

Myocardial Work

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M Cardiac Ultrasound
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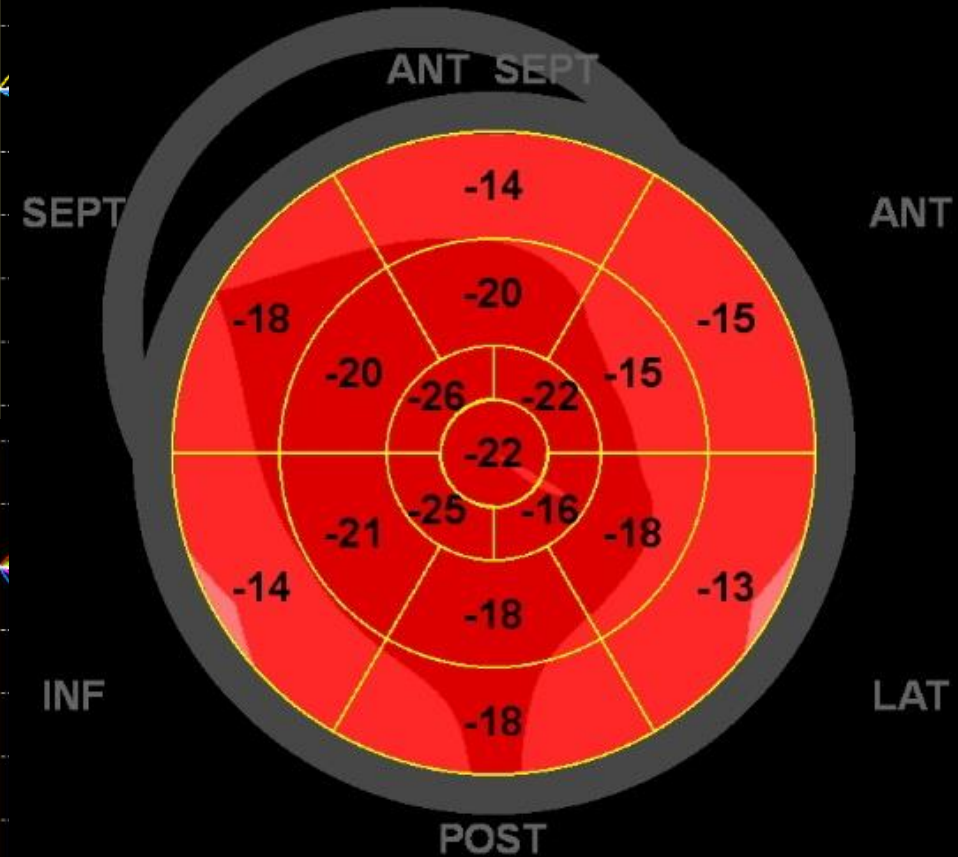
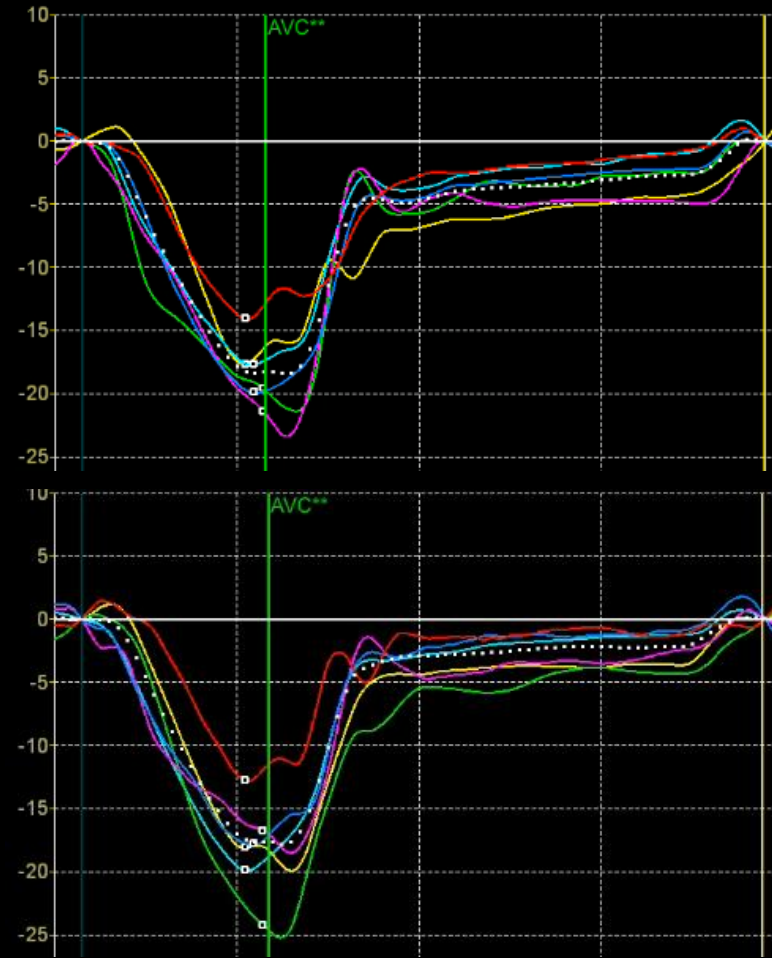
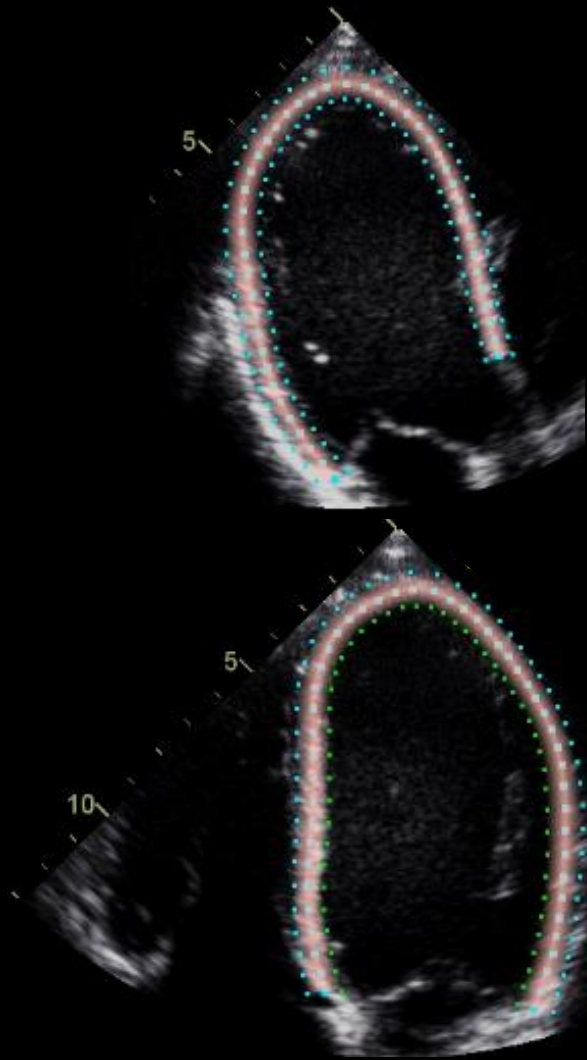


ECHO
AUSTRALIA

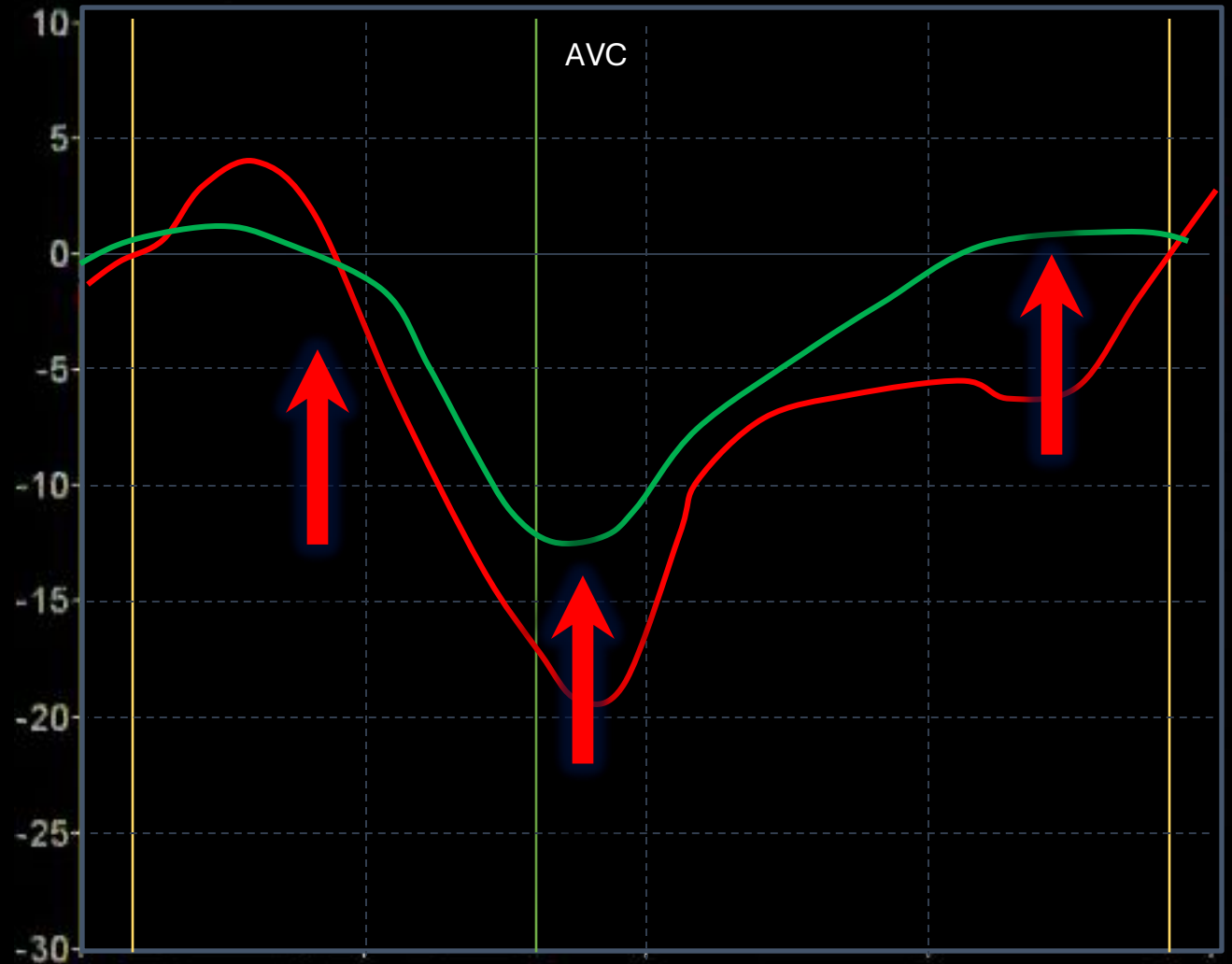
17-19 March 2025



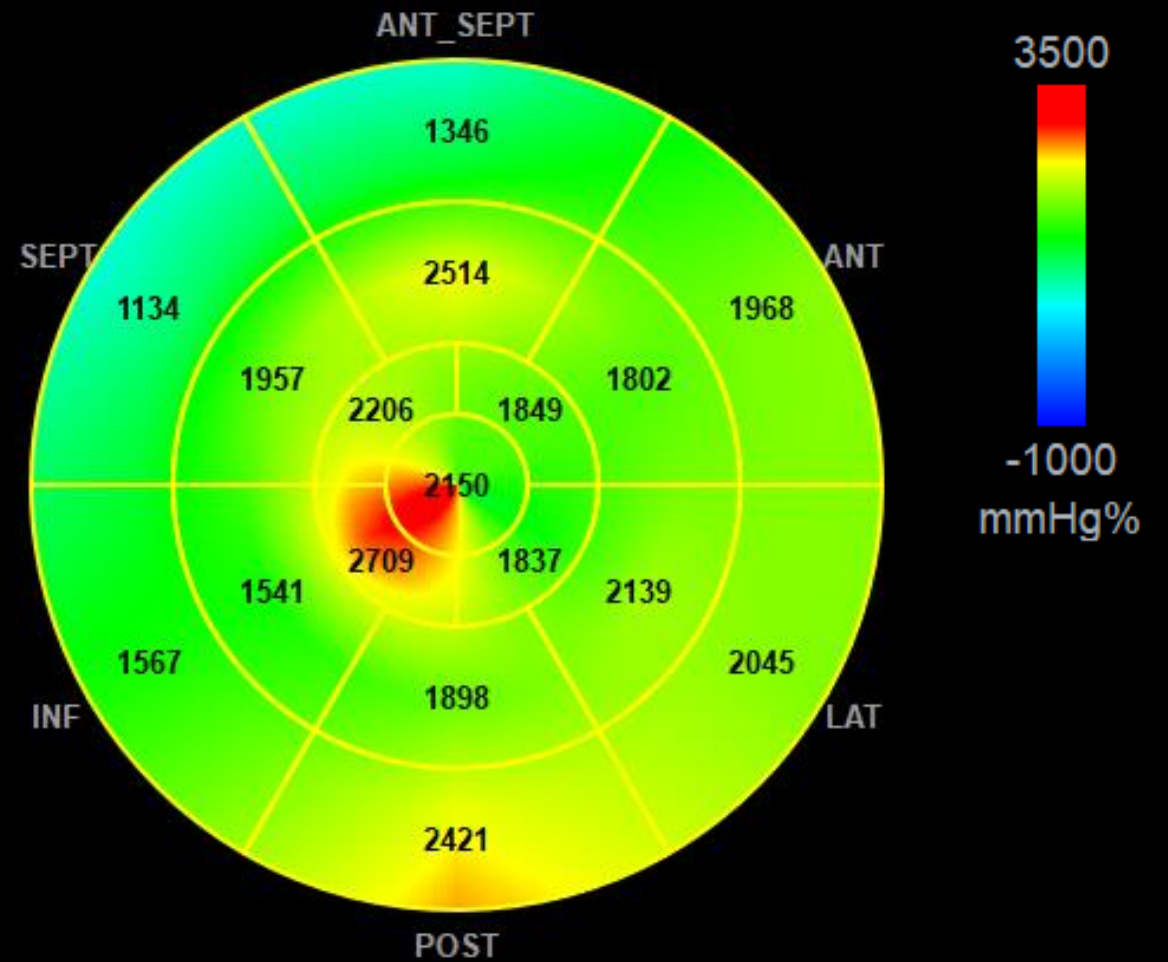
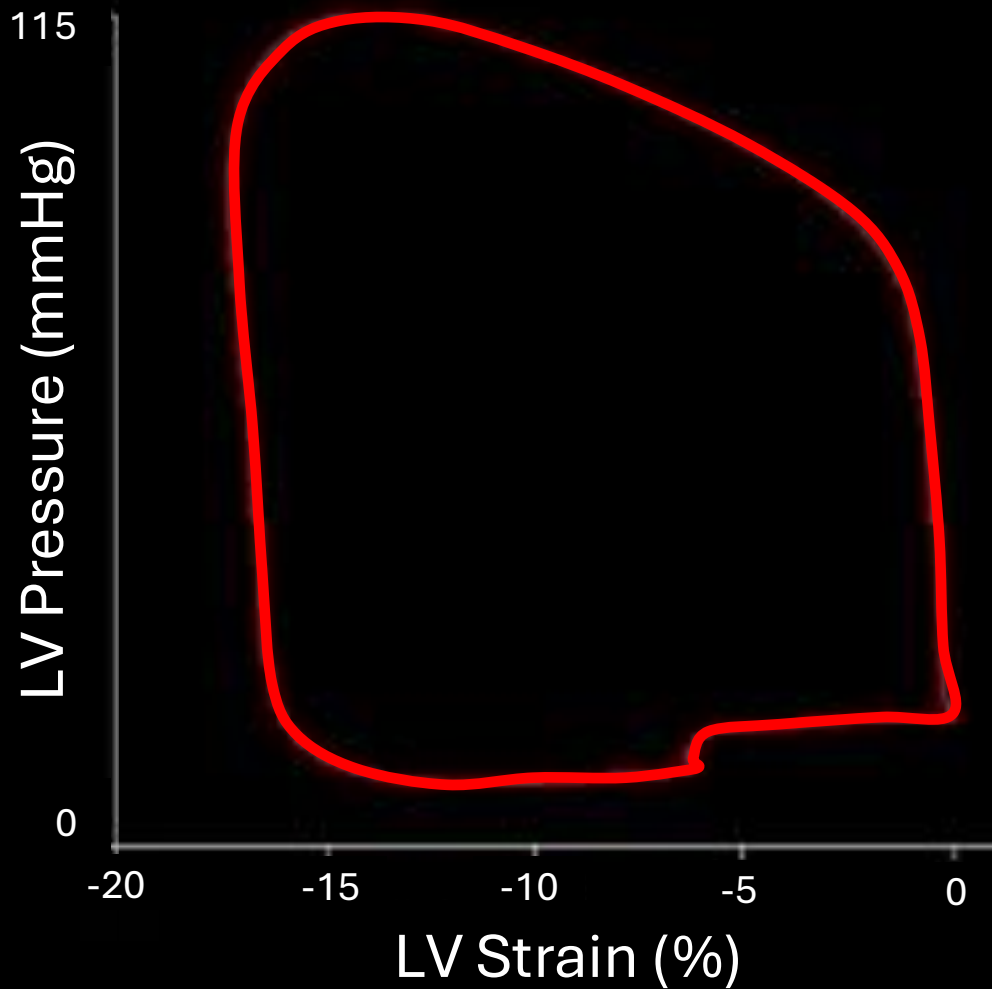
Myocardial Deformation Imaging



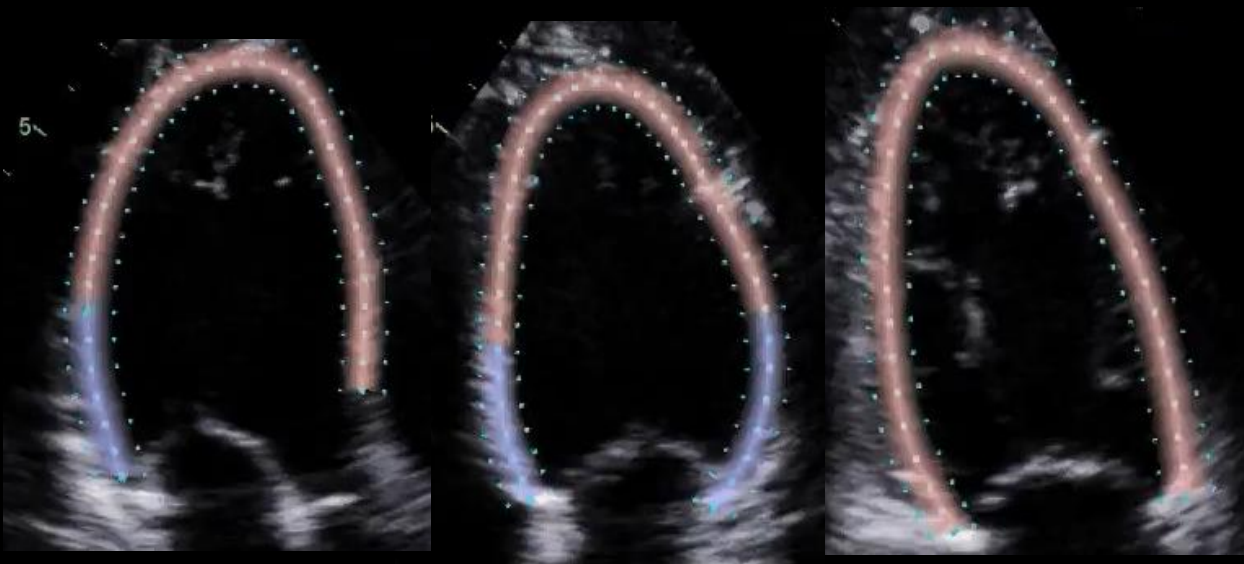
Myocardial Deformation Imaging



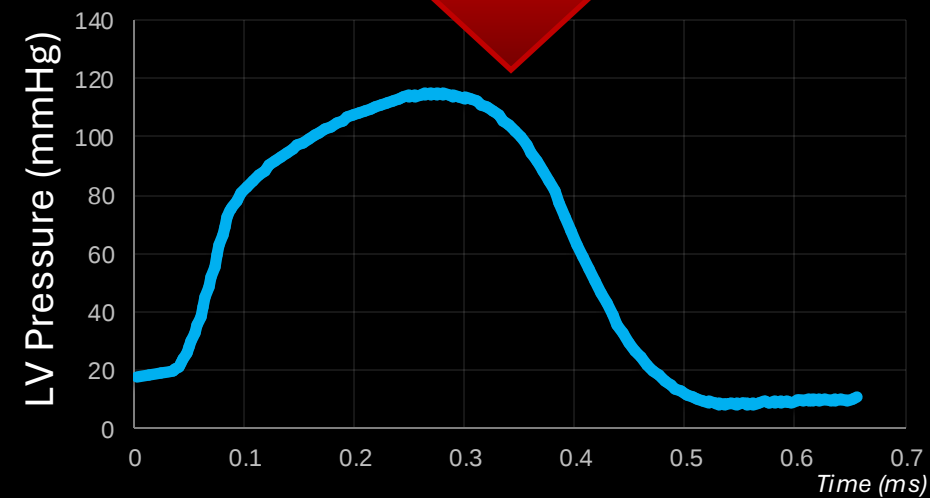
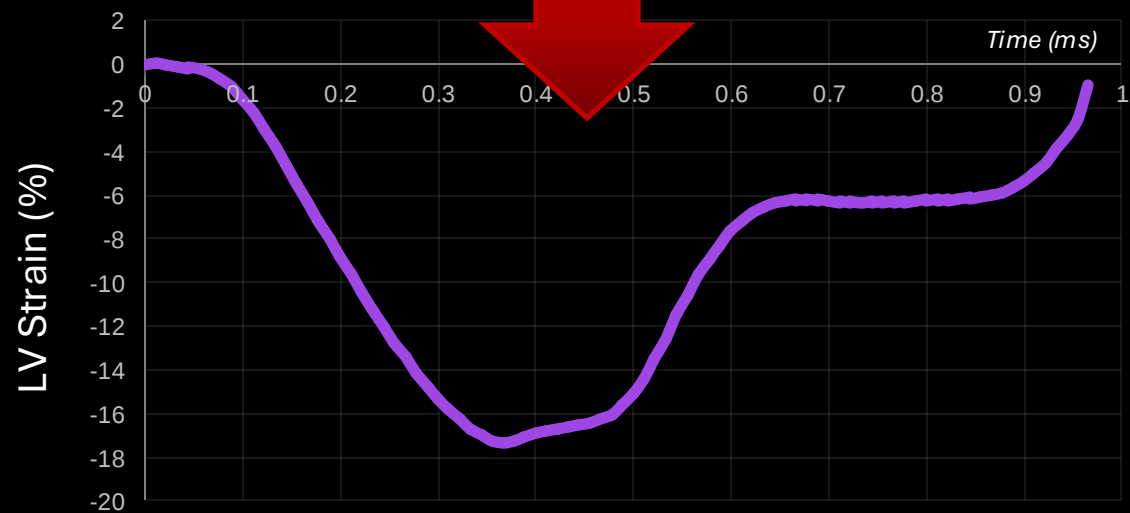
Non-Invasive Myocardial Work



