



AUSTRALIA'S LEADING
ECHOCARDIOGRAPHY
CONFERENCE

17-19 March 2025
Marvel Stadium, Melbourne



THE COMMON GOOD
AN INITIATIVE OF THE PRINCE CHARLES HOSPITAL FOUNDATION

LAP and diastolic function analysis in the critically ill

A Prof Sam Orde FCICM DDU FASE PhD

ICU specialist, Nepean Hospital, Sydney
Dept Medicine, University of Sydney



You Tube Echo at Nepean

sam.orde@health.nsw.gov.au

18th March 2025 (20mins 11:45-12:05)

No relevant disclosures

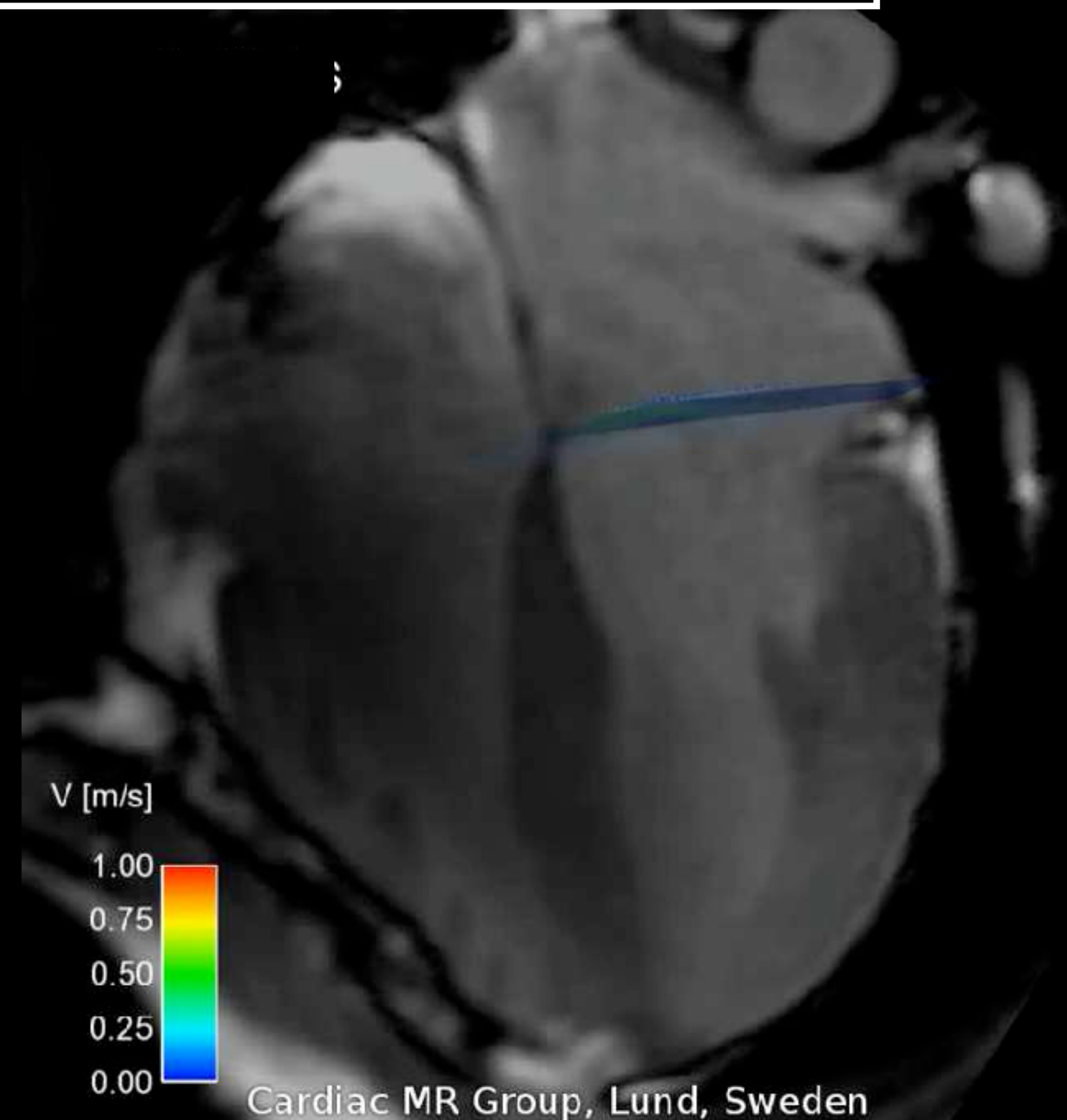


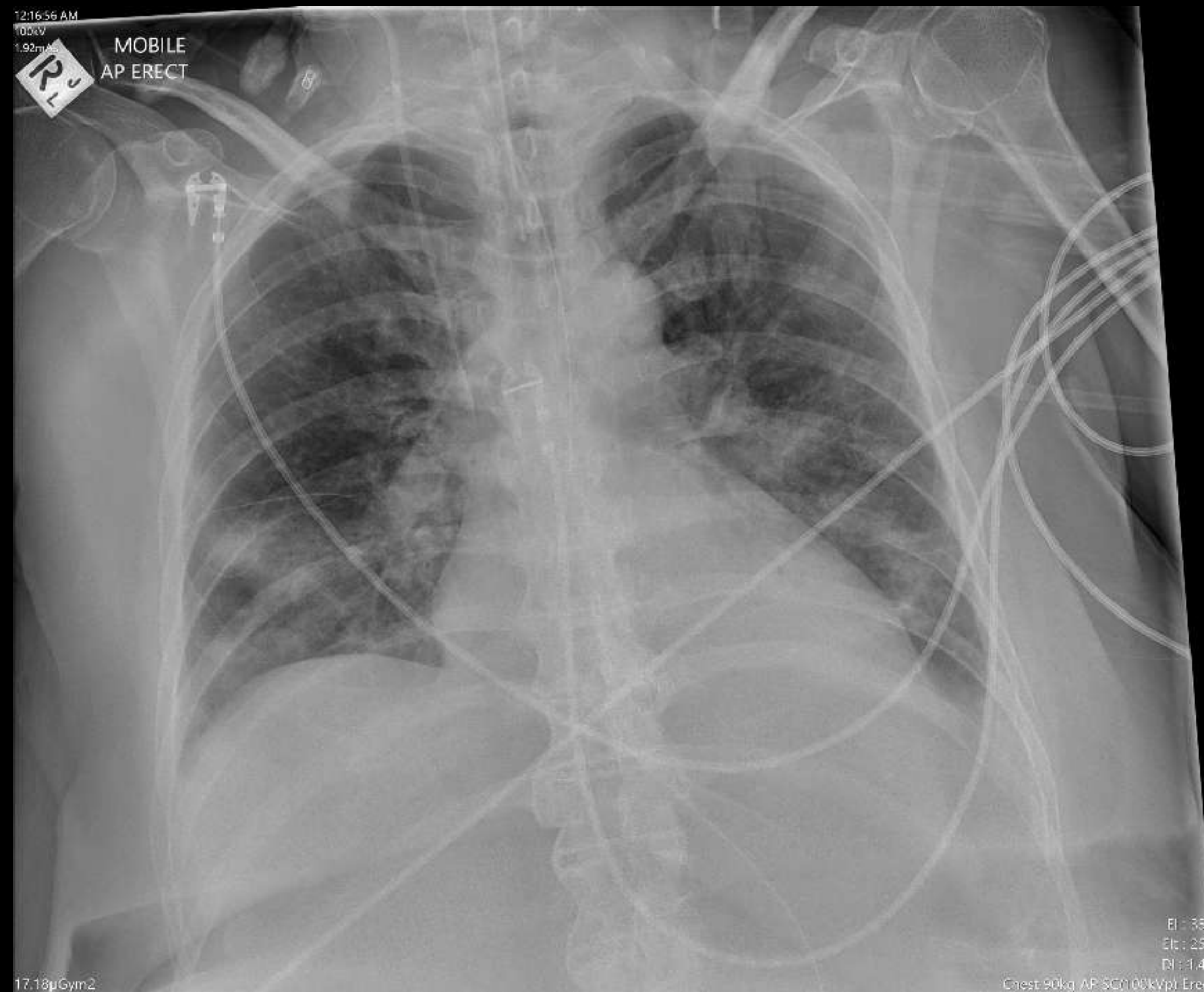
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Evaluation of LAP in critically ill

- Which patients to assess
- How to assess
- What influences LV filling pressure

find the 'inflection point'

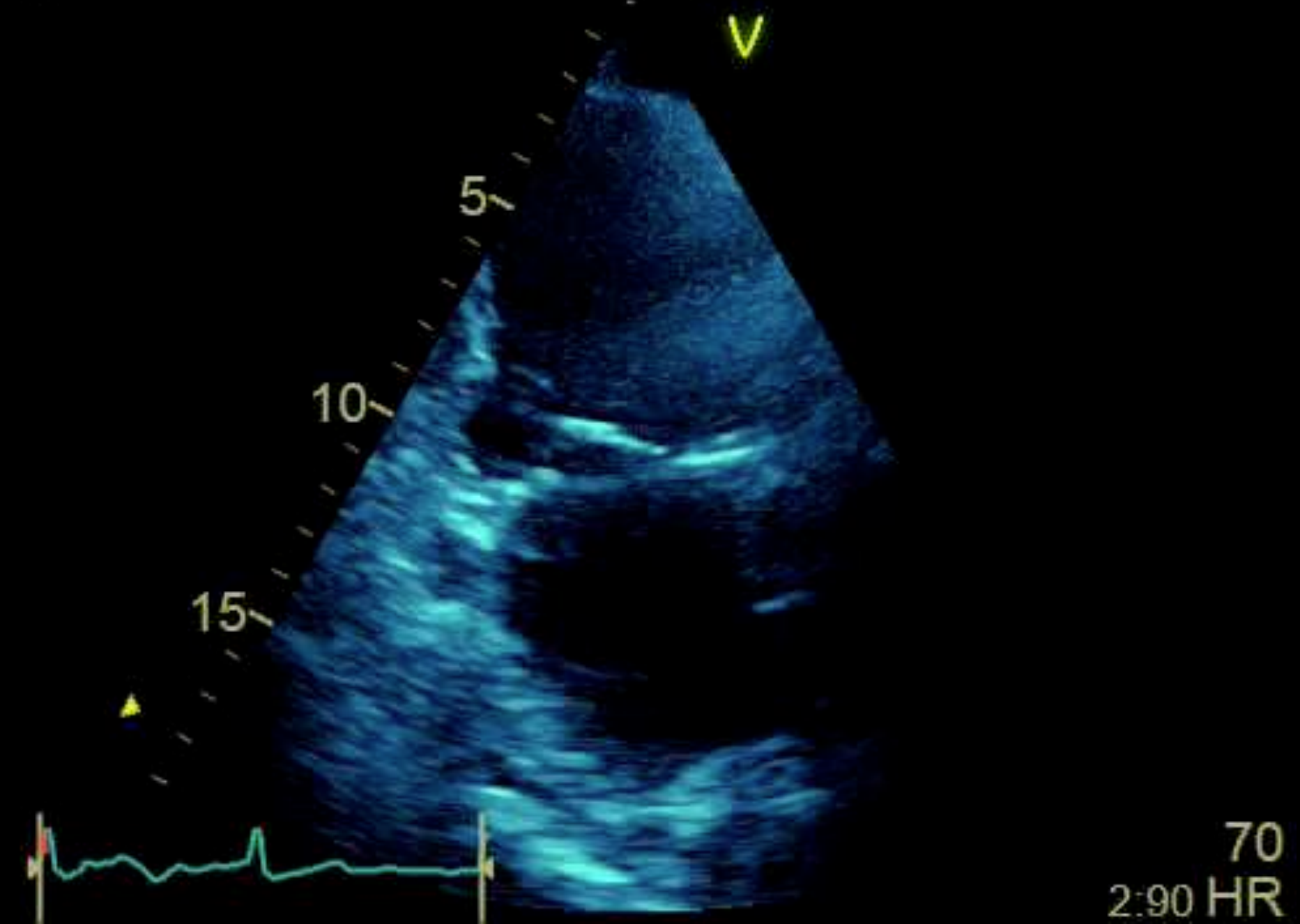
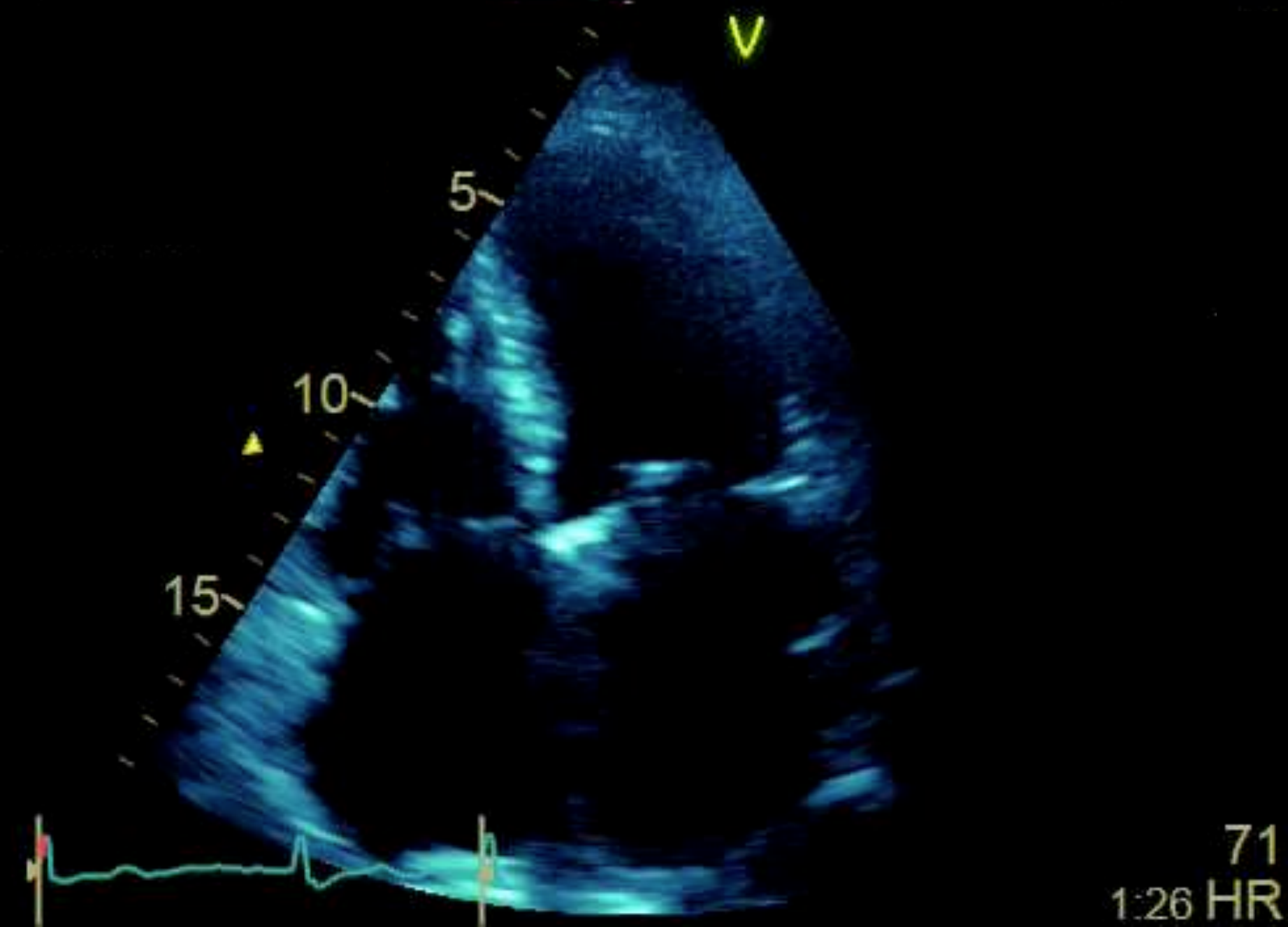
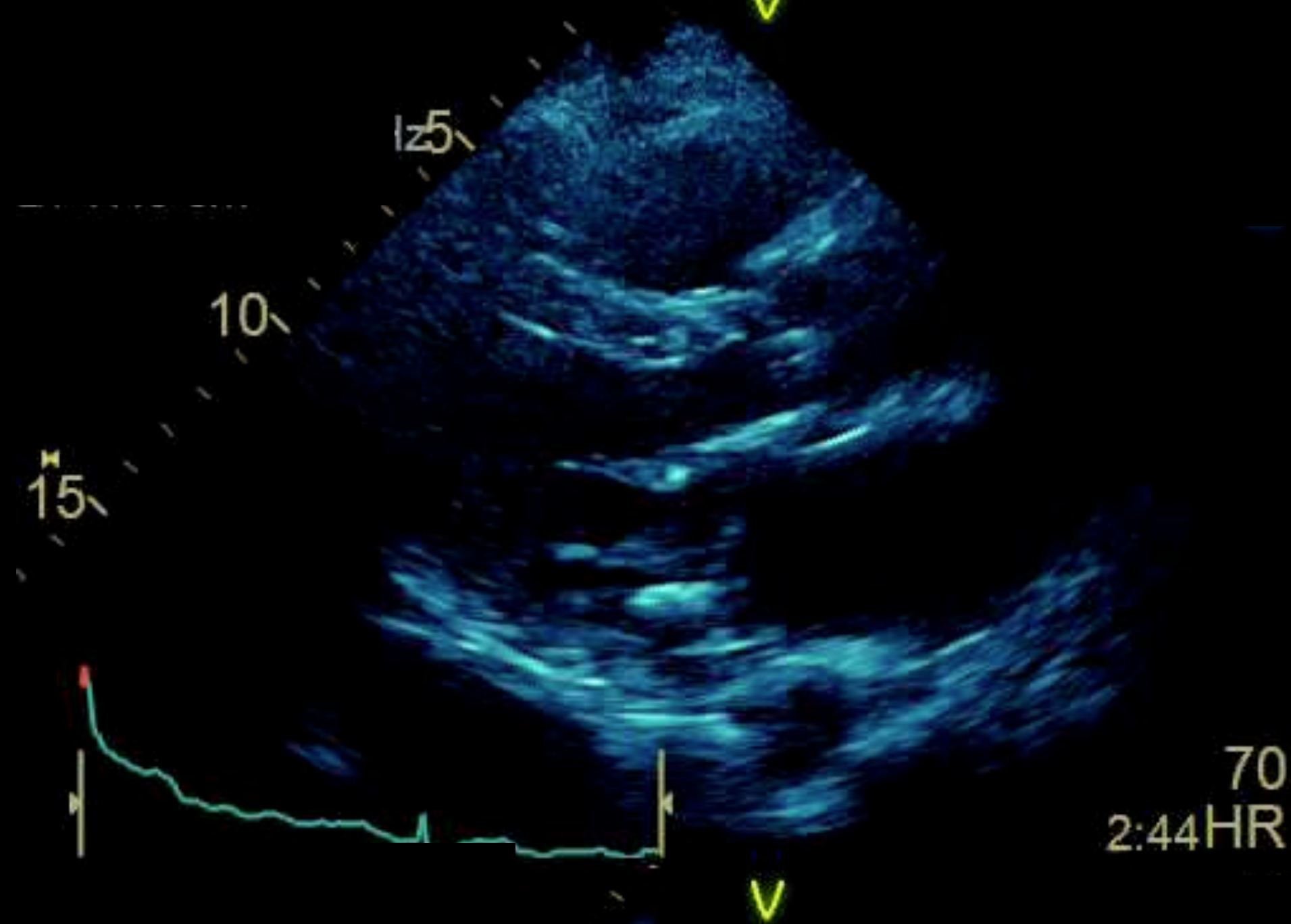


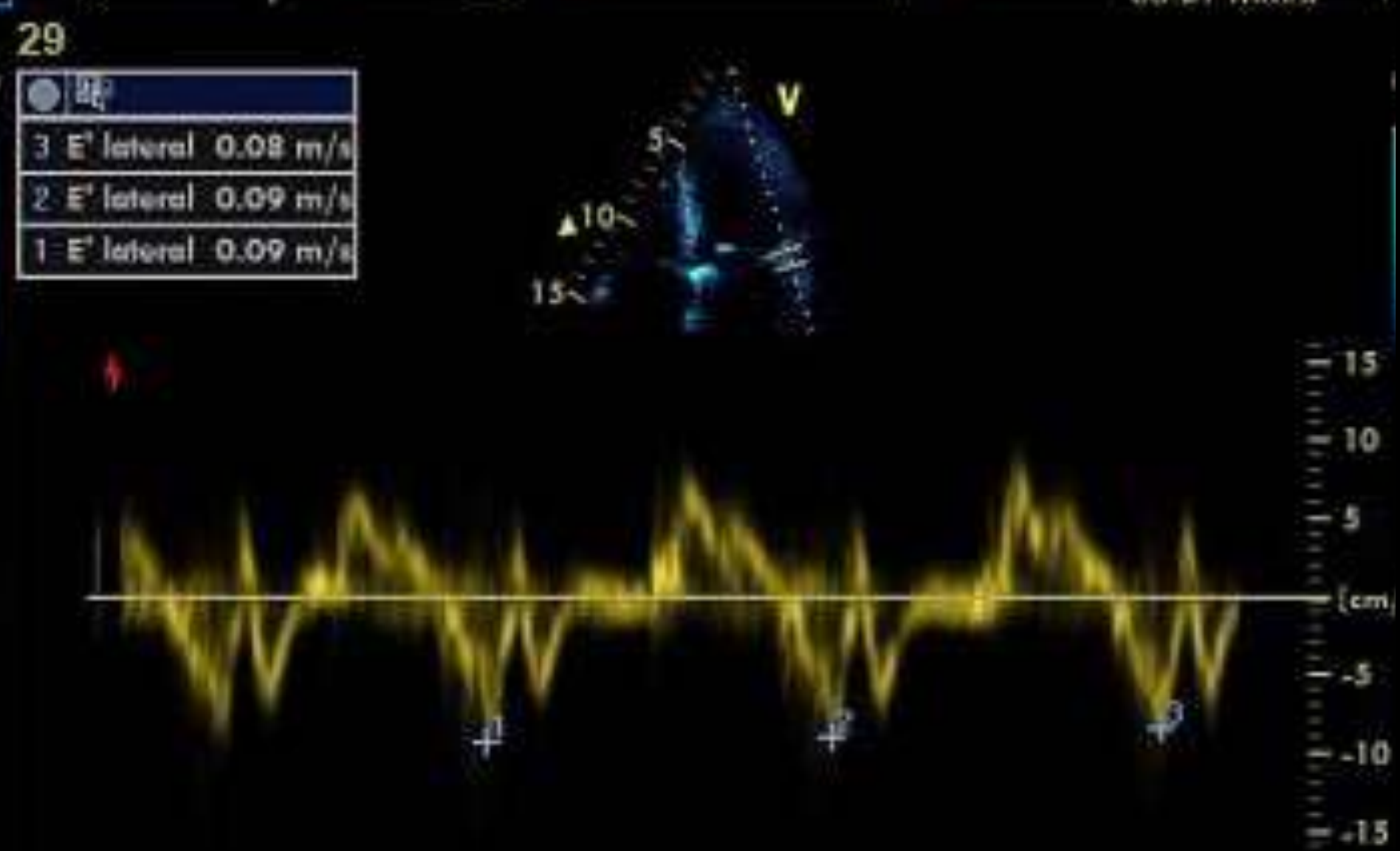
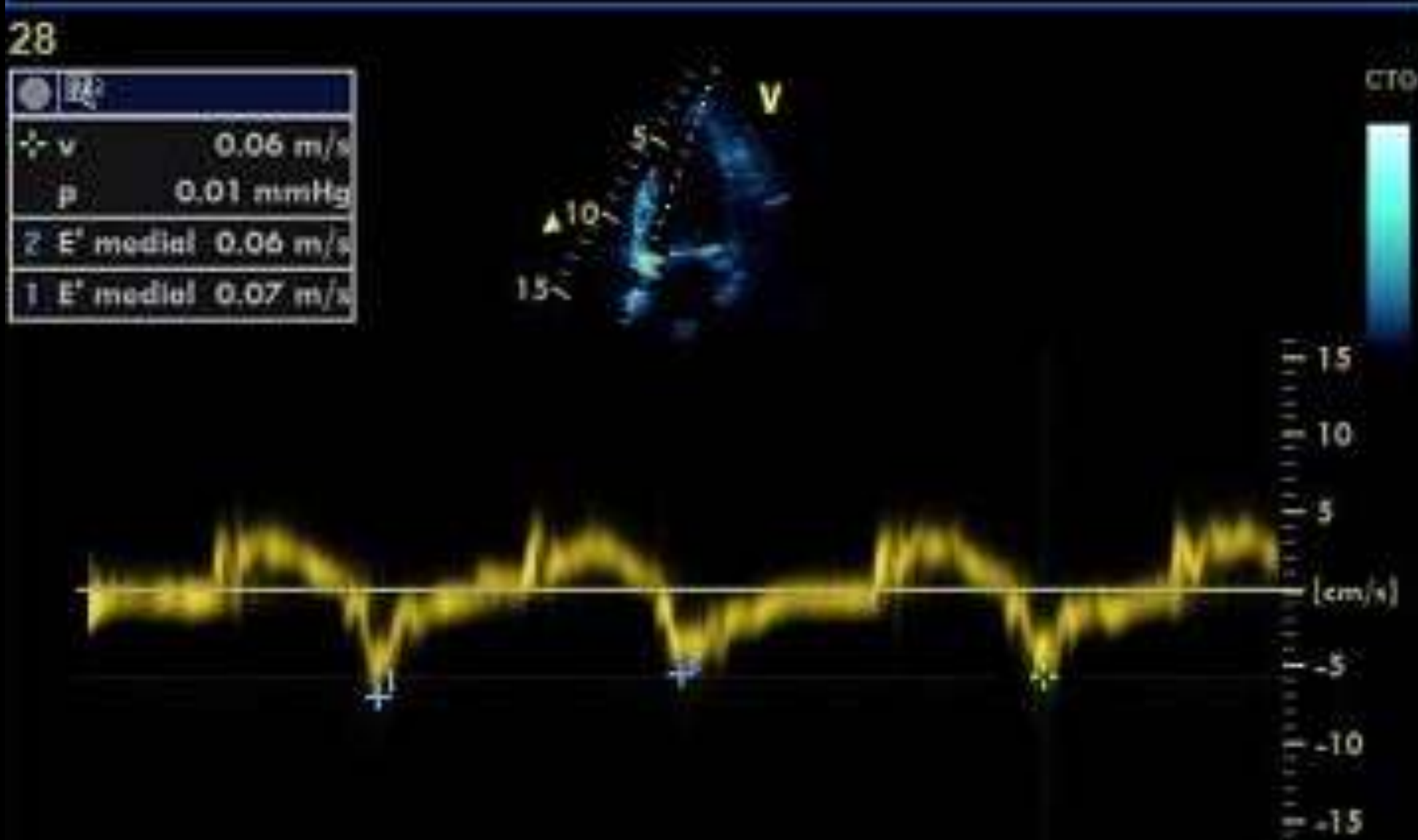
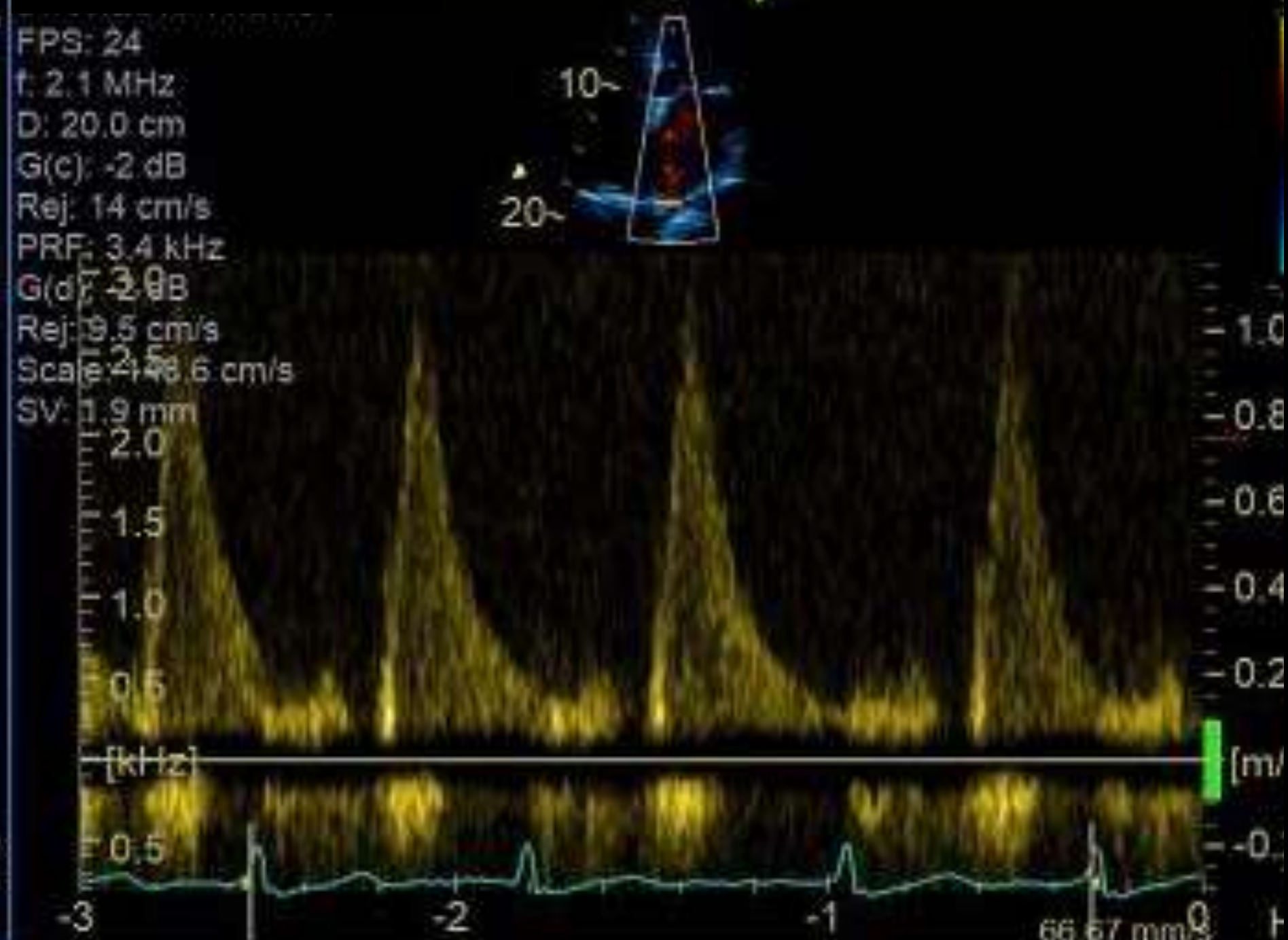


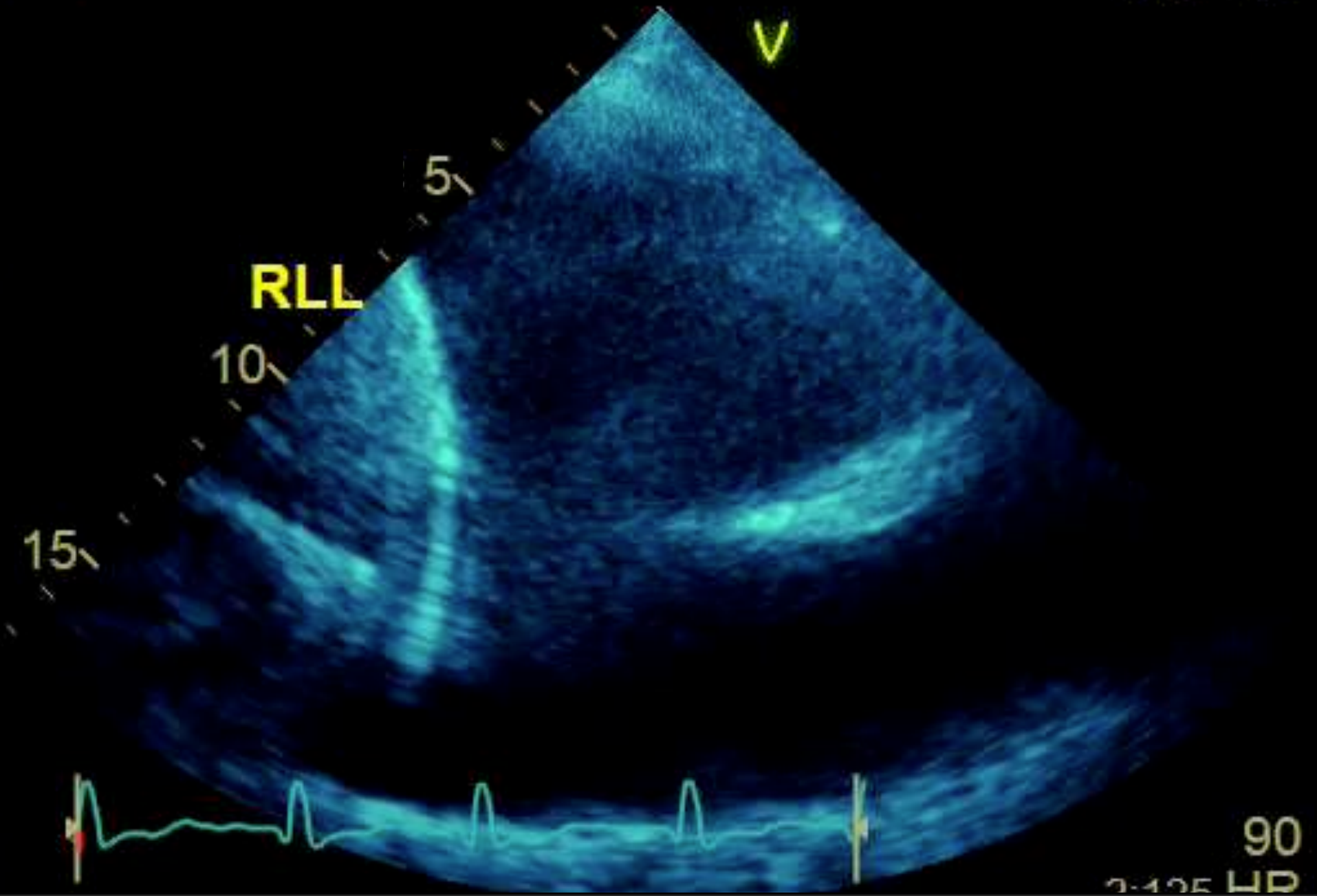
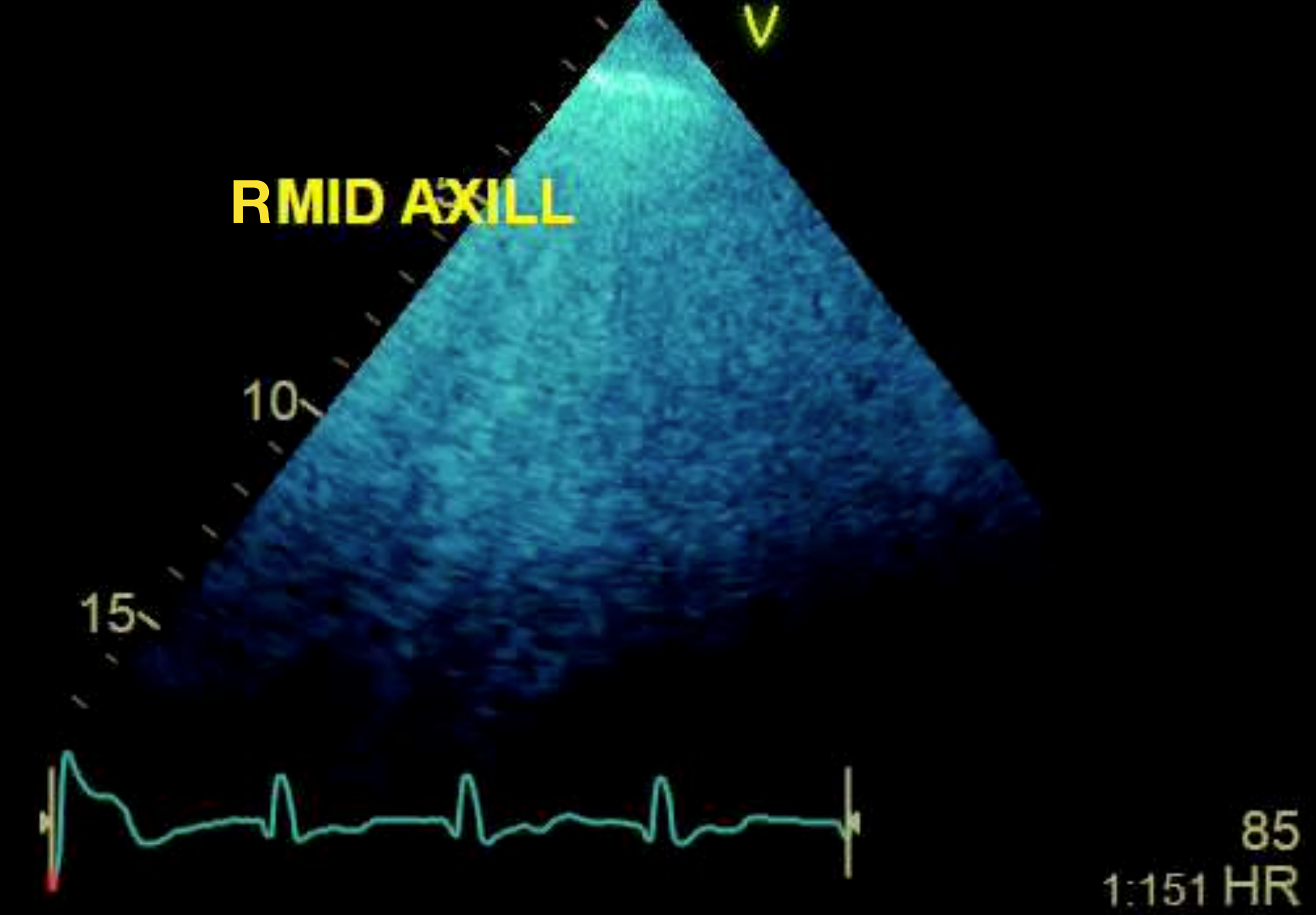
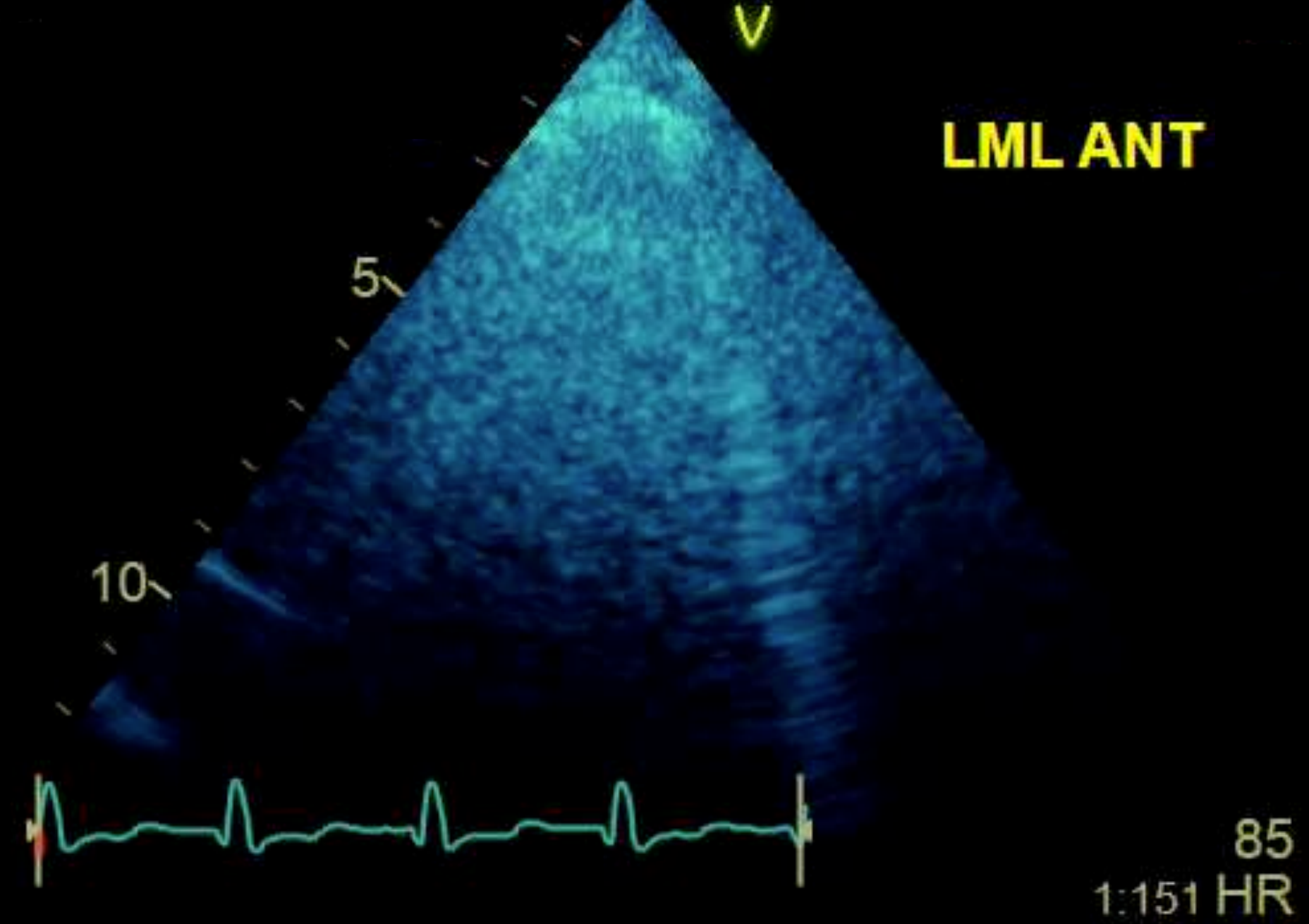
74yo man with pneumonia

MET call on ward vs respiratory distress => ICU => intubation

PMHx: DM, HTN, CRF, HFPEF. Old echo = normal EF on old echo







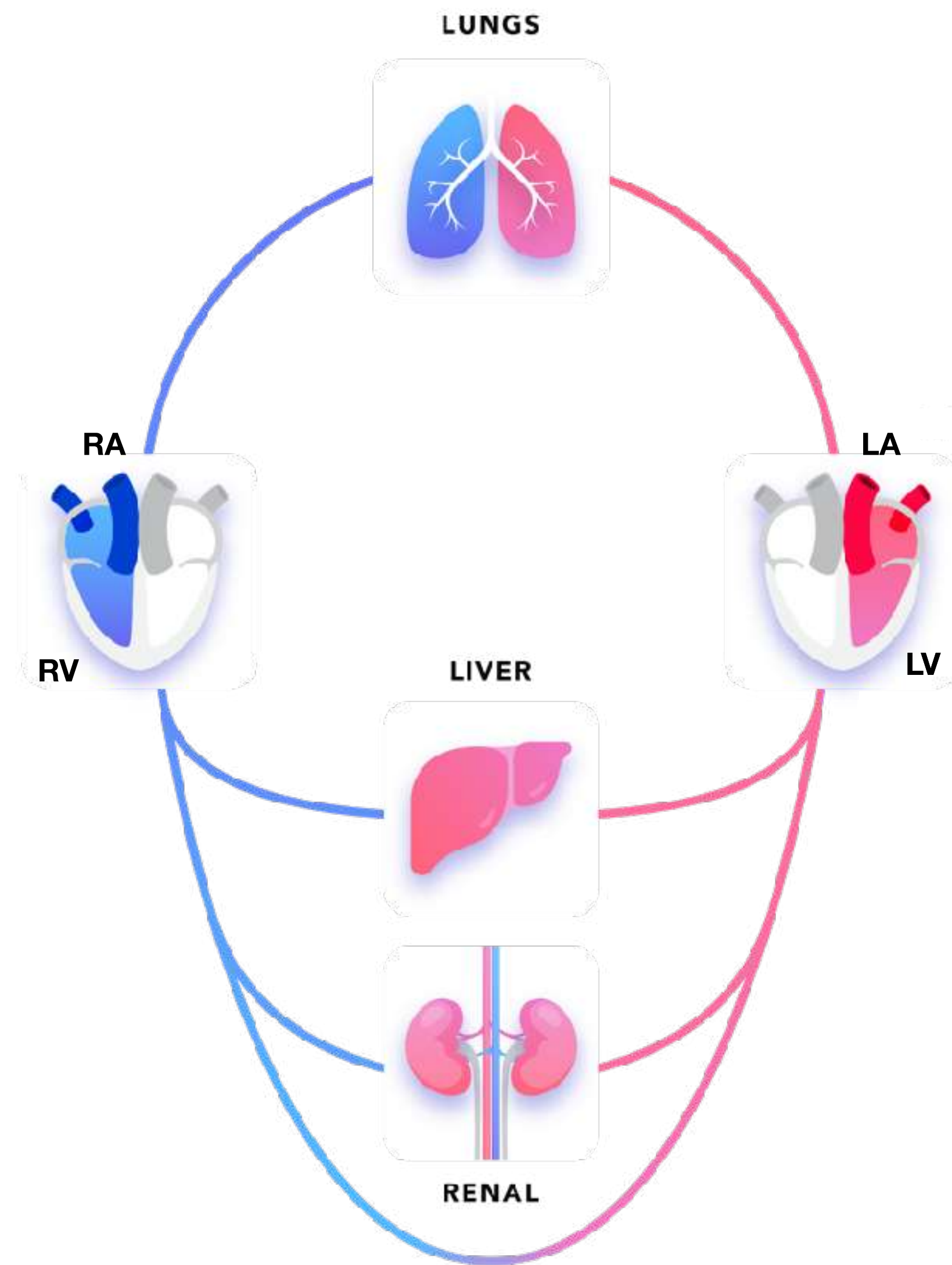
Thoughts ...

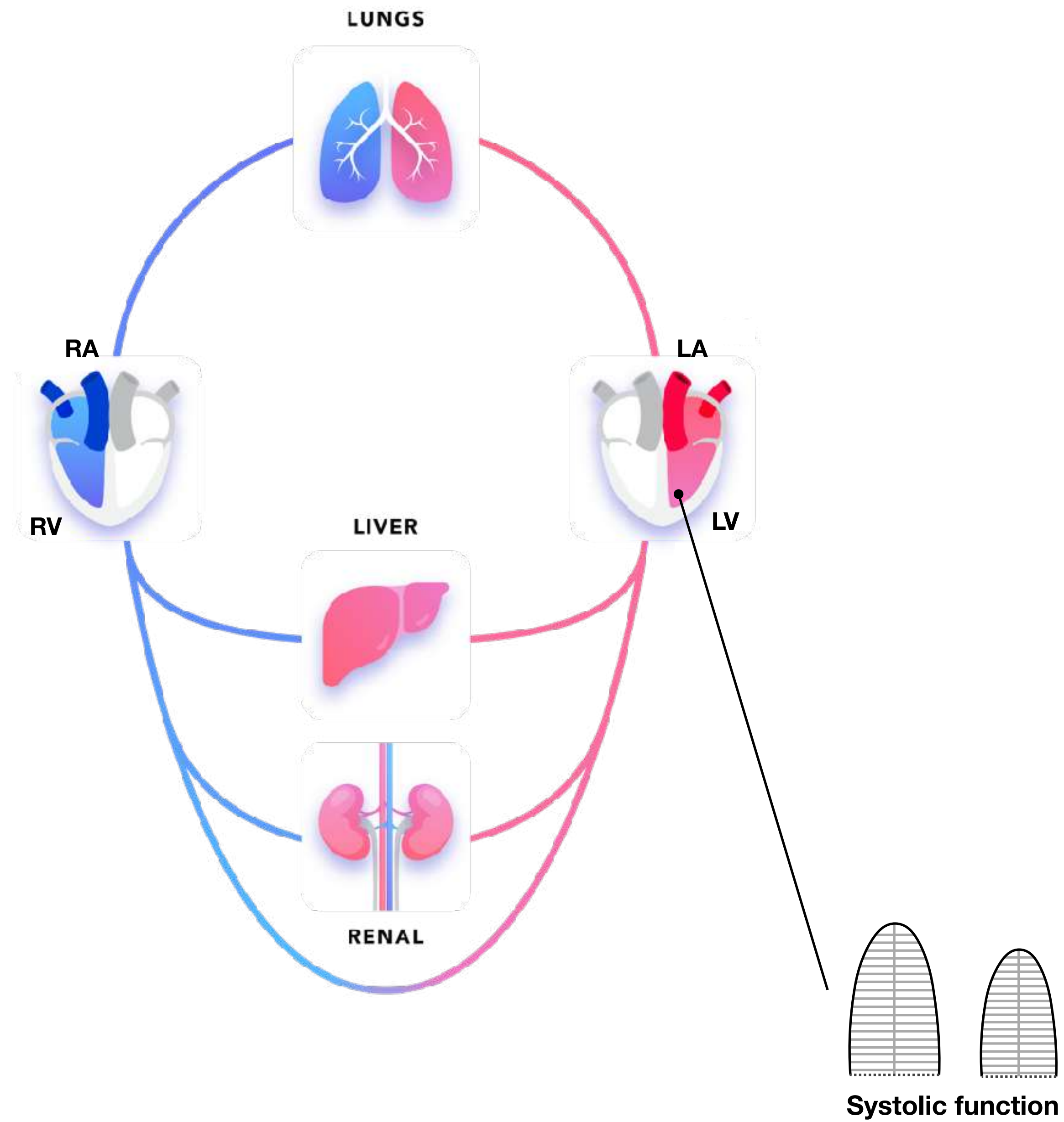
- Severe LV diastolic function + raised LAP + fluid overload
- Management =
 - Diuresis (LV preload reduction)
 - PEEP (LV preload reduction + LV afterload reduction)
 - Keep in SR. Avoid tachycardia
- Don't miss other pathology (eg: pneumonia etc...)

