

Sunday 7 September								
1300-1700		Pre Conference Workshop: Personality disorders in psychiatric practice: A psychodynamic approach					Conference Room 1, Dunedin Centre	
1800-1930		Psychiatry Interest Forum (PIF) Pre-Conference Network Event (Invite Only)					Venue to be confirmed	
1830-2000		Registrar Pre-Conference Networking Function (Invite Only)					Woof!, 368 Moray Place, Dunedin	
Monday 8 September								
0720		Registration desk open					Glenroy Auditorium Link	
		Session 1: Glenroy Auditorium (Live Streamed)						
		Conference Opening and Keynote Addresses						
0820-1030		Chairs: Dr Charlie Mentzel, Dr Felix Lamarche						
	0820	Powhiri Welcome Addresses					Powhiri Welcome from Tu Te Akaaka Roa NZNCC Dr Hiran Thabrew, RANZCP President Dr Astha Tomar and Convenors	
	0900	Exploring the inner child in psychotherapy					Dr Rory Hutchinson	
	0935	What actually makes us happy?: Lessons from an 86-year longitudinal study of wellbeing					Prof Robert Waldinger (remote)	
	1010	Combined Q & A						
1030-1100		Morning tea and exhibition: Town Hall						
		Session 2: Glenroy Auditorium (Live Streamed)						
1100-1230		Chairs: Dr David Chinn, Dr Darrian Moodley						
	1100	The problem of psychiatric autonomy: between clinical necessity and philosophical ambiguity					Dr Traill Dowie	
	1135	Being brat and being demure: what Tu Te Akaaka Roa does for you					RANZCP Tu Te Akaaka Roa NZNCC Dr Hiran Thabrew	
	1210	Q & A						
1230-1330		Lunch and exhibition: Town Hall						
		Session 3A: Glenroy Auditorium (Live Streamed)		Session 3B: Conference Room I (on-Demand Only)		Session 3C: Conference Room II		
		Chairs: Prof Caroline Bell, A/Prof Ben Beaglehole		Chairs: Dr Evan Mason, Dr Hannah Gunning		Chair: A/Prof Geoffrey Smith		
1330-1500	1330-1500	Mental health and wellbeing outcomes after the March 15, 2019 Mosque attacks in Christchurch, New Zealand Prof Caroline Bell, A/Prof Ben Beaglehole, Dr Shaystah Dean, Dr Ruqayya Sulaiman-Hill	1330-1355	Lonely death in New Zealand: Analysis of coronial data Dr Benjamin Stegmann	1330-1355	The conceptual relationships between decision-making capacity, will and preferences Prof Neil Pickering	1330-1400	Preparing house officers for emergencies in a psychiatric setting with simulation-based learning Dr Matthew Tennant
			1355-1420	MDMA-assisted therapy in palliative care: promise and problems A/Prof David Menkes	1355-1420	Shouting into the abyss: New Zealand's Mental Health Bill and two experts' experience in legislative advocacy Dr Oliver Hansbv	1400-1420	Holding hope: The role of whakapapa, identity, and connection in suicide prevention Ms Phyllis Tangitu
			1420-1445	Early implementation of assisted dying in Aotearoa New Zealand: Perspectives from providers and healthcare professionals A/Prof Gary Cheung	1420-1445	Creating a screening tool for abuse of older adults A/Prof Yoram Barak	1420-1435	A scoping review of co-writing notes in mental health services Ms Hannah Wilson
			1445-1500	Combined Q & A	1445-1500	Combined Q & A	1440-1500	Anomalous perceptual experience during endurance sport: A systematic review Dr Elizabeth Davidson
1500-1530		Afternoon tea and exhibition: Town Hall						
		Session 4A: Glenroy Auditorium (Live Streamed)		Session 4B: Conference Room I (on-Demand Only)		Session 4C: Conference Room II		
		Chairs: Dr Charlie Mentzel, Dr Elizabeth Davidson		Chairs: Dr David Bettany, Dr Feliz Lamarche		Chair: Dr Sue Nightingale		
			1530-1555	Nocebo hypothesis cognitive behavioral therapy for functional neurological symptom disorder (motor type): A pilot randomized controlled trial Dr Matt Richardson	1530-1615	Ethics in action: the 2025 Code of Ethics and exploring opportunities in practice Prof Richard Harvey , Dr Izaak Lim	1530-1600	Speaker to be confirmed

