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| **Title of Alternative showing: Art** Wahakura (safe sleep space for baby) |
| **Maximum 2500 characters (including spaces but excluding title)****Health promoting objectives*** Provides a culturally meaningful safe sleep space for baby, particularly for Māori who have disproportionate rates of Sudden Unexpected Death in Infancy (SUDI) and higher rates of risk factors of smoking and co-sleeping.
* Ensures safe co-sleeping
* Embodies safe sleep messages.
* Promotes bonding, responsive parenting, breastfeeding and smokefree environments
* Strengthens spirituality through the relationship with Hineteiwaiwa (god of female arts including weaving and childbirth) and the connection between the pā harakeke (native plantation) and te whare tapu o te tangata (house of humanity/womb).
* Develops cultural identity through utilising the customary practices of rāranga (weaving).
* Promotes a holistic approach to health and wellbeing, for the baby, mother and whānau (extended family).
* Made from sustainable materials - local native natural fibres of harakeke - by local kairāranga (weavers).
* Community driven.

**Description of the artwork**Wahakura are lovingly individual hand-made sleep spaces for pēpi woven out of harakeke, using the tradition of rāranga. Wahakura are a contemporary kaupapa Māori innovation to safe co-sleeping in order to reduce disproportionately high rates of Sudden Unexpected Death in Infancy (SUDI) of Māori. This particular waikawa style was developed as the most simplest version in order to teach non-weavers how to weave their own. **Intended audience**Infant and maternal health professionals, health promoters working with expectant families.**Duration and intended use**Wahakura take about 2 full days to make from harvest to finish for a new weaver. Once dried, quality assured and fitted with a breathable mattress, a cotton sheet and a natural fibre blanket, wahakura are safe to sleep babies from newborn until about 4-6 months. Wahakura can be re-used as long as they meet quality standards such as no mould and no weakening. |