

**WEDNESDAY 27 NOVEMBER 2019: DAY 1**

<b>7:45am - 8:45am</b>	<b>Mindfulness Session</b>				
<i>Room</i>	<i>Bayside Room 4A, Level 2</i>				
8:00am - 7:30pm	<b>Registration and Information Desk Open</b> Level 17 Lounge				
<b>8:00am - 5:00pm</b>	<b>Poster Viewing 1</b> <i>Room: Plenary Room, Level 17</i>				
<b>8:50am-10:30am</b>	<b>Conference Opening and Plenary</b>				
<i>Room</i>	<i>Plenary Room, Level 17</i>				
8:50am - 9:30am	<b>Official Conference Opening</b>				
8:50am - 8:55am	Welcome to Country				
8:55am - 9:05am	Conference Opening <b>Convenors: Kelly Allott &amp; Nicholas Van Dam</b>				
9:05am - 9:15am	Conference Opening Address <b>SMHR President: Frances Kay-Lambkin</b>				
9:15am - 10:45am	<b>Plenary Session 1</b>				
<i>Chair</i>	<i>Rachel Hill</i>				
9:15am - 10:00am	From Neurotoxicity to Vulnerability : A Developmental Perspective of the Effects of Stress on the Brain <b>Sonia Lupien</b>				
10:00am - 10:45am	"Its in the eye of beholder": Improving our understanding of Body Dysmorphic Disorder <b>Susan Rossell</b>				
<b>10:45am -11:15am</b>	<b>Morning Tea</b> <i>Room: Level 17 Lounge and Level 2 Foyer</i>				
11:15am - 12:45pm	<b>Concurrent Session 1A</b>	<b>Concurrent Session 1B</b>	<b>Concurrent Session 1C</b>	<b>Concurrent Session 1D</b>	<b>Concurrent Session 1E</b>
<i>Room</i>	<i>Plenary Room, Level 17</i>	<i>Bayside Room 5, Level 2</i>	<i>Bayside Room 6, Level 2</i>	<i>Bourke Room 1, Level 2</i>	<i>Bourke Room 2, Level 2</i>
<i>Theme</i>	<i>Suicide Prevention</i>	<i>Neuroimaging of Mood &amp; Anxiety</i>	<i>Physical &amp; Mental Health</i>	<i>Cognition &amp; Mental Health</i>	<i>Diversity in Digital Mental Health</i>
<i>Chair</i>	<i>Jane Pirkis</i>	<i>Christopher Davey</i>	<i>Michaela Pascoe &amp; Justine Wilkinson</i>	<i>Kelly Allott</i>	<i>Louise Thornton</i>
11:15 - 11:27am	Impact in suicide prevention through policy and media <b>Jane Pirkis, Gregory Armstrong, Mark Larsen, Nicola Chen, Kylie King &amp; Yael Perry</b>	Brain imaging models of mood and anxiety disorders: Advancing our understanding of psychopathology and response to treatment <b>Christopher Davey, Micah Cearns, Daniel Hermens, Mayuresh Korgaonkar &amp; Divyangana Rakesh</b>	Obstructive Sleep Apnoea in people with Schizophrenia: Improving current screening tools <b>Megan Kalucy</b>	Genetic and environmental influences on specific cognitive functions measured by CANTAB and associations with schizophrenia spectrum disorders: A nation-wide twin study <b>Cecilie Lemvigh</b>	Development, Delivery and Dissemination of remote and digital mental health treatment <b>Louise Thornton, Stoyan Stoyanov, David Kavanagh, Heidi Sturk &amp; Frances Kay-Lambkin</b>
11:27 - 11:39am			Physical activity interventions in youth mental health <b>Alexandra Parker</b>	Validation of cross-diagnostic cognitive subgroups on the schizophrenia-bipolar spectrum <b>James Karantonis</b>	
11:39 - 11:51am			Mood disorders and antidepressant use are associated with trabecular bone score in women <b>Kara Anderson</b>	Anti-oxidants, neurodegeneration and cognitive decline <b>Nicolas Cherbuin</b>	
11:51 - 12:03am			Research to practice: Implementation of community-based lifestyle interventions to promote adoption and maintenance of physical activity in adults with mental illness <b>Justin Chapman</b>	Eating a Western-style diet can rapidly impair memory function <b>Heather Francis</b>	
12:03 - 12:15am			Physical activity patterns of Australians with lived experience of mental illness <b>Robert Stanton</b>	Clinical, Neuropsychological and Functional Outcomes in Young Adulthood for Young People who have reported Psychotic Experiences <b>Eleanor Carey</b>	