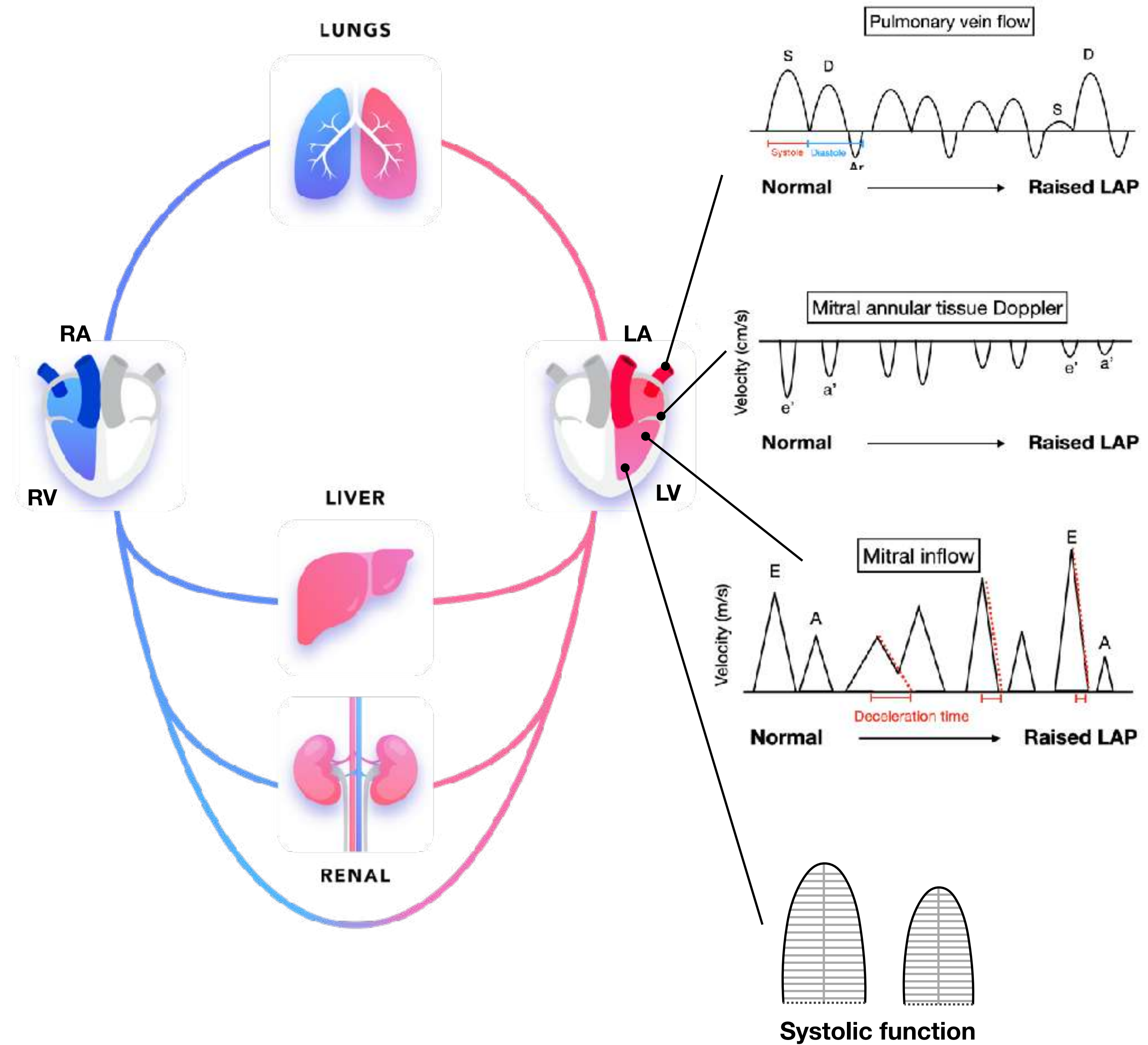
Which critically ill patients to assess LAP?

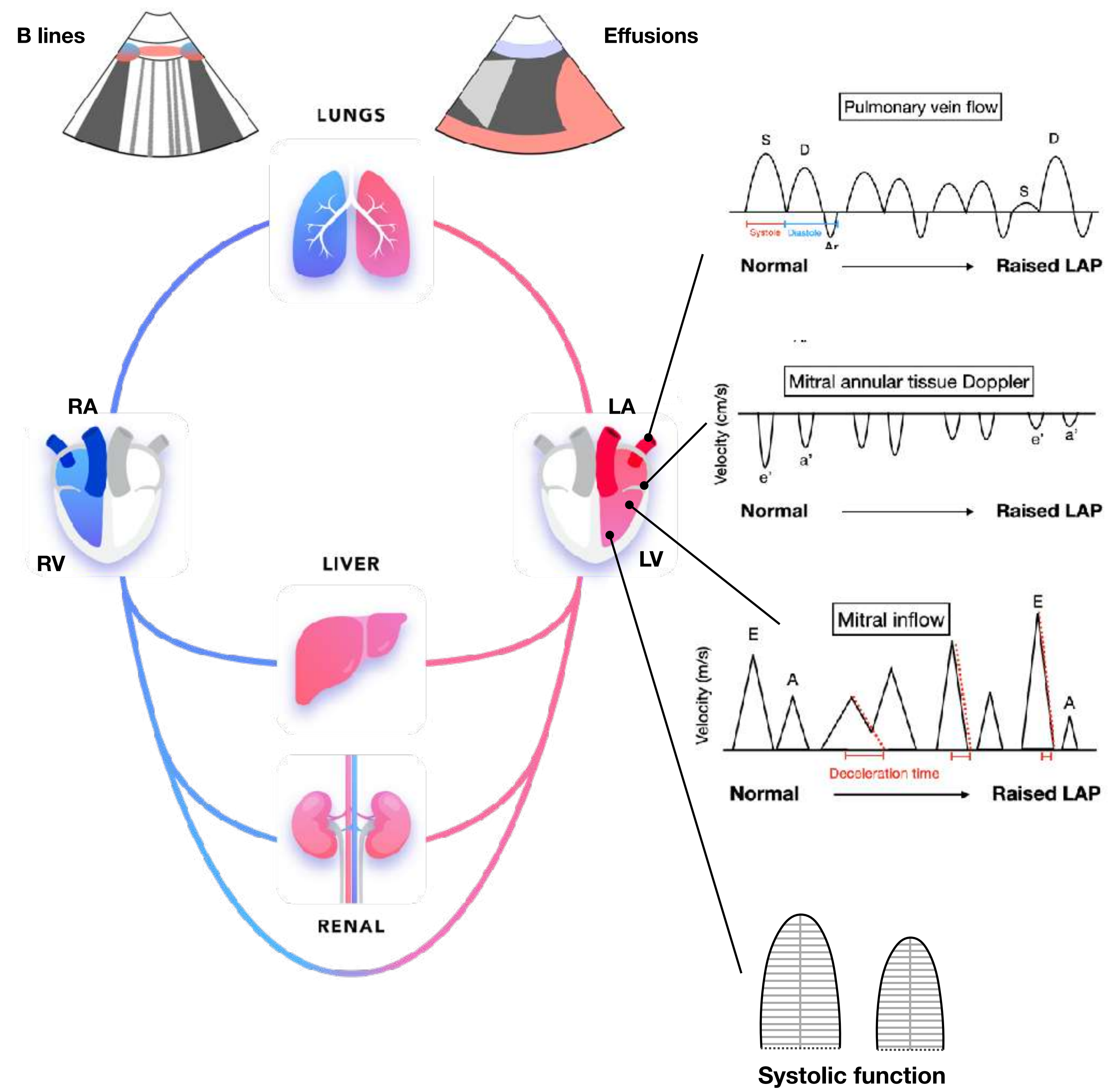
- Patients with heart failure eg: chronic (HFPEF, HFREF) & acute
- Patients 'at risk' of +ve fluid balance & pulmonary oedema:
 - Respiratory failure / ARDS
 - RV failure (esp: post capillary pulmonary hypertension)
- Weaning from ventilation

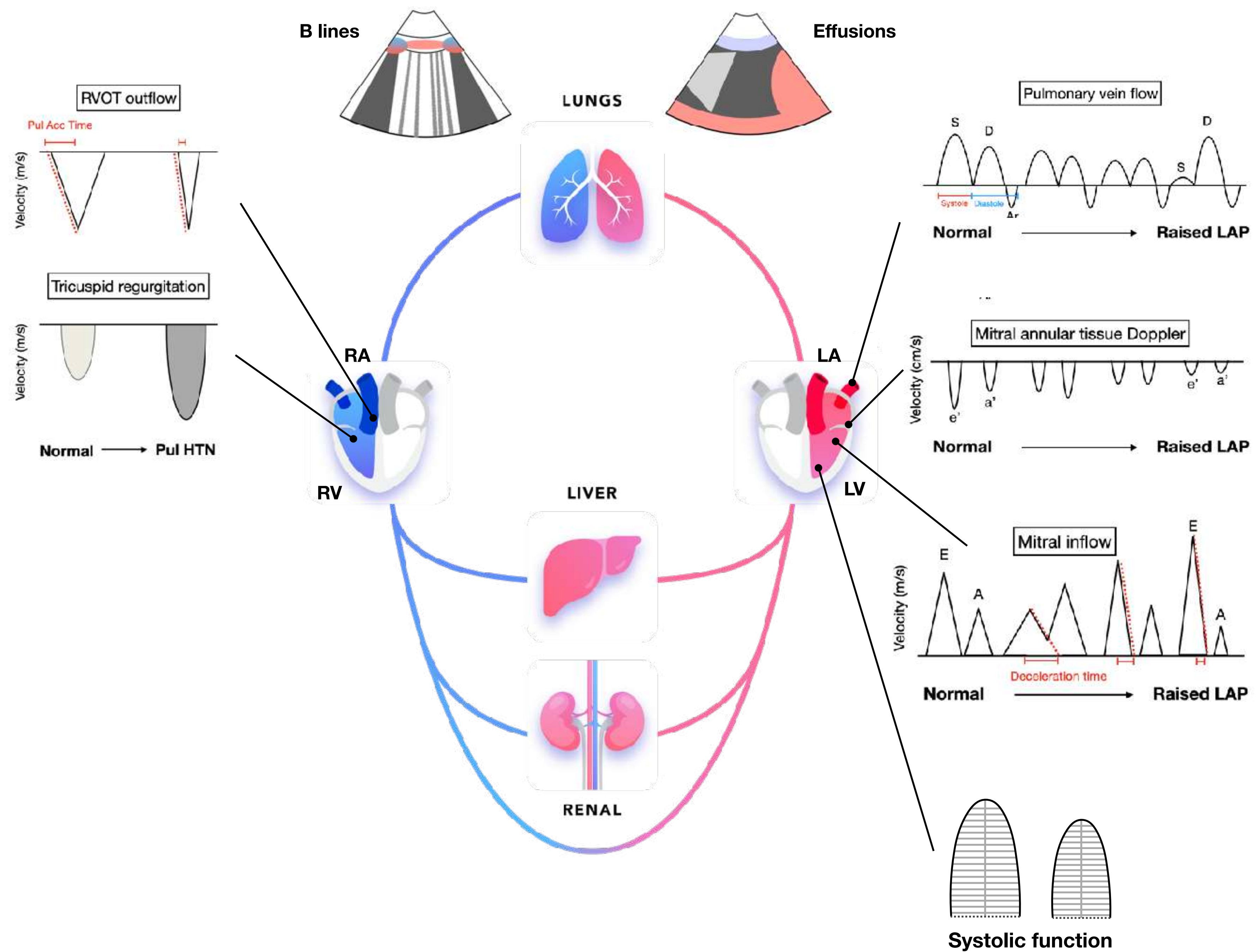


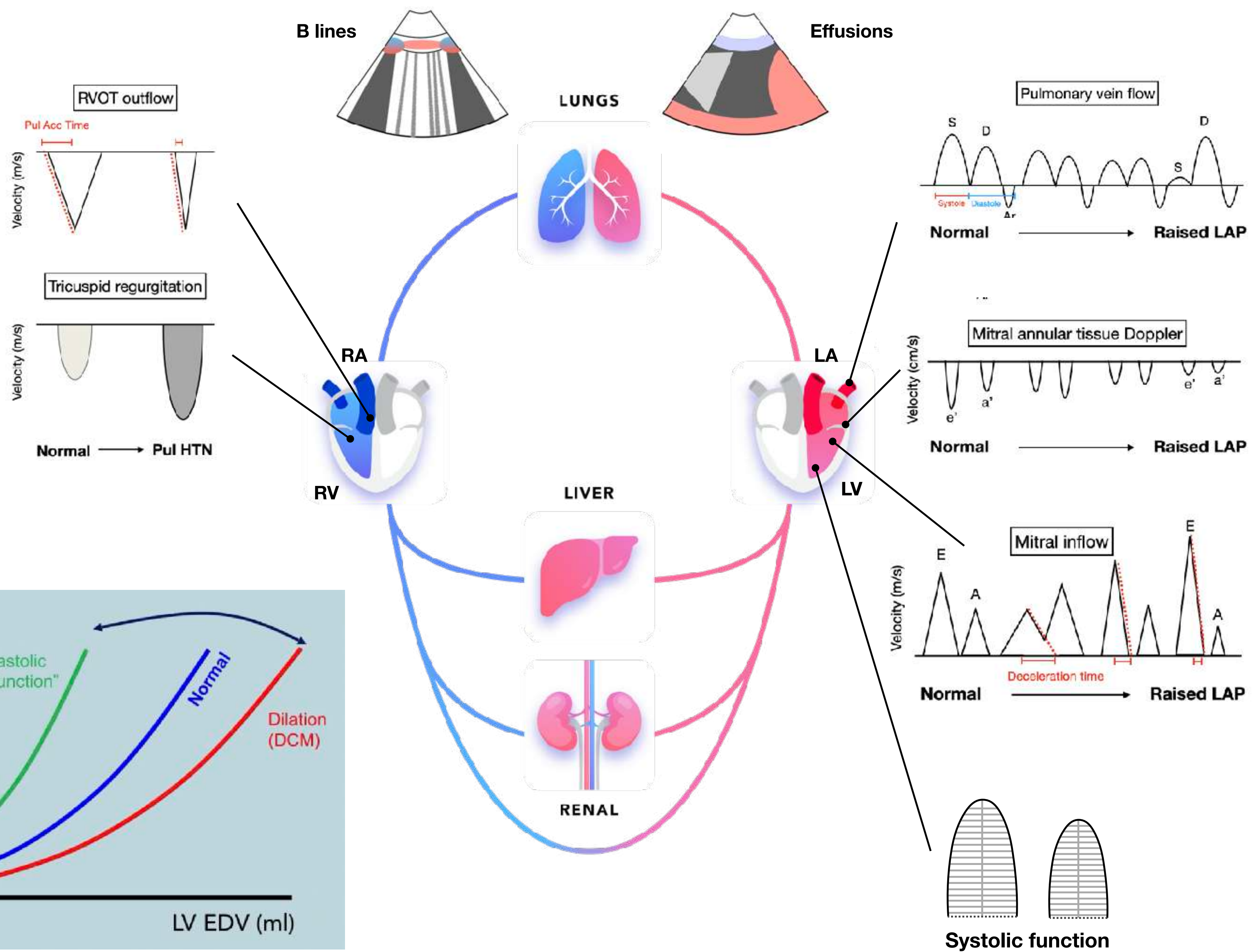




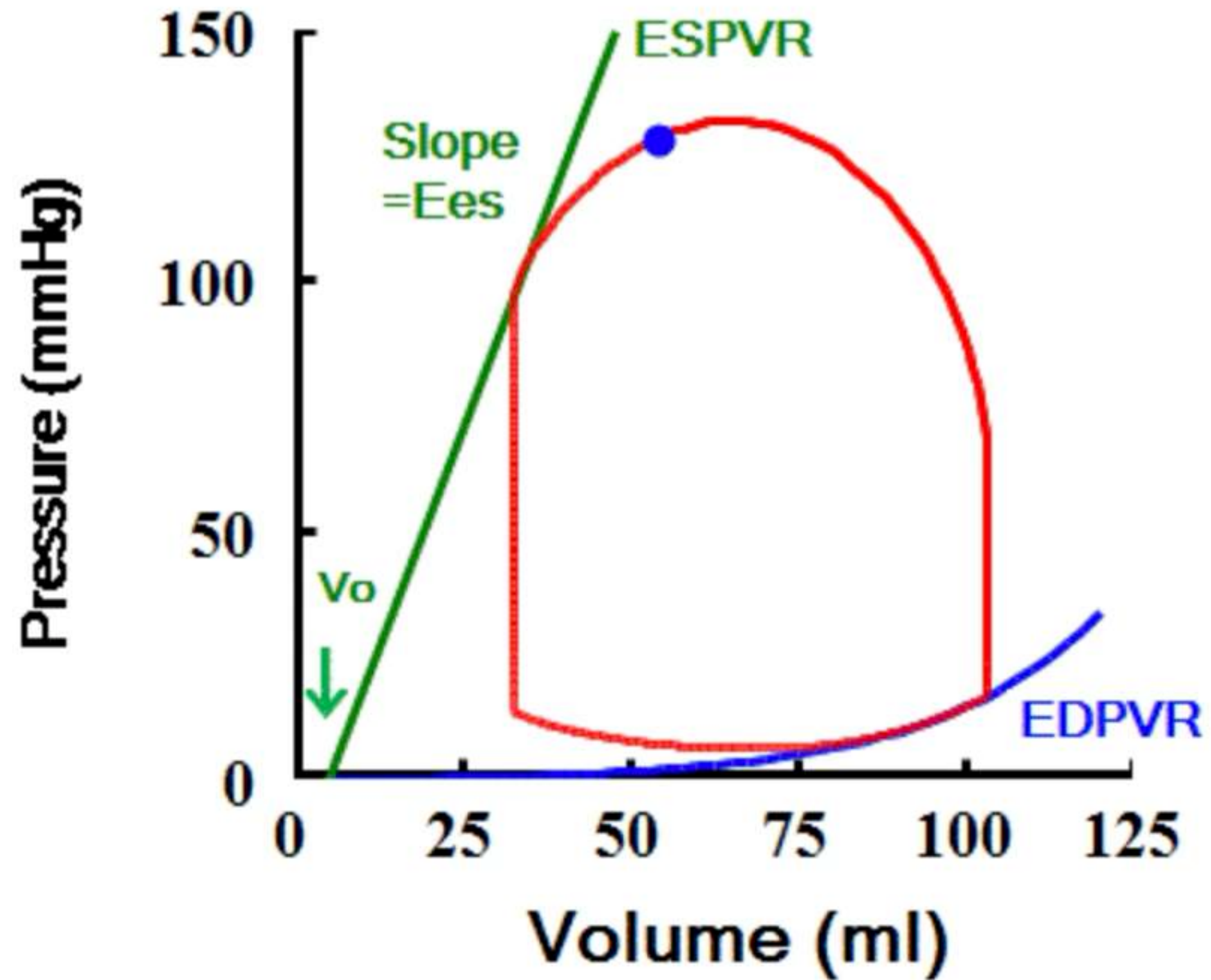








Physiological principles to individualise therapy

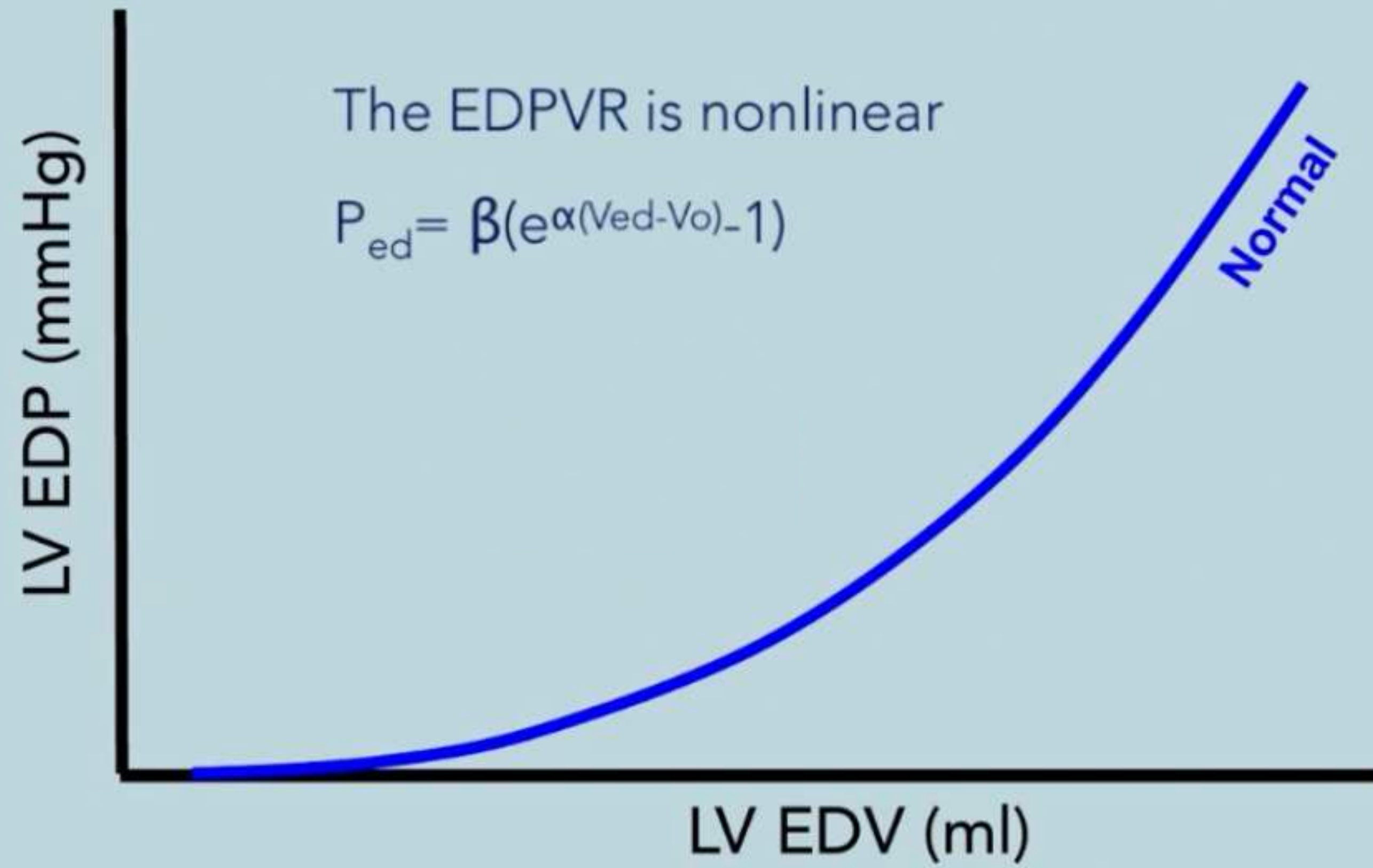


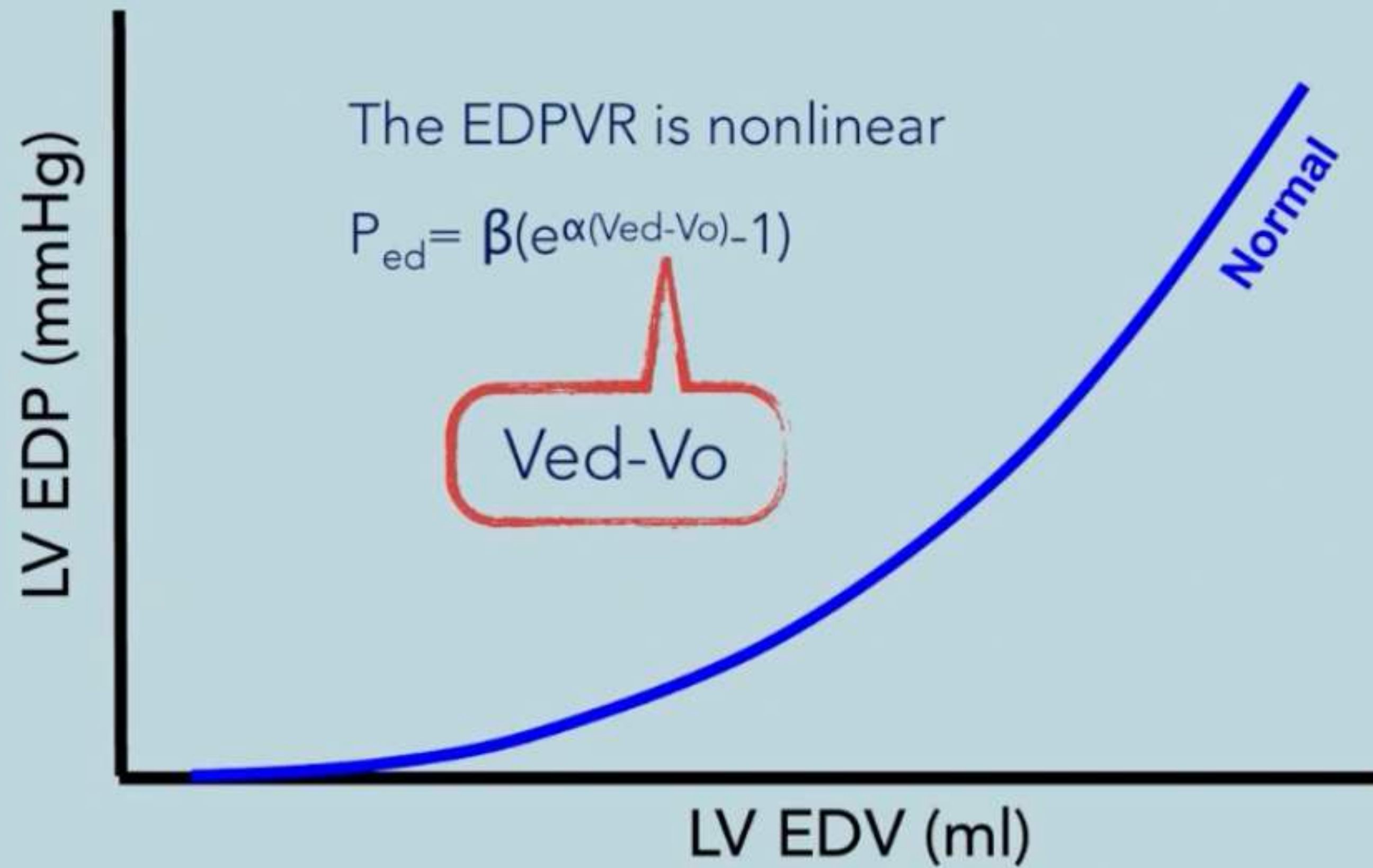
LV EDP (mmHg)

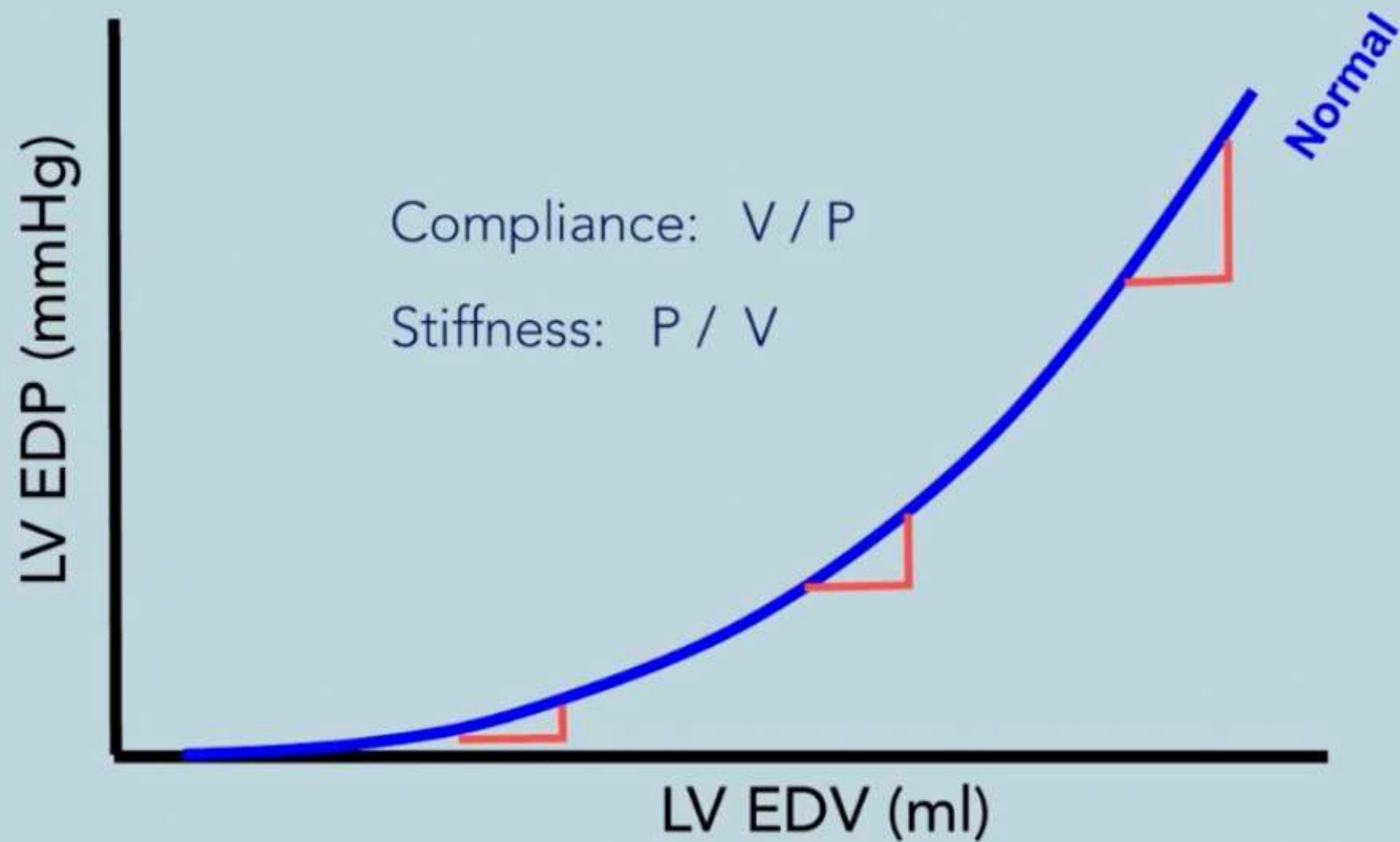
LV EDV (ml)

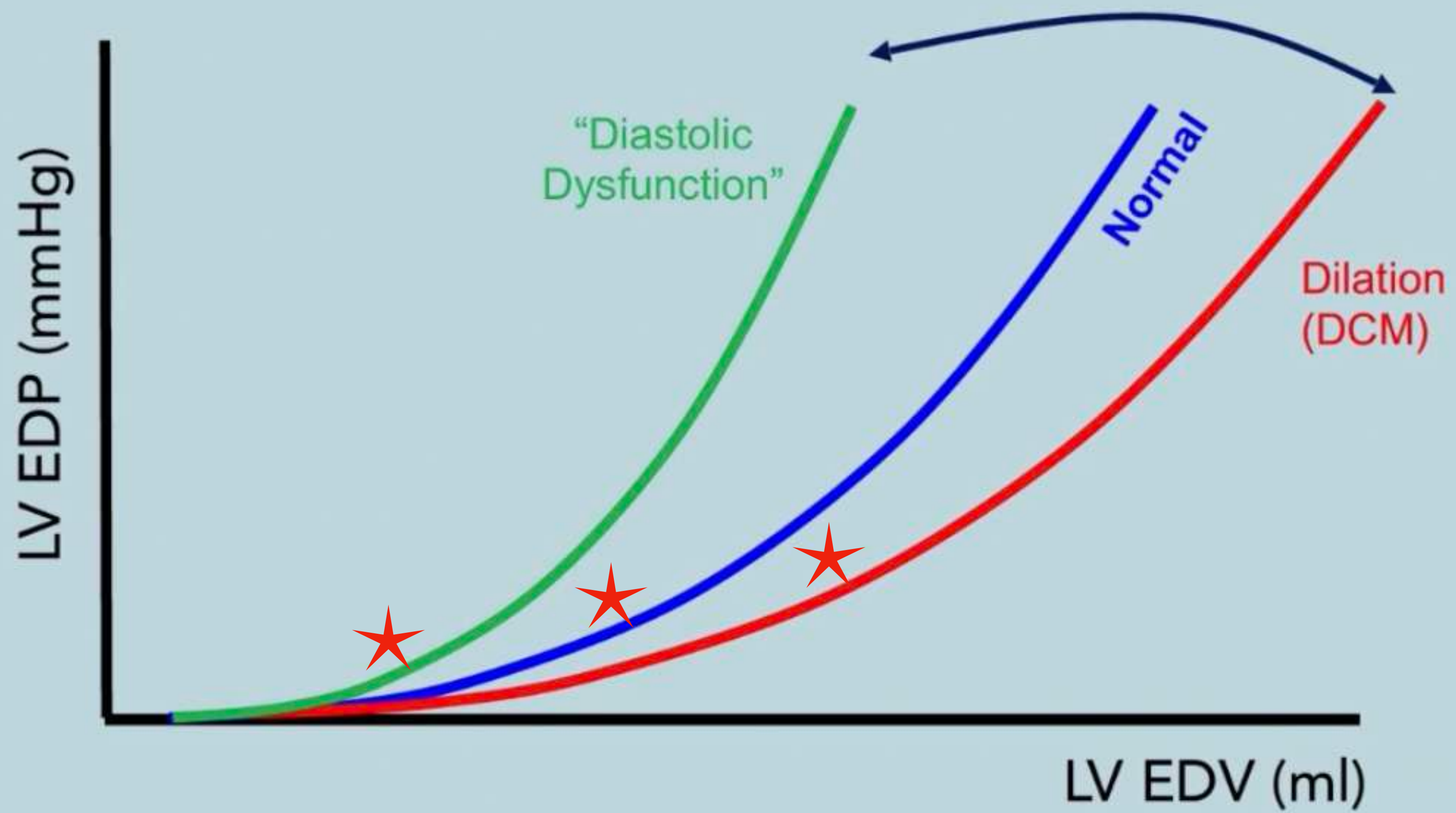


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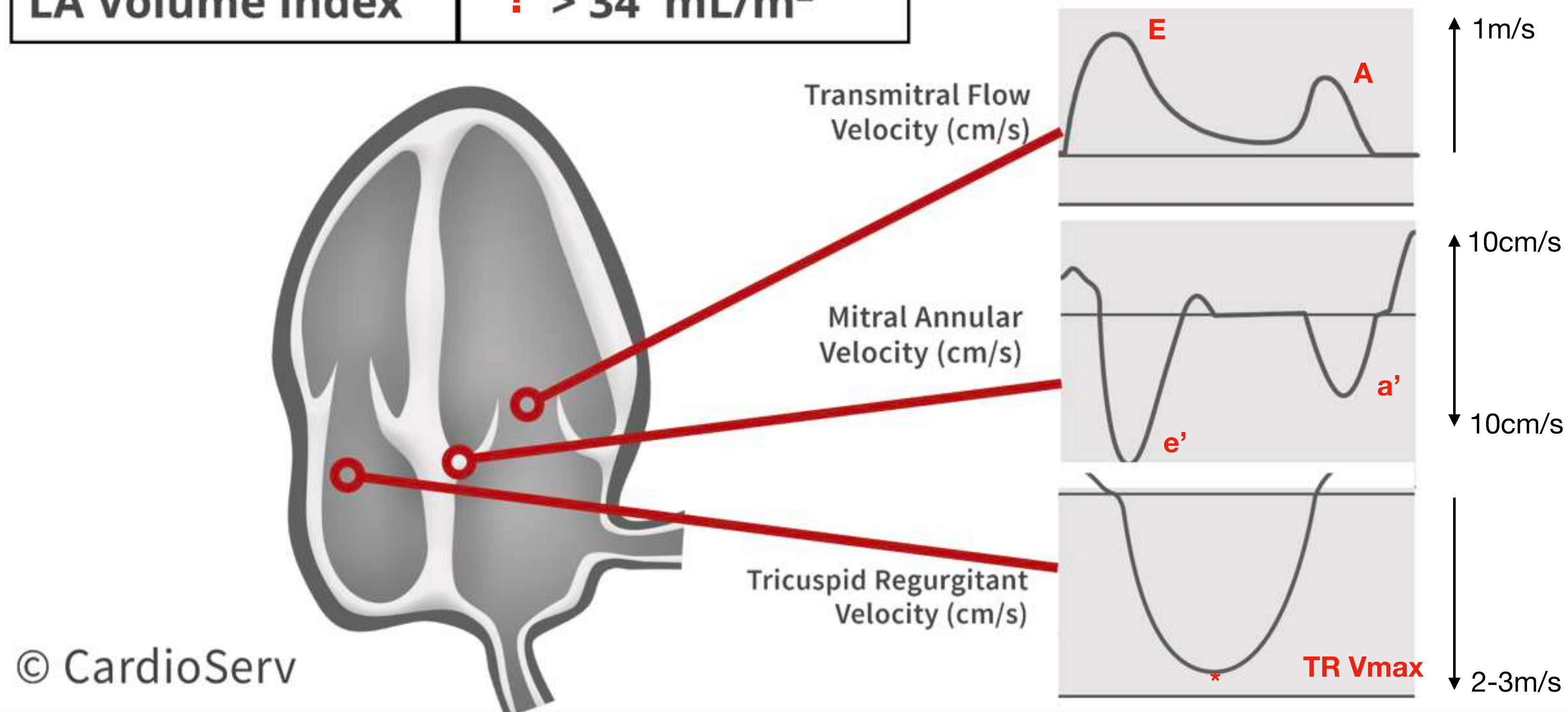
How to assess if there is raised LAP

NB: don't forget the echo measures we use are **load dependent**

How to assess LAP... conventional measures

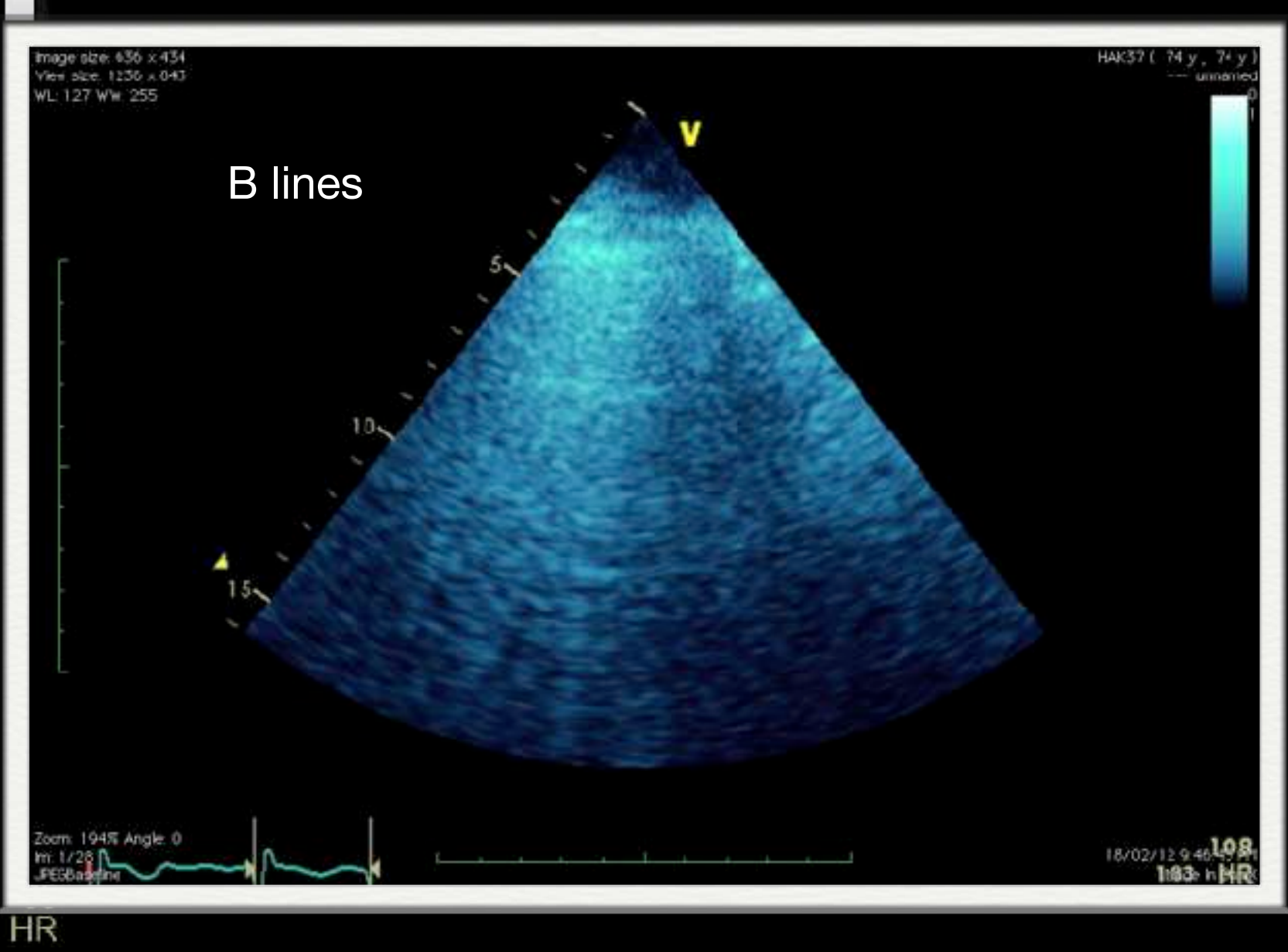
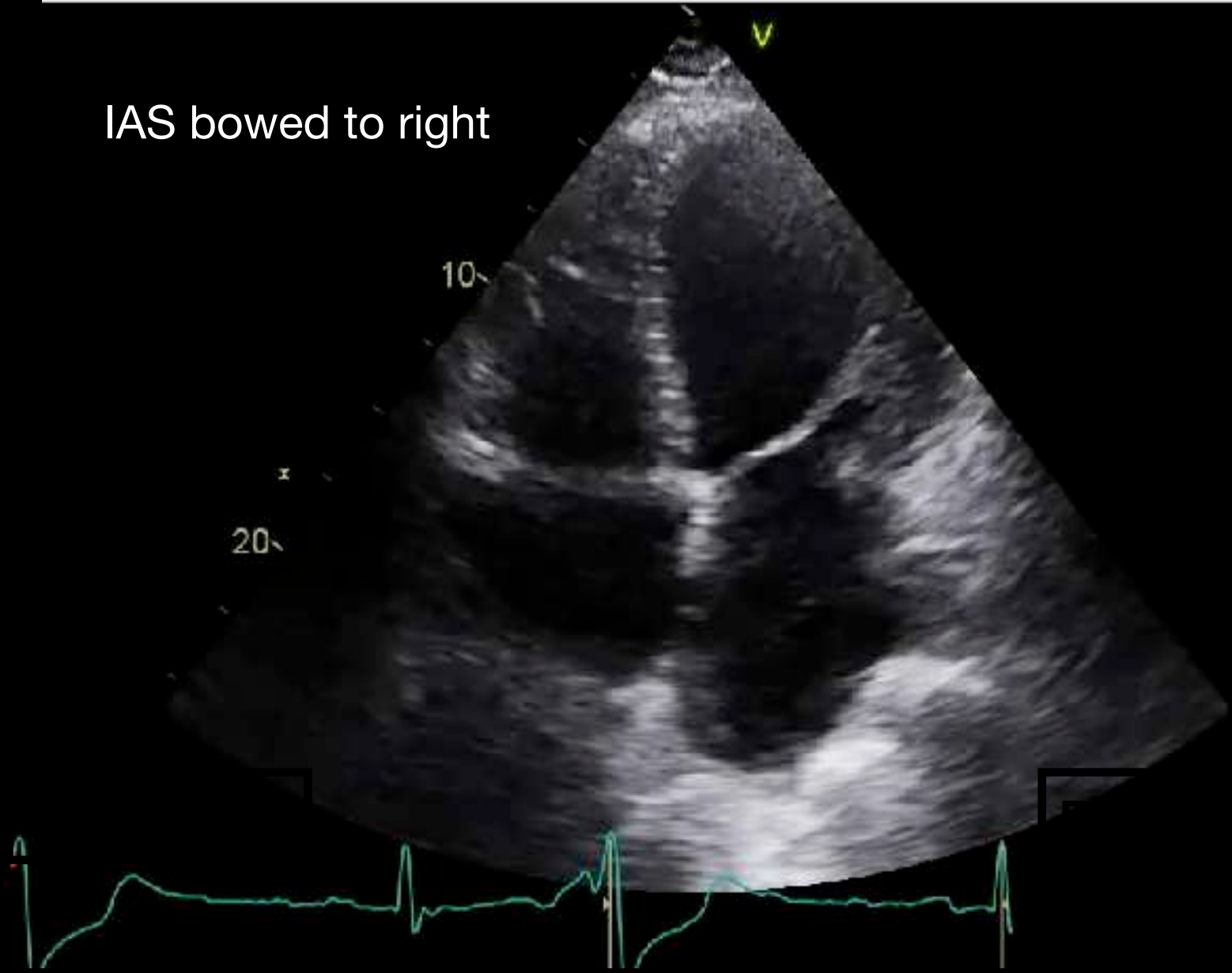
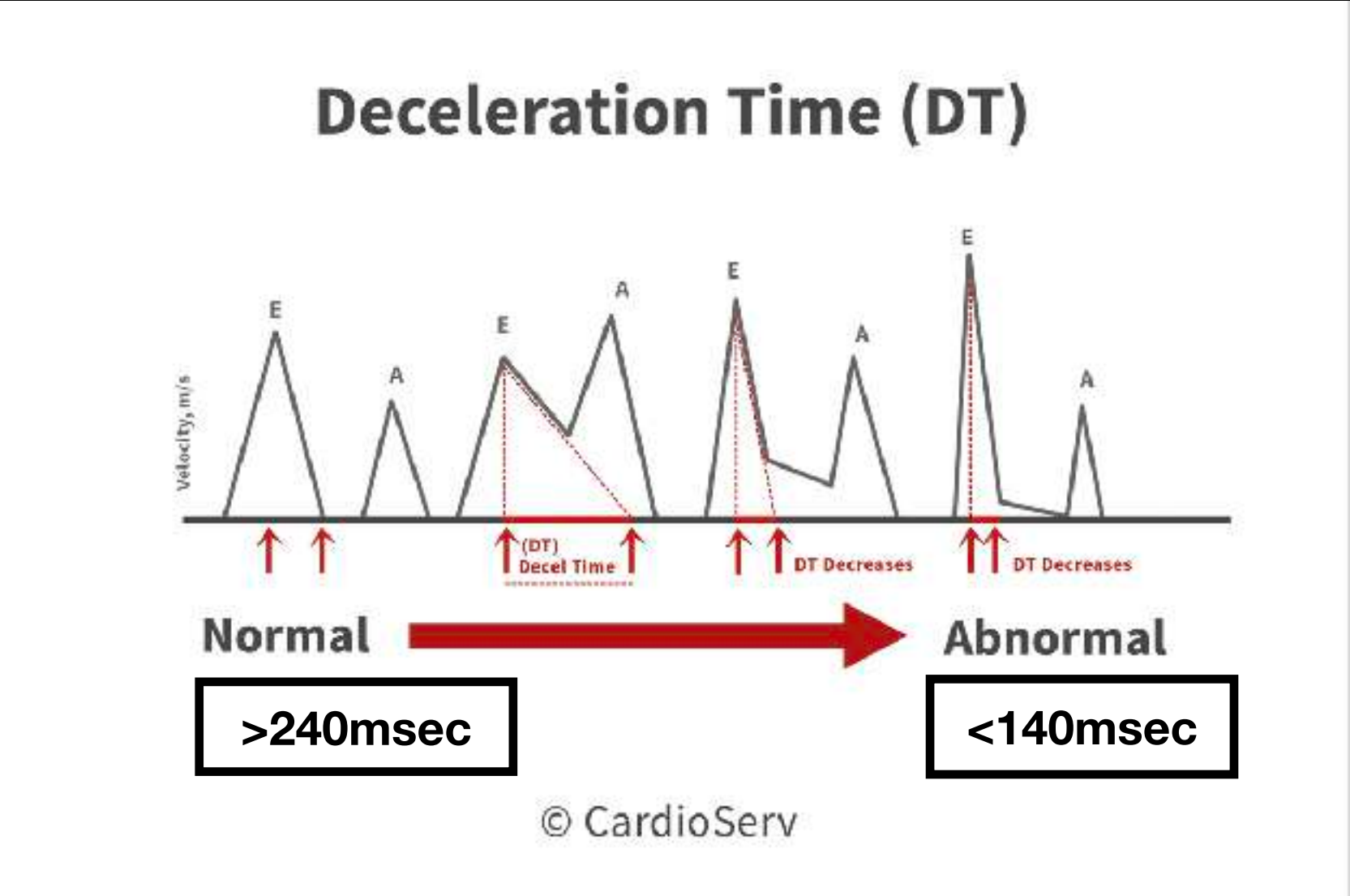
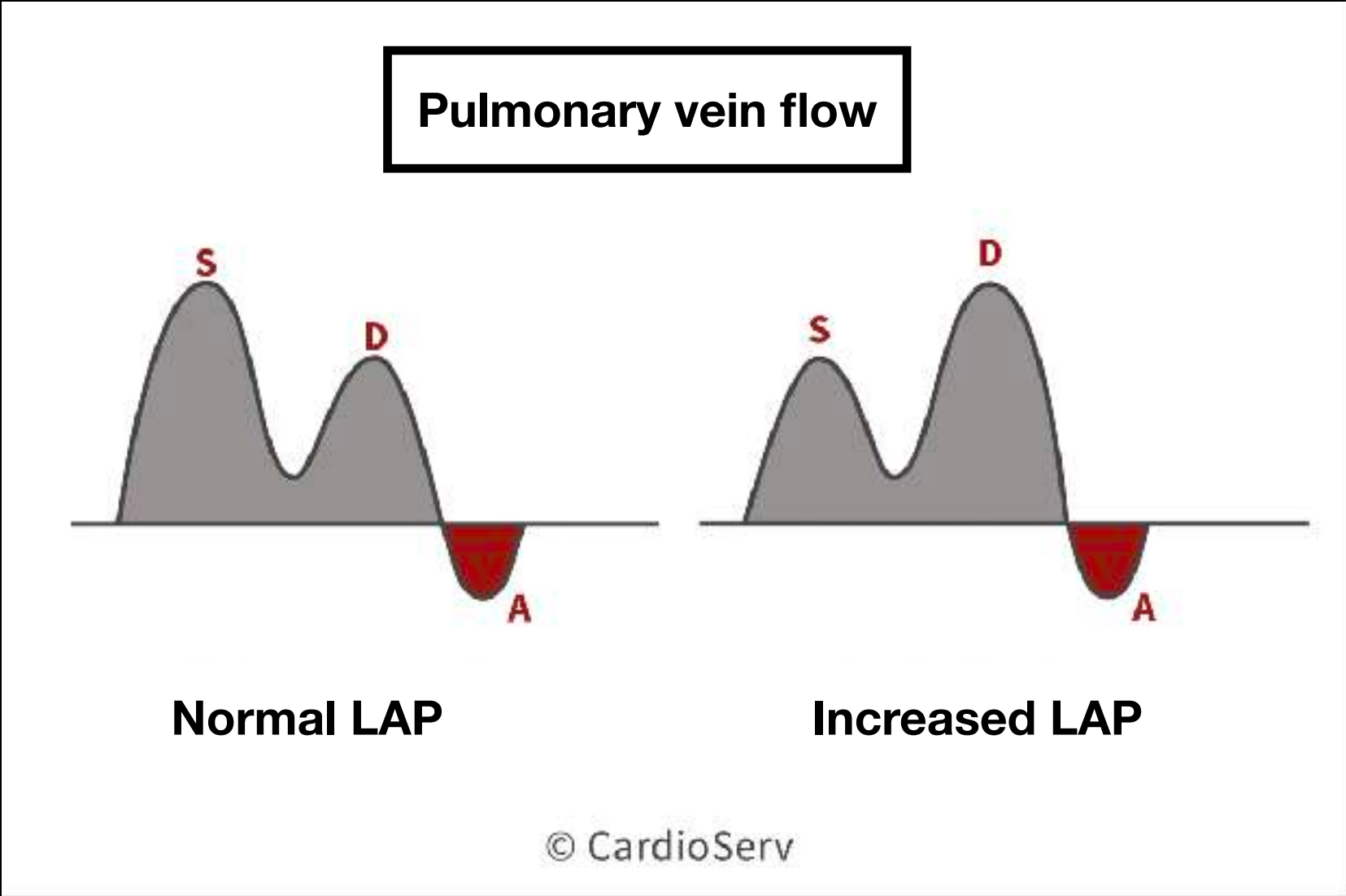
Parameters	Cut-Off Value
Average E/e'	? > 14
TR Velocity	? > 2.8 m/s
LA Volume Index	? > 34 mL/m ²

