



University  
of Manitoba

# HIV prevention by inducing immune quiescence using low-dose aspirin: potential involvement of the lipoxygenase pathway?

---

Monika M Kowatsch<sup>1</sup>, Tanja Winter<sup>2</sup>, Julius Oyugi<sup>1,3</sup>, Joshua Kimani<sup>1,3,4</sup>, Harold M Aukema<sup>2</sup>, Julie Lajoie<sup>1,3</sup>, Keith R Fowke<sup>1,3,4</sup>

<sup>1</sup>University of Manitoba; <sup>2</sup>St. Boniface Hospital Research; <sup>3</sup>University of Nairobi; <sup>4</sup>Partners for Health and Development in Africa

Email contact: Monika M Kowatsch [umkowats@myumanitoba.ca](mailto:umkowats@myumanitoba.ca)

“Conflict of Interest Disclosure: I have no conflicts of interest”

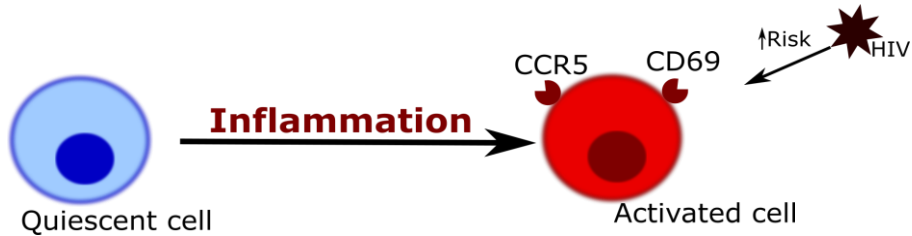
# Introduction/Background

## HIV prevention

- Globally 1.5 million new HIV infections occurred in 2020
  - New prevention strategies are needed
- Inflammation recruits HIV target cells to the genital tract (Lajoie, Mwangi, & Fowke, 2017)

**Increased** inflammation = **increased** risk for HIV acquisition

- STIs: Cause localized genital inflammation
- Microbicides: CAPRISA-004 (1% tenofovir gel) (Abdool et al 2010)
  - Increased inflammation resulted in increased risk of HIV acquisition



**Decreased** inflammation = **decreased** risk for HIV acquisition

- HESN (HIV-exposed seronegative) from Majengo cohort
  - Remain HIV uninfected despite intense exposure to HIV
  - Associated with a resting immune state (Immune Quiescence) (Lajoie, Mwangi, & Fowke, 2017)

## Aspirin (ASA)

- Non-steroidal anti-inflammatory drug
- Used daily (81mg) for treatment of autoimmune diseases
- Safe, affordable, globally accessible, community accepted

## Aspirin and HIV target cells

- Pilot study conducted by our lab found: (Lajoie et al., 2018)
  - Decrease in **expression** of CCR5 on CD4+ T cells in the **blood**
  - 35% decrease in **proportion** CCR5CD4+ T cells at the **genital track**

## Cyclooxygenase (COX) and Aspirin

- Aspirin inhibits COX enzyme function preventing pro- and anti-inflammatory prostaglandin and pro-inflammatory thromboxane synthesis (Gabbs et al 2015)

## Lipoxygenase (LOX) and Aspirin

- Lipoxygenases (LOX) responsible for the synthesis of oxylipins from polysaturated fatty acids
  - 5-LOX: present in mature **leukocytes** (granulocytes, monocytes, mast cells, B-cells, DC) (Zappavigna et al 2020)
  - 12-LOX: present in epithelial and myeloid cells (esp. **platelets**) (Mashima et al 2015)
  - 15-LOX: present in epithelial cells and **leukocytes** (Mashima et al 2015)
- LOX Effects on Inflammation
  - **Both Pro- and Anti-inflammatory effects**
  - LOX expression increased following inflammation (IL-4 or IL-13) (Kühn et al 2006)
- Very little known about ASAs interaction with lipoxygenase pathway
- Observational studies in preeclampsia and aspirin sensitive respiratory diseases
  - **No effect of ASA on select lipoxygenase metabolites** (Gray et al 2002, Walsh 2021)

# Participants (N=38)

Participants from Pumwani and Baba Dogo communities

## General Characteristics

Age (mean [SD])	32 [8.0]
Douching (n(%))	21 (55.3)

## Contraception

No Hormonal Contraception (n(%))	12 (31.6)
Depot/DMPA (n(%))	21 (55.3)
Oral HC (n(%))	2 (5.2)
Other (n(%))	2 (5.2)
No information given (n(%))	1 (2.6)

