

John O'Shea Memorial Lecture Echocardiography : the big moments in the revolution – a personal reflection

Darryl J Burstow

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ECHO
AUSTRALIA

17-19 March 2025



Disclosures

- No disclosures relevant to this presentation



Shared Era, Shared Research interests



The Cardiac Society of Australia and New Zealand

Position Statement on Sedation in Conjunction with
Transoesophageal Echocardiography

This position statement was developed by Dr John O'Shea and members of the
Cardiac Imaging Council.

The statement was reviewed by the Continuing Education and Recertification
Committee and ratified at the CSANZ Board meeting held on
Wednesday, 10th August 2011.

1426

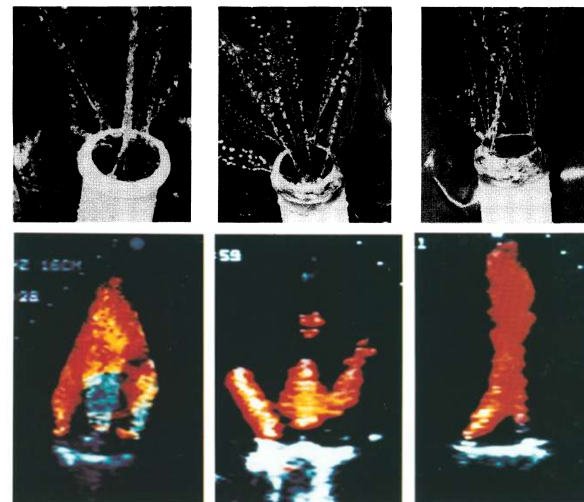
JACC Vol. 17, No. 6
May 1991:1426-9

JACC Vol. 18, No. 6
November 15, 1991:1493-8

1493

Patterns of Normal Transvalvular Regurgitation in Mechanical Valve Prostheses

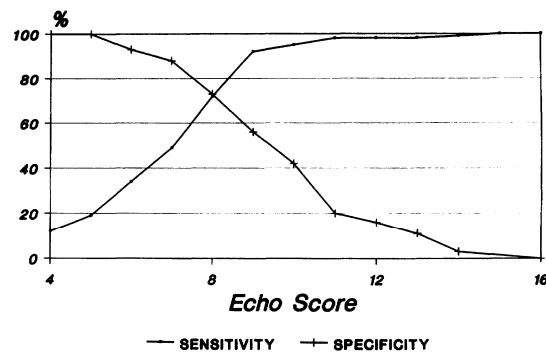
RANK A. FLACHSKAMPF, MD, JOHN P. O'SHEA, MBBS, BRIAN P. GRIFFIN, MBBS,
UIS GUERRERO, BS, ARTHUR E. WEYMAN, MD, FACC, JAMES D. THOMAS, MD, FACC
Boston, Massachusetts



(Circulation 1990;82:448-456)

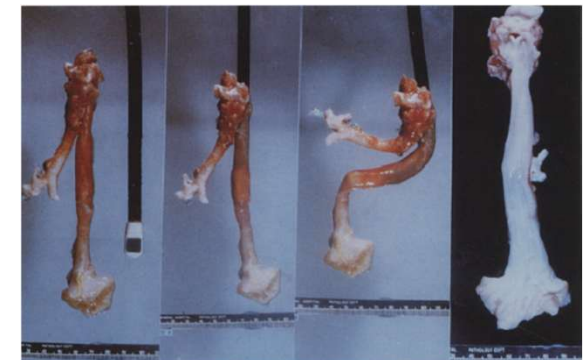
Prediction of Successful Outcome in 130 Patients Undergoing Percutaneous Balloon Mitral Valvotomy

Vivian M. Abascal, MD, Gerard T. Wilkins, MBChB, John P. O'Shea, MBBS,
Christopher Y. Choong, MBBChir, PhD, Igor F. Palacios, MD, James D. Thomas, MD,
Emma Rosas, MD, John B. Newell, BS, Peter C. Block, MD, and Arthur E. Weyman, MD



Effects of Prolonged Transesophageal Echocardiographic Imaging and Probe Manipulation on the Esophagus—an Echocardiographic- Pathologic Study

JOHN P. O'SHEA, MBBS, FRACP, JAMES F. SOUTHERN, MD, PhD, FACP,
MICHAEL N. D'AMBRA, MD, CYNTHIA MAGRO, MD, J. LUIS GUERRERO, BS,
JANE E. MARSHALL, BS, GUS V. VLAHAKES, MD, ROBERT A. LEVINE, MD, FACC,
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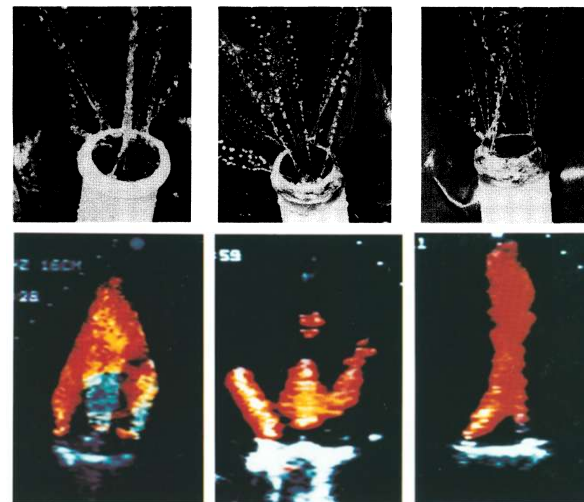
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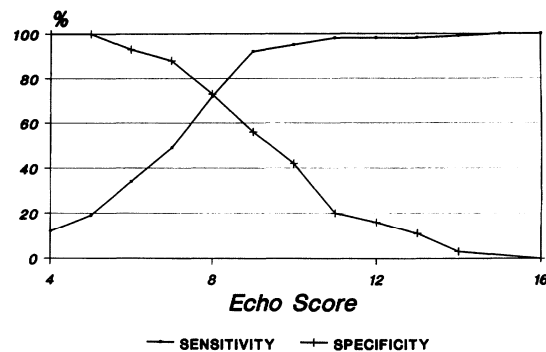
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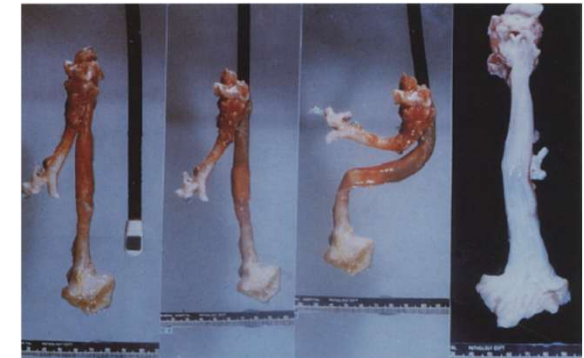
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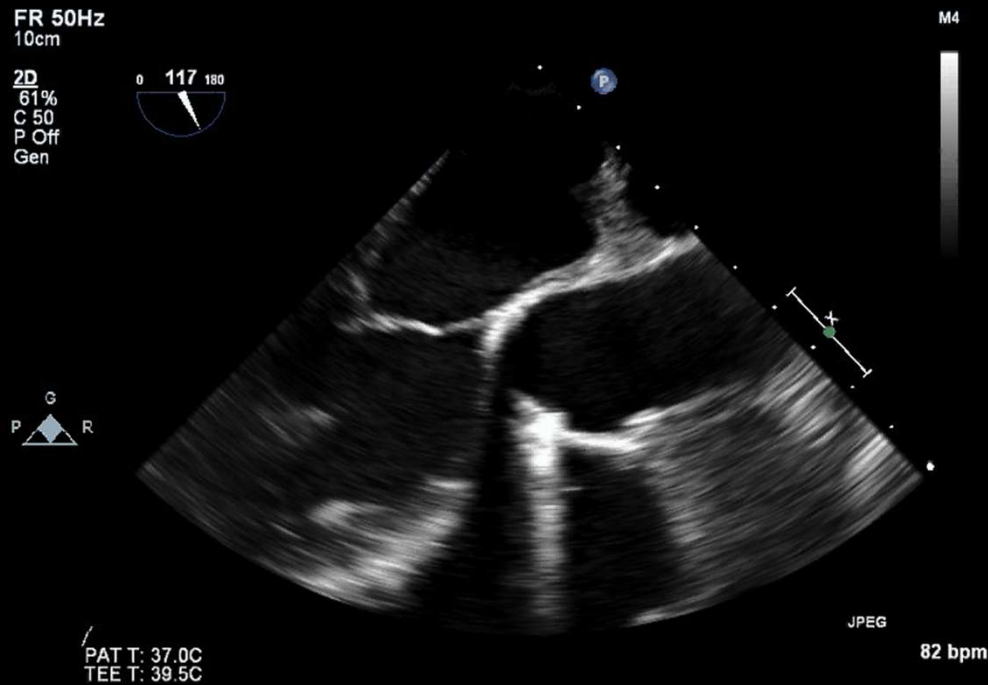
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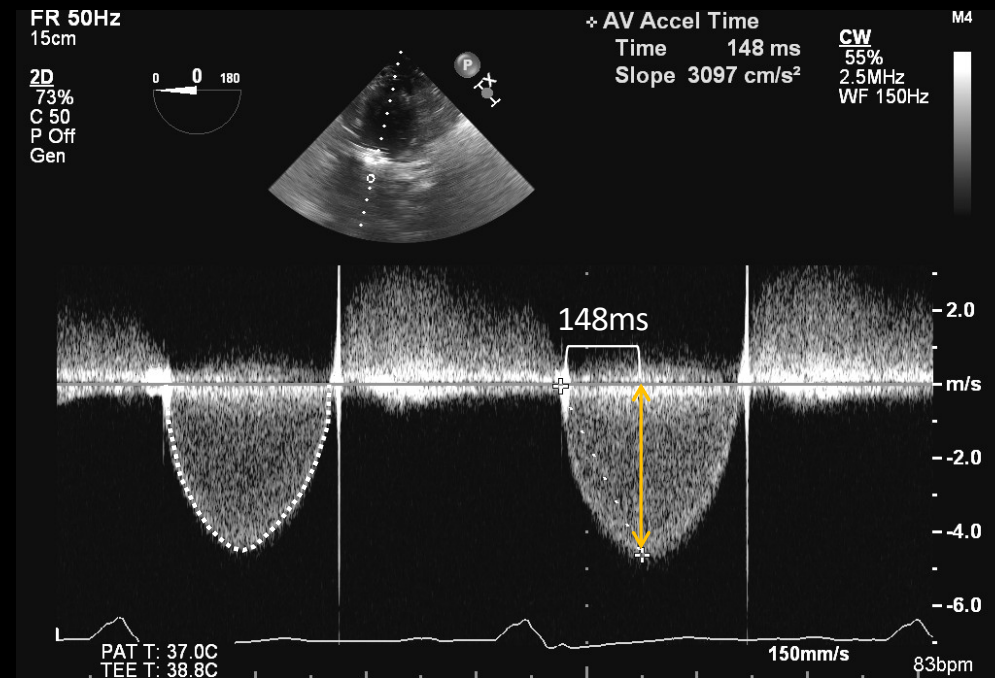
My Big moments in Echocardiography