Non-Invasive Assessment LV Filling Pressures



ALL echo measures of LV filling pressures are load dependent

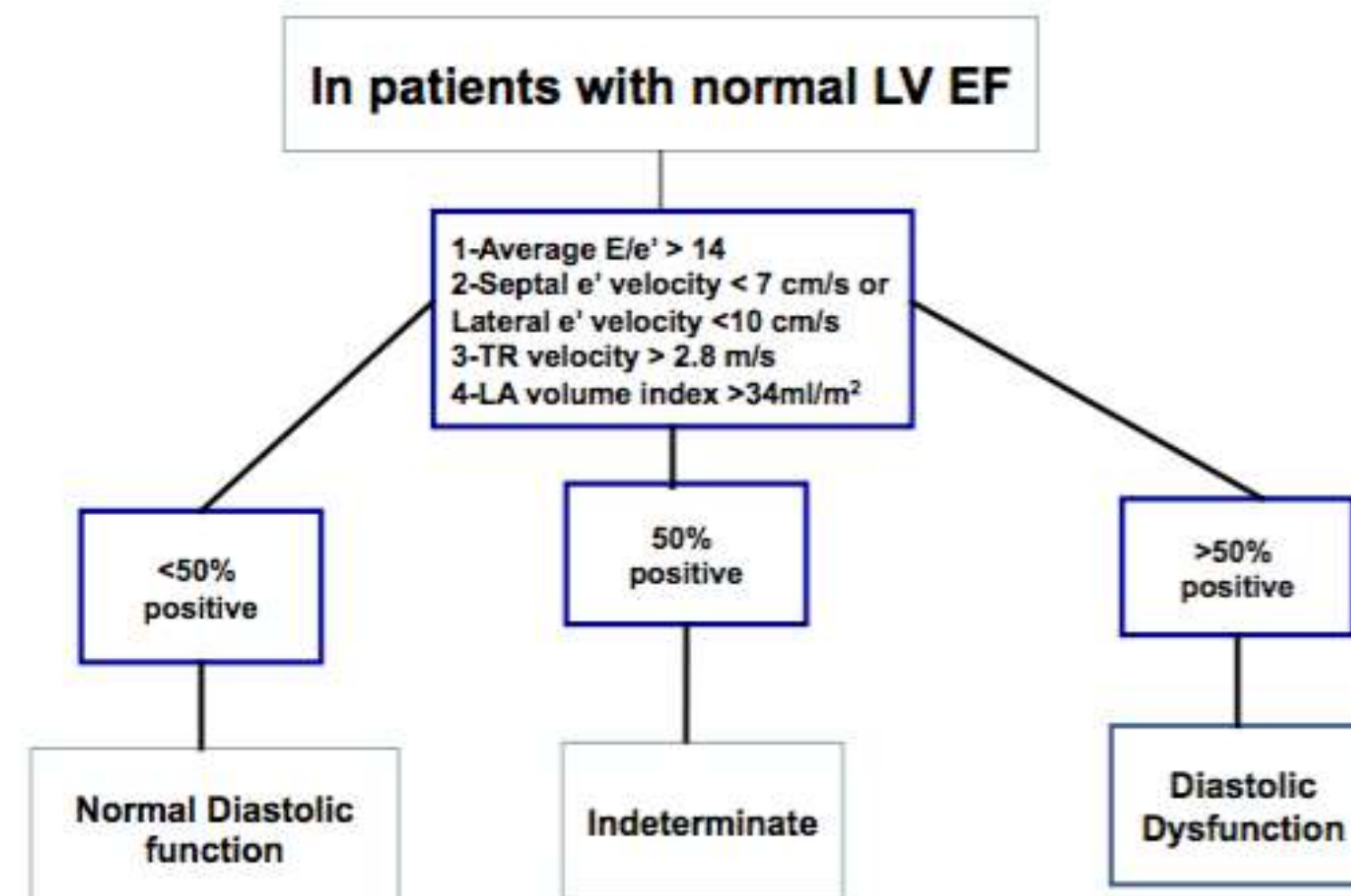
... others



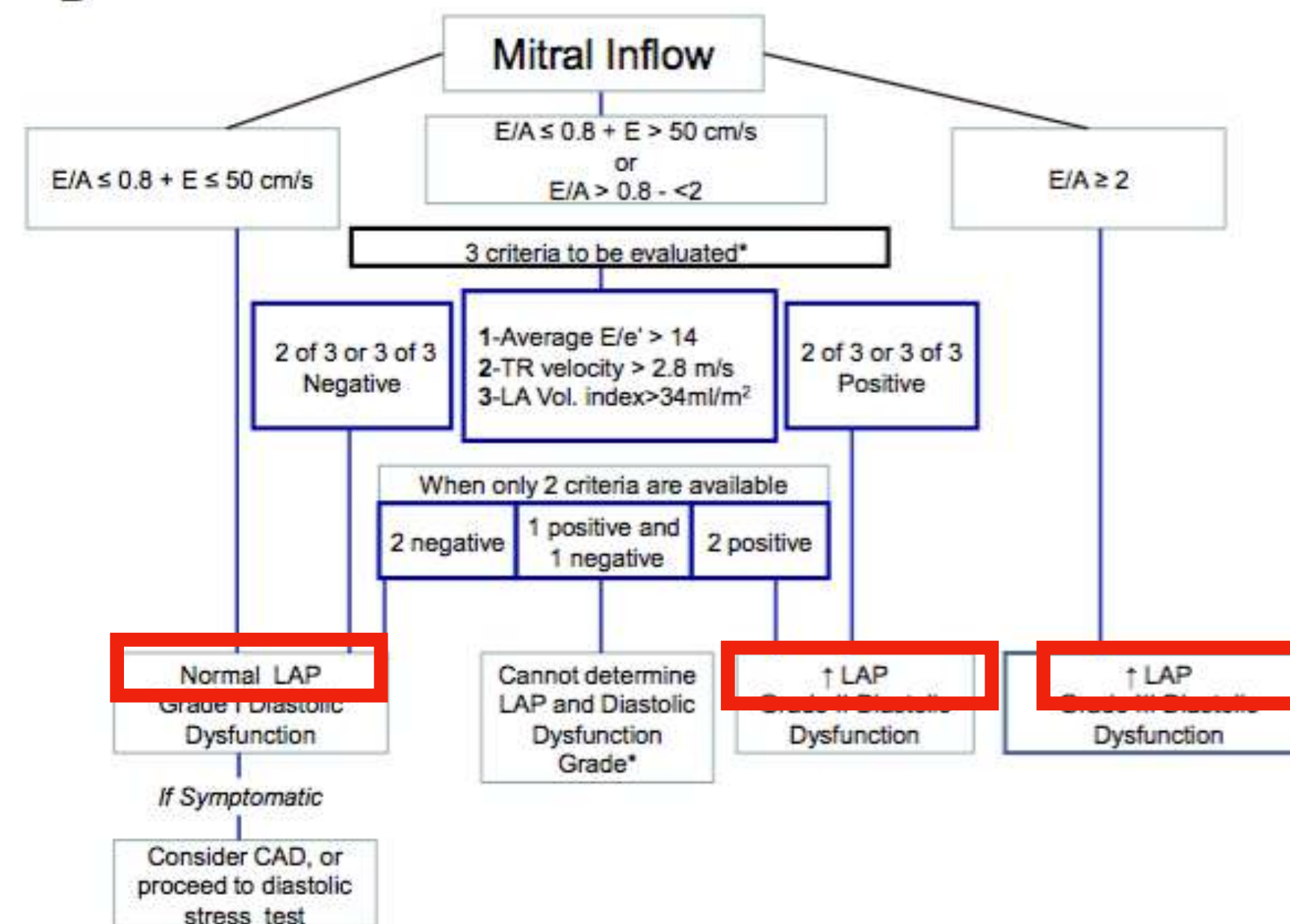
Recommendations for the Evaluation of Left Ventricular Diastolic Function by Echocardiography: An Update from the American Society of Echocardiography and the European Association of Cardiovascular Imaging

Sherif F. Nagueh, Chair, MD, FASE,¹ Otto A. Smiseth, Co-Chair, MD, PhD,² Christopher P. Appleton, MD,¹ Benjamin F. Byrd, III, MD, FASE,¹ Hisham Dokainish, MD, FASE,¹ Thor Edvardsen, MD, PhD,² Frank A. Flachskampf, MD, PhD, FESC,² Thierry C. Gillebert, MD, PhD, FESC,² Allan L. Klein, MD, FASE,¹ Patrizio Lancellotti, MD, PhD, FESC,² Paolo Marino, MD, FESC,² Jae K. Oh, MD,¹ Bogdan Alexandru Popescu, MD, PhD, FESC, FASE,² and Alan D. Waggoner, MHS, RDCS¹, *Houston, Texas; Oslo, Norway; Phoenix, Arizona; Nashville, Tennessee; Hamilton, Ontario, Canada; Uppsala, Sweden; Ghent and Liège, Belgium; Cleveland, Ohio; Novara, Italy; Rochester, Minnesota; Bucharest, Romania; and St. Louis, Missouri*

A



B



Not validated in critically ill

2 French ICUs
98 patients
Mechanically ventilated
Echo + PAC

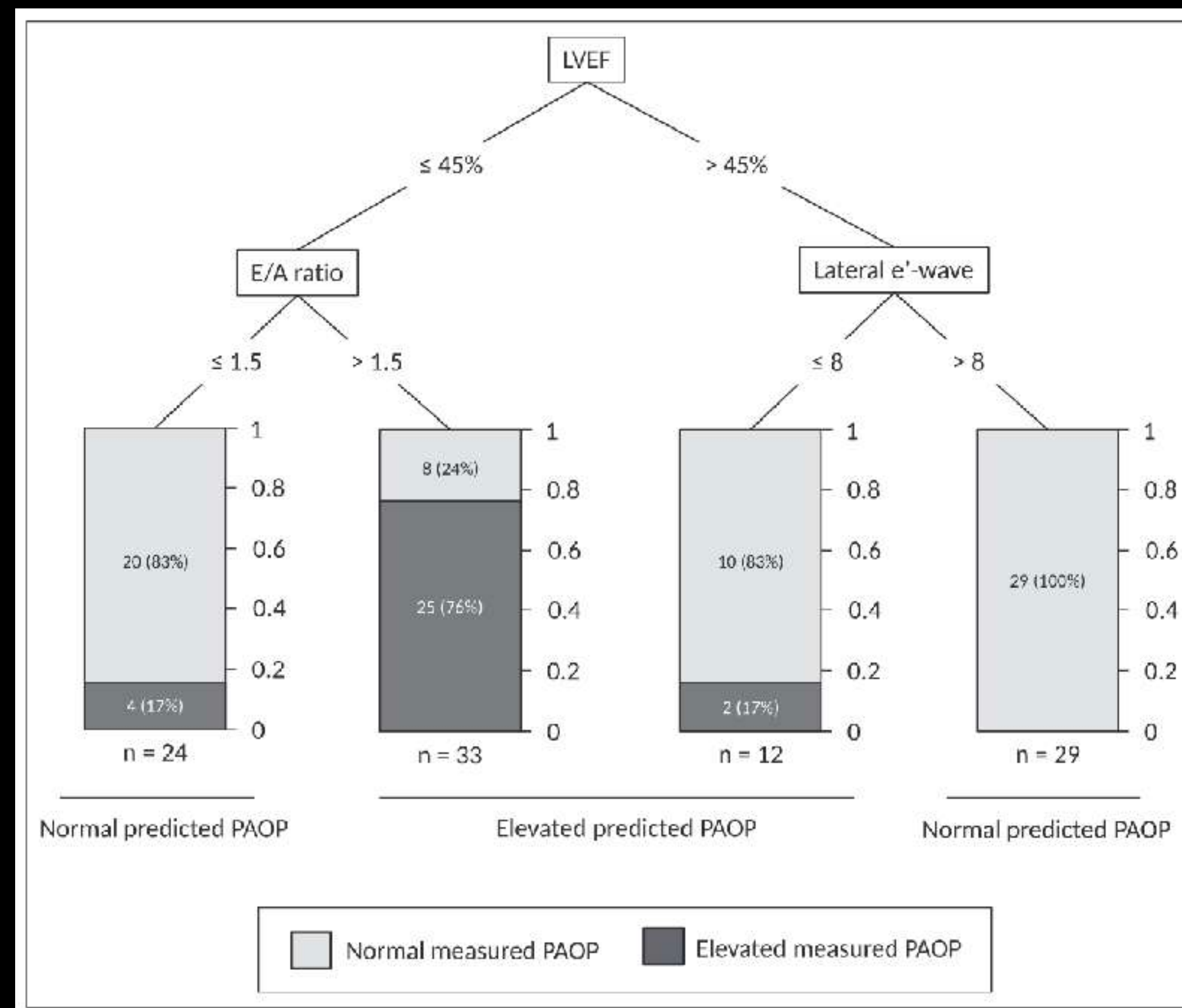
TABLE 2. Categorical Data and the Level of Agreement Between the 2016 American Society of Echocardiography and the European Association of Cardiovascular Imaging Guidelines and Pulmonary Artery Catheterization Measurements for the Assessment of Pulmonary Artery Occlusion Pressure

Variables	Measured PAOP < 18 mm Hg	Measured PAOP ≥ 18 mm Hg	Total
Normal predicted PAOP (grade I echocardiography diastolic dysfunction)	20	6	26
Elevated predicted PAOP (grade II/III echocardiography diastolic dysfunction)	7	17	24
Total	27	23	50
Sensitivity			0.74
Specificity			0.74
Positive predictive value			0.71
Negative predictive value			0.77
Positive likelihood ratio			2.85
Negative likelihood ratio			0.35
Kappa agreement (95% CI)			0.478 (0.235–0.722)

Estimation of Pulmonary Artery Occlusion Pressure Using Doppler Echocardiography in Mechanically Ventilated Patients

Clément Brault, MD¹; Julien Marc, MD¹; Pablo Mercado, MD¹; Momar Diouf, PhD²;
Christophe Tribouilloy, MD, PhD³; Yoann Zerbib, MD¹; Julien Maizel, MD, PhD¹;
Philippe Vignon, MD, PhD^{4,5}; Michel Slama, MD, PhD¹

Critical Care Medicine (2020)



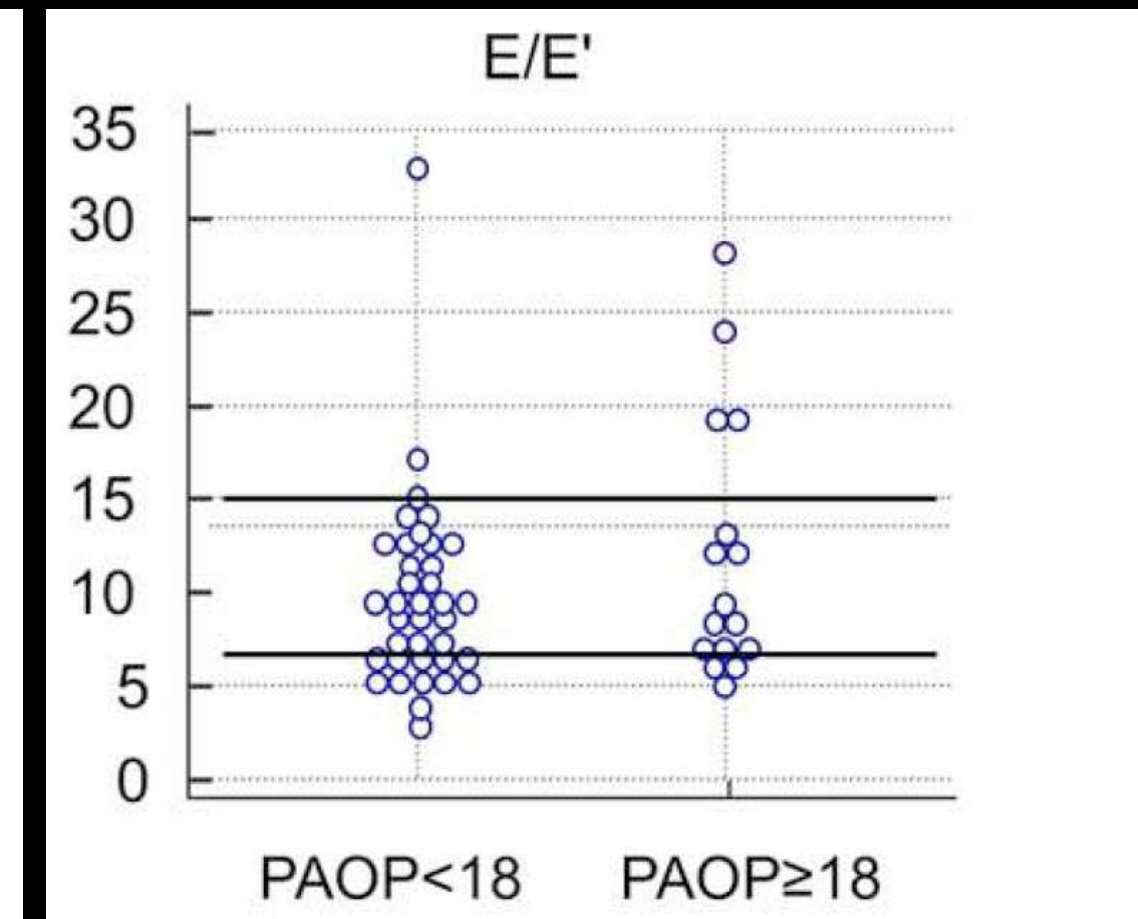
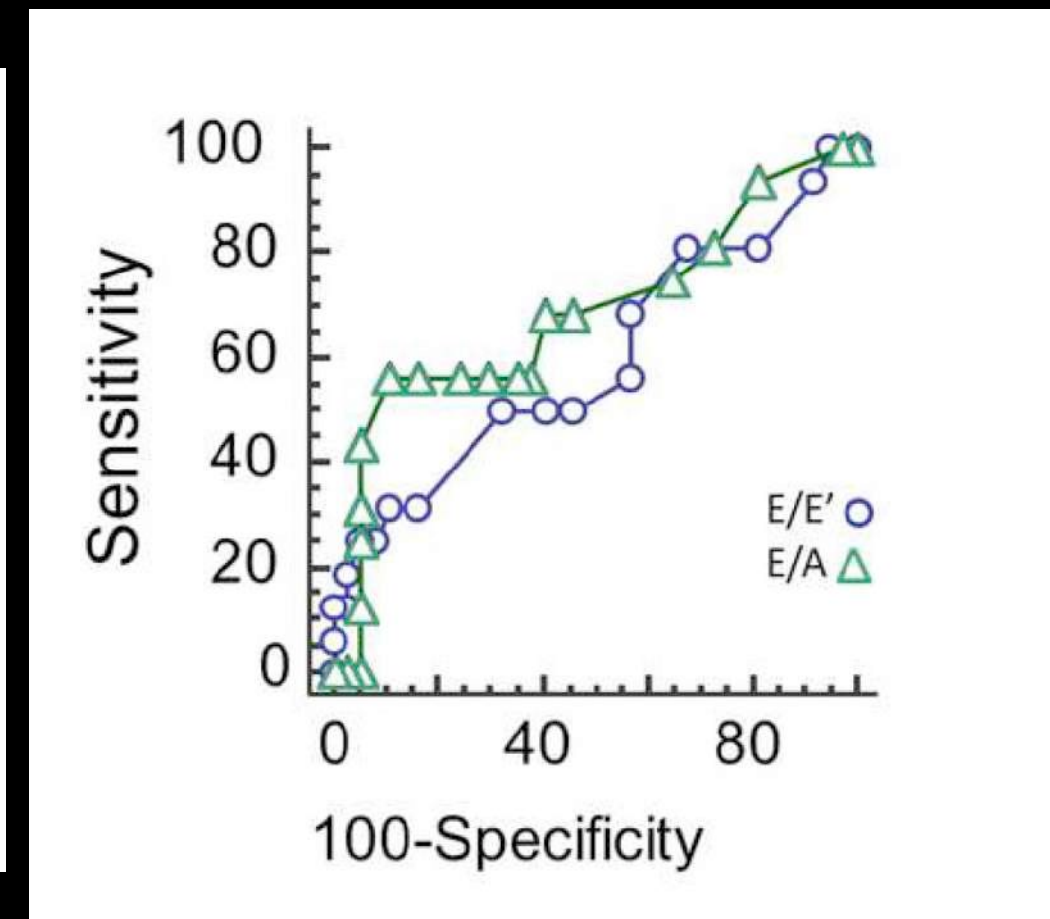
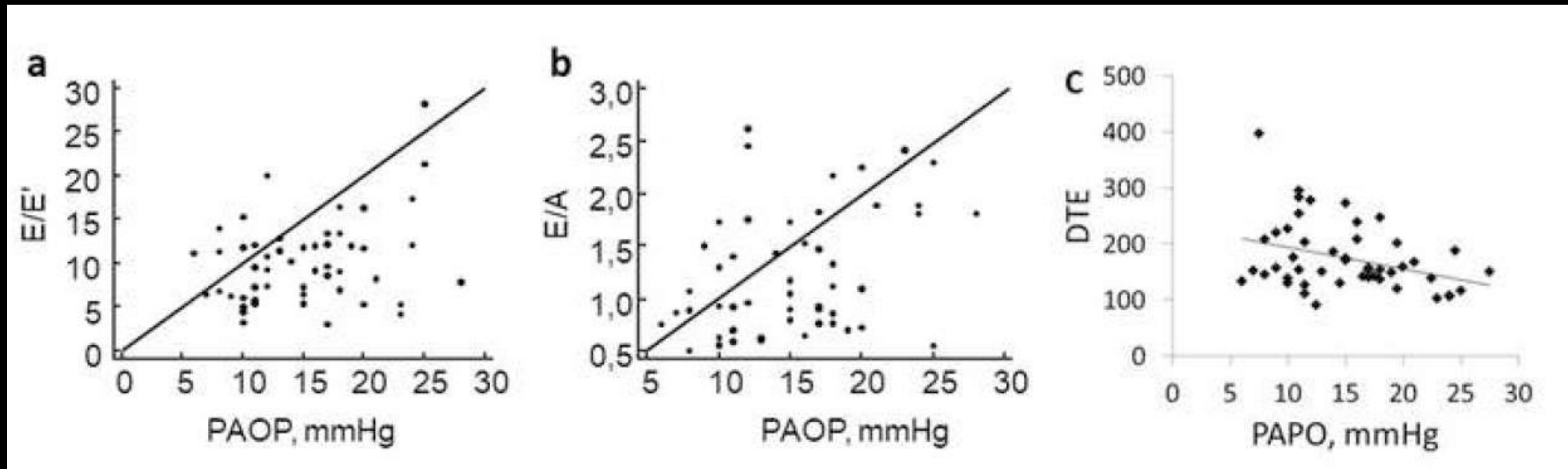
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Critical Care Medicine (2020)

Doppler Echocardiographic Indices Are **Specific** **But Not Sensitive** to Predict Pulmonary Artery Occlusion Pressure in Critically Ill Patients Under Mechanical Ventilation

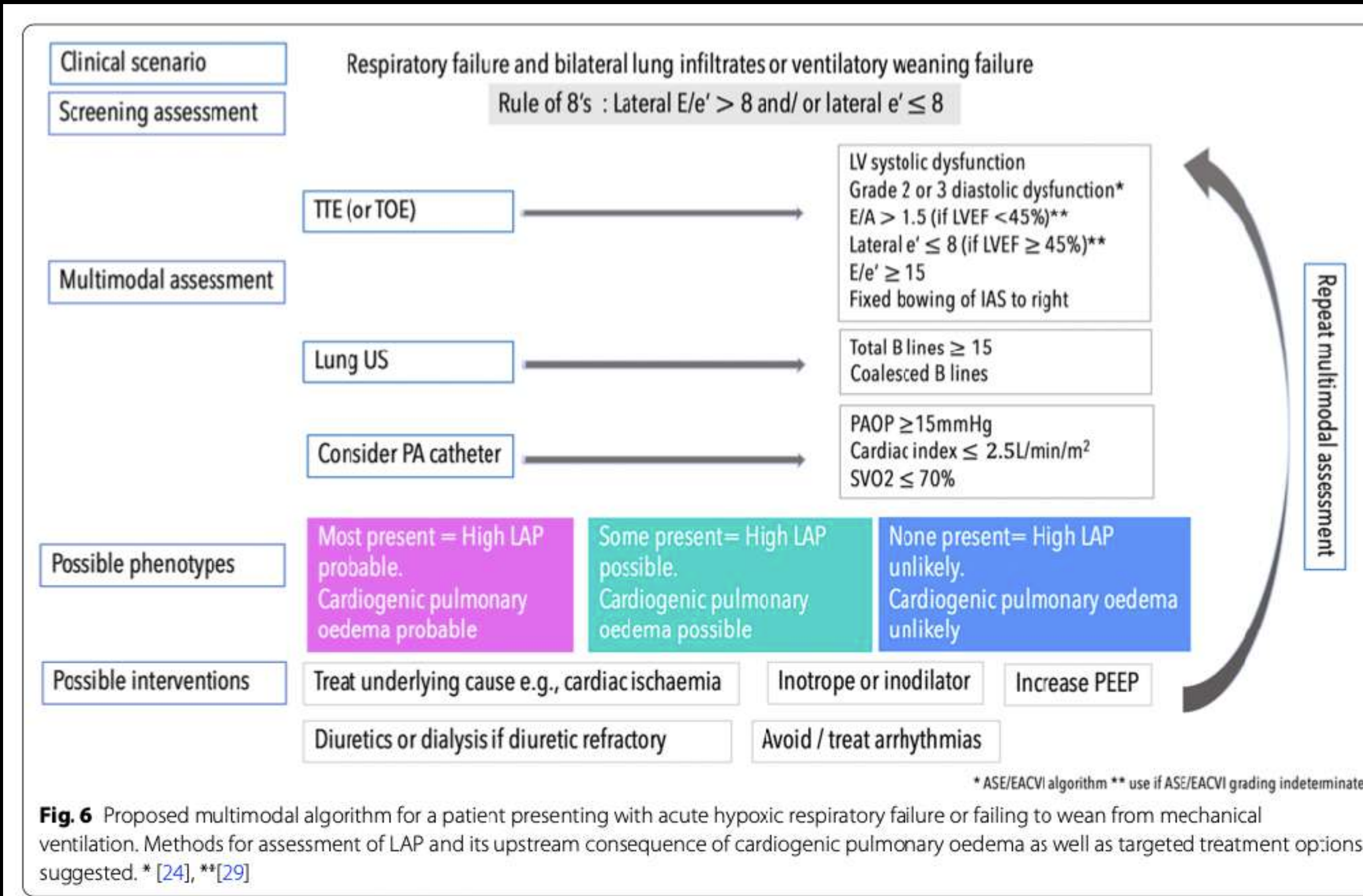
Mercado ... Slama CCM 2020





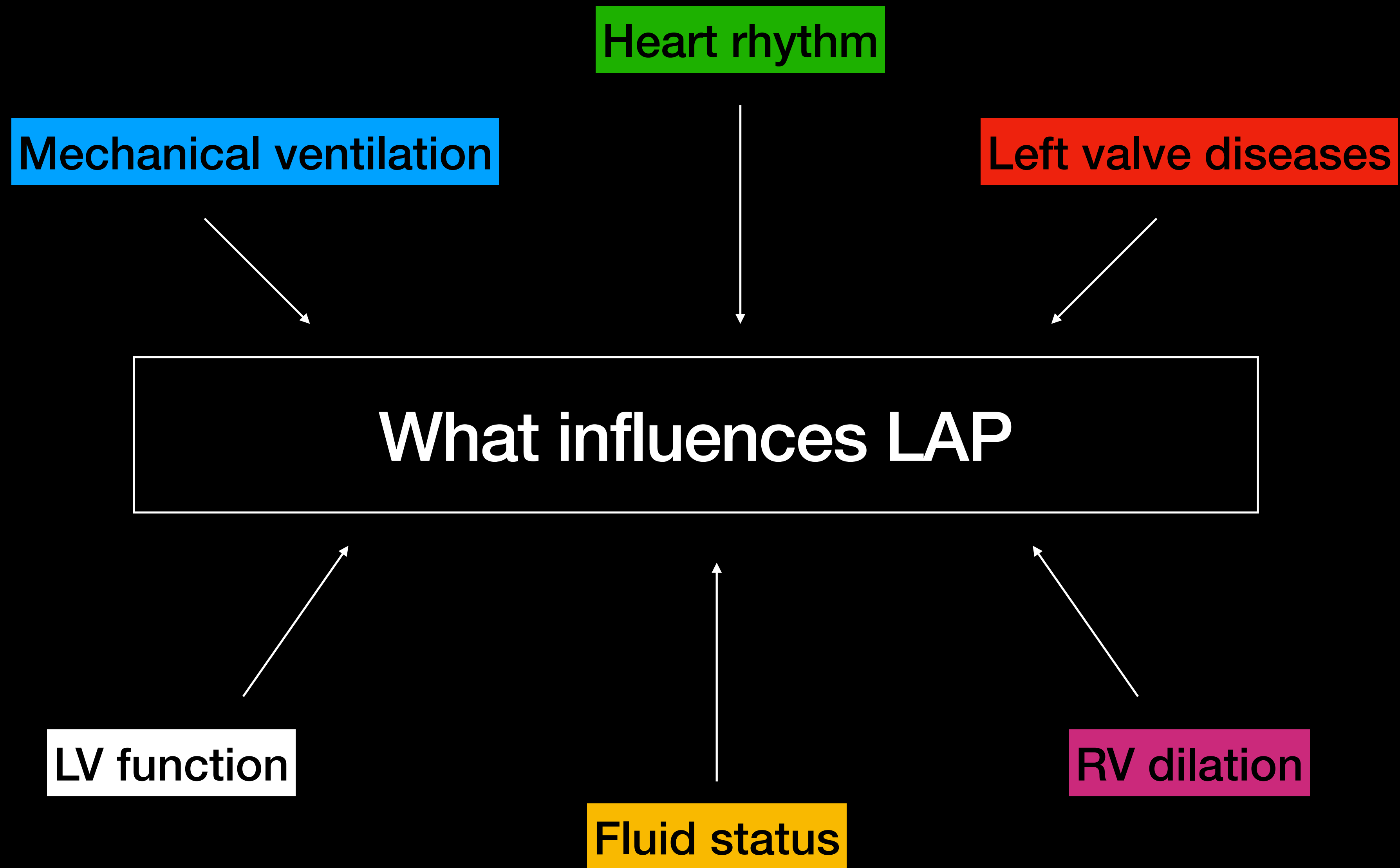
Bedside assessment of left atrial pressure in critical care: a multifaceted gem

Emma Maria Bowcock* and Anthony Mclean



What influences LAP





Fluid status

Case example

Precarious fluid balance



80yo female

PC: n/v, fever => MET call

PMH: Severe AS awaiting TAVI

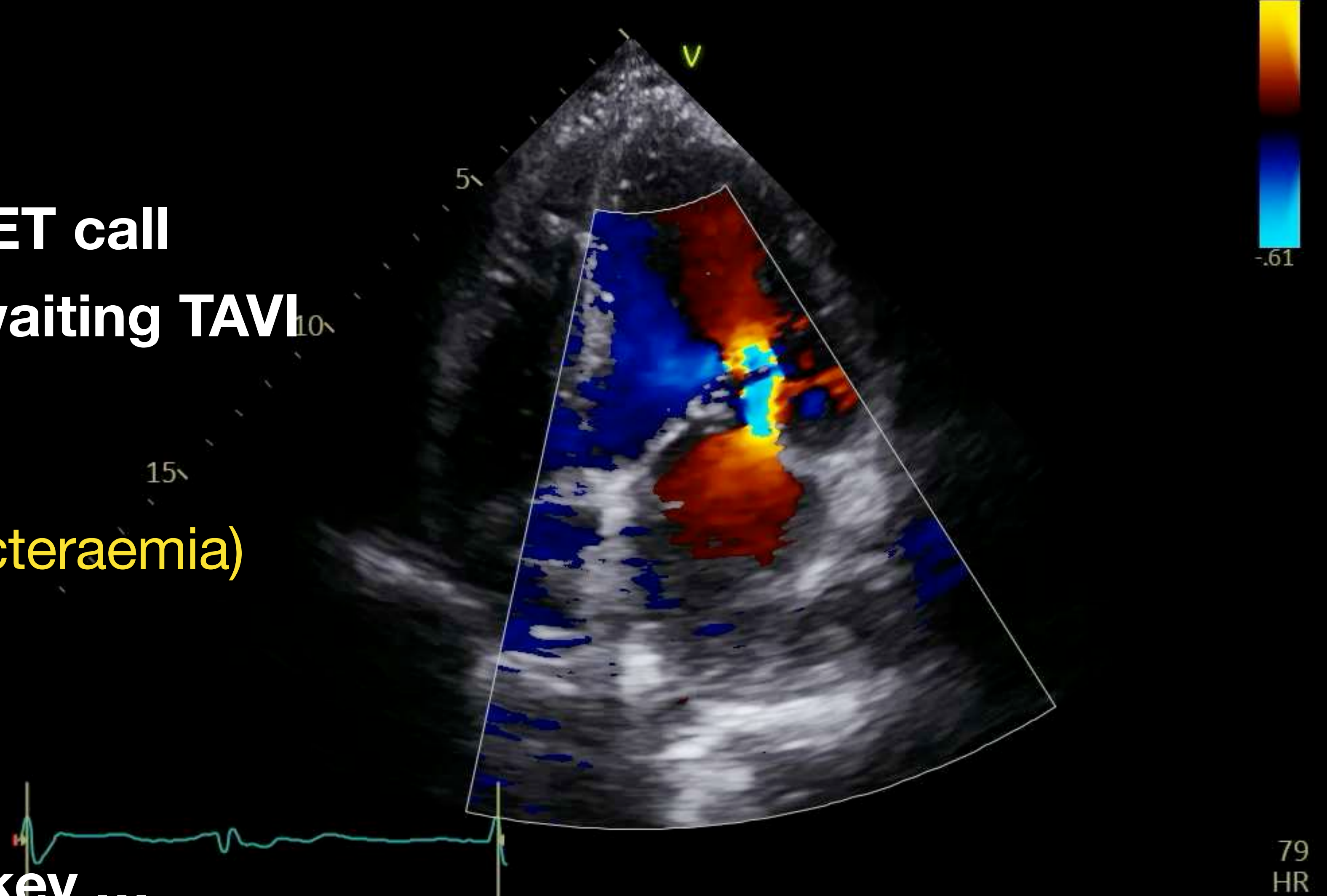
Urosepsis

(Proteus mirabilis bacteraemia)

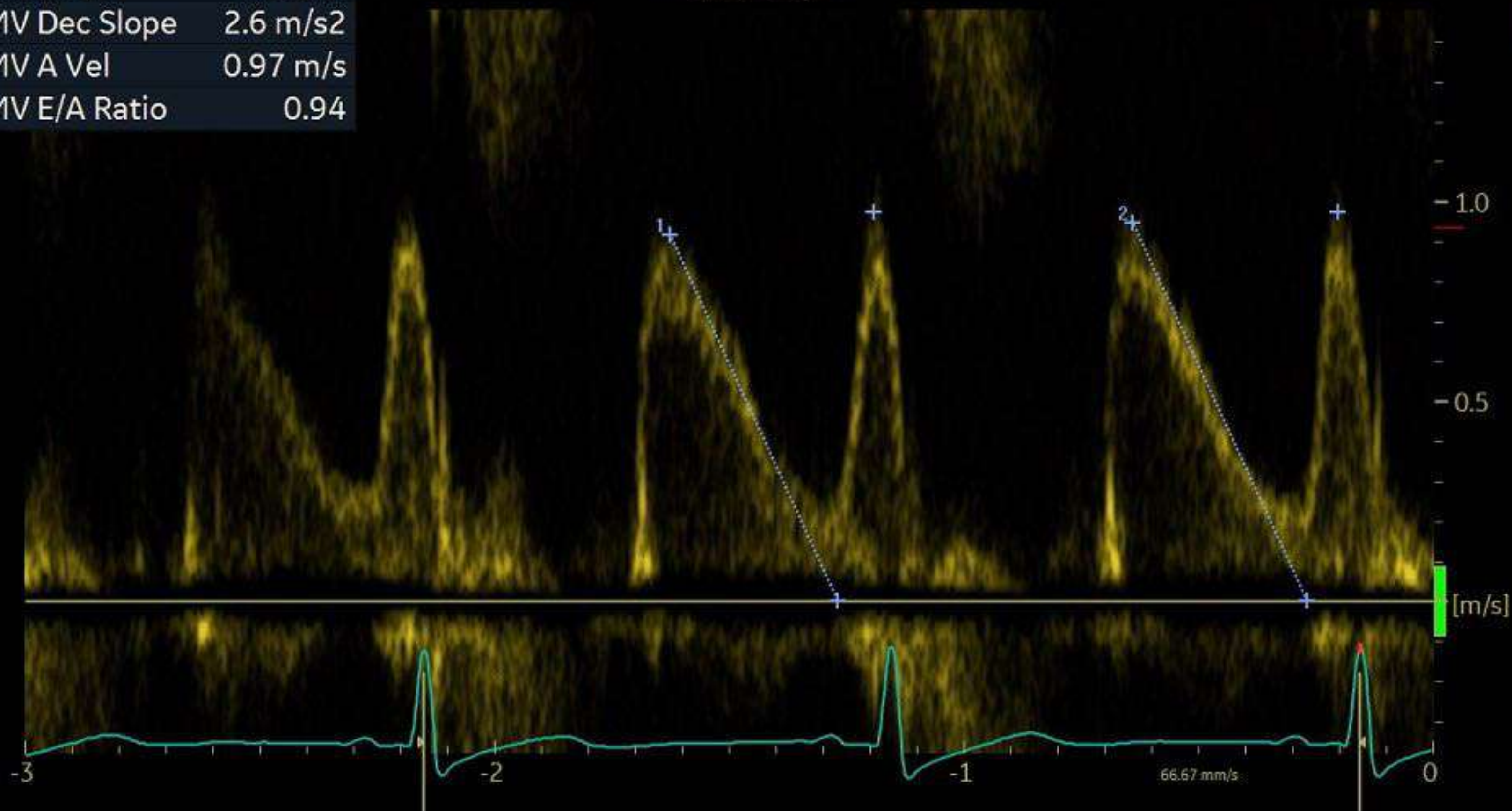
Frail

Fluid management key ...