## Regular Partner

Yes (n(%))	30 (78.9)
No (n(%))	4 (10.5)
Not Disclosed (n(%))	4 (10.5)

Times sexual intercourse with regular partner in last 7 days (mean [SD]) 1.19 [1.1]

Used condom with regular partner in the last 7 days (n(%)) 5 (13.2)

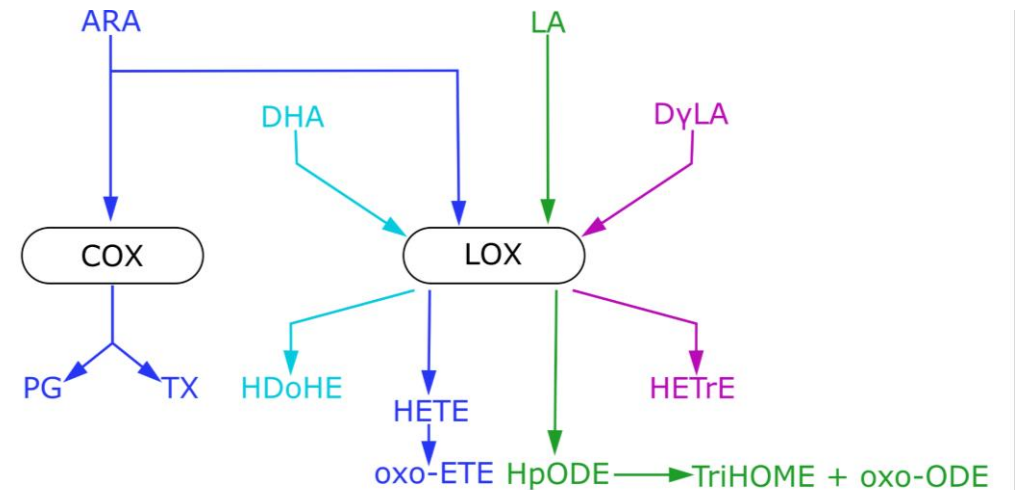
# Methods

- Plasma samples from pre-ASA (visit 1) and last day of 6-weeks ASA (visit 3) were stabilized using an antioxidant cocktail and spiked with an internal standard
- Oxylipin analytes were selected using Strata-X SPE column and quantified using liquid chromatography tandem mass spectroscopy

# Gaps in Knowledge/Hypothesis

## Gaps in Knowledge

- Mechanism of ASA induced immune quiescence remains unknown
- Oxylipins are known to modulate the immune system
- Effect of daily low-dose ASA on inflammatory oxylipins from non-COX pathways in otherwise healthy adult women is understudied



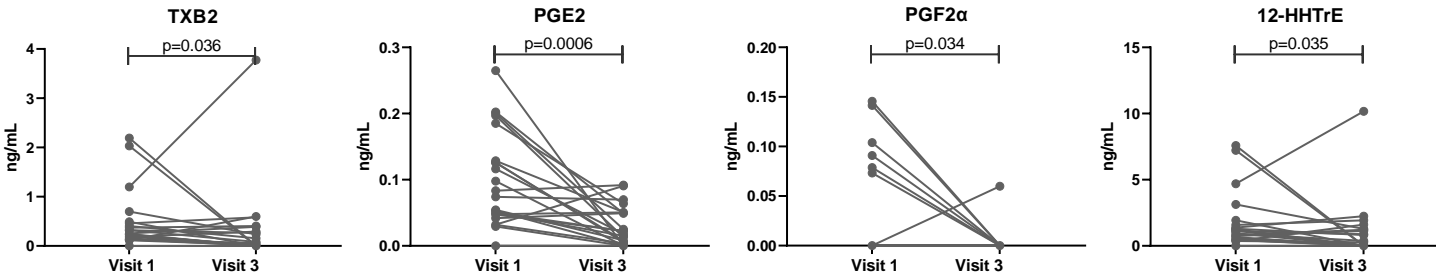
Summary of oxylipin pathways assessed using LCMS. COX; cyclooxygenase, LOX; lipoxygenase, ARA; arachidonic acid, DHA; docosahexaenoic acid, LA; linoleic acid, DyLA; dihomoy-linoleic acid, PG; prostaglandin, TX; thromboxane, HDoHE; hydroxydocosahexaenoic acid, oxo-EETE; oxo-eicosatetraenoic acid, HETE; Hydroxyeicosatetraenoic acid, HpODE; hydroperoxyoctadeca-dienoic acid, TriHOME; trihydroxy-octadecenoic acid, oxo-ODE: oxo-octadecadienoic acid, HETrE; Hydroxyheptadecatrienoic acid.

