|  |
| --- |
| **Title of Workshop:** Family health promotion: Co-created dialogue tools to facilitate mutual familial involvement in health and illness. |
| **Maximum 2500 characters (including spaces but excluding title)****Objectives:** Family involvement plays a key role in intra-familial health promotion as well as in daily chronic illness management. The importance of family approaches has for some years received increasing recognition. However, family involvement is a complex matter, often characterized by unclear structural relations and contrasting needs and expectations within the family. Supportive and obstructive behaviors frequently co-occur and communicative structures often suffer and turn the intra-familial relationships into something negative. Furthermore, communication with healthcare professionals is often something the family does not involve each other in. In the PIFT-study we have developed research-based family dialogue tools to motivate mutual familial involvement in health and illness.**Format:** The workshop will consist of three parts:1. Brief introduction to the results and process of the PIFT-project focusing on developing a new approach and dialogue tools to facilitate mutual familial involvement in health and illness.
2. A substantial session where the participants get to try the developed tools hands on.
3. A concluding brainstorm session focusing the applicability of the tools in the participants’ field of practice.

**Learning goals:** The participants will gain insights into mechanisms and dynamics with relevance for familial communicative structures in intra-familial health promotion and daily chronic illness management. Most importantly participants will get to reflect on how to relate the insights and the concrete tools to their own field of practice. |