12:15 - 12:27am	The BestPrAxIS study: Developing best practice guidelines for psychosocial assessment of Aboriginal and Torres Strait Islander people presenting to hospital with self-harm and suicidal thoughts <b>Bernard Leckning</b>	Aberrant structural covariance networks in youth at high familial risk for mood disorder <b>Stephen Wood</b>	Childhood depression and the developmental origins of cardiovascular disease risk <b>Lisa Olive</b>	Healthy Mind: Feasibility, acceptability and trial design for a first-of-kind e-mental health tool for adults with intellectual disability <b>Peter Baldwin</b>	Mental health services in the wild: online help-seeking in the Australian Defence Force <b>Helen Benassi</b>
12:27 - 12:39am	Developing safe ways to talk about suicide on social media: The #chatsafe project <b>Jo Robinson</b>	Effective connectivity alterations in young people with depression during the processing of emotional faces <b>Alec Jamieson</b>	Reducing Metabolic Syndrome in Australian patients: Metabolic Management During Antipsychotic Prescribing (MMAP) Program <b>David Castle</b>	Peripheral C4 levels are associated with poorer cognitive function in patients with established psychotic illness <b>Scott Richard Clark</b>	Aboriginal and Islander Mental Health Initiative for Youth (AIMhi-Y) App Development: Results and Process Evaluation of Formative Phases <b>Josie Povey &amp; Robert Mills</b>
12:45pm - 1:45pm	<b>Early to Mid Career Researcher Lunch</b> <i>Room: Bayside 4A, Level 2</i>				
12:45pm - 1:45pm	<b>Lunch</b> <i>Room: Level 17 Lounge and Level 2 Foyer</i>				
1:45pm - 3:15pm	<b>Plenary Session 2</b>				
Room	Level 17				
Chair	Roger Mulder				
1:45pm - 3:15pm	Models of Psychopathology Panel <b>Bruce Cuthbert, Patrick McGorry &amp; Melissa Green</b>				
3:15pm - 3:45pm	<b>Afternoon Tea</b> <i>Room: Level 17 Lounge and Level 2 Foyer</i>				
3:45pm - 5:00pm	<b>Concurrent Session 2A</b>	<b>Concurrent Session 2B</b>	<b>Concurrent Session 2C</b>	<b>Concurrent Session 2D</b>	<b>Concurrent Session 2E</b>
Room	Plenary Room, Level 17	Bayside Room 5, Level 2	Bayside Room 6, Level 2	Bourke Room 1, Level 2	Bourke Room 2, Level 2
Theme	Workforce Development	Mental Health in Primary Care	Digital Mental Health	Assessment and Modelling of Psychopathology	Anxiety & Depression
Chair	Louise Byrne	Victoria Palmer	Kelly Allott	Melissa Green	Nicholas Van Dam
3:45 - 3:57pm	Lived experience workforce development: factors for success, impacts and ongoing considerations <b>Louise Byrne, Ying Wang &amp; Helena Roennfeldt</b>	Informed, targeted and collaborative: mental health research and its potential to shape the primary care of the future <b>Victoria Palmer, Amy Coe, Kali Godbee &amp; Kylie McKenzie</b>	Engagement profiles of iTreAD participants, a randomised controlled trial to test the relative effectiveness of online treatment and social networking to improve binge-drinking and low mood in young Australians <b>Samineh Sanatkar</b>	Developmental schizotypy in the general population <b>Melissa Green</b>	Higher affective empathy is associated with higher internalising symptoms in ten-year-old children <b>Kate Bray</b>