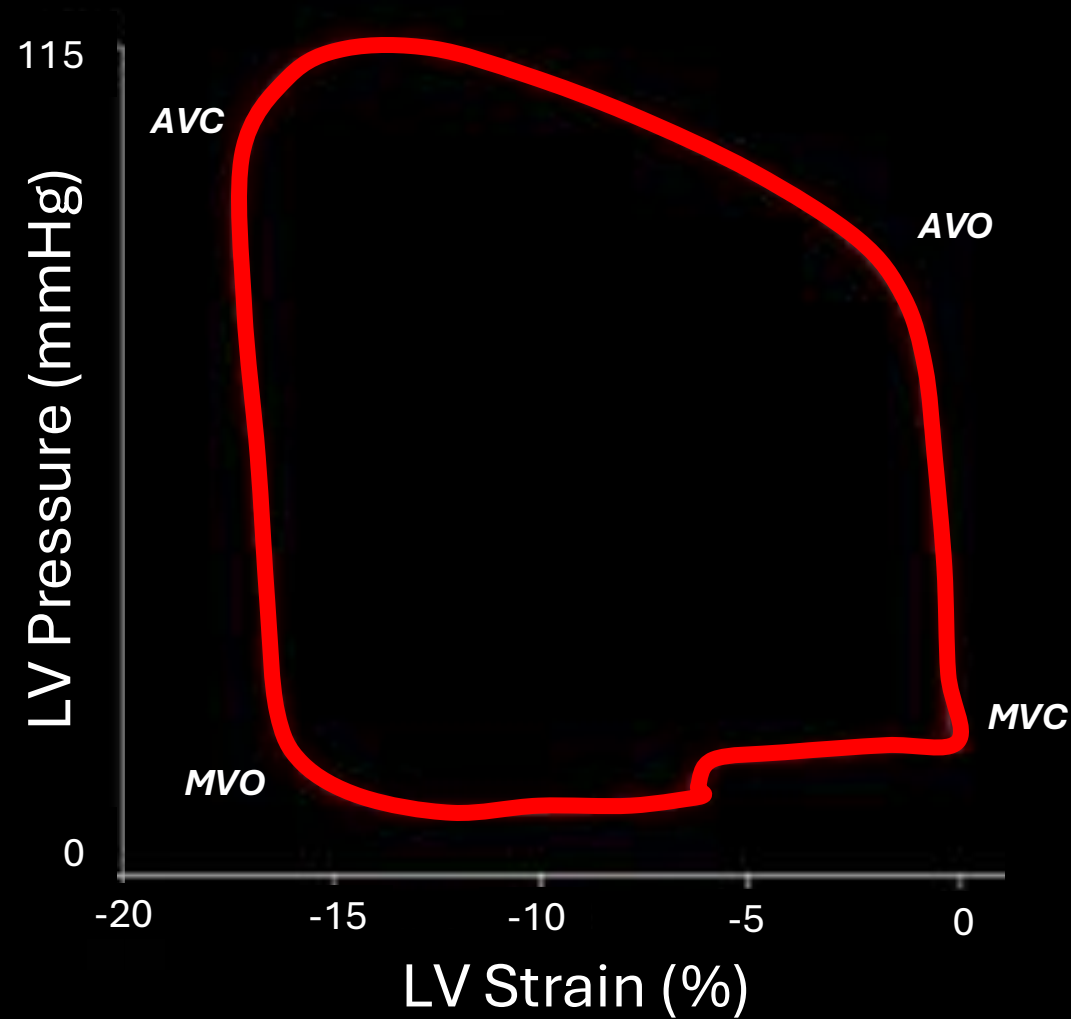
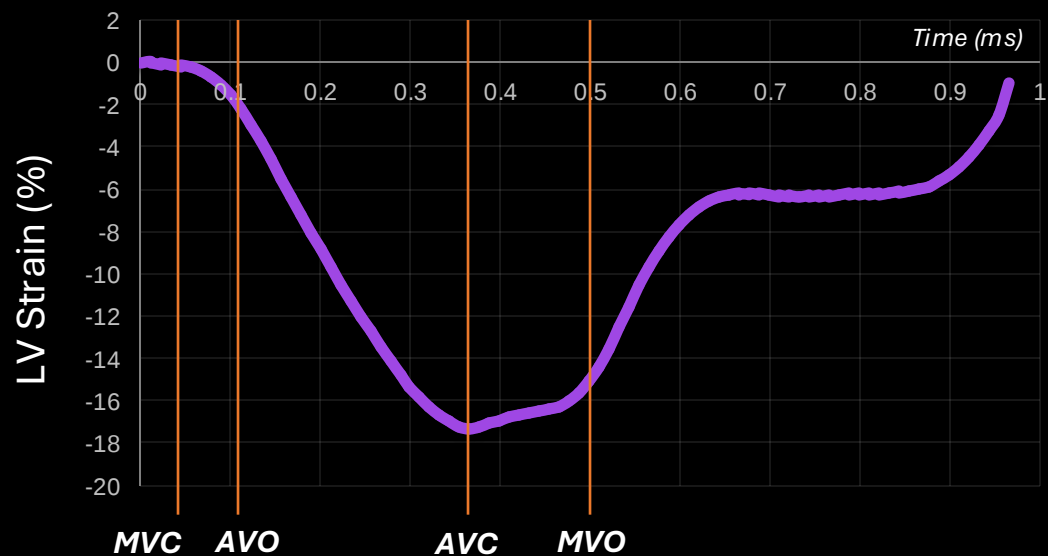
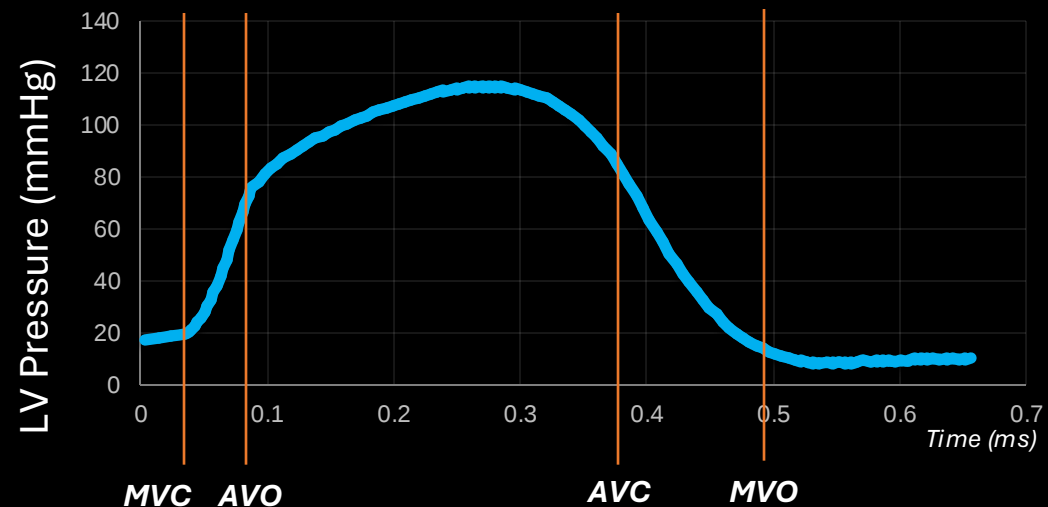
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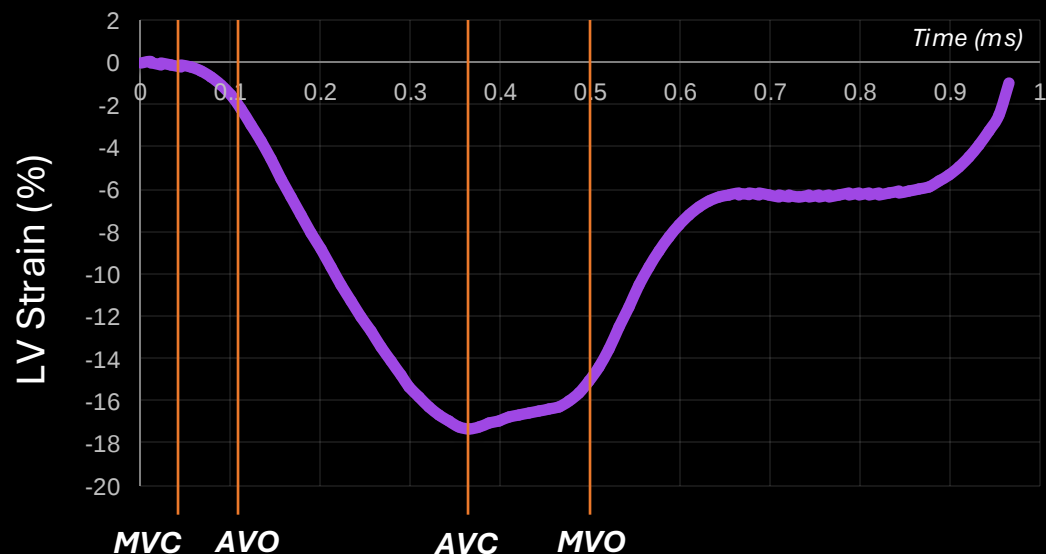
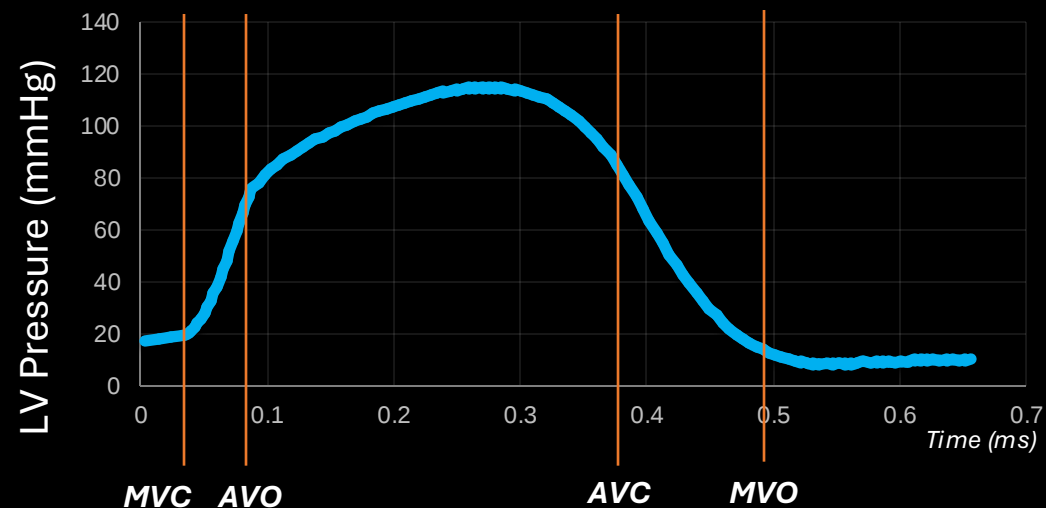
DATA INTEGRATION