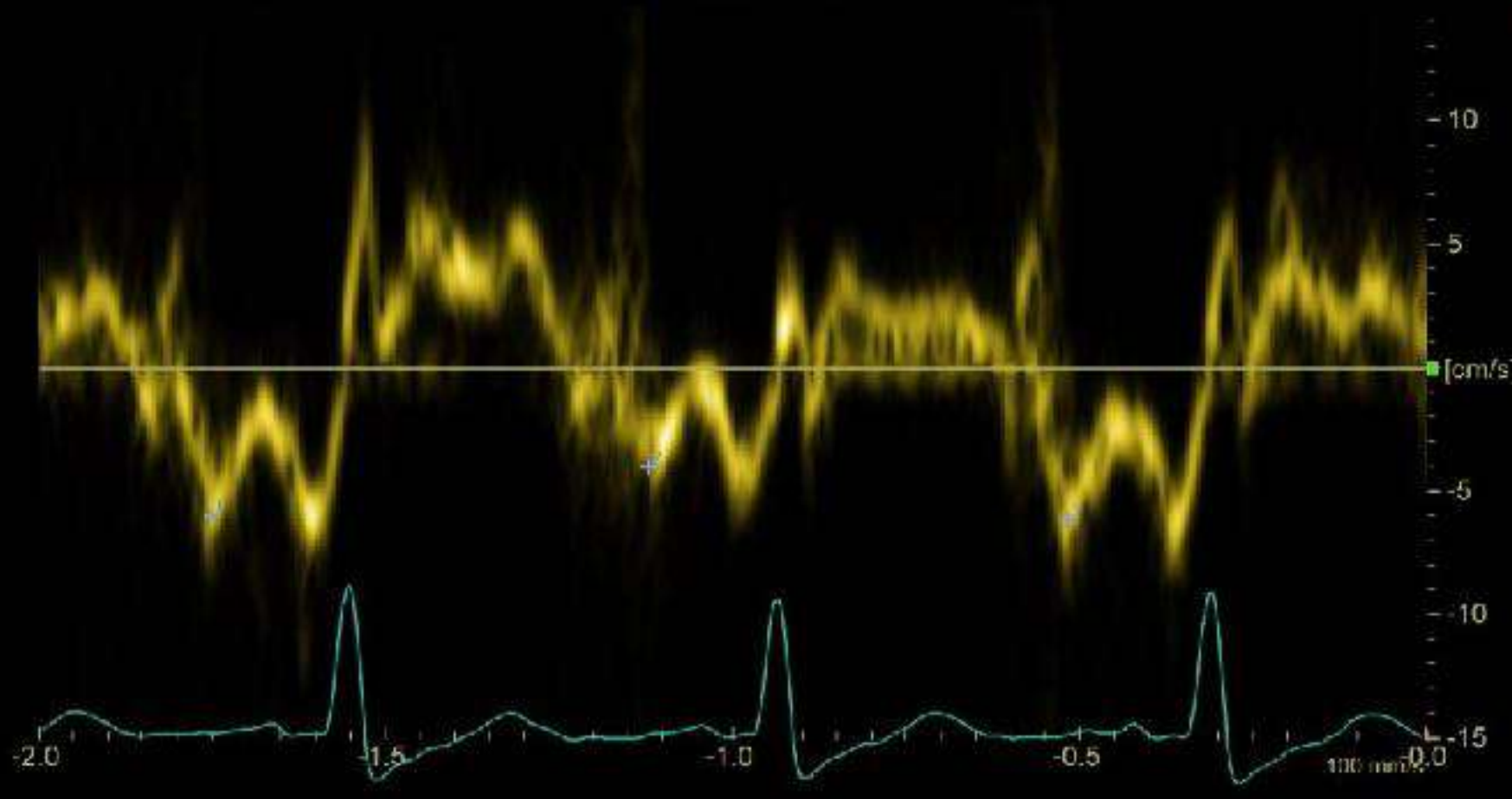
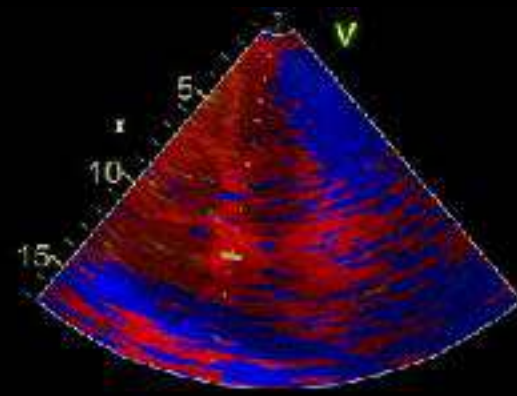
- Avoid hypovolaemia (can => increased AV gradients)
- Avoid fluid overload (can => pulmonary oedema)



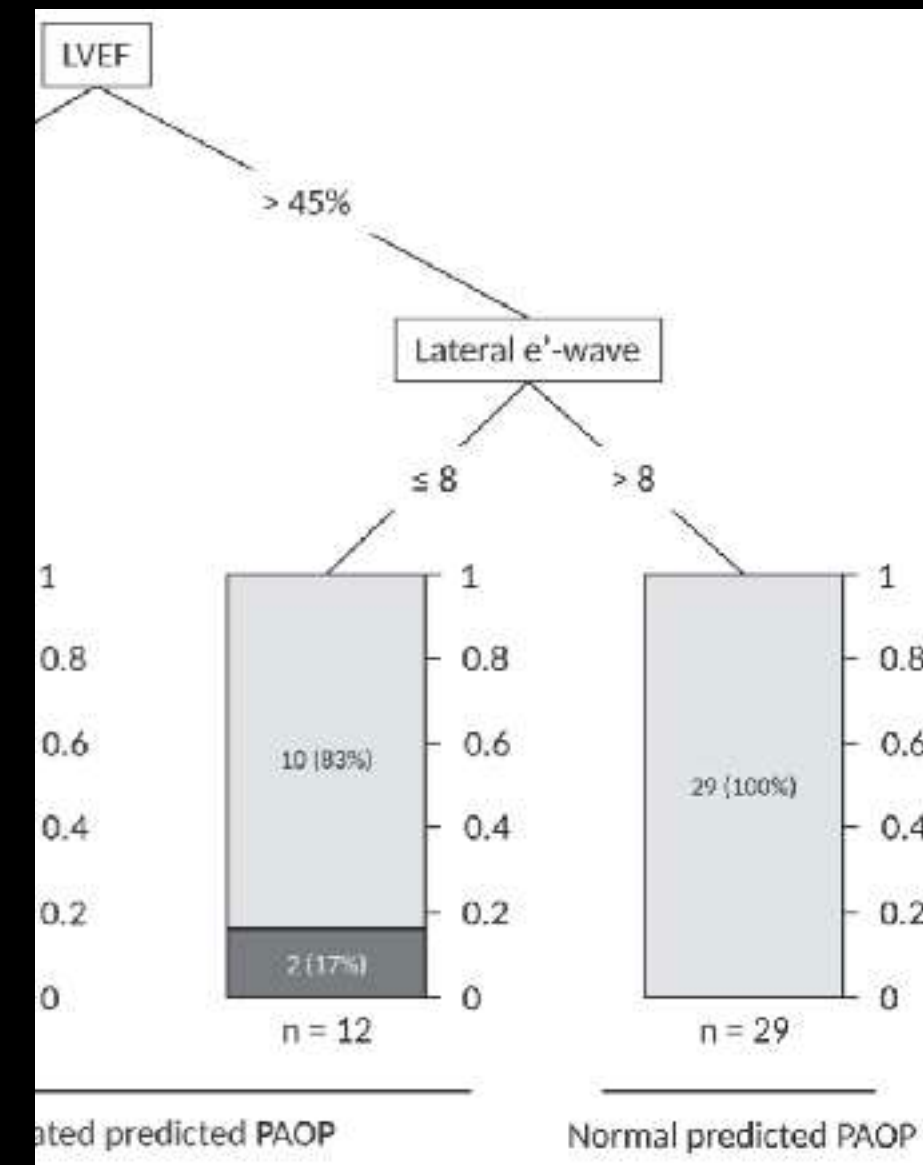
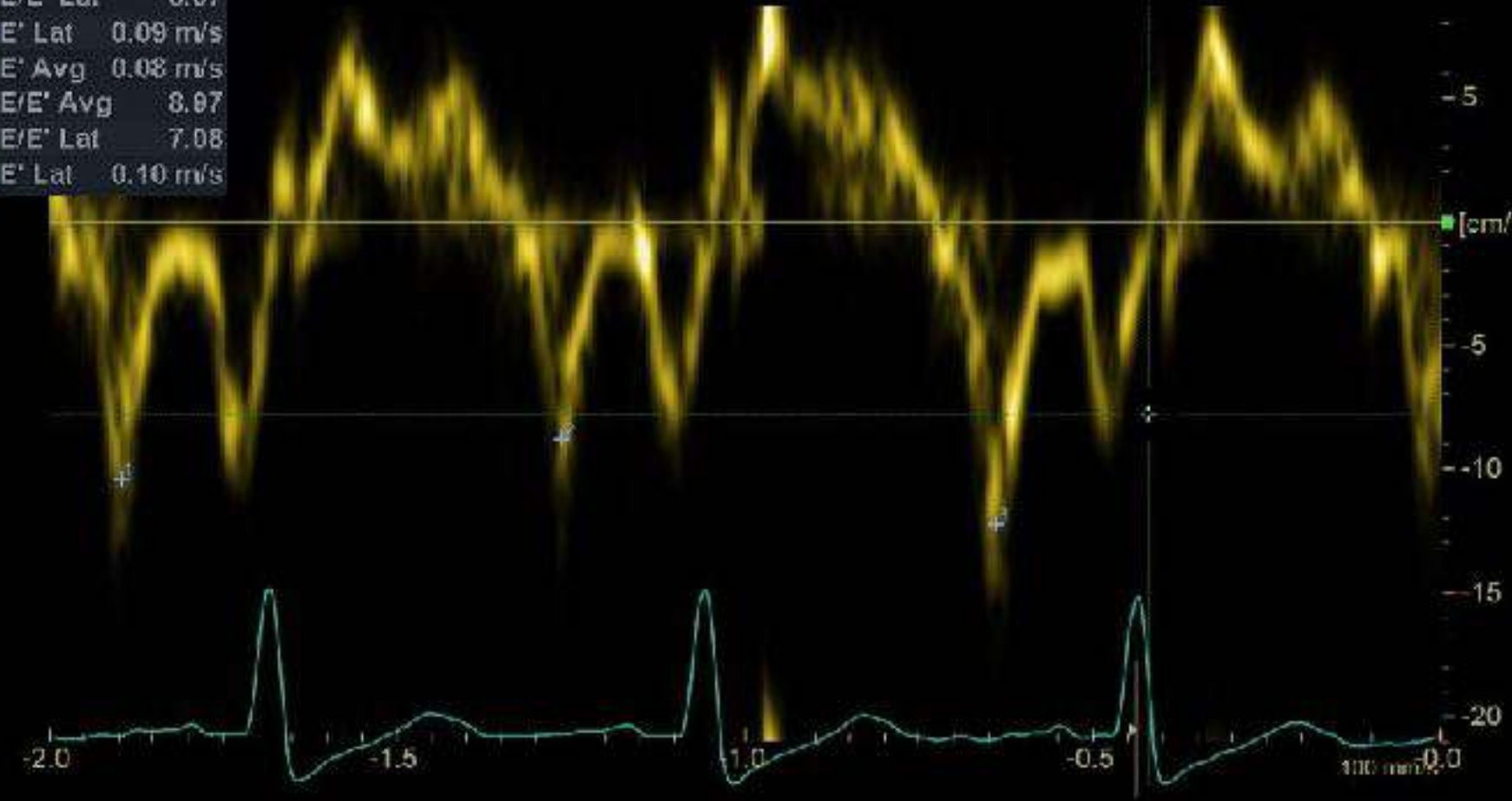
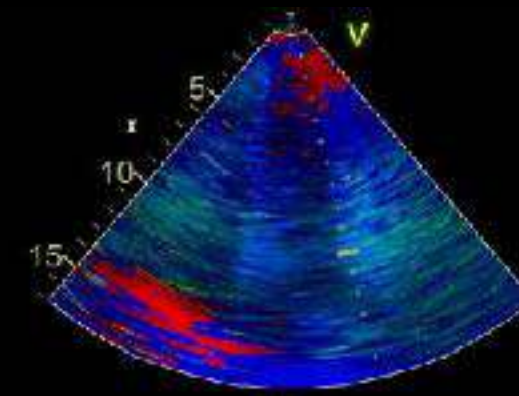
2	MV E Vel	0.95 m/s
	MV DecT	371 ms
	MV Dec Slope	2.6 m/s ²
	MV A Vel	0.97 m/s
	MV E/A Ratio	0.97
1	MV E Vel	0.92 m/s
	MV DecT	357 ms
	MV Dec Slope	2.6 m/s ²
	MV A Vel	0.97 m/s
	MV E/A Ratio	0.94

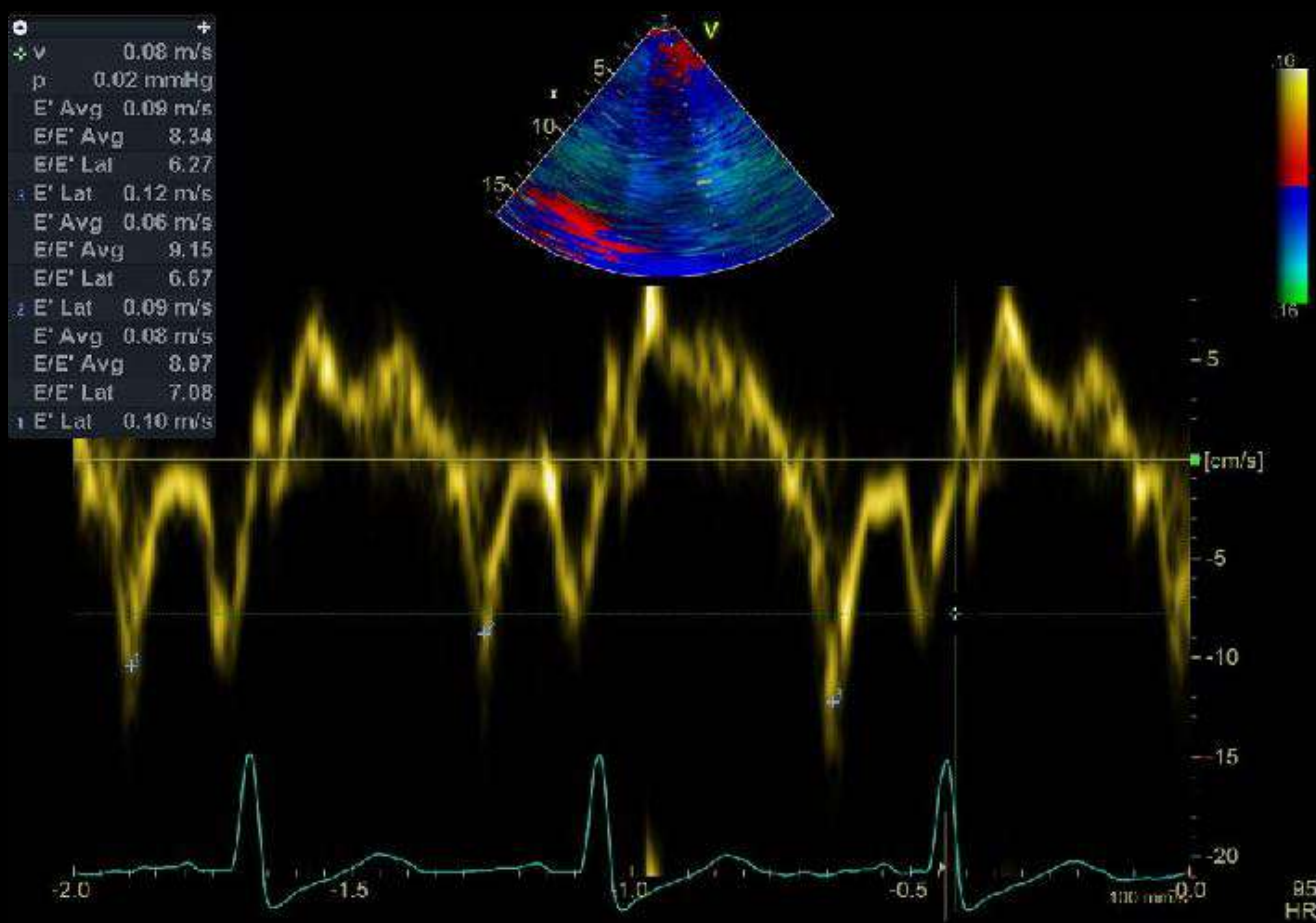
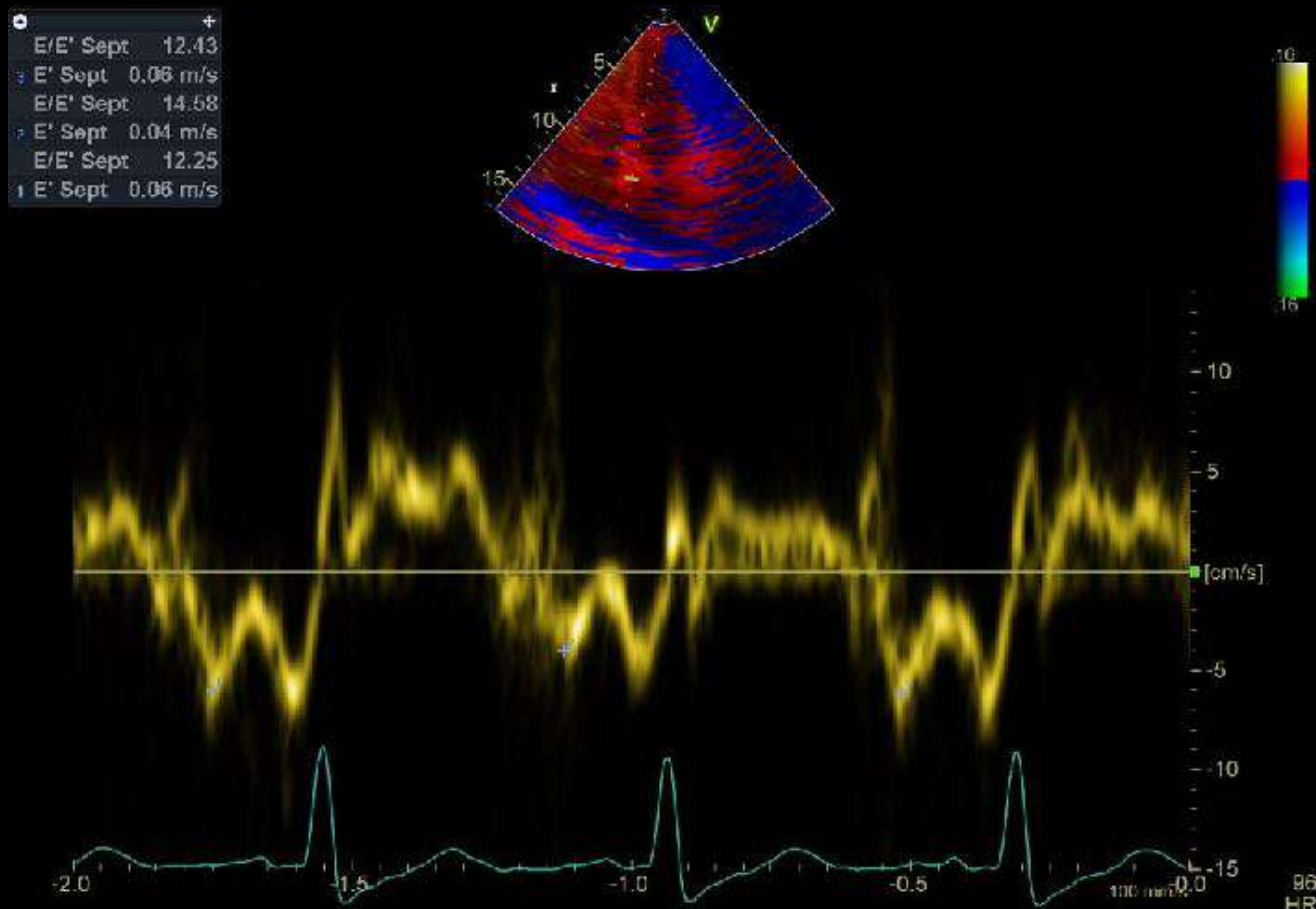
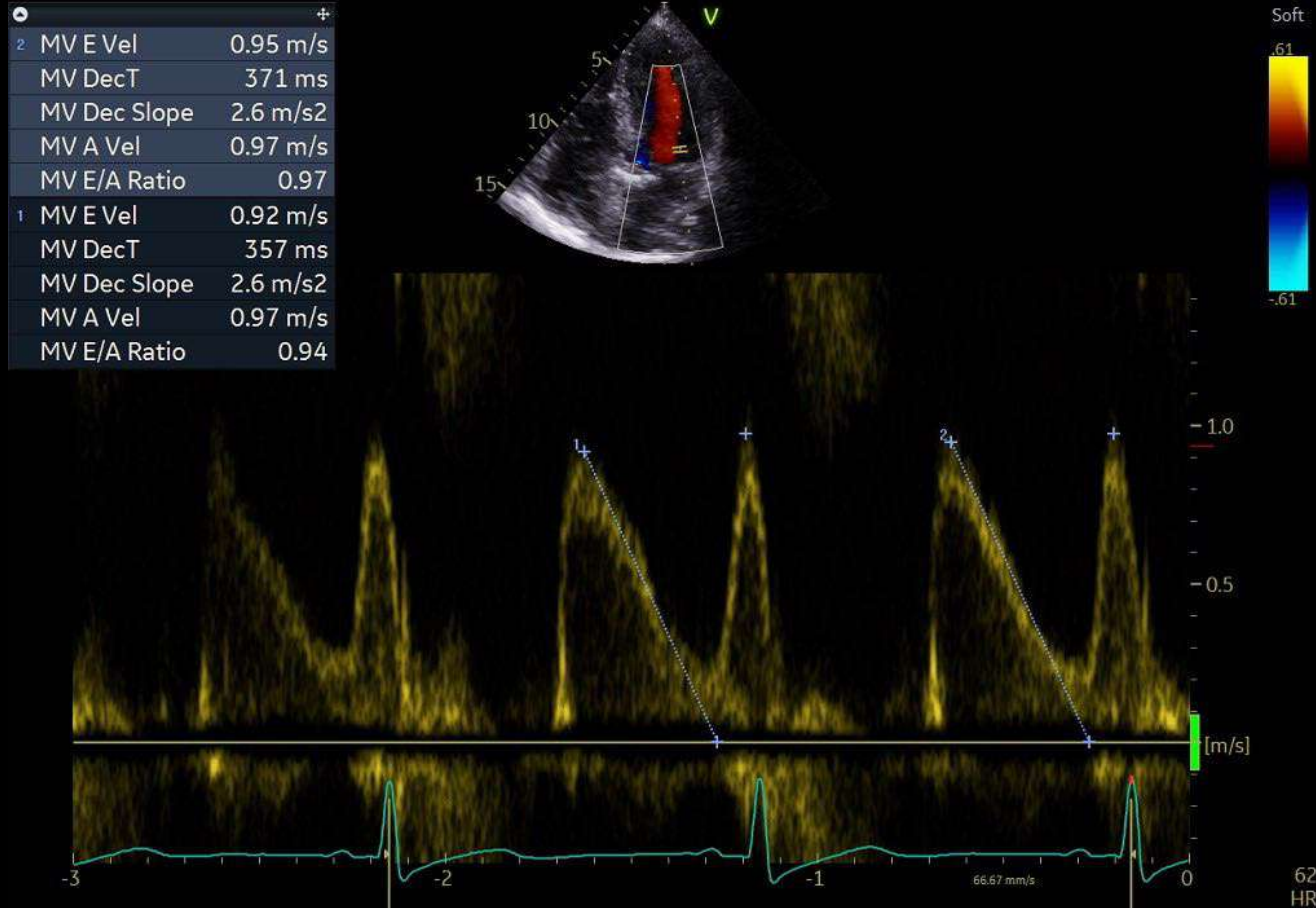


+ E/E' Sept 12.43
 - E' Sept 0.06 m/s
 - E/E' Sept 14.58
 - E' Sept 0.04 m/s
 - E/E' Sept 12.25
 - E' Sept 0.06 m/s



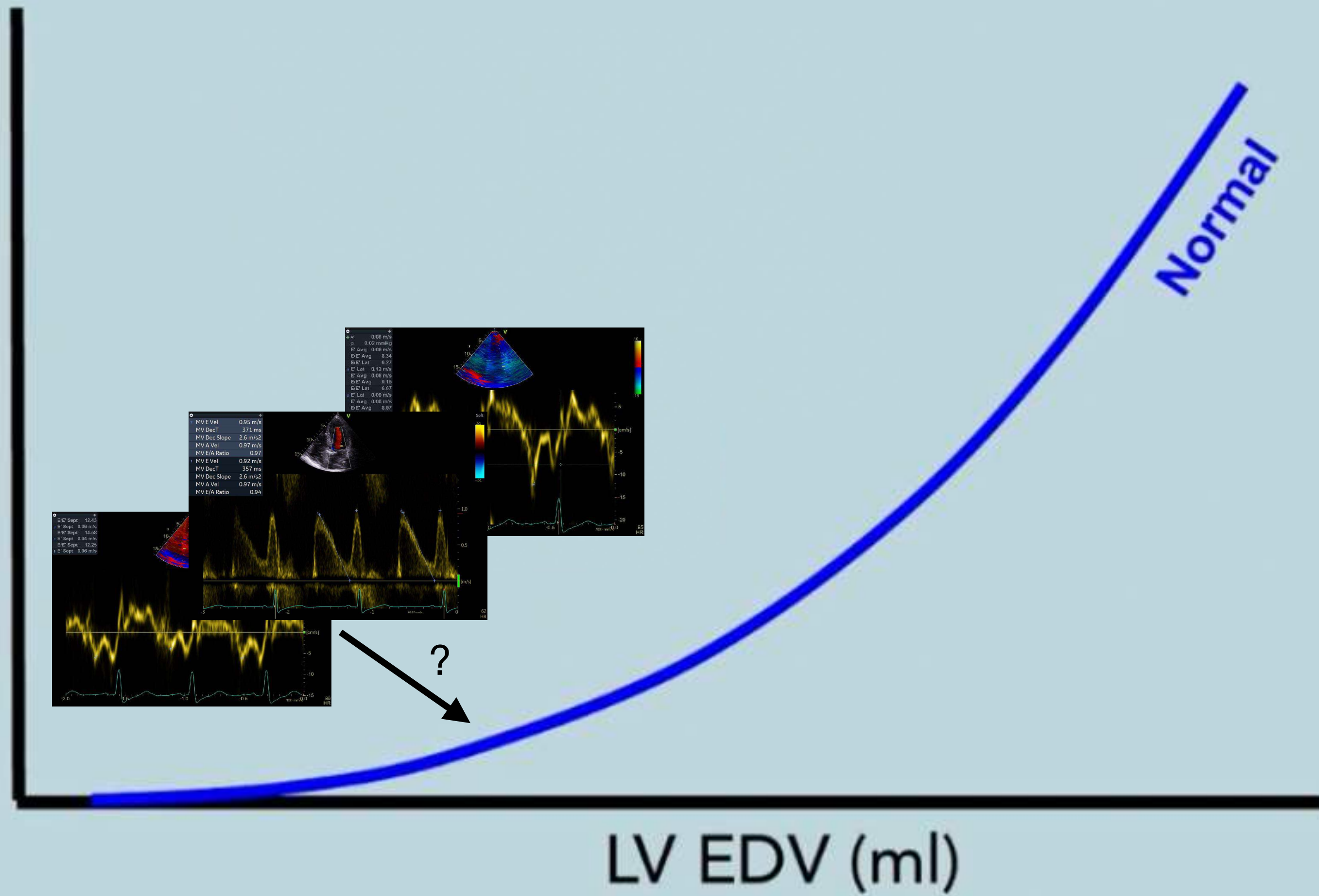
+ v 0.08 m/s
 + p 0.02 mmHg
 + E' Avg 0.09 m/s
 + E/E' Avg 8.34
 + E/E' Lat 6.27
 + E' Lat 0.12 m/s
 + E' Avg 0.06 m/s
 + E/E' Avg 9.15
 + E/E' Lat 6.67
 + E' Lat 0.09 m/s
 + E' Avg 0.08 m/s
 + E/E' Avg 8.97
 + E/E' Lat 7.08
 + E' Lat 0.10 m/s

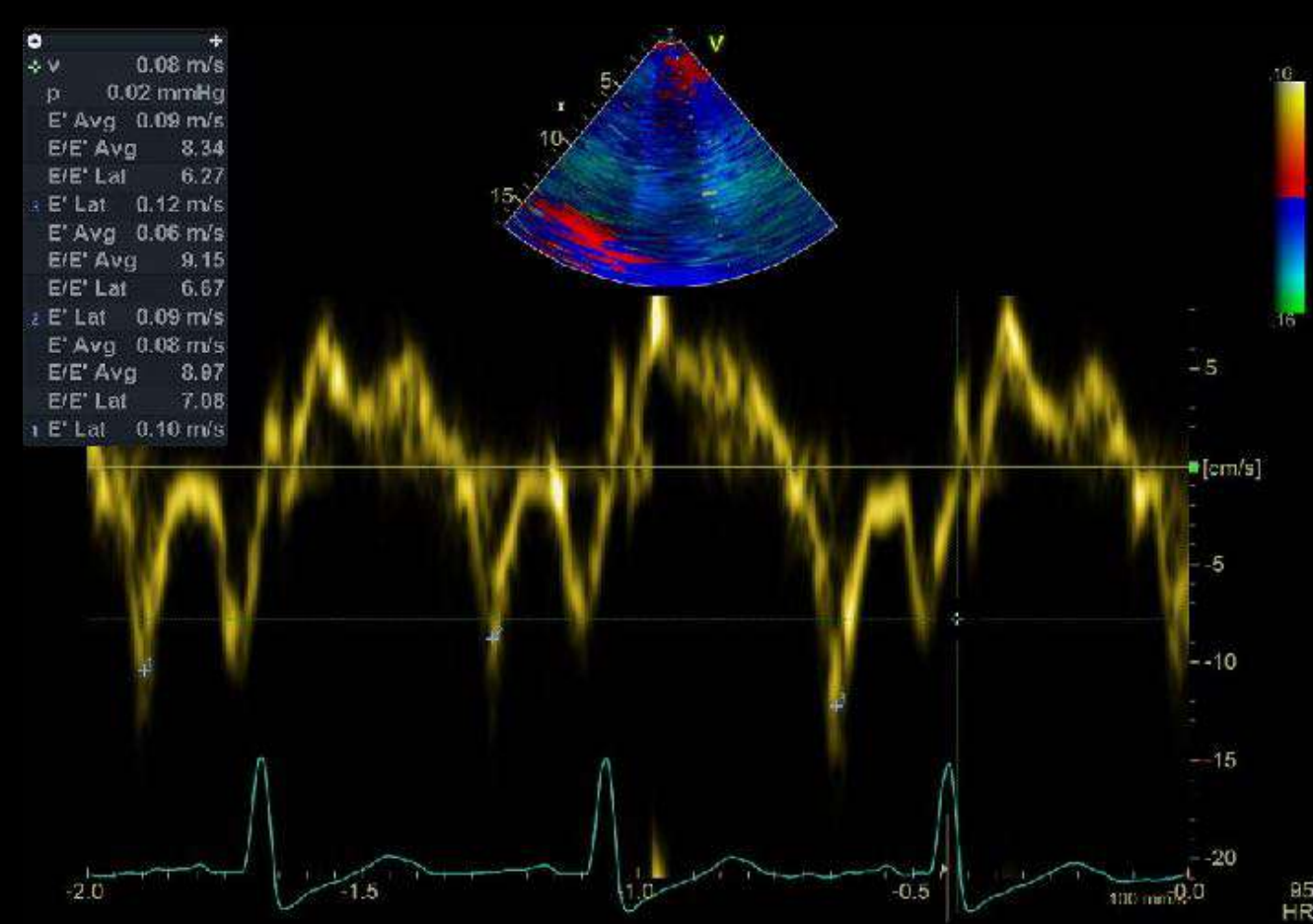
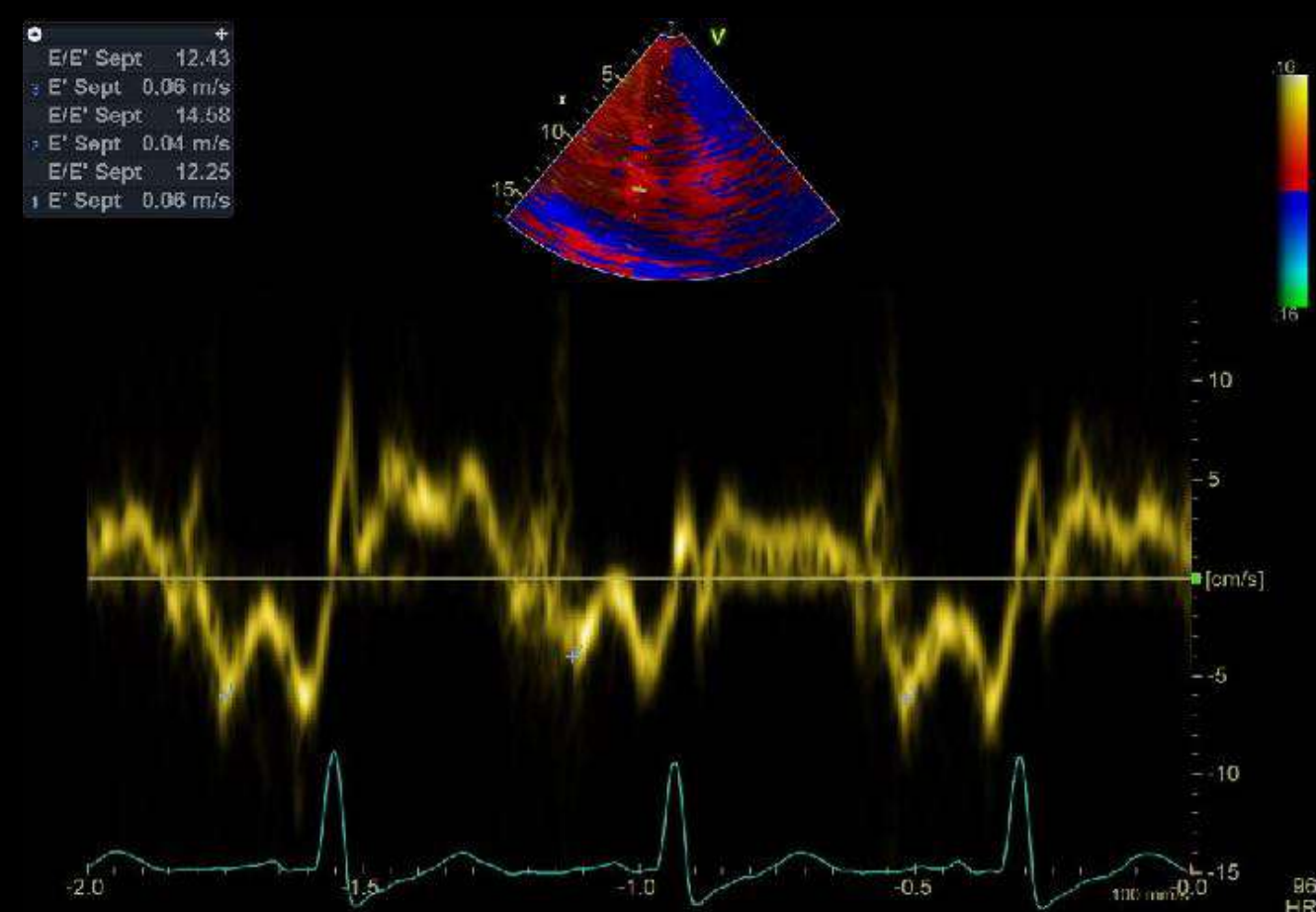
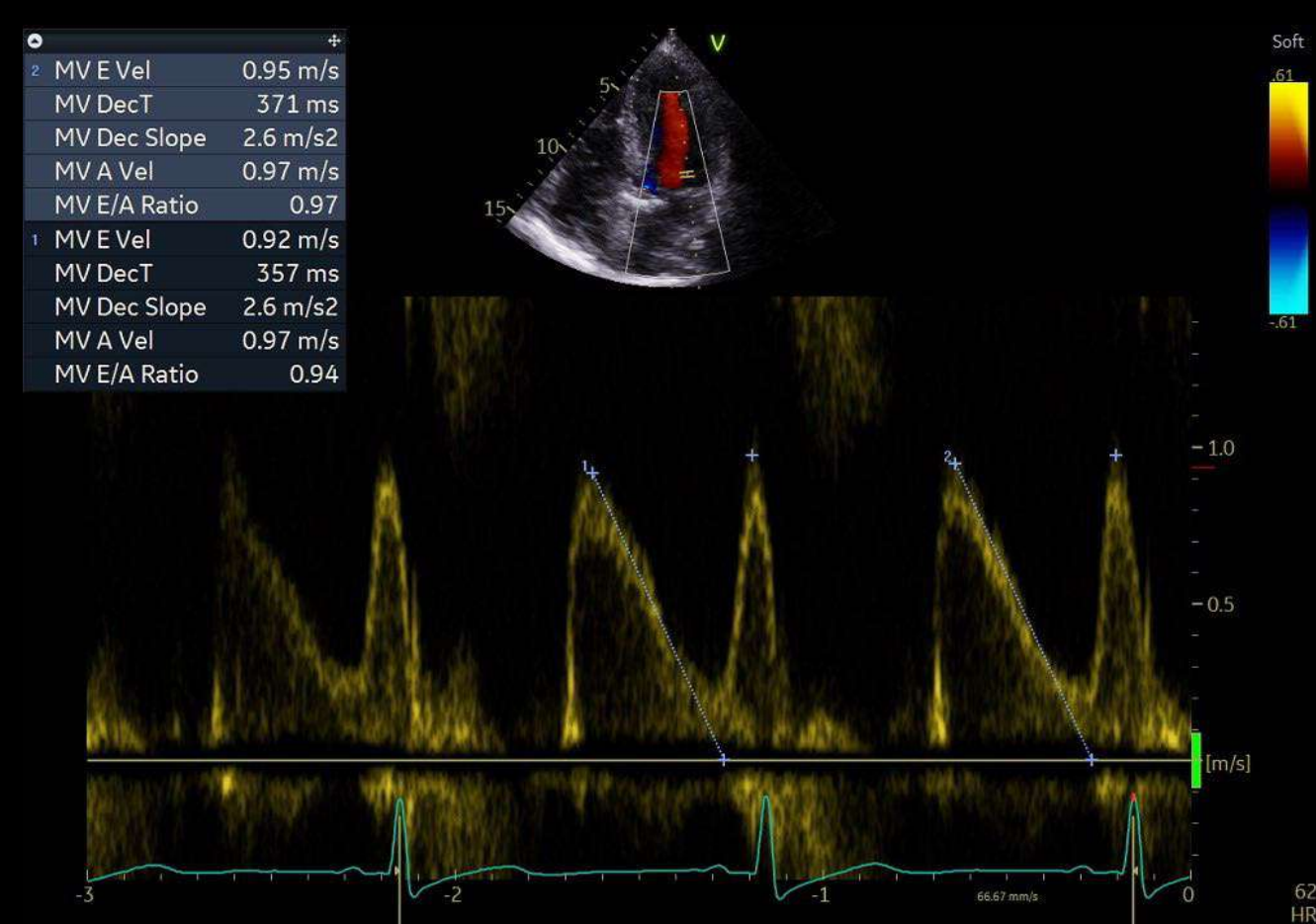




	Admission echo	
E wave Vmax	0.95	
E:A	0.96	
E:e' average	9	
Decel time (msec)	360	

LV EDP (mmHg)

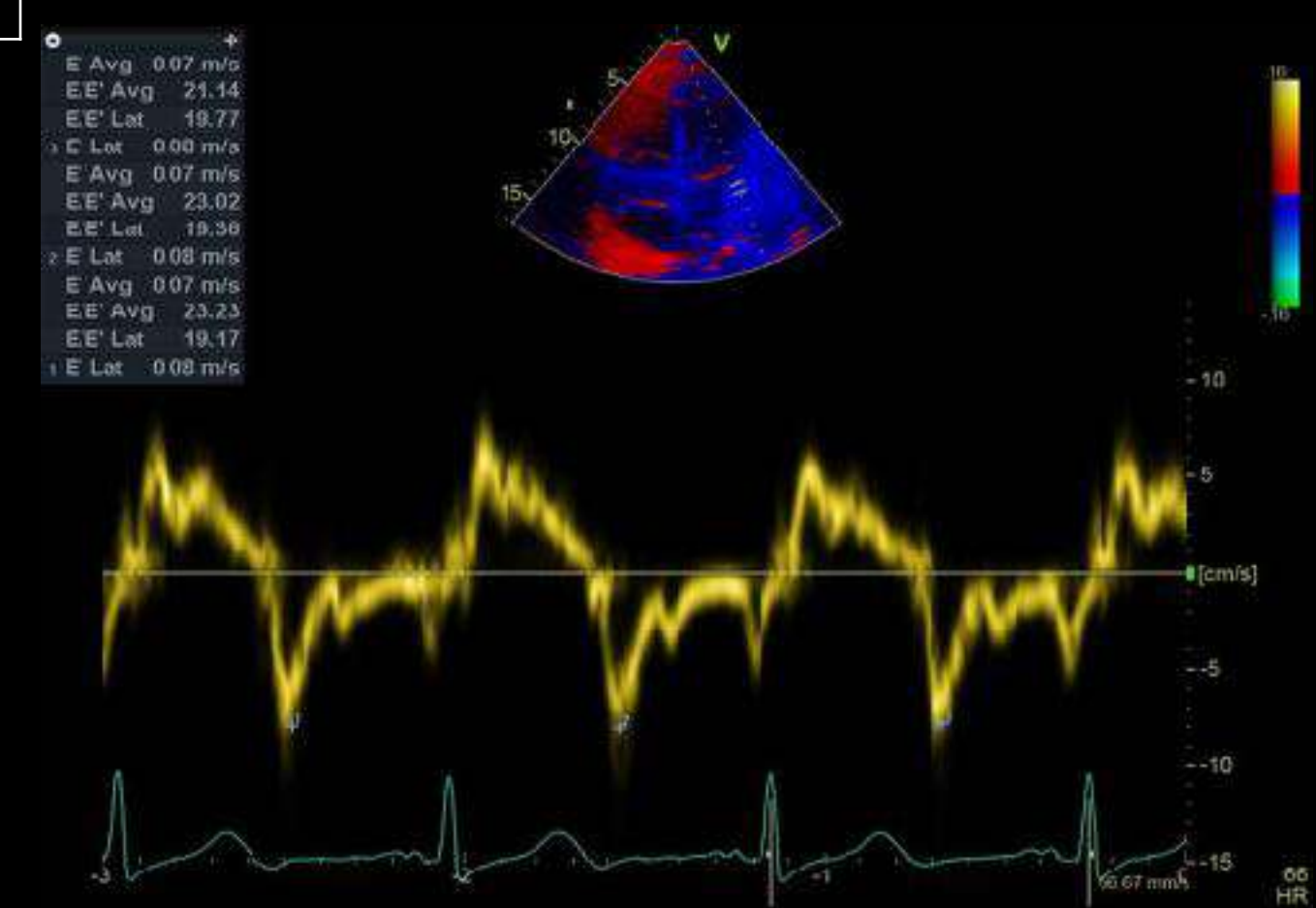
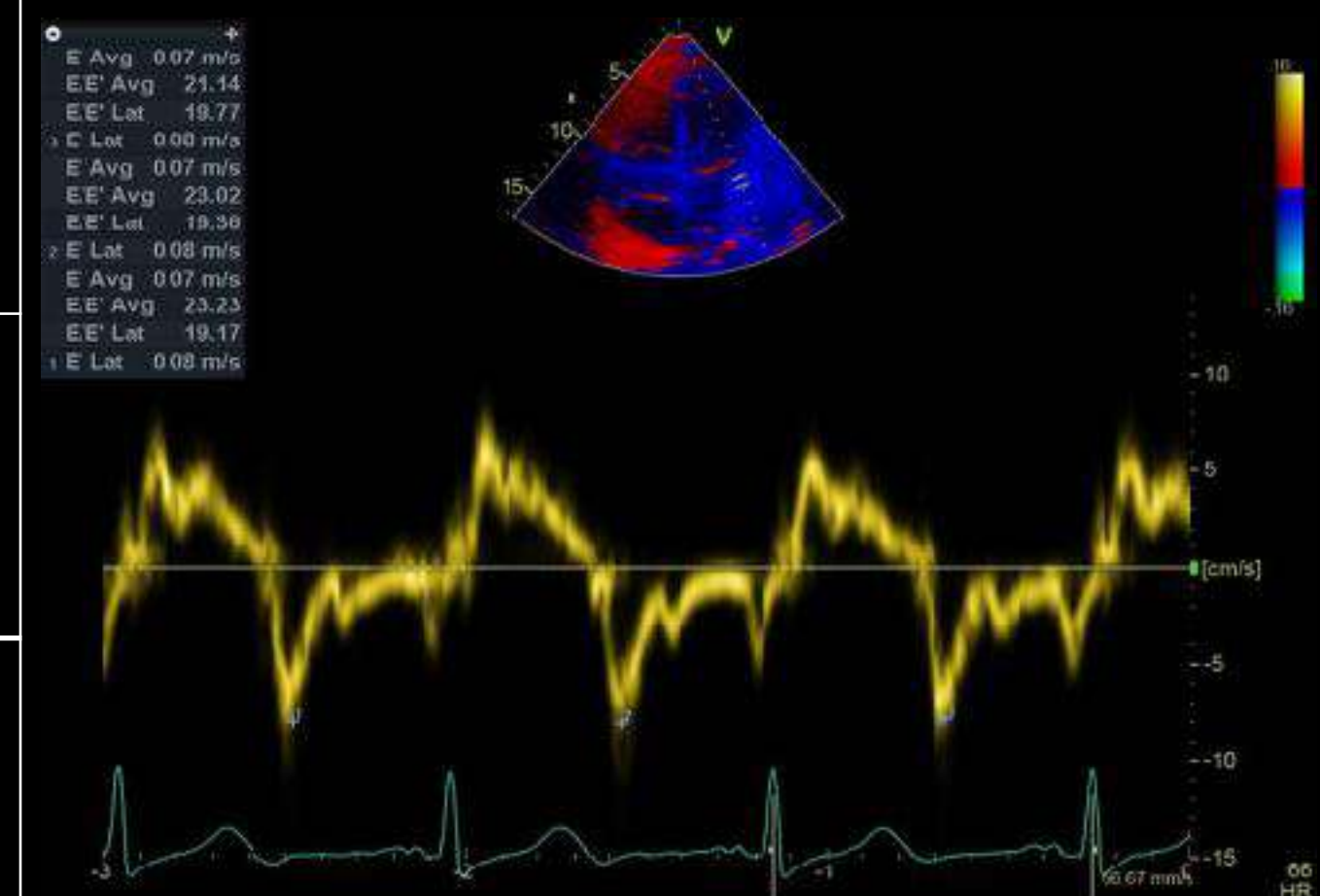
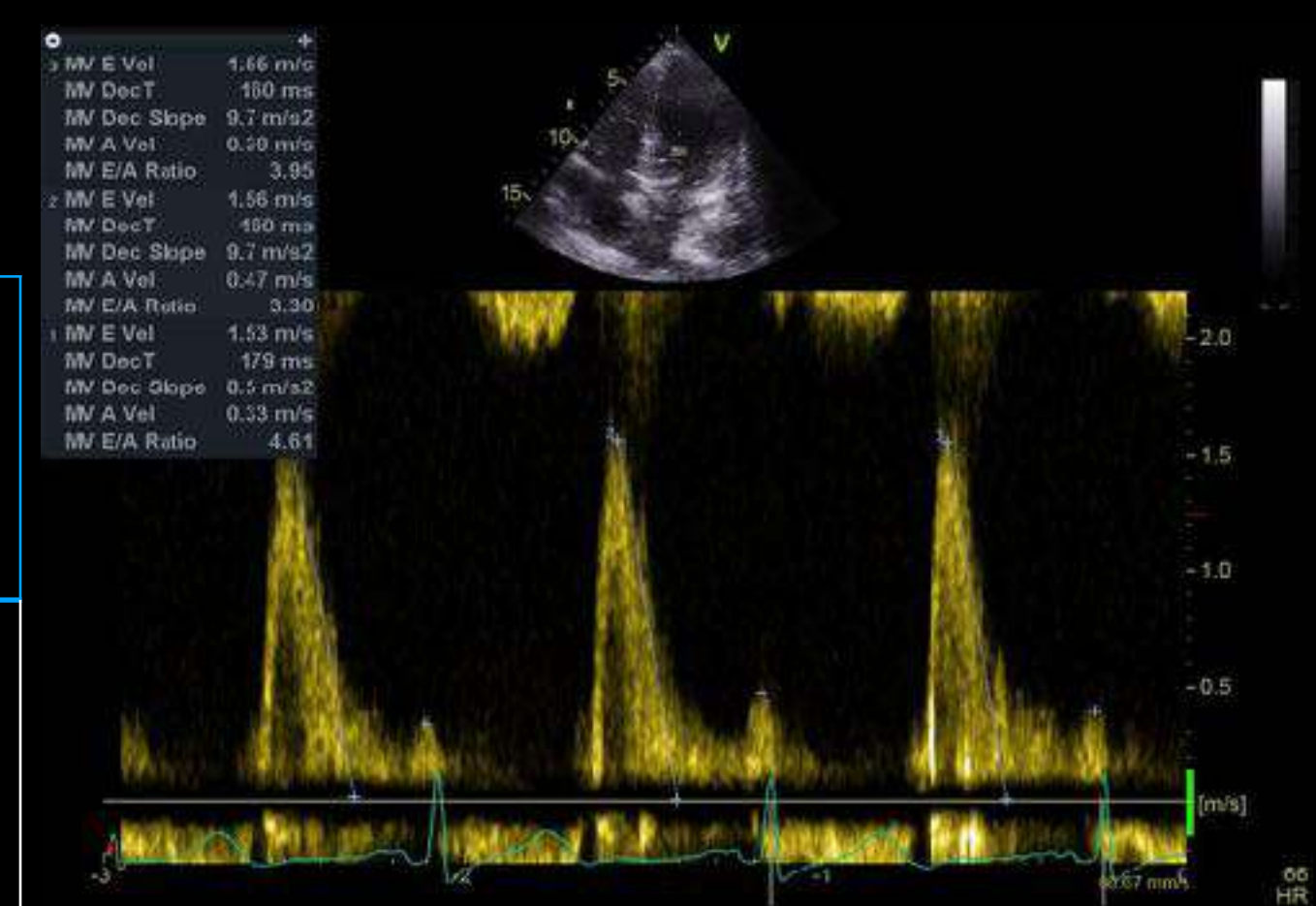




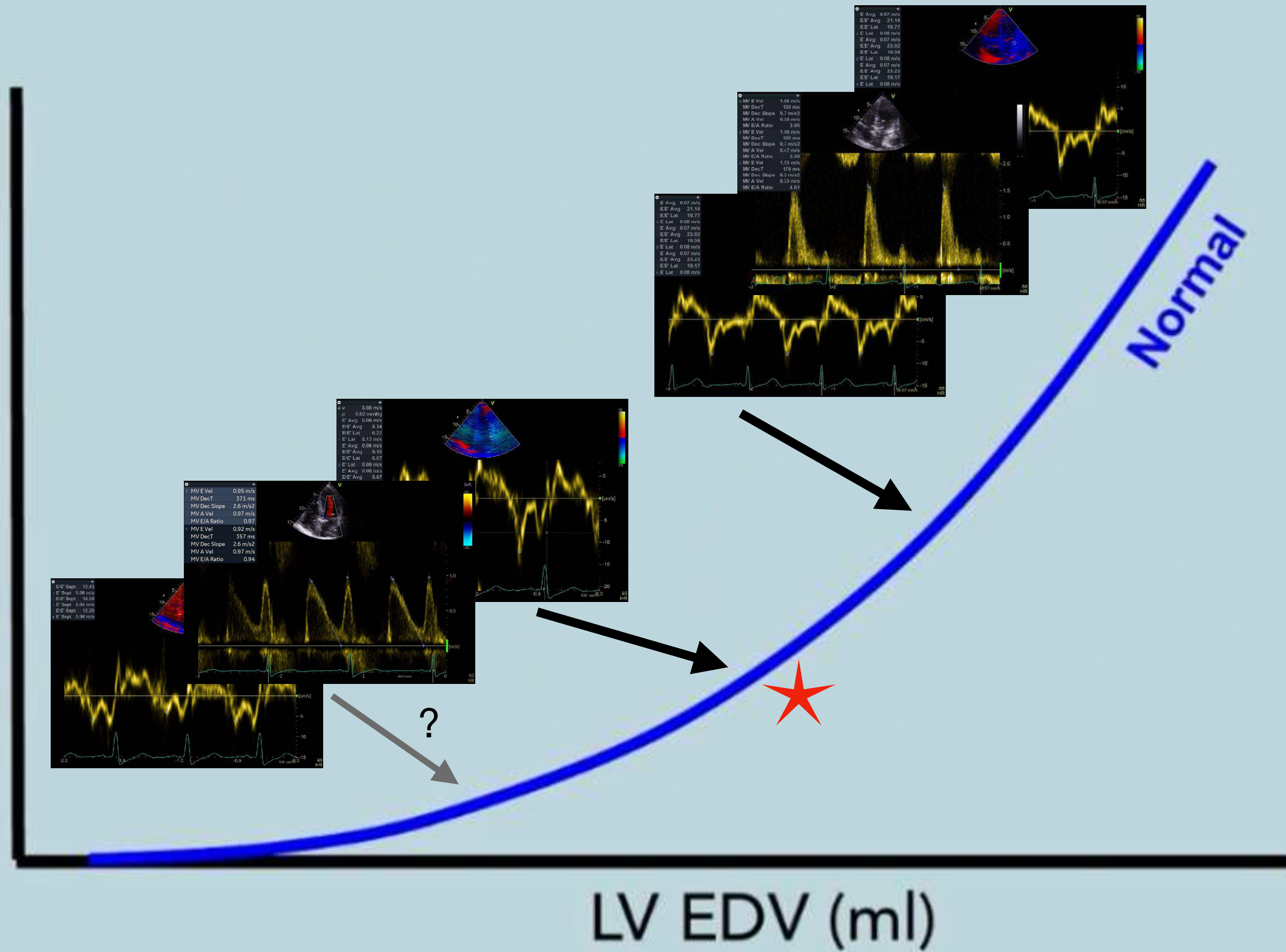
+750ml fluid resuscitation

	Admission echo	Post 750ml fluid
E wave Vmax	0.95	1.5
E:A	0.96	4.1
E:e' average	9	21
Decel time (msec)	360	160

