



2019 NSW Hand Annual Conference

Thursday 28 November - Sunday 01 December
Peppers Craigieburn, Bowral NSW

Committee

Nick Smith - President David Stewart - Secretary

Invited Guest

Dr Warren Hammert USA



ABSTRACTS & REGISTRATION

Important Dates

Friday 04 October 2019

Closing Date for Receipt of Abstracts

Friday 18 October 2019

Confirmation of Abstract Acceptance Forwarded

Friday 25 October 2019

Closing Date for Early Registration

The New South Wales Hand Surgery Association has Appointed Taylored Images - Conference, Meeting & Event Management to manage the 2019 Annual Conference

We are your one stop shop for your conference & beyond. Right from the planning stages to your return home.

 We can organise pre or post leisure accommodation should you wish to extend your time in Bowral.

All members of the New South Wales Hand Surgery Association, their partners, families & approved guests are invited to attend the 2019 New South Wales Hand Surgery Association Annual Conference at Peppers Craigieburn Bowral.

Registration

The conference has a dedicated secure 24 hour online registration website at your fingertips. Access enables you to update your details instantly.

Visit www.tayloredimages.com.au click on "events" scroll to the events schedule & select your conference. To register select 'Delegate Registration', you will be prompted to create an account which can be used to login and at any time to update your registration. If Submiting an abstract select 'Submit your Abstract' from the right hand side of the screen.

Upon completion of the registration & abstract submission process you will be automatically supplied with a summary & confirmation of your registration.



Welcome

On behalf of the New South Wales Hand Surgery Association we are thrilled to invite you to the 2019 Annual Conference. The conference will be held at Peppers Craigieburn, Bowral NSW, Thursday 28 November - Sunday 01 December 2019.

This year we are honoured to have Dr Warren Hammert from the University of Rochester Medical Centre, New York USA as our International Guest Presenter.

The meeting this year promises to have an outstanding and well balanced academic program complemented by an engaging social program. Our meeting enables us the opportunity to share knowledge, research & ideas expanding the field of Hand Surgery.

Additionally, there will be symposia, seminars and invited lectures on a broad range of topics; lively discussion is anticipated & encouraged.

We also have an exciting social program kicking off with the President's Welcome Reception & the Conference Dinner at Peppers Craigieburn.

Plenty of great opportunity for delegates and industry partners to network personally and professionally.

We welcome members and associate members and encourage you all to bring your families to enjoy a short break.

Nick & David



Destination

Bowral, NSW

Bowral is the largest town in the Southern Highlands of New South Wales, about ninety minutes south of Sydney.

It is the main business and entertainment precinct of the Wingecarribee Shire and Highlands. Bowral is noted for its boutiques, antique stores, gourmet restaurants and cafés.

Bowral is also home to the Bradman Oval, Bradman Museum and International Cricket Hall of Fame which are dedicated to the achievements of cricketer Sir Donald Bradman and to the game of cricket.

Liability / Insurance

Registration fees don't include insurance of any kind. Neither NSWHSA nor Taylored Images will accept liability for damages of any nature (including financial) sustained by participants, or loss or damage to their personal property in the event of industrial disruptions or natural disasters. It is highly recommended you take out a suitable travel insurance policy including coverage for non refundable registration fees when you register for the meeting and book your travel.



Abstract Submission

(ABSTRACTS WILL ONLY BE ACCEPTED ELECTRONICALLY) Submission as follows via the Taylored Images website:

www.tayloredimages.com.au

- (a) Follow the links to 2019 NSW Hand; click on "Submit Abstract" and follow the prompts
- **(b)** It is essential all photographs and diagrams are embedded within the document, prior to uploading the abstract
- (c) On submission, you will be prompted to create an account which will allow you to view & edit your abstract/s after initial submission until 1700 Friday 04 October 2019.

Scientific papers are invited for oral presentations. Authors should submit abstracts written in English to Taylored Images no later than **1700 (EST) on Friday 04 October 2019.** Papers received after this date will not be accepted for inclusion in this year's program.

All abstracts submitted are subject to review by the Scientific Program Committee. Once abstracts have been accepted for presentation, no changes will be accepted to their content.

Disclaimer

All speakers/presenters are to disclose any financial involvement or assistance they have received for their paper.

The abstract should provide sufficient information to allow the reader to fully assess the aims, methods, results and implications of the work undertaken. The abstract should include the following sections:

- Introduction the purpose of the study and a brief overview of relevant literature/current state of research in the field
- Methods a short explanation of data collection and processing
- Results presented in the form of text, graphics or tables
- Discussion major findings and conclusions from the work including implications for further research

It is important that methods and results are clearly defined in the abstract; therefore, general statements such as "results will be presented" are not acceptable.

