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| **Monitoring the steps proposed by the university for the development of healthy city** |
| **Introduction**: The LABINUR – Urban Investigation Laboratory of the of the Faculty of Civil Engineering, Architecture and Urbanism of the State University of Campinas has been researching studies that show the relevance of the values and principles of urban planning for a healthy city by developing researches founded in traditional studies and also considering new strategies and requirements. Urban planning should incorporate the idea of different strategies to rethink cities that will serve future generations, considering the population global growth as a determinant factor for spaces, needs, rights and duties of a healthy city. This theme connects directly with goals 3 and 11 of sustainable development with regard to good health and well-being and to the process of formation of healthy and sustainable cities.  **Objective**: Search and monitor the step-by-step proposal for the construction of a healthy city.  **Methodologies**: Qualitative research through a case study using systematic city visits, photographs, informal conversations with residents and managers using the walkthrough. In Conchal, Sao Paulo Brazil belonging to a Network of Potentially Healthy Municipalities  **Results and Discussions**: A healthy city disclosure collective projects and desires starting from the individual towards the collective actions and must include all the players and sectors of a multi demanding process. Studies and researches are done in LABINUR and have shown the importance of the step by step process described as follows. The commitment of managers to the project and collective needs; the involvement and participation of local governments, communities, and universities; multi-sectoral cooperation; reverberation of main aspects such as respect, autonomy, and care; inter-peer and inter-group connections; the recognition that micro experiences may reverberate in macro environments; the development of a collective-love mindset towards the place and the city; healthy and sustainable governance; a permanent share of community projects and constant promotion of healthiness, equity, and life quality.  **Conclusion**: The role of the university is to collect data and develop concepts that will be enhanced by the praxis of the community with the engagement and endorsement of governmental entities. That will reassure and encourage resilience during all the process, from the very first step until the remaining and continues actions and transformations to an ever-developing healthy city. |