1. Doppler ultrasound

Case of PV obstruction



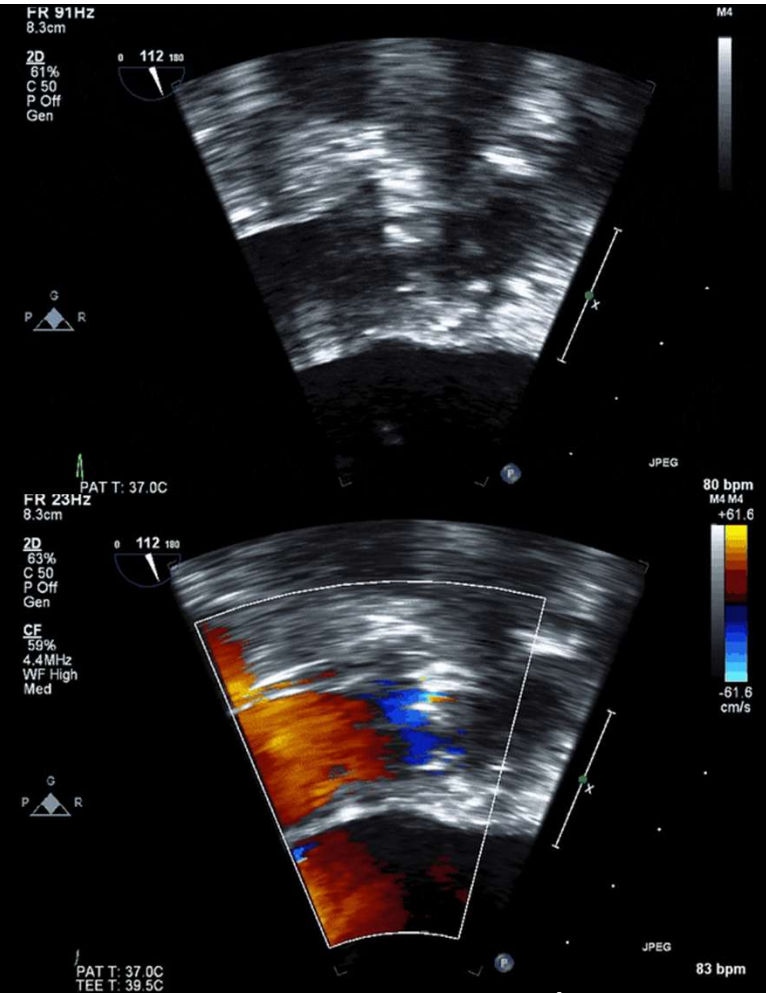
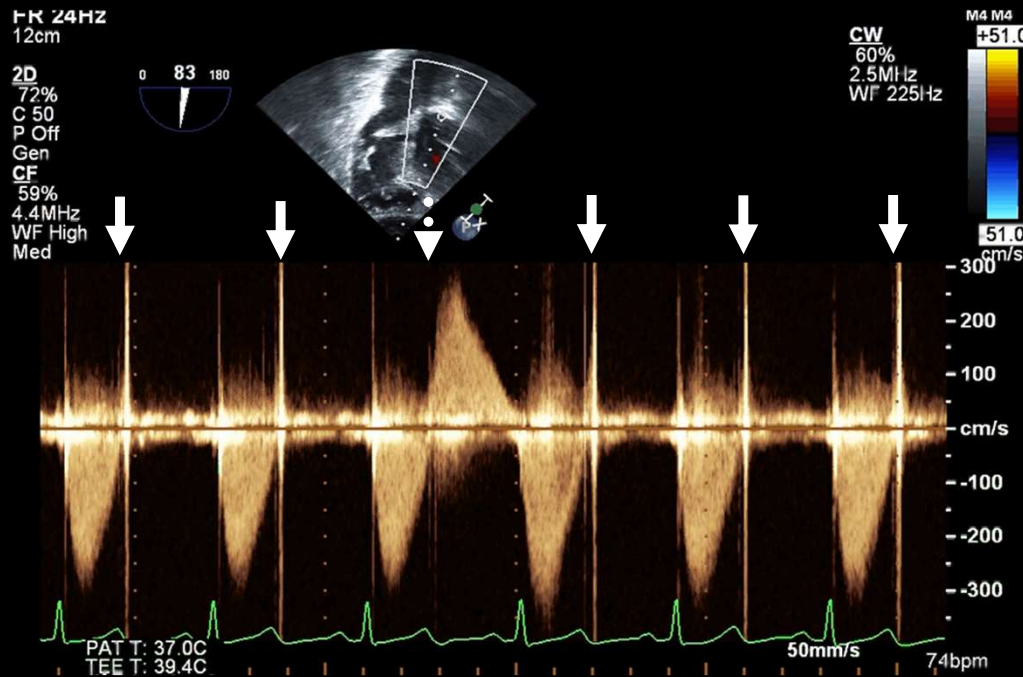
? PV leaflet motion abnormal



$V_1 = 4.5\text{m/s}$, mean gradient = 50mmHg, AT = 148msecs
(mean grad 25mmHg 2009)

CW Doppler confirms both the presence and severity of PV dysfunction (non-invasively)
: measurement of valve gradients and time intervals (AT)

Case of PV regurgitation



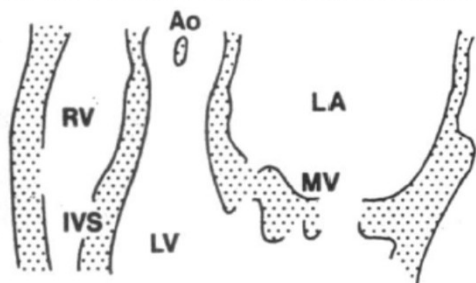
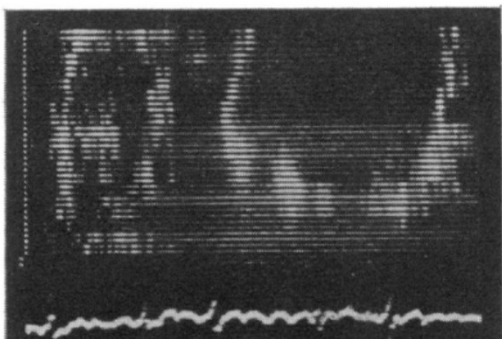
CW Doppler trace demonstrated the presence of a PV leaflet abnormality and intermittent, severe AR (non-invasively)
: observation of event timing and time intervals (short AR PHT)

Big moments in Echocardiography: 1970's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

1971

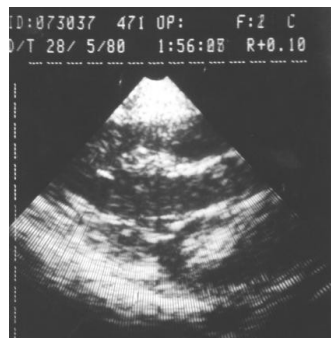
First description



Bom N, Lancée CT, Honkoop J, Hugenholtz PG.
Ultrasonic viewer for cross-sectional analyses of
moving cardiac structures. Biomed Eng. 1971;6:500-3

2D Echocardiography

1979 at TPCB



Dr D Radford

cross-sectional cardiac anatomy and function in 'real-time'

1980

Exam protocols

Mayo Clinic **Proceedings**

Vol. 55 ROCHESTER, MINN. MAY 1980

Feasibility of Detailed
Two-Dimensional Echocardiographic
Examination in Adults
Prospective Study of 200 Patients

Mayo Clin Proc, May 1980, Vol 55 TWO-DIMENSIONAL ECHOCARDIOGRAPHY 29

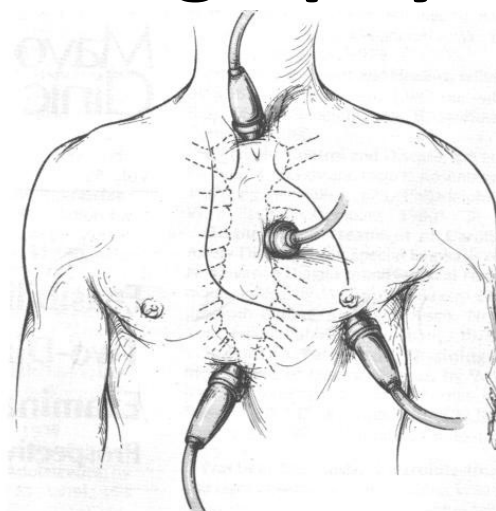
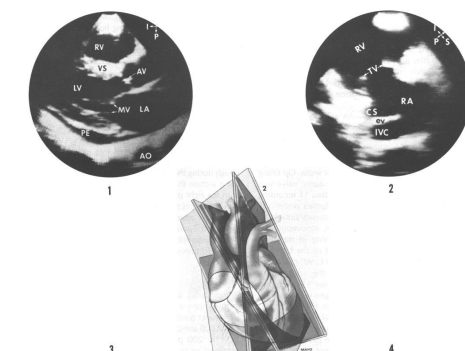


Fig. 1. Four standard transducer positions—parasternal, apical, subcostal, and suprasternal—utilized to visualize heart and great vessels.

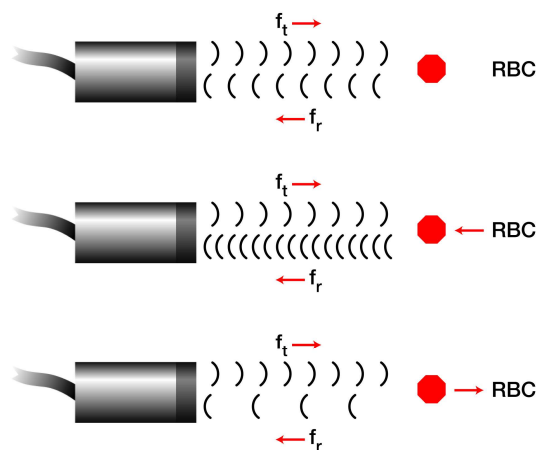
Big moments in Echocardiography: 1980's

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1842 Doppler principle



Christian Doppler

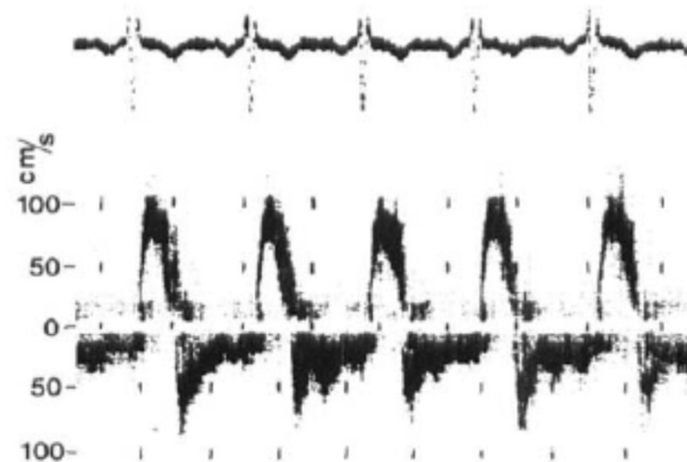


$$\pm \Delta f = \frac{2 \times f_t \times V \cos \theta}{C}$$

Allowed the calculation of *flow velocity* and the display of *flow direction* from the Doppler shift

1977

Asc Ao flow velocity in pt with AR (SSN)



Cardiovascular Research, 1977, 11, 461-469

Diagnosis of valvular heart disease using transcutaneous Doppler ultrasound¹

A. O. BRUBAKK², B. A. J. ANGELSEN, AND L. HATLE

From the Division of Engineering Cybernetics, Norwegian Institute of Technology, University of Trondheim and the Section of Cardiology, Medical Department, Regional Hospital, Trondheim, Norway

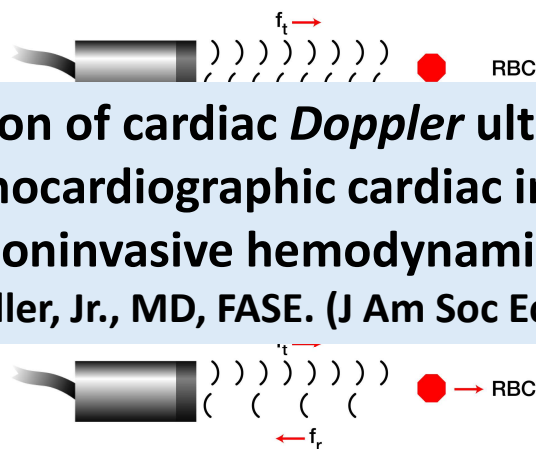
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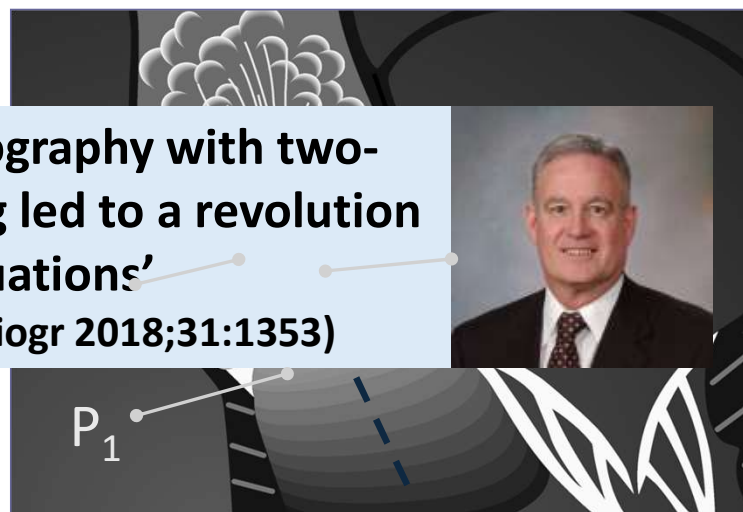
Christian Doppler



$$\pm \Delta f = \frac{2 \times f_t \times V \cos \theta}{C}$$

Allowed the calculation of *flow velocity* and the display of *flow direction* from the Doppler shift (Δf)

1738 (simplified) Bernoulli Equation

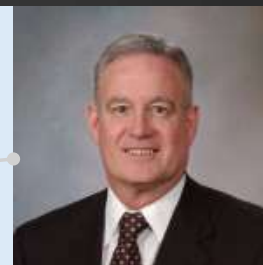


$$P_1 - P_2 (\Delta P) = 4V^2$$

for measurement of *intracardiac pressure gradients*

'This integration of cardiac *Doppler* ultrasonography with two-dimensional echocardiographic cardiac imaging led to a revolution in noninvasive hemodynamic evaluations'

Fletcher A. Miller, Jr., MD, FASE. (J Am Soc Echocardiogr 2018;31:1353)



Big moments in Echocardiography: 1980's

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Doppler Haemodynamics

1978-1980

Growing clinical applications



Noninvasive assessment of pressure drop in mitral stenosis by Doppler ultrasound

L. HATLE, A. BRUBAKK, A. TROMSDAL, AND B. ANGELSEN

From Section of Cardiology, Medical Department, University Hospital, 7000 Trondheim; and Division of Engineering Cybernetics, The Norwegian Institute of Technology and Division of Automatic Control at the Foundation of Scientific and Industrial Control at the University of Trondheim, 7000 Trondheim, Norway

