

## Sunday 11 October

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| 1330-1630 | Balint Group Workshop                                                                                  | <b>Dr Rutger De Ridder, Dr Penny Woods<br/>Dr Tehseen Nooran, Anna-Leigh Hodge, Dr<br/>Tom Paterson, A/Prof David Menkes, Dr Craig<br/>Immelman</b> |
| 1330-1630 | Psychedelic-assisted therapy in Aotearoa: reviewing progress and shaping trajectories                  |                                                                                                                                                     |
| 1830-2000 | <i>Registrar Pre-Conference Networking Function (Invite Only) : Duke of Marlborough Hotel, Russell</i> |                                                                                                                                                     |

## Monday 12 October: Local mental health and addiction needs and solutions, lessons for the motu

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|-----------|-------------------------------------------------------------------|--|
| 0700      | <b>Registration desk open : Copthorne Hotel and Resort Foyer</b>  |  |
| 0830-0915 | Conference pōwhiri and welcome : Te Whare Rūnanga, Treaty Grounds |  |
| 0915-0930 | Return to Copthorne Hotel and Resort                              |  |
| 0930-1000 | <b>Sharing of kai and kapū tī : Waitaha Events Centre</b>         |  |

## Session 1: Treaty Rooms 1 and 2 (Live Streamed)

Chair:

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| 1000-1245 | 1000 | Welcome addresses                                                                  | <b>NZ Chair, Assoc/Prof Hiran Thabrew,<br/>RANZCP President Dr Astha Tomar, 2026 Co-<br/>Convenors<br/>NZ Chair, Assoc/Prof Hiran Thabrew<br/>Ms Moe Milne<br/>Ms Tui Taurua<br/>Dr Moana Eruera<br/>Dr Kiri Prentice</b> |
|           | 1010 | Tū Te Akaaka Roa NZ National Office updates                                        |                                                                                                                                                                                                                           |
|           | 1040 | Title to be confirmed                                                              |                                                                                                                                                                                                                           |
|           | 1110 | Standing at the doorway: Lived Experience, wairua, and the future of mental health |                                                                                                                                                                                                                           |
|           | 1135 | Mental health and addiction needs and solutions in Te Tai Tokerau                  |                                                                                                                                                                                                                           |
|           | 1200 | Title to be confirmed                                                              |                                                                                                                                                                                                                           |
|           | 1225 | Combined Q & A: Dr Eruera, Dr Prentice and Ms Taurua                               |                                                                                                                                                                                                                           |

## 1245-1345 Lunch and exhibition: Waitaha Events Centre

## Session 2A: Treaty Room 1 (Live Streamed)

Chair:

Methamphetamine and mental health

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| 1345-1515 | Methamphetamine and mental health                                                                                                          |  | <b>Workforce</b><br>Will they stay or will they go? Trainee experience, wellbeing and retention in Aotearoa New Zealand psychiatry training<br><b>Dr Mischa Tosswill</b> | <b>Indigenous Health</b><br>Takahuritanga – transforming systems: a Māori framework for organisational change and health equity<br><b>Ms Phyllis Tangitu, Mr Ron Baker</b> |
|           |                                                                                                                                            |  | 1435 Title to be confirmed                                                                                                                                               | 1400 Bringing psychiatry into indigenous health – Institute for Urban Indigenous Health<br><b>Prof Shuichi Suetani</b>                                                     |
| 1345      | Methamphetamine and mental health rapid updates and panel<br><b>Dr Vicki MacFarlane, Dr Lance Murray, Dr Hinemoa Elder, Mr Kepa Earles</b> |  | Moving toward a cohesive national crisis responses model in Aotearoa<br><b>Ms Kerri Butler, Ms Sonya Russell</b>                                                         | From commitment to action: embedding Te Tiriti o Waitangi into mental health governance to achieve equity<br><b>Ms Phyllis Tangitu</b>                                     |
|           |                                                                                                                                            |  | 1505 Combined Q & A                                                                                                                                                      | Stocktake of cultural safety trainings in psychiatry in Aotearoa: a call to action for RANZCP in Aotearoa New Zealand<br><b>Ms Bronte Jeffries (remote)</b>                |
|           |                                                                                                                                            |  |                                                                                                                                                                          | 1445 Combined Q & A                                                                                                                                                        |

## 1515-1545 Afternoon tea and exhibition: Waitaha Events Centre

## Session 3A: Treaty Room 1 (Live Streamed)

Chair:

