



PARTNERS IN PREVENTION 2021
HEALTH & SAFETY FALL VIRTUAL CONFERENCE

SOUTHERN ONTARIO

Embracing Change

Emerging Stronger

**PRELIMINARY
GUIDE**

October 20, 2021
8:00 am - 1:00 pm EST



PARTNERS IN PREVENTION 2021

HEALTH & SAFETY FALL VIRTUAL CONFERENCE

Embracing Change, Emerging Stronger

Ontario businesses have had to adapt quickly to the increasing demands and challenges over the past year and a half. Although change can be disruptive and uncomfortable to manage, it can also uncover opportunity for growth and success. Today, workplaces are embracing change more than ever, reimagining the way we work, using existing skills in new innovative ways and transitioning to new ways of thinking about health and safety – all this to ensure people are protected and businesses remain productive.

Partners in Prevention Health & Safety Fall Virtual Conference is an opportunity for OHS leaders to learn and share experiences, hardships and successes with their peers and community members. What best practice approaches help to address the demands of a changing workplace? What strategies help to promote a healthy and safe workplace culture, enhance brand impact and the bottom-line? All this and more will be explored and discussed.

Workplace Safety & Prevention Services (WSPS) would like to thank the Regional planning committees and volunteers for their support and contributions in helping to make the Partners in Prevention 2021 Health & Safety Fall Virtual Conference for Southern Ontario a success!

- [Eastern Committee](#)
- [Golden Horseshoe Committee](#)
- [Southwestern Committee](#)



PARTNERS IN PREVENTION 2021

HEALTH & SAFETY FALL VIRTUAL CONFERENCE

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THANK YOU TO OUR SPONSORS!

Looking to enhance your brand impact?

For Sponsorship Opportunities, please contact:

Terri Boorne, Events Coordinator, Events, Programming & Delivery
Workplace Safety & Prevention Services

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PARTNERS IN PREVENTION 2021

HEALTH & SAFETY FALL VIRTUAL CONFERENCE

OPENING KEYNOTE

9:00 – 10:00 am EST



Paul Krismer

*The Serious Business of Positive Emotions:
Easy & Proven Tools to Achieve Personal and
Professional Success*

Paul Krismer teaches the practical application of positive emotions to achieve corporate and personal excellence. Paul is a noted public speaker and trainer. His authentic and passionate commitment to his subject matter shines through his work. Playful and captivating storytelling complements his intelligent and accessible presentation of the science of success. His teaching is powerful, authoritative, and convincing. He is exceptionally practical, providing tools that audiences and entire workforces can immediately use. Helping people to reach greater happiness and success is his trademark promise. Paul is a Certified Executive Coach and a best-selling author of *Whole Person Happiness: How to Be Well in Body, Mind & Spirit*. As a teacher of cutting edge positive psychology, he is truly a “Happiness Expert”. Paul is a proud member of the International Positive Psychology Association and the Canadian Association of Professional Speakers.

CLOSING KEYNOTE

11:45 am – 12:45 pm EST



Carla Rieger

*The Artistry of Change:
The Top 3 Habits of Highly Resilient People*

Carla Rieger is an expert at helping people increase resilience, communication and innovative thinking skills, so they can thrive despite challenging situations. She is the Director of *The Artistry of Change Training & Consulting Inc.*, based out of Vancouver. She has written 6 books, hundreds of articles and over 80 online learning programs. In addition, she has 24 years as an organizational change expert and 10 years of experience in the performing arts, specifically comedy. Over the last 28 years she has spoken to over 1500 groups on 4 different continents. As a frequent speaker, trainer, facilitator, coach and consultant, Carla helps people negotiate successfully through the “groan zone” of change.



Virtual Conference Agenda

Virtual Venue Opens 8:00 am EST

Welcome Remarks 8:45 am EST

Opening Keynote Speaker 9:00 am EST



Paul Krismer

Keynote Speaker, Trainer, Coach and Best-Selling Author

The Serious Business of Positive Emotions: Easy & Proven Tools to Achieve Personal and Professional Success

Get a blast of personal and corporate well-being in this inspirational introduction to the science of positive psychology.

Learn about the research results that prove happiness leads to greater success. Come away with simple, applicable skills that will fuel your personal happiness and create positive contagion amongst the people you influence. The field of positive psychology research has massively expanded our understanding of human potential. Most of this discovery has happened in the last 15 years. We now know that happiness is not a lucky outcome resulting from a fortunate upbringing. Rather, happiness generally results from skills we can all learn. If your company knows “what to do”, but too often falls short, you will discover new insights about how to powerfully engage employees and change corporate culture.

Highlights:

- Scientifically connecting happiness with success
- Neurophysiology: how the brain can be re-wired
- Overcoming negativity bias
- Gratitude and appreciative inquiry
- Necessity of healthy social relationships in their personal life

Networking Break
10:00 – 10:15 am EST



Live Concurrent Sessions: 10:15 – 11:30 am EST

(Choose 1 of 4)

Happy Hour Begins at 9 am!

Sylvia Marusyk

Founder, MindBody Works

This presentation centers around creating a healthy life by focusing on happiness at work (Canadians report that work is their # 1 stressor!). We will deal with the influence of technology, competing demands from work and home (work-life conflict) and relationships at work. You can transform your workplace into a happy, healthy and productive place to be!

