

2026 AUSTRALASIAN NEUROGASTROENTEROLOGY AND MOTILITY MASTERCLASS

FRIDAY 13 - SATURDAY 14 MARCH 2026

TRANSLATIONAL RESEARCH INSTITUTE
BRISBANE

Where gut-brain science meets clinical practice

**Department of Gastroenterology
and Hepatology**
Princess Alexandra Hospital



NHMRC
Centre of Research Excellence
Transforming Gut Health

MASTERCLASS HANDBOOK

Preface

Welcome to the 2026 Australasian Masterclass in Neurogastroenterology and Motility (ANMM)

Motility disorders or Disorders of Gut-Brain Interaction (DGBI) affect many patients and can cause debilitating symptoms that poorly respond to established therapies. In addition, concomitant DGBI can complicate the management of organic diseases such as inflammatory bowel diseases, gastroesophageal reflux disease or even celiac disease and present a major challenge in the clinical setting.

We are currently witnessing many exciting developments, including novel insights into the complex underlying disease mechanisms of DGBI and innovative, evidence-based approaches to address the unmet clinical needs of these patients.

With the support of nationally and internationally recognised experts, the 2026 Masterclass Neurogastroenterology and Motility acts as an important bridge that allows the translation of cutting-edge research into clinical practice. This education event is an important pillar for the NHMRC-funded Centre of Research Excellence in Transforming Gut Health, the Australian Gastroenterology Research Alliance (AGIRA), and our prominent collaborators across the Asia Pacific region, facilitating the translation of new knowledge into clinical practice.

Join our outstanding national and international faculty in advancing our understanding and management of these complex disorders, as we work together to translate new knowledge into tangible benefits for the patients we serve.

Scientific Co-Chair
Gerald Holtmann

Scientific Co-Chair
Ayesha Shah





2026 Scientific Advisory Committee

Dr Andrew Chua Gastro Centre, Ipoh, Malaysia

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Professor Justin Lee University Sains Malaysia

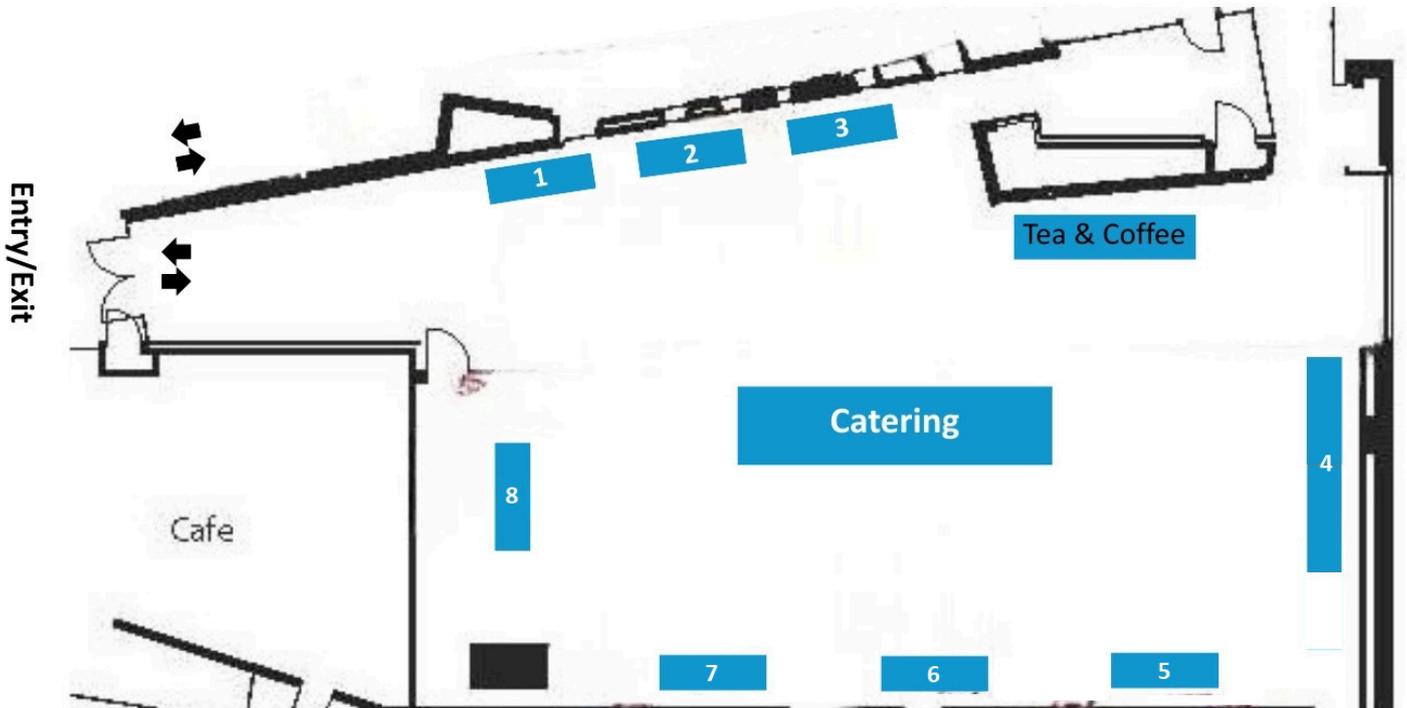
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Dr Ayesha Shah Princess Alexandra Hospital, The University of Queensland, Brisbane