Lavout

- Abstracts must be on 160mm x 245mm rectangular space on A4 page (210mm x 297mm)
- Portrait orientation
- Margins are all to be 2cm
- Text should be single spaced
- Font should be Calibri typeface and 11 point character size

Title and Author

- Each of the below need to be at the top of the abstract, each on a new line:
- The title (upper case)
- The name(s) of the author(s) please omit university degrees and titles
- The name of the presenter to be underlined
- Affiliation(s), city and country please omit street address and postcode
- · Leave two lines before commencing the body of the text

Section Headings and Paragraphs

- The title of each section is to be bold & left justified
- Leave a 6-space indentation at the beginning of each new paragraph. Leave a 1 line space between each paragraph
- Graphs, tables and references may be used throughout the abstract but must remain within the defined one-page limit

Accommodation

Accommodation Cancellation Policy

credit card must be provided registration to guarantee accommodation. Your credit card number will be passed to the accommodation venue but will not be debited unless. you fail to arrive on the date indicated without having advised Taylored Images of your change in plans. As per hotel terms and conditions accommodation any cancellations made after Friday 25 October 2019 will be subject to a cancellation fee of 100% of accommodation cancelled.

Bookings after Friday 25 October 2019 will incur a \$33 booking fee.

Peppers Craigieburn

PLEASE NOTE: NSWHSA has exclusive use of the hotel.

Accommodation bookings are only available through Taylored Images

100 years since it was first built, this Bowral accommodation is on a country estate nestled in the Southern Highlands of New South Wales.

Peppers Craigieburn celebrates the leisurely life in a traditional manner, deserving of its reputation as one of the region's premier venues for leisurely escapes, conferences and events.

This Bowral accommodation is in a country retreat that is reminiscent of a gentrified period in time. Relax and experience the majesty of the Southern Highlands.

Each room type reflects the ambience and charm of the original homestead, tastefully refurbished in the Peppers manner with modern comforts.

Guest Room Single Occupancy \$250.00 per night
Guest Room Double/Twin Occupancy \$270.00 per night

^{*} Room rates include breakfast



Registration Fees

DELEGATE INCLUSIONS

Attendance at all Conference Sessions

President's Welcome Reception – Peppers Craigieburn (Thursday)

Conference Dinner – Peppers Craigieburn (Saturday)

Morning / Afternoon Refreshments & Lunch Daily as per Program

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| Early Registration on/before 25 October 2019 Normal Registration after 25 October 2019 Day Registration (Excludes Conference Dinner) | \$930.00 \$1,030.00 \$370.00 |
|--|--|
| Non Member Early Registration on/before 25 October 2019 Normal Registration after 25 October 2019 Day Registration (Excludes Conference Dinner) | \$1,100.00 \$1,200.00 \$470.00 |
| Registrar Early Registration on/before 25 October 2019 Normal Registration after 25 October 2019 Confirmed Speaker Day Registration (Excludes Conference Dinner) | \$790.00 \$950.00 \$530.00 \$370.00 |
| Affiliate Member Early Registration on/before 25 October 2019 Normal Registration after 25 October 2019 Day Registration (Excludes Conference Dinner) | \$740.00 \$940.00 \$320.00 |

ACCOMPANYING PERSONS INCLUSIONS

President's Welcome Reception – Peppers Craigieburn (Thursday)

Conference Dinner – Peppers Craigieburn (Saturday)

Lunch Daily as per Program

Accompanying Person

\$580.00

Conference Cancellation Policy

A Cancellation fee of 50% of registration costs will be applicable for all cancellations after Friday 25 October 2019.

ORGANISED OPTIONAL ACTIVITIES

Golf @ Peppers Craigieburn

Friday 29 November; 1330

\$15 Green Fees \$15 Club Hire

Immerse yourself in the Southern Highlands scenery on the century old Craigieburn Hickory Golf Course, that still features the original course layout.

Foot Golf @ Peppers Craigieburn

\$15 per person

Friday 29 November; 1330

Foot Golf is the result of combining the popular sports of football (soccer) and golf. The rules largely correspond to the rules of golf. This game is played, for the most part, without the supervision of a referee.

Clay Target Shooting

\$100 per person

Friday 29 November; 1400 - 1600

Sporting clays is an Olympic event and is the fastest growing shooting sport in the world. Join in on a fun afternoon learning how to shoot clay targets. (Includes 25 targets each, Must wear closed in shoes) A P650 form from the NSW Firearms registry will need to be completed and brought along.