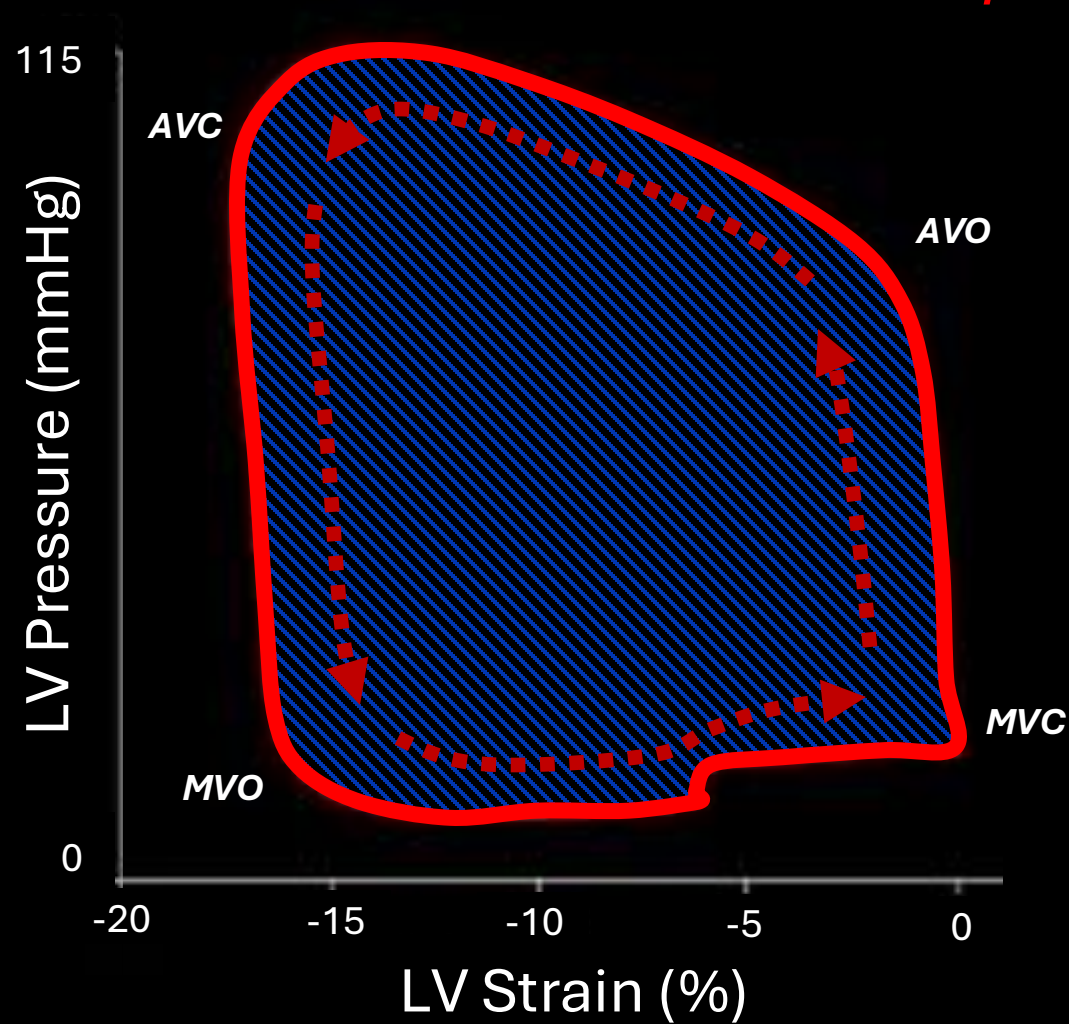
Myocardial Work Calculation



Myocardial Work Calculation



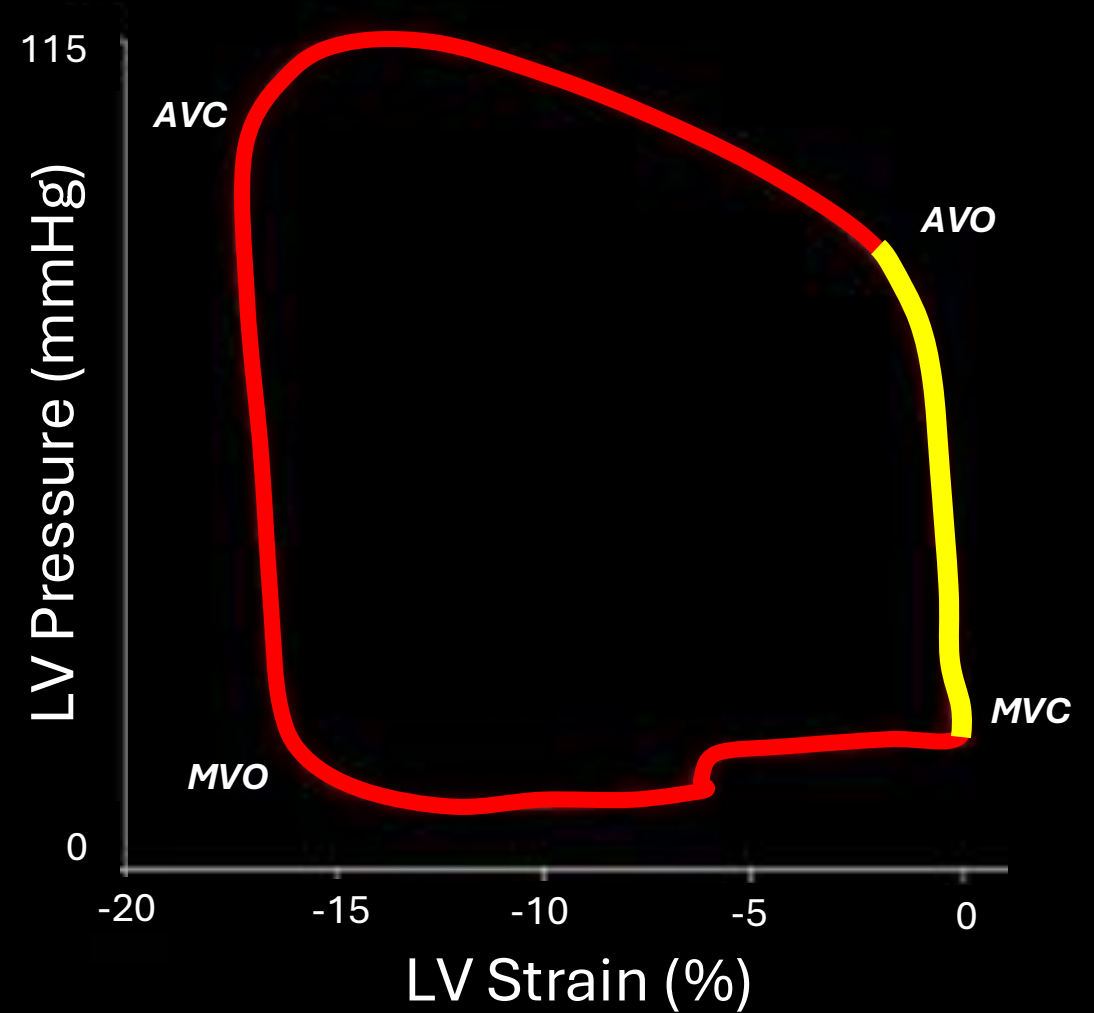
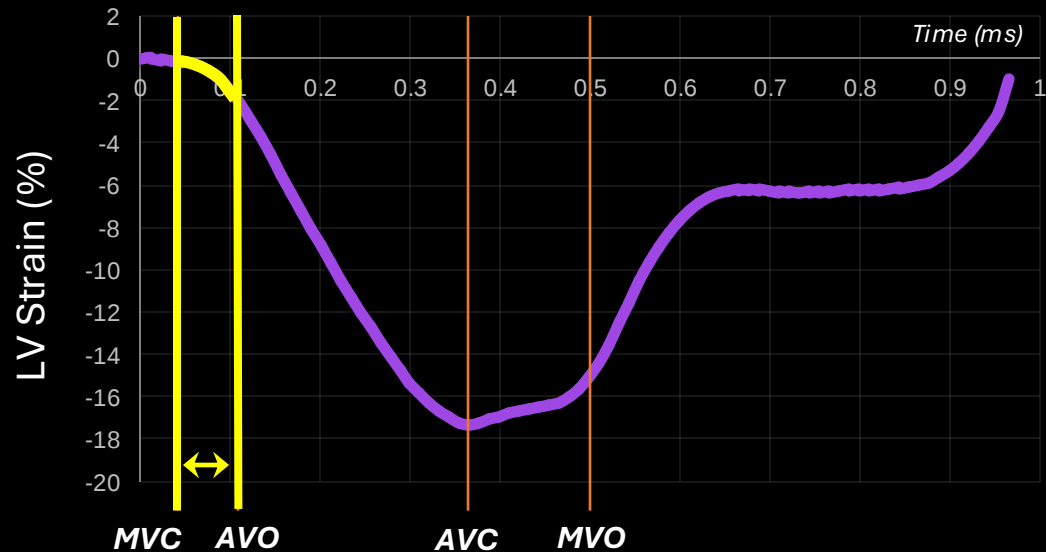
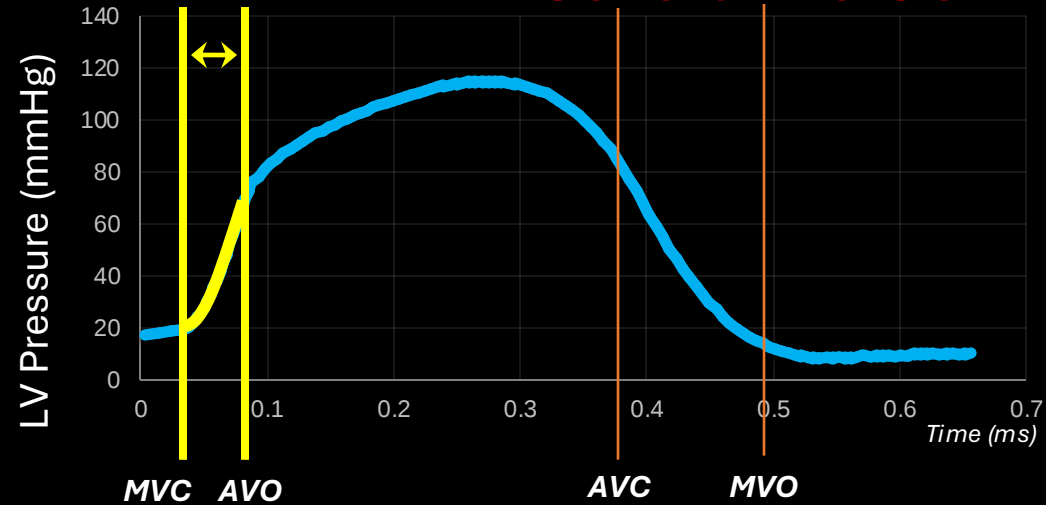
MW = Area within the loop



Units of MW = mmHg%

Myocardial Work Calculation

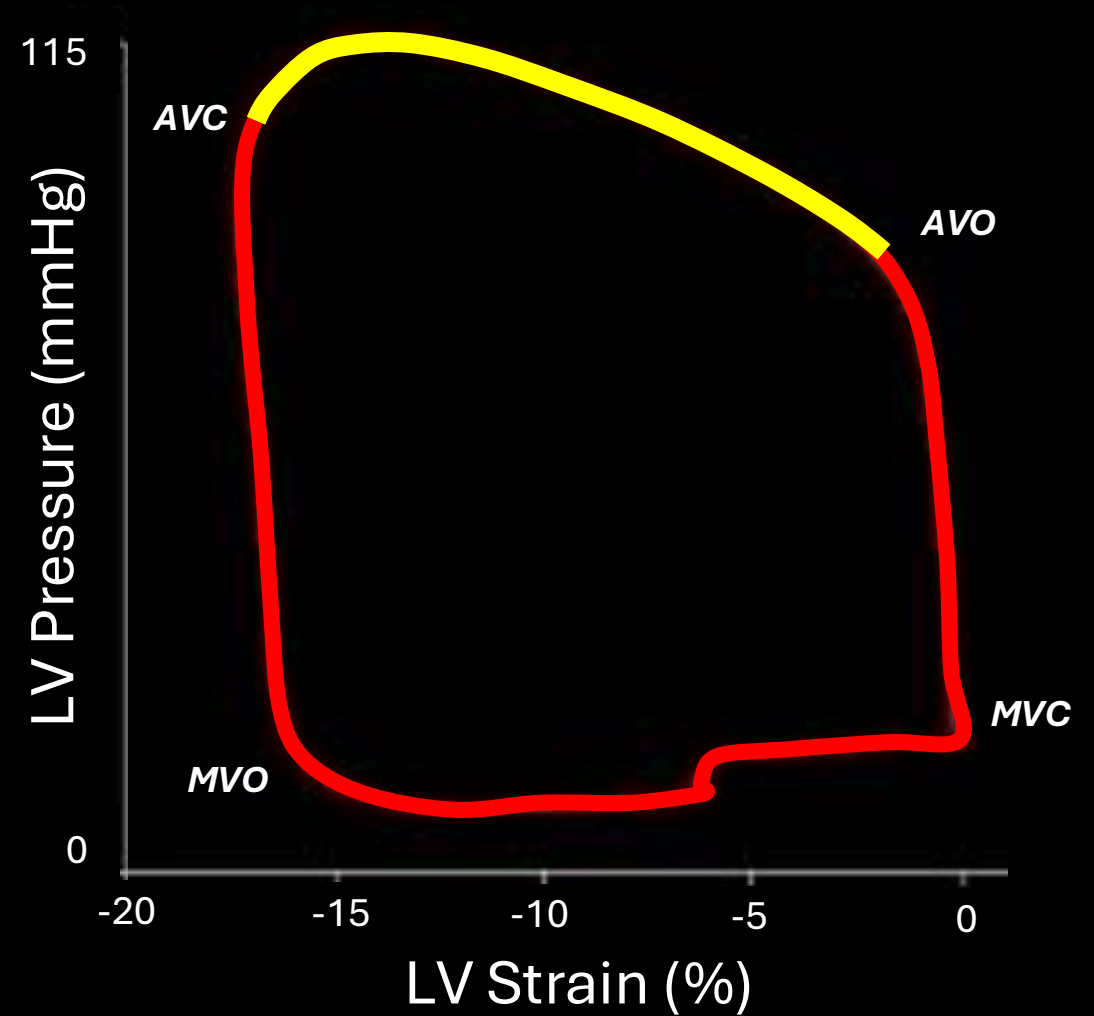
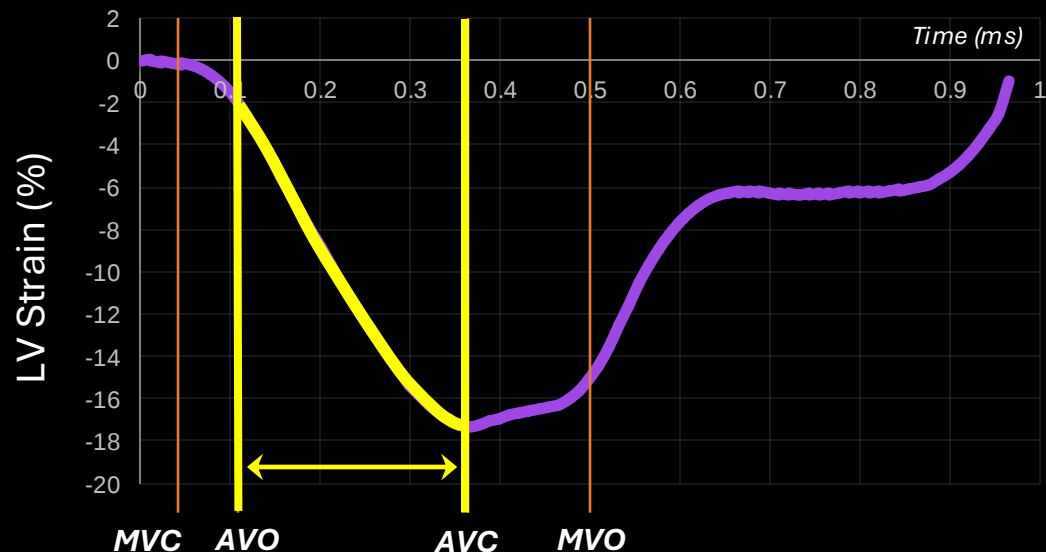
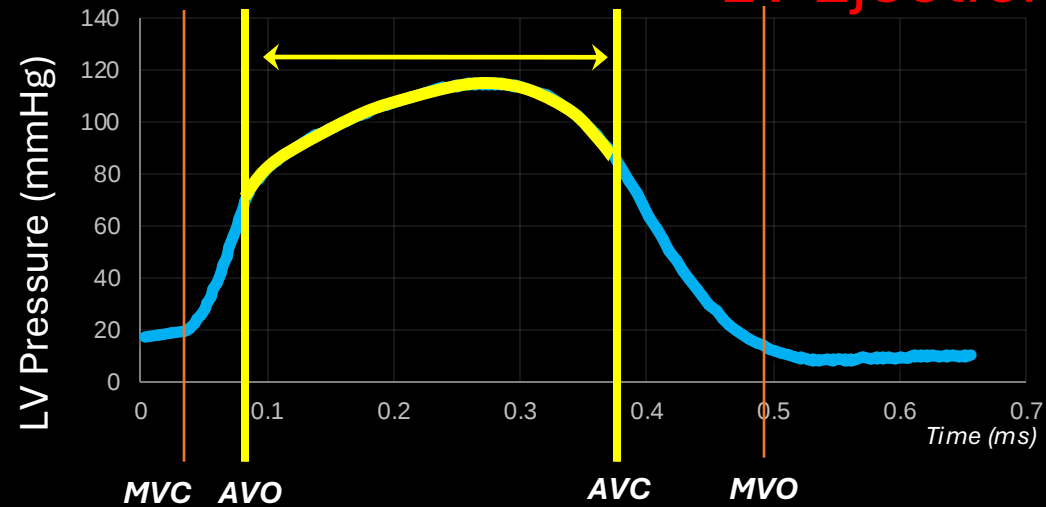
Isovolumic Contraction (MVC to AVO)



Little change in strain while LVP rises

Myocardial Work Calculation

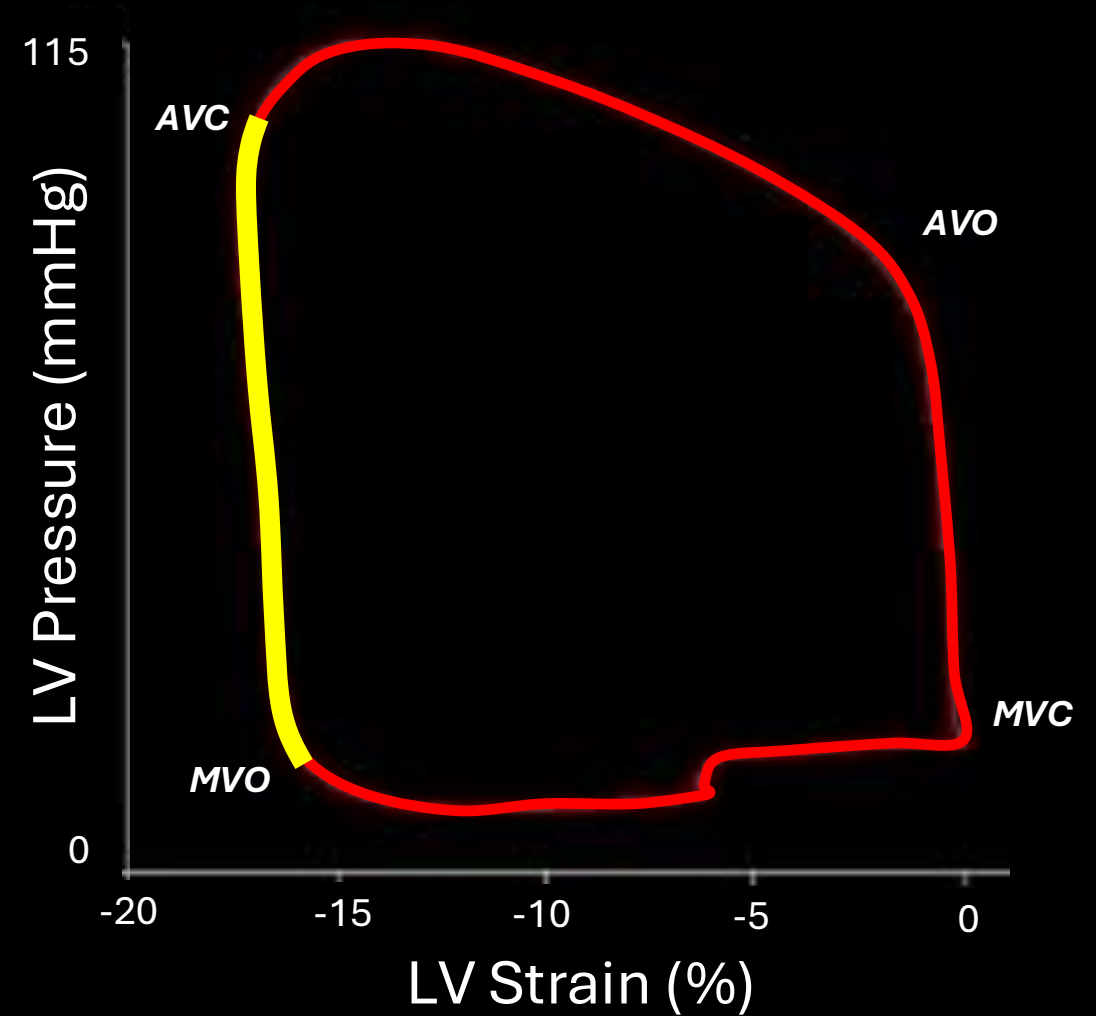
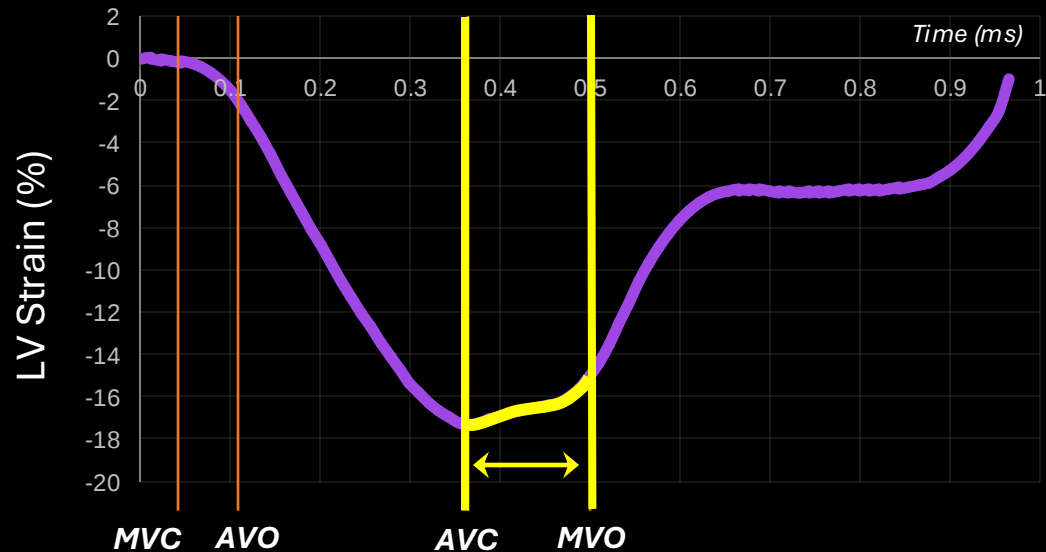
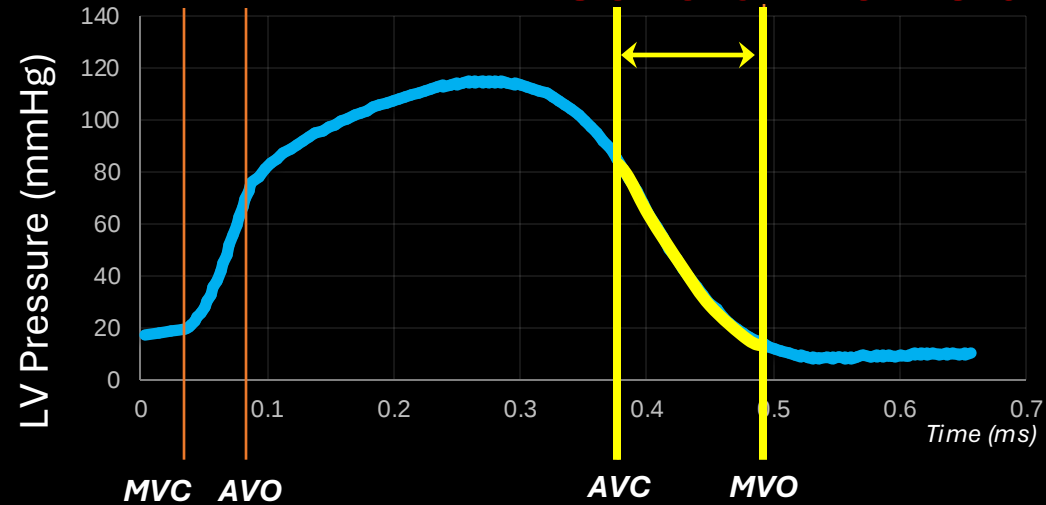
LV Ejection (AVO to AVC)



