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| **Correlates of successful aging with preventive health behaviour**  |
| **Background/Objectives**Aging issues are closely related to major chronic diseases and preventive behaviour such as health screening. Cancer is the number one cause of death among Koreans, and regular cancer screening is recommended and supported by the National Health Insurance Program. The purpose of this study was to analyse preventive health practices associated with successful aging components.**Methods**A face to face, household based interview survey was conducted from July to August in 2016. A total of 1,000 study samples were drawn from the population living in Seoul metropolitan area. We interviewed one person(aged 50 to 69) from a selected household. The survey instrument included measures of successful aging and health belief model components for cancer screening.**Results**About 85% of the respondents rated their health as good. Subjective good health was significantly related to being male, younger age, married, higher educational attainment, and better economic status. We found that younger age groups were more likely have positive attitude toward preventive cancer screening. Total scores of successful aging scale were significantly associated with positive health beliefs toward preventive screening service. Higher scores of successful aging were significantly related to strenuous physical activity and less consumption of alcohol.**Discussion**This study results showed the importance of maintaining good health and the association with successful aging. Physical activity and alcohol consumption were important lifestyle factors in addition to health beliefs. There should be more health promotion efforts for those middle aged people before they become elderly. **Keywords****Preventive screening, health belief model, successful aging** |