Assessing Canadian HIV clinicians' awareness of the Canadian HIV Pregnancy Planning Guidelines: Identifying the need for broader dissemination to ensure guideline implementation

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Introduction & Research Objectives

- In modern HIV care, reproductive planning is informed by:
 - Science
 - Informed Patient Preferences
- In 2018, a transdisciplinary team re-developed the <u>Canadian HIV</u> <u>Pregnancy Planning Guidelines (CHPPG)</u>, an evidence-based clinical guideline on HIV pregnancy planning (Loutfy et al., 2018; Loutfy et al., 2020)
- Our research objectives were:
 - 1. To explore Canadian HIV clinicians' awareness of the CHPPG;
 - 2. To explore Canadian HIV clinicians' implementation of the CHPPG;
 - To explore Canadian HIV clinicians' willingness to counsel on reproductive planning; and
 - To explore Canadian HIV clinicians' interest in professional development opportunities related to reproductive planning



Methods

- Ethics approval from Women's College Hospital (REB # 2019-0052-E)
- Adapted version of the Clinician Guideline Determinants
 Questionnaire (Gagliardi et al., 2019) was used to address
 the 4 research objectives
- REDCap surveys distributed via:
 - Association of Medical Microbiology and Infectious Disease Canada (AMMI)
 - Canadian HIV and Viral Hepatitis Pharmacists Network (CHAP)
 - Canadian Association of Nurses' in AIDS Care (CANAC)
 - Novel listserv of 'other' HIV clinicians (primarily family physicians)

Results

Survey initiated by 75 clinicians

- 27 pharmacists (36%)
- 25 GPs (33.3%)
- 9 ID Specialists (12%)
- 8 RNs/NPs (11%)
- 6 'Other' (8%)

Objective 1: Awareness

- 45 participants (60%) aware of the CHPPG
 - 21/45(46.7%) hadn't read the CHPPG
- Varied by professional:
 - RN/NP most likely to be aware (6/7, 85.7%)
 - Pharmacists (17/27, 63.0%)
 - Physicians (20/34, 58.8%)

Objective 2: Implementation

 Of those who were aware & had read (n=24) the CHPPG, 20/24 (83.3%) had implemented them in their practice

Objective 3: Willingness to Counsel

- 35/67 who completed the survey (52.5%)
 had provided pregnancy planning
 counselling in the prior 12 months
 - 18/35 (51.4%) were aware of the CHPPG
- 29/32 (90.6%) who had *not* provided pregnancy planning counselling in the prior 12 months were willing to

Objective 4: Educational Interest

 56/67 (83.6%) were somewhat/very interested in learning more about reproductive planning and HIV

Discussion & Implications

- Canadian HIV clinicians have limited awareness and implementation of the CHPPG
- However, willingness to offer HIV pregnancy planning counselling and interest in learning more on this topic were high
- More attention needs to be given to disseminating, implementing, and evaluating the uptake of relevant clinical guidelines within HIV care in order to improve the ease of access to information for clinicians and quality of comprehensive HIV care

References

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