3:57 - 4:09pm			Social Anxiety in Young People With First-Episode Psychosis: Pilot Study of the EMBRACE Moderated Online Social Intervention <b>Carla McEnery</b>	Rater bias and heritability of oppositional defiant disorder <b>Katrina Grasby</b>	Understanding anxiety and autism symptoms in adults on the spectrum – the crucial role of intolerance of uncertainty <b>Jane Hwang</b>
4:09 - 4:21pm			Investigating the wellbeing and help-seeking intentions of users of an AFL-themed app incorporating video game elements and psychoeducation (MindMax) <b>Vanessa Wan Sze Cheng</b>	Depressive psychopathology in first episode schizophrenia spectrum disorders: a systematic review, meta-analysis, and meta-regression <b>Sarah Herniman</b>	Self-other referential processing impairments in social anxiety disorder <b>Laura Finlayson-Short</b>
4:21 - 4:33pm			Evaluating a relationships-focused mobile phone application for teens' mental health: A Pilot Randomised Controlled Trial <b>Melinda Achilles</b>	Trajectories of mental health difficulties in young people who are attracted to the same gender; a systematic review <b>Dylan Gilbey</b>	The role of sleep disturbance in the treatment of depression in young people <b>Orli Schwartz</b>
4:33 - 4:45pm			"Tell us about your selfie": A qualitative study of social media, selfies and body image in teenagers <b>Gemma Sharp</b>	Confirming the psychometric properties of the PANSS-6 <b>Anthony Harris</b>	Neural circuits underlying Treatment-Resistant Depression <b>Ana Rita Barreiros</b>
4:45 - 4:57pm	The BEAM project: Evaluating a mental health training program for secondary school Year Advisors <b>Belinda Parker</b>	How individuals with complex health needs frame and seek help for mental versus physical health concerns <b>Jennifer Nicholas</b>	Effectiveness of the Therapist-assisted Online Parenting Strategies (TOPS) program for parents with an anxious or depressed adolescent: Preliminary results <b>Catherine Fulgoni</b>	A symptom-level approach to analysing the empirical structure of psychopathology <b>Miriam Forbes</b>	Antidepressant Side Effects and Their Association with Treatment Outcome in People with Major Depressive Disorder: Converging Evidence from the iSPOT-D and STAR*D Trials <b>Taylor Braund</b>
5:00pm - 5:30pm	<b>SMHR Annual General Meeting - Plenary Room, Level 17</b>				
5:30pm - 7:30pm	<b>Welcome Reception, Level 17 Lounge and Terrace</b>				