Professor Nick Talley John Hunter Hospital, University of Newcastle, Newcastle

Professor Nikhil Thapar Queensland Children's Hospital, The University of Queensland, Brisbane

Floorplan



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FRIDAY 13 MARCH

Session 1 | **GORD and Dysphagia**
Moderators | **Mark Smithers & Luke Hourigan**
Location | **TRI Auditorium**

0830 - 0845		Opening Remarks Gerald Holtmann
		Welcome by the Chair of Health Translation Queensland Sue Scheinflug
0845 - 0900	1.1	GORD symptoms and dysphagia: evidence-based diagnostic approach Andrew Chua
0900 - 0915	1.2	Diagnostic and therapeutic approach when PPI fail Peter Katelaris
0915 - 0930	1.3	Surgical approach to patients with GORD Adam Frankel
0930 - 0945	1.4	Endoscopic management of Achalasia Santosh Sanagapalli
0945 - 1000		Beyond the Heartburn: From Reflux to Dysphagia Suzanna Luong & All
1000 - 1030		Morning Tea <i>Exhibition Area</i>

Session 2 | **The Richard McCallum Lecture**
Moderators | **Brad Kendall**
Location | **TRI Auditorium**

1030 - 1100	2.1	Gastroparesis - Functional dyspepsia: One or Two Conditions? Nicholas Talley
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Session 3 | **Nausea, vomiting, epigastric pain and bloating**
Moderators | **Kok-Ann Gwee & Phoebe Thwaites**
Location | **TRI Auditorium**

1100 - 1115	3.1	Approach to the patient with nausea and vomiting Justin Lee
1115 - 1130	3.2	Management of diabetic and idiopathic gastroparesis Michael Horowitz
1130 - 1145	3.3	Small intestinal dysbiosis: Current and Future Approaches Uday Ghoshal
1145 - 1215		Case-based discussion and Q & A session Andrea Huang & All
1215 - 1300		Lunch <i>Exhibition Area</i>

FRIDAY 13 MARCH

CONCURRENT SESSION 4

Select the session most relevant to your practice.

4a | Microbiome in the clinical setting

Moderators | **Uday Ghoshal & Emily Hoedt**

Location | **TRI Auditorium**

1300 - 1315	4a.1	Interpretation and (critical) appraisal of commercial stool microbiome assays Michelle Fitzmaurice
1315 - 1330	4a.2	Tools and techniques to study the Gut Microbiome Ujjala Ghoshal
1330 - 1345	4a.3	Targeted modulation of the gastrointestinal microbiome: structure and function Mark Morrison
1345 - 1400	4a.4	Gut Microbiome and mental health Sunny H Wong
1400 - 1430	4a.5	The Microbiome in DGBI: helpful, horrendous or hope on the horizon? Kevin Chen & All

4B | Oesophageal manometry and Endoflip

Moderators | **May Wong & Andrew Chua**

Location | **Room 2007**

1300 - 1315	4b.1	Oropharyngeal function assessment Charles Cock
1315 - 1345	4b.2	Oesophageal manometry: the fundamentals, challenges and pitfalls Jenny Myers & Magnus Halland
1345 - 1400	4b.3	Endoflip: ready for prime time? Gerald Holtmann
1400 - 1430		A Challenging Case with Dysphagia and Reflux-Symptoms Elias Bitzer & All

Session 5 | Management of complex patients with DGBI

Moderators | **Gerald Holtmann & Kerith Duncanson**

Location | **TRI Auditorium**

1430 - 1440	5.1	DGBI induced altered food intake behaviour (DGBI-AFIB), clinical presentation and management Ayesha Shah
1440 - 1450	5.2	DGBI-AFIB in the paediatric population Nikhil Thapar