Attend this session and discover:

- The deadly sins committed in workplaces that can squash happiness, the health of employees AND the bottom line
- The connection between the deadly sins and your health
- Strategies for reversing the effects of these sins at work
- Strategies for creating greater personal happiness

Breaking Down the Barriers to Build a Psychologically Safe Work Environment



Dr. Dayna Lee-Baggley

Ph.D., Registered Psychologist; Chief of Research, Howatt HR; Assistant Professor Dalhousie University; Adjunct Professor Saint Mary's University

Fostering psychological safety in the workplace involves both preventing mental harms and promoting mental health. Employers today have the difficult task of recognizing and assessing psychological harms such as incidents of workplace violence and harassment, which can run the spectrum from incivility to micro-aggressions to harassment to physical violence. They also have the responsibility to protect the psychological safety of employees and create a safe space for employees to bring forward incidents when they occur.

How do leaders identify incivility and micro-aggressions before they escalate? What strategies can leaders implement to create a psychologically safe culture and remove the fear of reprisal? What approaches can be put into practice that can help employers to better support their employees during difficult times?

This session will aim to:

- deal with the science and the reality of reporting incidents of workplace violence and harassment
- review concrete tools that employers can use to foster a psychologically safe workplace

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Live Concurrent Sessions: 10:15 – 11:30 am EST (Choose 1 of 4)

HVAC Considerations to Mitigate Airborne Virus Transmission

Mike Broere

CIH, Corporate Safety Specialist Human Resources & Corporate Safety Division
City of Thunder Bay

Indoor air quality is an important consideration for employers and employees alike, especially as it relates to mitigating airborne virus transmission within the workplace. In response to the COVID-19 pandemic, the City of Thunder Bay made changes to the operation of their existing HVAC systems to mitigate the risk of COVID transmission in office spaces.

As part of the changes, the City reviewed potential approaches to reduce the risk of virus transmission through changes in ventilation rates, filtration, and relative humidity as well as the addition of ultraviolet disinfection. The changes ultimately implemented by the City are expected to help reduce the spread of airborne illnesses and promote good indoor air quality.

This session will review:

- the options considered by the City of Thunder Bay
- discuss the actual changes implemented

First Things First: Taking a JHSC to the Other Side of the Curve

Jennifer MacFarlane

Senior Account Manager
Workplace Safety & Prevention Services (WSPS)

Jeremy Shorthouse

National Senior Manager, Health and Safety Logistics, Wal-Mart Canada

Workplaces today are different from what they were two years ago, yet an effective Joint Health and Safety Committee (JHSC) remains a key element of a well-functioning internal responsibility system (IRS). The JHSC contributes to workplace health and safety due to their involvement with health and safety issues and by assessing the effectiveness of the IRS.

JHSCs assist in providing greater protection against workplace injury and illness and deaths. They have proven to be highly effective in establishing and enforcing strong health and safety culture in the workplace. Legislative compliance should be addressed before the JHSC tackles culture change. In order to achieve its goal, the JHSC holds regular meetings, conducts workplace inspections, and makes written recommendations to the employer for the improvement of the health and safety of workers.

Discover how the JHSC can maximize their role as an advisory body to:

- help stimulate and raise awareness of health and safety issues in the workplace
- recognize and identify workplace risks
- develop recommendations for the employer to address these risks

Learn 10 ways to maximize the effectiveness of your JHSC and put “First Things First”.

Networking Break
11:30 am - 11:45 am EST



Closing Keynote Speaker

11:45 am - 12:45 pm EST

Carla Rieger

Communication and Presentation Skills Expert

The Artistry of Change: The Top 3 Habits of Highly Resilient People

When most people face unexpected change, they tend to get reactive, problem-focused and defeated. It's hard to rebuild a sense of team safety in those states of mind. After 14 years of research, we have identified the top 3 habits of people who stay productive, solutions-oriented and agile in the face of unexpected change. We call these people "Artists of Change". These skills don't actually need to be learned, most of us just need regular habits to access this innate inner wisdom. These habits of mind require little or no time or money, and simply train your brain to stay in a high a performance state, no matter what.

During this entertaining, interactive and practical presentation you will discover how to:

- Scientifically connecting happiness with success
- Neurophysiology: how the brain can be re-wired
- Overcoming negativity bias
- Gratitude and appreciative inquiry
- Necessity of healthy social relationships and in their personal life.

The Artistry of Change is an innovative system that blends diverse fields such as educational kinesiology, western and eastern psychology, change management theory, creative process models, and neuroscience. These fields are merging in exciting ways to produce the indispensable Artists of Change, who can bring an organization to the next level of effectiveness and excellence.

***Experience the power of creating a culture of innovation and resilience -
a celebration of your work and those you serve.***

REGISTRATION INFORMATION

Register online

Register by phone **1 877 494 9777**

**Registration is required.*



Registration Type	Rate	
Early Bird	\$109 + HST	Deadline Date Up to and including September 24, 2021
Regular	\$149 + HST	After September 24, 2021
Student Rate	\$49 + HST	NOTE: Available to full time students with proof of student ID #

Please Note: Includes 2 keynotes + 4 live concurrent sessions + on-demand access post-conference.

Volume Discounts?	Yes
6-9	5%
10 - 15	10%
16 - 20	15%
21 + more	20%

NOTE: To be eligible for volume discounts, registrations must be made at the same time.

*Cannot be combined with any other discounts or promo codes.

PAYMENT METHODS

Visa®, MasterCard®, AMEX

PROGRAM SUBJECT TO CHANGE

WSPS reserves the right to make date changes with notice, speaker changes without notice and/or to cancel an event.

CANCELLATION POLICY

Cancellations received before September 24, 2021 are subject to a \$50 cancellation fee. No cancellations accepted after September 24, 2021; however, delegate substitutions accepted anytime. Cancellations and/or substitutions must be made through Customer Care.

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Questions/Inquiries, contact Customer Care at:

1 877 494 9777

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System sets us apart
and signifies our
commitment to quality

Workplace Safety & Prevention Services™ is the largest health and safety association in Ontario, responsible for more than 172,000 member firms across the agricultural, manufacturing and service sectors.

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