Slow rise in LVP while strain becomes more negative

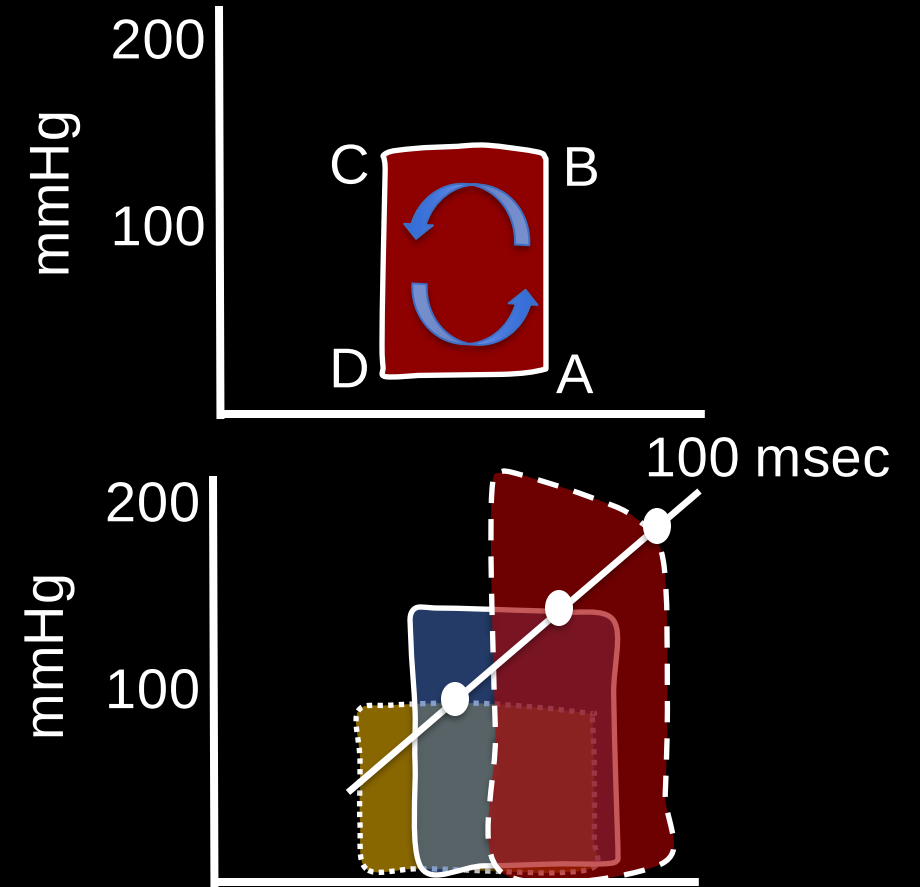
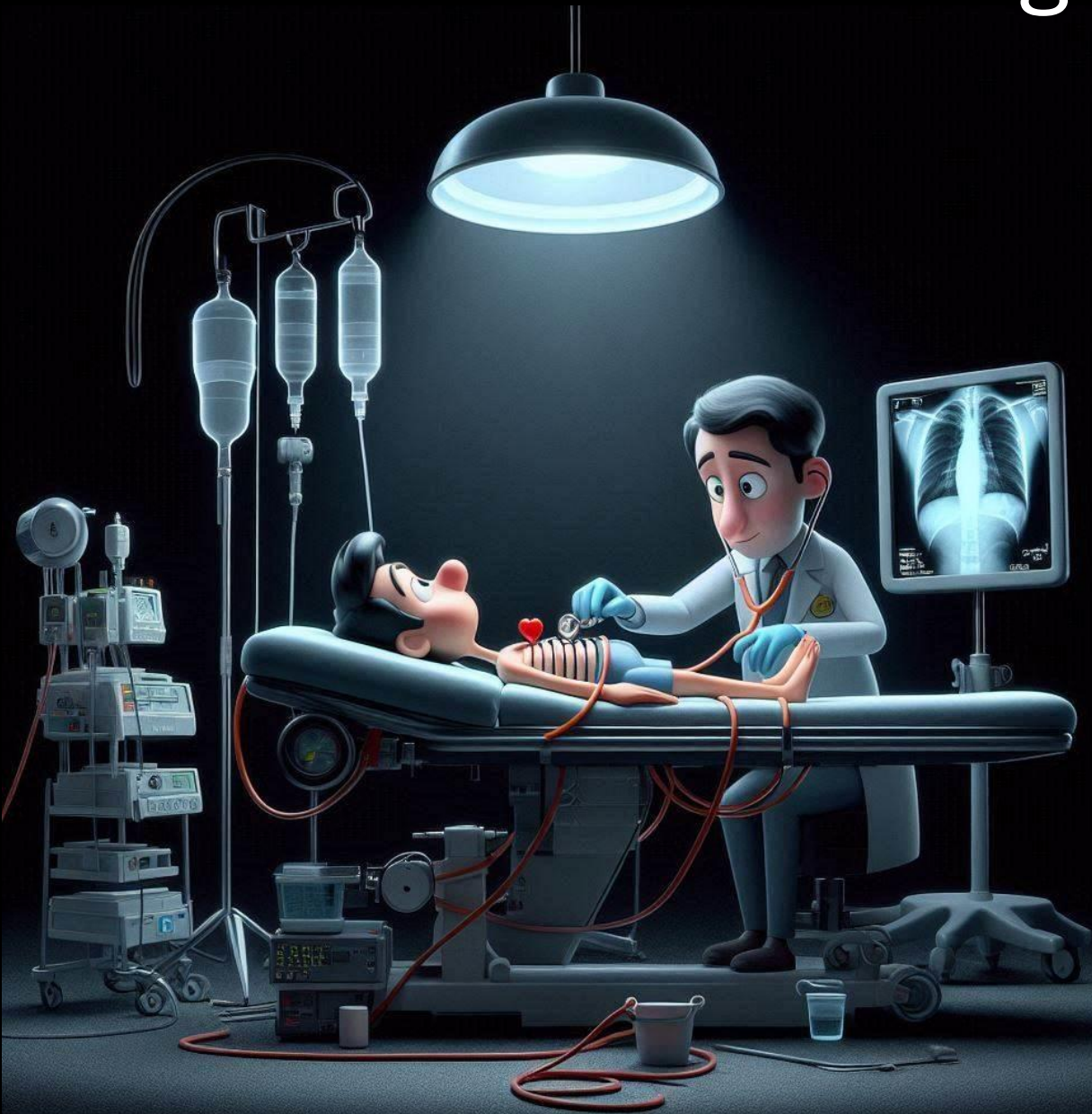
Myocardial Work Calculation

Isovolumic Relaxation (AVC to MVO)



LVP drops with little Δ in strain until beginning of diastole

Validated PVL During Cardiac Catheterisation

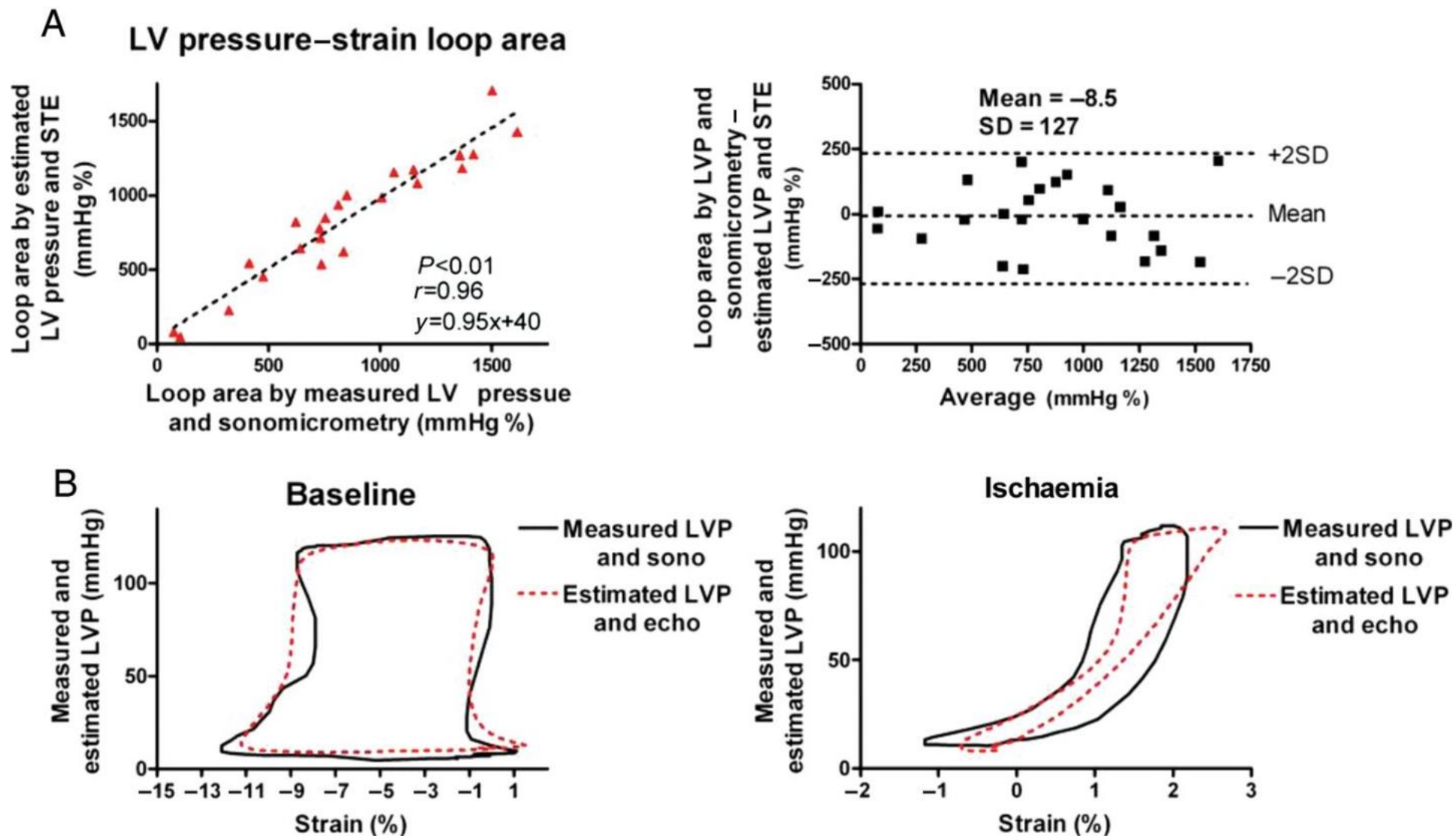


PVL – haemodynamic parameters of myocardial contractility

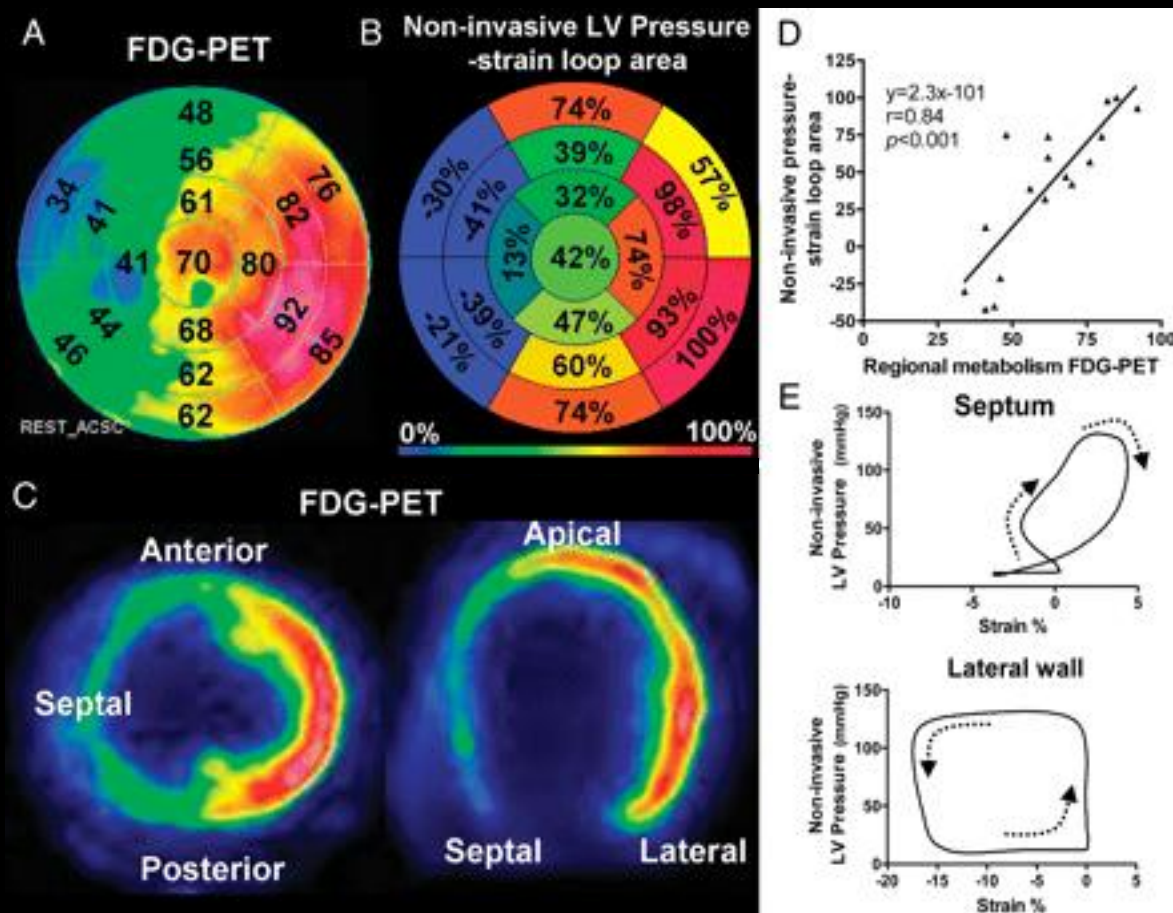
Area = Myocardial O² consumption

Suga et al. Am J Physiol 1979;236:H498-H505

Myocardial Work Validation



Myocardial Work Validation



- Glucose metabolism was measured with FDG PET in patients with LBBB
- Good agreement with MW
- MW bullseye plot & PET showed similar regional differences
- Highest metabolism in lateral segments
- Lowest in septal segments

Myocardial Work Parameters

Global Myocardial Work Index (GWI) (mmHg%)

- *Global representation of MW*

Constructive MW (CW) (mmHg%)

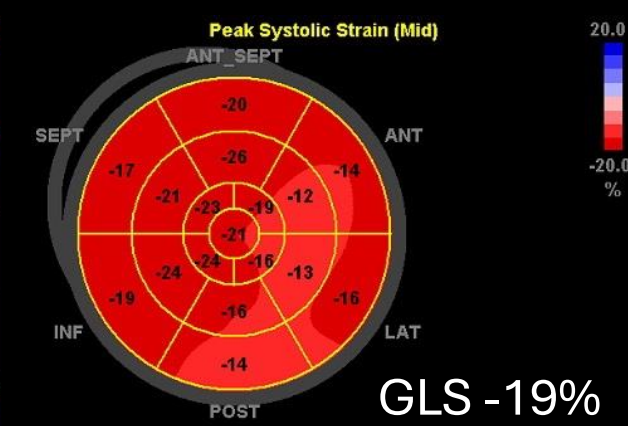
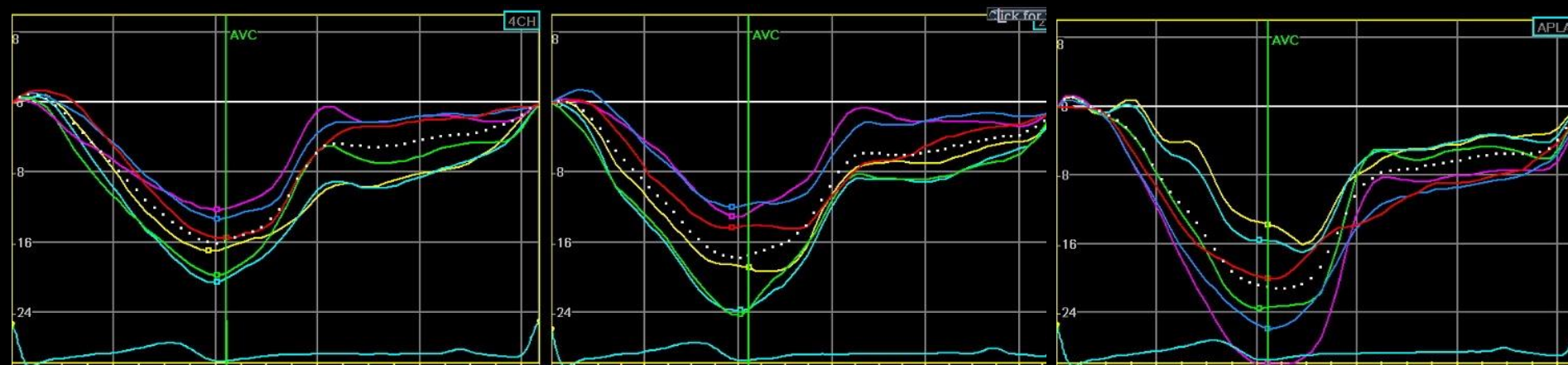
- *Positive work contributing to LV ejection*
- *Myocardial shortening during systole + lengthening during IVR*

Wasted MW (WW) (mmHg%)

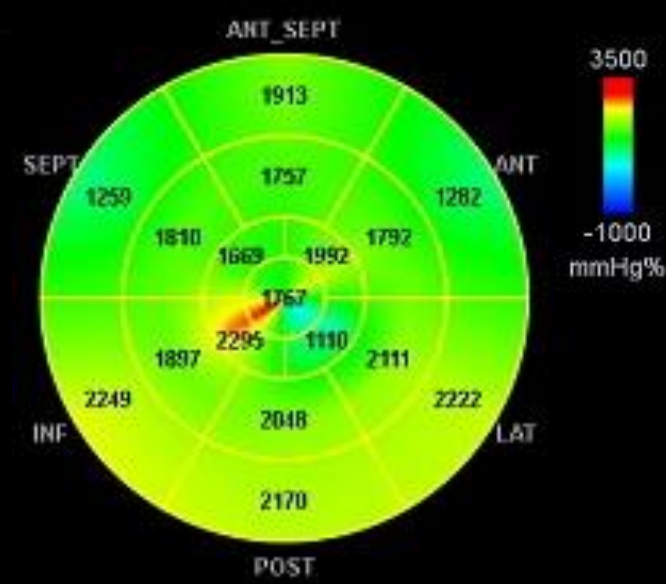
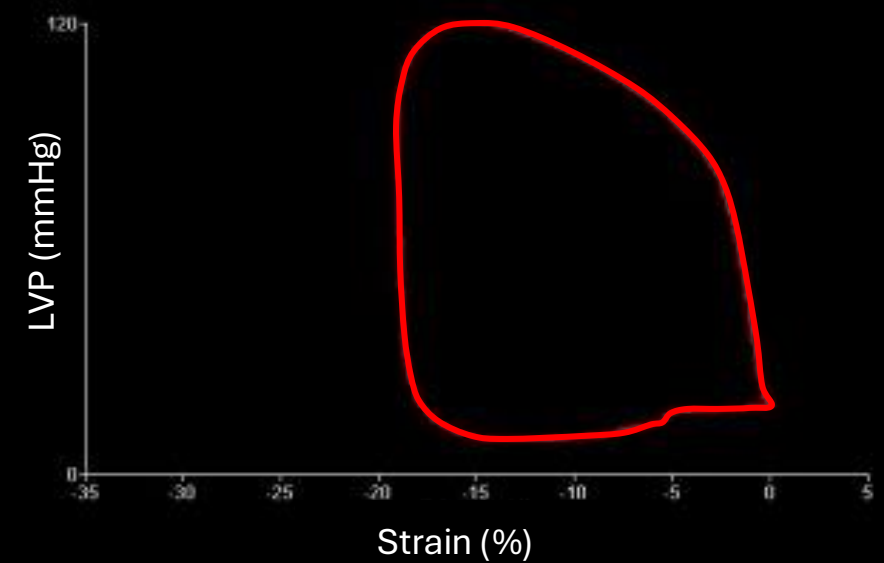
- *Negative work not contributing to LV ejection – energy loss*
- *Myocardial lengthening during systole + shortening during IVR*

MW Efficiency (%)

