



EXPLORING ARTS-BASED INTERVENTIONS FOR YOUTH SUBSTANCE USE PREVENTION: A SCOPING REVIEW

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INTRODUCTION

Prince Albert, Saskatchewan has one of the highest HIV rates in Canada; Injecting Drug Use is the main risk for HIV transmission in this region.

Youth's alcohol consumption and binge drinking in this region is 11% and 20% higher than the national average

Clients on Opiate Substitution therapy in this region report exposure to alcohol and marijuana at six and seven years respectively.

To mitigate risks for substance use among youth, their active engagement is imperative.

Arts-based substance use prevention interventions can empower youth to active involvement in addressing this challenge.

A scoping review of literature can unearth relevant interventions that can be adapted in diverse settings.

67% of individuals newly diagnosed with HIV report injecting drugs

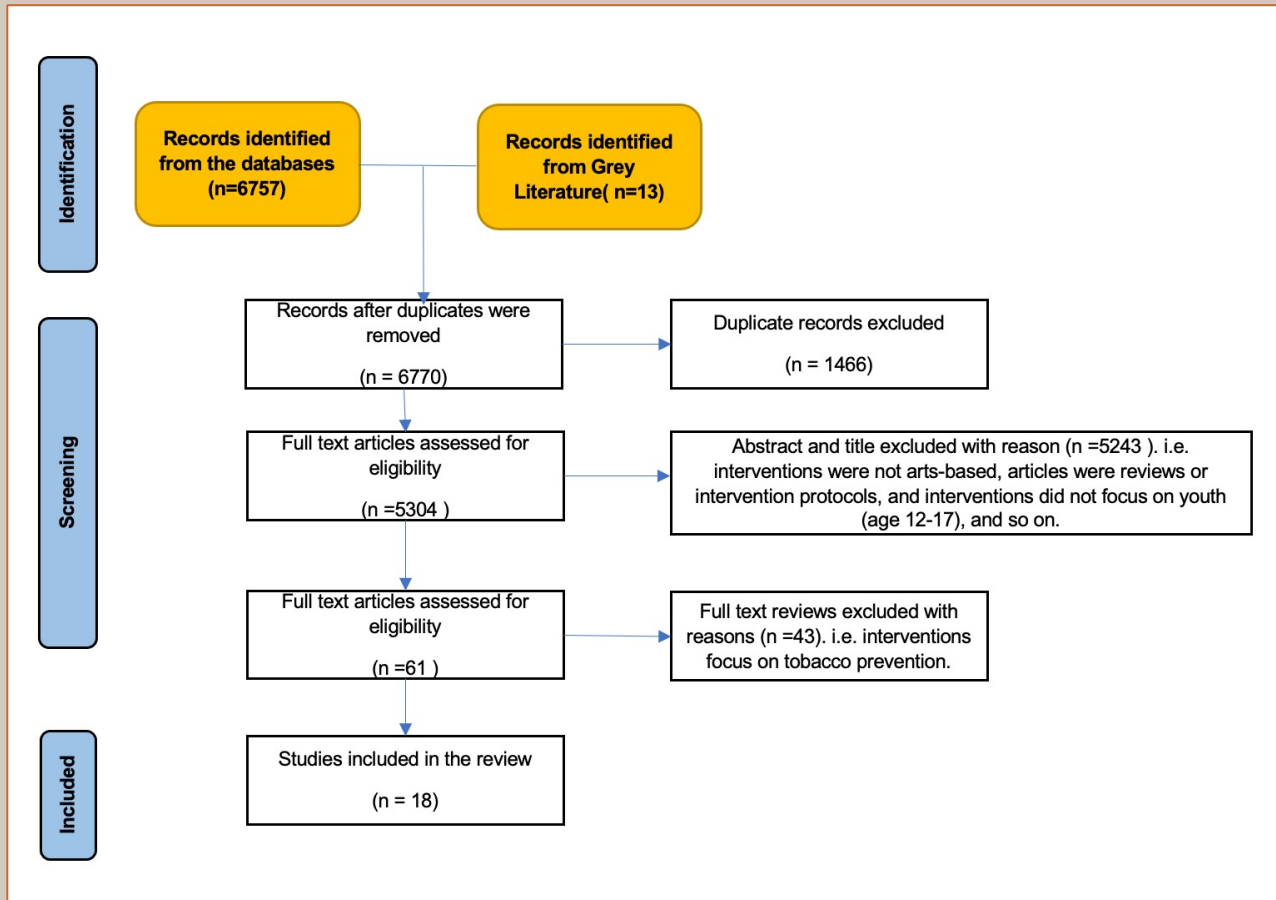
METHODOLOGY

Research Questions

What is known about arts-based interventions for preventing substance use among youth?

What are the characteristics and outcomes of substance use prevention interventions for youth?

What makes arts-based interventions effective in preventing substance use among youth?



PRISMA Chart

RESULTS

18 articles:
9 videos, 6 theatre/acting,
1 videogame,
1 photovoice project

Theme 1: Intent of intervention

- These interventions provided knowledge, and sought to change attitudes, and substance practices.
- They also equipped the youth with life skill training skills such as Interpersonal skills, decision making, self-control, and communication

Theme 2: Intervention mode

- The Interventions utilized visual modes such as videos, skits, & role playing with youth as active players.
- Stories of lived experiences were also employed

Theme 3: The interventions success was based on ...

- Aesthetic, actively engagement and agency
- Relevancy, reliability and ability to reinforce cultural identity.
- Appeal to emotions

DISCUSSION & IMPLICATIONS FOR PRACTICE

Programs focused on gaining knowledge, shifting attitudes, and changing behaviors

Key knowledge is learning how to make decisions and confidently respond in peer social situations

Educational strategies must be engaging, relatable, culturally guided, and include common substances in-use locally

Interactive strategies effectively hold attention

Encouraging youth to create and tell their stories enhances identity and can build a social platform in which they can positively influence their communities

Other relevant risks must be incorporated including mental health and illness

Youth involvement fosters ownership and efficacy.