A NEW HIV-SPECIFIC HEALTH-RELATED QUALITY OF LIFE INDEX TO MEASURE OUTCOMES AND PROPENSITY TO ADOPT INTERVENTIONS

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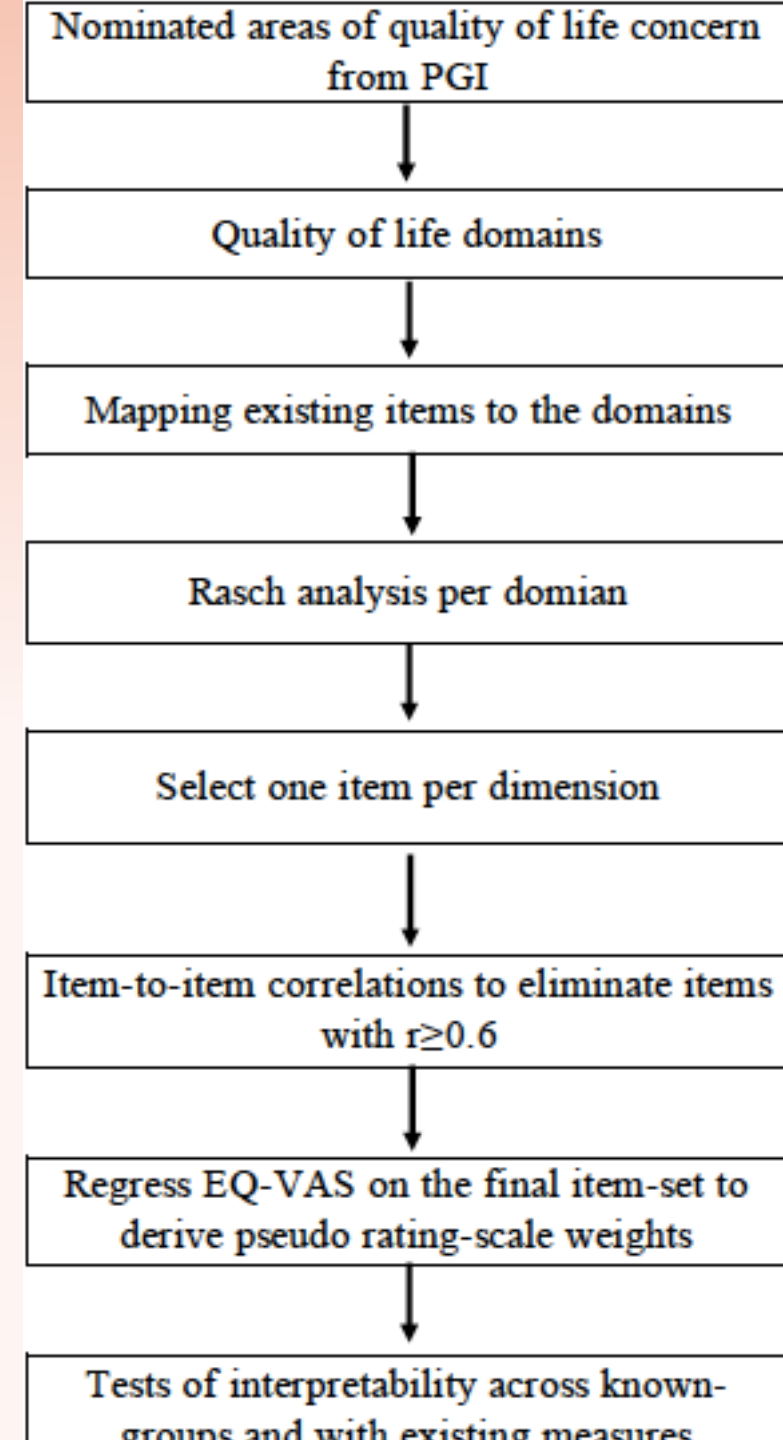
WHAT'S THE ISSUE AND SO WHAT?

- Current generic or disease-specific health-related quality of life (HRQL) measures are mostly profile type

- These consists of multiple domains each with multiple items leading to multiple scores

- Increases respondent burden, limited clinical uptake, and multiple scores complicates research application

- Need to create an index score requires a weighting system for the domains

- Increasingly HRQL measures that produce one value across multiple dimensions are being developed

- Patients' preferences are used to weight the dimensions so that one value is produced

- **Aim** of this project was to develop a short, HIV-specific, HRQL measure with a scoring system based on patient preferences for the different dimensions, the Preference Based HIV Index (PB-HIV)

HOW DID WE APPROACH?

- Data from 854 people with HIV from the Canadian Positive Brain Health Now on standard format and individualized measures was analyzed

- Patient-Generated Index identified the important areas of life that are affected by HIV

- Items from the standard format measures were mapped to these areas and formed the domains

- Rasch analysis was used to identify the best performing item to represent each dimension

- Each dimension was then regressed on self-rated health (scored 0 to 100) and the regression parameters were used as weights

- To customize the dimensions, cognitive debriefing and simultaneous translation in English and French was conducted with patients and healthcare professional

Nominated areas of quality of life concern from PGI

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Quality of life domains

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Mapping existing items to the domains

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Rasch analysis per domian

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Select one item per dimension

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Item-to-item correlations to eliminate items with r≥0.6

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Regress EQ-VAS on the final item-set to derive pseudo rating-scale weights

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Tests of interpretability across known-groups and with existing measures

WHAT DID WE FIND?

- Preference-based HIV Index: seven independent dimensions with three declarative statements

- These dimensions are **pain, fatigue, memory/concentration, sleep, body image, depression, motivation**

- Item-to-item correlations ranged from 0.16 to 0.55

- Scoring range from 0 (worst health) to 100 (perfect health)

WHERE DO WE GO FROM HERE?

- PB-HIV Index is the first HIV specific preference-based measure

- Estimate preference weights using Best-Worst Methodology (work in progress)