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| 1545-1715 |                                                                                                                                                                                             |      | Community and Lifespan Perspectives                                                                                                                       | Mortality and Morbidity of Complex Trauma                                                                              |
| 1545      | He tuhinga whakatakoto tōku wawata hauora – a te tiriti based exemplar of a tangata whaiora led advance mental health directive <b>Ms Kerri Butler, Ms Alice Stevenson, Ms Maraea Johns</b> | 1545 | Autistic Spectrum Disorder trends for children and adults in New Zealand; A longitudinal examination of three national databases <b>Dr Ben Beaglehole</b> | Mortality in Borderline Personality Disorder: A 12-year nation-wide retrospective cohort study <b>Dr Otis Williams</b> |
| 1645      | He Ara Oranga: embedding Māori models of practice in psychiatry – from cultural acknowledgement to clinical practice <b>Ms Phyllis Tangitu, Ms Moe Milne</b>                                | 1600 | Who follows up? Metabolic monitoring in community mental health: a service-wide audit <b>Dr Aoibheann Catherine Rainford</b>                              | Suicide clusters in remote Aboriginal communities: lessons from practice and the evidence base <b>Dr Elise Witter</b>  |

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|           | Seasons for growth across cultures: a community-based group model for refugee grief, loss and mental health recovery<br><b>Ms Melek Ucak</b> |           | In patients requiring trauma surgery admission for deliberate self-harm (DSH), what are the risk factors and what are their surgical and psychiatric outcomes? <b>Dr Jane Liu</b> |
| 1615      |                                                                                                                                              |           |                                                                                                                                                                                   |
|           | He Hāpai ō. Audit of adult ADHD assessment and treatment in primary care<br><b>Dr Hinemoa Elder, Ms Materoa Blair</b>                        | 1625      |                                                                                                                                                                                   |
| 1630      |                                                                                                                                              |           |                                                                                                                                                                                   |
|           |                                                                                                                                              | 1645-1705 | Combined Q & A                                                                                                                                                                    |
| 1645-1705 | Combined Q & A                                                                                                                               |           |                                                                                                                                                                                   |

1705 Concluding comments of the day: Whaea Moe and kaumātua

1715-1845 Welcome reception / Poster Presentation Prize Judging | Informal Poster Q & A Session: Waitaha Events Centre

