

MOVE TO REGULATE WORKSHOP

PARTICIPANT ACKNOWLEDGEMENT, ASSUMPTION OF RISK, RELEASE AND INDEMNITY

Session date: Saturday, 14 November 2026, 9.00 a.m. to 12.00 p.m.

I, as the registering adult and caregiver, and the child identified in the registration (together, the “Participants”), intend to participate in **Move to Regulate: Movement Strategies for Children and Caregivers** (the “Programme”), organised by Prudential Assurance Company Singapore (Pte) Limited (“Prudential”). The Programme is a complimentary community programme comprising movement and exercise-based stations at a semi-indoor futsal court, followed by a talk segment. I agree and undertake as follows:

- 1. Authority and consent.** I confirm that I am the child’s parent or legal guardian, or that I have been duly authorised by the child’s parent or legal guardian to register the child and consent to the child’s participation in the Programme. I consent to the child’s participation and agree to these terms for myself and, to the extent permitted by law, on behalf of the child.
- 2. Accurate information and relevant needs.** I confirm that all information provided during registration is complete and accurate. I will inform Prudential before the Programme of any relevant medical condition, allergy, mobility need, sensory need, communication need, behavioural support need or other circumstance that may reasonably affect safe participation or require reasonable support. I understand that disclosure does not guarantee that every requested adjustment can be provided.
- 3. Suitability and medical advice** I am responsible for assessing whether the Participants are suitable to take part. Where there is any doubt, I will seek advice from an appropriately qualified healthcare professional before participating. The Programme is educational and recreational and is not medical treatment, therapy, diagnosis or professional healthcare advice.
- 4. Caregiver supervision.** I will remain present and will actively supervise and support the child throughout the Programme, unless Prudential expressly confirms otherwise in writing. I will ensure that the Participants follow all safety instructions, venue rules and directions given by Prudential, the facilitators and venue personnel. Prudential may pause or end a Participant’s involvement where reasonably necessary for safety or the orderly conduct of the Programme.
- 5. Acknowledgement and assumption of inherent risks.** I understand that movement and exercise activities, use of equipment, interaction with other participants, and use of a semi-indoor futsal court involve inherent risks, including slips, trips, falls, collisions, overexertion, aggravation of an existing condition, property damage and other physical injury. Weather and court conditions may also affect the activities. I voluntarily accept these inherent risks, while recognising that nothing in this form excludes or restricts liability that cannot lawfully be excluded or restricted.
- 6. Emergency assistance.** If Prudential reasonably considers that urgent assistance is required and I cannot be contacted or cannot act promptly, I authorise Prudential or its appointed representatives to contact emergency services and provide reasonably available registration information to those services. I remain responsible for medical, transport or other costs incurred for the Participants, except to the extent such costs arise from Prudential’s liability that cannot lawfully be excluded or restricted.
- 7. Release and limitation of liability** To the fullest extent permitted by law, I release the Released Parties from claims arising solely from the inherent risks of voluntary participation or from my or the child’s acts or omissions. Nothing in this form excludes or restricts liability for death or personal injury resulting from negligence, fraud, wilful misconduct, or any other liability that cannot lawfully be excluded or restricted. Prudential is not responsible for loss of or damage to personal belongings except to the extent caused by Prudential’s negligence or wilful misconduct.
- 8. Indemnity.** I will indemnify the Released Parties against third-party claims, losses, liabilities and reasonable legal costs to the extent directly caused by (a) my breach of the terms and conditions in this form or the Programme’s safety instructions; or (b) my negligent, reckless or wilful act or omission. This indemnity does not apply to the extent that a claim or loss is caused by the negligence, fraud or wilful misconduct of a Released Party, and does not extend to any liability that cannot lawfully be excluded or restricted.
- 9. Released Parties.** “Released Parties” means Prudential and its related corporations, and their respective directors, officers, employees, volunteers, facilitators, contractors, agents, venue providers and event partners involved in the Programme.

10. Changes, postponement and cancellation. Prudential may reasonably change the Programme format, activities, facilitators, timing or venue, or postpone or cancel the Programme, including for safety, operational, weather or circumstances beyond Prudential's reasonable control. Prudential will use reasonable efforts to notify registered participants of material changes.

11. Personal data. I confirm that I have read, understood and given my consent to our personal data collected through registration and during the Programme to be handled in accordance with Prudential's applicable privacy notice, which is available at <https://www.prudential.com.sg/en/privacy-notice/>.

Any consent for photographs, video recordings or publicity use should be obtained through a separate, optional selection and is not a condition of participation unless clearly stated otherwise.

I may contact Prudential Every Body Club at everybodyclub@prudential.com.sg on how I may access and correct my personal data or withdraw consent to the collection, use or disclosure of my personal data.

12. General. This form constitutes the entire acknowledgement relating to participation in the Programme. If any provision is held invalid or unenforceable, the remaining provisions continue in effect. No failure or delay in exercising a right operates as a waiver. This form is governed by Singapore law, and the Singapore courts have jurisdiction, subject to any applicable mandatory law.