FRIDAY 13 MARCH

1450 - 1500	5.3	Considerations and experiences in relation to oral, enteral or parenteral nutrition in DGBI-AFIB Sharon Carey
1500 - 1510	5.4	Eating Disorders: tips and tricks from the ED expert for the GI expert Kate Murphy
1510 - 1520	5.5	Multidisciplinary vs Integrated team approaches Chamara Basnayake
1520 - 1545	5.6	A Case with Chronic Abdominal Pain Babak Sarraf & All
1545 - 1615		Afternoon Tea Exhibition Area

**Session 6 | Alternative Approaches for managing DGBI:
Exploring Herbal Remedies and Gut-Based Hypnotherapy**
Moderators | **Nicholas Talley & Justin Lee**
Location | **TRI Auditorium**

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1615 - 1630	6.1	STW-5: The Journey from Complementary Herbal Medicine to Cutting-Edge Evidence-Based Treatment Ahmed Madisch - Virtual
1630 - 1645	6.2	Barriers and Opportunities for TCM /CAM and Herbal Medicine in the 21st century Kok Ann Gwee
1645 - 1700	6.3	Research Progress on ZZKZ in Treating FD Reuben Wong
1700 - 1715	6.4	Digitally delivered gut-directed hypnotherapy in DGBI: Are we ready for prime time? Simone Peters
1715 - 1730	6.5	iCBT in managing DGBI Blake Dear
1730 - 1800		Expanding the Therapeutic Toolbox: A Case of Refractory Dyspepsia Ezaam Fraz & All
1800 - 1900		Welcome Cocktail Reception Atrium

SATURDAY 14 MARCH

Session 7 | **DGBI Research in Motion: Mentor-Mentee Session**
Moderators | **Kok-Ann Gwee, Allison Malcolm, Uday Ghoshal & Nick Spencer**
Location | **TRI Auditorium**

0830 - 0840		Introduction Day 2 & Announcements Ayesha Shah
0840 - 0855	7.1	Justin Lee - Joash Tan
0855 - 0910	7.2	Mark Morrison - Kai Lim
0910 - 0925	7.3	Peter Gibson - Alexandra Mack
0925 - 0940	7.4	Nick Talley - Mu-Ming Chien
0940 - 1000	7.5	Natasha Koloski - Tom Fairlee

Session 8 | **The JGHF Lecture**
Moderators | **Peter Gibson**
Location | **TRI Auditorium**



1030 - 1100	8.1	The leaky gut: explanation and treatment target for patients with DGBI? Madhusudan Grover
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CONCURRENT SESSION 9

Select the session most relevant to your practice.

9A | Bridging the Organic-Functional Dichotomy in DGBI-IBD-celiac disease

Moderators | **Magnus Halland & Sunny Wong**
Location | **Room 2007**

1100 - 1115	9a.1	DGBI in IBD: fact or fiction? Jonathan Segal
1115 - 1130	9a.2	Beyond Inflammation: Strategies for Managing Functional Symptoms in IBD Abhinav Vasudevan
1130 - 1145	9a.3	Managing persistent symptoms in Celiac disease in remission James Daveson
1145 - 1200	9a.4	Gastrointestinal MRI; From Morphology to Function Manil Chouhan
1200 - 1215	9a.5	Navigating the Complexities of Control Groups, Placebos, and Blinding in Dietary Intervention Clinical Trials Heidi Staudacher
1215 - 1230		Q and A

SATURDAY 14 MARCH

9b | Enabling technologies

Moderators | **Mark Morrison & Nikhil Thapar**

Location | **TRI Auditorium**

1100 - 1115	9b.1	Artificial Intelligence in DGBI Mike Jones
1115 - 1130	9b.2	Bioelectronic Medicine Nick Spencer
1130 - 1145	9b.3	Gas sensing and transit measuring wireless capsules: Are we ready for prime time? Peter Gibson
1145 - 1200	9b.4	Role of psychotherapy to improve symptoms of DGBI in organic GI conditions Simon Knowles
1200 - 1215	9b.5	The diet-microbiome platform Kerith Duncanson
1215 - 1230		Q and A
1230 - 1315		Lunch Exhibition Area

Session 10 | Altered bowel habits, incontinence

Moderators | **Justin Lee & Jonathan Segal**

Location | **TRI Auditorium**

1315 - 1345	10.1	Navigating constipation: practical strategies for management and support Rebecca Burgell
1345 - 1400	10.2	Navigating Incontinence: Practical Strategies for Management and Support Allison Malcolm
1400 - 1430	10.3	Constipation and incontinence: Expert tips from a pelvic floor physiotherapist Allison Bryant
1430 - 1445	10.4	When chronic diarrhoea doesn't behave: Following the clues John Ee Chew & All
1445 - 1500		Closing remarks Ayesha Shah & Gerald Holtmann

Faculty ANMM 2026

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