Br Heart J 40:131-140, 1978

Non-invasive assessment of aortic stenosis by Doppler ultrasound

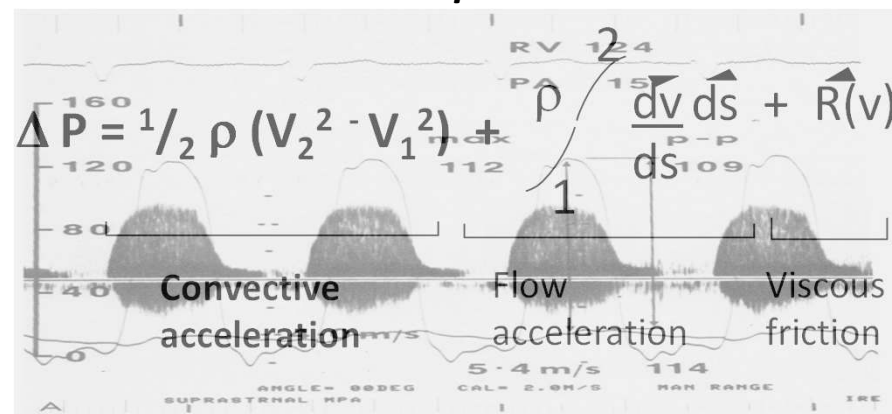
L. HATLE, B. A. ANGELSEN, A. TROMSDAL

From the Section of Cardiology, Medical Department, University Hospital, Trondheim; and Division of Engineering Cybernetics, The Norwegian Institute of Technology and Division of Automatic Control at the Foundation of Scientific and Industrial Control at the University of Trondheim, Trondheim, Norway

Br Heart J 43:284-292, 1980

1985-1989

Validation of (simplified) Bernoulli equation for measurement of **Valve Gradients** and **Intracardiac pressures**





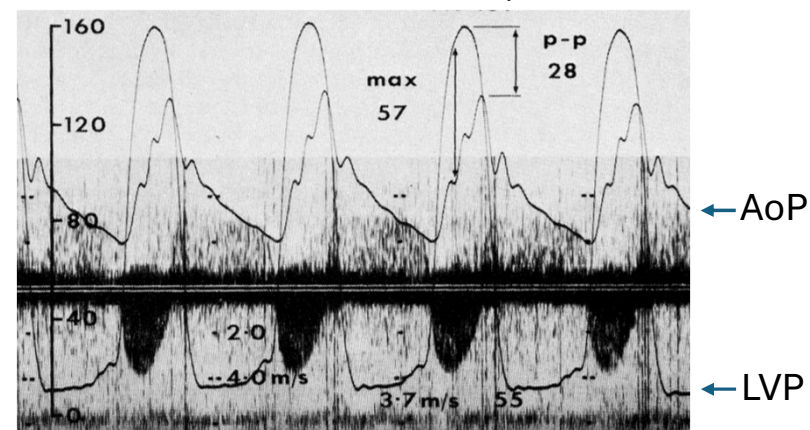
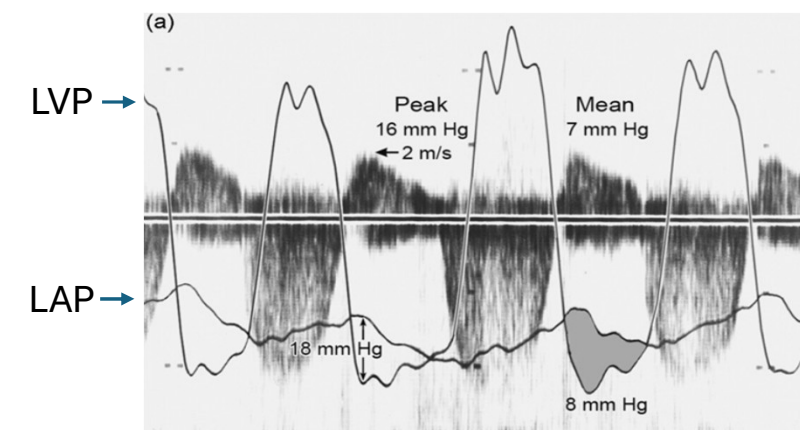
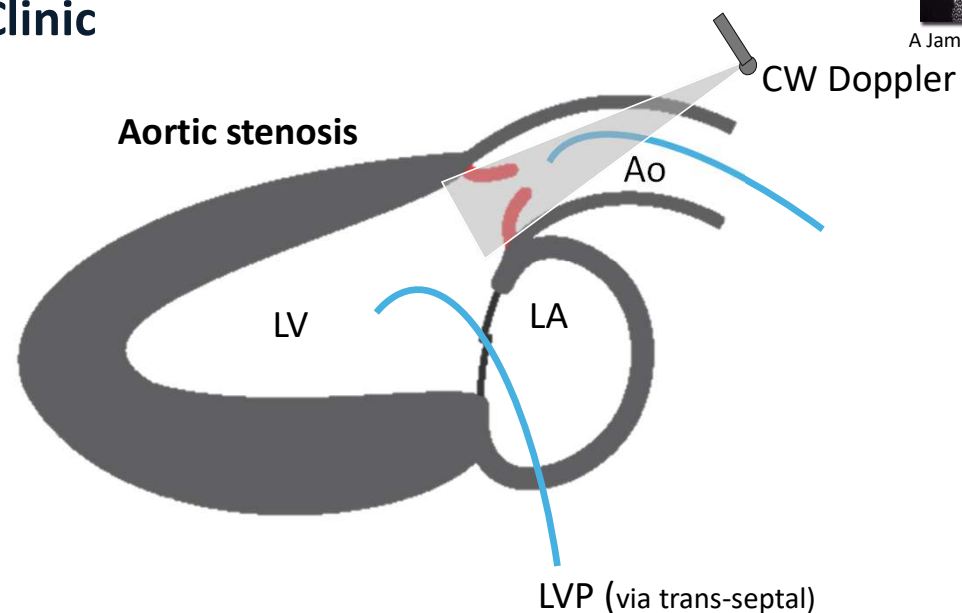
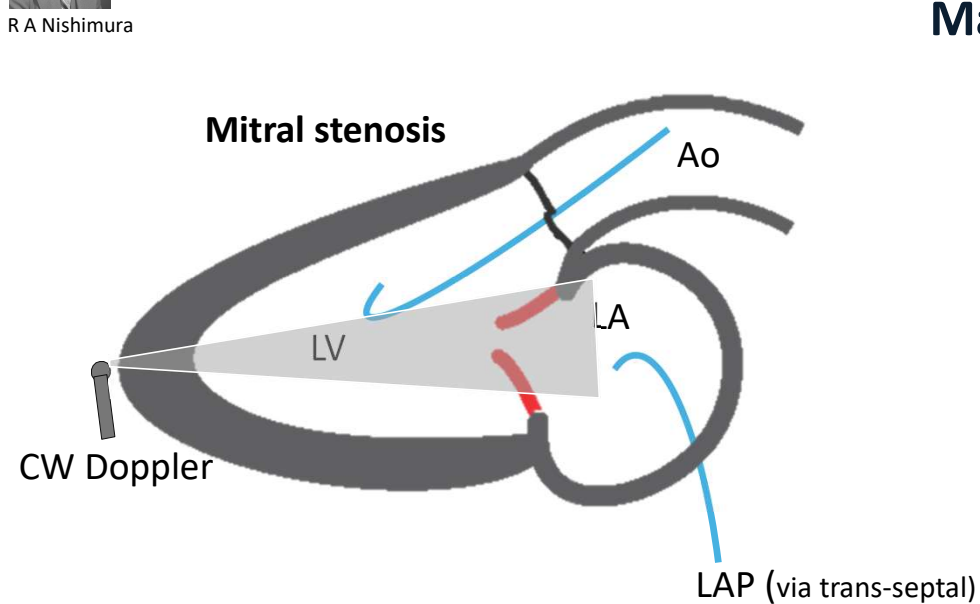
R A Nishimura

Simultaneous Doppler – Dual Catheter correlative studies

Mayo Clinic



A Jamil Tajik



"STRIKE 3, YOU'RE OUT!"





Phil Currie



Jim Seward

Simultaneous Doppler–Dual Catheter correlative studies

Mayo Clinic

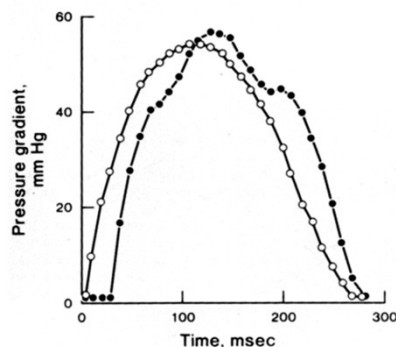
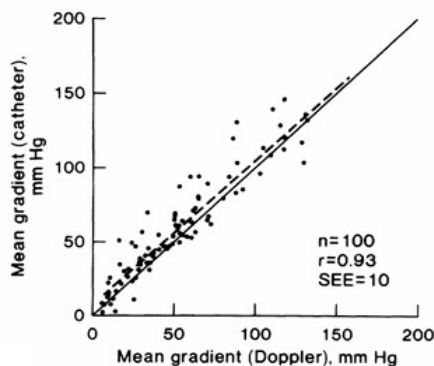
Validation of Bernoulli Equation ($\Delta P = 4V^2$) 1985-89

Aortic stenosis

Continuous-wave Doppler echocardiographic assessment of severity of calcific aortic stenosis: a simultaneous Doppler-catheter correlative study in 100 adult patients

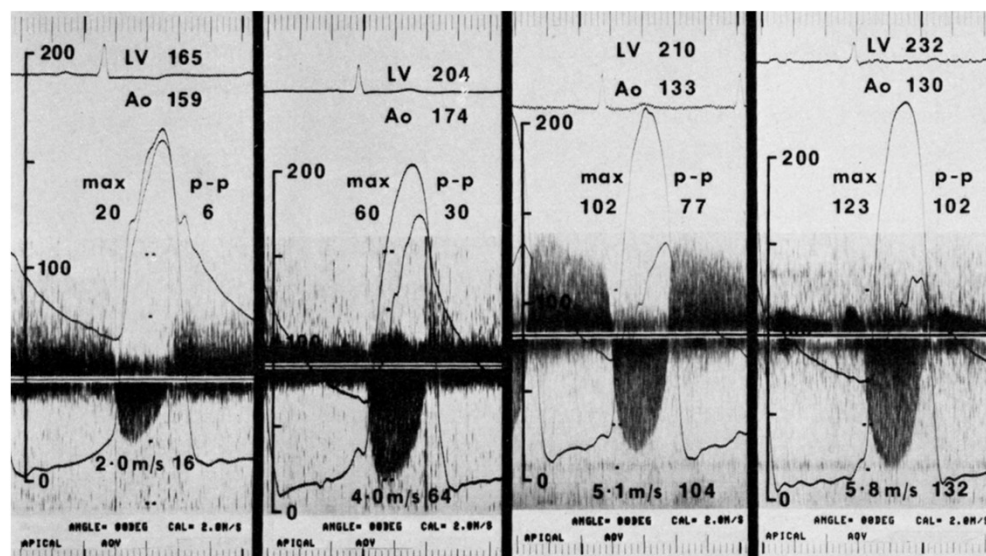
Circulation 71, No. 6, 1162-1169, 1985.

PHILIP J. CURRIE, M.B.B.S., F.R.A.C.P., JAMES B. SEWARD, M.D., GUY S. REEDER, M.D.,
RONALD E. VLIETSTRA, MB.Ch.B., DENNIS R. BRESNAHAN, M.D., JOHN F. BRESNAHAN, M.D.,
HUGH C. SMITH, M.D., DONALD J. HAGLER, M.D., AND A. JAMIL TAJIK, M.D.



Digitized Ao-LV instantaneous pressure gradient (systole)
vs AV CW Doppler instantaneous gradient (systole)

Arithmetic mean of the IPGs = mean pressure gradient (MPG)



Aortic stenosis : mild / moderate / severe

Excellent correlation : cath Max IPG vs Doppler IPG
Excellent correlation : cath MPG and Doppler MPG



Phil Currie

Simultaneous Doppler – Dual Catheter correlative studies

Mayo Clinic



Jim Seward

Validation of Bernoulli Equation ($\Delta P = 4V^2$) 1985-89

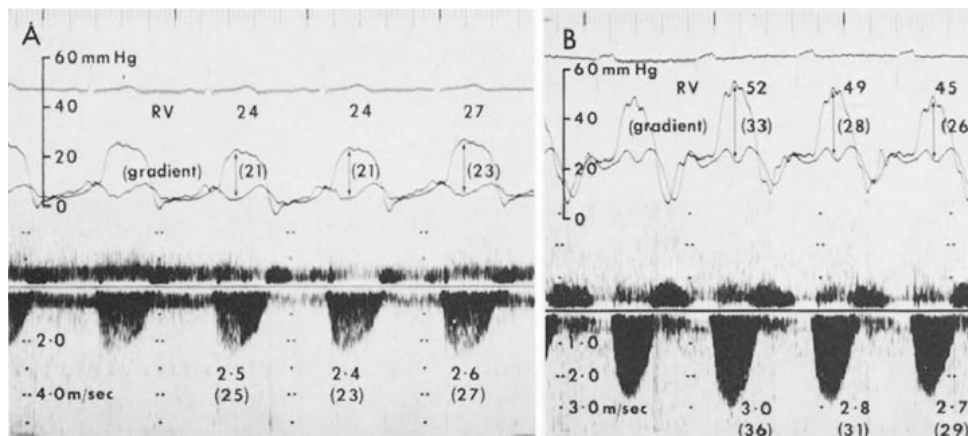
RVSP (using TR velocity)

Continuous Wave Doppler Determination of Right Ventricular Pressure: A Simultaneous Doppler-Catheterization Study in 127 Patients