RANZCP 2025 NZ Conference | Scientific Program (subject to change without notice)

1530-1700	1530-1700	Tangled up in Blue: a psychiatrist's insights with lived experience I – Mood Dr James Le Bas Lived Experience Panel Discussion Dr Snita Ahir-Knight, Mr Korrey Cook, Mr Grant Cooper, Ms Gemma Griffin, Ms Emma Hunter	1555-1620	Description and initial evaluation of a pilot parent program for the treatment of functional somatic symptoms in children and adolescents Dr Will Taft	1615-1635	Unconscious bias and institutional racism in mental health: Naming, confronting, transforming Ms Phyllis Tangitu, Kuia Moe Milne	1600-1630	Green prescription: An underutilised resource to aid mental health recovery in Aotearoa New Zealand Dr Kobus Du Plooy
			1620-1645	Sustaining and scaling digital innovation in mental health: Case study of Headstrong in New Zealand A/Prof Karolina Stasiak	1635-1655	Upholding mana: The integral role of Kaumātua within RANZCP Aotearoa Kuia Moe Milne	1630-1700	The development of an autism assessment service for older adults in Melbourne, Australia Dr Jessica Dumble
			1645-1700	Combined Q & A	1655-1700	Combined Q & A: Ms Phyllis Tangitu, Kuia Moe Milne		
1700-1715		Poster Presentation Prize Judging Informal Poster Q & A Session						
1700-1830		Welcome reception: Town Hall						