**THURSDAY 28 NOVEMBER 2019: DAY 2**

<b>7:45am - 8:45am</b>						<b>Mindfulness Session</b>					
<i>Room</i>						<i>Bayside Room 4A, Level 2</i>					
8:00am - 5:00pm						<b>Registration and Information Desk Open</b> Level 17 Lounge					
8:00am - 5:00pm						<b>Poster Viewing 2</b> <i>Room: Plenary Room, Level 17</i>					
9:00am - 10:30am						<b>Plenary Session 3</b>					
<i>Room</i>						<i>Plenary Room, Level 17</i>					
<i>Chair</i>						<i>Murat Yucel &amp; Frances Kay-Lambkin</i>					
9:00am - 9:45am						Changing conversations about the understanding, diagnosis, treatment, and prevention of mental illness <b>Bruce Cuthbert</b>					
9:45am - 10:30am						<b>SMHR Rotary Health Award, SMHR Founders Medal, Rising Star Award, Early Career Scholar Award and Centre for Mental Health Research Lived Experience Research Medal</b>					
10:30am - 11:00am						<b>Morning Tea</b> <i>Room: Level 17 Lounge and Level 2 Foyer</i>					
11:00am - 12:30pm		<b>Concurrent Session 3A</b>		<b>Concurrent Session 3B</b>		<b>Concurrent Session 3C</b>		<b>Concurrent Session 3D</b>		<b>Concurrent Session 3E</b>	
<i>Room</i>		<i>Plenary Room, Level 17</i>		<i>Bayside Room 5, Level 2</i>		<i>Bayside Room 6, Level 2</i>		<i>Bourke Room 1, Level 2</i>		<i>Bourke Room 2, Level 2</i>	
<i>Theme</i>		<i>Mental Health in Development &amp; Ageing</i>		<i>Mental Health Systems</i>		<i>Understanding Suicide in Australia</i>		<i>Mental Health in the Workplace</i>		<i>Mental Health Economics</i>	
<i>Chair</i>		<i>Sarah Whittle</i>		<i>Melissa Mulraney &amp; Helena Roennfeldt</i>		<i>Alison Calear</i>		<i>Peter Butterworth</i>		<i>Cathy Mihalopoulos</i>	
11:00 - 11:12am		Adversity and mental health across development: Neurobiological mechanisms, resilience, and population findings <b>Sarah Whittle, Justine Gatt, Sonia Lupien, Melissa Green &amp; Elena Pozzi</b>		Towards an equitable, evidence-based mental healthcare system for Australian children <b>Melissa Mulraney, Harriet Hiscock &amp; Jemimah Ride</b>		Risk factors associated with suicide following hospitalisation for intentional self-harm and/or suicidal ideation in the Northern Territory <b>Bernard Leckning</b>		The effects of a workplace mindfulness training program delivered via smart-phone application with and without supporting classes <b>Larissa Bartlett</b>		Insights into youth mental health from an economic perspective: costs and benefits <b>Cathy Mihalopoulos, Lidia Engel, Long Khanh-Dao Le, Matthew Hamilton &amp; Mary Lou Chatterton</b>	
11:12 - 11:24am						Young people informing suicide prevention in Western Australia <b>Jacinta Freeman</b>		The relationship between day-time stress and blunted heart rate: an ecological momentary assessment study of Australian workers <b>Adrienne O'Neil</b>			
11:24 - 11:36am						Personality factors associated with suicidal ideation, plans and attempts in adolescents <b>Sonia McCallum</b>		Mental health and wellbeing in Australian creative, media and marketing industries <b>Ross Tynan</b>			
11:36 - 11:48am						Evaluating HOPE: Consumer outcomes and experiences of receiving aftercare post-suicide attempt <b>Angela Wright</b>		Cumulative impact of poor quality job on midlife common mental disorder: a prospective cohort study <b>Lay San Too</b>			
11:48am - 12:00pm						A descriptive study of suicide deaths in Tasmanian rural communities from 2010 to 2016 <b>Sophun Moch</b>		The Longitudinal Australian Defence Force (ADF) Study Evaluating Resilience: A Summary of the key findings and themes from a ten year research program evaluating resilience in early military career <b>Carolina Casetta</b>			
12:00 - 12:12pm		Raloxifene recovers sex-specific effects of prenatal immune activation on gamma oscillations, spatial memory and cognitive flexibility <b>Rachel Hill</b>		The mental health of adolescents detained under the youth justice system: A global scoping review <b>Emilia Janca</b>		Developing a surveillance system for emergency department presentations for self-harm in Victoria <b>Jo Robinson</b>		A skills-based intervention for trauma for military, veterans, police, and first responder personnel: The importance of emotional regulation and interpersonal relationships <b>Jonathan Lane</b>		Rates and costs of physical and mental health hospitalisations in the first 13-years of life among children in the NSW-CDS, by engagement with Child Protection Services <b>Amanda Neil</b>	
12:12 - 12:24pm		Affective control in mental health across the lifespan <b>Susanne Schweizer</b>		A qualitative study of trainee psychiatrist's perspectives and experiences regarding translation of communication skills into clinical practice <b>Philippa Ditton-Phare</b>		Relationships Between Different Forms of Social Support and Suicidality in Young People with Depression <b>Carl Moller</b>		Addressing mental health and substance misuse problems in Sexual Assault Referral Centres (SARCs): a systematic review and national survey <b>Elizabeth Hughes</b>		Investigating the cost-effectiveness of two mental health interventions to prevent suicide and major depression across 20 countries in the WHO Global NCD Action Plan 2013-2020 <b>Yong Yi Lee</b>	
12:30pm - 1:30pm						<b>Meet and Greet Session for SMHR Project Pitch</b> <i>Room: Bayside 4A, Level 2</i>					