- $CW / (CW + WW)$



GW1 1840mmHg%

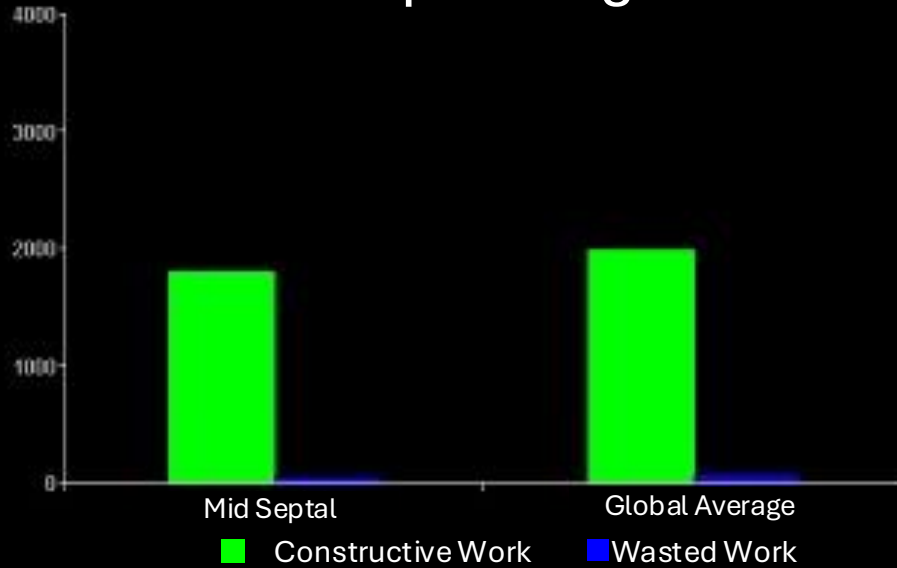


GCW 1979mmHg%
 GWW 59mmHg%
 GWE 96%

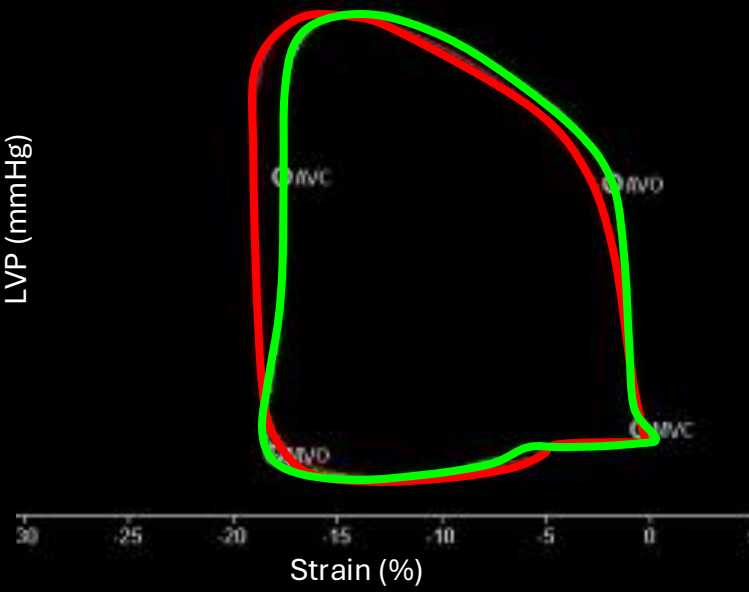


■ Constructive Work ■ Wasted Work

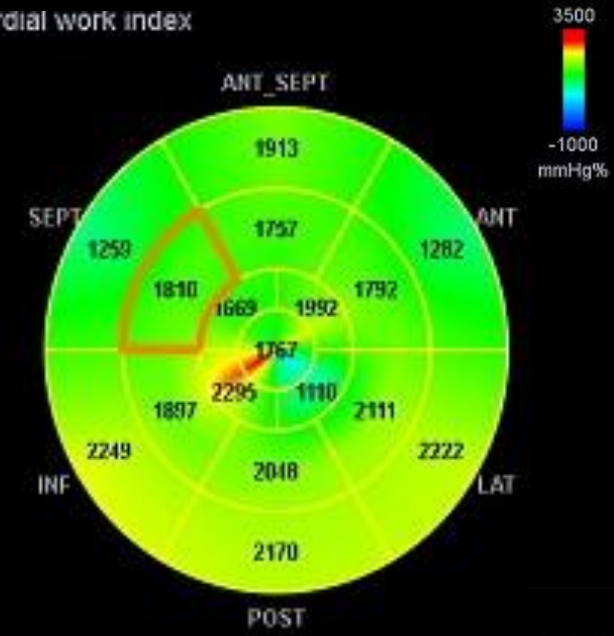
Mid Septal Segment



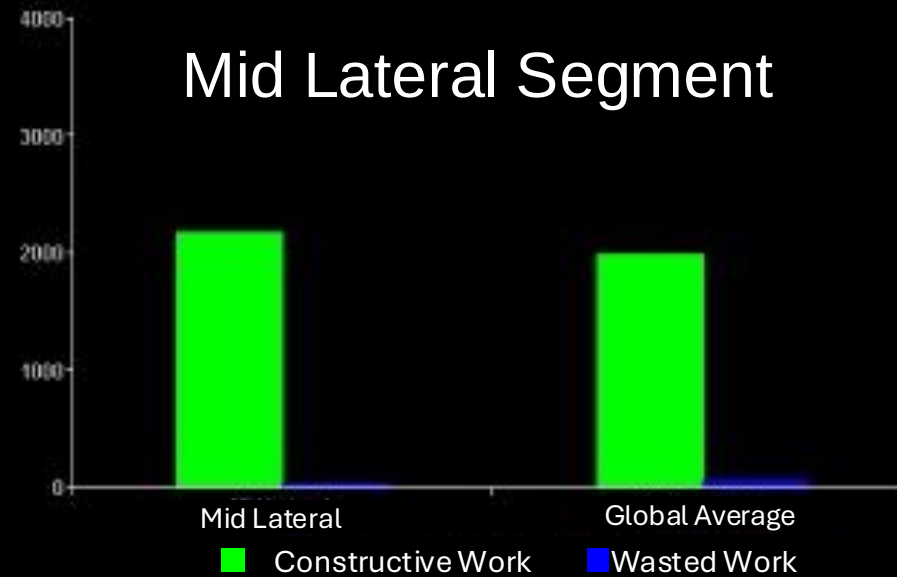
LVP (mmHg)



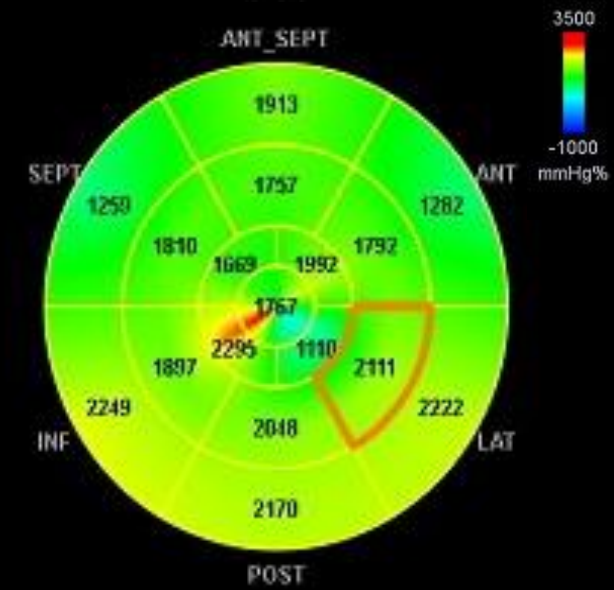
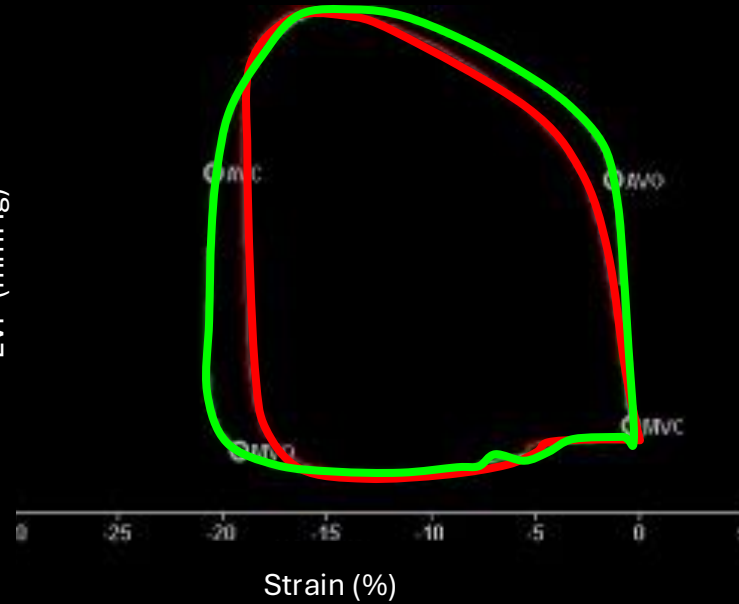
Myocardial work index



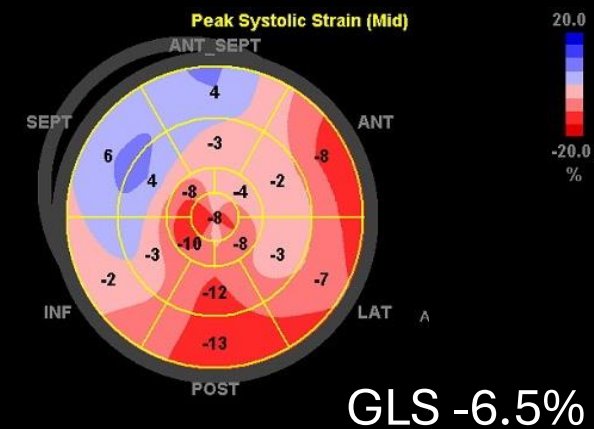
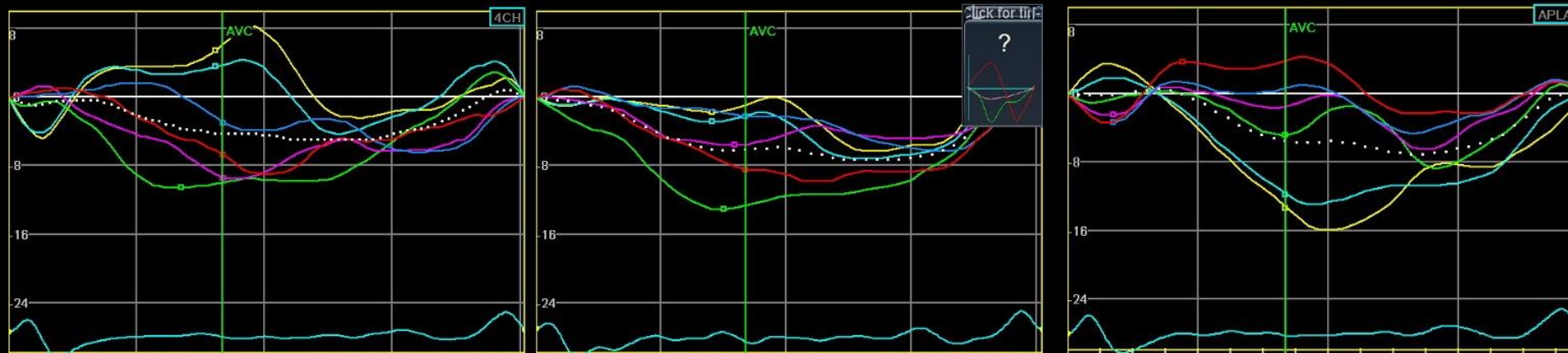
Mid Lateral Segment



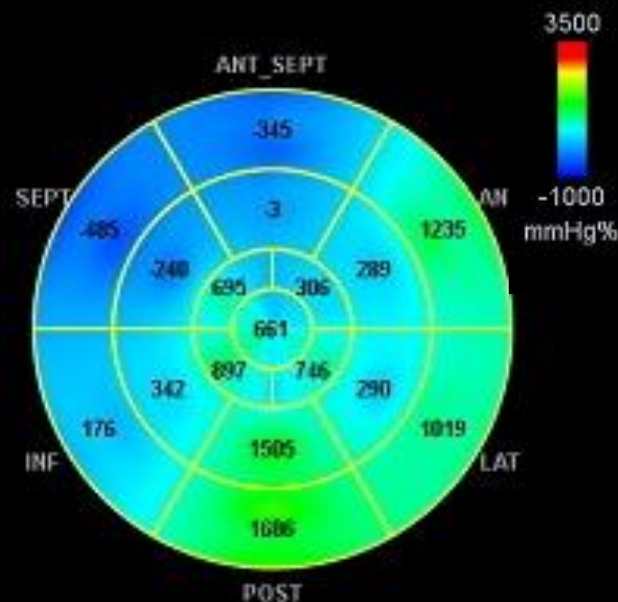
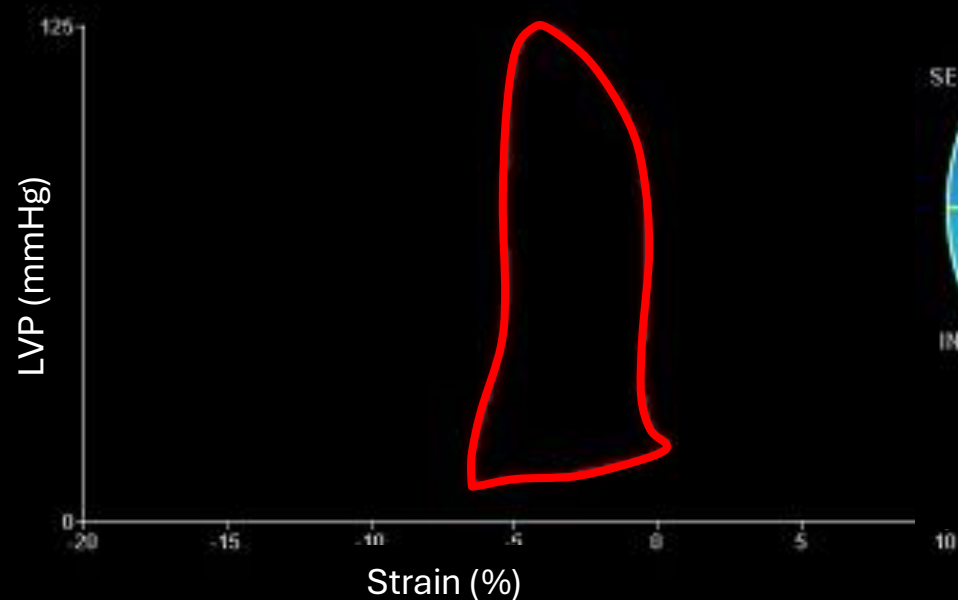
LVP (mmHg)



ECHO
AUSTRALIA



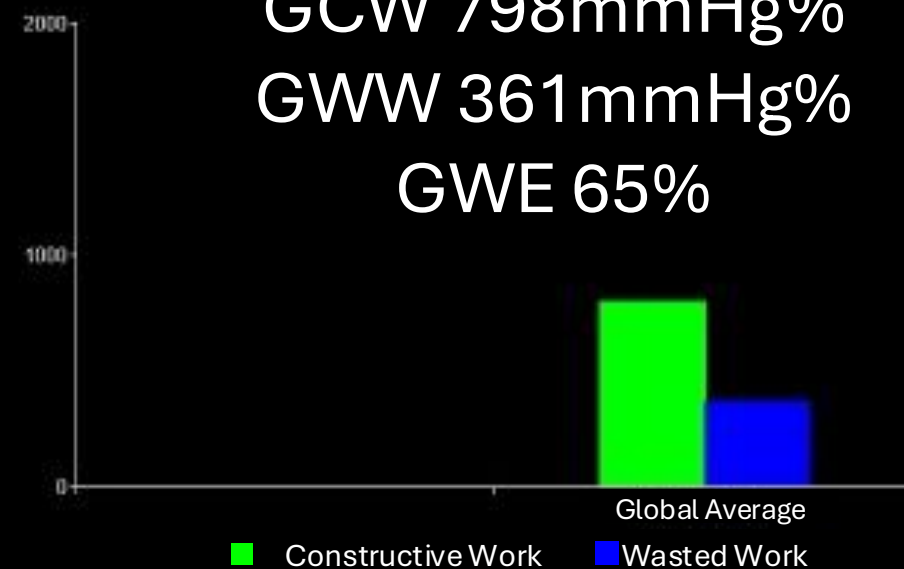
GWl 524mmHg%



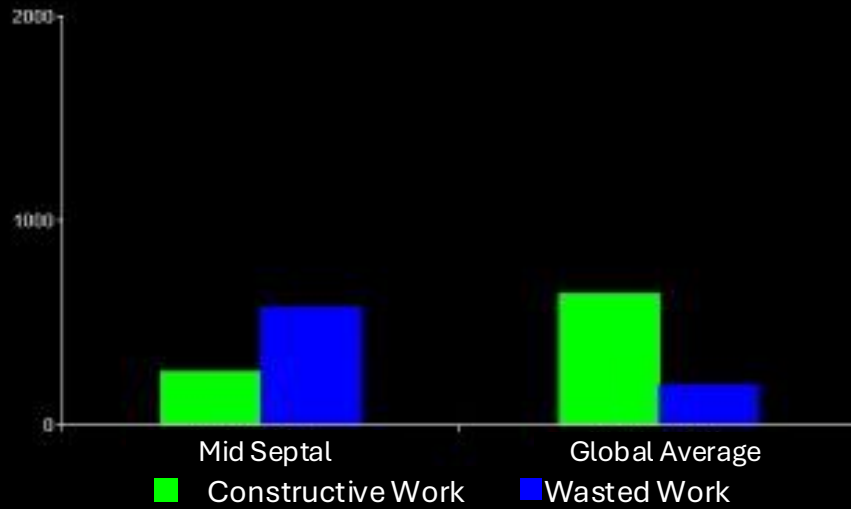
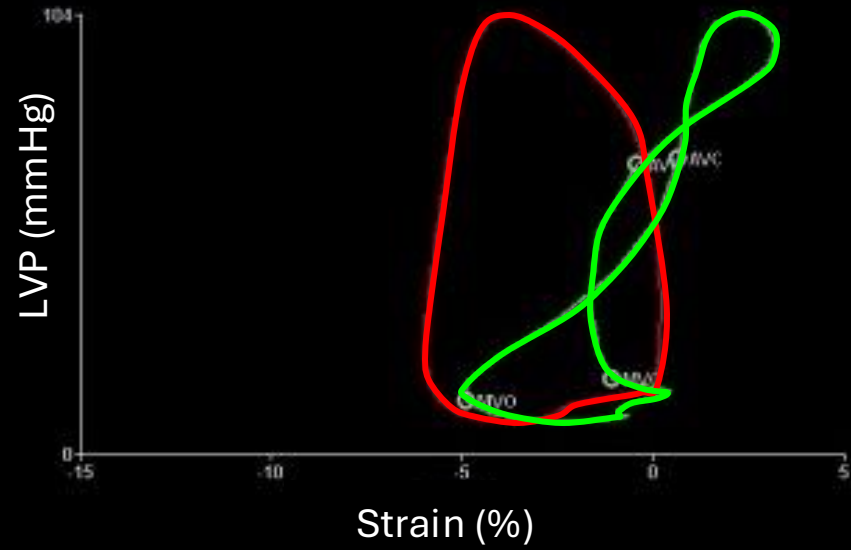
GCW 798mmHg%

GWW 361mmHg%

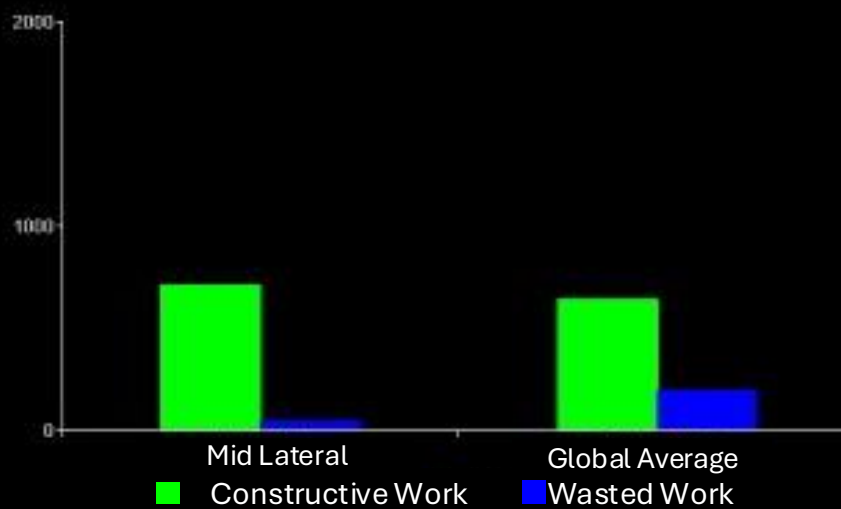
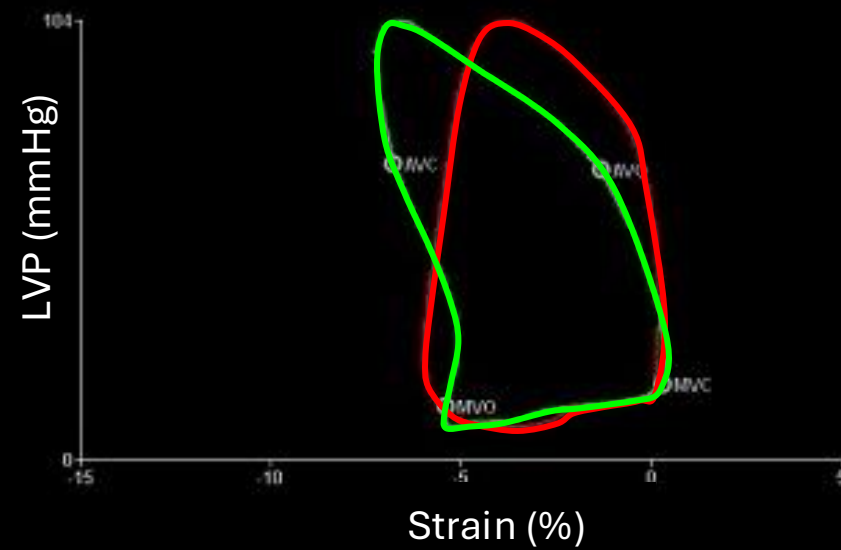
GWE 65%



