

# Thursday 10 November

1530 DELEGATE REGISTRATION

1800 PRESIDENT'S WELCOME DINNER | *The Anchorage*

# Friday 11 November

BREAKFAST AT LEISURE

## Scientific Session 1

Moderator | Ian Hargreaves

---

0830 Welcome

0840 1.1 Latest Concepts on CMC Anatomy and Biomechanics  
**Mireia Esplugas - International Guest Presenter**

0910 1.2 Dealing with Growth Arrest and Sequelae after Distal Radius Fractures  
**Nick Smith**

0925 1.3 Improving Function in Upper Presentation Limbs with Spasticity  
**James Ledgard**

0940 1.4 The Motec Total Wrist Arthroplasty System, An Overview of the Surgical Techniques, with some Tips and Tricks Developed Over the Last 9 Years  
**Thomas Thorvaldson**

0955 1.5 Management of Spasticity In Nonfunctional Upper Limbs  
**James Ledgard**

1010 Discussion

1030 MORNING REFRESHMENTS | *Exhibition Area*

Friday 11 November

Scientific Session 2 | Rheumatoid Arthritis Symposium  
Moderator | Tom Thorvaldson

---

- 1100 2.1 Medical Management of RA - An Overview for Surgeons  
**John Van Der Kallen**
- 1130 2.2 PIP Replacement  
**Damien Ryan**
- 1150 2.3 MCP Replacement  
**Doug Wheen**
- 1210 2.4 Rheumatoid Wrist Surgery: Arthrodesis vs Arthroplasty; A Review of Current Evidence  
**Thomas Thorvaldson**
- 1230 2.5 How do we Face a Painful CMC in a Young Patient?  
**Mireia Esplugas - International Guest Presenter**
- 1300 LUNCH | *Exhibition Area*
- 1330 Unallocated Time

Saturday 12 November

BREAKFAST AT LEISURE

Scientific Session 3 | Tips & Techniques  
Moderator | Anna Watson

---

- 0830 3.1 Biomechanics and Muscle Control of the Wrist: From the Lab to the Clinical Practice  
**Mireia Esplugas - International Guest Presenter**
- 0900 3.2 A Novel Technique for Arthroscopic Reduction and Fixation of Dorsal Articular Distal Radius Fragments  
**Nick Smith**
- 0915 3.3 How & Why I do it: Zone 1 Reattachment of FDP Avulsions  
**Ian Edmunds, Ian Hargreaves, Mark Nabarro, Damian Ryan, Doug Wheen**

# Saturday 12 November

- 1000 3.4 How I Do It - Delayed Mallet  
**Stuart Myers**
- 1010 3.5 Update to Management of Pan Plexus Avulsion Injuries  
- Some Reason for Optimism  
**Richard Lawson**
- 1030 MORNING REFRESHMENTS | *Exhibition Area*

## Scientific Session 4 | Scapholunate Injuries Moderator | Stuart Myers

---

- 1100 4.1 Scapholunate Part 1 - Introduction  
**Stuart Myers**
- 1105 4.2 Basic Science Related to SL Reconstruction, Including Tendon Bone Healing, Fibre Tape, Carpal Vascularity etc. Tendon to Bone Healing Might be Different in Carpal Bones Compared within the Knee.  
**Rom Mattan**
- 1115 4.3 Mark Ross Capsular Ligament Concept in Carpal Instability  
**Xuan Ye**
- 1125 4.4 Classification SL instability  
**Mireia Esplugas - International Guest Presenter**
- 1140 4.5 Isometry of Volar STT Reconstruction Using the 3LT Tunnel - A CAD Simulation Using in Vivo 3D CT Data  
**Nick Smith**
- 1145 4.6 Pullout Strength of Tenodesis Screw (3 by 8mm) in Cadaver Carpal Bones  
**Nick Smith**
- 1155 4.7 Wrist Arthroscopy Portals – New Options  
**Mireia Esplugas - International Guest Presenter**
- 1200 4.8 Window Approach to Wrist  
**Xuan Ye**
- 1205 4.9 Mathoulin's ADCLR - Tips and Tricks  
**Nick Smith**
- 1217 4.10 Mathoulin's ADCLR - Tips and Tricks  
**Mireia Esplugas - International Guest Presenter**
- 1232 LUNCH | *Exhibition Area*

## Scientific Session 5 | Wrist Moderator | Nick Smith

---

### Scapholunate Part 2

- 1330 5.1 Corella Technique 6ps & Tricks  
**Simon Chan**
- 1340 5.2 Volar STT Reconstruction with Mathoulin's ADCLR for Higher Grade SL Instabilities  
**Nick Smith**
- 1352 5.3 Longterm Follow up S-L Reconstruction  
**Matt White**
- 1402 5.4 Return to Sport – What is the Evidence  
**Matt White**
- 1407 5.5 Instruments & Devices - What can we Learn from our Shoulder & Knee Colleagues  
**Xuan Ye**
- 1417 Discussion & Cases
- 1430 5.6 Just how Successful are Scheker DRUJ Replacements?  
**Richard Lawson**
- 1445 5.7 Proximal Carpal Row Diskinesia: Pathomechanics and Latest Treatments  
**Mireia Esplugas - International Guest Presenter**
- 1500 5.8 Arthroscopic Scaphoidectomy and Central Column Fusion  
**Nick Smith**
- 1530 AFTERNOON REFRESHMENTS | *Exhibition Area*
- 1600 NSWHA | *Annual General Meeting*
- 1900 CONFERENCE DINNER | *Wild Herring*

## BREAKFAST AT LEISURE

### Scientific Session 6 Moderator | David Bradshaw

---

- 0900 6.1 Local Portal Site Arthroscopy (LPSA). Why do we use it in the Dynamic Scapholunate Ligament Deficient Wrists?  
**Mireia Esplugas - International Guest Presenter**
- 0930 6.2 The Effect of Relative Motion Orthosis on PIPJ Biomechanics Using an Advanced Active Finger Motion Simulator: A Cadaveric Study  
**Mohammad Haddara**
- 0940 6.3 A Survey of Australian Hand Therapists' use of Exercise Relative Motion Orthoses for Improving Proximal Interphalangeal Joint Motion  
**Sally Yates**
- 0950 6.4 A Comparison of Steering Ability with and Without Distal Radius Fracture after Internal Fixation  
**Damian Mansour**
- 1020 Discussion
- 1030 MORNING REFRESHMENTS | *Exhibition Area*

### Scientific Session 7 | A Tour de Force Moderator | Ian Edmunds

---

- 1100 7.1 How does Arthroscopy Help us to Solve the Ulnar Side Painful Wrists?  
**Mireia Esplugas - International Guest Presenter**
- 1120 7.2 A Tanzanian Safari  
**Anna Watson**
- 1140 7.3 Bruce Conolly Oration - Outreach in a Time of Covid  
**Graham Gumley**
- 1200 7.4 Scotty McKellar Anatomy Oration - Lumbricals: The Hand's Puppeteer  
**Richard Atkinson**
- 1230 7.5 Quiz
- 1300 LUNCH | *Exhibition Area*