



Lower and Upper Canada
Anesthesia Symposium

LUCAS

LOWER & UPPER CANADA ANESTHESIA SYMPOSIUM PROGRAM

February 21 & 22, 2026
HOTEL BONAVENTURE
MONTREAL, QUEBEC
www.lowerupperanesthesia.ca



McGill
UNIVERSITY



uOttawa



Queen's
UNIVERSITY



NOSM
UNIVERSITY

WELCOME TO LUCAS 2026!

On behalf of McGill, Queen's, the University of Ottawa, and NOSM University Departments of Anesthesia, we are pleased to invite you to attend the **10th annual Lower & Upper Canada Anesthesia Symposium (LUCAS)**; 32nd Ottawa Winter Anesthesia Symposium and 66th McGill Anesthesia Update.

LUCAS will be held from **February 21 & 22, 2026 at The Hotel Bonaventure in Montreal, Quebec**. We have combined the Ottawa Winter Anesthesia Symposium and the McGill Anesthesia Update into an event that will grow the relationships between our four institutions and continue to deliver an outstanding educational and collaborative experience.

This year, due to the success of our 2025 Hybrid Symposium, we will once again host the program hybrid, allowing attendees to **join us in-person or virtually!**

We look forward to welcoming you to Montreal in February!



CANCELLATION POLICY: REFUNDS LESS \$75 ADMINISTRATIVE CHARGE WILL BE ISSUED IN WRITING BY JANUARY 25, 2026. NO REFUNDS WILL BE ISSUED FOR CANCELLATIONS RECEIVED AFTER THAT DATE. ALL REFUNDS WILL BE PROCESSED AFTER THE EVENT.

www.lowerupperanesthesia.ca

REGISTRATION INFORMATION

February 20th - Pre-Conference Session

- Regional Anesthesia Full-Day Workshop - \$700 + HST
Registration can be made during your conference registration.

PUB NIGHT - \$35 + HST per ticket

Join us for the 2nd Annual Resident Games! A perfect time to catch up or network with colleagues!

February 21st & 22nd IN-PERSON Registration Rates

Early Bird Deadline: January 25th, 2026

| All fees are CAD (13% HST applicable) | Early Bird Rate January 25, 2026 | Regular Rate | On-Site Rate |
|---------------------------------------|-------------------------------------|--------------|--------------|
| Physician | \$799 | \$1049 | \$1099 |
| Other Healthcare Professional | \$399 | \$499 | \$549 |
| Resident | \$399 | \$499 | \$549 |
| Student | \$349 | \$449 | \$499 |

February 21st & 22nd VIRTUAL Registration Rates

Early Bird Deadline: January 25th, 2026

| All fees are CAD (13% HST applicable) | Early Bird Rate January 25, 2026 | Regular Rate |
|---|-------------------------------------|--------------|
| Physician | \$549 | \$749 |
| Other Healthcare Professional, Resident & Student | \$299 | \$399 |



GUESTROOM BLOCK INFORMATION

The Lower and Upper Canada Anesthesia Symposium will be hosted at The Hotel Bonaventure Montreal. A block of rooms has been set aside with rates starting at \$239/night (plus applicable taxes).

Rooms must be booked over the phone to ensure that you receive the quoted rate. Please call the hotel and reference LUCAS 2026.