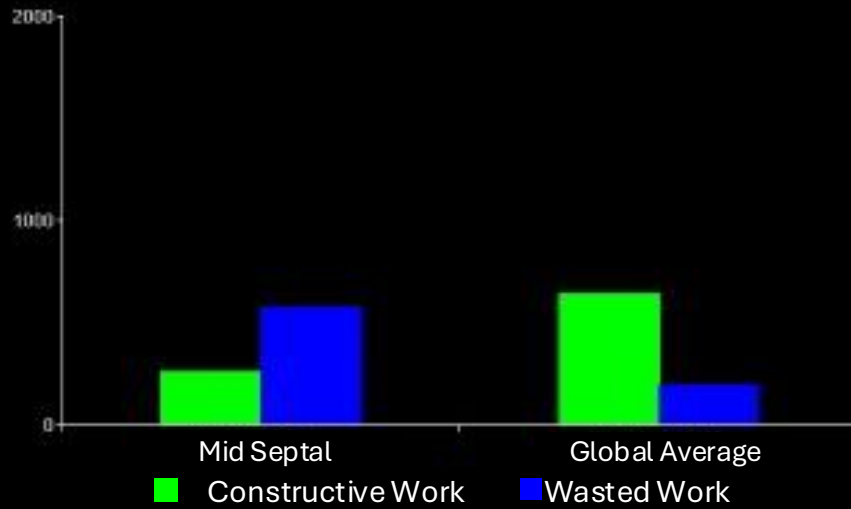
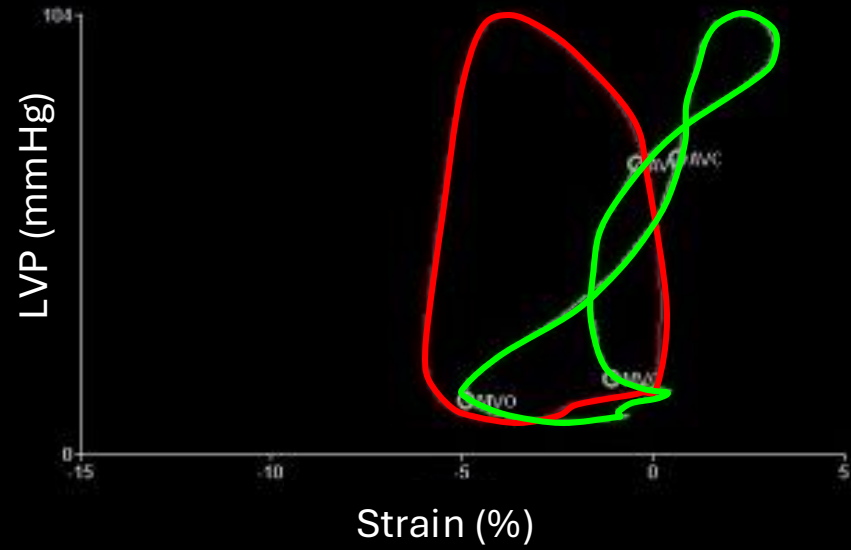
Mid Septal Segment



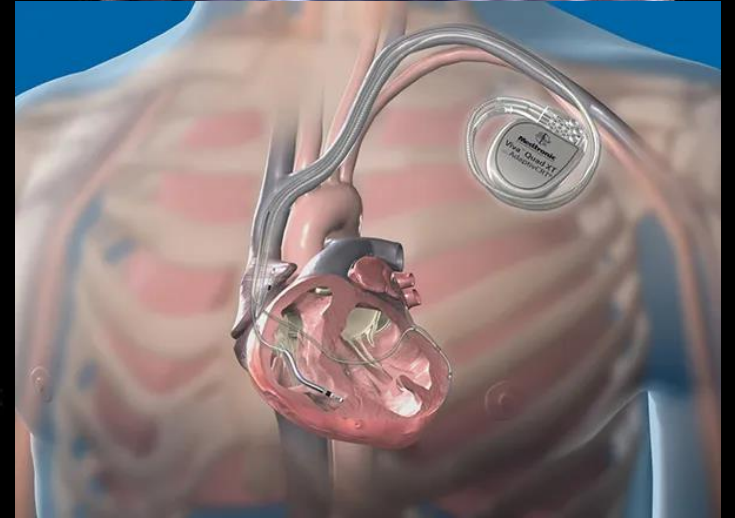
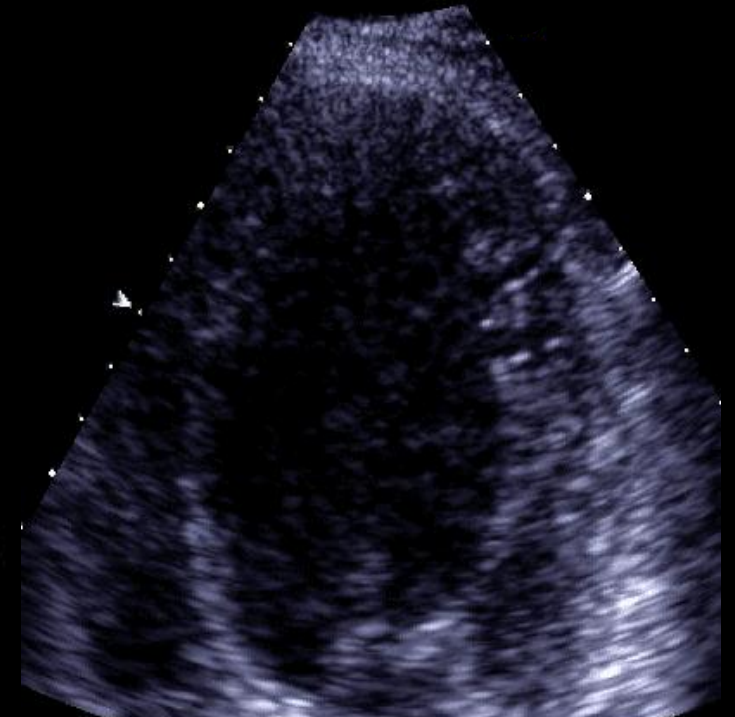
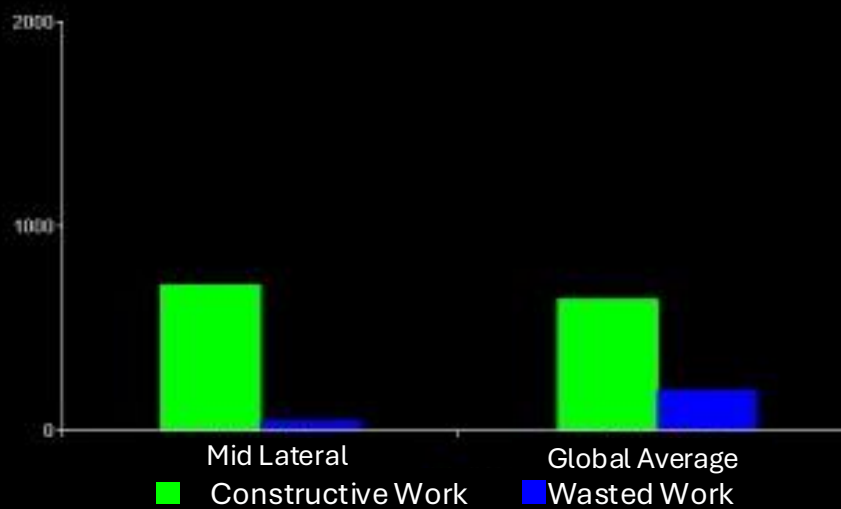
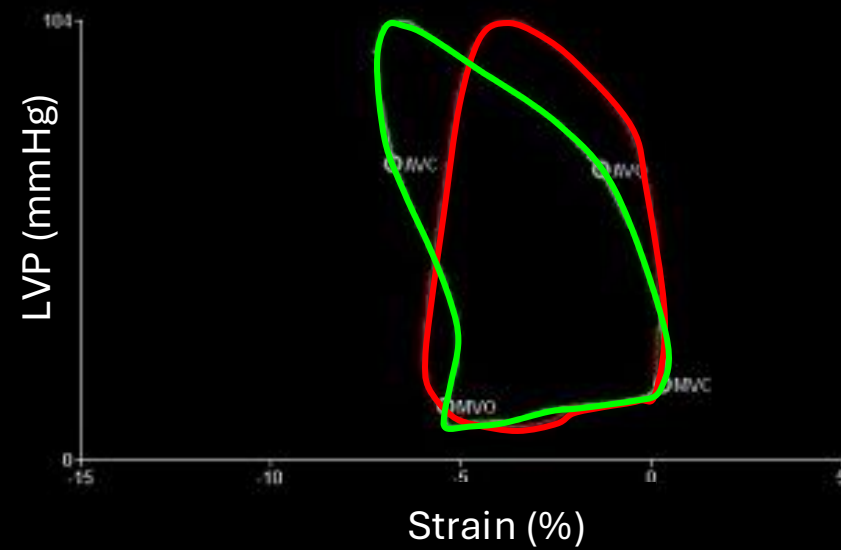
Mid Lateral Segment



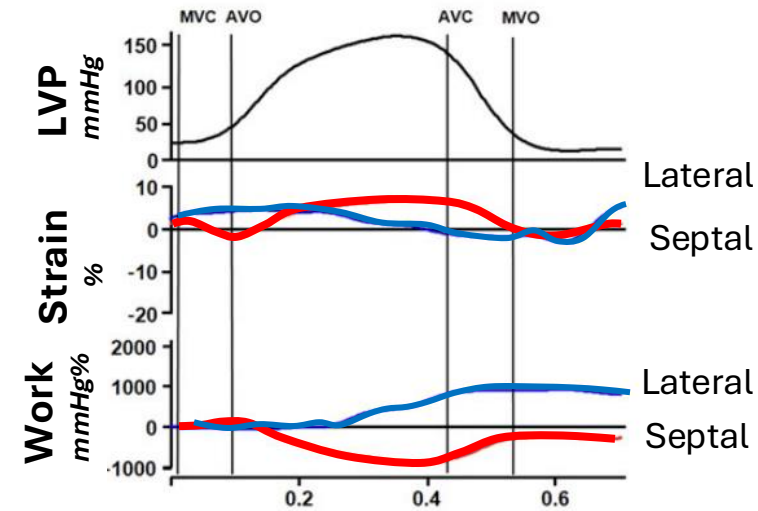
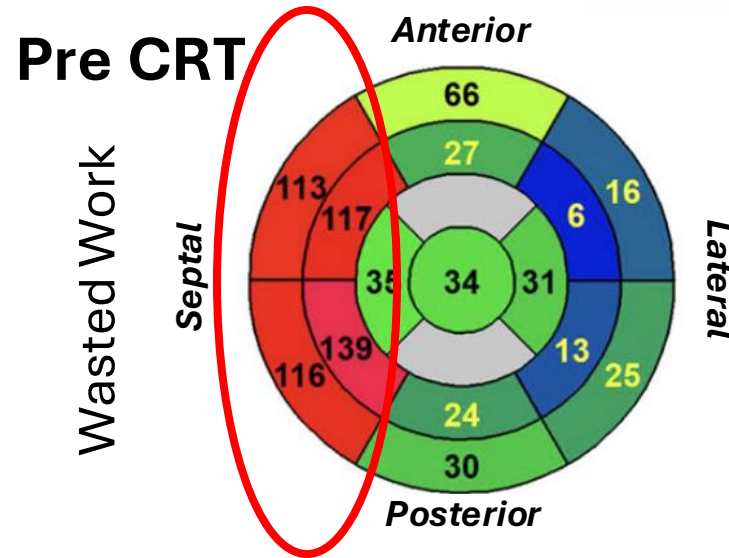
Mid Septal Segment



Mid Lateral Segment



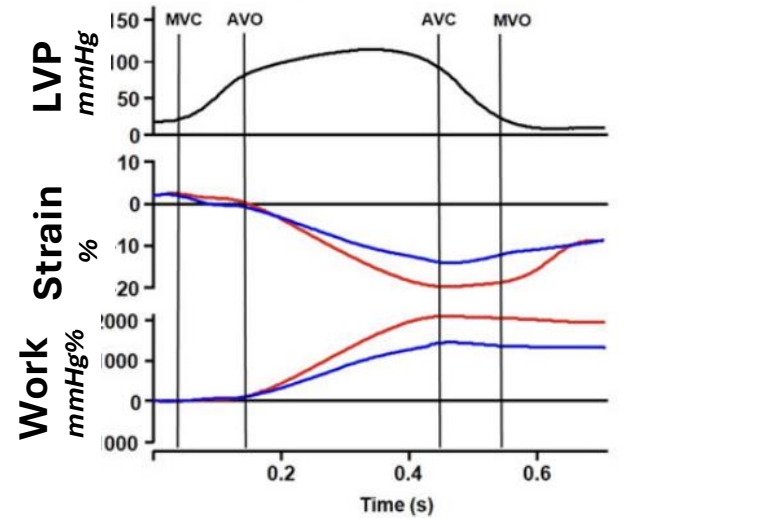
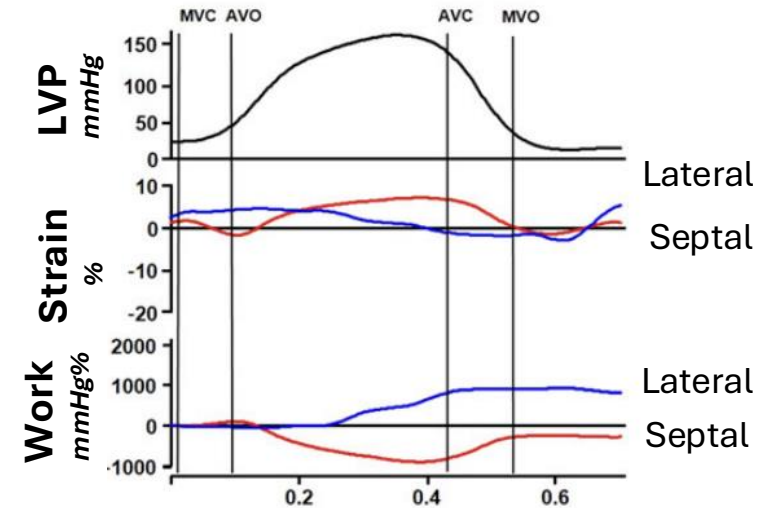
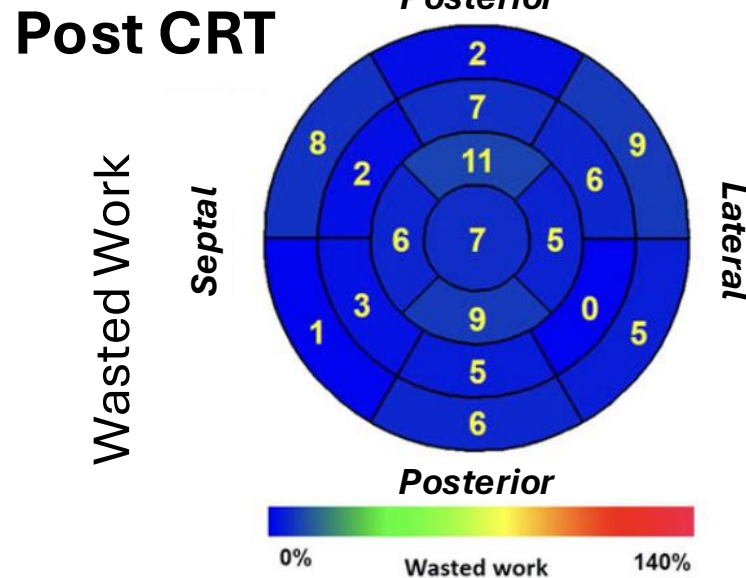
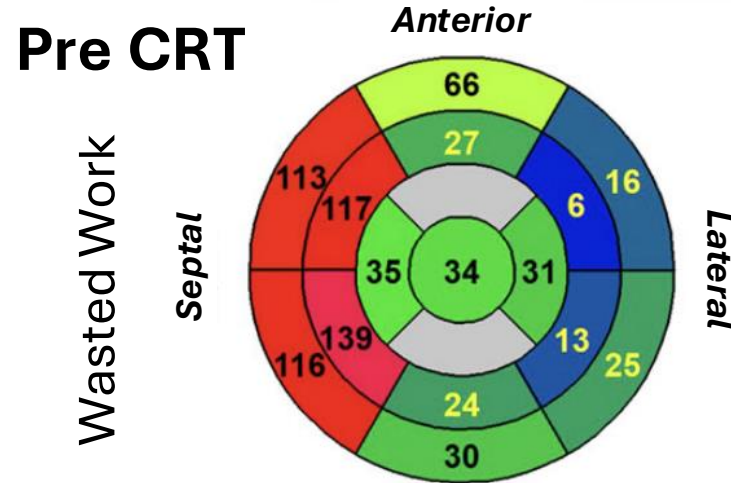
Myocardial Work – CRT Responder



CRT Responders

- Higher global WW
- Particularly higher septal WW compared to lateral segments

Myocardial Work – CRT Responder

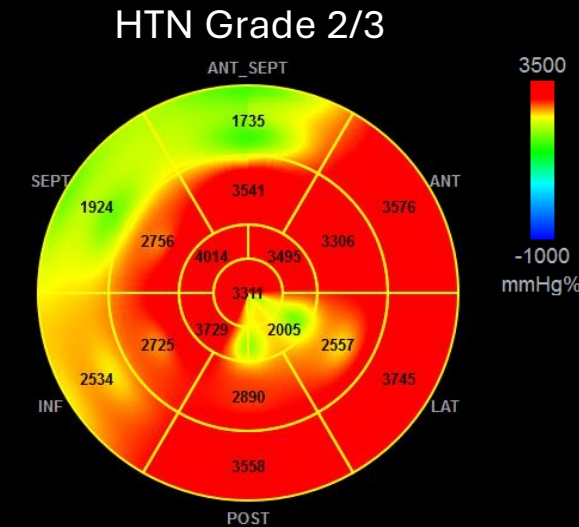
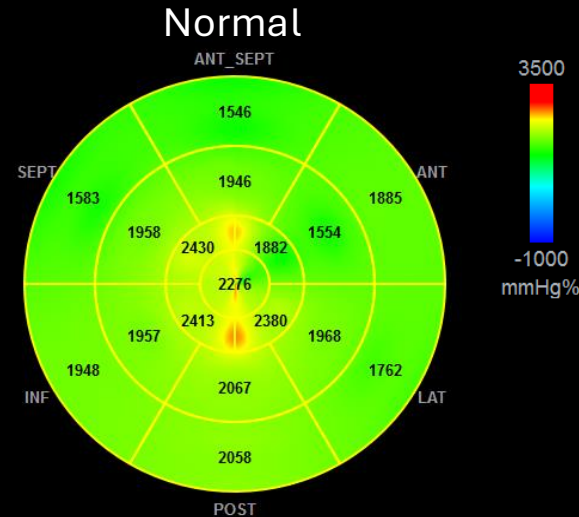
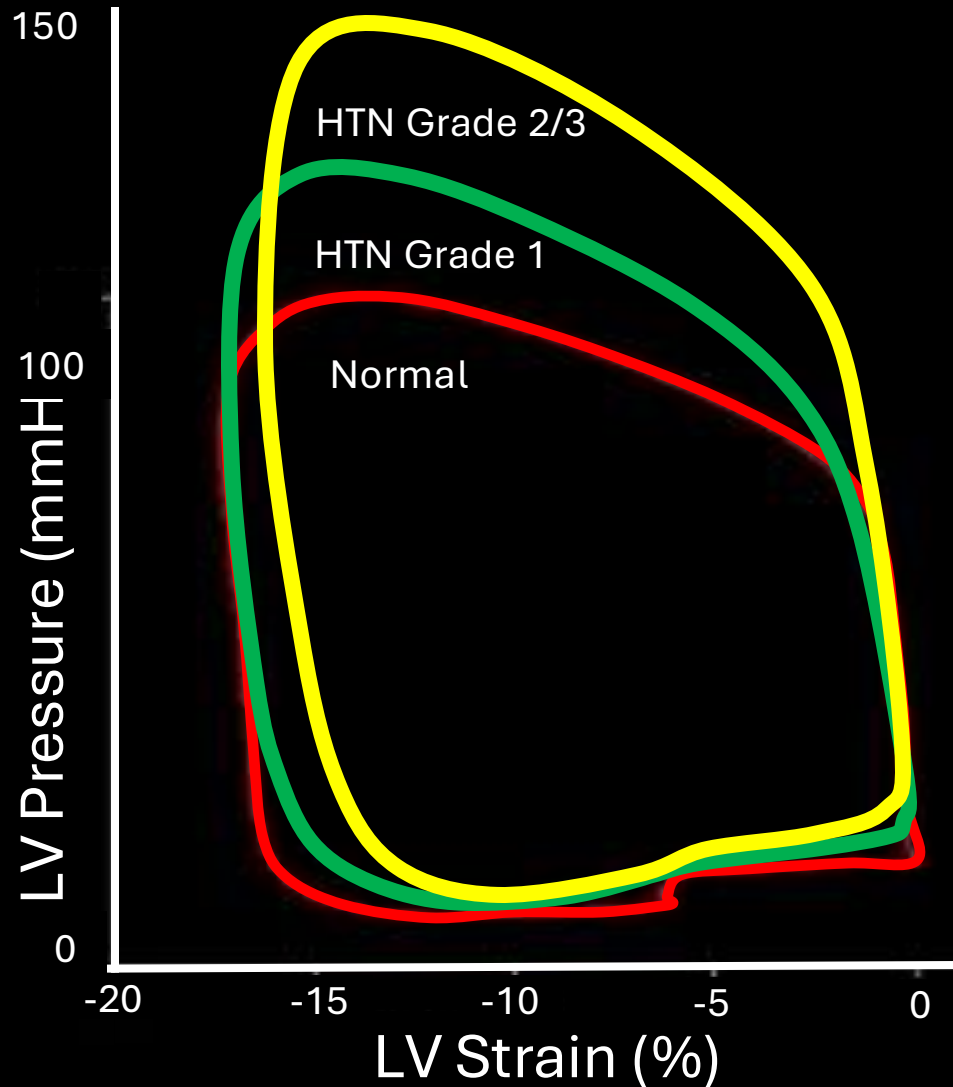