- Increased:**
- E:A ratio
 - E wave Vmax
 - E:e'
- Decreased:**
- Decel time



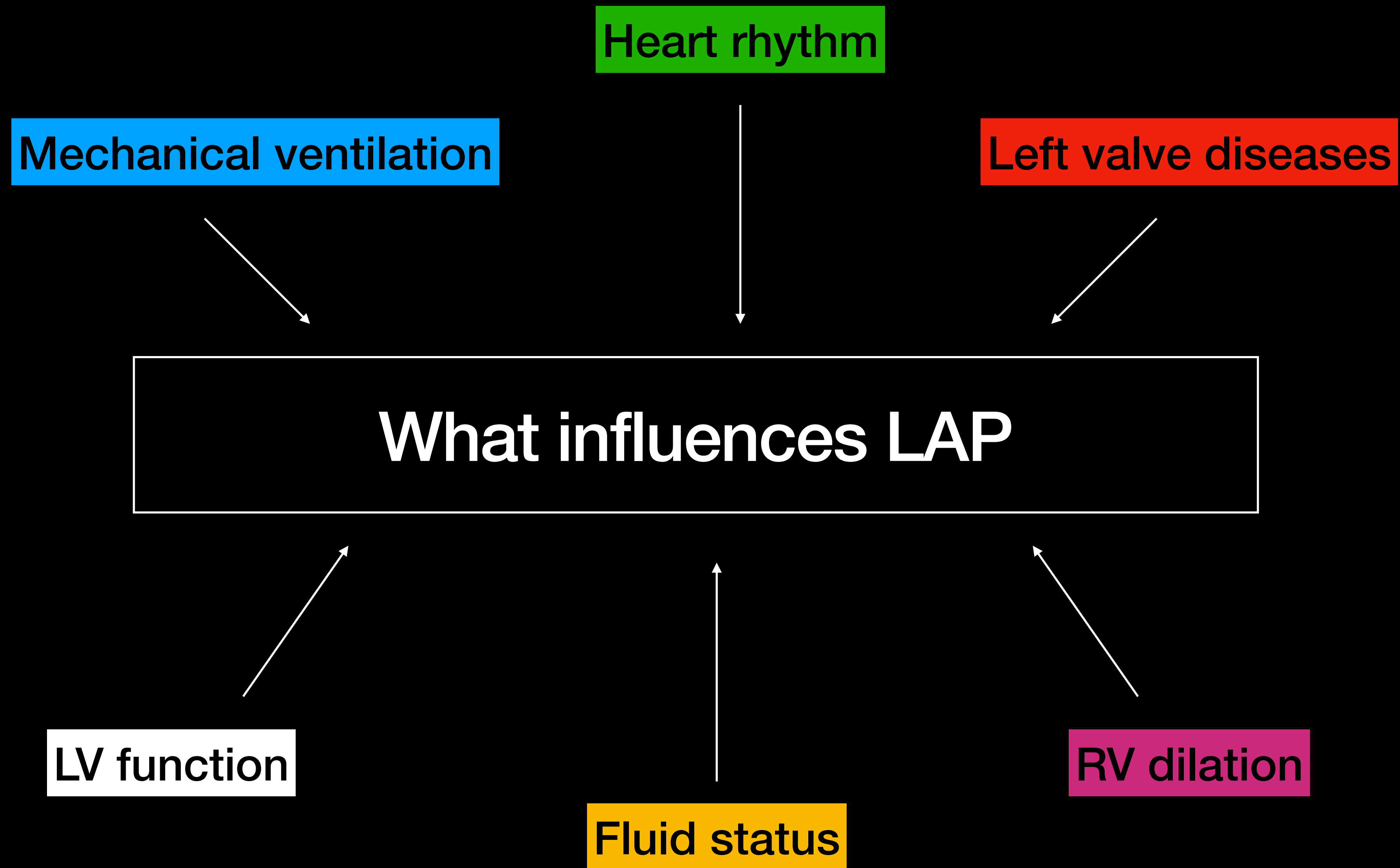
LV EDP (mmHg)



LAP assessment in fluid management

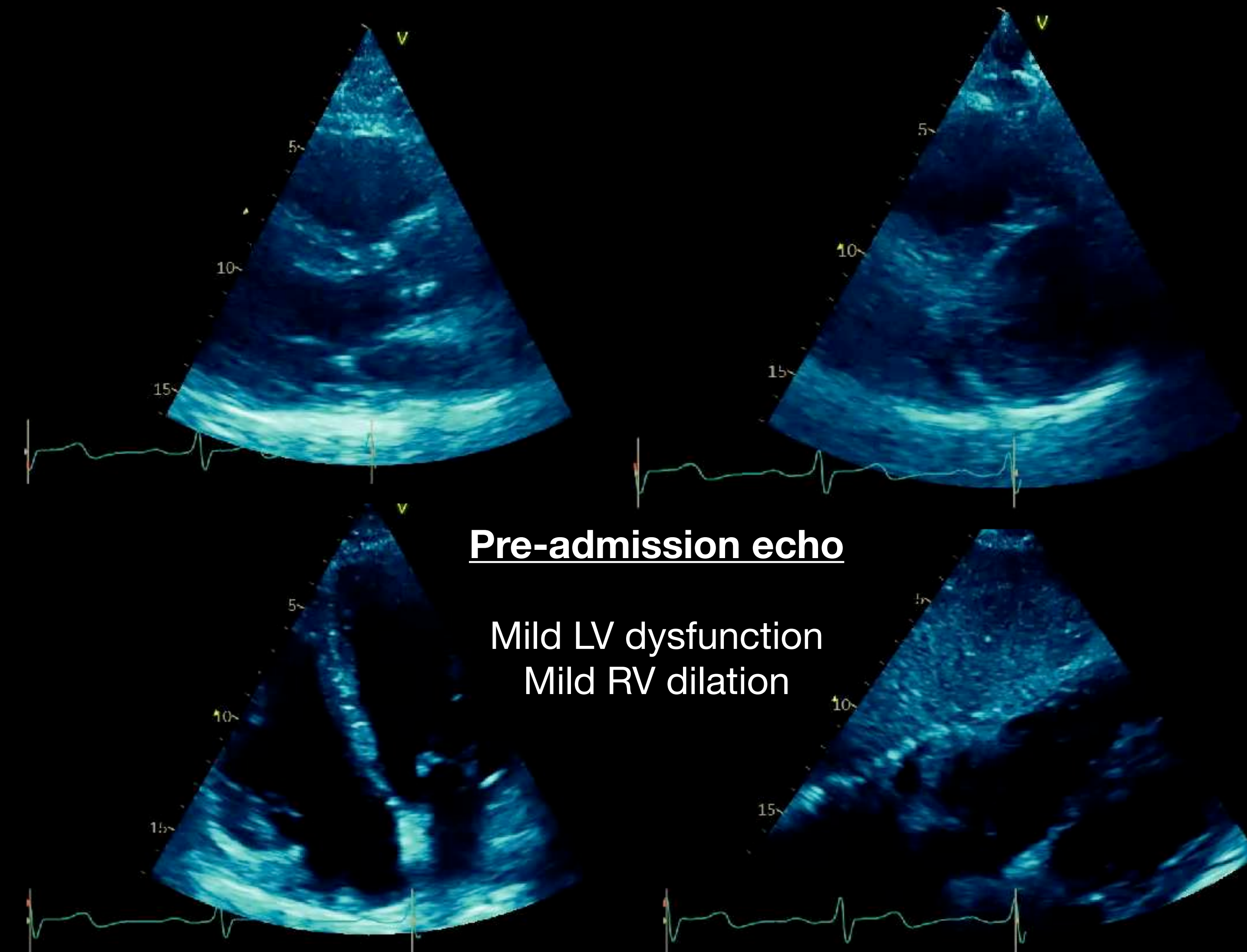
- If 'significant' rise in LAP parameters with fluid administration
- ... stop giving fluids
- ... give catecholamines to increase after load (eg: Noradrenaline)





LV function

67yo male, immunosuppressed vs ILD, “ex”-smoker, Flu A +ve

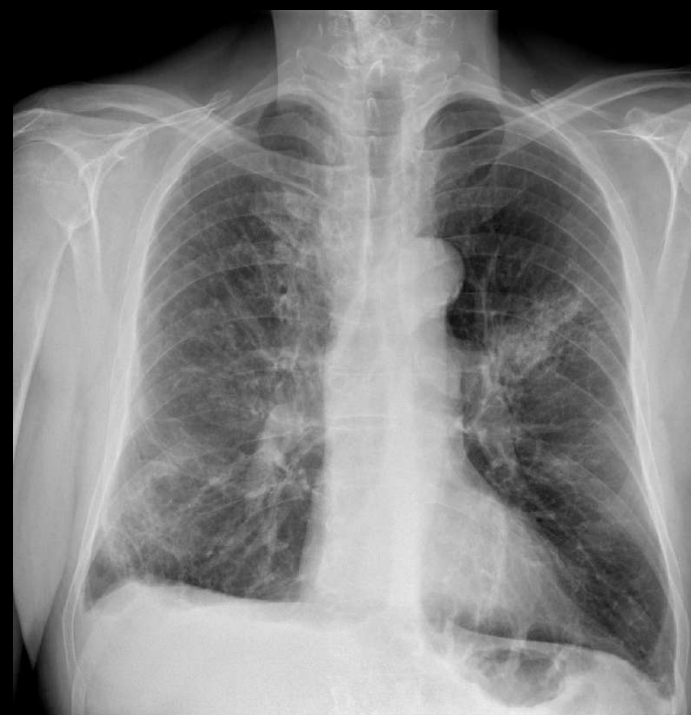


73
1:102 HR

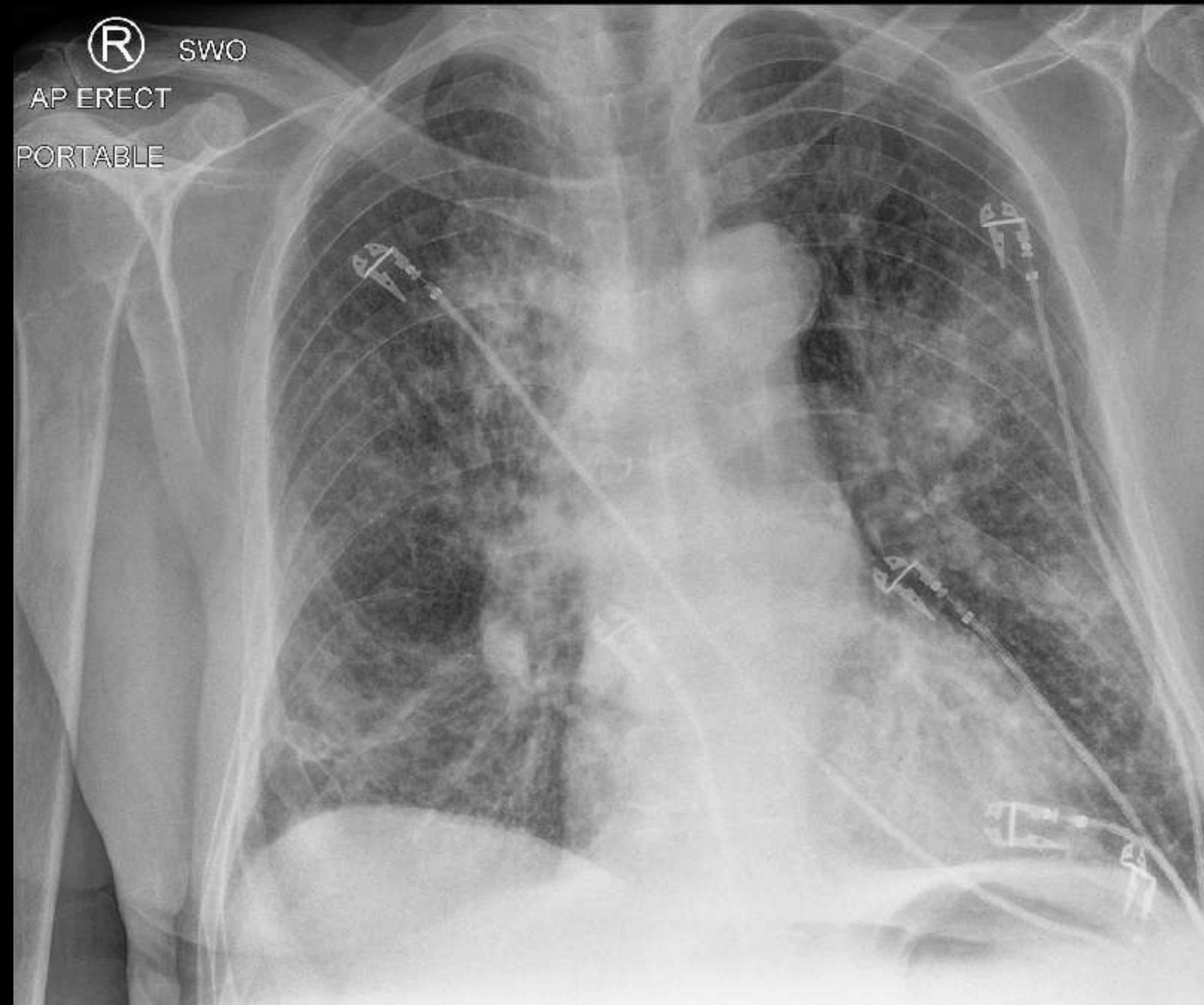


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67yo male, immunosuppressed, ILD, “ex”-smoker, Flu A +ve
36hours later ... worsening shortness of breath and hypotension
=> ICU & Noradrenaline 6mcg/min



ED admission

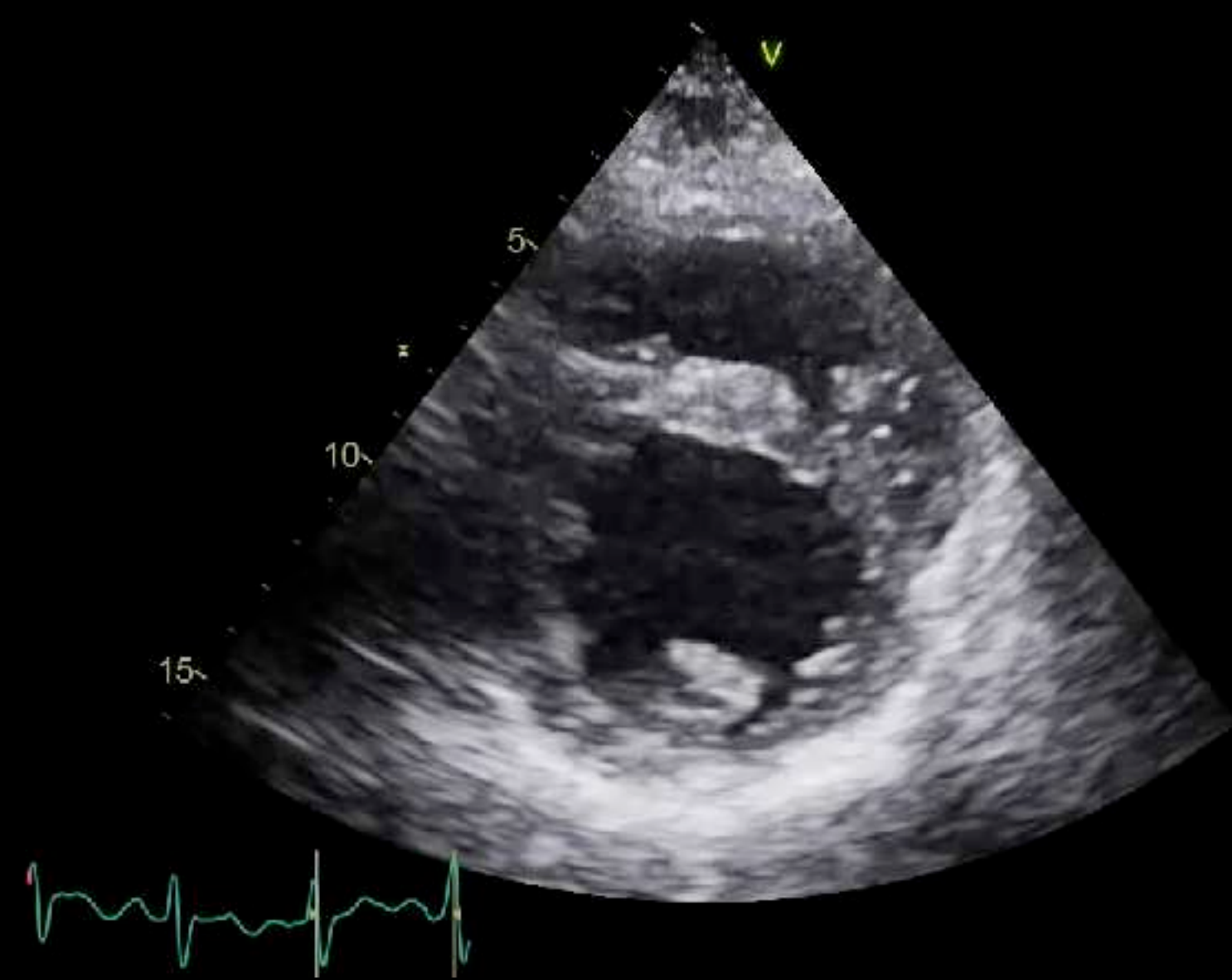
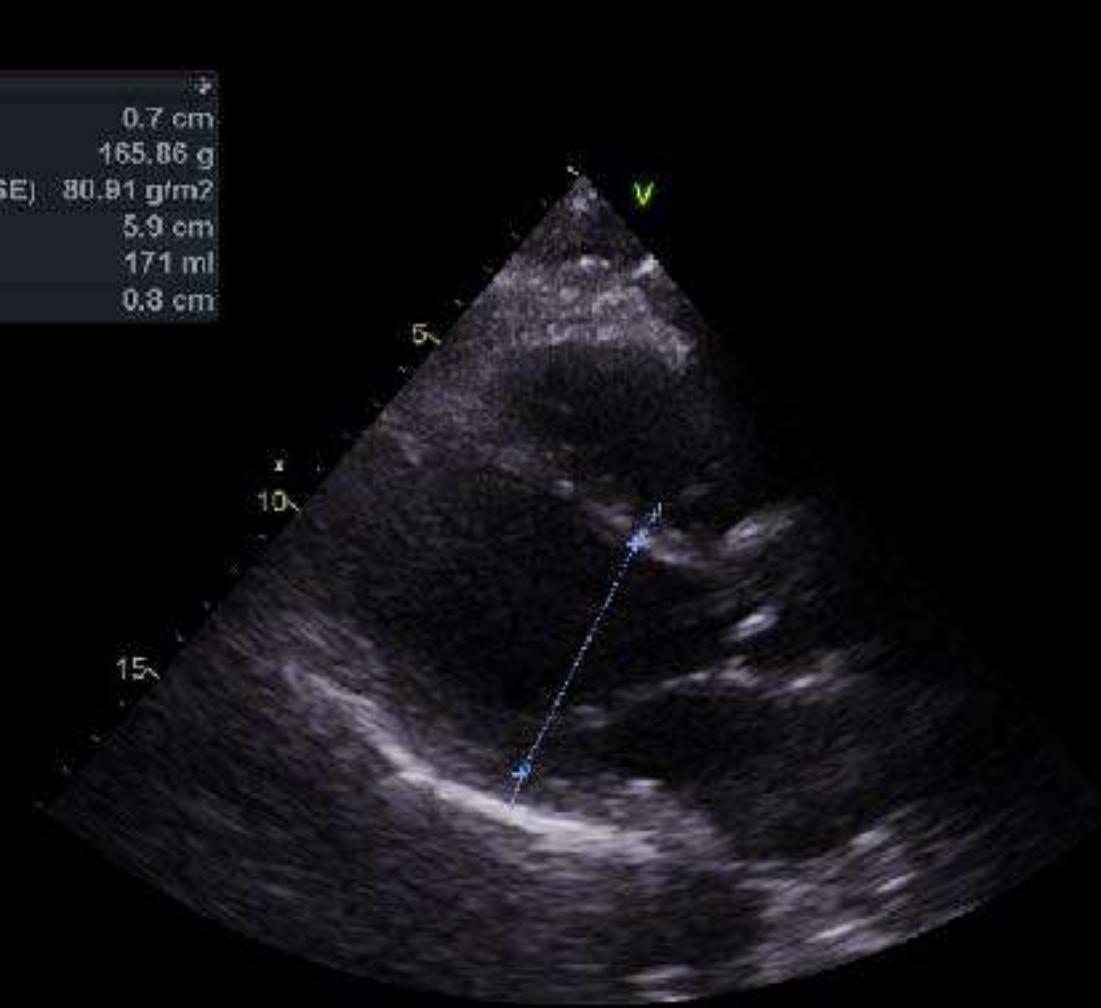


Day 1
in ICU

Differential: Fluid overload / worsening pneumonitis / bacterial superinfection / fungal infection / acute ILD flair



LVPWd	0.7 cm
LVd Mass (ASE)	165.86 g
LVd Mass Ind (ASE)	80.91 g/m ²
LVIDd	5.9 cm
EDV(Teich)	171 ml
IV9d	0.8 cm



132
HR



133
HR

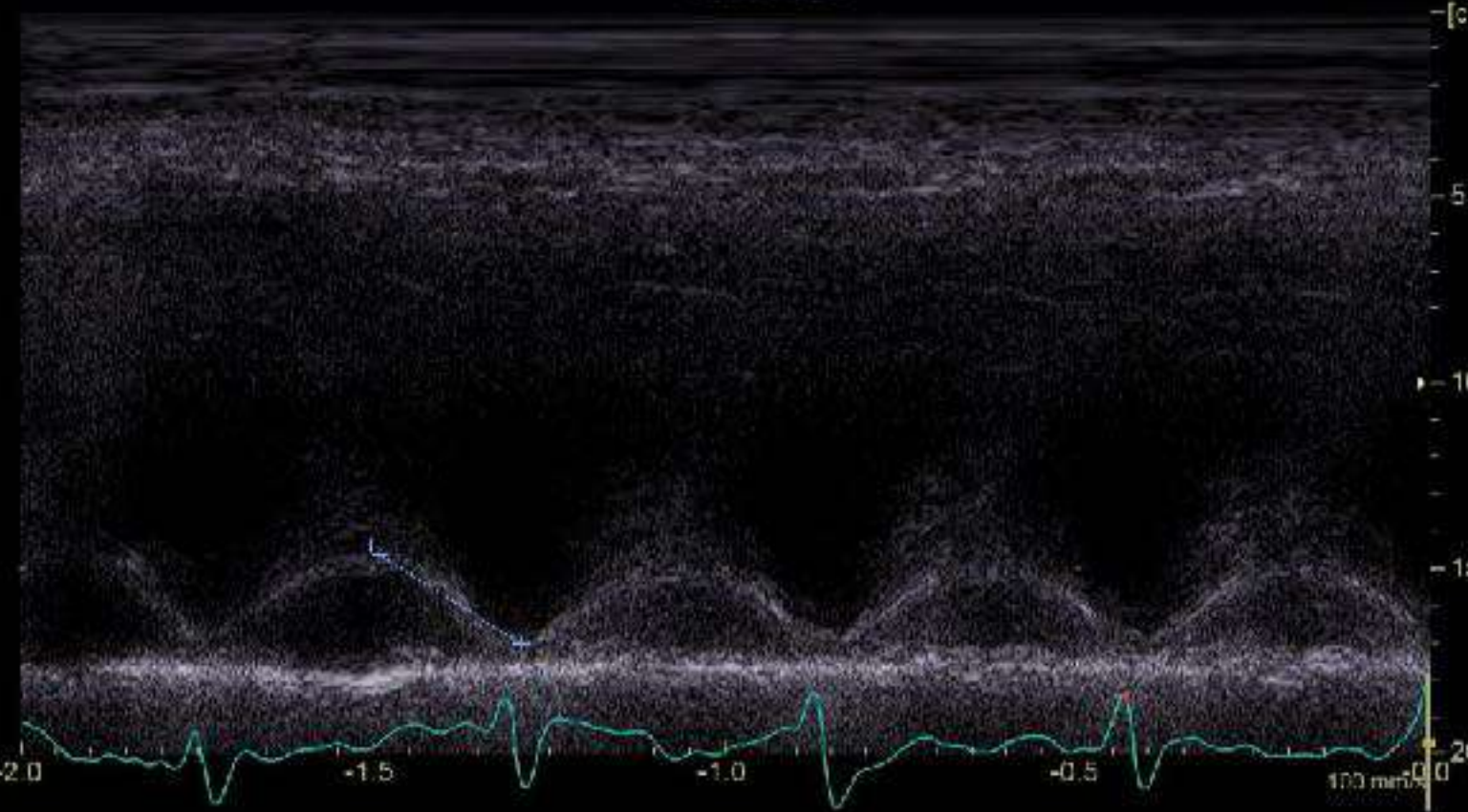


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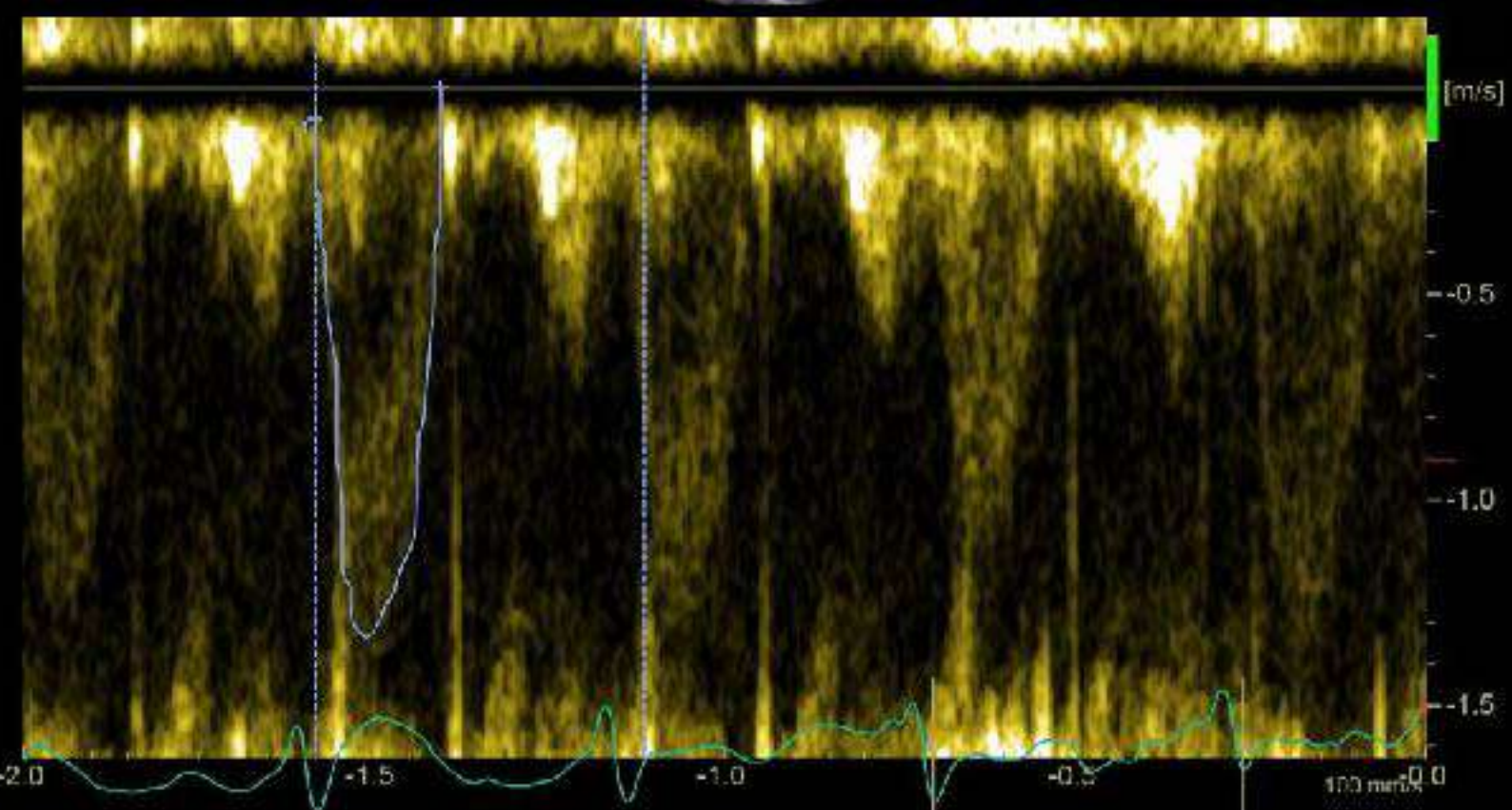
L 10.0 cm
 L 3.6 cm
 L 4.2 cm



TAPSE 2.4 cm



LVOT Vmax 1.34 m/s
 LVOT Vmean 0.98 m/s
 LVOT maxPG 7.15 mmHg
 LVOT meanPG 4.31 mmHg
 LVOT VTI 17.5 cm
 LVOT Env.Ti 179 ms
 HR 128 BPM



HD



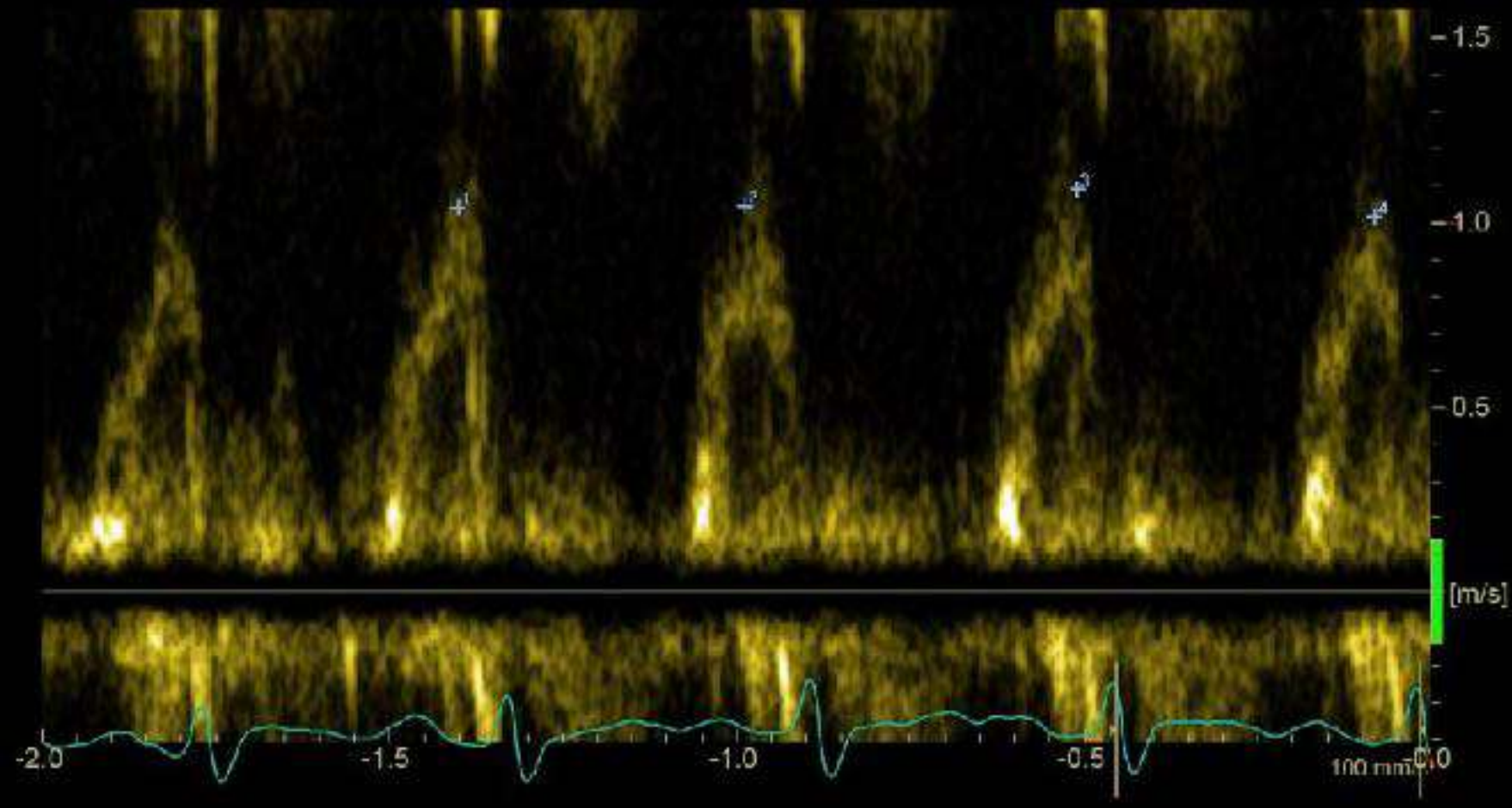
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MV E Vel 1.02 m/s
MV E Vel 1.09 m/s
MV E Vel 1.04 m/s
MV E Vel 1.04 m/s



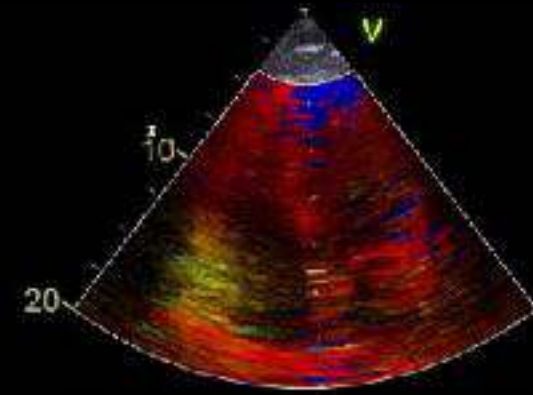
HD

$E:e' = 13$



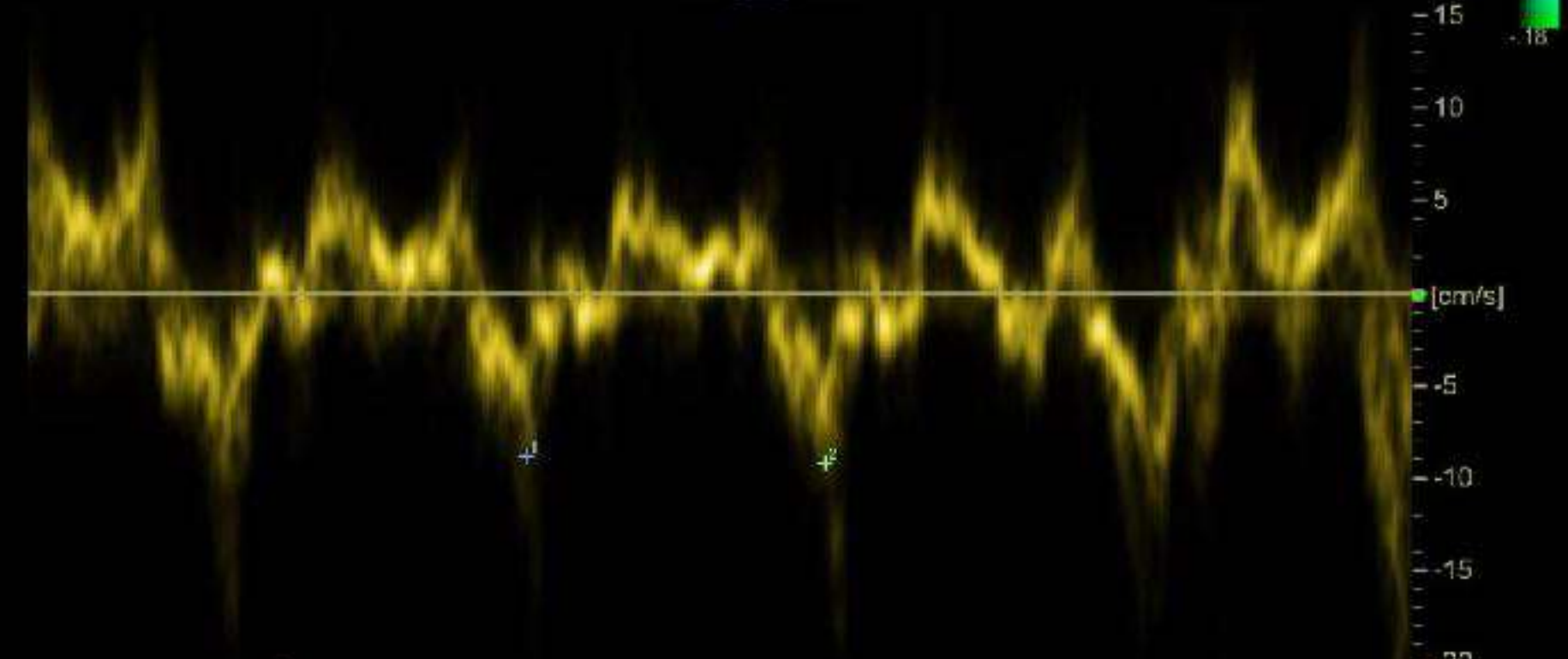
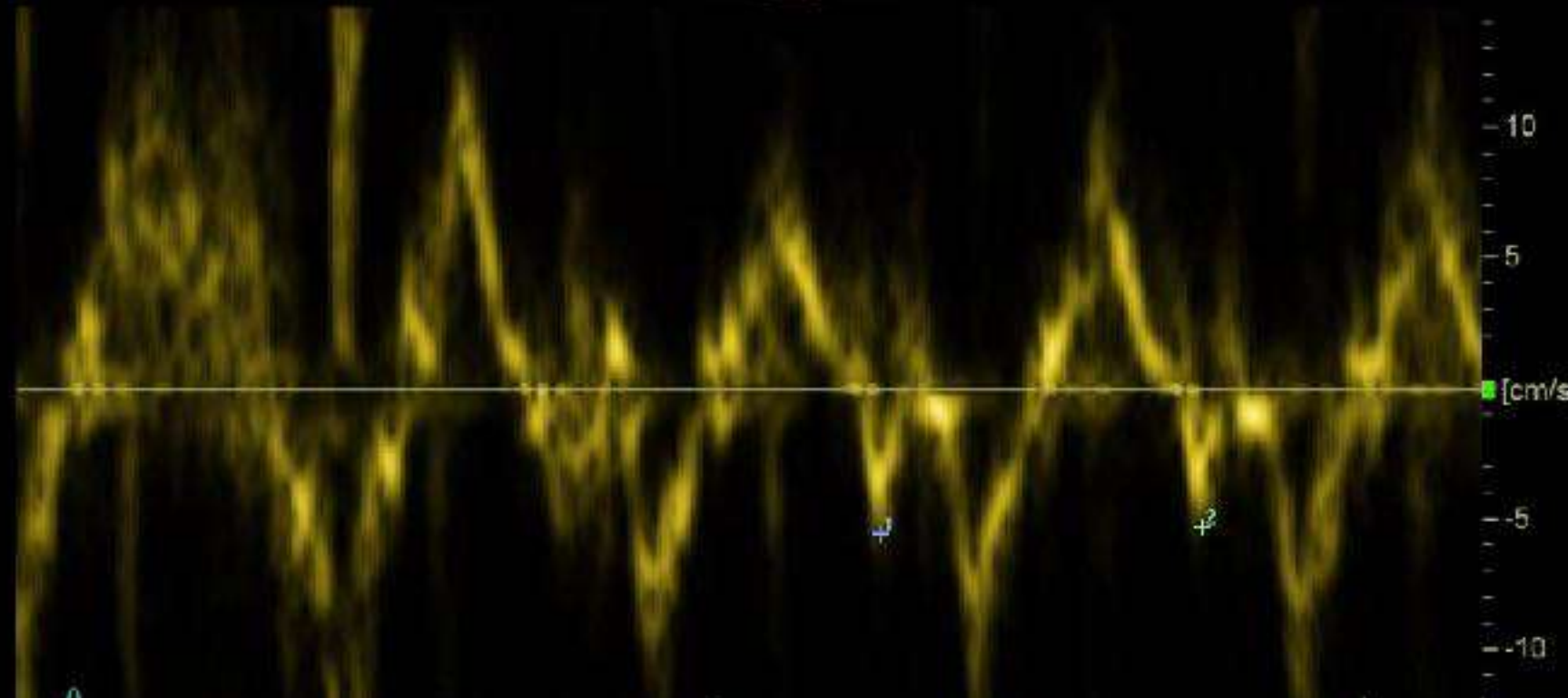
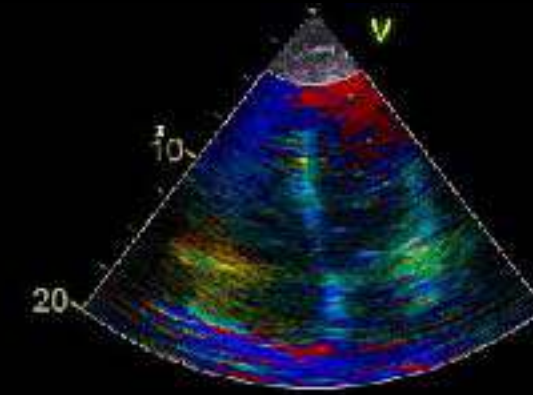
E' Sept 0.05 m/s
E' Sept 0.06 m/s

$e' \text{ sept } 6\text{cm/s}$



E' Lat 0.09 m/s
E' Lat 0.09 m/s

$e' \text{ lat } 9\text{cm/s}$



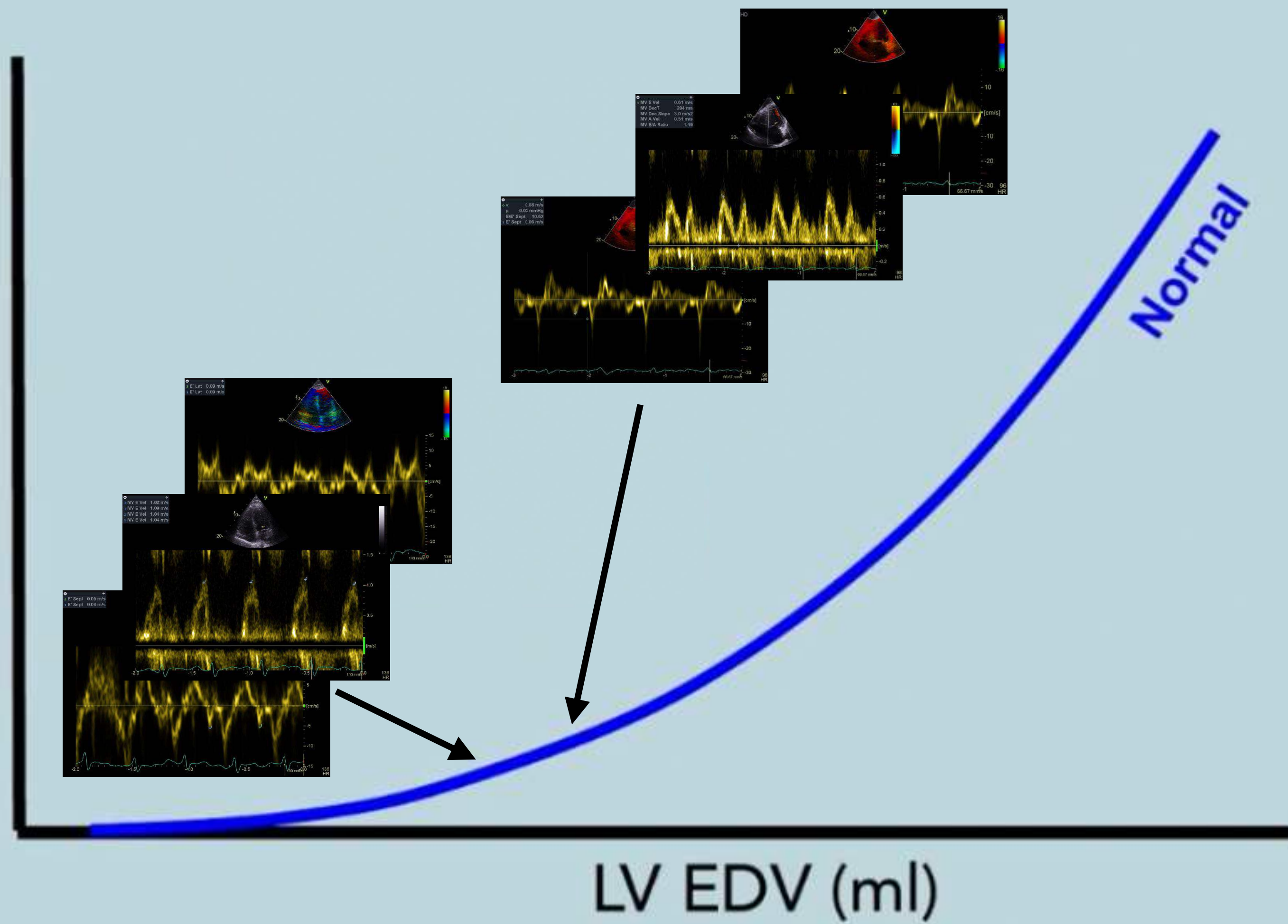
ECHO
AUSTRALIA



250 ml fluid bolus

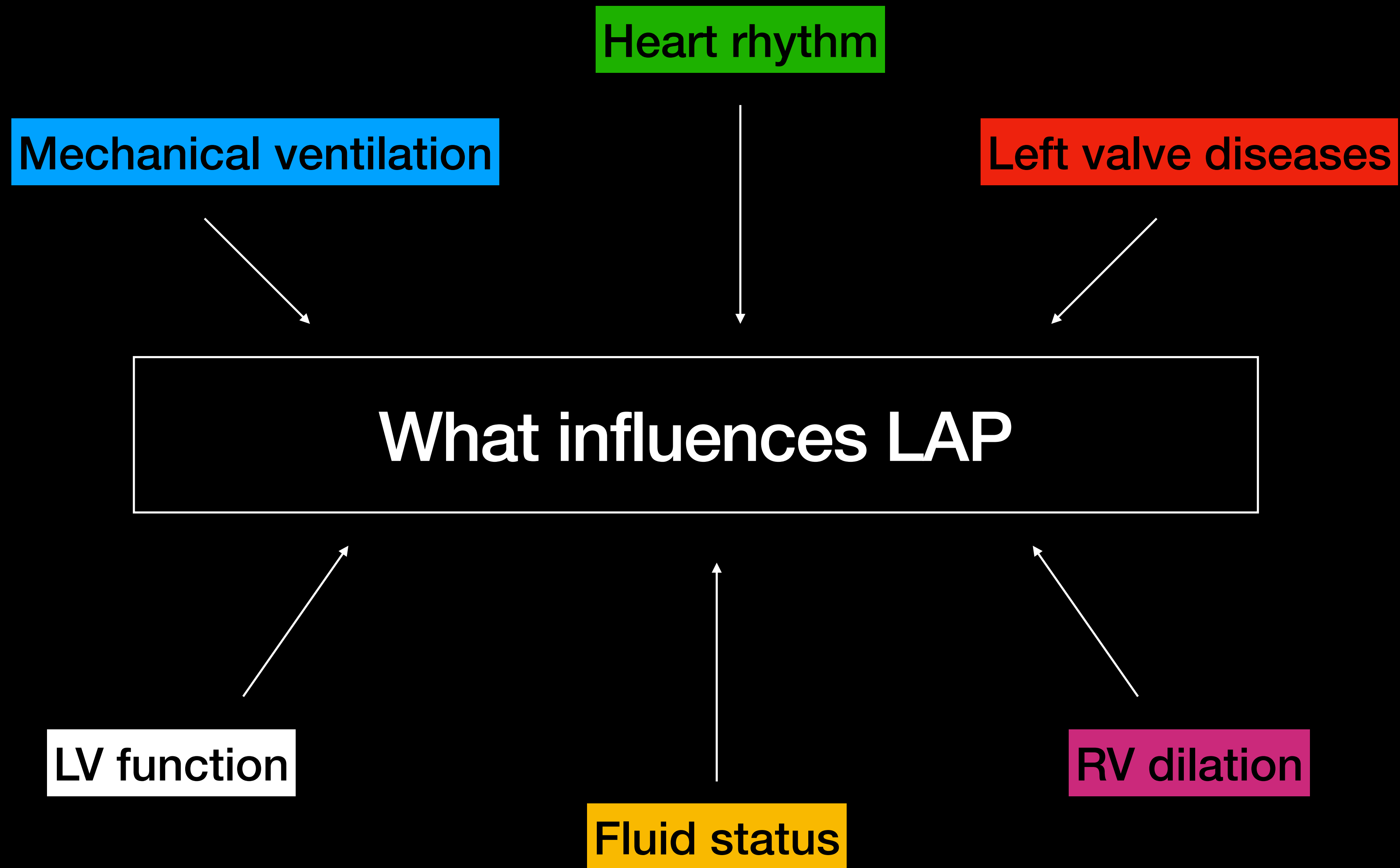
	1st echo	Post 250ml fluid
E wave Vmax	?1.02	0.6
E:A	?<1	1
E:e' average	13	10
Decel time (msec)	?	204