**Goal:** To assess if ASA use reduces mediators of inflammatory pathways such as the lipoxygenase pathway.

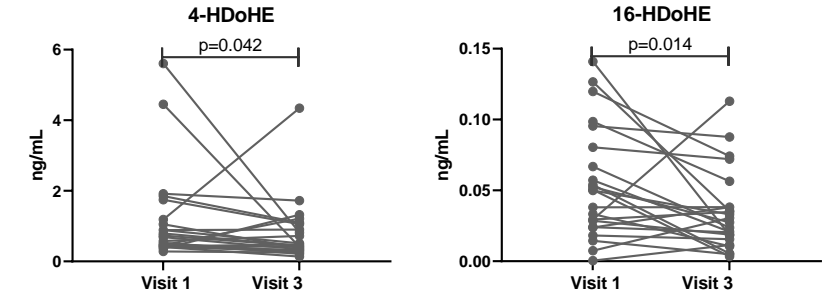
**Hypothesis:** daily low dose ASA will result in the reduction in oxylipin mediators of inflammation

# Results: The Cyclooxygenase and Lipoxygenase pathways

Aspirin downregulated COX metabolites from the arachidonic acid pathway

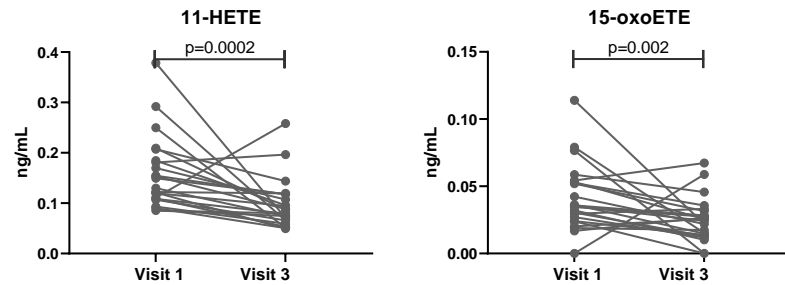
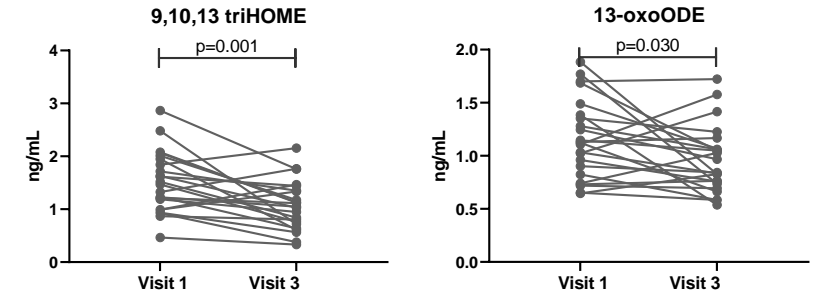
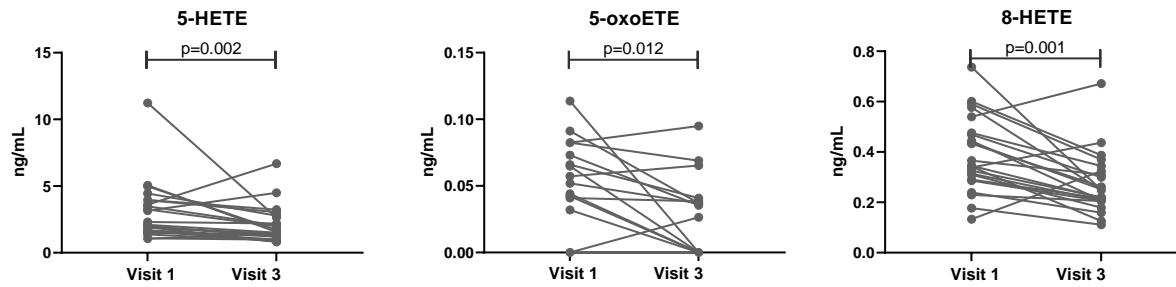