## Tuesday 13 October: Innovative solutions

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| 0730-0815                                                     | Parakuihi i roto i te reo Māori : Jimmy Cook’s Kiwi Kitchen                                                                                                                                                     |                                                                                                                                                                                                                                              |                                                                                                                                 | Dr Hinemoa Elder, Whaea Moe Milne, Kaumatua Ron Baker, Ms Tui Taurua                                                                                              |                                                                                                                                                                                                                |  |
| Session 4: Treaty Rooms 1 and 2 (Live Streamed)               |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| Chair:                                                        |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| 0830-1030                                                     | 0830 Indigenous AI and wellbeing: what do psychiatrists need to be considering?<br>0915 Innovative solutions for Aboriginal and Torres Strait Island mental health<br>1000 Q and A                              |                                                                                                                                                                                                                                              |                                                                                                                                 | Mr Peter-Lucas Jones<br>Dr Marshall Watson                                                                                                                        |                                                                                                                                                                                                                |  |
| 1030-1100 Morning tea and exhibition: Waitaha Events Centre   |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| Session 5: Treaty Rooms 1 and 2 (Live Streamed)               |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| Chair:                                                        |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| 1100-1230                                                     | Lived Experience<br>Staying in the room; How psychiatrists and Lived Experience leaders learned to hear each other<br>Ms Tui Taurua, Ms Kerri Butler (Lived Experience), Dr Mark Fisher, Dr Kiri Prentice       |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| 1230-1330 Lunch and exhibition: Waitaha Events Centre         |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| 1235-1325 Trainees Networking Forum - Treaty Room 3           |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| Session 6A: Treaty Room 1 (Live Streamed)                     |                                                                                                                                                                                                                 | Session 6B: Treaty Room 2 (on-Demand)                                                                                                                                                                                                        |                                                                                                                                 | Session 6C: Treaty Room 3                                                                                                                                         |                                                                                                                                                                                                                |  |
| Chair:                                                        |                                                                                                                                                                                                                 | Chair:                                                                                                                                                                                                                                       |                                                                                                                                 | Chair:                                                                                                                                                            |                                                                                                                                                                                                                |  |
| 1330-1500                                                     | Medico Legal                                                                                                                                                                                                    | Evidence Based Practice Local Services<br>Reaching those who miss out: equity, wellbeing and value from the Auckland integrated Primary Mental Health and Addiction (IPMHA) programme<br>Dr David Codyre, Ms Sharon Shea , Ms Sarah Appleton |                                                                                                                                 | Registrar and Medical Student Presentations                                                                                                                       |                                                                                                                                                                                                                |  |
| 1330                                                          | Medico-Legal rapid Updates and panel: Mr Darren Foster, Mr Christopher Perry, Mr Shaun Russell                                                                                                                  | 1330                                                                                                                                                                                                                                         |                                                                                                                                 | 1330                                                                                                                                                              | Rates of neurodevelopmental conditions among Māori and non-Māori youth in Aotearoa: a cross-sectional study using linked administrative data Ms Lei Smith                                                      |  |
| 1420                                                          | How could it happen? How misidentification of a minor lead to unlawful compulsory treatment<br>Dr Leeanne Fisher                                                                                                | 1420                                                                                                                                                                                                                                         | Maximising Suicide Safety Plan using the Manawa App Dr Mike Ang                                                                 | 1345                                                                                                                                                              | The experience of stage one psychiatry trainees in rural Australia: A qualitative study of a national sample A/Prof Mathew Coleman                                                                             |  |
| 1440                                                          | Māori are subject to Section 109 Greater than Non-Māori – S109 Data from Midcentral District<br>Dr Ryan Barber                                                                                                  | 1435                                                                                                                                                                                                                                         | Perils of PTSD screening and treatment in First Nations and first responders– clinical tales from distant points Dr Julie Simes | 1400                                                                                                                                                              | "Like in a slipstream of a train": a qualitative analysis of clinician experiences delivering MDMA-assisted therapy to patients with advanced cancer in a clinical trial setting<br>Ms Koh Eun (Catherine) Lee |  |
|                                                               |                                                                                                                                                                                                                 | 1450                                                                                                                                                                                                                                         | Combined Q & A                                                                                                                  | 1415                                                                                                                                                              | Combined Q & A                                                                                                                                                                                                 |  |
| 1500-1530 Afternoon tea and exhibition: Waitaha Events Centre |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| Session 7A: Treaty Room 1 (Live Streamed)                     |                                                                                                                                                                                                                 | Session 7B: Treaty Room 2 (on-Demand)                                                                                                                                                                                                        |                                                                                                                                 | Session 7C: Treaty Room 3                                                                                                                                         |                                                                                                                                                                                                                |  |
| Chair:                                                        |                                                                                                                                                                                                                 | Chair:                                                                                                                                                                                                                                       |                                                                                                                                 | Chair:                                                                                                                                                            |                                                                                                                                                                                                                |  |
| 1530-1700                                                     | Talk title to be confirmed<br>Dr Marshall Watson                                                                                                                                                                | Remote and Rural Psychiatry<br>RANZCP Remote Supervision - unlocking capacity and opportunities A/Prof Mathew Coleman                                                                                                                        |                                                                                                                                 | Lived Experience and Te Tiriti o Waitangi<br>Nothing about us without us: returning lived experience to the centre through Te Tiriti partnership Mr Jason Haitana |                                                                                                                                                                                                                |  |
| 1600                                                          | Community innovations for perinatal mental health: demonstrating alternatives for māmā and birthing parent wellbeing - te hokinga mai, māmā neke maunga & whānau whakapuāwai Dr Cara Meredith, Ms Sherie Reweti | 1615                                                                                                                                                                                                                                         | Rural Psychiatry Training WA: From inception to impact Dr Kalliste Black                                                        | 1550                                                                                                                                                              | Reflection on Māori health outcomes<br>Mrs Lisa Deans                                                                                                                                                          |  |
|                                                               |                                                                                                                                                                                                                 | 1630                                                                                                                                                                                                                                         | Building CL Psychiatry in Rural and Remote Areas - An alternate Stage 2 Rural Pathway A/Prof Mathew Coleman                     | 1610                                                                                                                                                              | Talk to be confirmed                                                                                                                                                                                           |  |
|                                                               |                                                                                                                                                                                                                 | 1645-1650                                                                                                                                                                                                                                    | Combined Q & A                                                                                                                  | 1630-1650                                                                                                                                                         | Combined Q & A                                                                                                                                                                                                 |  |
| 1650                                                          | Concluding comments of the day: Whaea Moe and kaumātua                                                                                                                                                          |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |
| 1800-2200                                                     | RANZCP 2026 NZ Conference dinner -Taharoa Function Centre, including optional tour of the Te Rau Aroha Museum of the Price of Citizenship                                                                       |                                                                                                                                                                                                                                              |                                                                                                                                 |                                                                                                                                                                   |                                                                                                                                                                                                                |  |

Wednesday 14 October: The future; looking ahead to the next 5 years

**0730-0815** Parakuihi i roto i te reo Māori : Jimmy Cook's Kiwi Kitchen

*Dr Hinemoa Elder, Whaea Moe Milne,  
Kaumatua Ron Baker, Ms Tui Taurua*

**Session 8A: Treaty Rooms 1 and 2 (Live Streamed)**

*Chair:*

**0830-1030**

**0830** Mental health and addictions in primary care, where psychiatrists might contribute? *Dr Maria Baker*

**0915** Psychiatry and primary mental health *Dr David Codyre*

**1000** Combined Q & A

**1030-1100** *Morning Tea and Exhibition: Waitaha Events Centre*

**Session 9: Treaty Rooms 1 and 2 (Live Streamed)**

*Chair:*

**1100-1230**

**1100** NZ Conference Announcement Update | 2027 and 2028

**1105** Debate - All international billionaires should have a compulsory psychiatric assessment

**1205** Presentations: *The Dawn Short Prize for Distinction & The University of Otago and Auckland Medical Schools Program Prize*

**1210** Closing remarks on the conference Whaea Moe Milne, invited kaumātua, followed by karakia

**1230** *Light/takeaway lunch : Waitaha Events Centre*