LV EDP (mmHg)

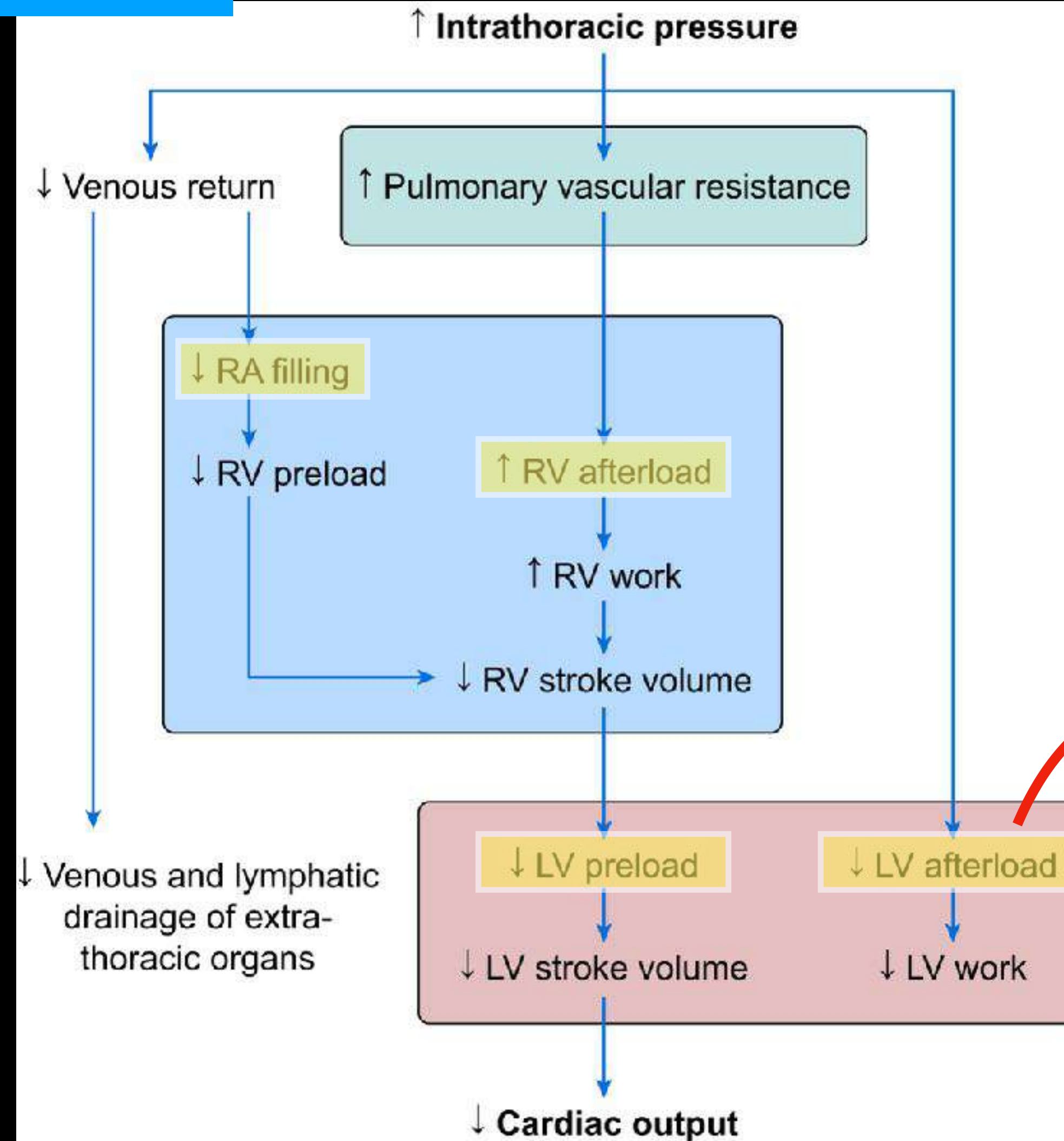


LAP assessment in acute LV dysfunction

- Risk high with these patients to get raised LAP / resp failure
- ‘POCUS’ using Doppler repeat LAP review
- Judicious fluid bolus and repeat
- Balance fluids vs catecholamines



Mechanical ventilation



Laplace's law
 $= P \times r / T$

The cardiovascular effects of positive pressure ventilation
A. Corp*, G. Thomas and M. Adlam
St James University Hospital, Leeds, UK

BJA Education, 21(6): 202–209 (2021)
doi: [10.1016/j.bjae.2021.01.002](https://doi.org/10.1016/j.bjae.2021.01.002)
Advance Access Publication Date: 15 March 2021

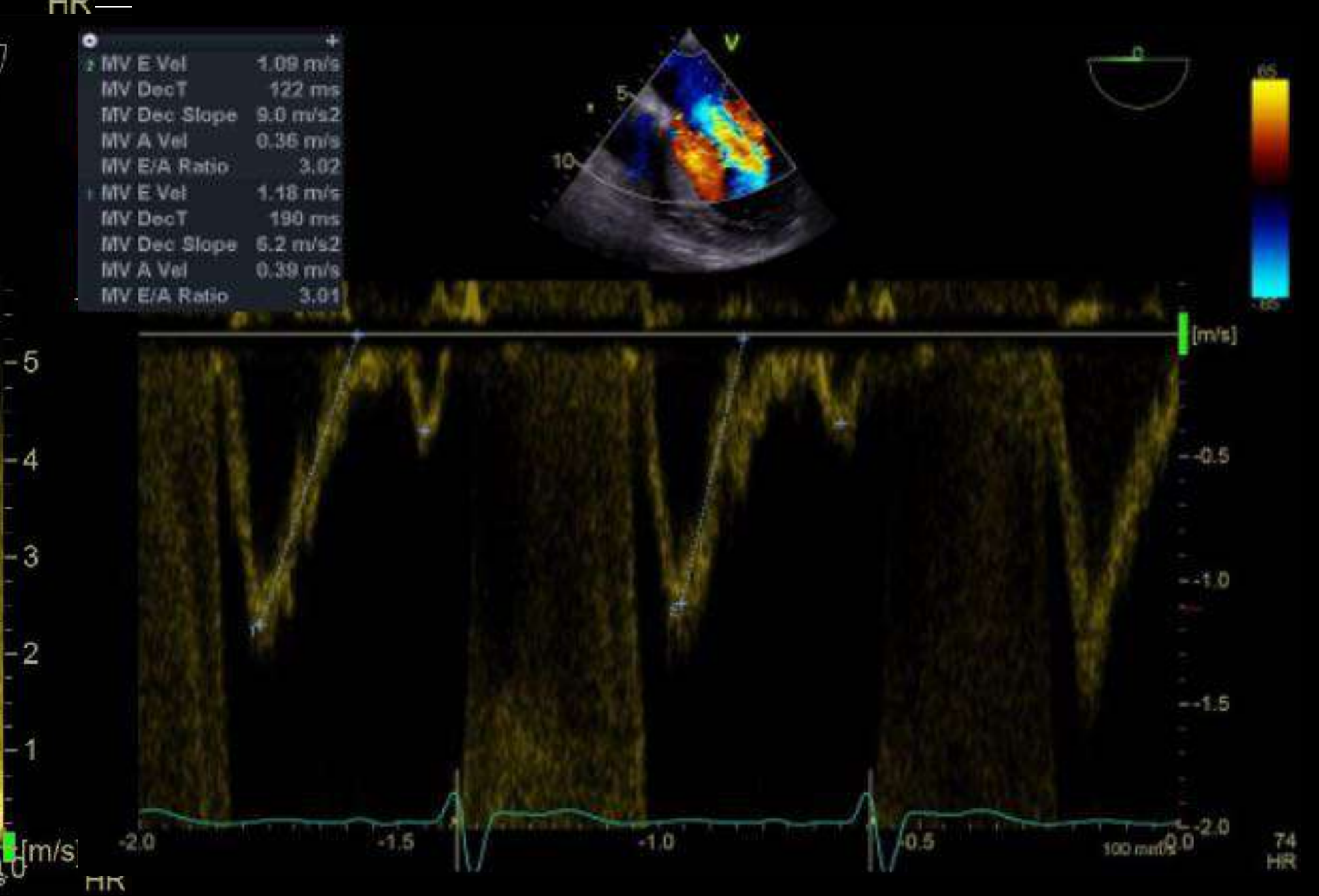
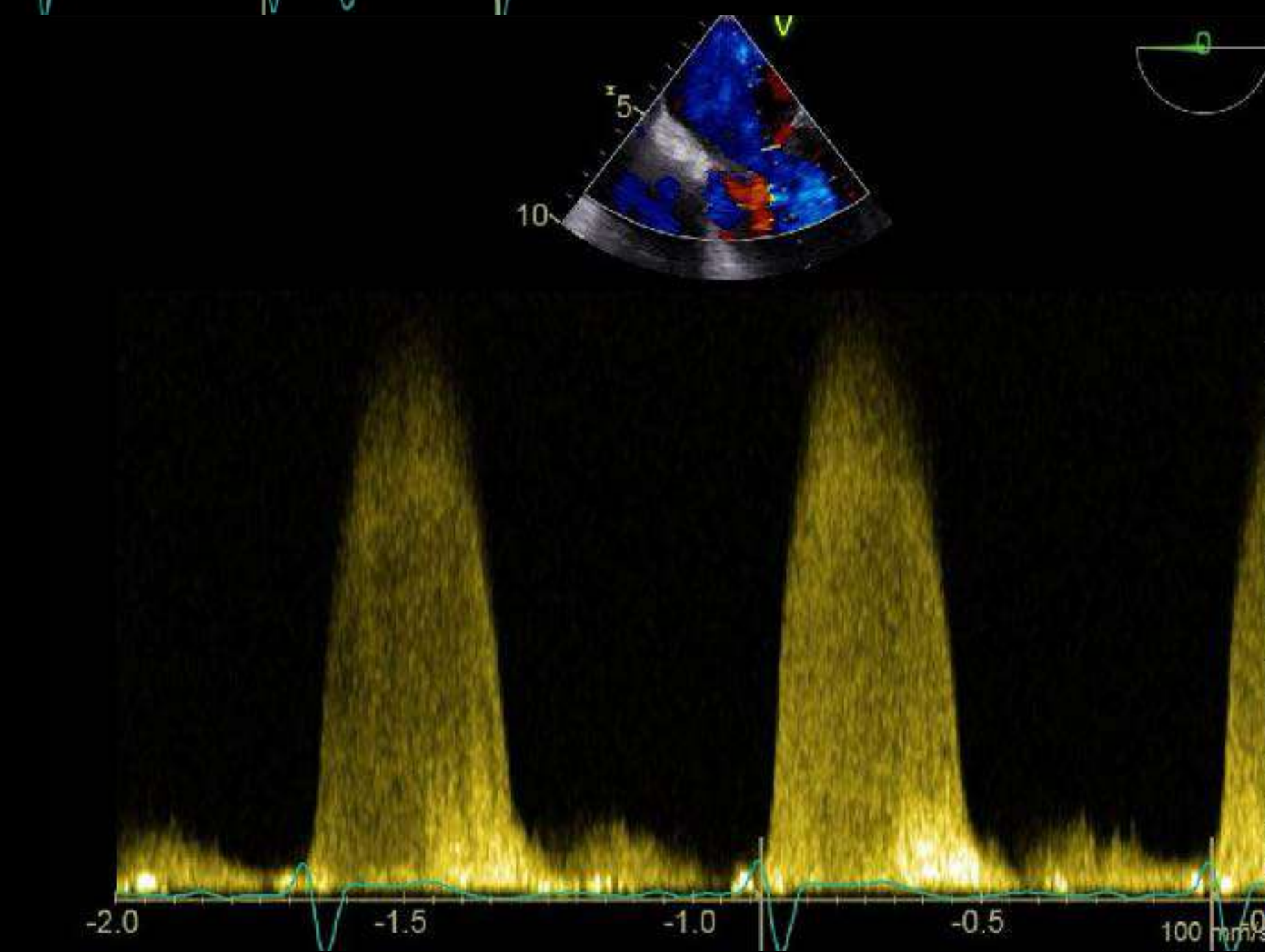
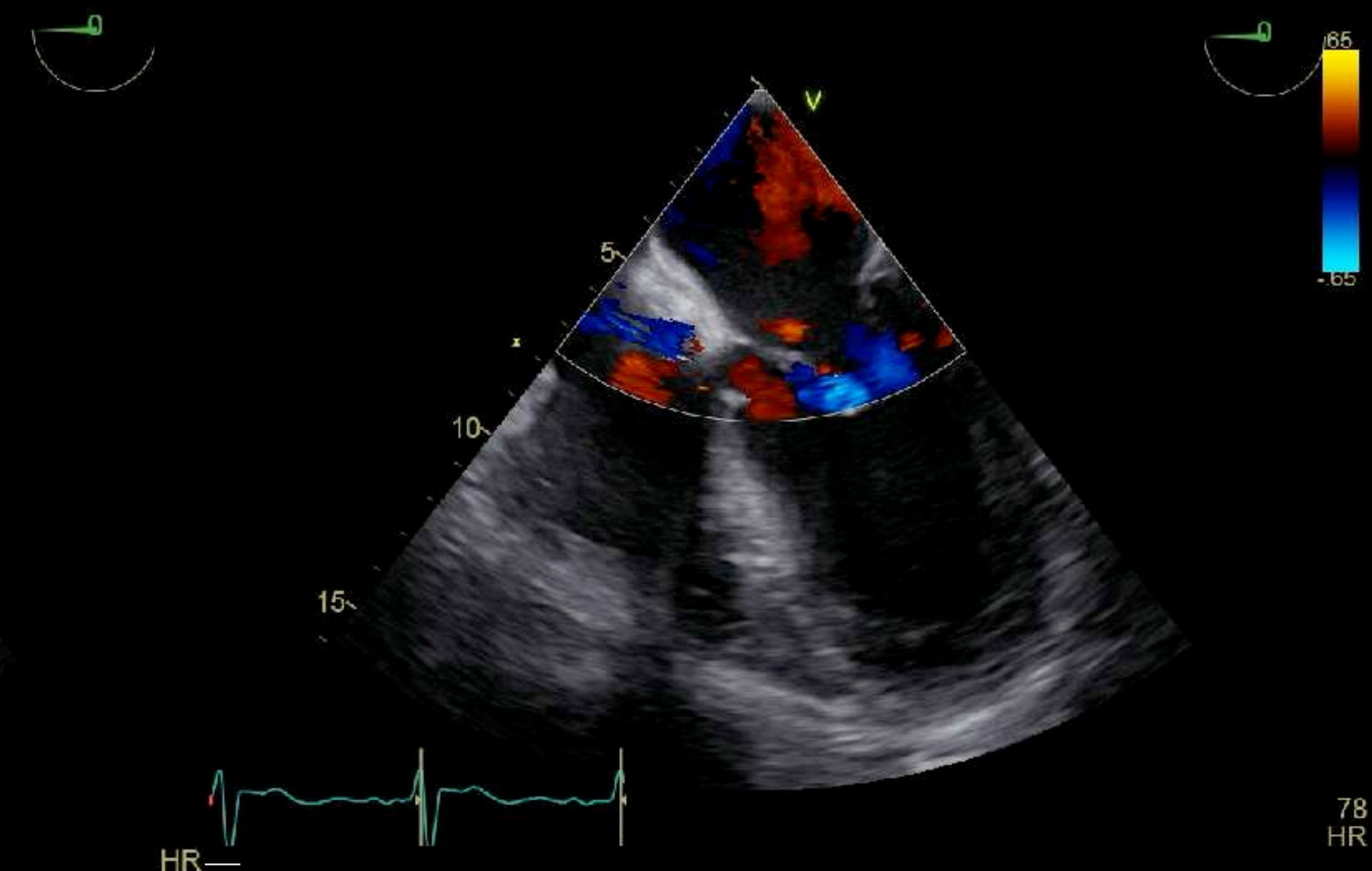
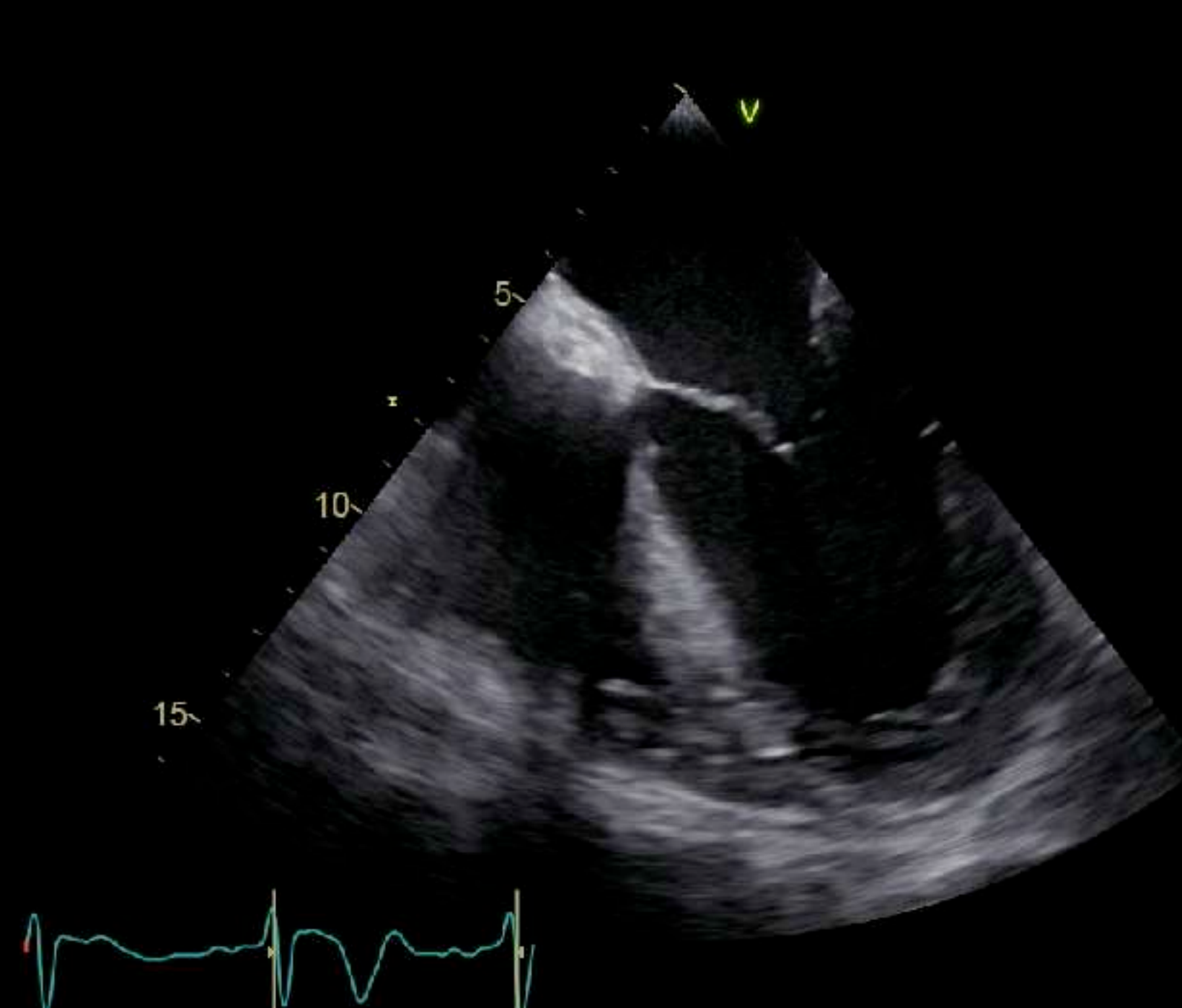
61yo male (truck driver)

PC: Conscious VT, HR 180 and hypotension

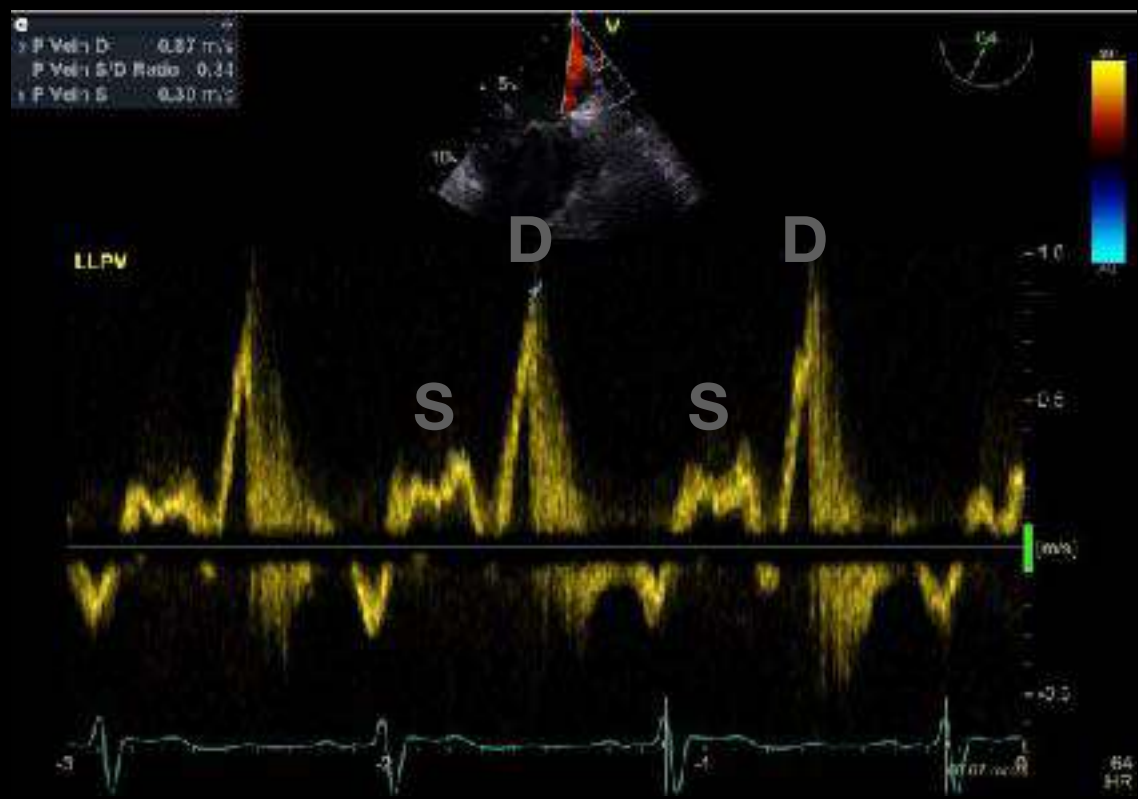
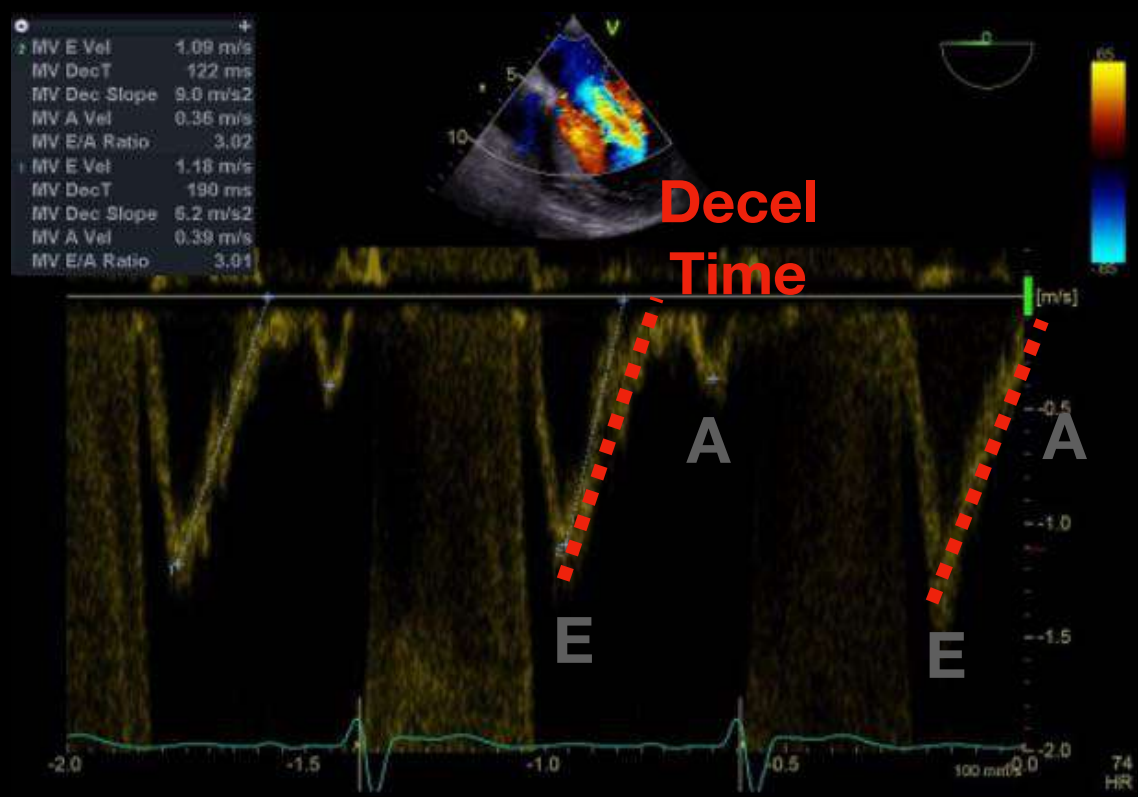
PMH: HTN, DM, BMI 40, smoker

- ED = Mg2+, Amiodarone => SR => CCU
- 24hr later MET call = HTN, desaturation, agitation = APO
- Agitation / intolerance of CPAP => ICU for intubation
- Few days down track CXR better, -ve 4L , mild ARF, 'difficulty' weaning



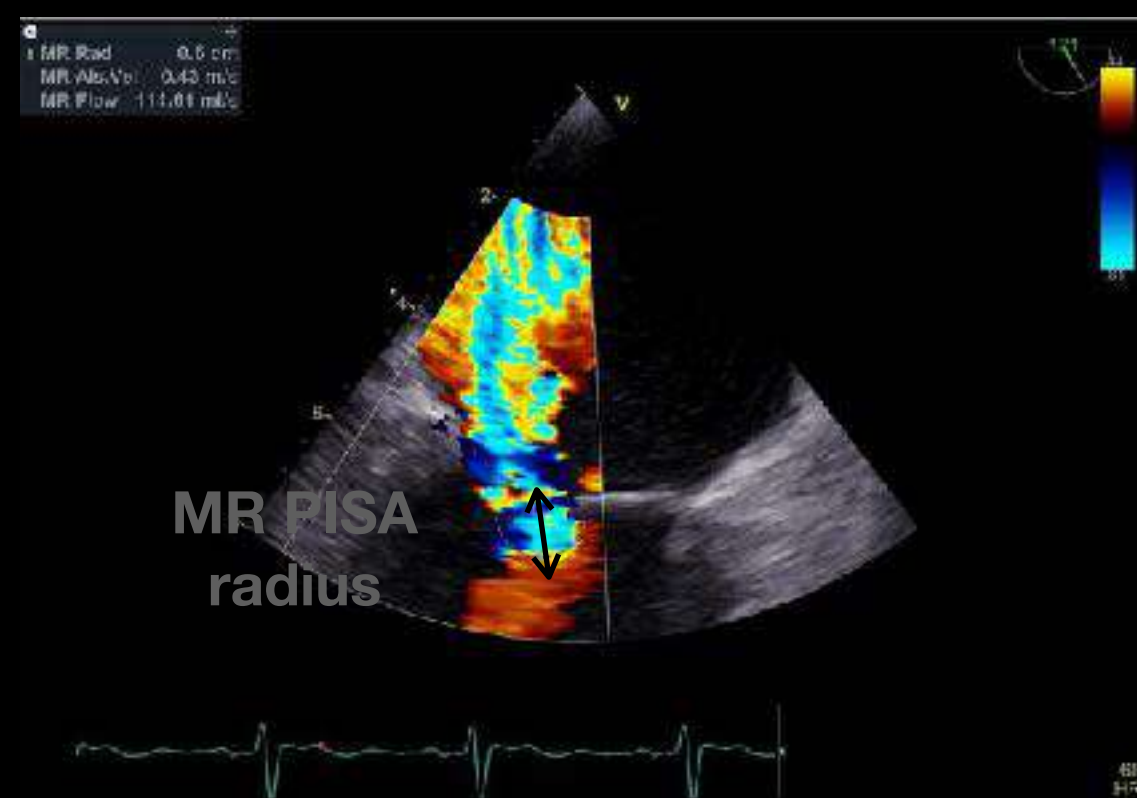
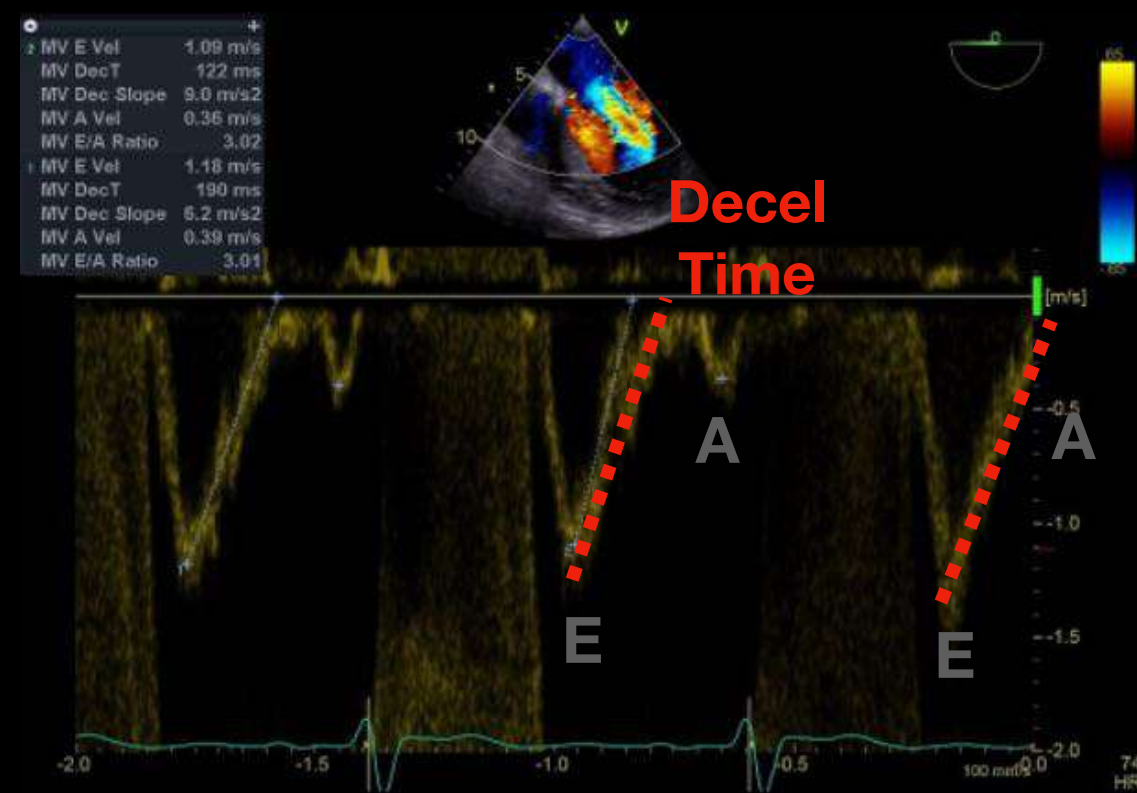


PEEP 10

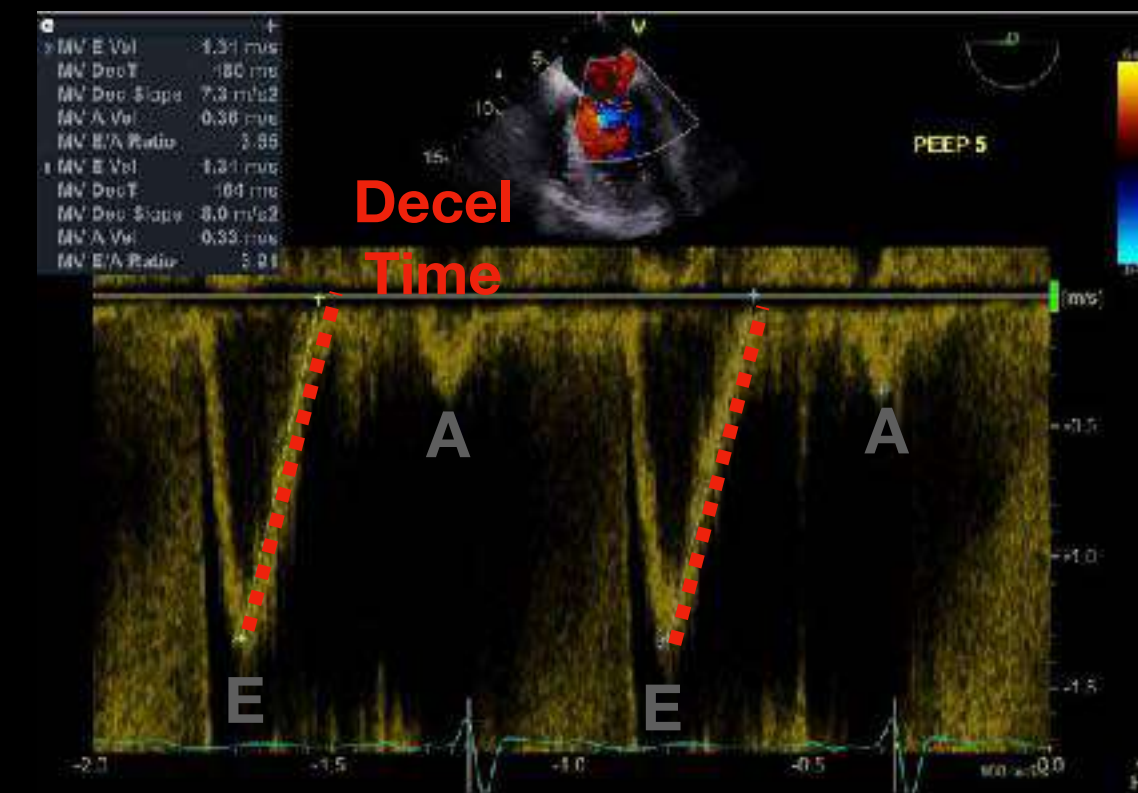


	<u>PEEP 10</u>	
E Vmax	1.15	
Decel Time	190	
E:A	3.0	
E:e'	14	
S:D	0.34	
MR PISA radius (cm)	0.6	

PEEP 10



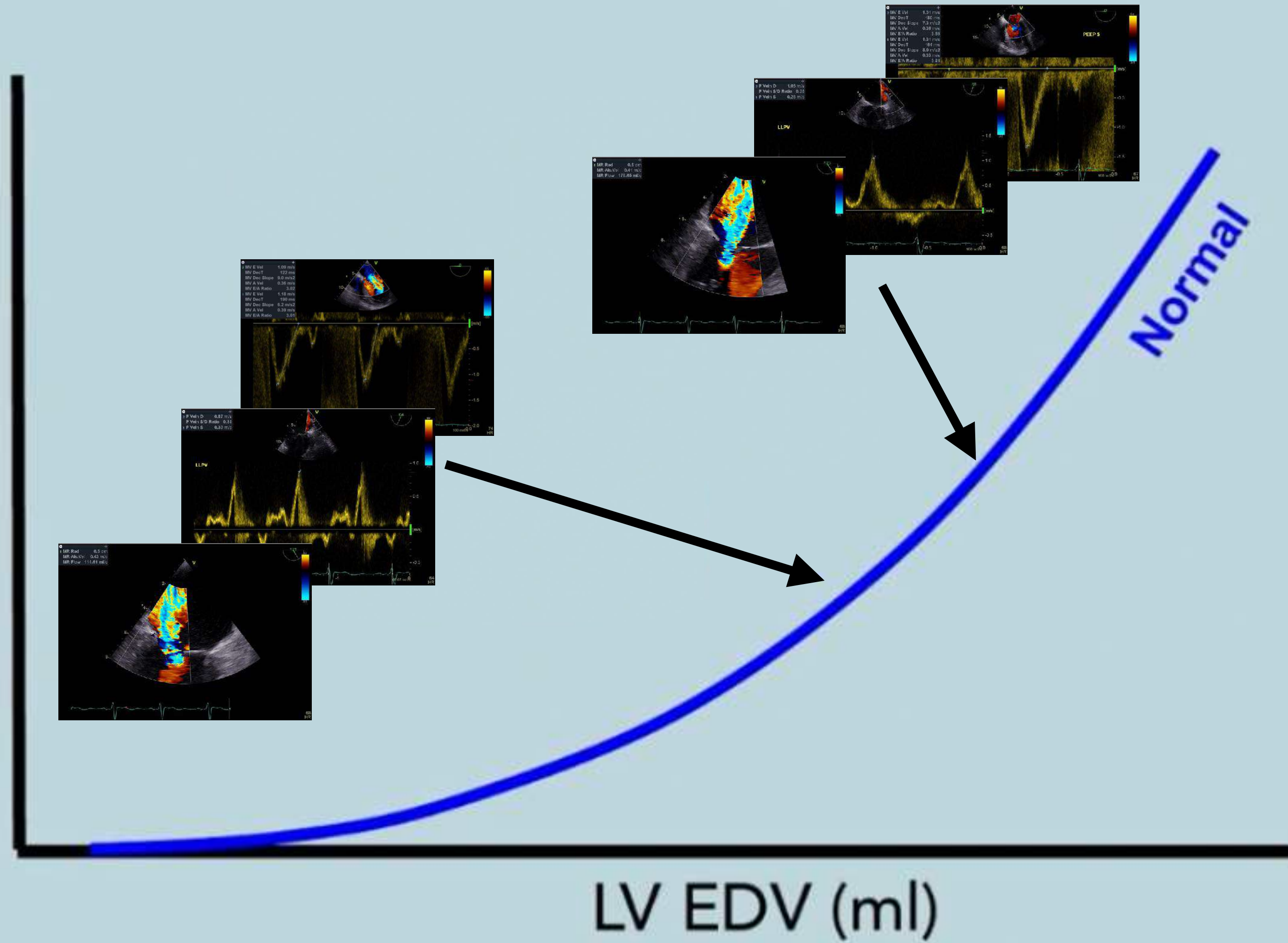
PEEP 5



Spontaneous Breathing Trial

	PEEP 10	PEEP 5
E Vmax	1.15	1.31
Decel Time	190	164
E:A	3.0	3.8
E:e'	14	23
S:D	0.34	0.25
MR PISA radius (cm)	0.6	0.8

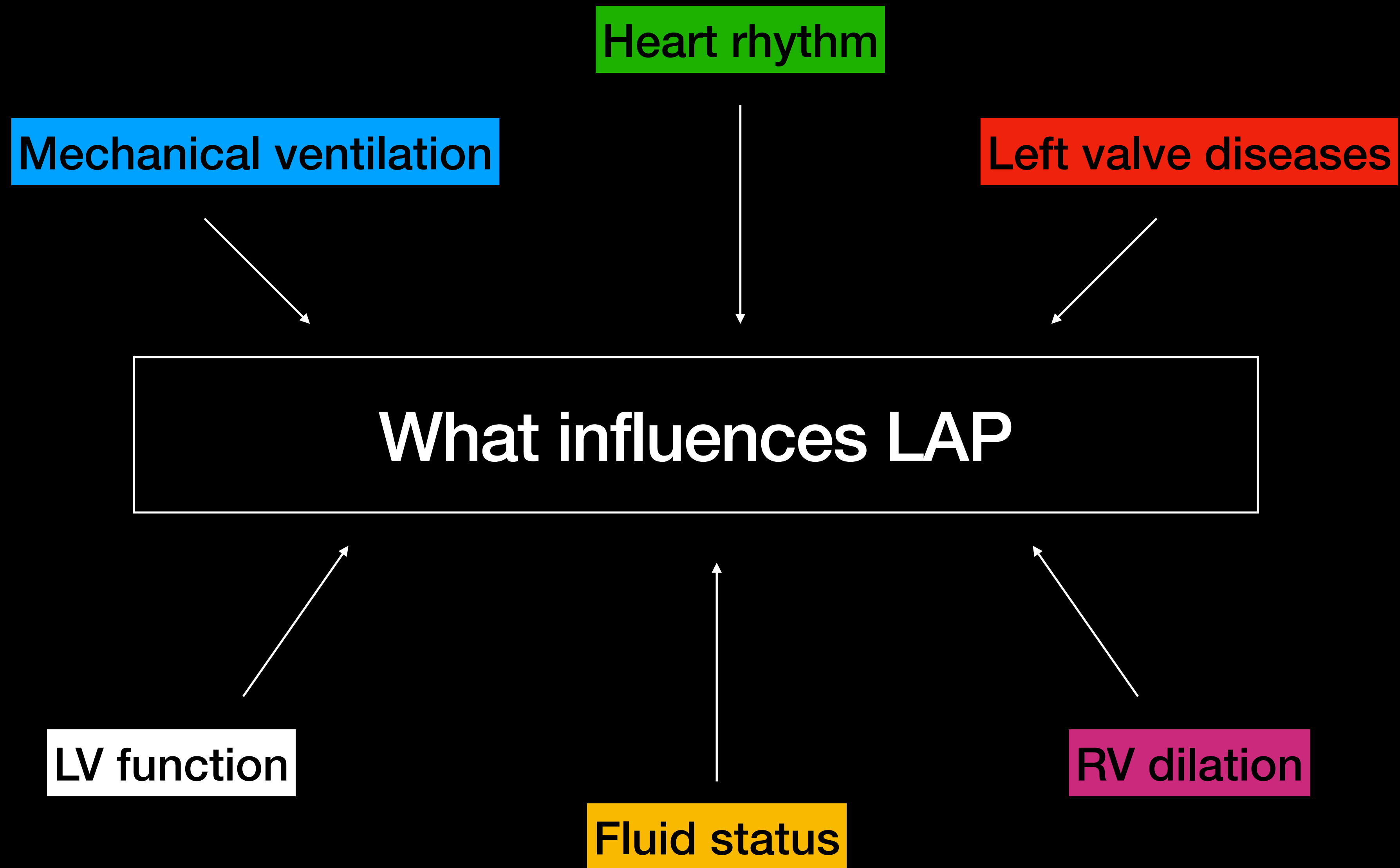
LV EDP (mmHg)



LAP assessment in weaning from mechanical ventilation

- Significant raised LAP remains despite improved CXR
- Ongoing diuresis *essential*
- Repeat 'spontaneous breathing trial' till non-significant change





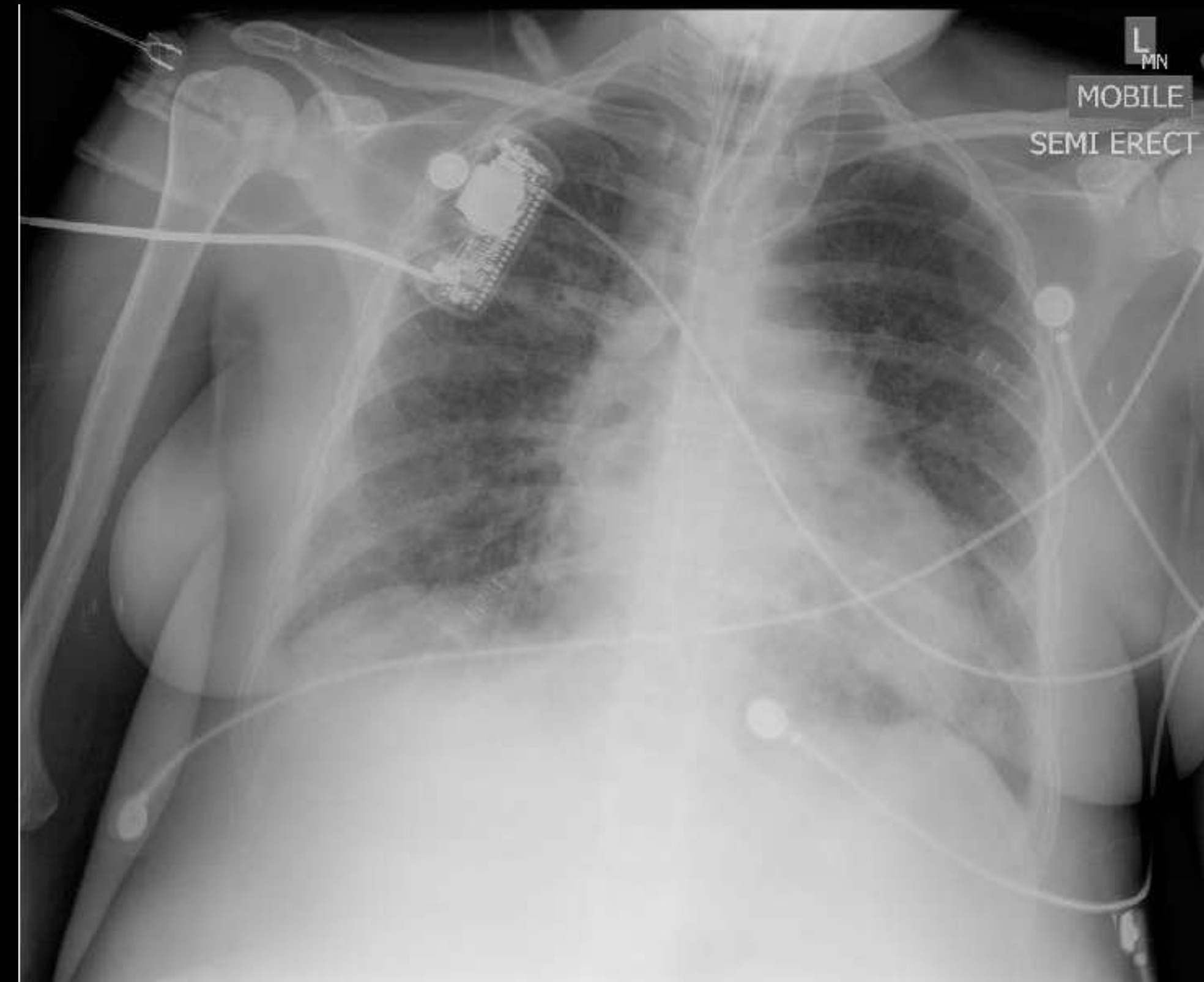
45yo *Pneumocystis jirovecii* pneumonia after renal transplant.