PHILIP J. CURRIE, MBBS, FRACP, JAMES B. SEWARD, MD, FACC,
KWAN-LEUNG CHAN, MD, FRCP, DEREK A. FYFE, MD, PhD,
DONALD J. HAGLER, MD, FACC, DOUGLAS D. MAIR, MD, FACC,
GUY S. REEDER, MD, FACC, RICK A. NISHIMURA, MD, A. JAMIL TAJIK, MD, FACC

Rochester, Minnesota

(J Am Coll Cardiol 1985;6:750-6)



Mixed LVOTO and RVOTO lesions

Instantaneous Pressure Gradient: A Simultaneous Doppler and Dual Catheter Correlative Study

PHILIP J. CURRIE, MBBS, FRACP, DONALD J. HAGLER, MD, FACC,
JAMES B. SEWARD, MD, FACC, GUY S. REEDER, MD, FACC, DEREK A. FYFE, MD, PhD,
ALFRED A. BOVE, MD, PhD, FACC, A. JAMIL TAJIK, MD, FACC

Rochester, Minnesota

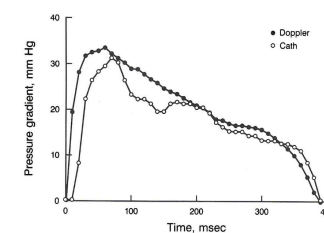
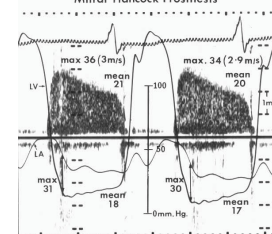
(J Am Coll Cardiol 1986;7:800-6)

Prosthetic valves

Continuous Wave Doppler Echocardiographic Measurement of Prosthetic Valve Gradients
A Simultaneous Doppler-Catheter Correlative Study

Darryl J. Burstow, MB, BS, FRACP, Rick A. Nishimura, MD, Kent R. Bailey, PhD,
Guy S. Reeder, MD, David R. Holmes Jr., MD,
James B. Seward, MD, and A. Jamil Tajik, MD

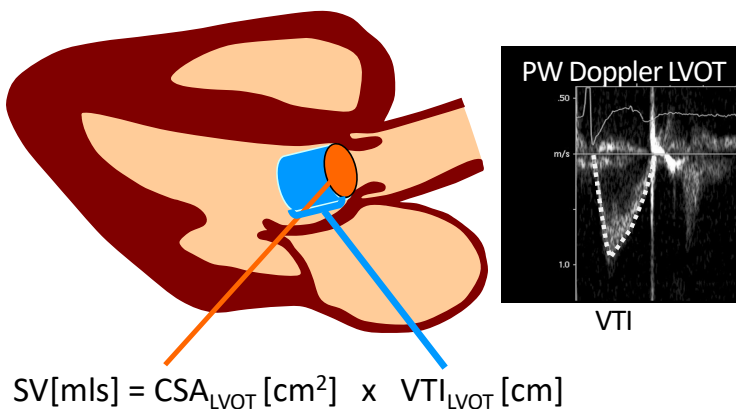
(Circulation 1989;80:504-514)



Big moments in Echocardiography: 1980's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

Doppler Haemodynamics : foundation of quantitation



LV Stroke Volume

(based on hydraulic orifice equation $Q = A \times v$)

$$\text{Valve Area} = \frac{LVOT \text{ SV}}{\text{VTI}}$$

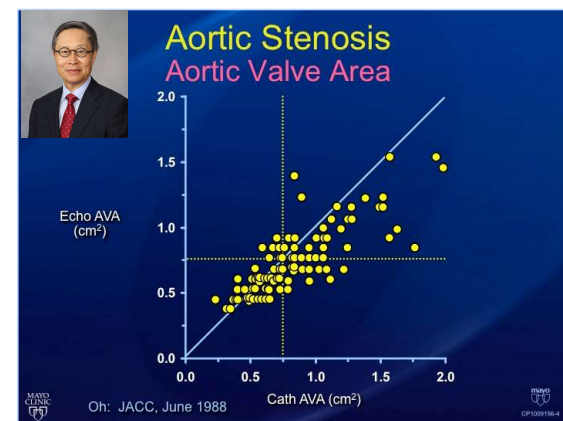
Diagram illustrating the calculation of Valve Area using the continuity equation. The formula is shown as:

$$\text{Valve Area} = \frac{LVOT \text{ SV}}{\text{VTI}}$$

Two diagrams show the VTI measurement for the Aortic Valve (AV VTI) and the Mitral Valve (MV VTI).

Valve areas (stenotic and prosthetic)

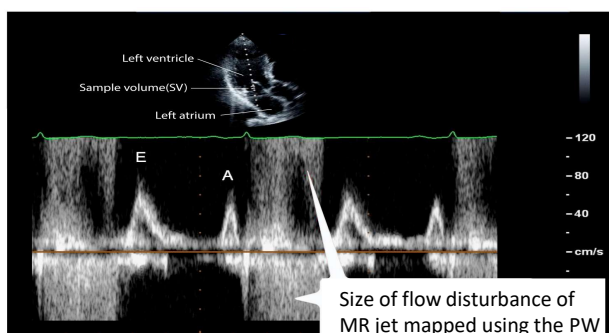
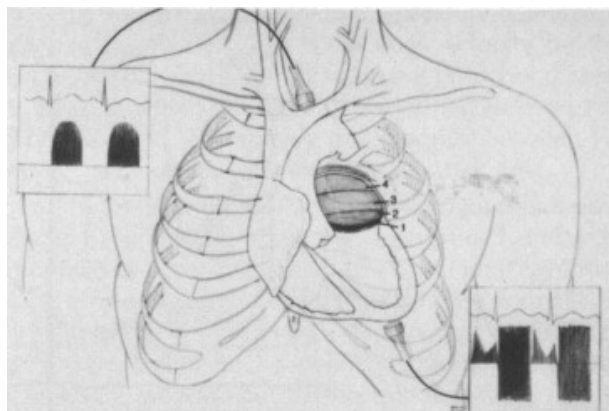
(based on continuity equation)



Courtesy FA Miller Jr. MD

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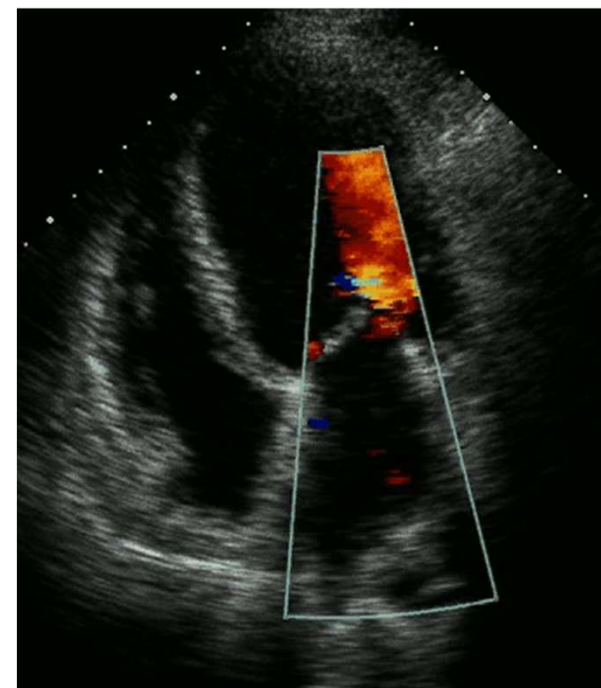
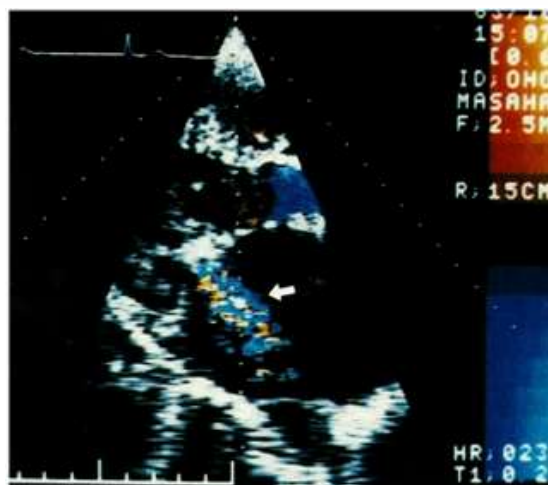


Size of flow disturbance of MR jet mapped using the PW sample volume

Colour Doppler

Clinical Applications of a New Type of Real-Time Two-Dimensional Doppler Flow Imaging System

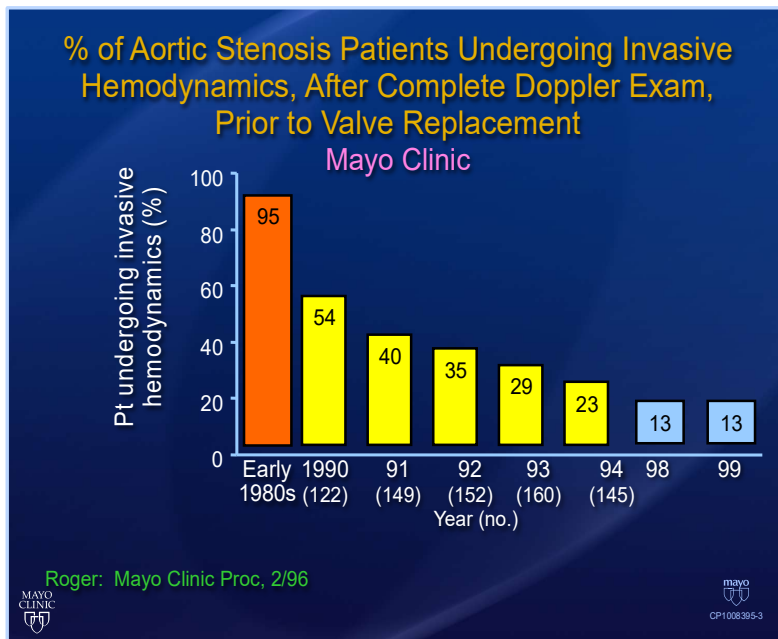
KUNIO MIYATAKE, MD, MITSUNORI OKAMOTO, MD, NAOKAZU KINOSHITA, MD,
SHIRO IZUMI, MD, MAFUMI OWA, MD, SEIICHI TAKAO, MD,
HIROSHI SAKAKIBARA, MD, and YASU HARU NIMURA, MD, MSc



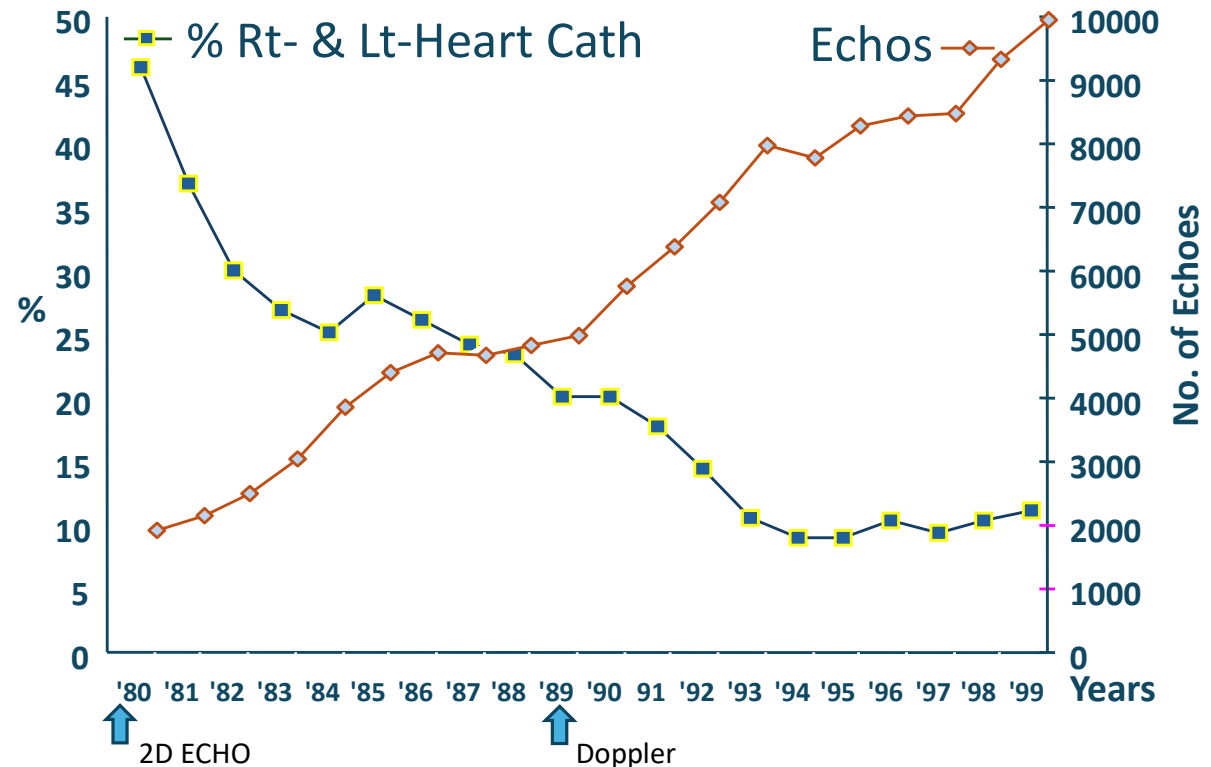
Big moments in Echocardiography: 1980's

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Clinical impact of non-invasive Doppler haemodynamics Mayo Clinic