12:30pm - 1:30pm	<b>Lunch</b> Room: Level 17 Lounge and Level 2 Foyer					
1:30pm - 3:00pm	<b>Plenary Session 4</b>					
Room	Plenary Room, Level 17					
Chair	Henry Jackson					
1:30pm - 2:15pm	Should we invest in mental health treatment, prevention or both: A view from health economics. <b>Cathy Mihalopoulos</b>					
2:15pm - 3:00pm	The development of the ICD 11 classification of personality disorders: An amalgam of science, pragmatism and politics <b>Roger Mulder</b>					
3:00pm - 3:30pm	<b>Afternoon Tea</b> Room: Level 17 Lounge and Level 2 Foyer					
3:30pm - 5:00pm	<b>Concurrent Session 4A</b>	<b>Concurrent Session 4B</b>	<b>Concurrent Session 4C</b>	<b>Concurrent Session 4D</b>	<b>Concurrent Session 4E</b>	
Room	Plenary Room, Level 17	Bayside Room 5, Level 2	Bayside Room 6, Level 2	Bourke Room 1, Level 2	Bourke Room 2, Level 2	
Theme	Gender, Suicide and Mental Health	Alternative & Complimentary Treatments	Understanding Psychosis	Advances in Biomedical Therapy	Population Mental Health	
Chair	Zac Seidler	Olivia Dean	Caroline Gurvich	Daniel Hermens	Long Le	
3:30 - 3:42pm	Coping methods of trans and gender diverse young people during suicidal crisis <b>Penelope Strauss</b>	Novel approaches to treat psychiatric disorders <b>Melanie Ashton, Nicole Galvão-Coelho, Murat Yucel, Jerome Sarris &amp; Dan Siskind</b>	Outcome of migrants with a first episode of psychosis: Results from a systematic review and large cohort study <b>Brian O'Donoghue</b>	Neuro-cardiac-guided TMS: Targeting the brain-heart connection to personalise and optimise rTMS treatment for depression <b>Manreena Kaur</b>	Mental health problems and internet access: Results from an Australian national household survey <b>Peter Butterworth</b>	
3:42 - 3:54pm	The Mental Images of Suicide at Orygen (MISO) study: Investigating suicidal flashforwards in young people <b>Magdalene de Rozario</b>		The Cannabidiol Early Psychosis Project: a randomised placebo controlled trial of cannabidiol for ultra high risk of psychosis patients <b>G. Paul Amminger</b>	Incidence and characteristics of the nocebo response from meta-analyses of the placebo arms of clinical trials <b>Seetal Dodd</b>	The global epidemiology and disability of autism spectrum disorder: Findings from the Global Burden of Disease Study 2017 <b>Damian Santomauro</b>	
3:54 - 4:06pm			Determining the cause of auditory-verbal hallucinations with a EEG-based marker of inner speech integrity <b>Thomas Whitford</b>	Deep brain stimulation and changes in personality, identity and relationships: patient, caregiver and clinician perspectives <b>Cassandra Thomson</b>	Comparing the wellbeing of a middle-aged Australian cohort with other national surveys: Towards providing a complete picture of mental wellness <b>Richard Burns</b>	
4:06 - 4:18pm	New directions in men's mental health: International perspectives and responses to the diverse mental health challenges facing men across the life course <b>Zac Seidler, Simon Rice, Kylie King, Marisa Schlichthorst &amp; John Olliffe</b>		Autoantibody Profiling of Schizophrenia and affective psychoses in the Australian National Survey of High Impact Psychosis (SHIP) <b>Oliver Schubert</b>	Antidepressant-like effects of ketamine in a rodent model of tricyclic antidepressant-resistance: Insulin-mediated mTOR signalling as a potential biological correlate <b>Adam Walker</b>	Non-fatal overdose after release from prison a prospective data linkage study <b>Claire Keen</b>	
4:18 - 4:30pm	<i>This symposium is in honour of our friend and colleague Associate Professor Allison Milner, a brilliant thought leader in the men's mental health field, who died in a tragic accident earlier this year</i>		Oxytocin receptor polymorphisms are associated with risk for schizophrenia spectrum disorders and cortical volume <b>Cali Bartholomeusz</b>	Differentiating the effect of medication and illness on grey matter volume in first-episode psychosis: a longitudinal, randomised, triple-blind, placebo-controlled MRI study <b>Sidhant Chopra</b>	Epigenome-Wide Association Study (EWAS) of young people with familial risk of bipolar disorder <b>Sonia Hesam-Shariati</b>	
4:30 - 4:42pm			Development, optimisation and feasibility of an online dietary intervention for improvement of depressive symptoms: The My Food and Mood Project <b>Claire Young</b>	Rates and predictors of relapse in first episode psychosis: An Australian cohort study <b>Ellie Brown</b>	Efficacy of lurasidone in antipsychotic-naïve vs. previously treated adolescents with schizophrenia: post-hoc analysis of a two year, open-label study <b>David Coghill</b>	The global burden of anxiety disorders: findings from the Global Burden of Disease Study 2017 <b>Ana Mantilla Herrera</b>
4:42 - 4:54pm			The Cannabidiol Youth Anxiety Pilot Study (CAPS): a 12-week open label pilot trial of cannabidiol for anxiety disorders <b>Maximus Berger</b>	Cost-effectiveness of rTMS as add-on therapy to standard care for the treatment of hallucinations in schizophrenia <b>Mary Lou Chatterton</b>	The Role of Personality Disorder in Randomised Controlled Trials of Pharmacological Interventions for Adults with Mood Disorders: A Systematic Review and Meta-Analysis <b>Bianca Kavanagh</b>	The association of antihypertensive use and depressive symptoms in a large older population with hypertension living in Australia and the United States: A cross-sectional study <b>Bruno Agustini</b>
5:00pm	Tribute to Allison Milner <b>Tania King</b>					
7:00pm - 11:00pm	<b>Networking Dinner: Plus 5, South Wharf</b>					