RV dilation

- Failed HFNP => intubation
- Max conventional MV

.... ? start iNO

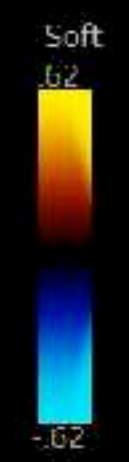
Results	13:27	11:28
Point of Care Testing (POCT)		
Specimen Type POCT	Arterial	Arterial
Device Facility	Nepean	Nepean
Device Type	ABL	ABL
Device Ward	ICUA	ICUA
Instrument ID	D210ICUAAB01	D210ICUAAB01
Blood Gas		
☐ Inspired Oxygen	80.0 %	90.0 %
☐ Blood pH	7.23 L	7.22 L
☐ Blood pO2	78 mmHg	63 mmHg L
☐ Blood pCO2	81 mmHg H	81 mmHg H
☐ Blood O2 Saturation	94 % L	88 % L
☐ Blood HCO3	33 mmol/L H	32 mmol/L H
☐ Blood Base Excess	4 mmol/L H	3 mmol/L
☐ Blood Sodium	148 mmol/L H	150 mmol/L H
☐ Blood Potassium	5.4 mmol/L	5.3 mmol/L
☐ Blood Chloride	108 mmol/L H	107 mmol/L
☐ Blood Glucose	13.3 mmol/L	13.7 mmol/L
☐ Blood Lactate	0.9 mmol/L	1.1 mmol/L
☐ Blood Calcium Ionised	1.22 mmol/L	1.25 mmol/L
☐ Blood Total Haemoglobin	103 g/L L	111 g/L L
☐ Blood Oxyhaemoglobin	91.8 % L	85.8 % L
☐ Blood Carboxyhaemoglobin	1.1 %	1.3 %
☐ Blood Deoxyhaemoglobin	6.2 % H	12.2 % H
☐ Blood Methaemoglobin	0.9 %	0.7 %



FPS: 50
f: 1.7 MHz/3.3 MHz
P: 0 dB
Compr: 55 dB
D: 16.0 cm

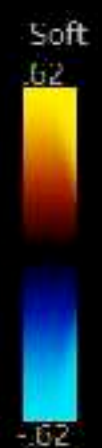


70
HR



71
HR

FPS: 19/19
f: 2.5 MHz/2.5 MHz
P: 0 dB
Compr: 55 dB
D: 18.0 cm
G(c): -5 dB
Ref: 20 cm/s
PRF: 4.00 kHz



FPS: 50
f: 1.7 MHz/3.3 MHz
P: 0 dB
Compr: 50 dB
D: 18.0 cm



69
HR

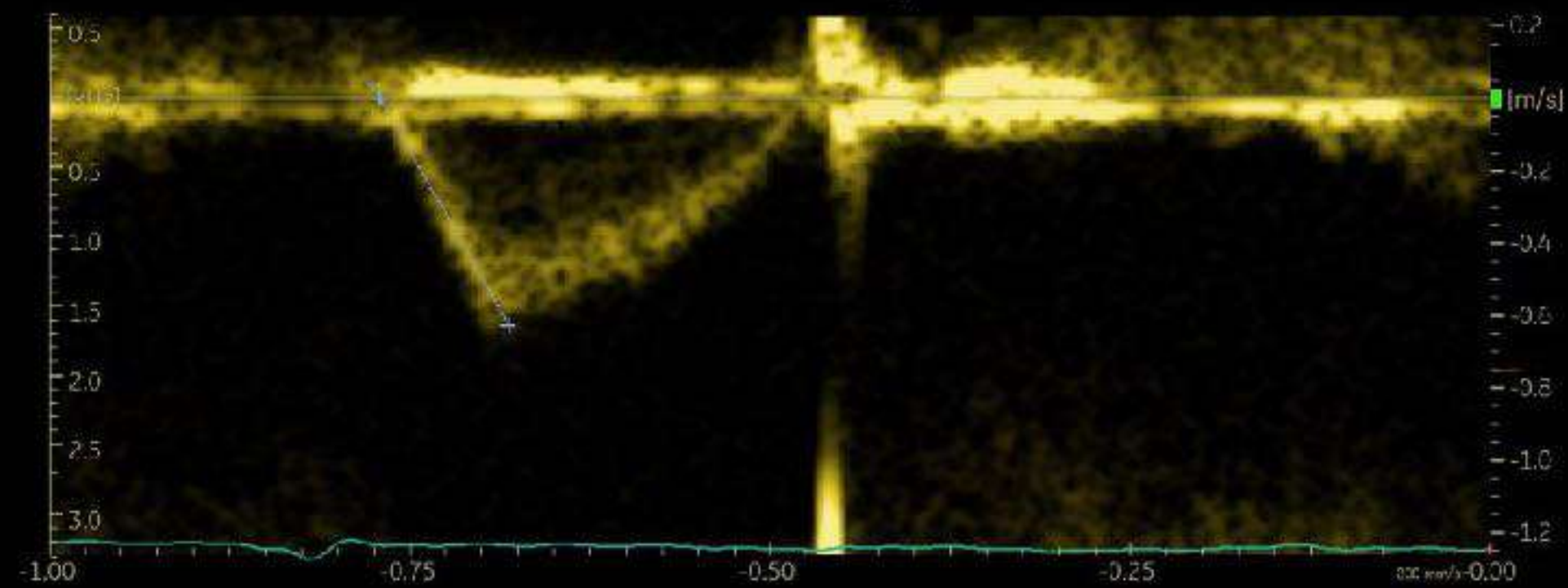
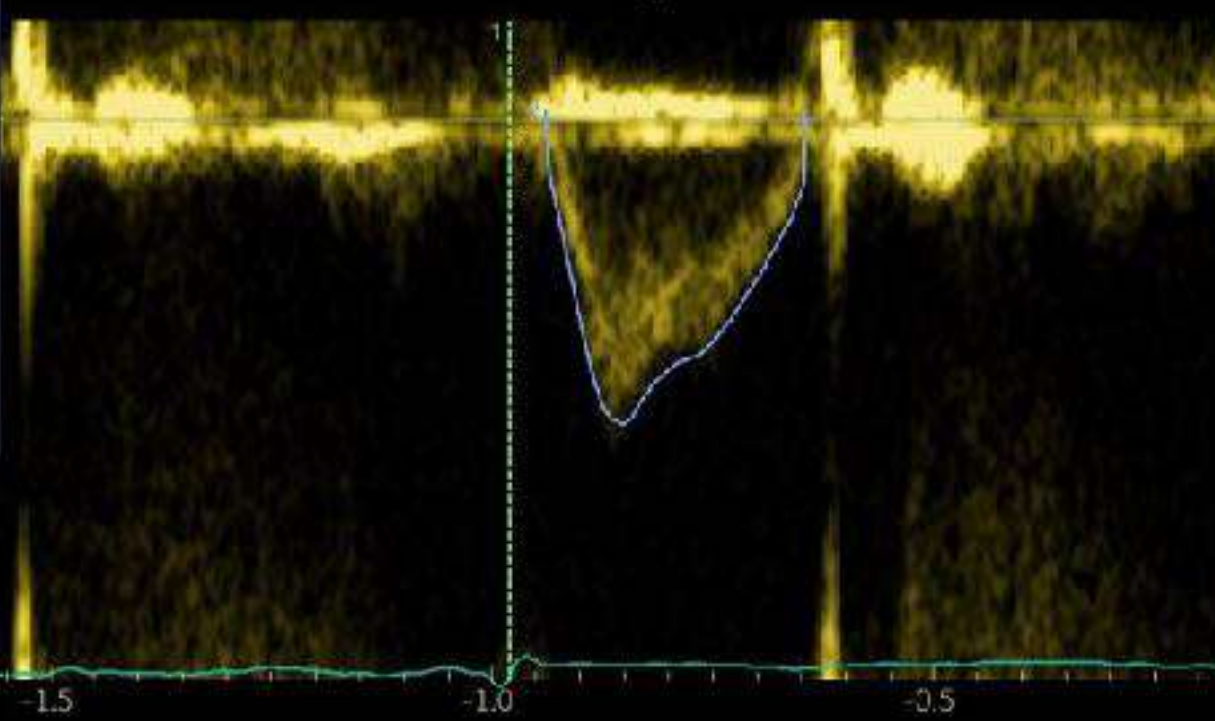


69
HR

RVOT Vmax	0.68 m/s
RVOT Vmean	0.46 m/s
RVOT maxPG	1.87 mmHg
RVOT meanPG	0.94 mmHg
RVOT VTI	13.4 cm
RVOT Env.Ti	294 ms
HR	67 BPM
RVOT Vmax	0.68 m/s
RVOT Vmean	0.47 m/s
RVOT maxPG	1.87 mmHg
RVOT meanPG	1.00 mmHg
RVOT VTI	11.9 cm
RVOT Env.Ti	251 ms
HR	67 BPM

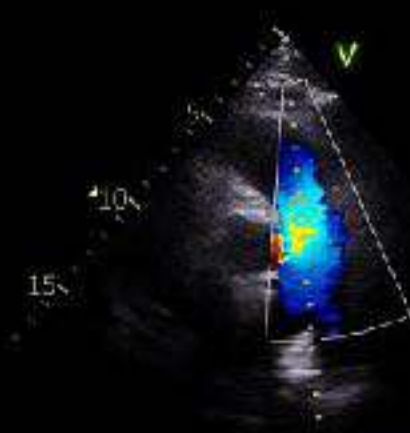


PV AccT	89 ms
PV Acc Slope	7.1 m/s ²
D: 18.0 cm	
Gain: 5 dB	
Ref: 20 cm/s	
PRF: 4.00 kHz	
Ref: 2.7 cm/s	
SV: 2.0 mm	

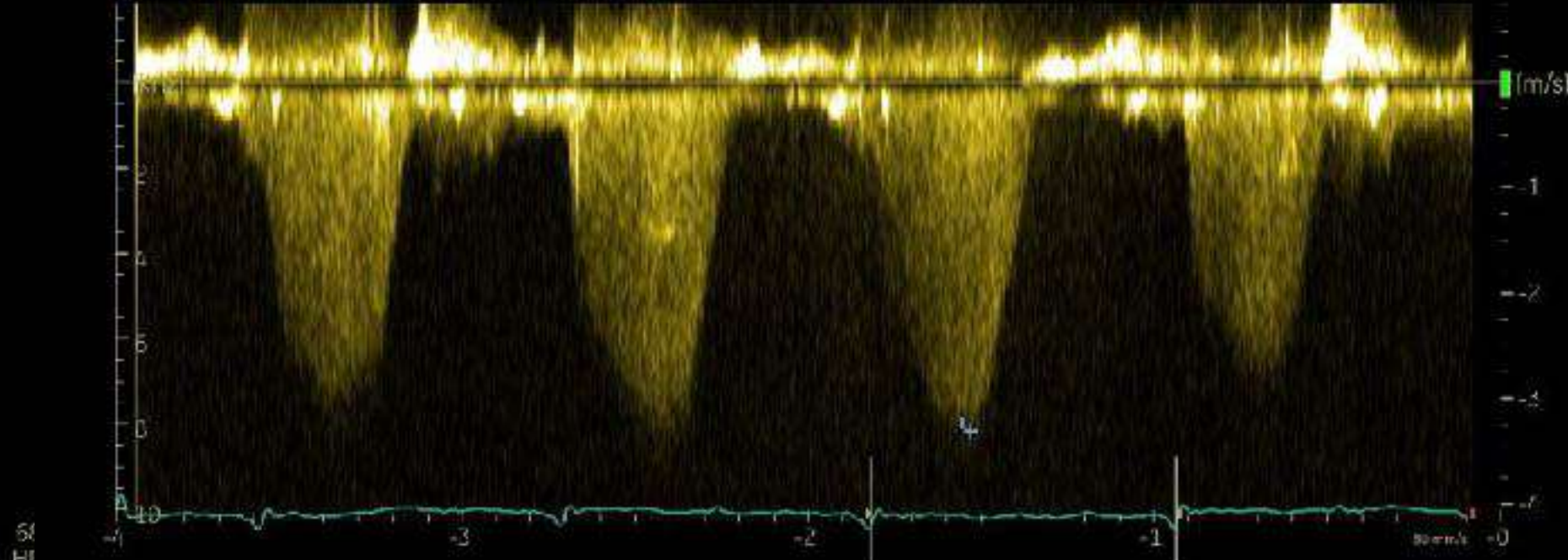
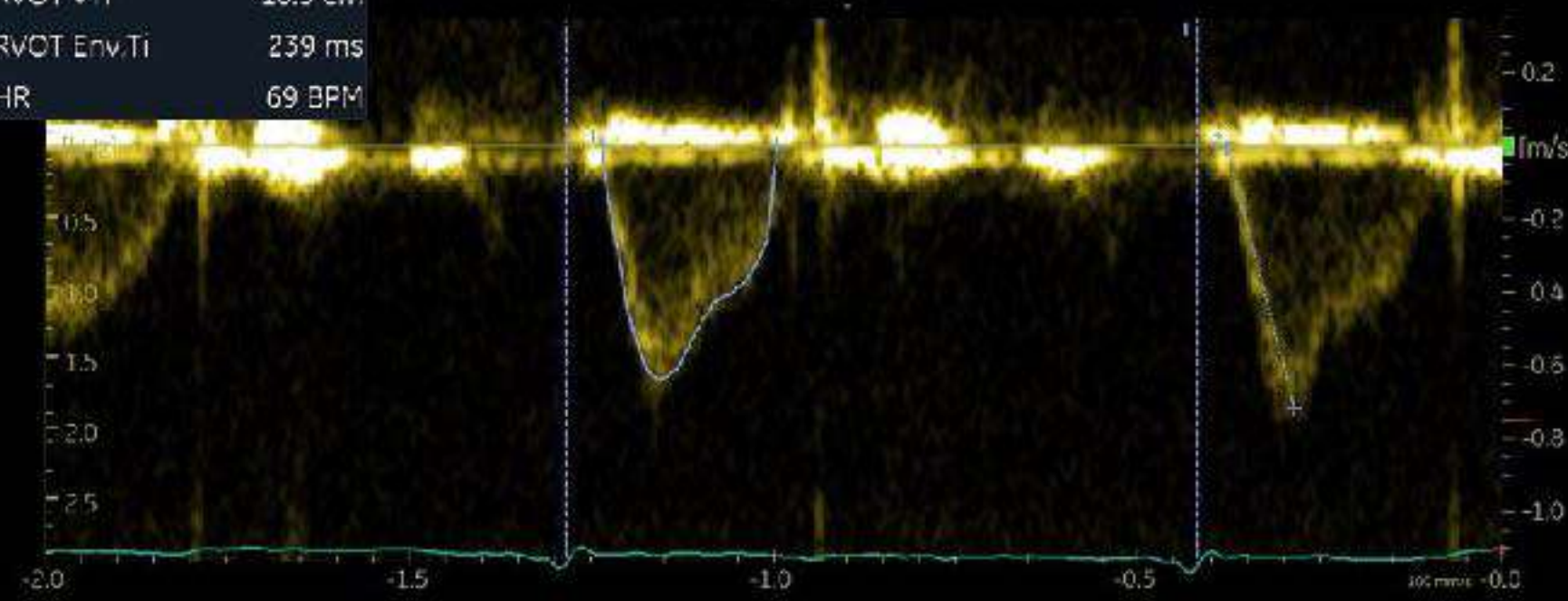


67 HR

PV AccT	93 ms
PV Acc Slope	7.7 m/s ²
RVOT Vmax	0.64 m/s
RVOT Vmean	0.43 m/s
RVOT maxPG	1.63 mmHg
RVOT meanPG	0.84 mmHg
RVOT VTI	10.3 cm
RVOT Env.Ti	239 ms
HR	69 BPM



TR Vmax	3.33 m/s
TR maxPG	44.24 mmHg
D: 18.0 cm	
Gain: 5 dB	
Ref: 20 cm/s	
PRF: 4.00 kHz	
Ref: 13.7 cm/s	



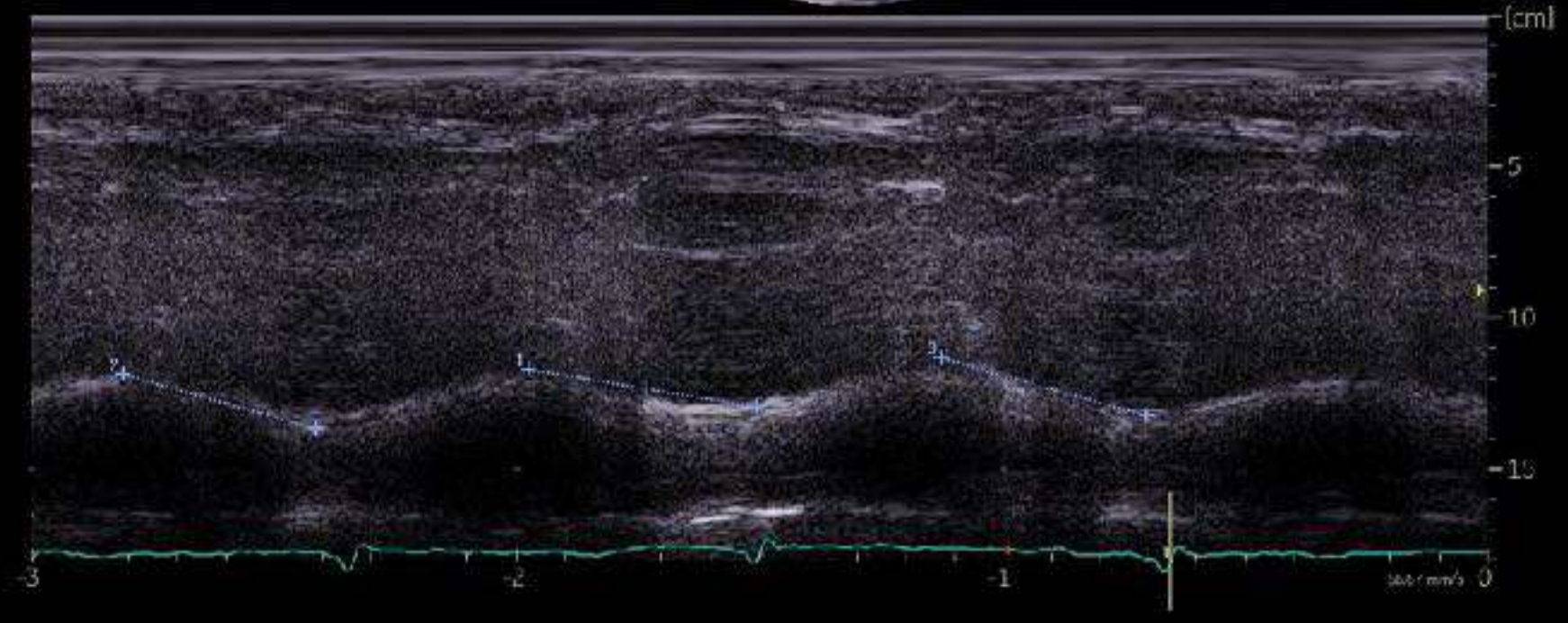
66 HR

TAPSE 1.9 cm
TAPSE 1.8 cm
TAPSE 1.3 cm



Soft

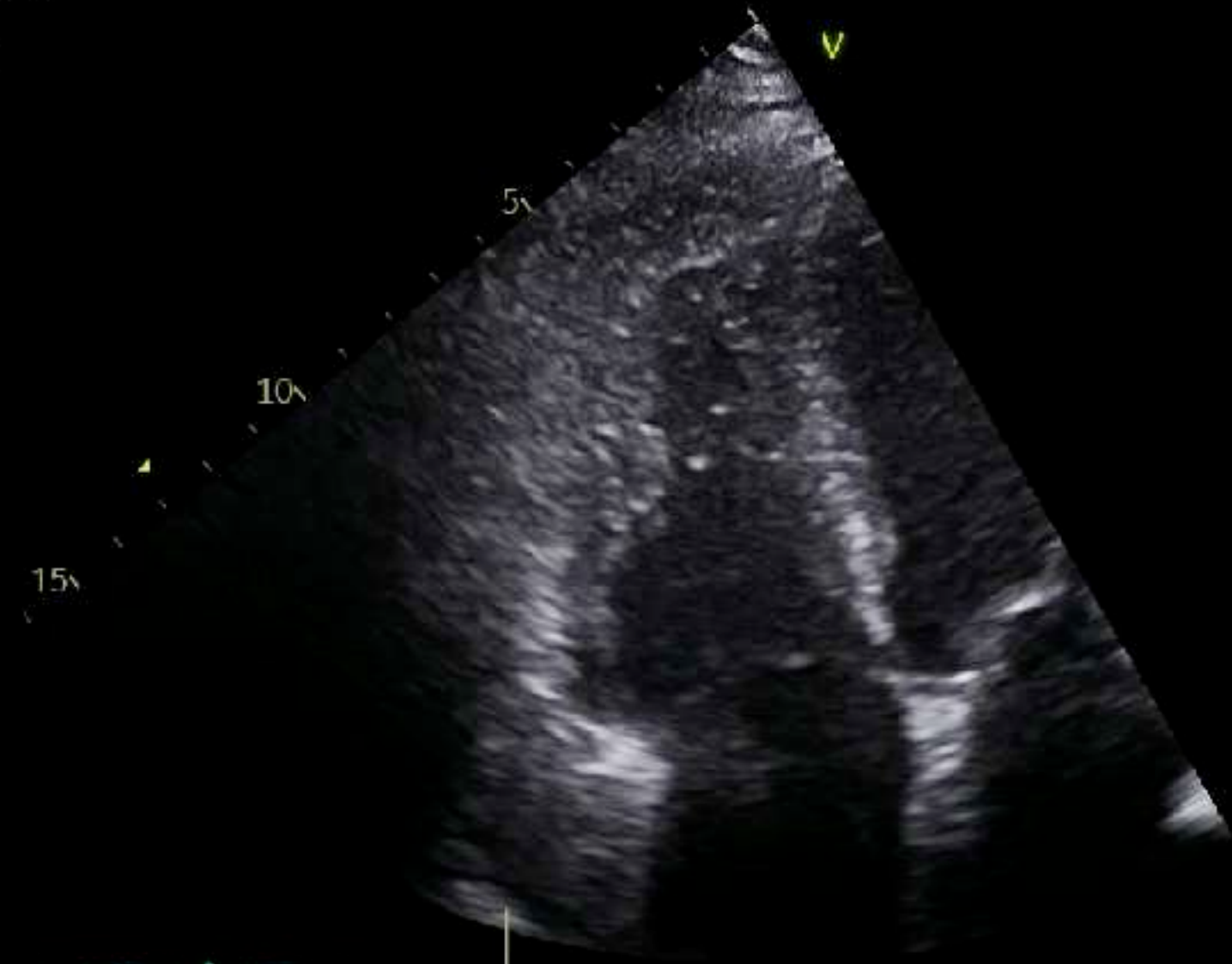
FPS: 50
f: 1.7 MHz/3.3 MHz
P: 0 dB
Comp: 60 dB
D: 16.0 cm



72 HR

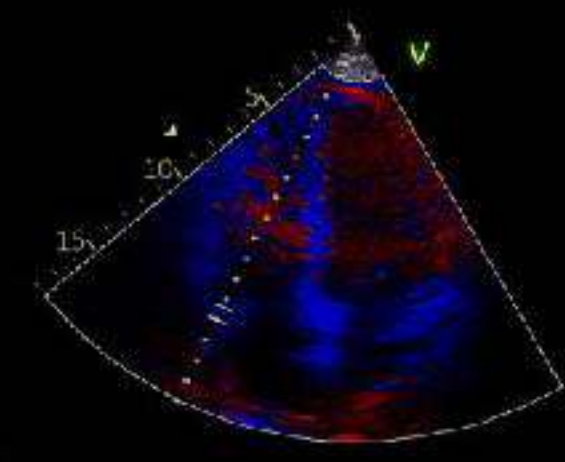


Soft



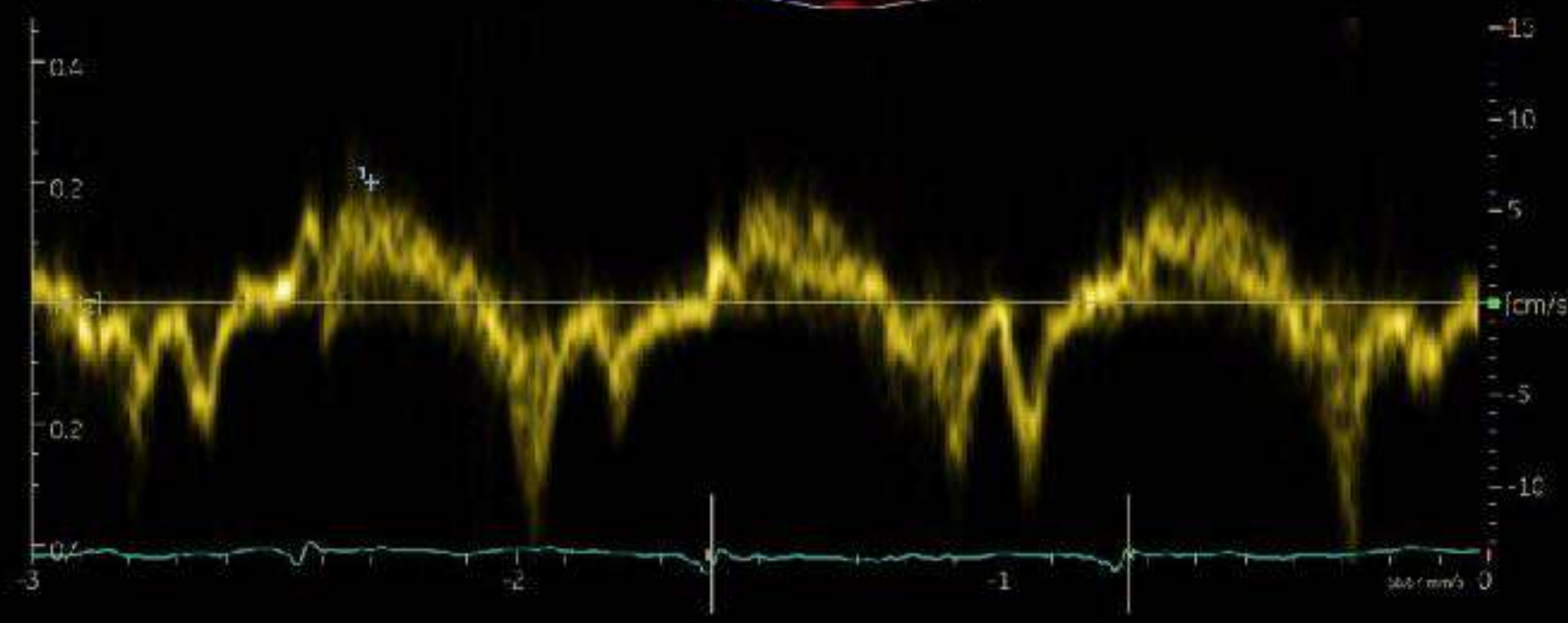
79 HR

RV S' 0.07 m/s
P: 0 dB
Comp: 60 dB
D: 16.0 cm
Gain: 3 dB
PRF: 0.51 kHz
Ref: 0.3 cm/s
SV: 5.0 ml



Soft

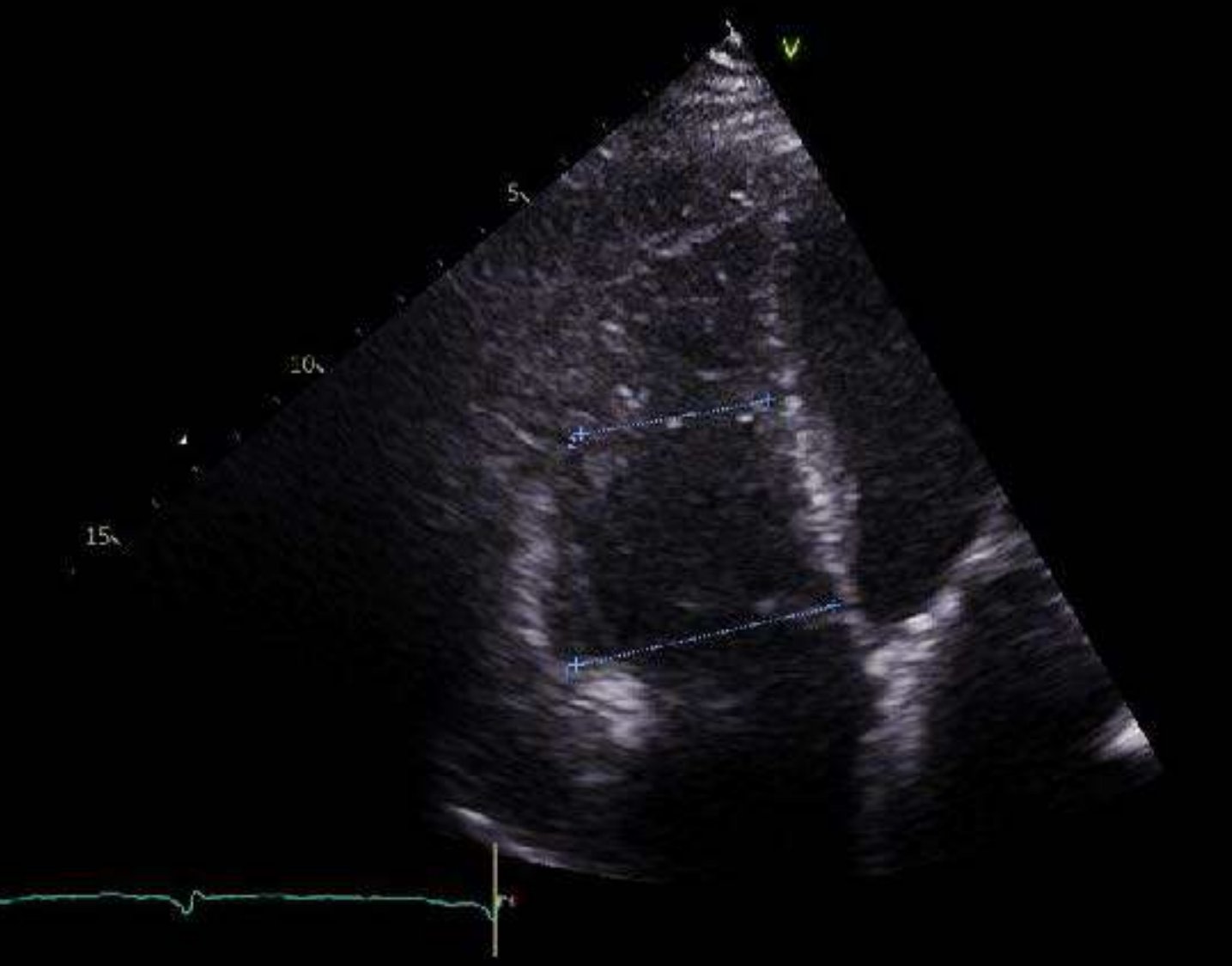
L 3.6 cm
L 4.9 cm
Comp: 60 dB
D: 16.0 cm



71 HR

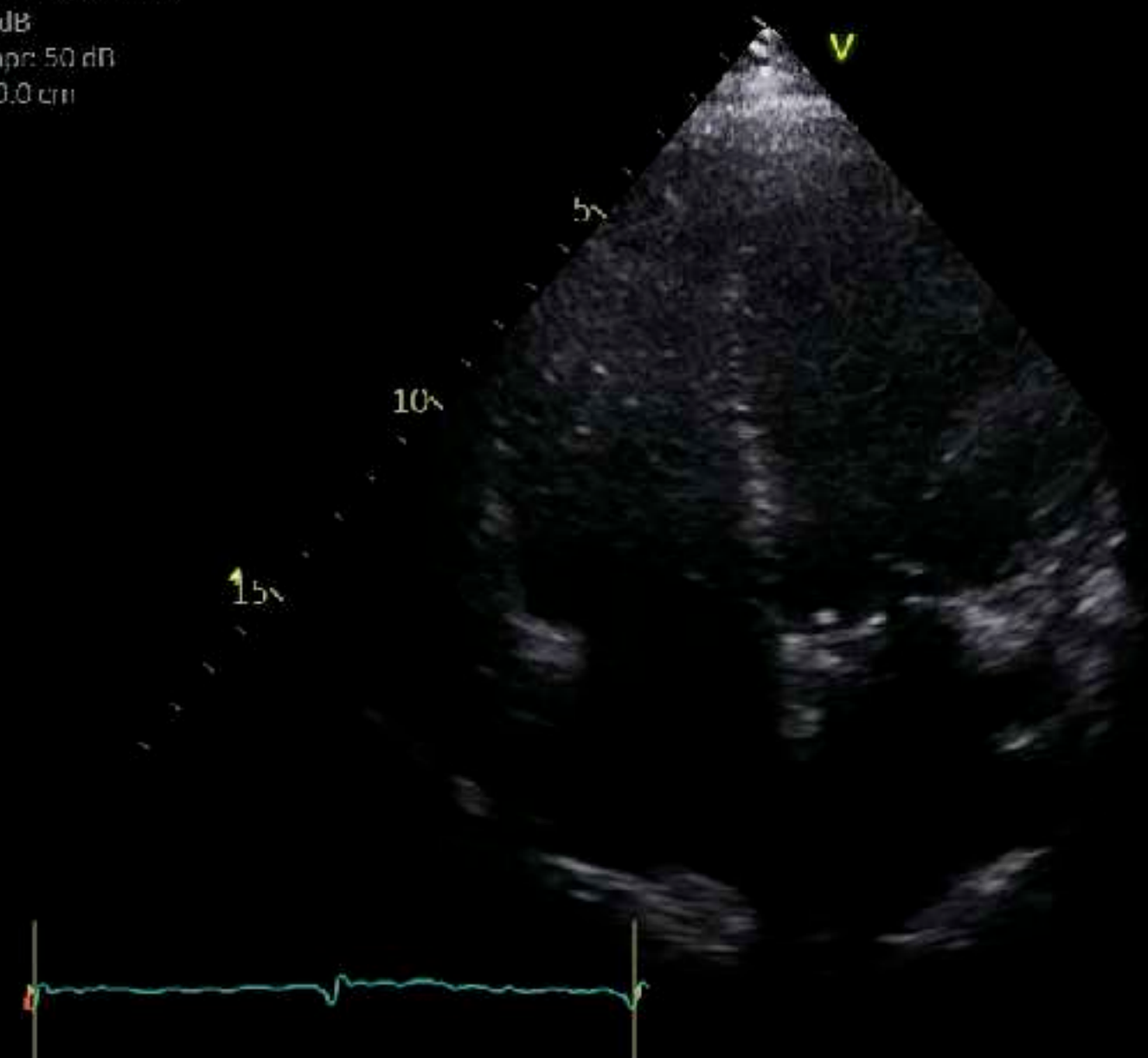


Soft

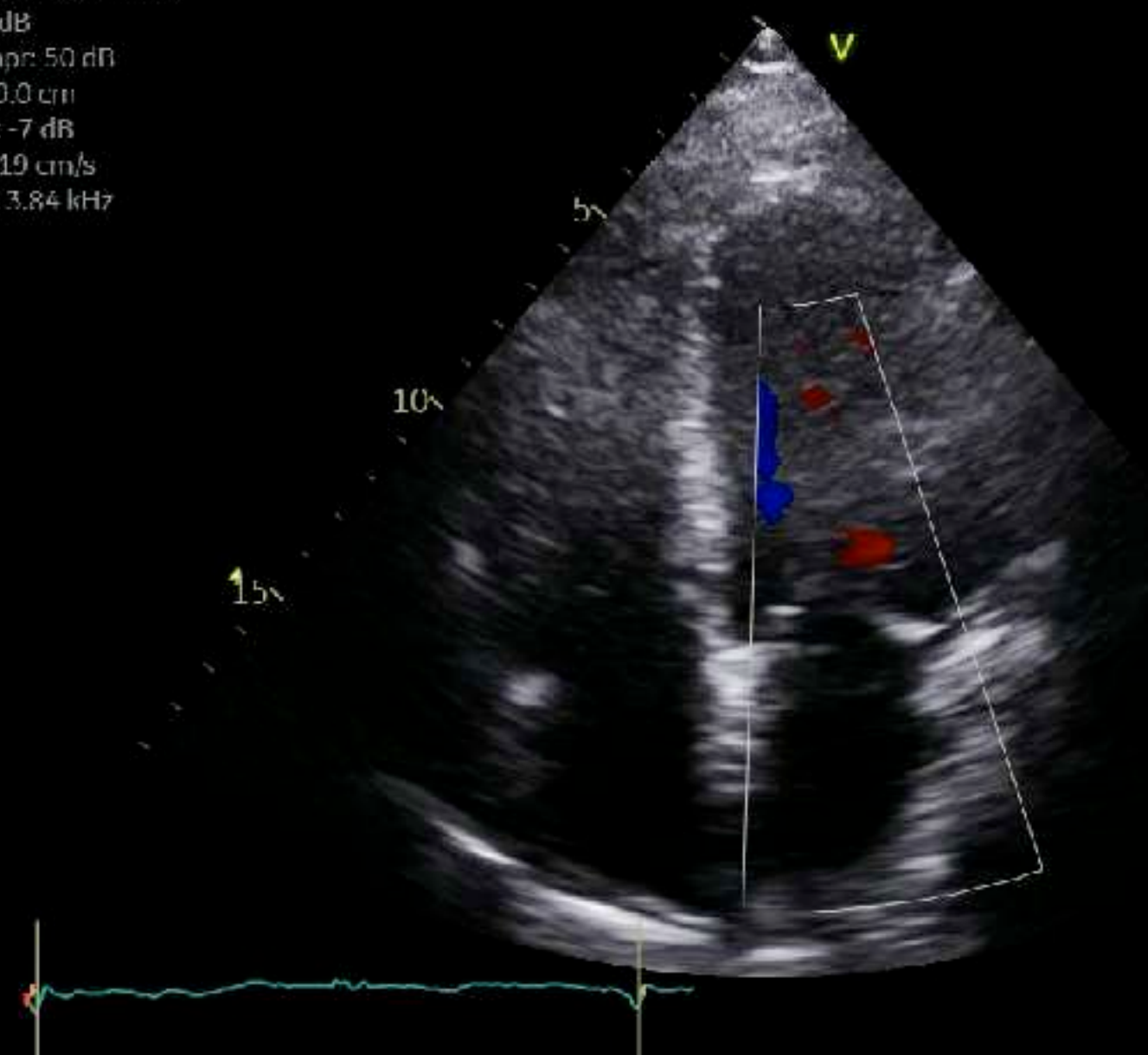


72 HR

FPS: 50
f: 1.7 MHz/3.3 MHz
P: 0 dB
Comp: 50 dB
D: 19.0 cm



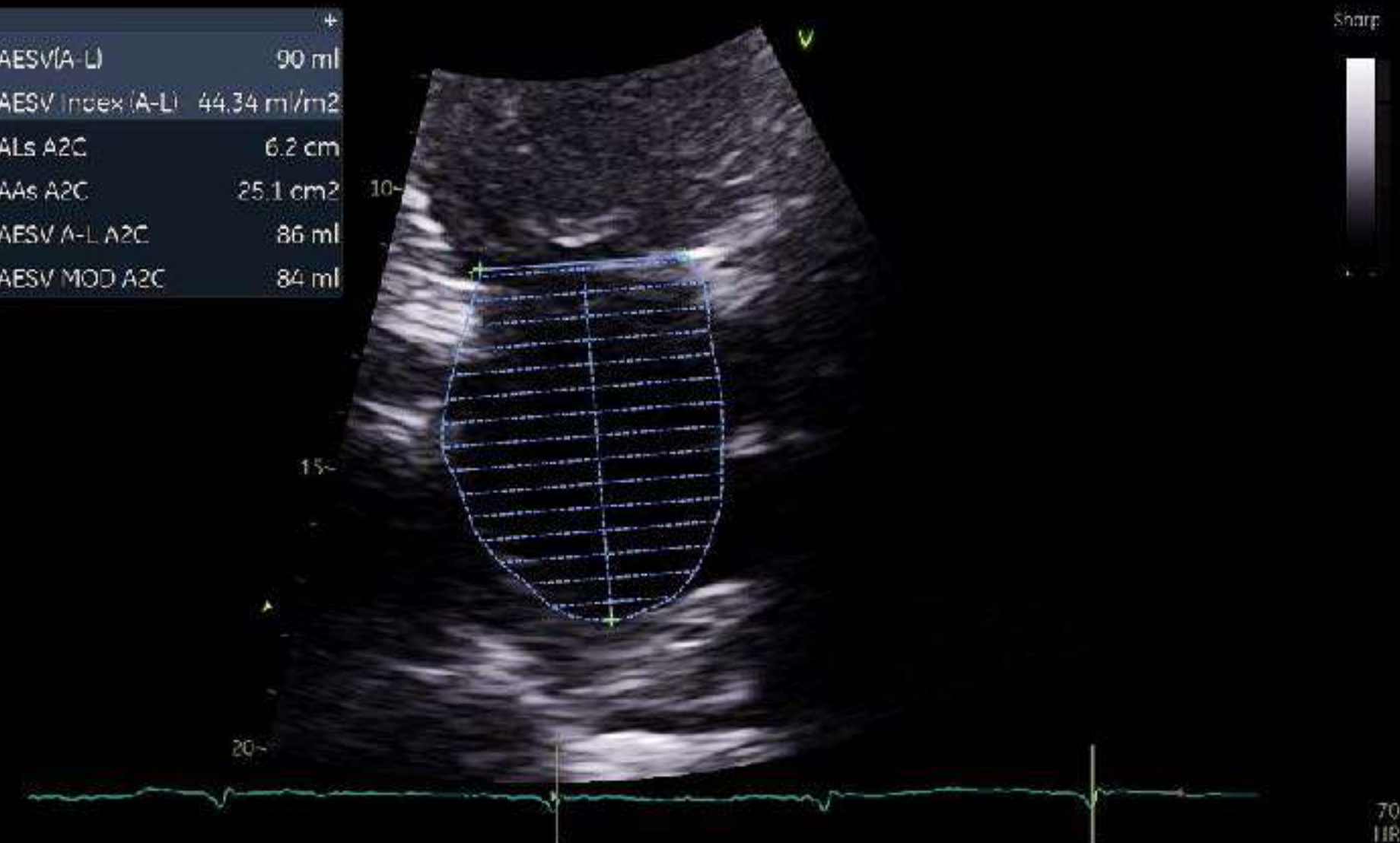
FPS: 26/26
f: 2.5 MHz/2.5 MHz
P: 0 dB
Comp: 50 dB
D: 19.0 cm
Glc: -7 dB
Rej: 19 cm/s
PRF: 3.84 kHz



Soft

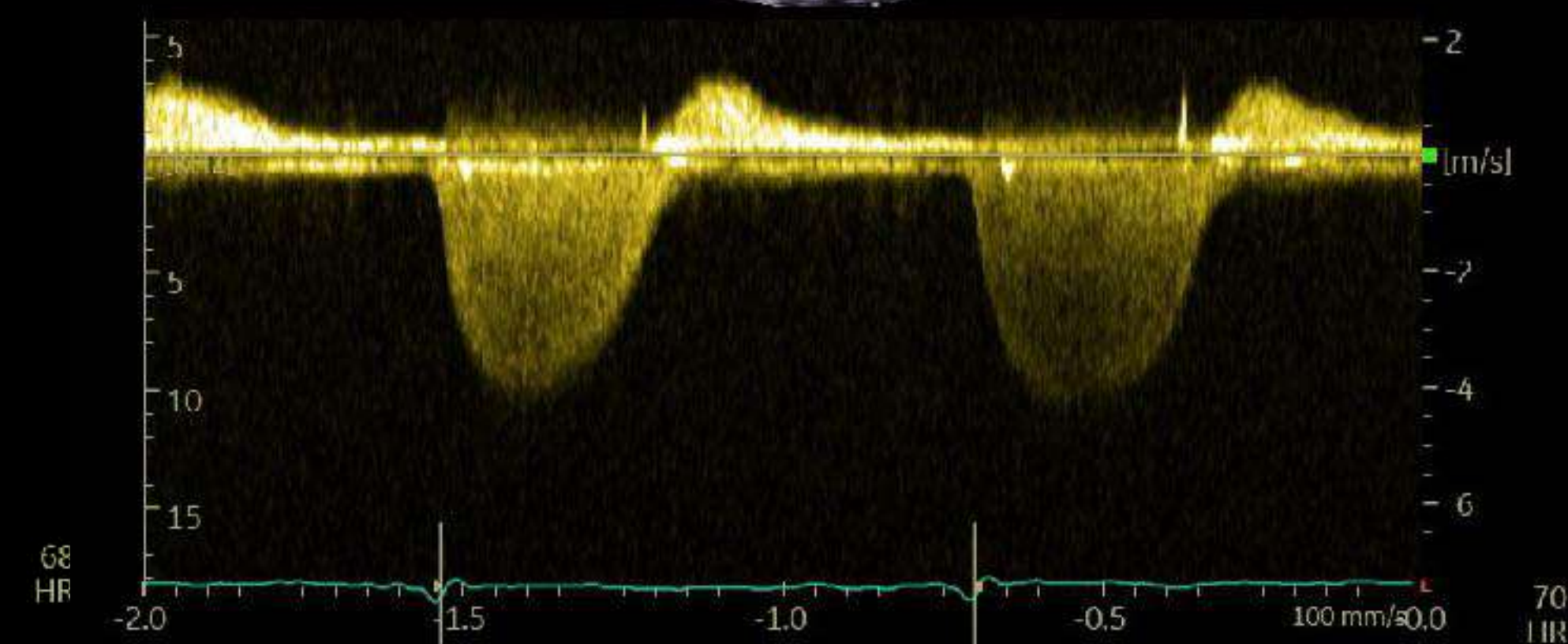
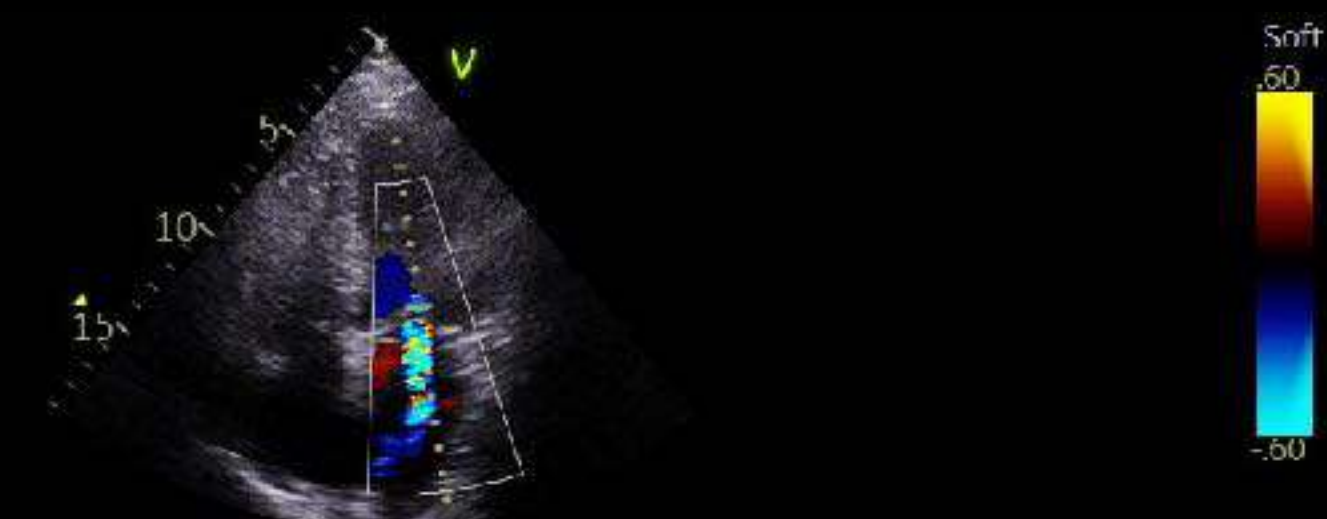
LAESV(A-L)	90 ml
LAESV Index (A-L)	44.34 ml/m ²
1 LALs A2C	6.2 cm
LAAs A2C	25.1 cm ²
LAESV A-L A2C	86 ml
LAESV MOD A2C	84 ml

Sharp



70 HR
Soft
FPS: 13/26
f: 1.9 MHz/1.9 MHz
P: 0 dB
Comp: 50 dB
D: 19.0 cm
Glc: -7 dB
Rej: 19 cm/s
PRF: 3.84 kHz
Rej: 13.7 cm/s

Soft
60
-60



2 MV E Vel 0.95 m/s
 MV DecT 205 ms
 MV Dec Slope 4.6 m/s²
 MV A Vel 0.88 m/s
 MV E/A Ratio 1.43
 1 MV E Vel 0.95 m/s
 MV DecT 240 ms
 MV Dec Slope 4.0 m/s²
 MV A Vel 0.89 m/s
 MV E/A Ratio 1.37