Saturday February 21st

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|----------------------|----|---|
| 07:00 - 07:50 | | Registration and Networking Breakfast |
| 07:50 - 08:00 | | Welcome and Introductory Remarks |
| 08:00 - 08:20 | | Management of Uterotonics for Cesarean Delivery - Dr. Mrinalini Balki |
| 08:20 - 08:40 | | The Surprise Accreta - Dr. Dina Aboutouk |
| 08:40 - 09:05 | | Neuraxial Anesthesia for Cesarean Delivery: Complications, Mental Models and Rescue Strategies - Dr. Anton Chau |
| 09:05 - 09:25 | | Q&A |
| 09:25 - 09:50 | | AM Refreshment Break #1 and Networking |
| 09:50 - 10:20 | | Breakout Session - Round 1 |
| | W1 | OB Ask the Experts - Dr. Mrinalini Balki, Dr. Anton Chau & Dr. Dina Aboutouk |
| | W2 | From Clerks to Colleagues: Adapting your teaching across the learner spectrum - Dr. Jesse Guscott |
| | W3 | Sixteen Sunsets - Dr. Kevin Fong |
| | W4 | Novel Regional Techniques in Acute Pain - Dr. Tracy Cupido |
| | W5 | Target Controlled Infusion Basics - Dr. Philippe Picard |
| 10:20 - 10:25 | | Transition to Next Session |
| 10:25 - 10:55 | | Breakout Session - Round 2 |
| | W1 | OB Ask the Experts - Dr. Mrinalini Balki, Dr. Anton Chau & Dr. Dina Aboutouk |
| | W2 | From Clerks to Colleagues: Adapting your teaching across the learner spectrum - Dr. Jesse Guscott |
| | W3 | Sixteen Sunsets- Dr. Kevin Fong |
| | W4 | Novel Regional Techniques in Acute Pain - Dr. Tracy Cupido |
| | W5 | Target Controlled Infusion Basics - Dr. Philippe Picard |
| 10:55 - 11:20 | | AM Refreshment Break #2 and Networking |
| 11:20 - 12:05 | | Ask the Experts: Regional Panel - Dr Julian Aliste, Dr. Tracy Cupido, Dr. Patrick Wong, Dr. Murray Yazer |
| 12:05 - 12:25 | | Q&A |
| 12:25 - 13:25 | | Lunch and Networking |
| 12:25 - 13:25 | | FPA Lunch and Networking |
| 12:25 - 13:25 | | AA Lunch and Networking |
| 13:25 - 14:15 | | Earl Wynands Lecture - We're Wrong About Risk - Dr. Kevin Fong |
| 14:15 - 14:35 | | Earl Wynands Lecture Q&A |
| 14:35 - 14:55 | | PM Refreshment Break and Networking |
| 14:55 - 16:25 | | Resident Grand Rounds Competition |
| 16:30 - 18:00 | | Welcome Reception |
| 18:30 - 22:00 | | LUCAS Conference Lecture and Banquet Dinner (seperate ticketed event) Practicing with Intention - Dr. Sarah McIsaac |

Sunday February 22nd

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|----------------------|---|
| 07:00 - 07:50 | Registration and Networking Breakfast |
| 07:50 - 08:00 | Welcome and Introductory Remarks |
| 08:00 - 08:20 | Management of Self in Crisis - Dr. Jesse Guscott |
| 08:20 - 09:00 | AI is coming for Perioperative Care - Will you Lead or Be Replaced? - Dr. Chandi Chandrasena & Dr. Arnaud Mbadjeu |
| 09:00 - 09:20 | Q&A |
| 09:20 - 09:50 | AM Refreshment Break #1 and Hotel Checkout |
| 09:50 - 10:40 | New and Future Practice-Changing Anesthesia Medications - Dr. David Juurlink |
| 10:40 - 11:00 | Q&A |
| 11:00 - 11:20 | AM Refreshment Break #2 and Networking |
| 11:20 - 12:25 | Team Based Anesthesia Care |
| 11:20 - 11:35 | The Ottawa Experience - Dr. Ken Duncan |
| 11:35 - 11:50 | Perspectives from the CAS President - Dr. Giuseppe Fuda |
| 11:50 - 12:05 | Perspectives from the CMPA - Dr. Lucie Filteau |
| 12:05 - 12:30 | Q&A with Panel |
| 12:30 - 13:25 | Transfusion Medicine |
| 12:30 - 12:50 | Basic Transfusion Principles - Dr. Kimmo Murto |
| 12:50 - 13:10 | Point of Care Coagulation - Dr. Matthew Cameron |
| 13:10 - 13:25 | Q&A |
| 13:25 - 13:35 | Closing Remarks |

Program is subject to change