

## Monday 8 September

## Session 1: Glenroy Auditorium

		Chairs: Dr Charlie Mentzel, Dr Felix Lamarche					
0820	Powhiri Welcome Addresses						<b>Powhiri</b> <b>Welcome from Tu Te Akaaka Roa NZNCC Dr Hiran Thabrew,</b> <b>RANZCP President Dr Astha Tomar,</b> <b>2025 NZ Conference Convenors</b>
0900	Exploring the inner child in psychotherapy						<b>Dr Rory Hutchinson</b>
0935	What actually makes us happy?: Lessons from an 86-year longitudinal study of wellbeing						<b>Prof Robert Waldinger (remote)</b>
1010	Combined Q & A						

## Session 2: Glenroy Auditorium

		Chairs: Dr David Chinn, Dr Darrian Moodley					
1100	The problem of psychiatric autonomy: between clinical necessity and philosophical ambiguity						<b>Assoc/Prof Traill Dowie</b>
1135	Being brat and being demure: what Tu Te Akaaka Roa does for you						<b>RANZCP Tu Te Akaaka Roa NZNCC Dr Hiran Thabrew</b>
1210	Q & A						

## Session 3A: Glenroy Auditorium

## Session 3B: Conference Room I

		Chairs: Prof Caroline Bell, Dr Felix Lamarche					Chairs: Dr Evan Mason, Dr Hannah Gunning
1330-1500	Mental health and wellbeing outcomes after the March 15, 2019 Mosque attacks in Christchurch, New Zealand <b>Prof Caroline Bell, A/Prof Ben Beaglehole, Dr Shaystah Dean, Dr Ruqayya Sulaiman-Hill</b>						<b>1330-1355</b> Lonely death in New Zealand: Analysis of coronial data <b>Dr Benjamin Stegmann</b> <b>1355-1420</b> MDMA-assisted therapy in palliative care: promise and problems <b>A/Prof David Menkes</b> <b>1420-1445</b> Early implementation of assisted dying in Aotearoa New Zealand: Perspectives from providers and healthcare professionals <b>A/Prof Gary Cheung</b> <b>1445-1500</b> Combined Q & A

## Session 4A: Glenroy Auditorium

## Session 4B: Conference Room I

		Chairs: Dr Charlie Mentzel, Dr Elizabeth Davidson					Chairs: Dr David Bettany, Dr Felix Lamarche
1530-1700	Tangled up in Blue: a psychiatrist's insights with lived experience I – Mood <b>Dr James Le Bas</b> Lived Experience Panel Discussion <b>Dr Snita Ahir-Knight, Mr Jason Haitana, Mr Grant Cooper</b>						<b>1530-1555</b> Nocebo hypothesis cognitive behavioral therapy for functional neurological symptom disorder (motor type): A pilot randomized controlled trial <b>Dr Matt Richardson</b> <b>1555-1620</b> Description and initial evaluation of a pilot parent program for the treatment of functional somatic symptoms in children and adolescents <b>Dr Will Taft, Mr John Griffiths</b> <b>1620-1645</b> Sustaining and scaling digital innovation in mental health: Case study of Headstrong in New Zealand <b>A/Prof Karolina Stasiak</b> <b>1645-1700</b> Combined Q & A

## Tuesday 9 September

## Session 5: Glenroy Auditorium

		Chairs: Dr Niall Govan, A/Prof David Menkes					
0900	Reaching the "unreachable": overcoming challenges to accessing psychiatric care for First Nations people						<b>Ms Kate Fulford</b>
0935	Recognition in practice: guiding psychiatric ethics						<b>Assoc/Prof Traill Dowie</b>
1010	Combined Q & A						

## Session 6: Glenroy Auditorium

		Chairs: Prof Caroline Bell, Dr Alex Howie					
1100	Deepening our understanding of recovery through narrative						<b>Dr Rory Hutchinson</b>
1135	Improving population mental health   Hei Whakaora Hinengaro: Harnessing the powerful voice of RANZCP members						<b>Prof Michael Baker</b>
1210	Combined Q & A						

## Session 7A: Glenroy Auditorium

## Session 7B: Conference Room I

		Chairs: Dr Charlie Mentzel, Dr Priya Shahi				Chairs: Dr David Chinn, Dr Izzy MacDonald	
1330-1500	How to apply ethical principles to practical decision making in the new Mental Health Act <b>Dr Charlie Mentzel, Prof Neil Pickering, Prof John McMillan, Assoc/Prof Traill Dowie</b>			1330-1430	Deprescribing of antidepressants <b>Ms Marleen Van Oeveren, Dr Megan Bryan, Dr Valerie Tan</b>		
				1430-1500	Management of relapsing catatonia after lorazepam discontinuation: Systematic review <b>Prof Paul Glue</b>		

## Session 8A: Glenroy Auditorium

## Session 8B: Conference Room I

		Chairs: Dr Megan Bryan, Dr Hannah Gunning				Chairs: Dr Snita Ahir-Knight, Dr Ben Stegmann	
1530-1640	From tripping to sipping: Recent, current, and future ketamine research undertaken in Christchurch and Dunedin <b>A/Prof Ben Beaglehole, Dr Jenni Manuel, Prof Paul Glue</b>			1530-1600	Polypharmacy in the treatment of people with borderline personality disorder in New Zealand <b>Dr Matthew Tennant</b>		
				1600-1630	Not the right kind of trauma? Setting the record straight on offence-associated posttraumatic stress disorder in insanity acquittees <b>Dr Oliver Hansby</b>		
1640-1700	Feasibility of group and individual ketamine-assisted therapy for treatment-resistant depression in New Zealand <b>Dr Nicholas Hoeh</b>			1630-1700	Tangled up in blue: a psychiatrist's insights with lived experience II – Psychosis <b>Dr James Le Bas</b>		

## Wednesday 10 September

## Session 9: Glenroy Auditorium

		<i>Chairs: A/Prof Ben Beaglehole, Dr Hannah Gunning</i>					
0900		Illicit drug use and ADHD: the need to adjust our hardline approach					<b>Ms Kate Fulford</b>
0945		A journey from neurophysiology to the neuropsychiatric bedside					<b>Prof John Reynolds</b>

## Session 10: Glenroy Auditorium

		<i>Chairs: Dr Charlie Mentzel, Dr Oliver Hansby</i>					
1100		RANZCP 2026 NZ Conference Announcement					
1105		Debate: A psychiatrist's fundamental role is to sign the prescriptions <b>For: Dr John Berks, Dr Georgia Ramsden, Dr Grant Galpin</b> <b>Against: Assoc/Prof Yoram Barak, Prof Richard Harvey, Dr Elizabeth Davidson</b>					
1205		Presentations: <b>The Dawn Short Prize for Distinction &amp; The University of Otago and Auckland Medical Schools Program Prize</b>					
1210		Official Conference Close					