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| **Title of Workshop** (Sentence case) **Arts therapy to create and deepen the understanding of health promotion messages for health inequities** |
| **Maximum 2500 characters (including spaces but excluding title)****Objectives****A skill-based workshop led by an experienced arts therapist and GP introducing how the arts can experientially be used to develop health promotion messages based on the successful Translating Health and Arts for New Knowledge and Understanding (THANKU) method (1). Aims are:****1. To engage health professionals/researchers in using arts to explore a health equity issue of their choice and how it affects them in a personal/professional way and/or their communities.****2. To enable health professionals working in health inequities to have basic skills to use the arts to explore health issues.****Format****Participants will choose a topic of their interest, and then be led through a six-stage process explained using a slide presentation. Crayons and paper will be available; participants are welcome to bring their own materials.****1. Access –participants will be asked to choose an image from their phone or from many spread of on a flat surface. This will become a visual stimulus to access thoughts and feelings about how the health issue has touched their personal or professional life.****2. Yarning – participants pair off to discuss their chosen images and what it brings to mind about the topic.****3. Each participant will make an artwork to represent that experience.****4. Participants will view their artwork as a whole and write keywords on the drawing.****5. Participants pair up to share their work and discuss/respond to the other’s work through a dialogue.** **6. Participants are asked to pick a ‘strength card’ laid out on the tables. Depending on the time available, participants will briefly speak to the group about their experiences, insights, and meanings from the workshop, the strength card and what they are taking away with them.****Learning goals**1. **To experience the process of making health promotion messages from an alternative inspiration through the use of art**
2. **To understand how the arts can be used for health inequities**
3. **To reflect on one own role within the health promotion field**

**Reference:**1. Gould GS, Stevenson L, Bovill M, Oliva D, Keen J, Dimer L, Gruppetta M. “Building strength in coming together”: A mixed methods study using the arts to explore smoking with staff working in Indigenous tobacco control. Health Promotion Journal of Australia. 2018; [**https://onlinelibrary.wiley.com/doi/abs/10.1002/hpja.178**](https://onlinelibrary.wiley.com/doi/abs/10.1002/hpja.178)
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