Aspirin downregulated LOX metabolites from the docosahexaenoic acid pathway

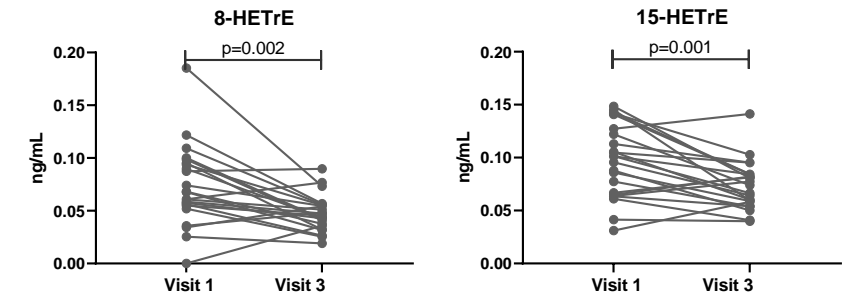


Aspirin downregulated LOX metabolites from the arachidonic acid pathway

Aspirin downregulated LOX metabolites from the linoleic acid pathway

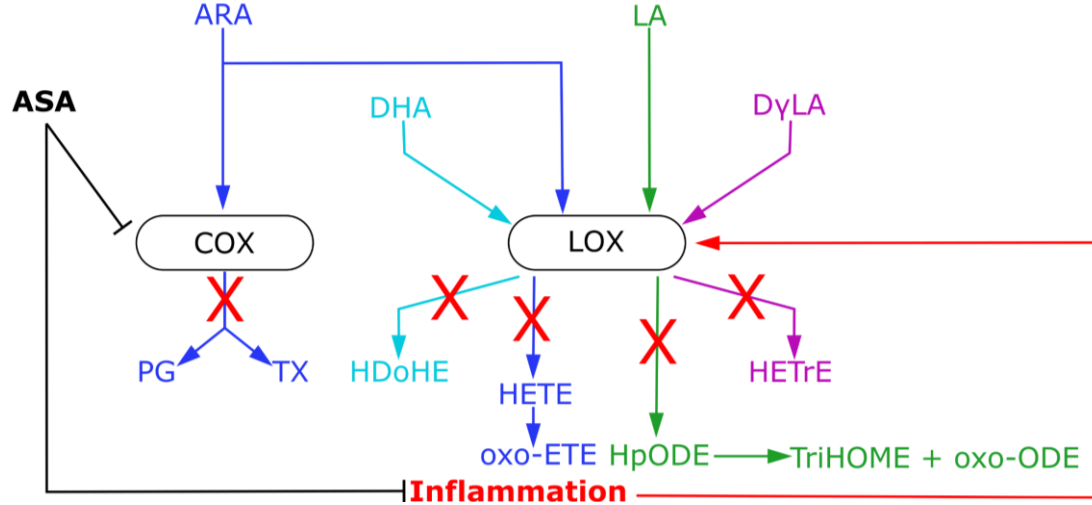


Aspirin downregulated LOX metabolites from the dihomo- $\gamma$ -linoleic acid pathway



Visit 1 is before drug, visit 3 is last day of drug. Wilcoxon signed-rank paired test was run on all samples due to normality,  $p < 0.05$  were considered significant.

# Summary of Findings



Summary of findings from mechanism of aspirin's effect on oxylipin production, red X denotes reduced production following 6-weeks daily ASA. COX; cyclooxygenase, LOX; lipoxygenase, ARA; arachidonic acid, DHA; docosahexaenoic acid, LA; linoleic acid, DyLA; dihomo- $\gamma$ -linoleic acid, PG; prostaglandin, TX; thromboxane, HDoHE; hydroxydocosahexaenoic acid, oxo-EETE; oxo-eicosatetraenoic acid, HETE; Hydroxyeicosatetraenoic acid, HpODE; hydroperoxyoctadeca-dienoic acid, TriHOME; trihydroxy-octadecenoic acid, oxo-ODE: oxo-octadecadienoic acid, HETrE; Hydroxyheptadecatrienoic acid.

# Thank you!

- Fowke lab members
- Baba Dogo and Pumwani Staff
- Dr. Yoav Keynan
- UNITID Lab Staff
- **Participants**
- Funding Sources



# Significance/Conclusion

- Following 6 weeks of ASA treatment, metabolites from both the lipoxygenase and cyclooxygenase pathways were down regulated.
- ASA is known to directly inhibit cyclooxygenase function however this is not the case with lipoxygenase.
- Inflammation has been found to increase lipoxygenase expression.
- Additional studies on the effect of 6-weeks ASA on the immune system in this cohort found ASA reduced systemic inflammation.
- Therefore, We speculate that ASA-associated reduction in inflammation, decreased lipoxygenase expression resulting in decreased lipoxygenase metabolites.