Courtesy FA Miller Jr. MD



Big moments in Echocardiography: 1980's

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Doppler Haemodynamics

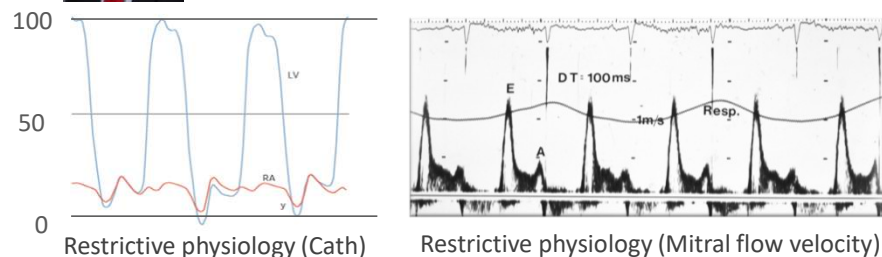
1985-87 : Dr Liv Hatle's Study Leave (Stanford and Mayo)

Restrictive Myocardial Disease



Demonstration of Restrictive Ventricular Physiology by Doppler Echocardiography

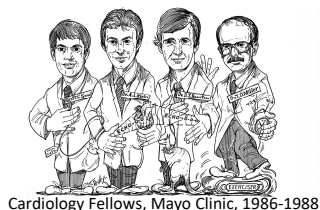
CHRISTOPHER P. APPLETON, MD, LIV K. HATLE, MD, RICHARD L. POPP, MD, FACC
Stanford, California
(J Am Coll Cardiol 1988;11:757-68)



Doppler Characterization of Left Ventricular Diastolic Function in Cardiac Amyloidosis

ALLAN L. KLEIN, MD,* LIV K. HATLE, MD,† DARRYL J. BURSTOW, MB, BS,*
JAMES B. SEWARD, MD, FACC,* ROBERT A. KYLE, MD,‡ KENT R. BAILEY, PhD§,
THOMAS F. LUSCHER, MD,|| MORIE A. GERTZ, MD,‡ A. JAMIL TAJIK, MD, FACC*
Rochester, Minnesota

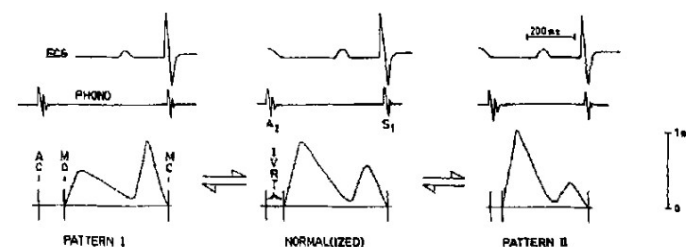
(J Am Coll Cardiol 1989;13:1017-26)



Relation of Transmitral Flow Velocity Patterns to Left Ventricular Diastolic Function: New Insights From a Combined Hemodynamic and Doppler Echocardiographic Study

CHRISTOPHER P. APPLETON, MD, LIV K. HATLE, MD, RICHARD L. POPP, FACC
Stanford, California and Tucson, Arizona

(J Am Coll Cardiol 1988;12:426-40)



Big moments in Echocardiography: 1980's

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Doppler Haemodynamics

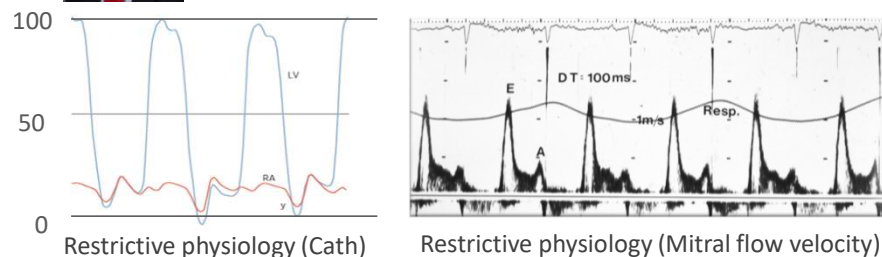
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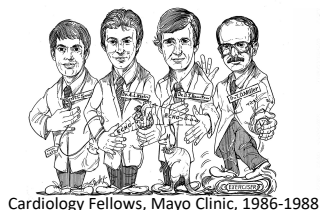
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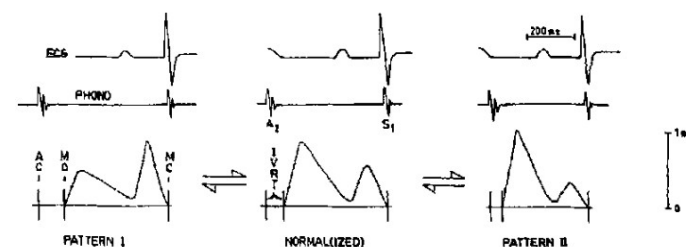
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1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

Doppler Haemodynamics

1985-87 : Dr Liv Hatle's Study Leave (Stanford and Mayo)

Pericardial disease

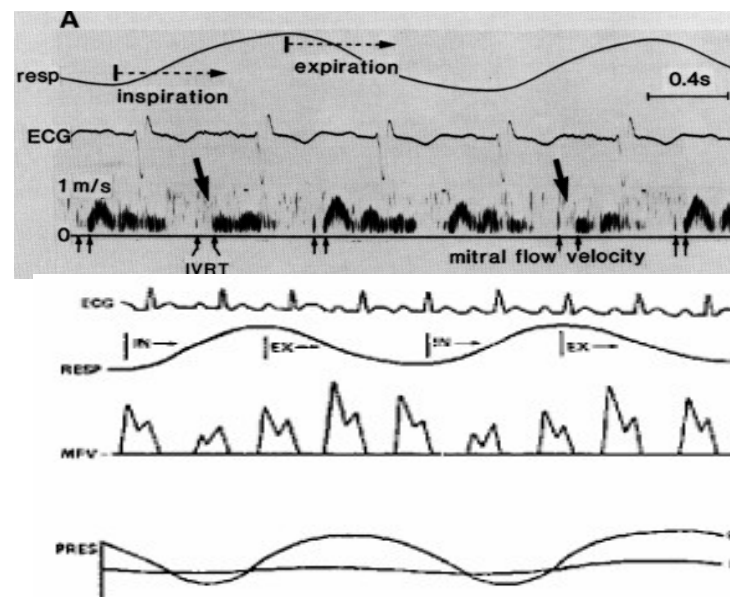
Differentiation of Constrictive Pericarditis and Restrictive Cardiomyopathy by Doppler Echocardiography

Liv K. Hatle, MD, Christopher P. Appleton, MD, and Richard L. Popp, MD

(Circulation 1989;79:357-370)

Cardiac Tamponade and Pericardial Effusion: Respiratory Variation in Transvalvular Flow Velocities Studied by Doppler Echocardiography

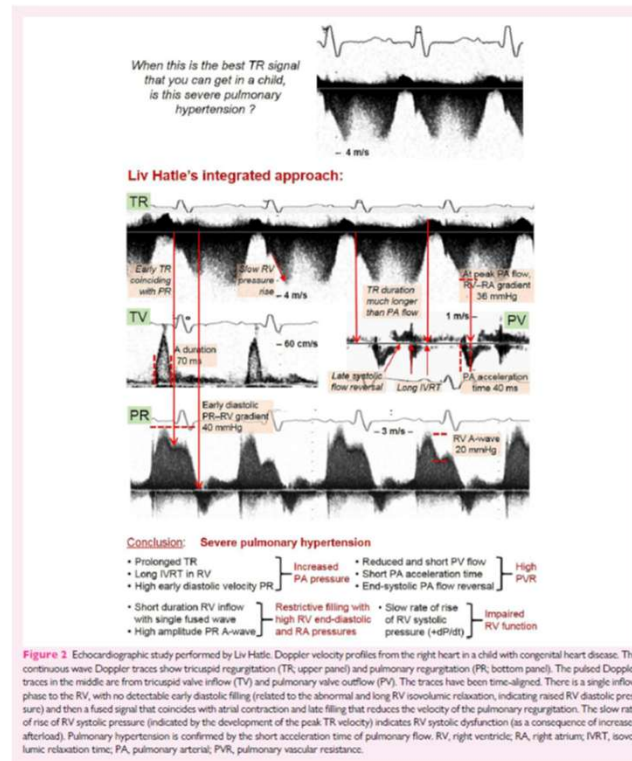
CHRISTOPHER P. APPLETON, MD,* LIV K. HATLE, MD, RICHARD L. POPP, MD, FACC
Stanford, California



Compressive pericardial diseases: Abnormal respiro-phasic variation in LV and RV filling

Vale Dr Hatle 1936-2023

European Heart Journal - Cardiovascular Imaging (2023) 24, 1425–1429
<https://doi.org/10.1093/ehjci/jead206>



My Big moments in Echocardiography

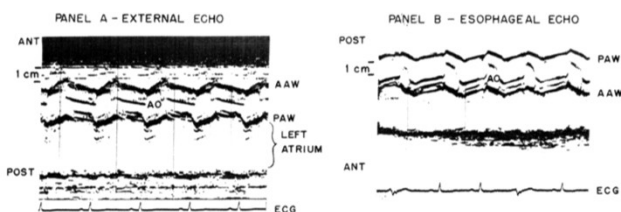
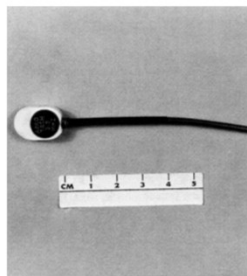
2. Transoesophageal Echocardiography

Big moments in Echocardiography: 1990's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

Esophageal Echocardiography

LEON FRAZIN, M.D., JAMES V. TALANO, M.D., LEO STEPHANIDES, M.S.,
HENRY S. LOEB, M.D., LEROY KOPEL, M.S., AND ROLF M. GUNNAR, M.D.



1st description Franzin et al 1976

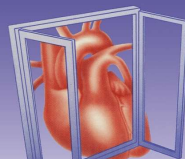


Bijoy

R. Erbel B. K. Khandheria R. Brennecke
J. Meyer J. B. Seward A. J. Tajik (Eds.)

Transesophageal Echocardiography

A New Window to the Heart



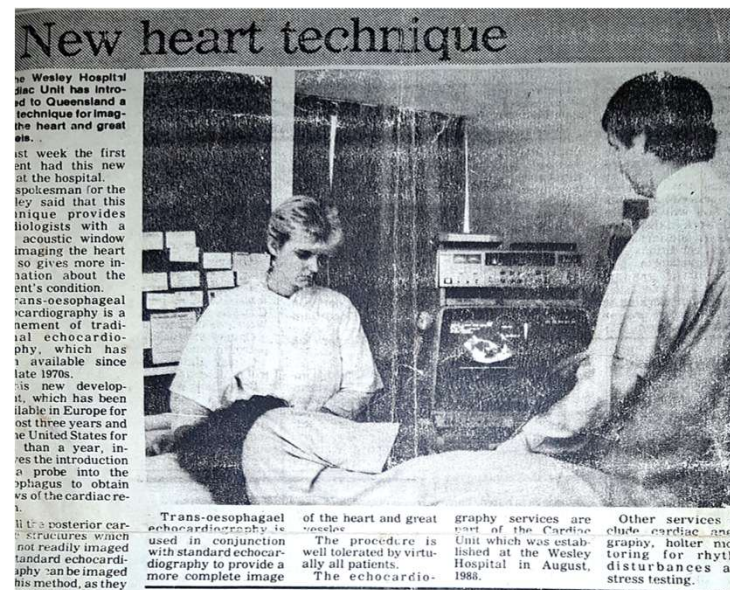
Published
1989



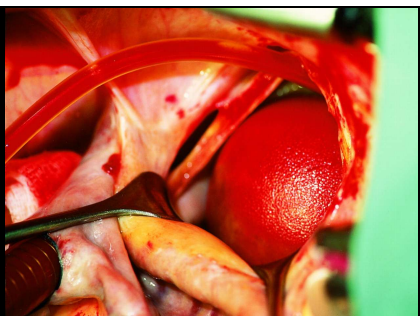
'A new window to the heart'