**FRIDAY 29 NOVEMBER 2019: DAY 3**

<b>7:45am - 8:45am</b>		<b>Mindfulness Session</b>				
<i>Room</i>		<i>Bayside Room 4A, Level 2</i>				
8:30am - 5:00pm		<b>Registration and Information Desk Open</b> Level 17 Lounge				
<b>8:00am - 5:00pm</b>		<b>Poster Viewing 3</b> <i>Room: Plenary Room, Level 17</i>				
9:00am - 10:30am		<b>Plenary Session 5</b>				
<i>Room</i>		<i>Plenary Room, Level 17</i>				
<i>Chair</i>		Frances Kay-Lambkin & Kelly Allott				
9:00am - 9:45am		<b>SMHR Oration</b>				
9:45am - 10:30am		<b>SMHR Grants Project Pitch Session with live voting</b>				
<b>10:30am - 11:00am</b>		<b>Morning Tea</b> <i>Room: Level 17 Lounge and Level 2 Foyer</i>				
11:00am - 12:30pm		<b>Concurrent Session 5A</b>	<b>Concurrent Session 5B</b>	<b>Concurrent Session 5C</b>	<b>Concurrent Session 5D</b>	<b>Concurrent Session 5E</b>
<i>Room</i>		<i>Plenary Room, Level 17</i>	<i>Bayside Room 5, Level 2</i>	<i>Bayside Room 6, Level 2</i>	<i>Bourke Room 1, Level 2</i>	<i>Bourke Room 2, Level 2</i>
<i>Theme</i>		<i>Ice in Australia</i>	<i>Novel Approaches to Compulsivity</i>	<i>Youth Mental Health</i>	<i>Advances in Psychosocial Therapy</i>	<i>Psychopathology &amp; The Brain</i>
<i>Chair</i>		<i>Maarten Van Den Buuse</i>	<i>Lucy Albertella, Murat Yucel</i>	<i>Megan Kalucy</i>	<i>Simon Rice</i>	<i>Ben Harrison</i>
11:00 - 11:12am	Ice in Australia <b>Maarten Van Den Buuse, Amelia De Campo, Shalini Arunogiri, Olivia Dean, Frances Kay-Lambkin &amp; Jennifer Cornish</b>	Compulsivity: New approaches and methods <b>Lucy Albertella, Poppy Watson, Lauren Den Ouden, Mike Le Pelley, Leonardo Fontenelle &amp; Rico Lee</b>	Underlying causes of psychological distress in young women: Findings from focus groups with young people, parents, teachers and clinicians <b>Alyssa Morse</b>	Trauma-Focused Cognitive Behavioural Therapy (TF-CBT) for young people who experience interpersonal trauma <b>Wilma Peters</b>	Task-evoked effective connectivity in the dorsal and ventral attention networks and its relationship to attentional impairment in children with ADHD <b>Kristi Griffiths</b>	
11:12 - 11:24am			Implementing technology-enabled solutions in regional youth mental health services: barriers, challenges, levers and opportunities <b>Tanya Jackson</b>	Exposure Therapy in a Virtual Environment: Development and Validation Findings <b>Alison Cullen</b>	Effective connectivity of frontostriatal systems in first-episode psychosis <b>Kristina Sabaroedin</b>	
11:24 - 11:36am			Short-term trajectories of functional outcome among young people receiving mental health care <b>Frank Iorfino</b>	The Inter-Rater Consistency of Clinician Ratings of Posttraumatic Stress Disorder (PTSD) Therapy Content <b>Manoj Thogesan</b>	Clarifying the neural substrates of threat and safety reversal learning in humans <b>Hannah Savage</b>	
11:36am - 11:48pm			Labour force participation and parenting: is there a mental health penalty? Evidence from seven waves of data from the Longitudinal Study of Australian Children <b>Tania King</b>	Pilot evaluation of a virtual reality (VR) supported mindfulness practice <b>Elizabeth Seabrook</b>	Memory suppression in PTSD is associated with dysfunctional parahippocampal-inferior frontal gyrus coupling <b>Trevor Steward</b>	
11:48 - 12:00am			Associations between latent 10-year exercise trajectories and health-, mental health-, and vocational outcomes in a large cohort of Australian adolescents and young adults <b>Julie Morgan</b>	Does motivation predict compliance with self-help online treatment for youth anxiety? <b>Arlen Rowe</b>	The risk of prenatal alcohol, tobacco and cannabis use on the developing brain <b>Briana Lees</b>	
12:00 - 12:12pm	Investigating the association between childhood trauma, gene polymorphisms and cognition in people with methamphetamine use disorder <b>Alexandre Guerin</b>	Co-design of virtual reality delivered Approach-Avoidance Training for obesity <b>Naomi Kakoschke</b>	Development of a global framework for youth mental health care <b>Eoin Killackey</b>	Project Synergy: co-designing technology-enabled solutions for Australian mental health services reform <b>Hannah Yee</b>	Intrinsic functional connectivity of the default mode and cognitive control networks relate to change in behavioral performance over two years <b>Isabella Breukelaar</b>	
12:12 - 12:24pm	What's preventing people seeking help for 'ice' use in Australia and what can Cracks in the Ice do to support those affected by ice? <b>Cath Chapman</b>	Therapeutic Virtual Reality: Implementing the next technological frontier into clinical practice <b>Olivia Chung</b>	Exploring the Use of Advance Statements for Young People with First-Episode Psychosis: Client, clinician, and carer perspectives <b>Magenta Simmons</b>	Using quality improvement methods to improve a social skill intervention for public community mental health consumers <b>Stuart Lee</b>	EEG Profiles of Wellbeing: A Twin Study <b>Miranda Chilver</b>	