Cycling - Tour de Chirurgie de la Main

No Charge

Friday 29 November; 1330

Join in for a challenging bike tour through Bowral. Bring your bidon and bicycle to join the 2019 Tour de Chirurgie de la Main.

Walking - Gibbergunyah Reserve Friday 30 November; 1330

No Charge

Gibbergunyah Reserve is one of contrasts with secluded, shady walking trails and sunny, rocky outcrops to picnic on - a calm respite from the hurly burly of town. At over 800 metres Ninety Acre Hill Lookout has sweeping views of the distant Blue Mountains from its lichen clad boulders. Wombats and echidnas make their lairs in the crevices of the rocks below. There is a view of Mount Gibraltar from the Gib Lookout.

Tennis @ Peppers Craigieburn Friday 29 November; 1400 - 1600

\$10 per person

Enjoy a social game of tennis at Peppers Craigieburn.

Please Note: Minimum and Maximum numbers apply.

AT YOUR OWN LEISURE ACTIVITIES

The Bradman Museum & International Cricket Hall of Fame

Open 7 Days; 1000 - 1700

\$20 Adult \$11 Child

The International Cricket Hall of Fame comprises of six themed exhibitions. You will be fascinated by the story of cricket set against world history, captivated by the recent broadcasts from around the world, intrigued by the real Sir Donald Bradman, and inspired by the integrity of the greats of the game. www.bradman.com.au

Corbett Gardens

Open 7 Days

Corbett Gardens in Bowral is the show piece of the Tulip Time Festival and dates back to 1911 when, at the suggestion of Mrs Ada Corbett, the local tourist association purchased Deadmans Paddock for a public park. Corbett Gardens, located in the centre of town, boasts a huge array of tulips and colourful springtime bulbs, shrubs and trees.

Dirty Janes Bowral

Open 7 Days; 1000 - 1700

Bowral's Largest Vintage Market offering the best in collectibles, antiques, vintage, industrial & gardenware. www.dirtyjanes.com

Centennial Vineyards

Open 7 Days; 1000 - 1700

Centennial Vineyards is located just minutes from Peppers Craigieburn. This premium cool climate vineyard at over 760m in altitude (in winter snow is possible) ensures grapes ripen slowly with enhanced flavour and intensity. Their wine has been acknowledged at wine shows, internationally and nationally, with hundreds of medals from trophy to bronze.

www.centennial.net.au

Joadja Estate Vineyards

Open Friday; 1200 - 1700, Saturday & Sunday; 1000 - 1700

Visit Joadja Estate the oldest vineyard and winery in the Southern Highlands. The boutique winery has a hands-on approach using wine making techniques from both new world technology and old world tradition. All wines are crafted on site, at cool optimal ambient temperatures. Unlike most wineries, Joadja is open to the public. Visitors are free to visit the winery at their leisure and learn from the 'self-guided winery tour' information cards.

Preliminary Program

THURSDAY 28 NOVEMBER 2019

1530 - 1730 Registration

1800 - 2100 President's Welcome Reception - Peppers

FRIDAY 29 NOVEMBER 2019

| 0700 - 0815 | Breakfast at Leisure - Hickory's Restaurant |
|-------------|---|
| 0830 - 1000 | Scientific Session 1 |
| 1000 - 1030 | Morning Refreshments - Exhibition Area |
| 1030 - 1230 | Scientific Session 2 |
| 1230 - 1330 | Lunch - Exhibition Area |
| 1330 | Unallocated Time |

SATURDAY 30 NOVEMBER 2019

| 0700 - 0815 | Breakfast at Leisure - Hickory's Restaurant |
|-------------|---|
| 0830 - 1000 | Scientific Session 3 |
| 1000 - 1030 | Morning Refreshments - Exhibition Area |
| 1030 - 1230 | Scientific Session 4 |
| 1230 - 1330 | Luncheon - Exhibition Area |
| 1330 - 1500 | Scientific Session 5 |
| 1500 - 1530 | Afternoon Refreshments - Exhibition Area |
| 1530 - 1700 | Annual General Business Meeting |
| 1900 | Conference Dinner - Peppers Craigieburn |
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SUNDAY 01 DECEMBER 2019

| 0700 - 0815 | Breakfast at Leisure - Hickory's Restaurant |
|-------------|---|
| 0830 - 1000 | Scientific Session 6 |
| 1000 - 1030 | Morning Refreshments - Exhibition Area |
| 1030 - 1200 | Scientific Session 7 |
| 1200 - 1230 | Crawford "Scotty" McKellar Anatomy Oration |
| 1230 - 1300 | Quiz |
| 1300 | Conference Closure & Farewell Lunch |



2019 NSW HAND SURGERY ASSOCIATION ANNUAL CONFERENCE

Conference Secretariat





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