Tuesday 9 September									
Session 5: Glenroy Auditorium (Live Streamed)									
0900-1030		Chairs: Dr Niall Govan, A/Prof David Menkes							
	0900	Reaching the "unreachable": overcoming challenges to accessing psychiatric care for First Nations people						Ms Kate Fulford	
	0935	Recognition in practice: guiding psychiatric ethics						Dr Traill Dowie	
	1010	Combined Q & A							
1030-1100		Morning tea and exhibition: Town Hall							
Session 6: Glenroy Auditorium (Live Streamed)									
1100-1230		Chairs: Prof Caroline Bell, Dr Alex Howie							
	1100	Deepening our understanding of recovery through narrative						Dr Rory Hutchinson	
	1135	Improving population mental health Hei Whakaora Hinengaro: Harnessing the powerful voice of RANZCP members						Prof Michael Baker	
	1210	Combined Q & A							
1230-1330		Lunch and exhibition: Town Hall							
1235-1325		Trainees Networking Forum - Conference Room 1							
Session 7A: Glenroy Auditorium (Live Streamed)			Session 7B: Conference Room I (On-Demand Only)			Session 7C: Conference Room II		Session 7D: Glenroy Extended Foyer Scholarly Project and Student Presentations	
		Chairs: Dr Charlie Mentzel, Dr Priya Shahi			Chairs: Dr David Chinn, Dr Izzy MacDonald		Chair: Dr Tanya Wright		Chair: Dr Matthew Tennant
1330-1500	1330-1500	How to apply ethical principles to practical decision making in the new Mental Health Act Dr Charlie Mentzel, Prof Neil Pickering, Prof John McMillan, Dr Traill Dowie	1330-1430	Deprescribing of antidepressants Ms Marleen Van Oeveren, Dr Megan Bryan, Dr Valerie Tan	1330-1355	Children of parents with mental health and addiction challenges: Philosophical and lived experience considerations Dr Snita Ahir-Knight	1330-1350	Effects of face coverings on people and interactions in mental health settings: A scoping review Dr Felix Lamarche	
					1355-1420	He ara toiara: The history of Māori development in mental health - from exclusion to leadership Mr Jason Haitana	1350-1410	Personal geographies: Exploring the impact of spaces and places on mental wellbeing in rangatahi with experiences of early psychosis Mx Josie Verhaaren	
					1420-1445	Are we meeting the needs of tāngata whaiora and their whānau? A national system view Dr Alison Schneller, Dr Margaret Aimer	1410-1430	Treatment-refractory anxiety disorders and ketamine: Altered neural response to facial expressions Ms Aliesha Kemp	
			1430-1500	Management of relapsing catatonia after lorazepam discontinuation: Systematic review A/Prof Yoram Barak	1445-1500	Combined Q & A	1430-1450	Electroencephalography-based cortical correlates of social media addiction Mr Thomas Bolus	
1500-1530		Afternoon tea and exhibition: Town Hall							
Session 8A: Glenroy Auditorium (Live Streamed)			Session 8B: Conference Room I (On-Demand Only)			Session 8C: Conference Room II		Session 8D: Glenroy Extended Foyer Scholarly Project and Medical Student Presentations	
		Chairs: Dr Megan Bryan, Dr Hannah Gunning			Chairs: Dr Snita Ahir-Knight, Dr Ben Stegmann		Chair: Dr Natalie Ilan		Chair: A/Prof Gary Cheung
1530-1700	1530-1640	From tripping to sipping: Recent, current, and future ketamine research undertaken in Christchurch and Dunedin A/Prof Ben Beaglehole, Dr Jenni Manuel, Prof Paul Glue	1530-1700	Tangled up in blue: a psychiatrist's insights with lived experience II – Psychosis Dr James Le Bas	1530-1555	Polypharmacy in the treatment of people with borderline personality disorder in New Zealand Dr Matthew Tennant	1530-1550	Quality assessment of ADHD clinical practice guidelines using Appraisal of Guidelines for Research and Evaluation II (AGREE II) instrument Dr Smita Verma	
		1555-1620			Challenges and complications encountered in the management of borderline personality disorder Dr Beatrice Swan	1550-1610	Beyond data collection: Therapeutic dimensions of culturally-grounded focus groups in Aotearoa New Zealand Dr Stefan Heinz		
	1640-1700	Feasibility of group and individual ketamine-assisted therapy for treatment-resistant depression in New Zealand Dr Nicholas Hoeh			1620-1645	Not the right kind of trauma? Setting the record straight on offence-associated posttraumatic stress disorder in insanity acquittees Dr Oliver Hansby	1610-1630	How evidence-based is "hashtag ADHD test" (#adhdtest): A cross-sectional content analysis of TikTok videos on attention-deficit/hyperactivity disorder (ADHD) screening Dr Smita Verma	
					1645-1700	Combined Q & A	1630-1650	Navigating the journey to help-seeking in Aotearoa's OCD community Ms Mia Cochrane	
1845-2230		RANZCP 2025 NZ Conference dinner - Otago Museum, 419 Great King Street, Dunedin North PIF Conference dinner							

Wednesday 10 September							
Session 9: Glenroy Auditorium (Live Streamed)							
0900-1030		Chair: A/Prof Ben Beaglehole					
	0900	Illicit drug use and ADHD: the need to adjust our hardline approach					Ms Kate Fulford
	0945	A journey from neurophysiology to the neuropsychiatric bedside					Prof John Reynolds
1030-1100		Morning Tea and Exhibition: Town Hall					
Session 10: Glenroy Auditorium (Live Streamed)							
1100-1230		Chairs: Dr Charlie Mentzel, Dr Oliver Hansby					
	1100	RANZCP 2026 NZ Conference Announcement					
	1105	Debate: A psychiatrist's fundamental role is to sign the prescriptions For: Dr John Berks, Dr Georgia Ramsden, Dr Grant Galpin Against: Dr Megan Bryan, Prof Richard Harvey, Dr Elizabeth Davidson					
	1205	Presentations: The Dawn Short Prize for Distinction & The University of Otago and Auckland Medical Schools Program Prize					
	1210	Official Conference Close					
1215-1230		Light/takeaway lunch : Town Hall					