Transoesophageal Echo mid 1980s

TOE introduced in Qld 1989



Wesley Hospital, Brisbane

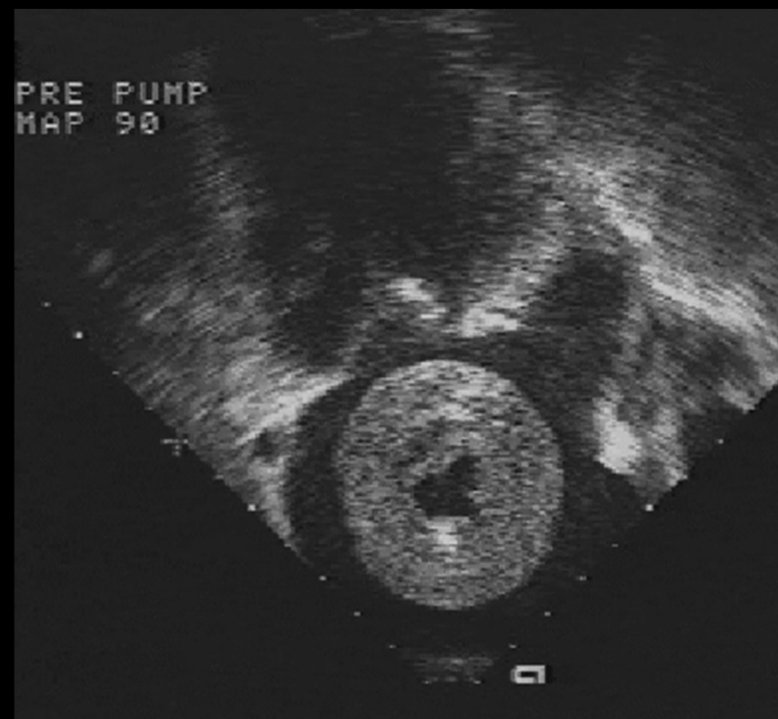
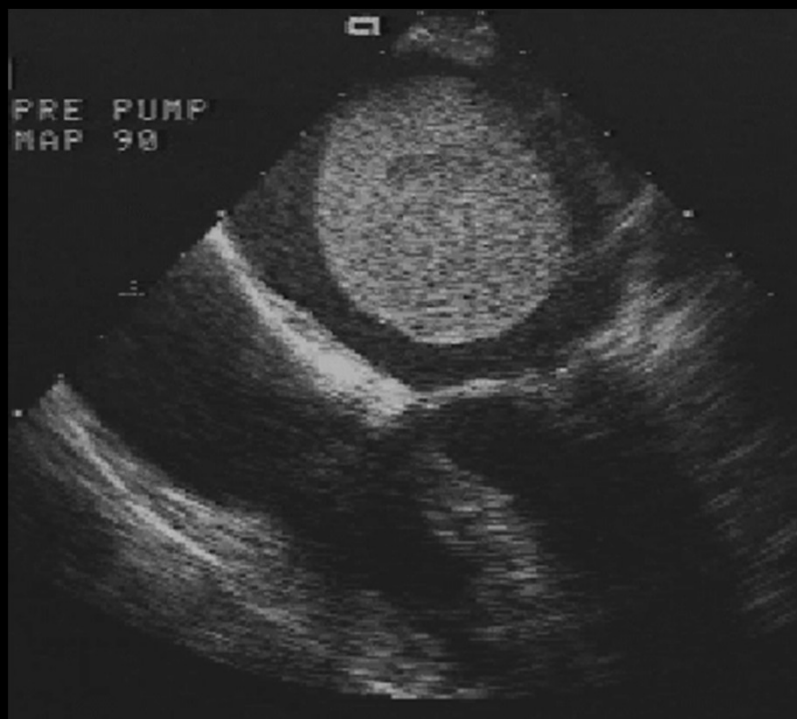


Images in Cardiovascular Medicine



Mobile Left Atrial Thrombus Associated With Mitral Stenosis (Circulation. 1998;98:931-932)

G.R. Wright-Smith, MBBS; D.J. Burstow, FRACP; R. Seymour, FRACP;
C. Smith, FRACS; M.F. O'Brien, FRACS, FRCS



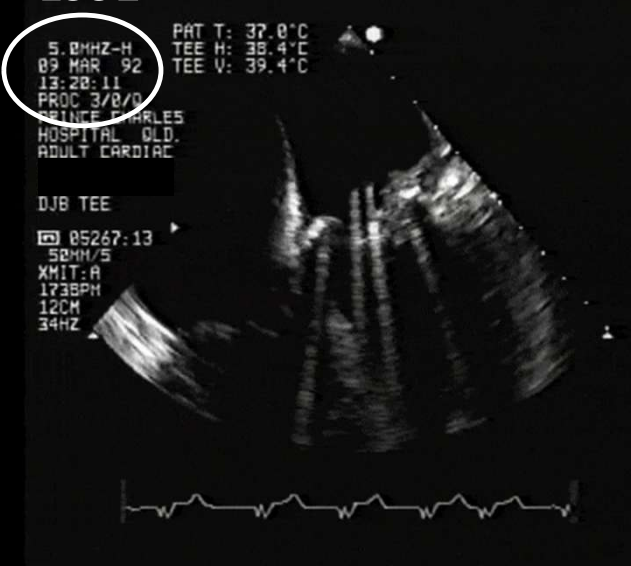
Big moments in Echocardiography: 1990's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

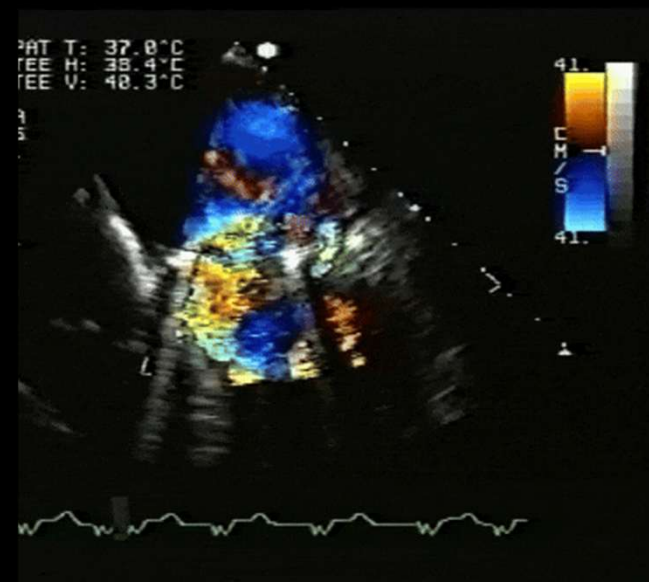
Transoesophageal Echocardiography

Improved image resolution (esp. posterior cardiac structures) promised higher diagnostic yield

1992



TTE for comparison



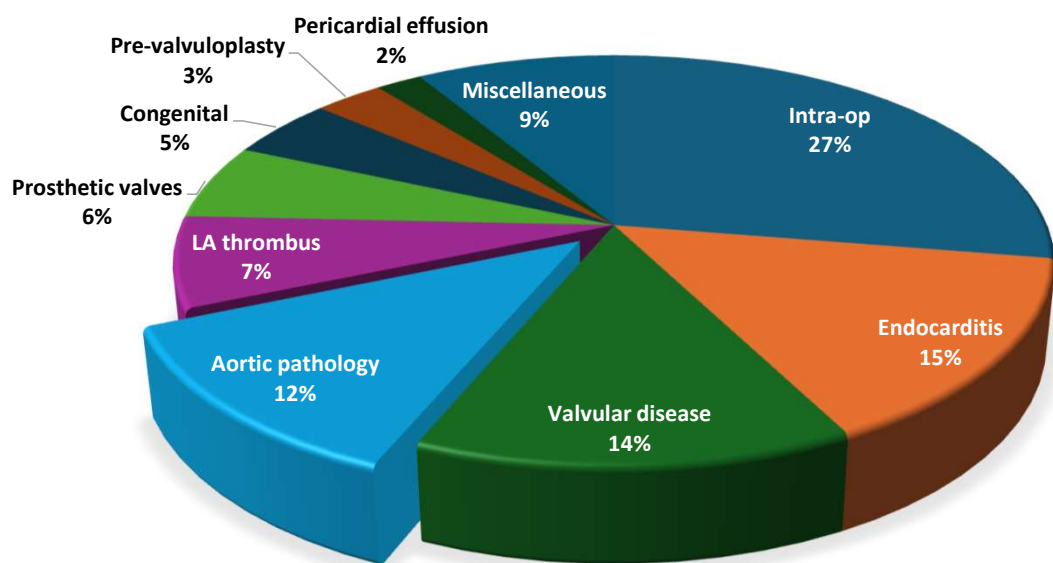
MVR (rocking) with vegetation and severe perivalvar MR

Big moments in Echocardiography: 1990's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

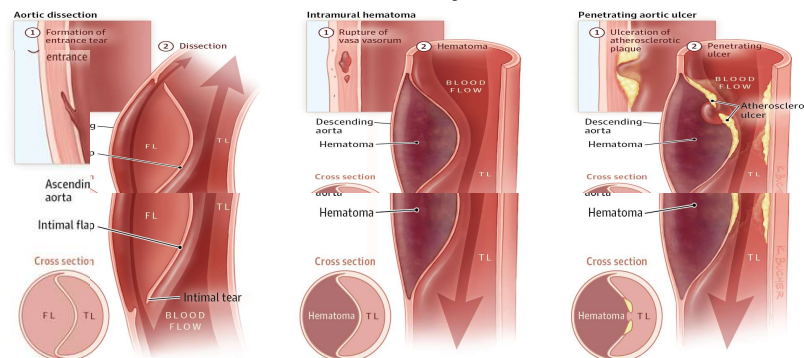
Transoesophageal Echocardiography

Indications no. = 4282



TPCH TOE 1990-1995

Acute Aortic Syndromes



Diagnosis and Therapeutic Consequences of Intramural Aortic Hematoma

T. Schappert, M.D., V. Sadony, M.D., F. Schoen, M.D.,* C. v. Birgelen, M.D.,*
H.-R. Zerkowski, M.D., and R. Erbel, M.D.*

Departments of Thoracic and Cardiovascular Surgery and *Cardiology, Essen
University Medical School, Essen, Germany

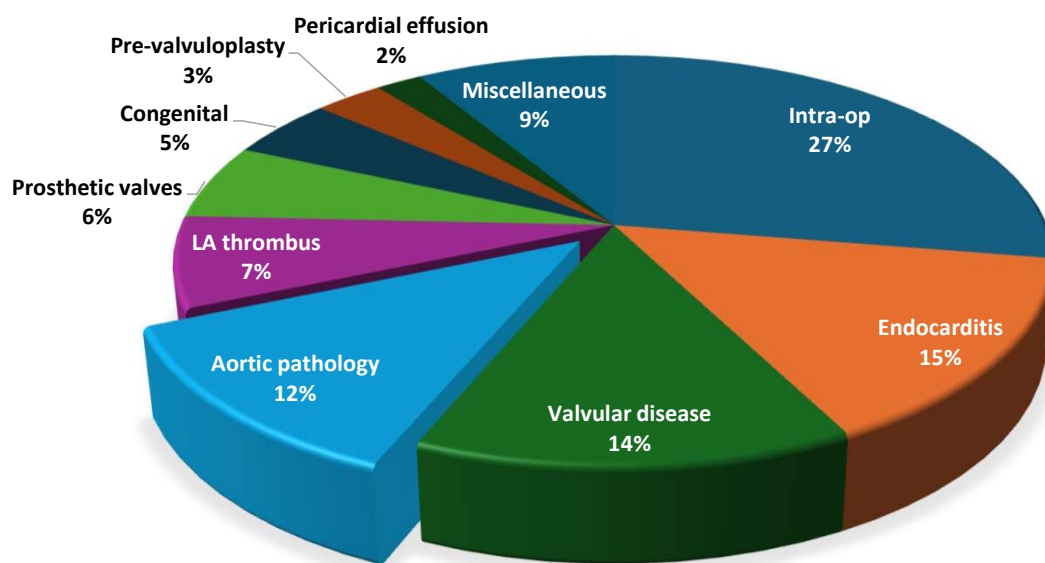
(J Card Surg 1994;9:508-515)

Big moments in Echocardiography: 1990's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

Transoesophageal Echocardiography

Indications no. = 4282



TPCH TOE 1990-1995

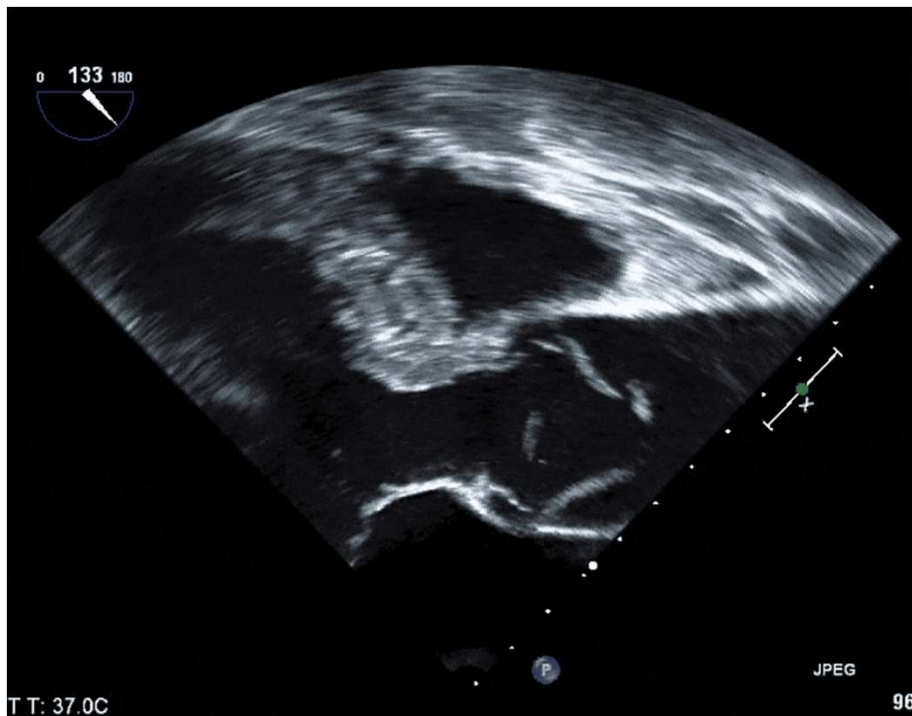
Data derived from Shiga et al: Diagnostic Accuracy of Transesophageal Echocardiography, Helical Computed Tomography, and Magnetic Resonance Imaging for Suspected Thoracic Aortic Dissection. Systematic Review and Meta-analysis *Arch Intern Med.* 2006;166:1350-135.