12:30pm - 1:30pm	<b>Lunch</b> Room: Level 17 Lounge and Level 2 Foyer Book launch, <i>Clinical Staging in Psychiatry</i> - Patrick D. McGorry, Ian B. Hickie (12:30pm - 12:45pm)				
1.30pm - 3:00pm	<b>Plenary Session 6</b>				
Room	Plenary Room, Level 17				
Chair	Stephen Wood				
1:30pm - 3:00pm	Big Issues in Mental Health Panel Shitij Kapur, Georgie Harman, Michelle Blanchard, Gabby Sheehan				
3:00pm - 3:30pm	<b>Afternoon Tea</b> Room: Level 17 Lounge and Level 2 Foyer				
3:30pm - 4:30pm	<b>Concurrent Session 6A</b>	<b>Concurrent Session 6B</b>	<b>Concurrent Session 6C</b>	<b>Concurrent Session 6D</b>	<b>Concurrent Session 6E</b>
Room	Plenary Room, Level 17	Bayside Room 5, Level 2	Bayside Room 6, Level 2	Bourke Room 1, Level 2	Bourke Room 2, Level 2
Theme	The Million Minds Initiative	EMCRs from ASBDD	Experience with and in Mental Health	Mental Health Services	Risk Prevention
Chair		Olivia Dean	Tom Wood	Fiona Cocker	Scott Clark
3:30 - 3:42pm	The Million Minds Mission showcase Sian McLean, Sonja March, Simon Craig & Sarah Maguire	A showcase of mood-disorder research led by early/mid-career researchers from the Australasian Society for Bipolar and Depressive Disorders (ASBDD) Olivia Dean, Tanya Hanstock, Aswin Ratheesh, Katie Douglas & Lesley Berk	Making lived experience research accessible: Co-creating and testing resources based on evidence <b>Katherine Boydell</b>	A health literacy profile of clients accessing community mental health services <b>Sarah Hosking</b>	Mind your Mate: An online peer intervention to prevent mental health and substance use problems in adolescence <b>Louise Birrell</b>
3:42 - 3:54pm			Optimising mental health and well-being for people with aphasia after stroke: Solutions to the evidence-practice gap <b>Caroline Baker</b>	Is stepped-care the right service model for addressing anxiety and depression in youth? Examining the effectiveness of the Smooth Sailing service in NSW secondary schools <b>Mirjana Subotic-Kerry</b>	What do young people want? Discussing wellbeing and substance use prevention with school students. <b>Chloe Conroy</b>
3:54 - 4:06pm			Co-designing technology-enabled solutions for mental health service reform for Open Arms – Veterans and Families Counselling <b>Haley LaMonica</b>	Determinants of treatment non-attendance among those referred to the primary mental health care services in Western Sydney, Australia <b>Sithum Munasinghe</b>	The Brain Games Study: Cognitive training for the prevention of psychopathology in at-risk youth <b>Louise Mewton</b>
4:06 - 4:18pm			Long Term Recovery of Women from Intimate Partner Violence (IPV) – A Phenomenological Study <b>Mary Carman</b>	Peer-facilitated self-management for people discharged from mental health crisis services: The systematic development, results and future directions of a randomised controlled superiority trial <b>Alyssa Milton</b>	Mining Health and Healthcare Utilization Patterns during Pregnancy to Discover Risk Factors for Postpartum Depression <b>Jyotishman Pathak</b>
4:18 - 4:30pm			Adapting a digital serious game to prevent depression in trans and gender diverse young people <b>Yael Perry</b>	A systematic review of trauma-informed care within outpatient and counselling youth health settings: What is it and what should it achieve? <b>Sarah Bendall</b>	Who needs an online parenting program for parents with an anxious or depressed adolescent? <b>Katherine Lawrence</b>
4:30pm - 5:00pm	<b>Conference Close and Awards Presentation</b>				
Room	Plenary Room, Level 17				