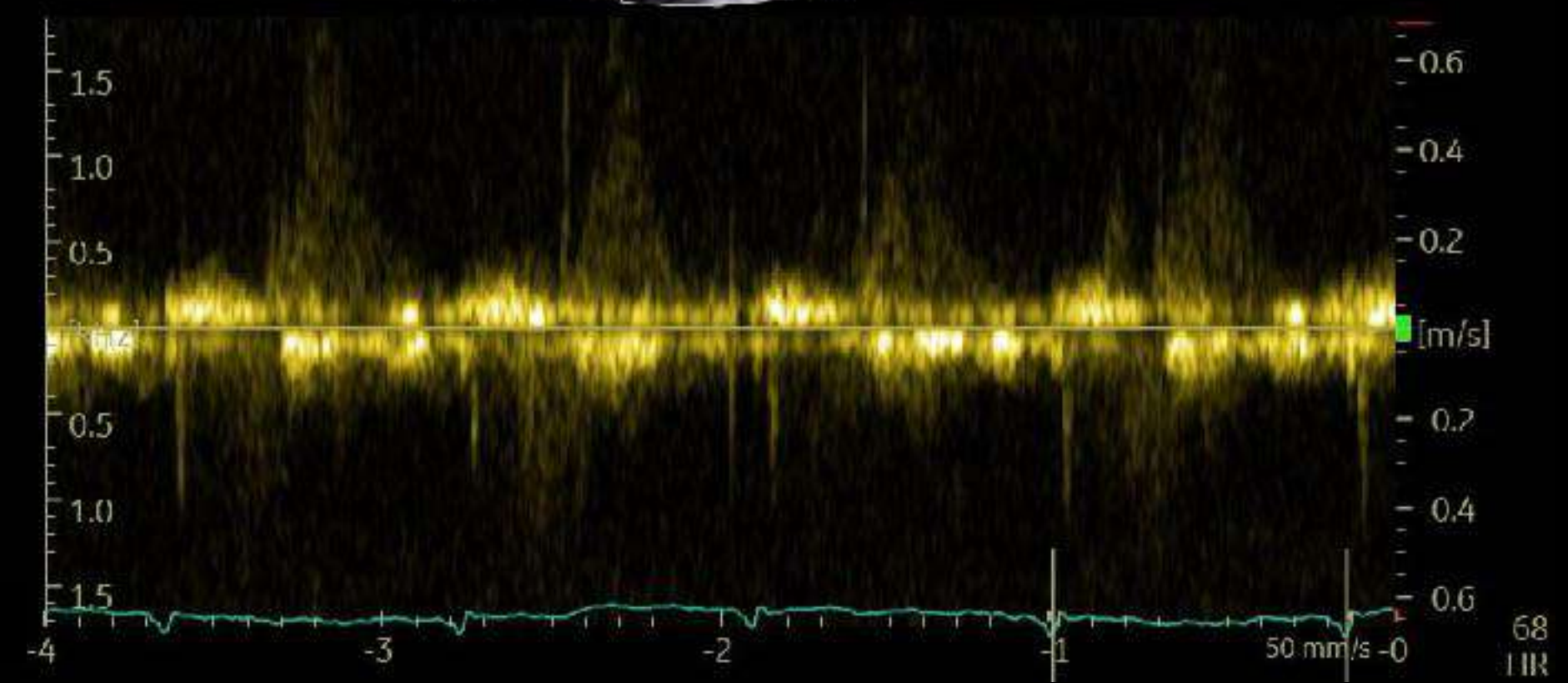
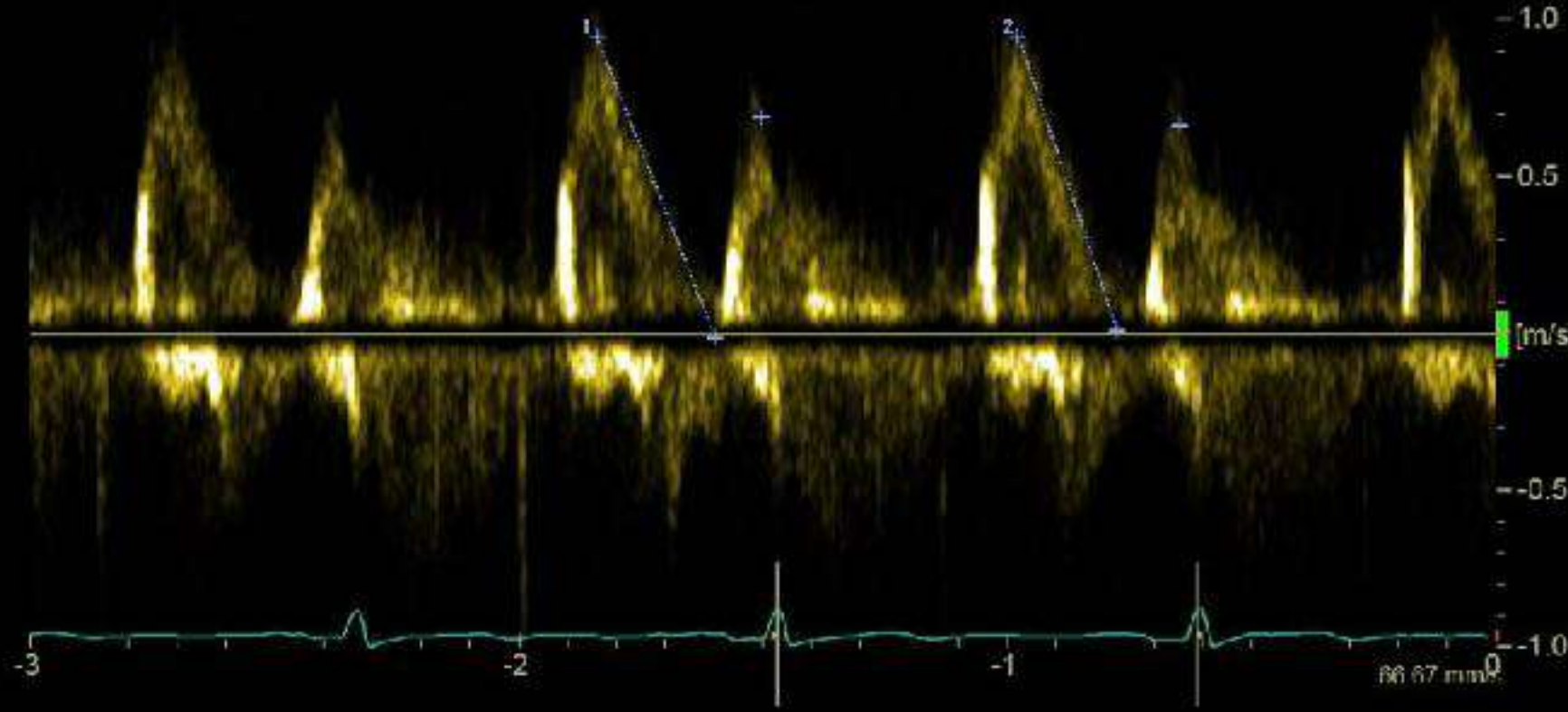


E 1.0 m/s
 E:A 1.4

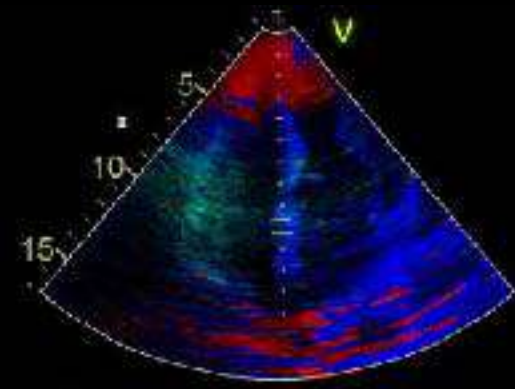
63
 -PS: 9/18
 2.0 MI Iz/2.0 MI Iz
 2.0 dB
 Comp: 50 dB
 20.0 cm
 2.0 cm/s
 3.44 kHz
 3.0 cm/s
 2.0 mm



Sharp
 54
 -54



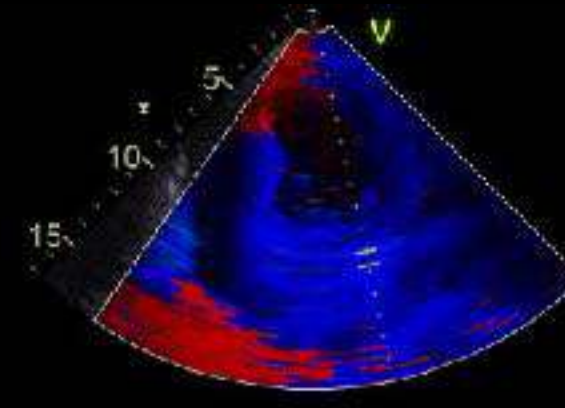
v 0.06 m/s
 p 0.01 mmHg
 E/E' Sept 20.42
 E' Sept 0.06 m/s



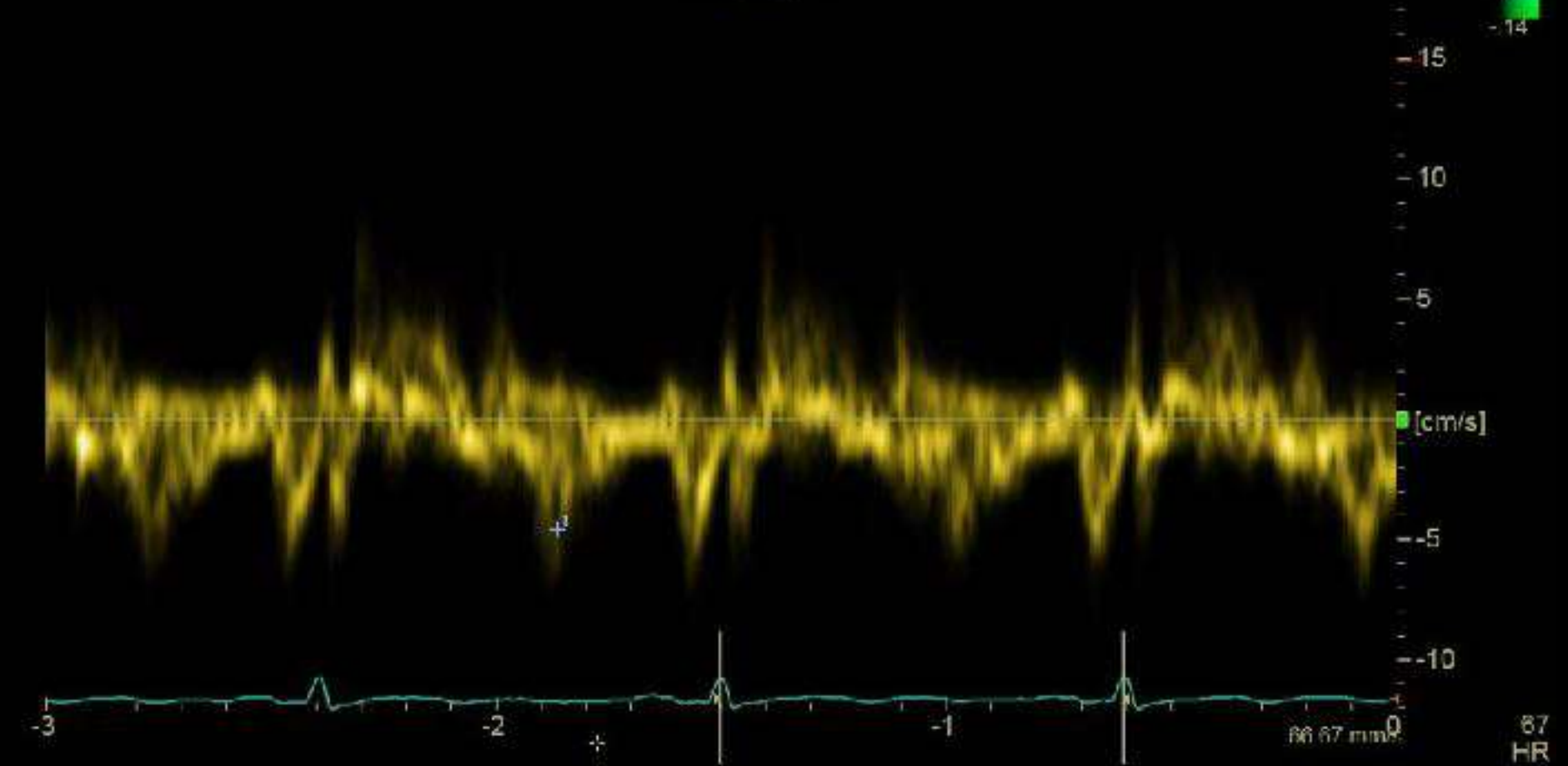
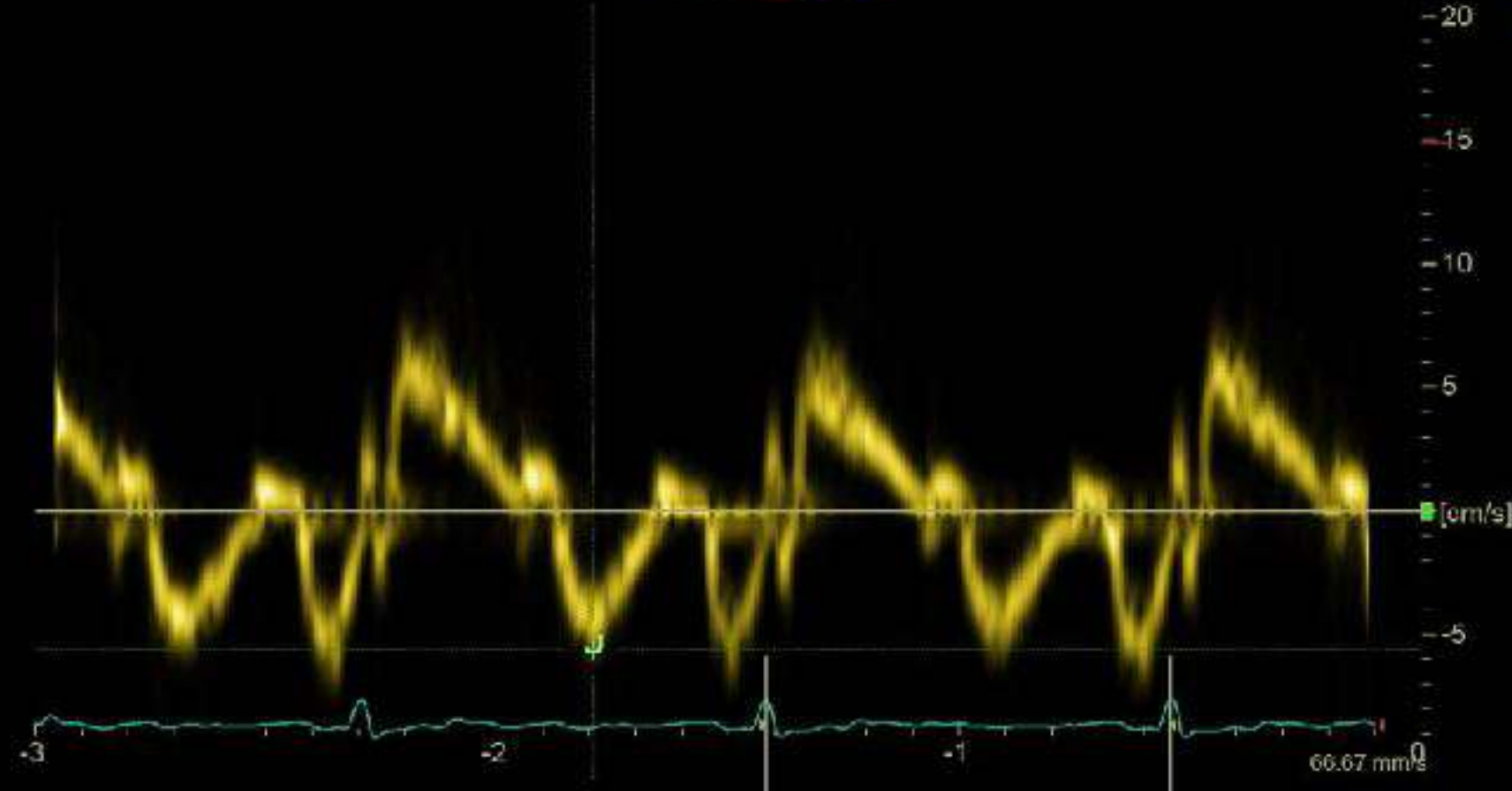
E:e' 20

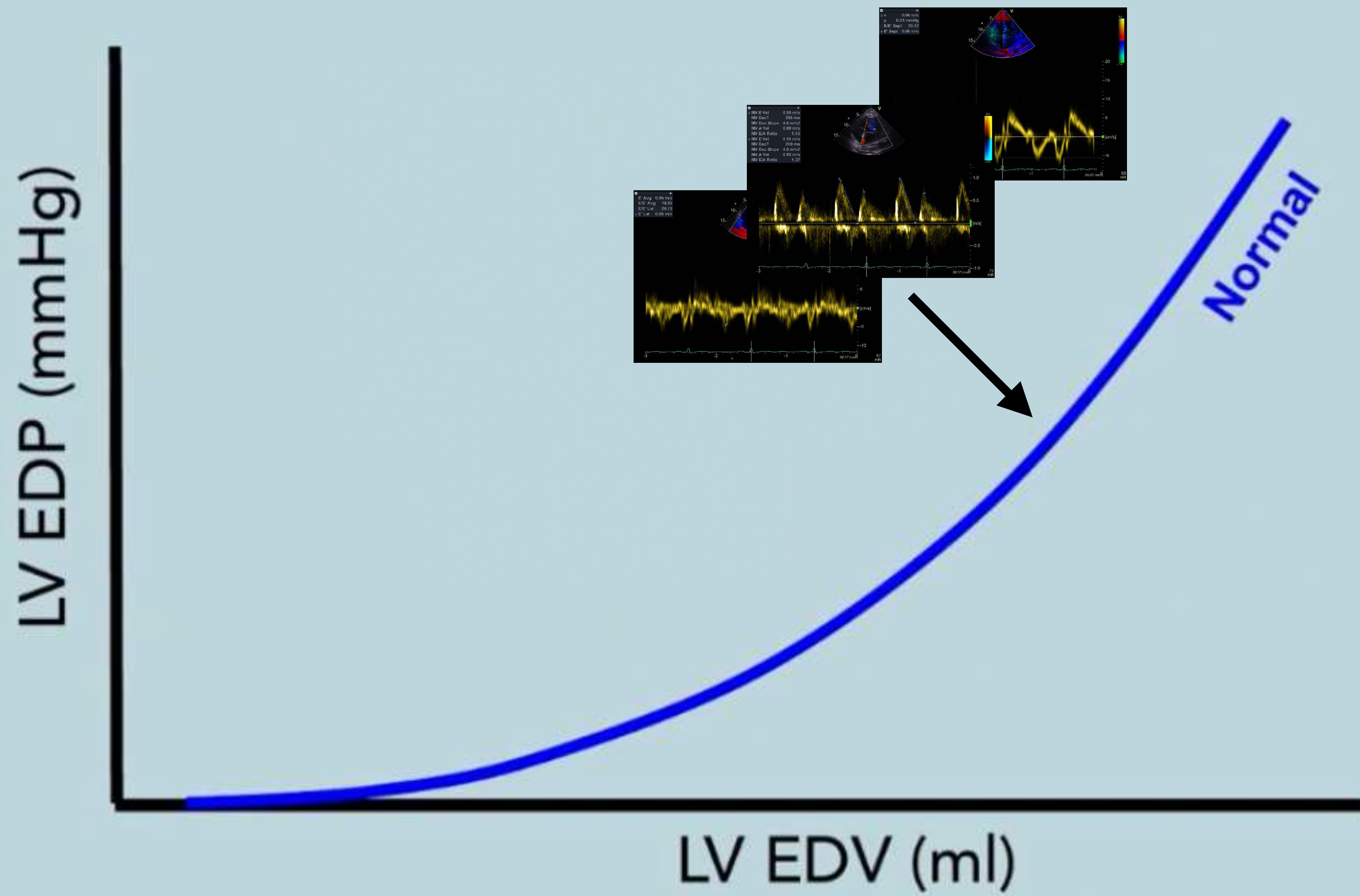
14
-14

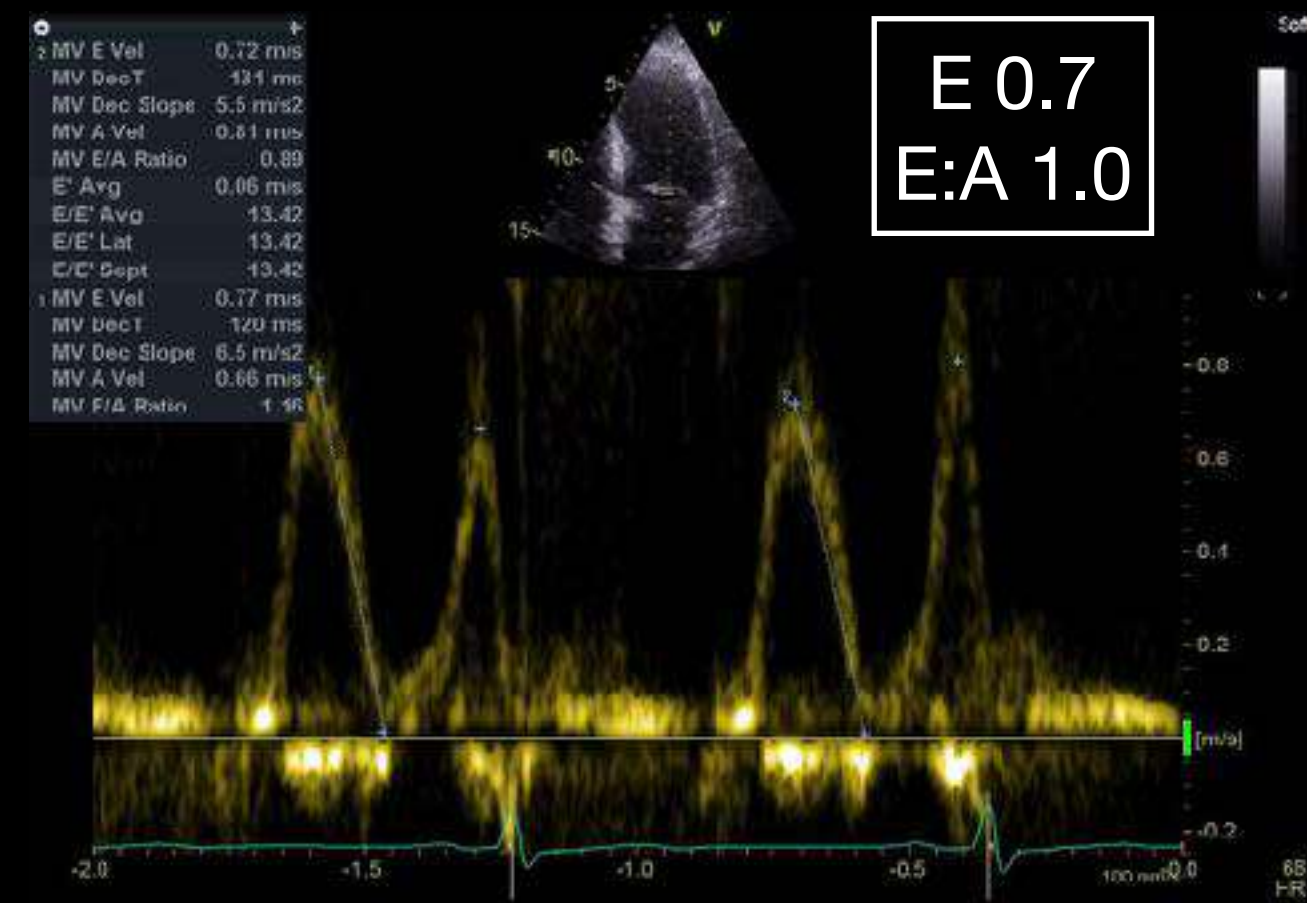
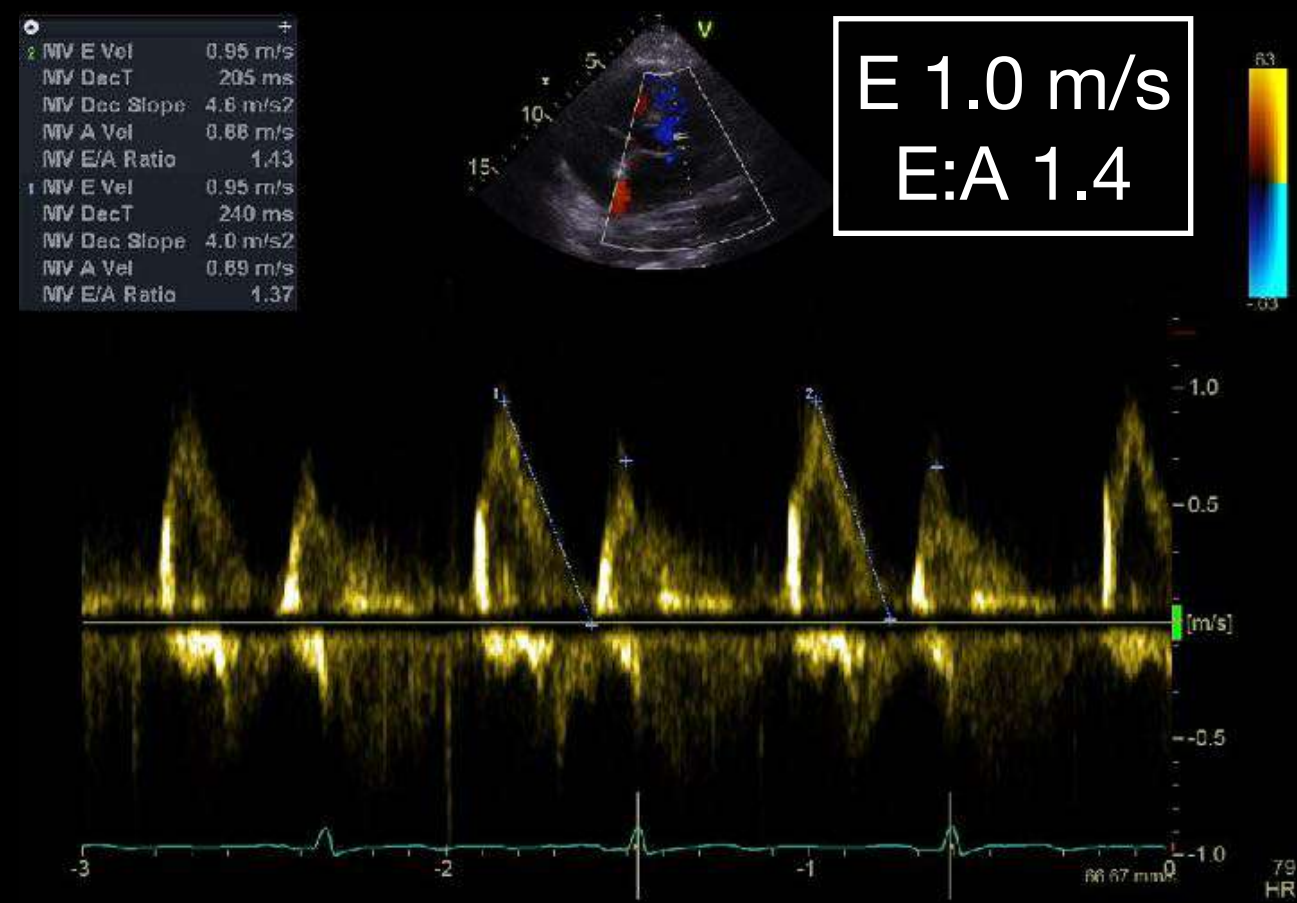
E' Avg 0.05 m/s
 E/E' Avg 19.80
 E/E' Lat 20.73
 E' Lat 0.05 m/s



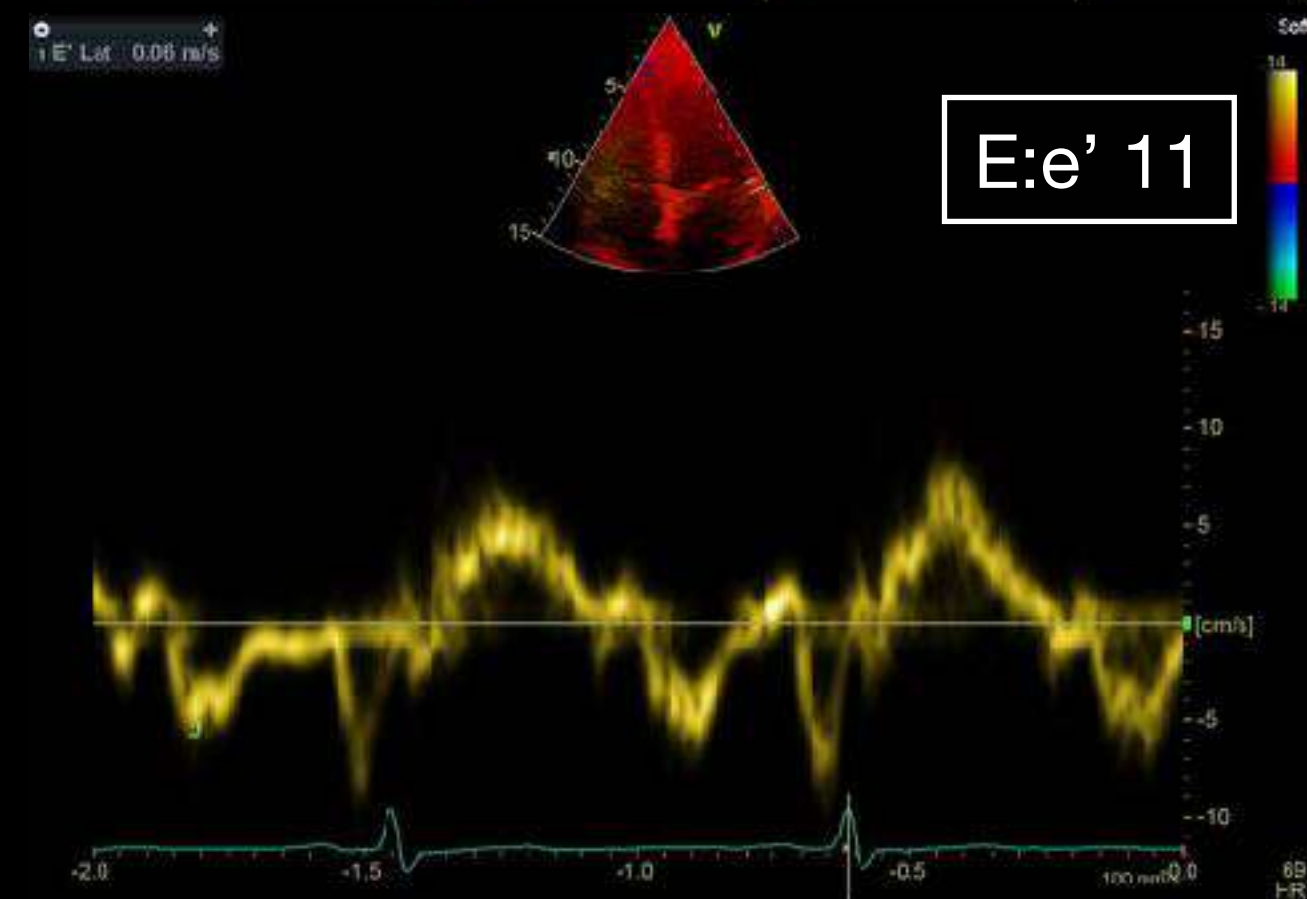
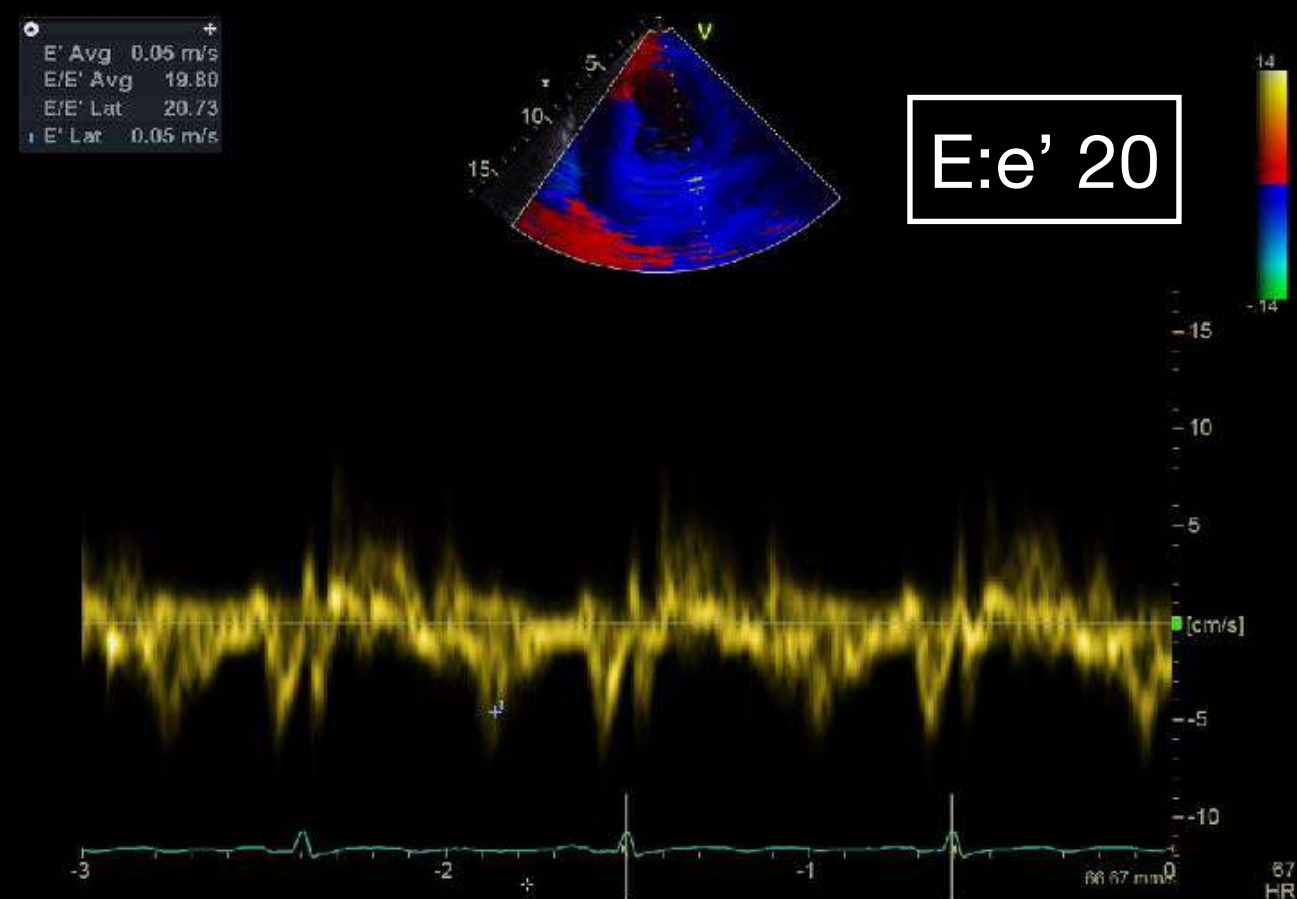
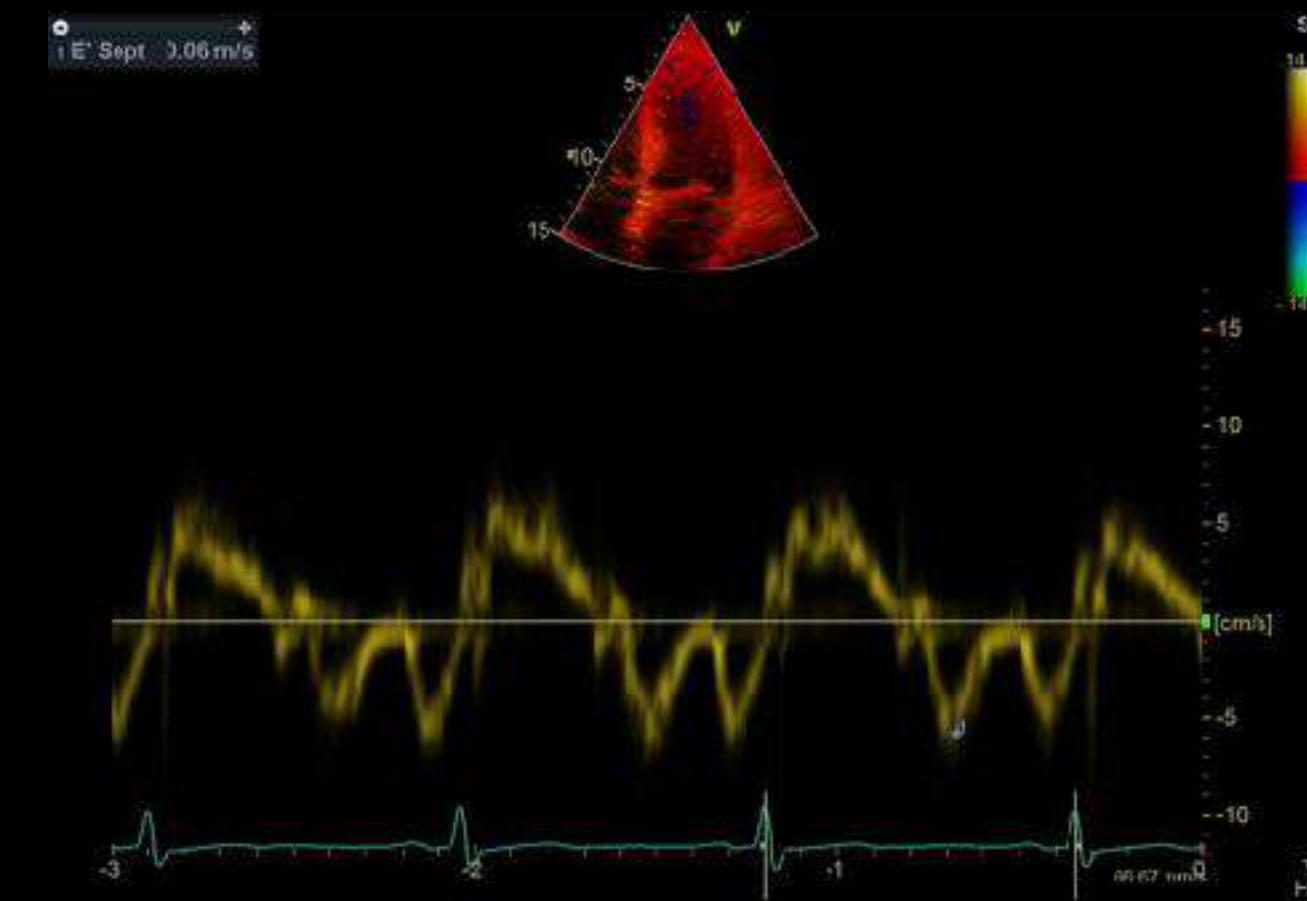
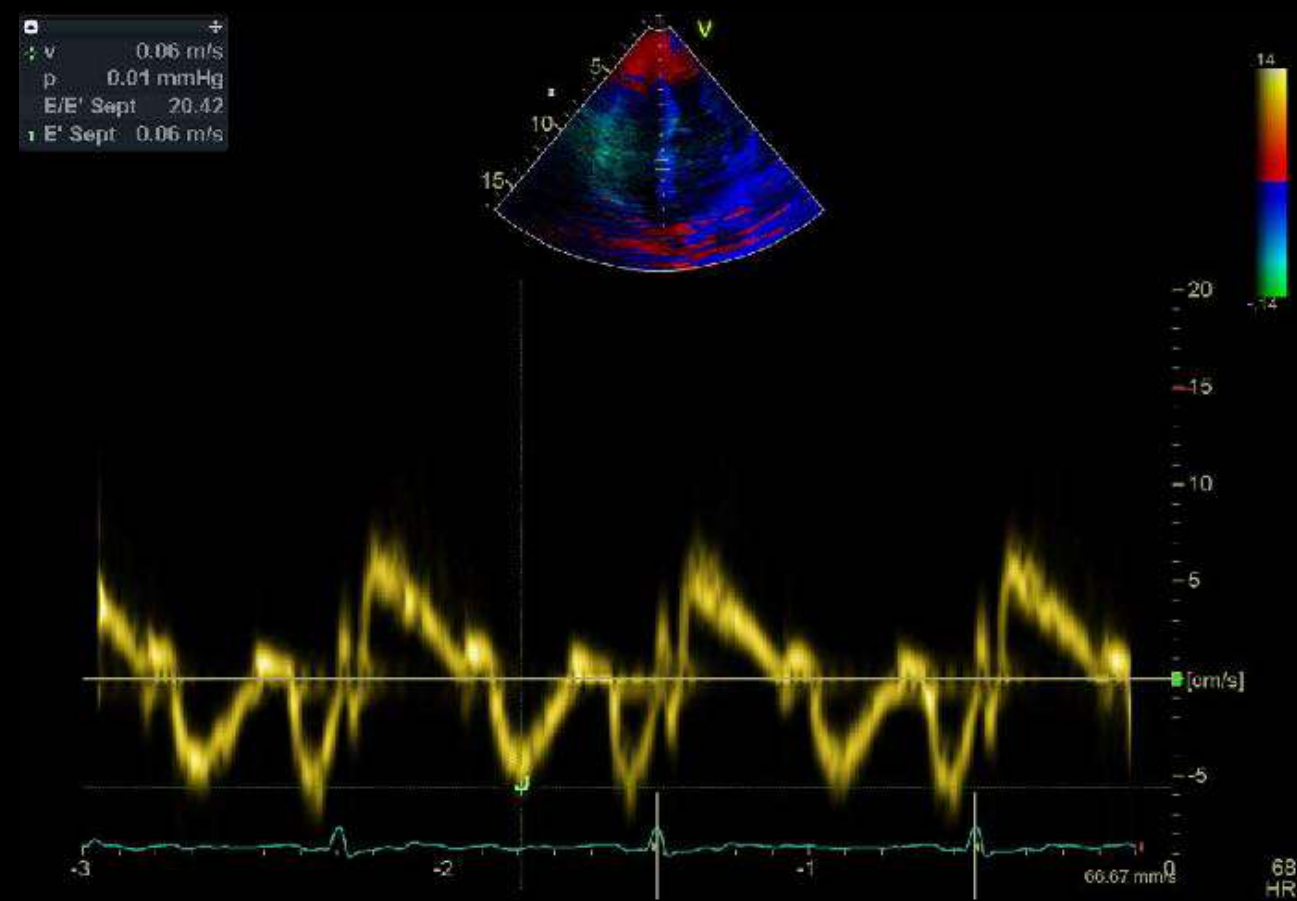
14
-14







Diuresis

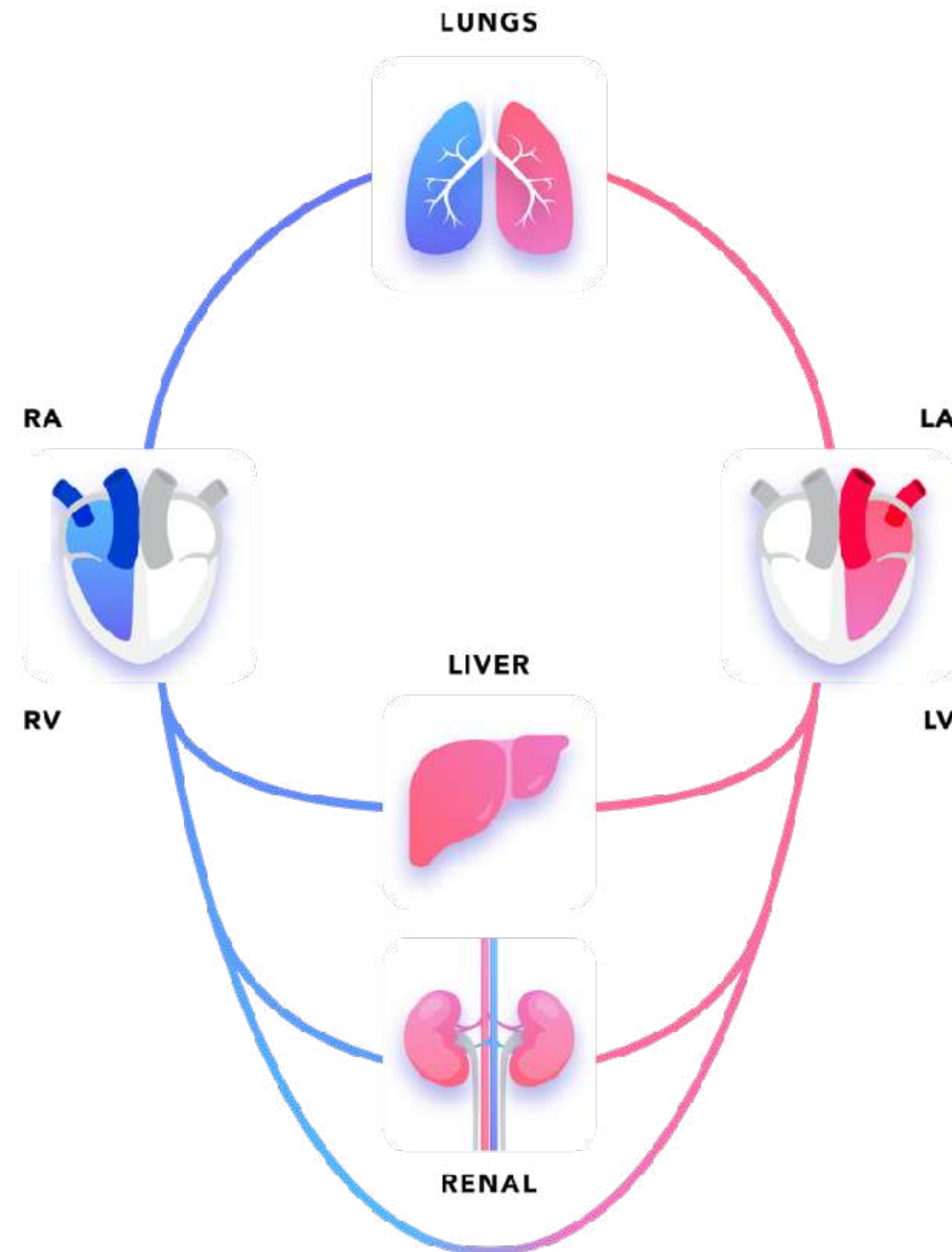


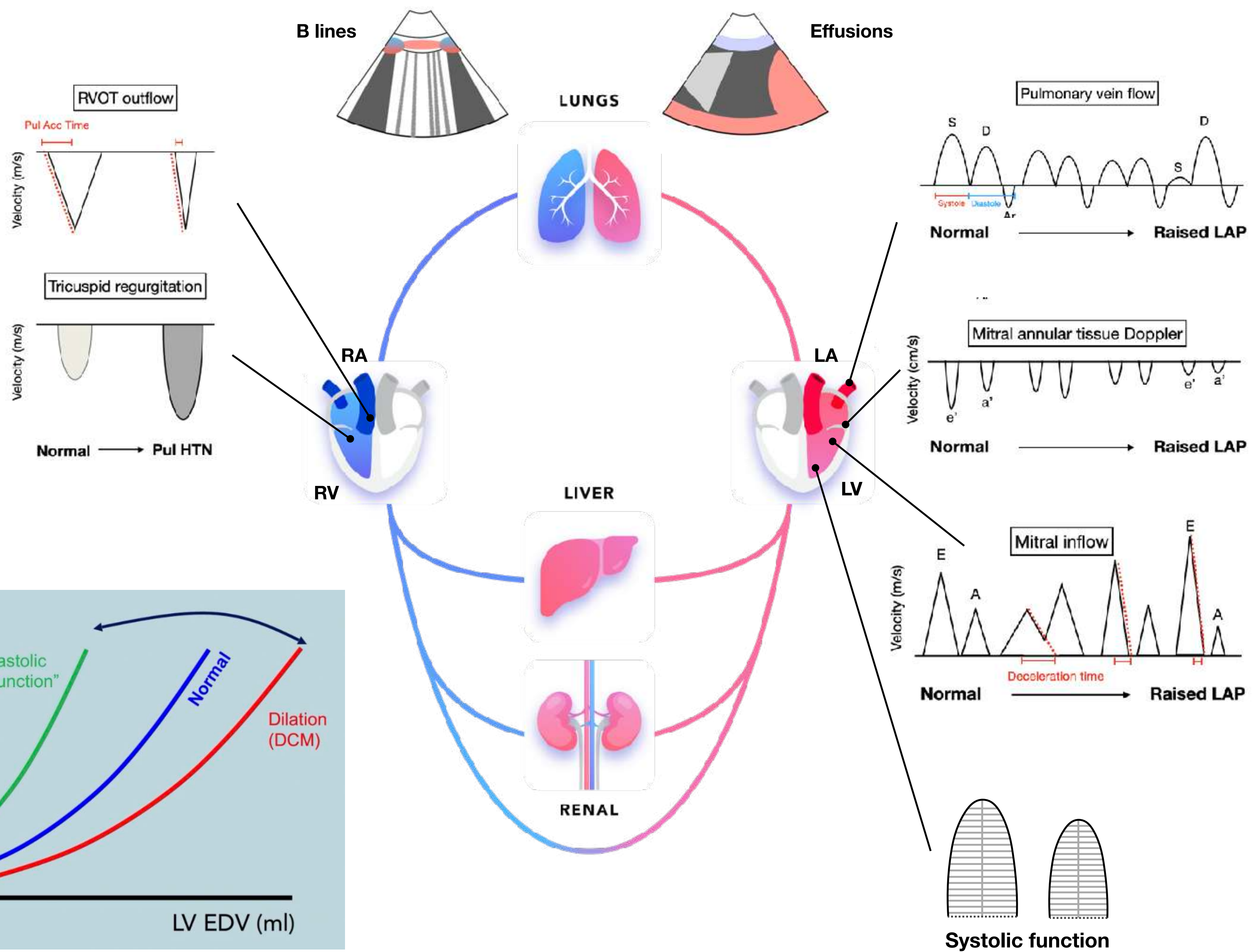
RV dysfunction in ARDS patient

- Significant “post capillary pulmonary hypertension”
- Diuresis and negative fluid balance before starting iNO
- Keep heart rate low and in sinus
- Inotropes ... maybe Levo with lusitropy effect?



Summary : Evaluation of LAP





Initial assessment

1 Clinical context: respiratory failure, ARDS, ‘at risk’ fluid overload (eg: heart failure), difficult to wean from mechanical ventilation

2 LV systolic dysfunction or hypertrophy

Normal

Abnormal

3

E:A >1 &
e' lateral >10

No

Yes

	Parameter	Value
Echocardiography assessment	E:A	>1
	e' lateral *	< 10cm/s
	E:e'	>15
	Deceleration time	<160msec
	Interatrial septal bowing	Towards right
Lung ultrasound	B-lines **	>3 in dependent areas

4

Probability
raised LAP

Low

Moderate

High

Consideration of position of end-diastolic pressure volume relationship

Reassessment after change in preload, contractility or afterload

5

Risk if further
escalation in LAP

Low

Moderate

High



AUSTRALIA'S LEADING
ECHOCARDIOGRAPHY
CONFERENCE

17-19 March 2025
Marvel Stadium, Melbourne



THE COMMON GOOD
AN INITIATIVE OF THE PRINCE CHARLES HOSPITAL FOUNDATION

Thank you very much for listening

You  = Echo at Nepean

sam.orde@health.nsw.gov.au



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AUSTRALIA