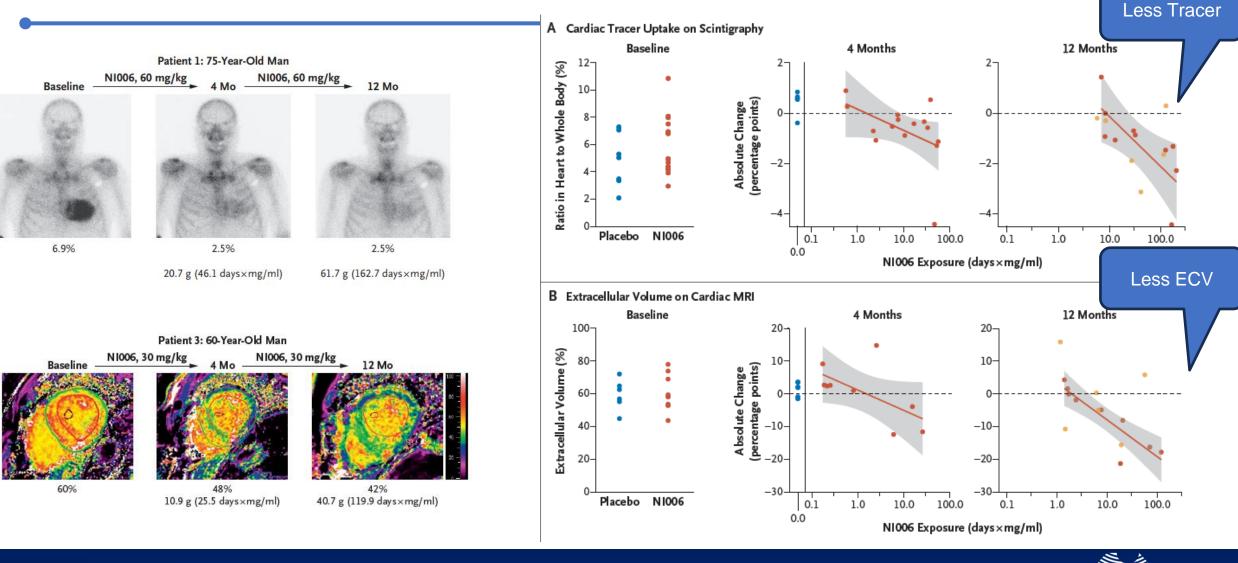


NI006 - Depletion





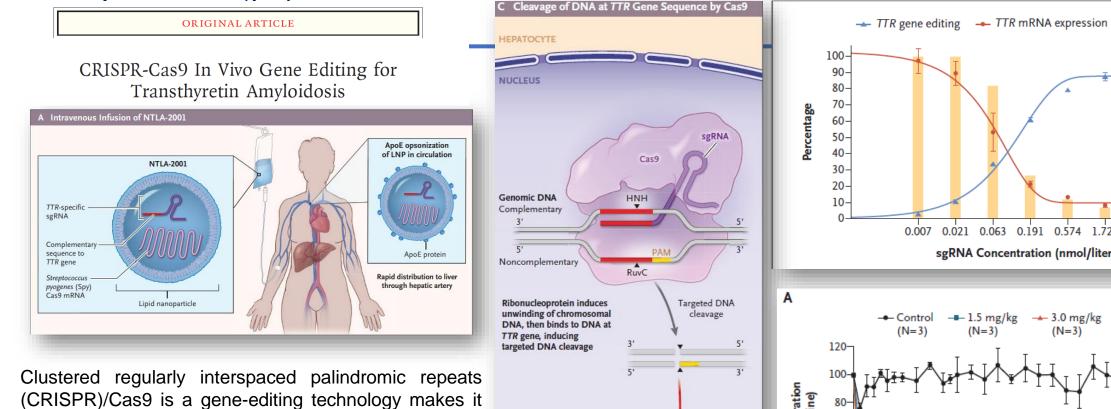
Changes in Cardiac Fixation NI006 antibody



Pablo Garcia-Pavia et al, NEJM 200

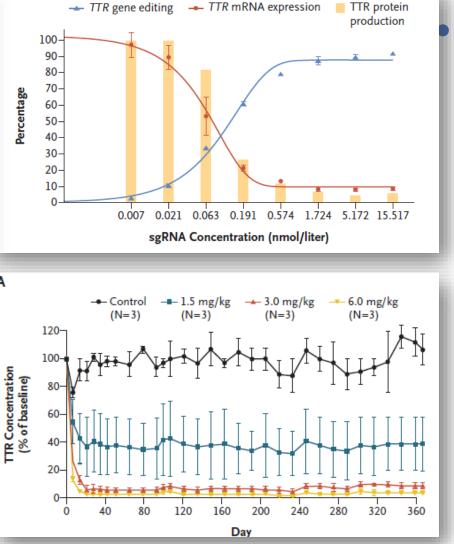
HC202

CrisprCas9: First gene therapy results for ATTR : One injection (n=6,



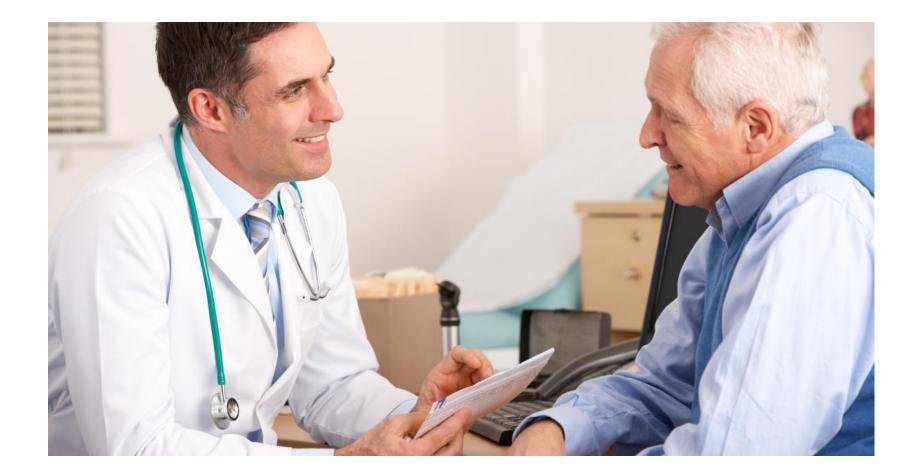
possible to correct errors in the genome and turn on or off genes in cells and organisms quickly, cheaply and with relative ease.

Endogenous DNA repair through nonhomologous end joining results in introduction of indels into TTR gene, leading to frameshift mutations that prevent production of functional TTR protein





The patients





Cardiac Amyloidosis 2025

Gregory M Scalia AM

Professor of Medicine, University of Queensland Director of Echocardiography, TPCH M.B.B.S.(Hons), M.Med.Sc., F.R.A.C.P., F.A.C.C., F.E.S.C, F.C.S.A.N.Z., F.A.S.E., J.P.

