

## Further Resources from InsideOUT Kōaro

[InsideOUT Kōaro](#) - free resources, project info, schools support, campaigns (like [Out on the Shelves](#) & [Schools' Pride Week](#)), volunteer opportunities, training and consultancy

[More Than Four](#) - video resource on rainbow identities in Aotearoa

[Primary and Intermediate Student Voices](#) - a series of videos from InsideOUT of rainbow primary and intermediate students discussing their experiences at school

[0800OUTLINE](#) – free phone line and online chat service where all counsellors are from the rainbow community, also provides some face to face counselling

[Takatāpui.nz](#) - resource hub for takatāpui and whānau

[Gender Minorities Aotearoa](#) - resources for trans and gender diverse people, friends and whānau

[Supporting LGBTQIA+ Students](#) - <http://www.inclusive.tki.org.nz/guides/lgbtiqa>

[Supporting Aotearoa's rainbow people: A practical guide for mental health professionals](#) - guide for mental health professionals supporting rainbow people (good for school guidance counsellors)

[Relationships and sexuality education](#) - MoE's guidelines from years 1 through to 13 (2020)

[Pink Shirt Day](#) - has more information about Pink Shirt Day and other anti-bullying resources & toolkits

[Manalagi repository](#) - an open-access archive that centers Pacific LGBTQIA+ MVPFAFF communities in Aotearoa and the Pacific diaspora.

[Principles of Gender-Inclusive Puberty and Health Education](#) - while from the US, this resource has useful considerations

[Conversion Practices: Guidance for those working with rangatahi and their whānau](#) - downloadable from the Human Rights Commission's website, provides important Aotearoa-specific context and practical guidance

## Research and Reports

[Promoting Wellbeing Through Sexuality Education](#) - ERO September 2018 Report

[Ko tātou tēnei](#) - 2020 report from CORE Education about takatāpui and rainbow Māori rangatahi

[Identify survey: Community and advocacy report \(2022\)](#) - focusses on the places where many young people spend their time, including, being rainbow in.

[Counting Ourselves: The health and wellbeing of trans and non-binary people in Aotearoa New Zealand](#)

### ***Youth 19 Survey factsheets:***

[Youth19 Young People Attracted to Same/Multiple Genders Fact Sheet](#)

[Youth19 Trans and Gender Diverse Young People Fact Sheet](#)

[Youth19 Rainbow Rangatahi Māori Fact Sheet](#)

[Youth19 Rainbow Pasifika Student Fact Sheet](#)

## For Parents and Caregivers

[Be There](#) - Resources for whānau and supporters of rainbow rangatahi

[Growing up Takatāpui: Whānau Journeys](#)

**Parents of Transgender Children NZ** - A website for people and organisations who support transgender, gender diverse and questioning children in New Zealand, their parents and caregivers. They also have a facebook group you can access from their website:

<https://www.transgenderchildren.nz/>

### **Help! Is My Child Transgender?**

[genderminorities.com/2017/04/01/help-is-my-child-transgender/](https://genderminorities.com/2017/04/01/help-is-my-child-transgender/)

A resource from Gender Minorities Aotearoa

[Stormclouds and Rainbows](#) - a resource from the Rainbow Support Collective for caregivers of trans children