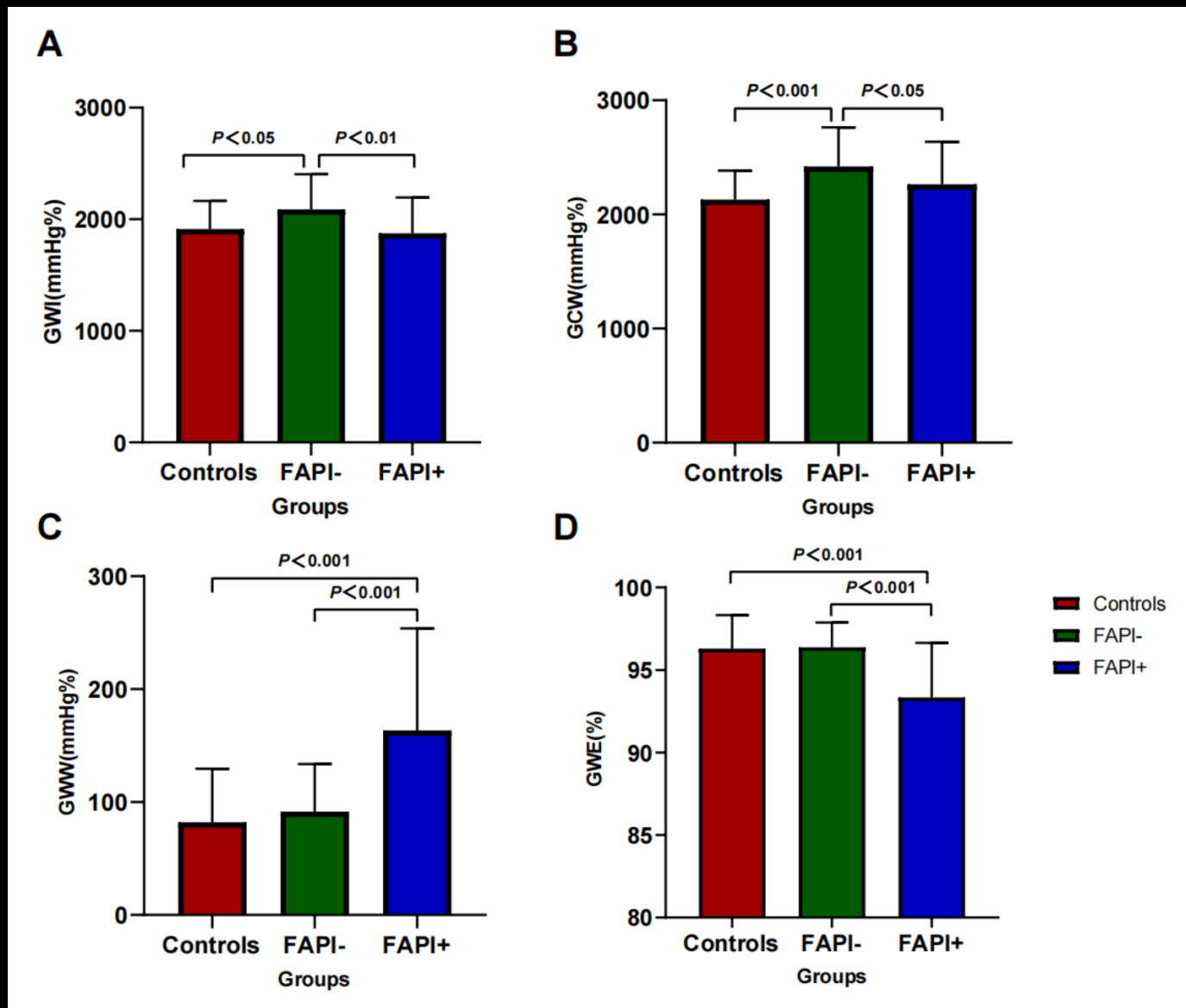
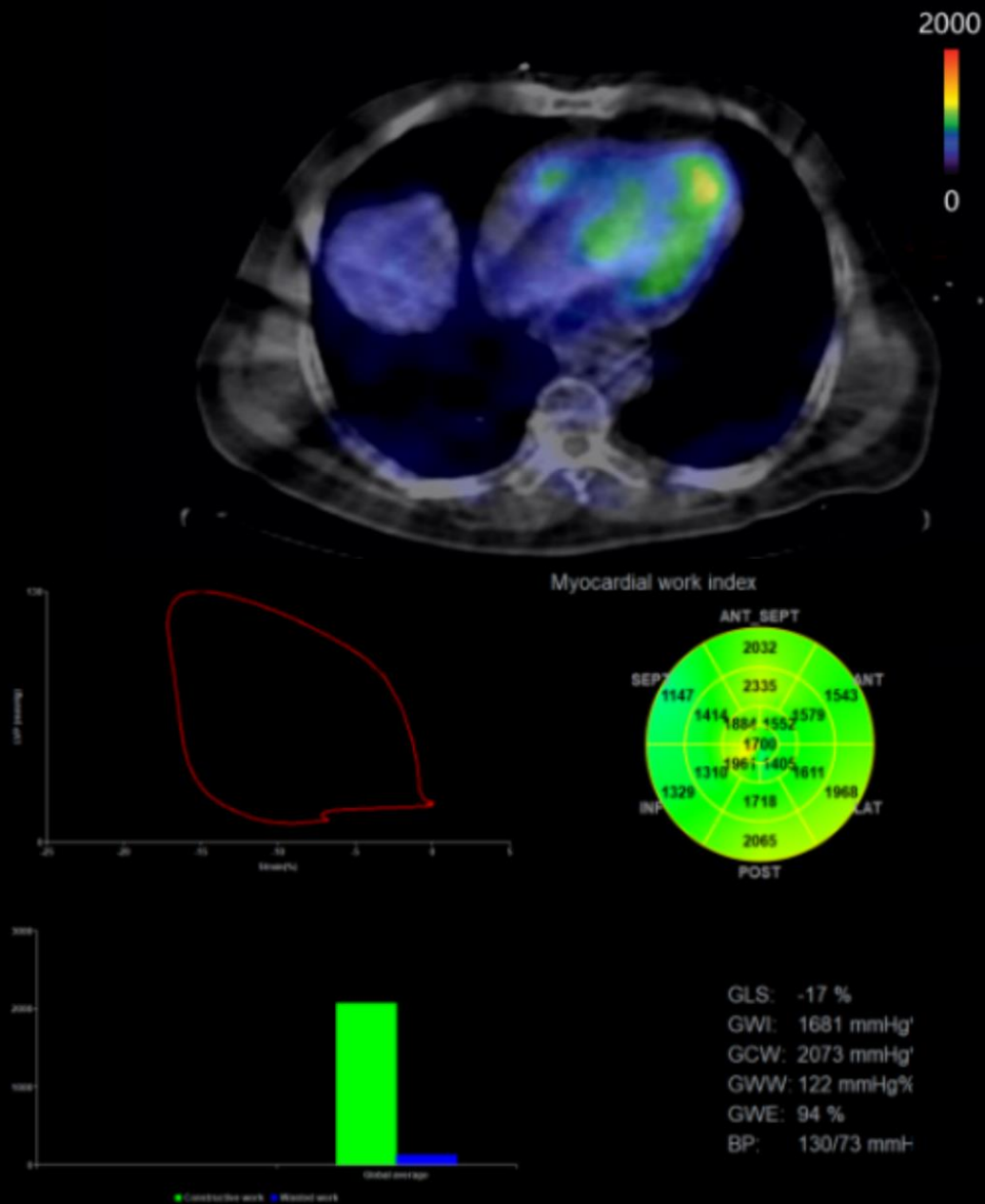
Research Applications



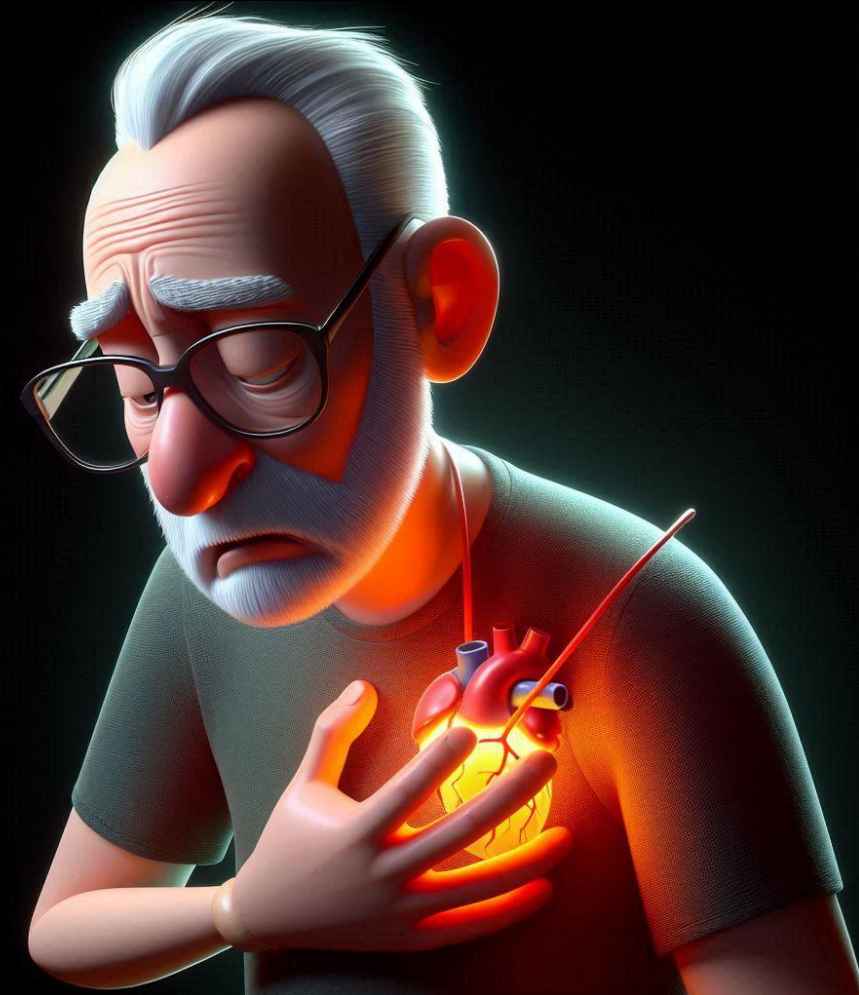
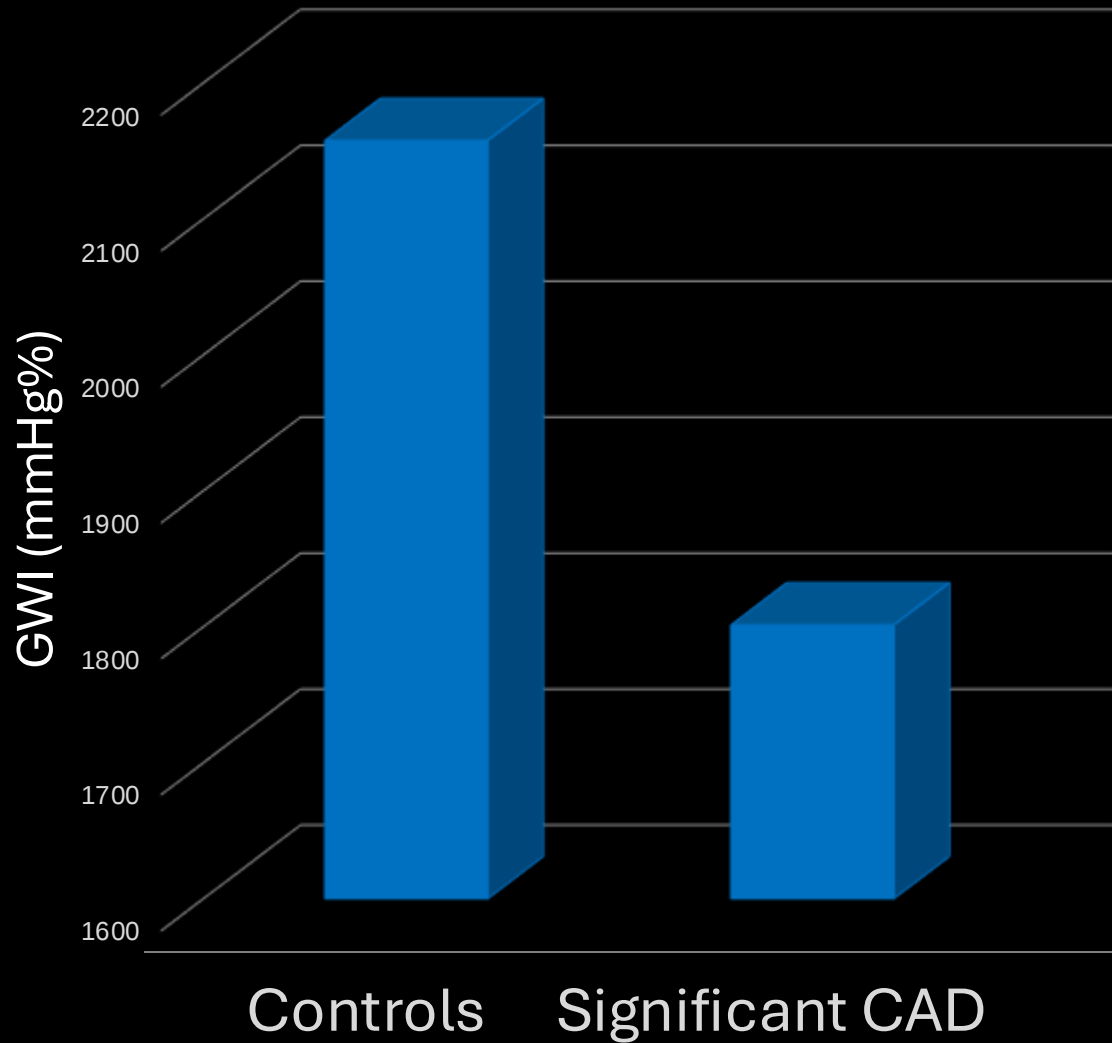
- Hypertensive heart disease
- Coronary artery disease
- Hypertrophic CMP
- Ischaemic CMP
- Amyloid
- Cardio-oncology
- HFrEF
- HFpEF

Hypertensive Heart Disease

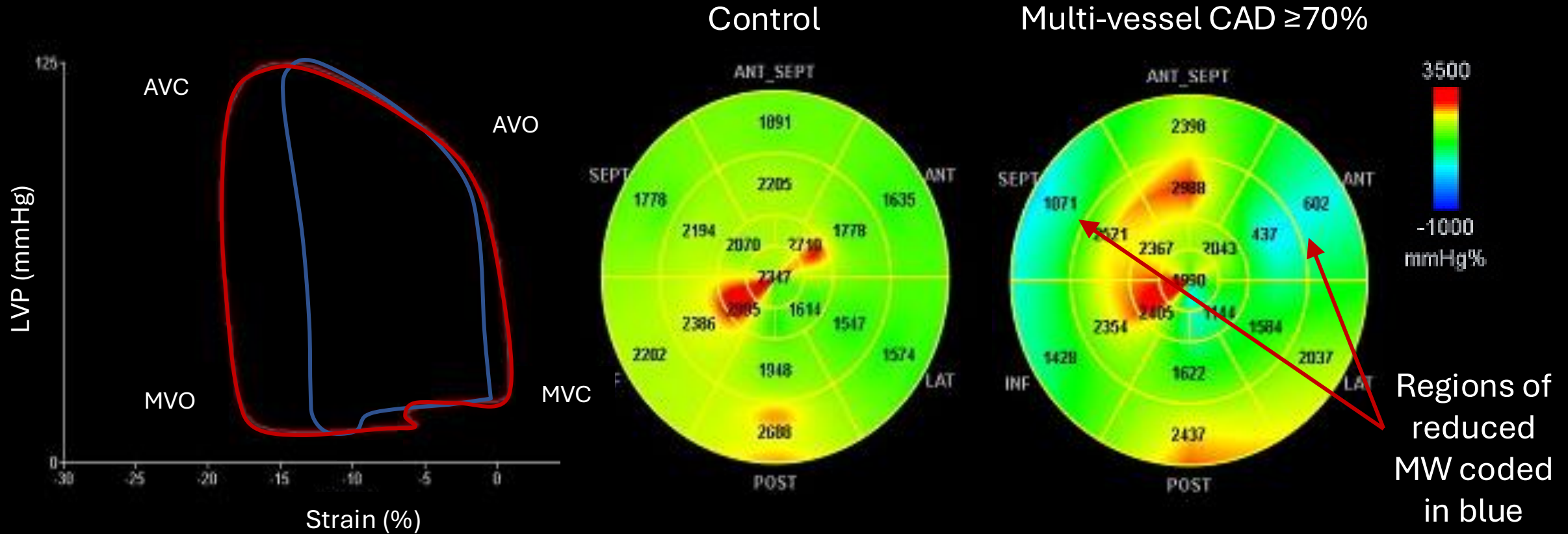




Coronary Artery Disease

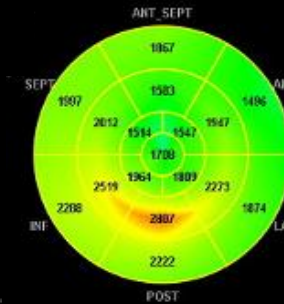
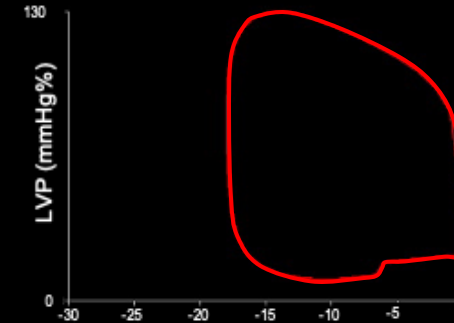
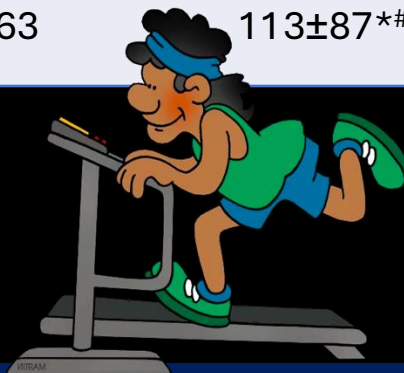


Coronary Artery Disease



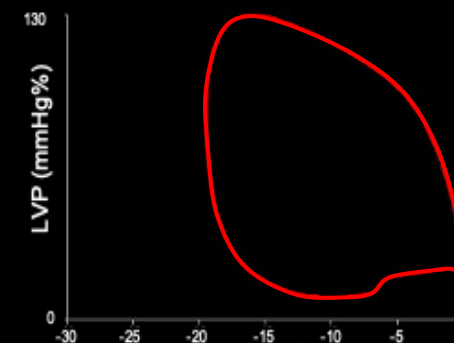
Coronary Artery Disease

	Negative ESE (n=193)	False- Positive ESE (n=39)	True- Positive ESE (n=40)
GLS (%)	-18.6 ± 1.8	-18.5 ± 2.1	-16.6 ± 2.5*#
GWl (mmHg%)	1819 ± 317	1857 ± 344	1544 ± 354*#
GWE (%)	96 ± 2	95 ± 3	94 ± 3*#
Global CW (mmHg%)	2228 ± 358	2196 ± 399	1881 ± 390*#
Global WW (mmHg%)	73 ± 40	93±63	113±87*#



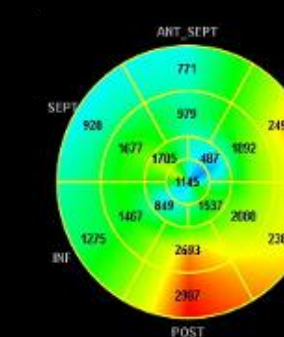
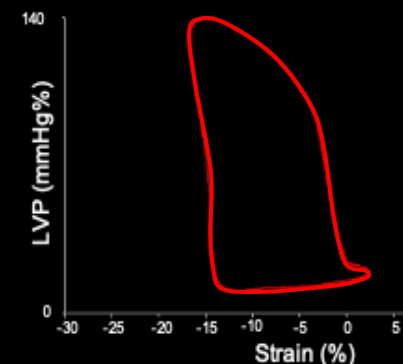
Negative ESE