Imaging Technique	No of pooled Studies	Year of publication	Sensitivity (%)	Specificity (%)
TOE	10	1991-2000	98 (95-99)	95 (92-97)
Helical CT	3	1995-2003	100 (96-100)	98 (87-99)
MRI	7	1988-2000	98 (95-100)	98 (95-100)

Big moments in Echocardiography: 1990's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

TOE: primary diagnostic imaging modality for AAS (at TPCH)



Note.....

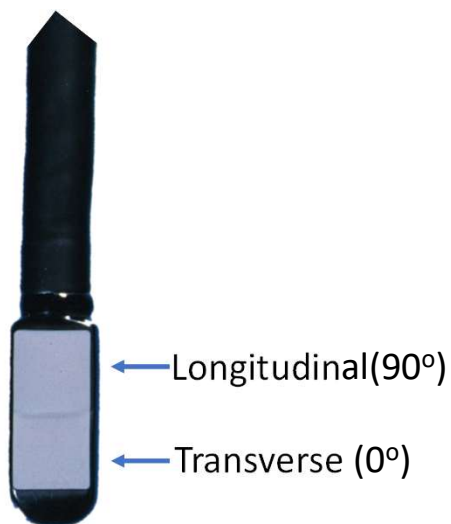
- Time : 1am
- Number of call-in staff required to perform procedure : 1
- Performed at bedside
- Rapid diagnosis : confirmed by clip #3
- Important ancillary data obtained
 - Normal LV function / No PE
 - Mechanical AV lesion
 - Site of entry tear
- No contrast requirement

TOE remains an excellent imaging modality in the assessment of acute aortic syndromes

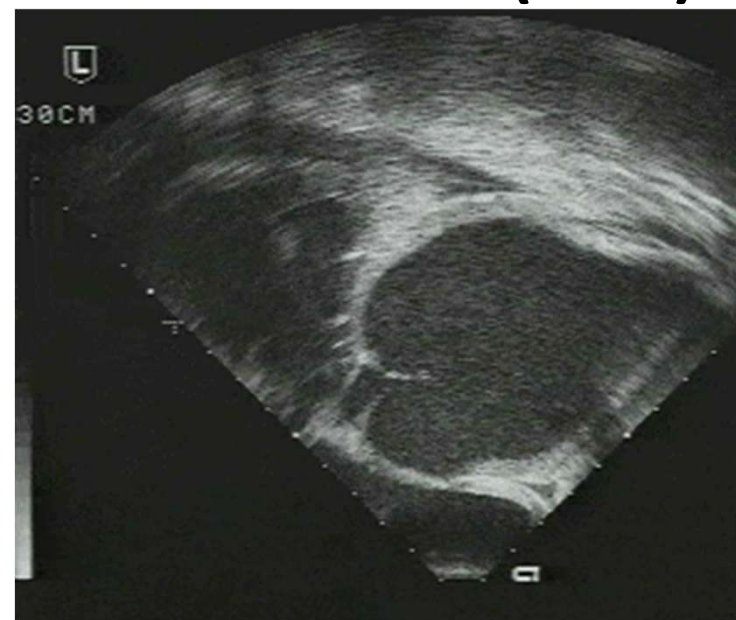
Big moments in Echocardiography: 1990's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

TOE: increased recognition of Intramural Haematoma (IMH)



Bi-plane TOE probe

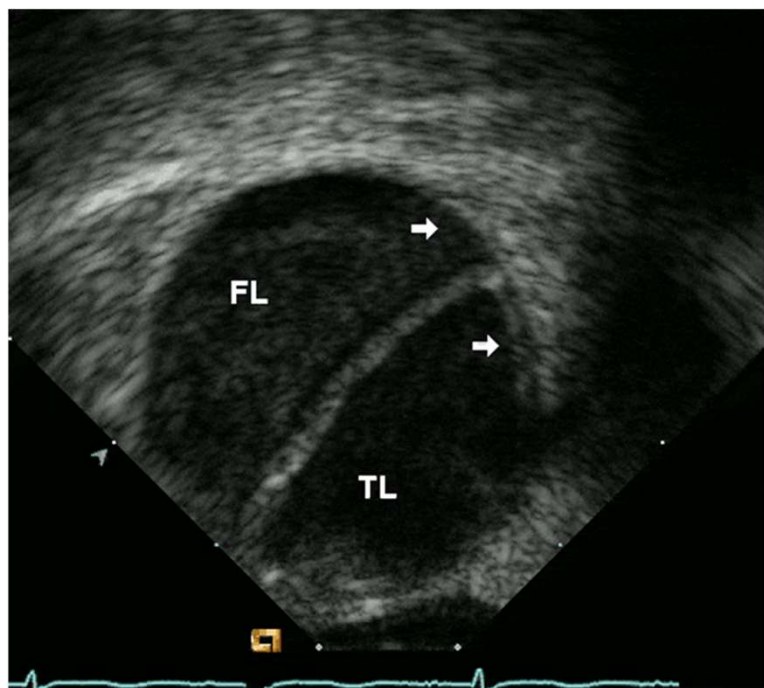


1995: My first recognized case of IMH in a 35yr old male with Annulo-aortic ectasia
(Note associated small pericardial effusion)

Big moments in Echocardiography: 1990's

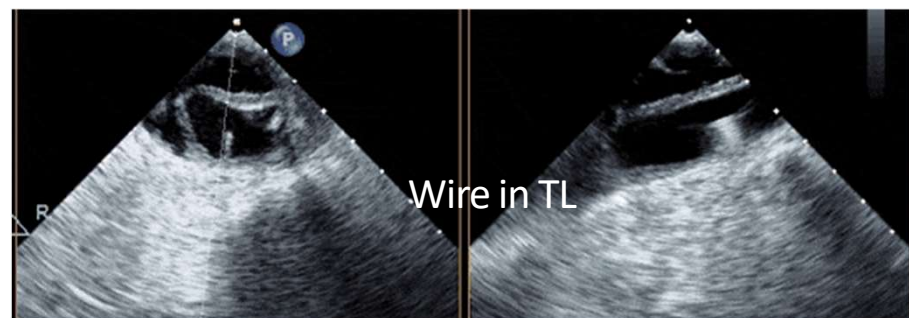
1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

TOE in AAS: secondary imaging goals



Intact wall of the TL (highest sens & spec)

Cobwebs in FL



Wire in TL

Big moments in Echocardiography: 1990's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

TOE in AAS: rarer pathologies

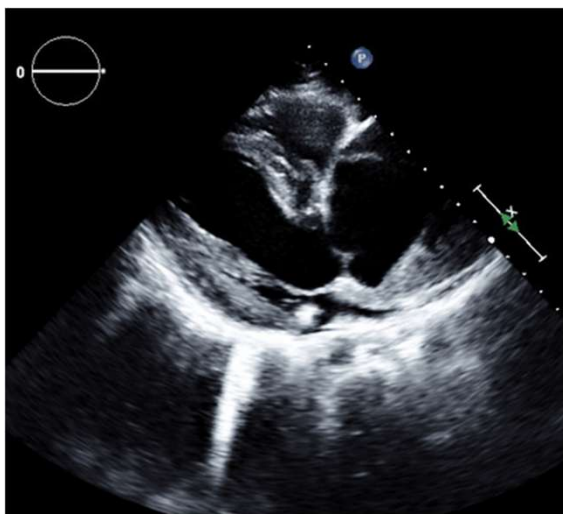
IMAGE FOCUS

doi:10.1093/ehj/ehj157
Online publish-ahead-of-print 20 October 2013

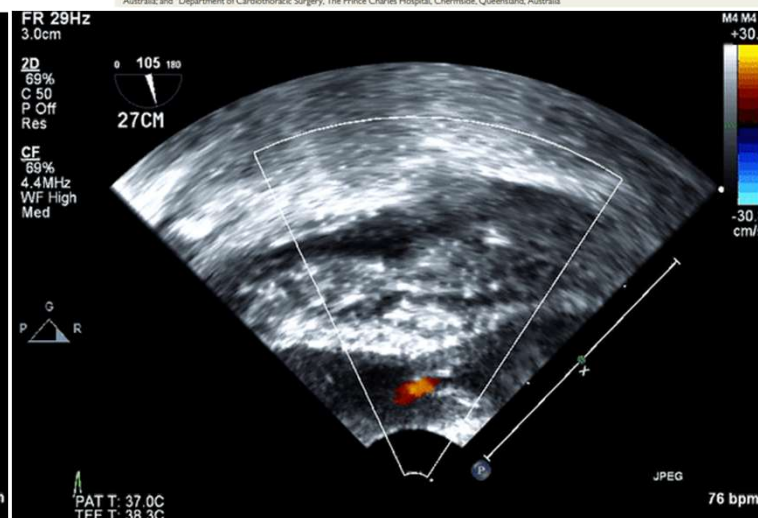
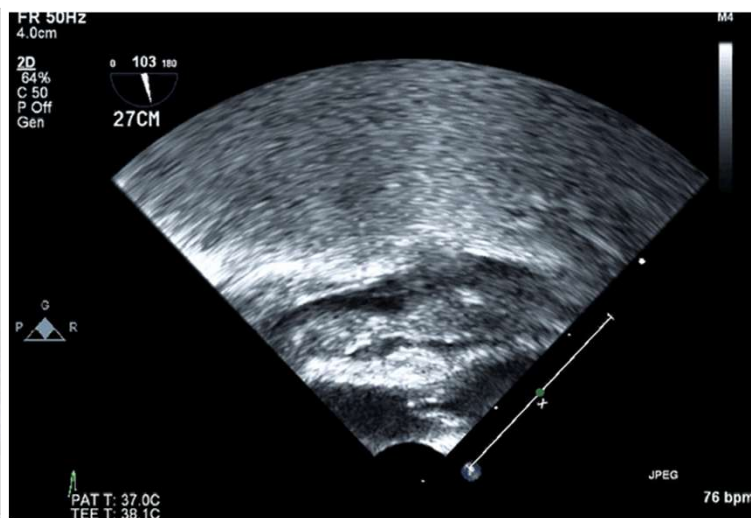
A classic yet unusual case: the full spectrum of bicuspid aortic valve disease

Sushil A. Luis^{1,2*}, Matthew Anderson¹, Homayoun Jalali¹, and Darryl J. Burstow^{1,2}

¹Department of Cardiology, The Prince Charles Hospital, Chermside, Queensland 4032, Australia; ²School of Medicine, University of Queensland, Herston, Queensland, Australia; and ³Department of Cardiothoracic Surgery, The Prince Charles Hospital, Chermside, Queensland, Australia



TTE: BAV / Type A dissection



Pre-pump TOE : severe coarctation

Big moments in Echocardiography

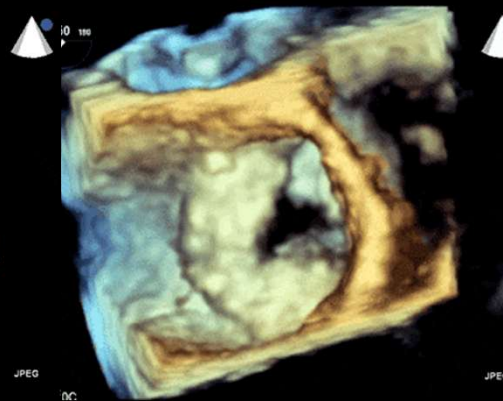
1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

Continued evolution of TOE 3D TOE

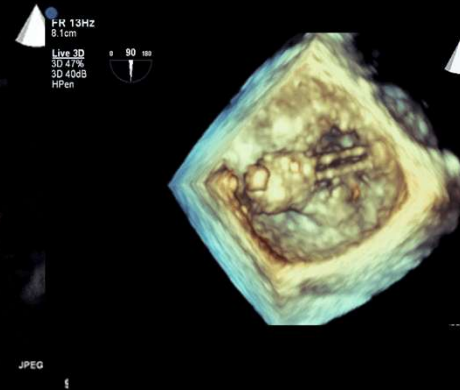
Mitral stenosis



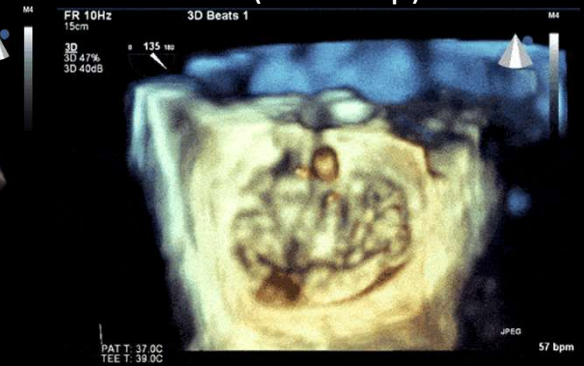
Pannus on MVR



Vegetation on MVR



Guiding interventions
(MitraClip)



My Big moments in Echocardiography

3. Miniaturization

Heal Africa Hospital in Goma, D.R.Congo



- Goma is the capital of North Kivu province
- Life expectancy 64yrs
- Mean age 14yrs
- Mean years of schooling: 3.5 years (up to 9 years)
- Living with war > 40 yrs
- Unemployment 90%