# References

- Abdool Karim, Q., Abdool Karim, S. S., Frohlich, J. A., Grobler, A. C., Baxter, C., Mansoor, L. E., Kharsany, A. B. M., Sibeko, S., Misana, K. P., Omar, Z., Gengiah, T. N., Maarschalk, S., Arulappan, N., Mlotshwa, M., Morris, L., Taylor, D., & CAPRISA 004 Trial Group. (2010). Effectiveness and safety of tenofovir gel, an antiretroviral microbicide, for the prevention of HIV infection in women. *Science (New York, N.Y.)*, 329(5996), 1168–1174. <https://doi.org/10.1126/science.1193748>
- Ackermann, J. A., Hofheinz, K., Zaiss, M. M., & Krönke, G. (2016). The double-edged role of 12/15-lipoxygenase during inflammation and immunity. *Biochimica et Biophysica Acta (BBA) - Molecular and Cell Biology of Lipids*, 1862(4), 371–381. <https://doi.org/10.1016/j.bbalip.2016.07.014>
- Gabbs, M., Leng, S., Devassy, J. G., Monirujjaman, M., Aukema, H. M., Melissa Gabbs, Leng, S., Devassy, J. G., Monirujjaman, M., & Aukema, H. M. (2015). Advances in our understanding of oxylipins derived from dietary PUFAs 1,2. *Advances in Nutrition*, 6(5), 513–540. <https://doi.org/10.3945/an.114.007732>
- Gray, P. A., Warner, T. D., Vojnovic, I., Del Soldato, P., Parikh, A., Scadding, G. K., & Mitchell, J. A. (2002). Effects of non-steroidal anti-inflammatory drugs on cyclo-oxygenase and lipoxygenase activity in whole blood from aspirin-sensitive asthmatics vs healthy donors. *British Journal of Pharmacology*, 137(7), 1031–1038. <https://doi.org/10.1038/sj.bjp.0704927>
- Kühn, H., & O'Donnell, V. B. (2006). Inflammation and immune regulation by 12/15-lipoxygenases. *Progress in Lipid Research*, 45(4), 334–356. <https://doi.org/10.1016/j.plipres.2006.02.003>
- Lajoie, J., Birse, K., Mwangi, L., Chen, Y., Cheruiyot, J., Akolo, M., Mungai, J., Boily-Larouche, G., Romas, L., Mutch, S., Kimani, M., Oyugi, J., Ho, E. A., Burgener, A., Kimani, J., & Fowke, K. R. (2018). Using safe, affordable and accessible non-steroidal anti-inflammatory drugs to reduce the number of HIV target cells in the blood and at the female genital tract. *Journal of the International AIDS Society*, 21(7), e25150. <https://doi.org/10.1002/jia2.225150>
- Lajoie, J., Mwangi, L., & Fowke, K. R. (2017). Preventing HIV infection without targeting the virus: how reducing HIV target cells at the genital tract is a new approach to HIV prevention. *AIDS Research and Therapy*, 14(1), 46. <https://doi.org/10.1186/s12981-017-0166-7>
- Mashima, R., & Okuyama, T. (2015). The role of lipoxygenases in pathophysiology; new insights and future perspectives. *Redox Biology*, 6, 297–310. <https://doi.org/10.1016/j.redox.2015.08.006>
- Sandoval, M. A. R. (2017). Extraction of Phorbol Esters (PEs) from Pinon cake using computationally-designed polymers as adsorbents for Solid Phase Extraction. *ResearchGate*, January, 1–50.
- Walsh, S. W., Strauss, J. F., & Ill. (2021). The Road to Low-Dose Aspirin Therapy for the Prevention of Preeclampsia Began with the Placenta. *International Journal of Molecular Sciences*, 22(13). <https://doi.org/10.3390/ijms22136985>
- Zappavigna, S., Cossu, A. M., Grimaldi, A., Bocchetti, M., Ferraro, G. A., Nicoletti, G. F., Filosa, R., & Caraglia, M. (2020). Anti-Inflammatory Drugs as Anticancer Agents. *International Journal of Molecular Sciences*, 21(7). <https://doi.org/10.3390/ijms21072605>