



"Enhancing Care Continuum: Integrating Patient-Centered, Family-Focused, and Community-Oriented Approaches in the Ortho-Geriatrics Fracture Liaison Service at the Philippine General Hospital"

**Authors: Peter Julian A. Francisco, MD; Anna Guia O. Limpoco, MD; Irewin Tabu, MD
University of the Philippines Manila and Philippine General Hospital**

The Ortho-Geriatrics Fracture Liaison Service (OGFLS) at the Philippine General Hospital, established in 2017, aims to ensure timely and comprehensive care for patients experiencing fractures. This service encompasses various interventions, including surgical procedures, rehabilitation, early mobilization, and discharge planning. ¹The primary goal is to provide holistic clinical management, specifically tailored to geriatric patients, to prevent subsequent fractures.²

A key aspect of OGFLS is its integration of a patient-centered, family-focused, and community-oriented (PFC) approach to care.³ By adopting this approach, the service facilitates a seamless transition for patients from hospital-based care to community-based care settings. This not only ensures continuity of care but also enhances the overall well-being and quality of life for the patients.

Furthermore, the utilization of the PFC matrix enables physicians to gain insight into the dynamics of the patient's family and assess the necessary resources required for continued care within the community. By understanding these dynamics and resources, healthcare providers can better tailor their treatment plans and support systems to meet the individual needs of each patient.

Overall, the Ortho-Geriatrics Fracture Liaison Service serves as a comprehensive framework for addressing the unique needs of geriatric patients with fractures, emphasizing both clinical excellence and a patient-centered approach to care.

References:

1. Reyes, P. V. S., Tabu, I. A., Sandoval, M. A. S., Mangubat, A. A. S., & Bing-Agsaoay, D. D. C. (2021). Does Adopting a Multidisciplinary Approach in the Management of Acute Hip Fractures in Orthopedic Geriatric Patients Lead to Better Outcomes? A Preliminary Report of the University of the Philippines - Philippine General Hospital (UP-PGH) Orthogeriat. *Acta Medica Philippina*, 55(3).
<https://doi.org/10.47895/amp.v55i3.1759>
2. Sabharwal S, Wilson H. Orthogeriatrics in the management of frail older patients with a fragility fracture. *Osteoporosis International*. 2015; 26(10)
3. Leopando, Z. E., Nicodemus, L. A., Limpoco, A. G. O., & Concha, M. E. A. (2019). The Patient-centered, Family-focused and Communityoriented (PFC) Matrix: A toolkit for biopsychosocial approach in primary care. *The Filipino Family Physician*, 26-32.