BP 130/80mmHg
GLS -17%
GWl 1952mmHg%



False Positive

BP 130/80mmHg
GLS -19%
GWl 1925mmHg%



True Positive

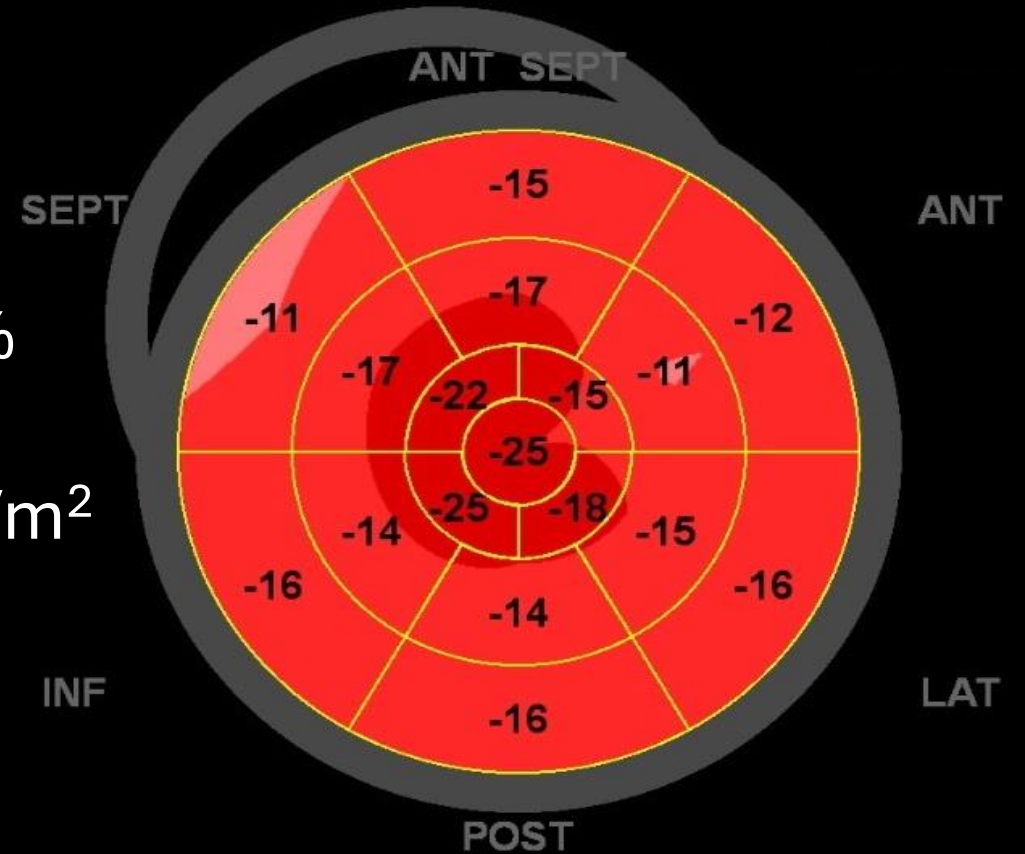
BP 140/80mmHg
GLS -17%
GWl 1578mmHg%

Cardio-Oncology



BP 127/80 mmHg

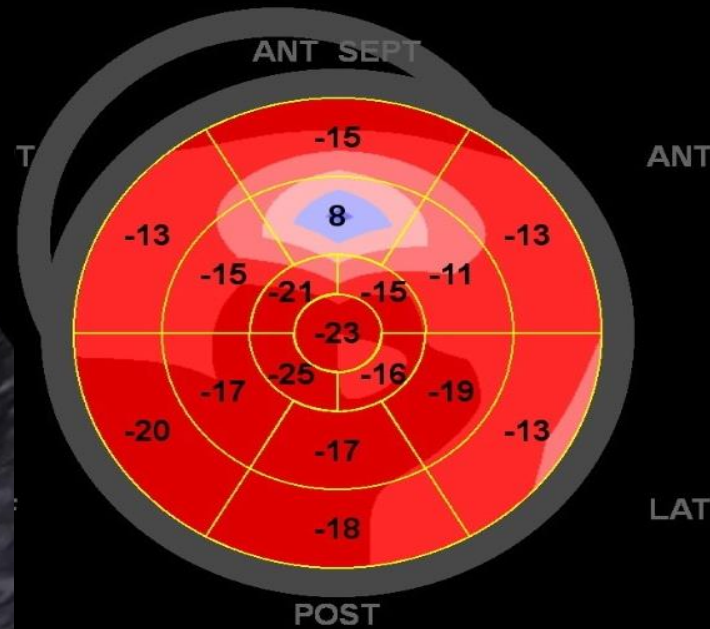
GLS -15.7%
EF 45%
LVEDVi 71ml/m²



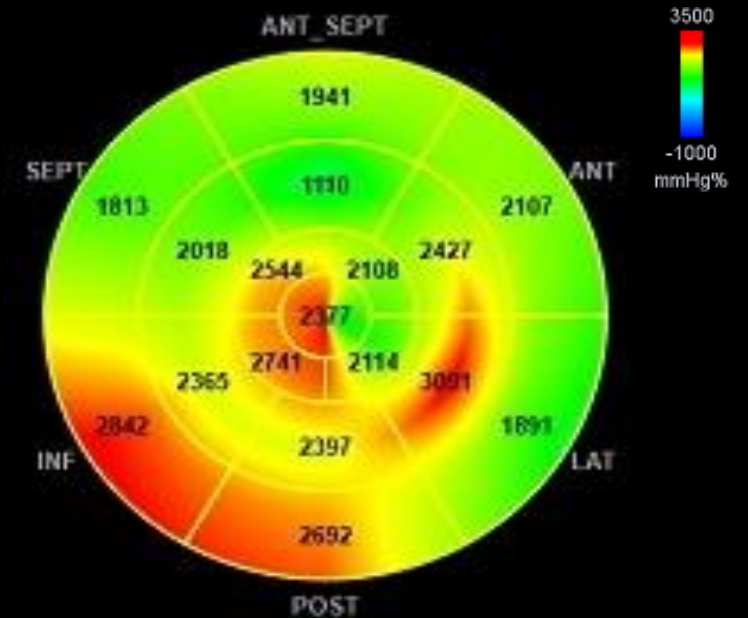
Cardio-Oncology



BP 160/100 mmHg
SBP Increase of 33mmHg

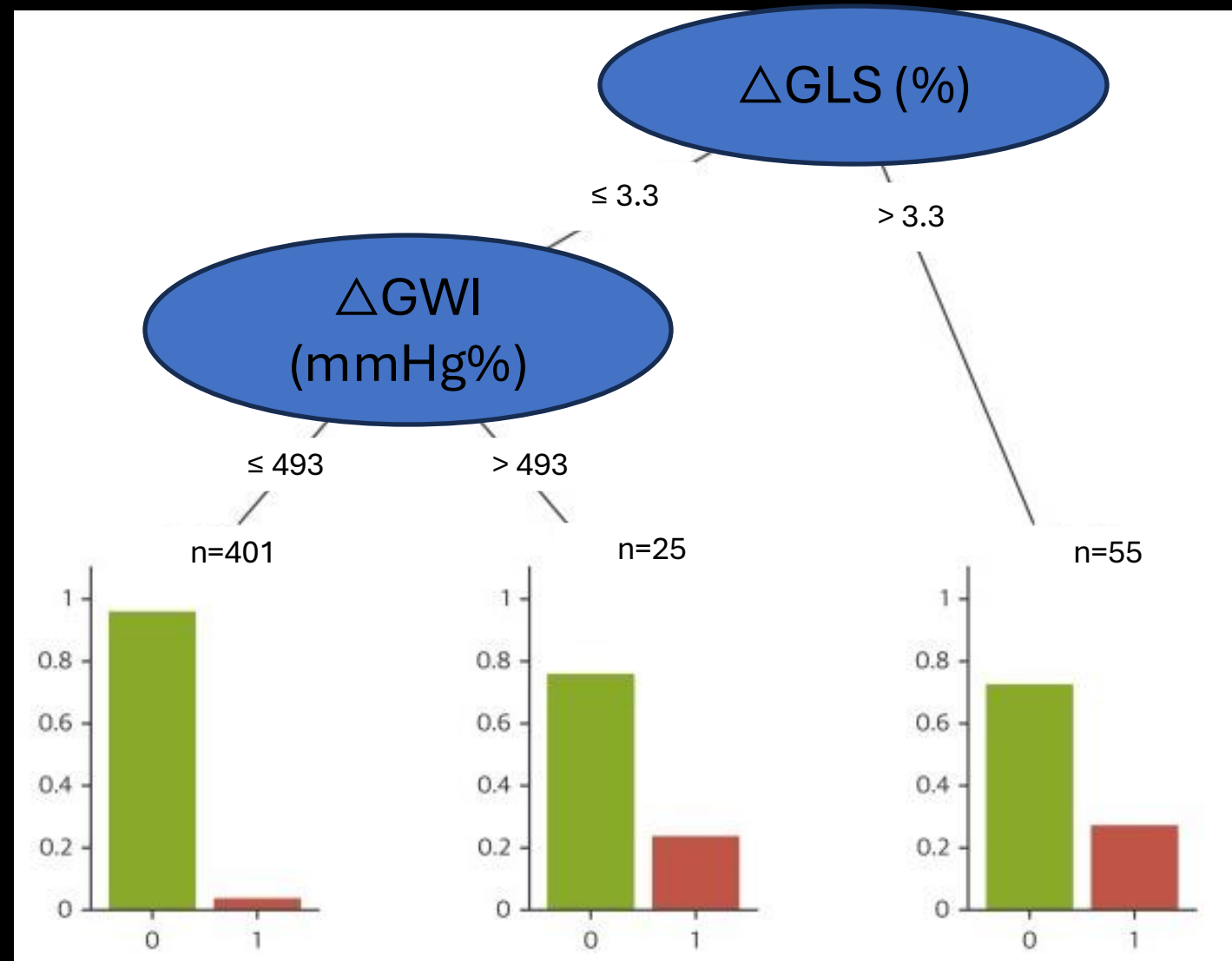


GLS -16.1%
EF 58%
LVEDVi 62ml/m²

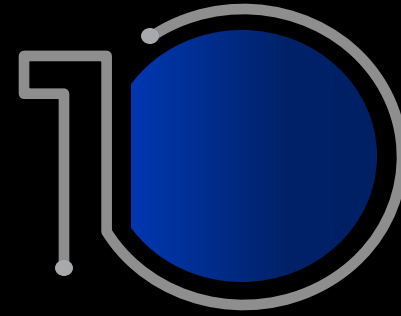


GWI 2275 mmHg%
GCW 2490 mmHg%
GWW 259 mmHg%
GWE 90%

- Normal GLS & lower GWI
 - *Higher probability of concurrent or subsequent CTRCD*
- Reduced GLS & higher GWI
 - Reduced probably of concurrent CTRCD
 - *(in context of ~22mmHg higher SBP)*
 - *Reduced GLS is a result of increased afterload*
- Patients with higher GLS & GWI
 - *0% probably of concurrent or subsequent CTRCD*



Timing of Blood Pressure Matters!

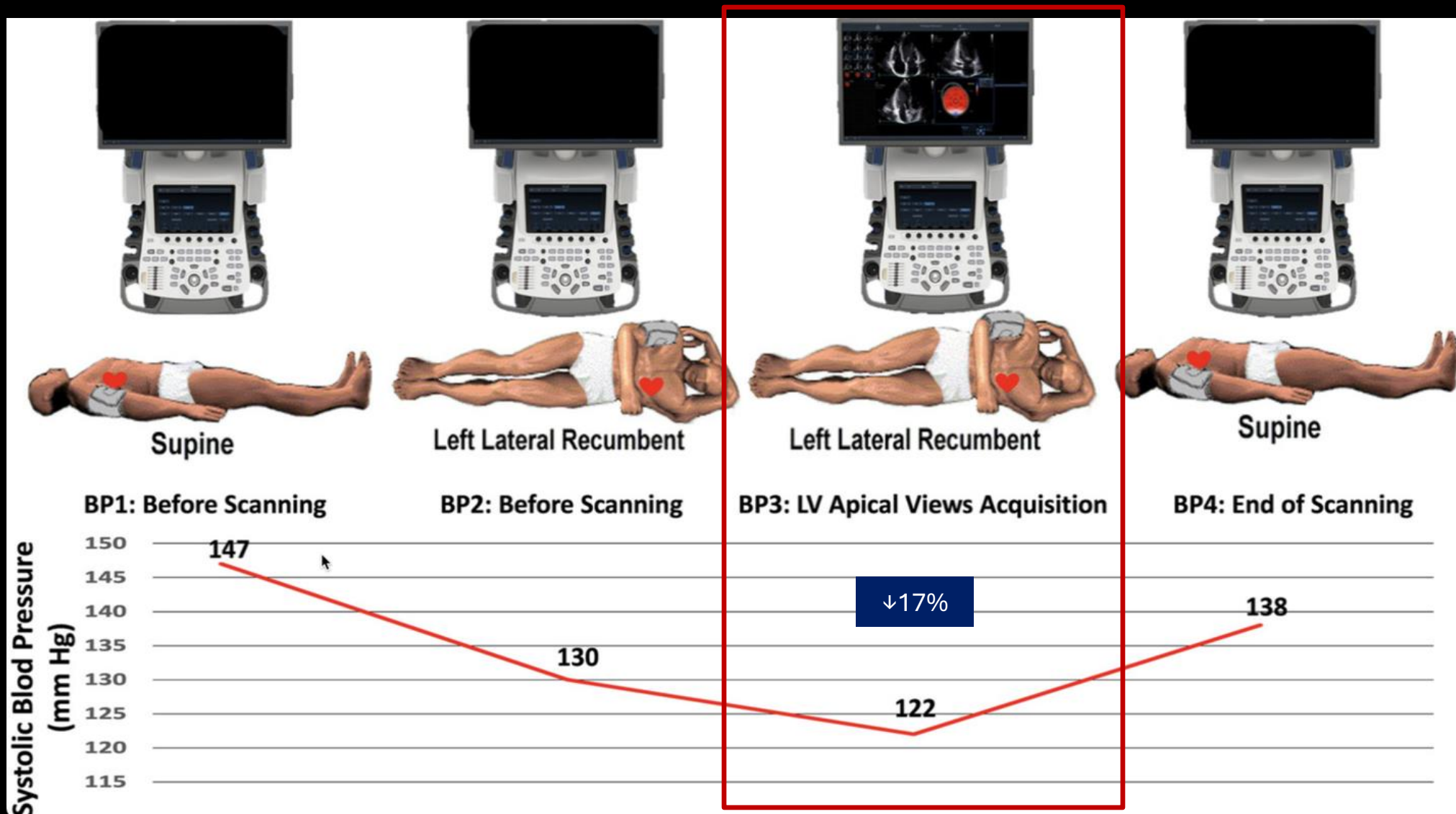


Patient's emotional state at beginning of echo $\uparrow$ BP



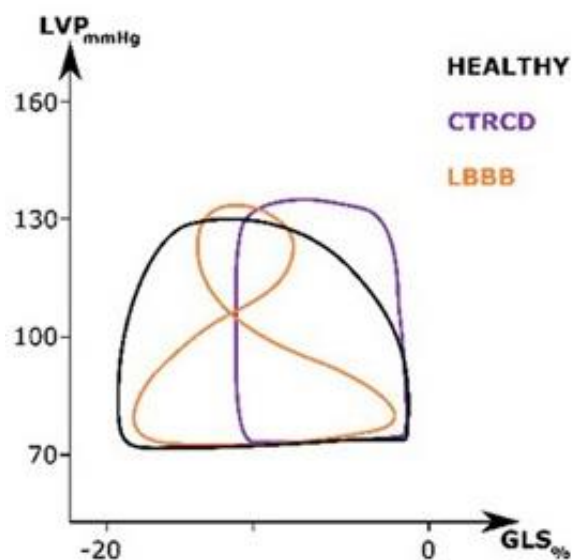
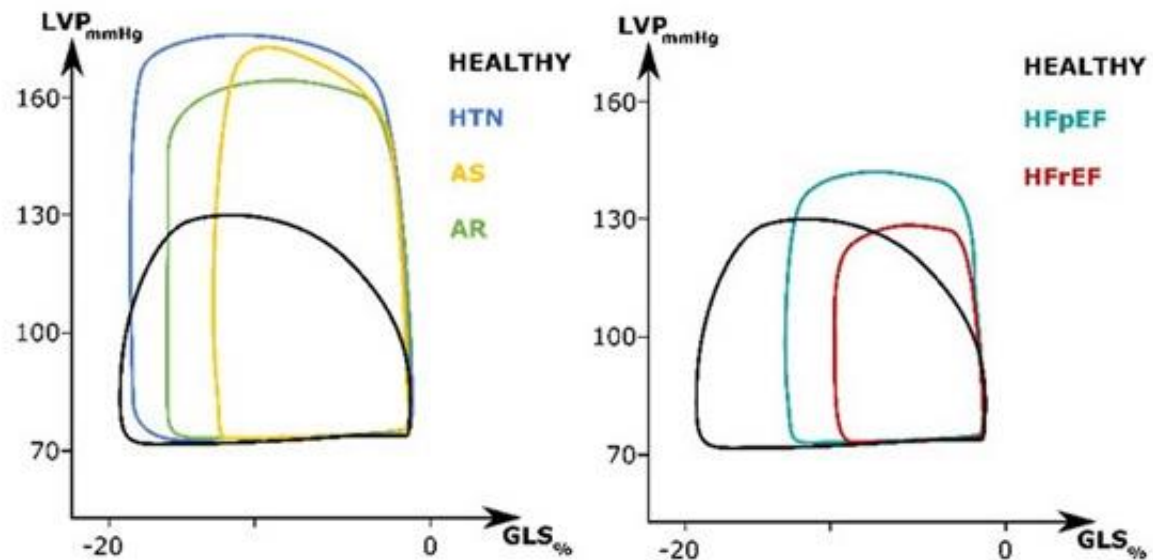
Position of sphygmomanometer relative to heart





Myocardial Work – Normal Ranges

	Mean	95% CI
GWI (mmHg%)	2010 mmHg%	1907 – 2113 mmHg%
GWE (%)	96%	96 -96 %
GCW (mmHg%)	2278 mmHg%	2186 – 2369 mmHg%
GWW (mmHg%)	80 mmHg%	73 – 87 mmHg%



Cardiac condition	Peak LVP afterload	LVEDV preload	Peak GLS myoc. shortening	MWI myoc. energetics	Reference
Healthy	$\pm 120\text{mmHg}$	$\pm 120\text{mL}$	$\pm -20\%$	$\pm 1800\text{mmHg}\%$	EACVI-NORRE study
HTN	$\uparrow$	$\approx$	$\approx/\downarrow$	$\uparrow$	Chan et al. 2019 Li et al. 2021 Sahiti et al. 2021
AS	$\uparrow$	$\downarrow/\approx$	$\downarrow$	$\uparrow$	Fortuni et al. 2020 Jain et al. 2021 De Rosa et al. 2022
AR	$\uparrow$	$\uparrow$	$\approx/\downarrow$	$\uparrow$	Meucci et al. 2022 Jain et al. 2022
HFpEF	$\uparrow$	$\downarrow$	$\downarrow$	$\approx/\downarrow$	Tomoaia et al. 2020 D'Andrea et al. 2021 Lin et al. 2022
HFrEF	$\approx$	$\uparrow$	$\downarrow$	$\downarrow$	Chan et al. 2019 Hedwig et al. 2021 Wang et al. 2021
LBBB	$\downarrow/\uparrow$	$\approx$	$\downarrow$	$\text{GWW}\uparrow ; \text{GWE}\downarrow$	Russel et al. 2013 Aalen et al. 2019 Calle et al. 2021
CTRCD	$\approx/\uparrow$	$\approx$	$\downarrow$	$\downarrow$	Guan et al. 2021 Zhan et al. 2022 Calvillo-Argüelles et al. 2022

Myocardial Work – Limitations



- Arrhythmias
- Image quality
- **Peak SBP assumed to be equal to arterial SBP**
- *Only true in absence of AS, LVOT obstruction*
- *Studies – adding cuff pressure to mean Doppler AS gradient = invasive SBP*
- Multicentre studies required to determine validity of technique

Take Home Points



- MW provides a non-invasive method for LV function evaluation in relation to pressure dynamics
- MW may be valuable for serial LV quantification with respect to variable afterload conditions
- Timing of blood pressure matters!