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| **Interactional Prenatal Care Model for Appropriate Adjustment to Adolescent Pregnancy: A Theory Synthesis** |
| **Background/Objectives:**Despite the increasing rate of adolescent pregnancy, there are no specialized prenatal caring theories/models that serve as the basis for prenatal care to adolescent pregnant women. This study has designed a holistic model for caring of adolescent pregnant women in 2018.**Methods:**The theory synthesis of Walker and Avant’s strategies of theory construction(2011) was used to design a caring model. In first step, for selection of focal concept, a grounded study was done and the focal concept of “safe care of pregnancy” was selected. In second step in order to identify factors related to focal concept relevant studies (42 articles and 13 books) were reviewed, statements and concepts related to focal concept were then extracted and classified, and their relations were specified. Finally, concepts and statements were organized within a relevant general and effective manifestation of the phenomenon under study which led to develop the interactional prenatal care (IPC) model.**Results:**In this caring model/theory, entitled “interactional prenatal care”, five step were conceptualized within the conceptual framework that includes respectively:1.Family sensitization;2.Creating youth friendly care environment;3.Continuous comprehensive;4.Humanized obstetric care, and 5.Psychological strengthening. The first step contained two major constructs including perceived susceptibility and perceived severity. The second step of this model needs changes in three areas: 1.Build youth friendly policies, 2.Empower health care provider, 3.Reorient health services for young mothers. The third step included three components: financial support, emotional support and cognitive support. The forth step contained two main practices including providing security and multidimensional care of pregnancy. The last step of IPC model was psychological strengthening included promoting self-esteem and self-efficacy, hardiness and hope.**Discussion:**IPC model was developed based on the results from a grounded theory study and with using the social support theory, human care model of Watson, theory of resiliency and family-cantered empowerment theory. ICP is a model of care that values women’s contributions, creates an environment that fosters empowerment, and builds community for young women as they become mothers**.****Keywords:**Prenatal care, Pregnancy, Adolescence, Women's health. |