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| **Title of Workshop:** Wairuatanga: Integrating the fourth article of Te Tiriti o Waitangi into health promotion and health education. |
| **Objectives**  In Aotearoa New Zealand te Tiriti o Waitangi/the Treaty of Waitangi legitimises settler presence and governance by the British Crown. Therefore, te Tiriti/the Treaty must lie at the heart of ethical health promotion and health education in this country. This workshop, assists the ways in which those involved in health promotion and health education can apply and operationalise article four of te Tiriti – Wairuatanga (noun) translated as spirituality. In this workshop, wairuatanga is expressed through a Māori (indigenous) framework of interconnected concepts of whakapapa (geneology), whānau (family or kinship) and whenua (land) exemplifying the conferences whakatauki (proverbial saying) – *“Toi te wairua, Toi te tangata, Toi te Whenua: Uplift the spiritual element; Uplift humanity; Uplift and preserve the natural world”.* It contains activities and strategies to engage participants with the aforementioned concepts and proposes that the inclusion of these specific concepts can create opportunities for both Māori and non-Māori to develop their personal wairuatanga and consequently influencing their notions of Māori perspectives of holistic well-being. The specific objectives of this workshop are to:   * Define, describe and explain from a Māori perspective the concept of wairuatanga; * Identify the juxtaposition and convergences between wairuatanga and its importance to health promotion and health education; * Provide examples and supply mainstream university student experience of wairuatanga - whakapapa, whānau and whenua.   **Format**  The primary aim of this workshop is to experience the Māori concept of wairuatanga ‘*through culture - rather than about’* and will be composed of a variety of oral presentations and interactive activities that acknowledge the importance of mihimihi/pepeha (tribal expressions), local pūrākau (historical stories) about the natural environment and tangata whenua (people of the land). Examples will be provided through an auto-ethnographic analysis of the presenters’ experiences, understandings and interpretations of integrating notions of wairuatanga in a mainstream university setting.  **Learning goals**   * Develop familiarity with Māori spiritual principles and practices and their importance in te ao Māori; * Reflect on one’s own identity and appreciating others - who they are and where they are from; * Making connections with one another; * Incorporating te reo Māori/the Māori language in a genuine and meaningful way. |