AusHEAL 

<https://ausheal.org.au/>

Heal Africa Hospital in Goma, D.R.Congo



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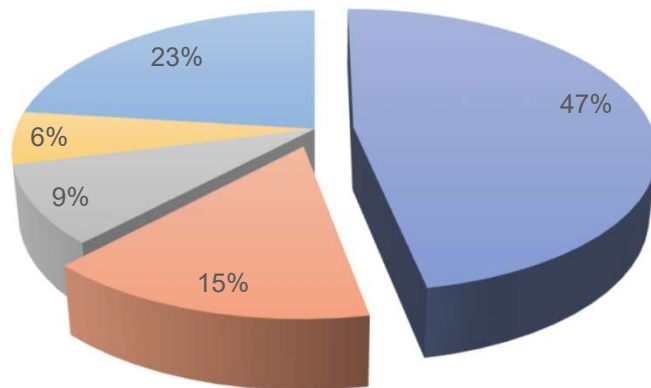
AusHEAL 

<https://ausheal.org.au/>

High CVS Disease burden in DRC

- **Hypertension and Heart Failure** are common diagnoses at Heal Africa Hospital

Clinical presentations to Cardiology OPD at HA

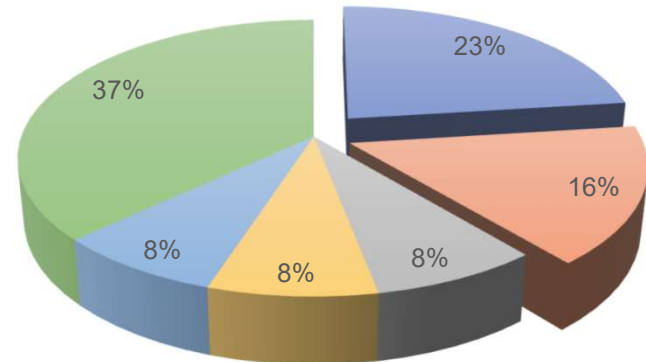


n = 120pts
Mean Age: 48.5 yrs

■ HT ■ CCF ■ VHD ■ CHD ■ Misc

High burden of Hypertension / CCF

Echo findings at Cardiology OPD at HA



■ LVH ■ DCM ■ PHT ■ CHD ■ VHD ■ Normal

LVH / DCM or VHD present in nearly 50%

Data from AusHeal team visits 2022-23

Big moments in Echocardiography: 2010's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

Miniaturization



Hand-held Ultrasound (HHU)



Mobile Echo system



Big moments in Echocardiography: 2010's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

Miniaturization

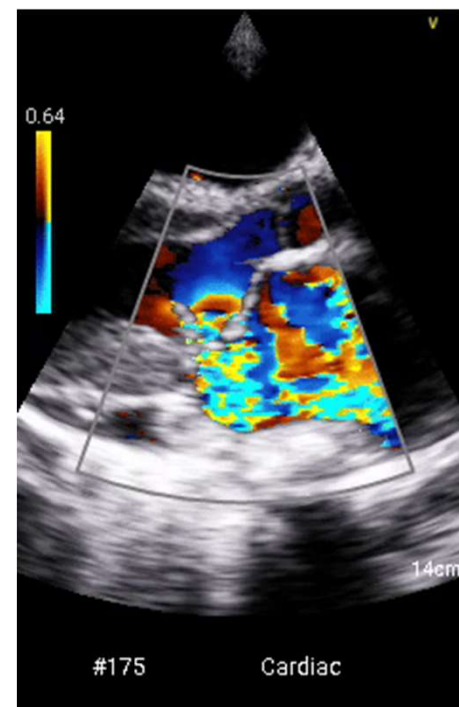
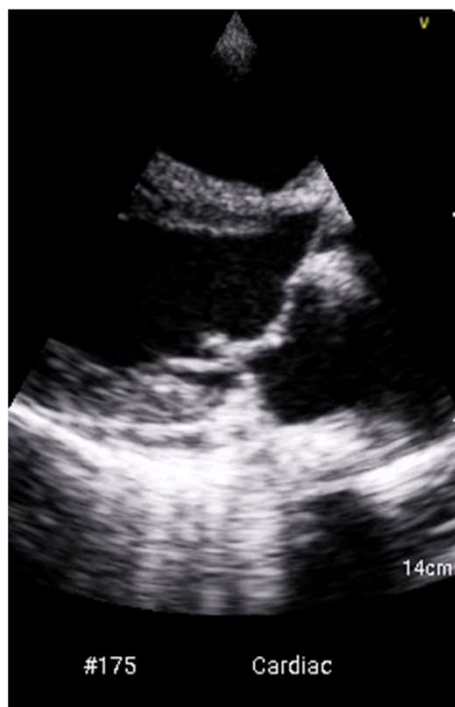


HHU



57 yrs female

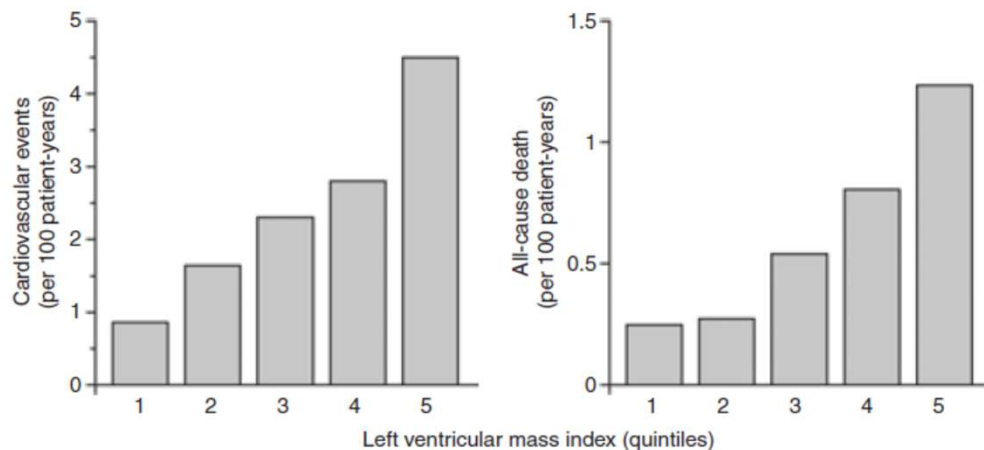
- One month history of dyspnoea
- PSM
- Hypertension
- Vscan Echo:
 - Ant MVP with ruptured chordae
 - Severe MR
 - Likely underlying Rheumatic valve



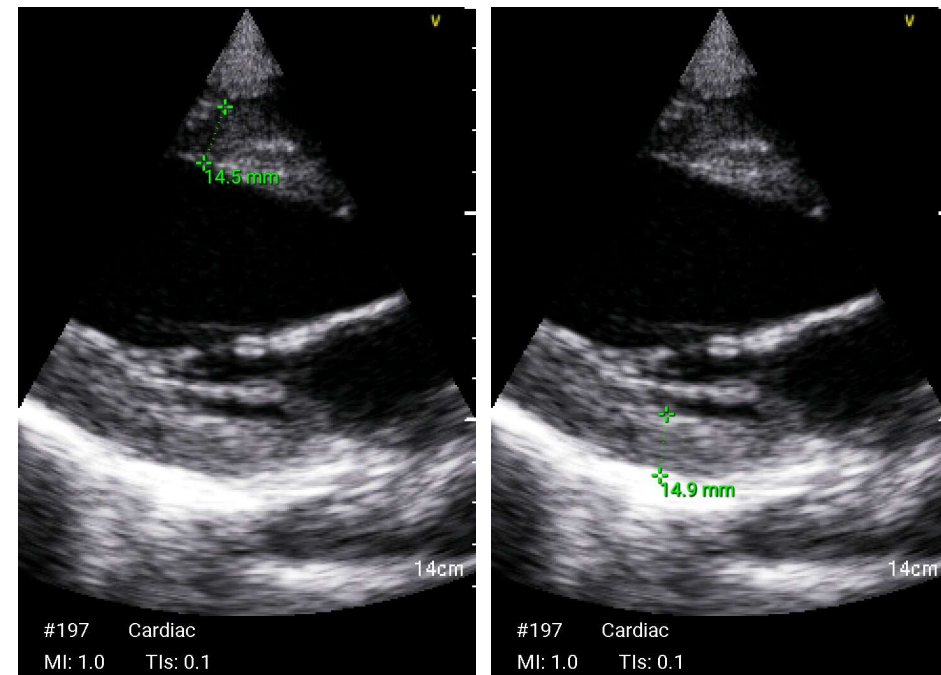
Mobile
Echo systems

Patient with Hypertension : Value in detecting LVH

- Increasing LVH correlates with a poorer prognosis

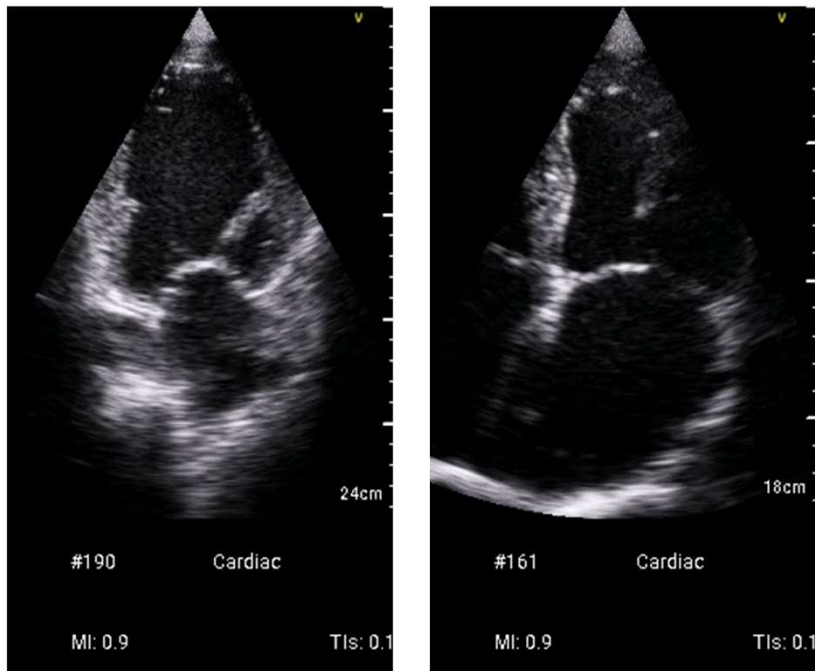


Am J Hypertens 2008;21:500-508

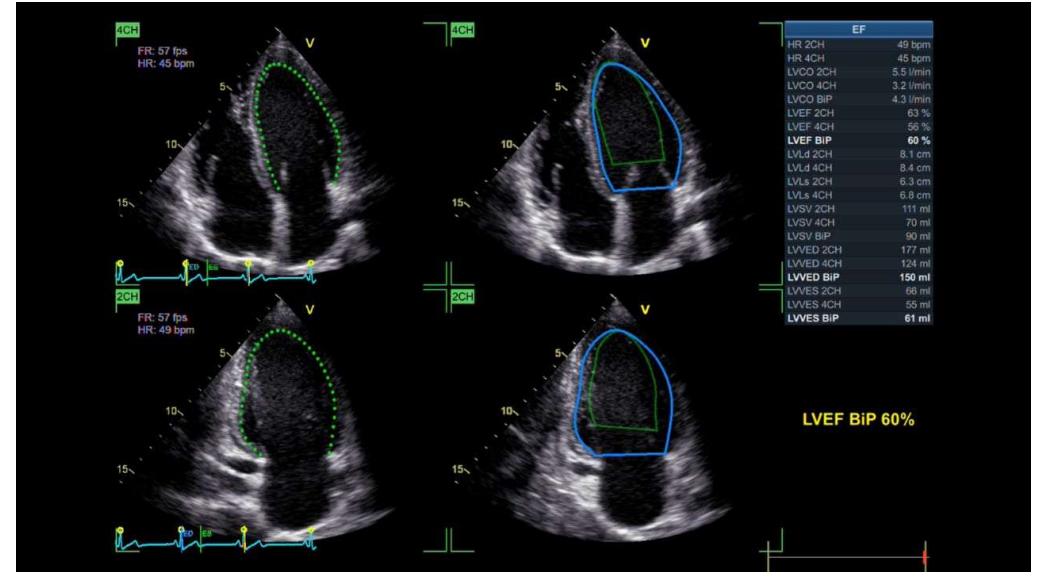


Patient with Heart failure : Value in detecting phenotype

- HFrEF vs HFpEF



Future greater automation with AI



Big moments in Echocardiography: 2010's

1800 1850 1900 1950 1970 1980 1990 2000 2010 2020

Miniaturization



HHU



Mobile
Echo systems

Meets many of the Challenges of these regions

- **High burden of disease**
 - Can provide UAPE to POCUS to basic comprehensive exam
 - Important core parameters regularly obtained. 'less' is often more in this environment
- **Poor patient population**
 - Minimal / low cost
- **No government support** (currently under military occupation by M23 rebels)
 - Minimal / low cost
- **Limited clinical skills training**
 - Real time teaching at the bedside
 - 'safety net'
 - Possible future role of AI
- **Unreliable Power**
 - Runs on battery
- **Limited infrastructure**
 - Can bring machine back to Australia for service and repair

My Big moments in Echocardiography

1. Doppler ultrasound

The cornerstone of quantitation

2. Transoesophageal Echocardiography

The 'New Window' that gave us new eyes

3. Miniaturization

Providing just access to a critical technology



My Big moments in Echocardiography

1. Doppler ultrasound

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