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## committee listing

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**Dr Kelly Allott**

Senior Research Fellow  
Orygen, The National Centre of Excellence in Youth Mental Health  
Centre for Youth Mental Health  
The University of Melbourne



## **Dr Nicholas T. Van Dam**

Senior Lecturer  
Melbourne School of Psychological Science  
The University of Melbourne



## **Dr Michaela Pascoe**

Postdoctoral Research Fellow

The Institute for Health and Sport (IHES)

Victoria University



## **Mr Tom Wood**

Consumer, Mental Health Research Advocate

Peer Worker, Projects and Rights, Peninsula Health

Member, Committee of Management, VMIAC



## **Dr Caroline Gurvich**

Senior Research Fellow  
Monash Alfred Psychiatry Research Centre  
Faculty of Medicine, Nursing and Health Sciences  
Monash University

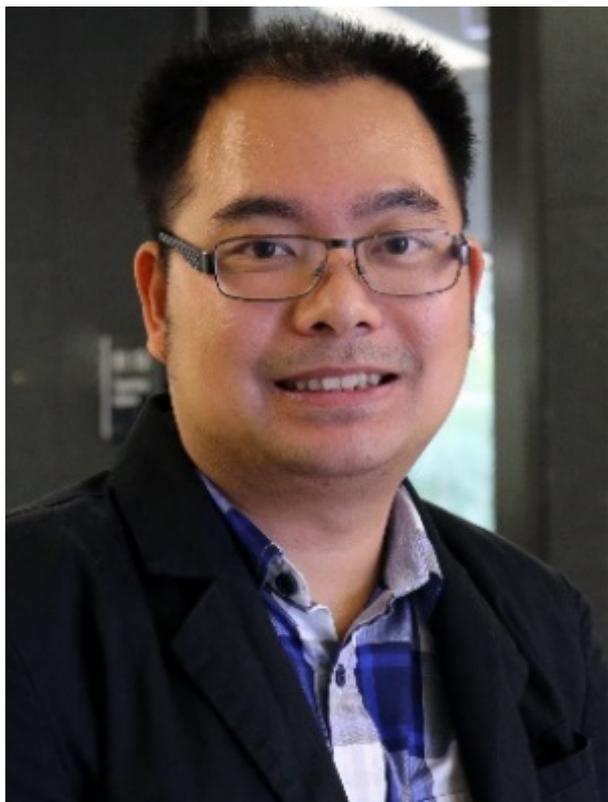


## **Dr Rachel Hill**

NHMRC Career development fellow

Department of Psychiatry, School of Clinical Sciences at Monash Health

Monash University



## Long Le

Research Fellow

Deakin Health Economics, Institute for Health Transformation

School of Health and Social Development

Deakin University



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