

# 19TH ANNUAL BC NURSE PRACTITIONER CONFERENCE

JUNE 13- 15, 2025

Delta Hotels Grand Okanagan Resort  
Kelowna, BC

 [nnpbc.com](http://nnpbc.com)

 [nnpbc-sponsorship@venuewest.com](mailto:nnpbc-sponsorship@venuewest.com)



## Morning Workshops

### Serious Illness Conversation Guide (SICG) Online + In-Person Workshop

**Speakers:** Vicki Kennedy, MN, Ava Ankerman, Jennifer Pagnotta, Nicole Ertl, Dr. Gillian Fyles

**Date & Time:** Friday, June 13, 10:00 – 12:00

**Ticket price:** \$125

Participant will have to complete a pre-requisite online module prior to participating in the 1.5 hour in-person SICG workshop.

### Basic Suturing & Punch Biopsy hands-on Workshop for Nurse Practitioners Workshop

**Speaker:** Zina Roitman, MN-NP(F)

**Date & Time:** Friday, June 13, 10:00 – 12:00

**Ticket price:** \$125

This Basic Suturing and Punch Biopsy workshop is designed to equip nurse practitioners (NPs) with essential skills in wound closure and punch biopsy techniques. Combining hands-on training with theoretical knowledge, this course will enhance NPs' confidence in performing these key procedures in clinical settings.

#### Course Highlights:

Throughout the course, participants will:

1. Understand wound healing principles and the role of accurate suturing and biopsy techniques in achieving optimal patient outcomes.
2. Master various suturing techniques, including simple interrupted, continuous, and mattress sutures, to effectively close lacerations and incisions.
3. Learn about different suture materials and how to choose the appropriate type based on the wound's characteristics and clinical needs.
3. Gain hands-on experience with punch biopsies, covering patient preparation, site selection, and safe specimen collection techniques.
4. Review wound assessment and post-procedure care strategies to minimize scarring, prevent infection, and promote optimal healing.

#### Learning Outcomes:

Upon completion of the course, participants will:


1. Be confident in performing both suturing and punch biopsy procedures.
2. Expand their clinical competencies in performing minor procedures.
3. Improve patient outcomes by ensuring safe, effective procedures and enhanced healing.

This course offers an invaluable opportunity for nurse practitioners to refine their procedural skills, enhance their clinical practice, and provide higher-quality patient care.

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## Basics of Antenatal Care for Nurse Practitioners in British Columbia

**Speakers:** Meghan MacKenzie, RM & Shawna Glassel, NP(F)

**Date & Time:** Friday, June 13, 10:00 – 12:00

**Ticket price:** \$125

### Workshop Objectives:

By the end of this session, participants will:

1. Understand the fundamentals of antenatal care in BC.
2. Recognize the scope of practice for NPs in pregnancy care.
3. Learn best practices for initial assessments, routine monitoring, and screening.
4. Identify common pregnancy complications and appropriate referral pathways.
5. Understand what resources are available and how they are accessed

## Afternoon Workshops

### Advanced Suturing and Excisional Biopsy Hands-On Workshop for Nurse Practitioners

**Speaker:** Zina Roitman MN-NP(F)

**Date & Time:** Friday, June 13, 13:30 – 15:30

**Ticket price:** \$125

The Advanced Suturing and Excisional Biopsy Workshop is designed for nurse practitioners (NPs) who are eager to enhance their skills in complex wound closure and excisional biopsy techniques. This hands-on workshop focuses on mastering advanced suturing methods and excisional biopsy procedures—essential for effectively managing deeper, more intricate lesions. The course will help boost NPs' confidence and enable them to integrate advanced procedural skills into their clinical practice.

### Course Highlights:

Throughout the course, participants will:

1. Master advanced suturing techniques, including layered closure, subcuticular suturing, and complex interrupted sutures, to address more complicated wounds with precision and expertise.
2. Learn advanced wound closure strategies, such as tension-free closure techniques, optimizing cosmetic outcomes, and promoting efficient healing in high-stakes or cosmetically sensitive areas. Participants will also learn when to seek surgical consultation for more complex cases.
3. Gain proficiency in excisional biopsy procedures, mastering the proper techniques for excising tissue samples from various body locations while ensuring accurate sample handling and preservation.

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## Learning Outcomes:

Upon completion of this course, participants will:

1. Be proficient in performing advanced suturing techniques and excisional biopsies with confidence.
2. Understand the complexities of managing challenging wounds and excisional biopsies to ensure the best patient outcomes.
3. Be equipped to enhance their clinical practice with advanced skills that ensure better wound healing, reduced complications, and improved cosmetic results.

This workshop offers an invaluable opportunity for nurse practitioners to advance their procedural expertise, confidently manage more complex dermatologic conditions, and deliver superior patient care.

## A Practical Approach to Shoulder Pain in the Injured Worker

**Sponsored by WorkSafeBC**

**Speaker:** Dr. Derek Plausinis

**Date & Time:** Friday, June 13, 13:30 – 15:30

**Ticket price:** \$125

### By the end of this workshop, the participant will:

1. Demonstrate and practice shoulder examination that can be completed during an average primary care visit.
2. Discuss the appropriate use of imaging.
3. Identify acute injuries that require emergent /urgent Orthopedic referral.
4. Review an algorithm for initial treatment

Come join a workshop where you can hone your approach to examination of the adult who presents with shoulder injury. This workshop will lead you through the common injury diagnoses and how to consider which pieces of physical examination will assist in clarifying the diagnosis and how to appropriately use imaging to increase the likelihood of your diagnosis explaining the patient presentation. We will also cover acute injuries requiring emergency/urgent referral.

## Reducing Unintended Pregnancy with LARC

**Speaker:** Dr. Desiree Reichhardt, D MN-NP(F)

**Date & Time:** Friday, June 13, 13:30 – 15:30

**Ticket price:** \$125

### Learning objectives:

1. Increase knowledge on safety and efficacy of long-acting reversible contraception (LARC).
2. Examine the current healthcare climate regarding unintended pregnancy and LARC use.
3. Review key counselling points on intrauterine and subdermal contraceptive options.

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4. Review insertion technique of intrauterine contraception (IUC) and subdermal implants, and potential complications.
5. Hands-on practice with IUC and subdermal implant insertion.

If you are interested in registering any of these workshops, please visit [NNPBC 2025 Registration website](#). Should you have questions regarding the workshops, please contact us by emailing [nnpbc-conference@venuewest.com](mailto:nnpbc-conference@venuewest.com).