



<div><div><div>powered by</div><div>mentalhealthresearch</div><div>45th Conference</div><div>Pathways for Diversity, Equity and Personalisation in Mental Health Care</div><div>19-21 November 2025</div><div></div><div>Adelaide Convention Centre SOUTH AUSTRALIA</div></div><div></div></div>						
TUESDAY 18 NOVEMBER 2025: WORKSHOPS - offsite						
9:00am-5:00pm	Meeting 1 - Scientific Meeting of the Mental Health Australian General Clinical Trials Network (MAGNET)					
Room	SAMHRI, 2 North Terrace, Adelaide CBD					
2:00pm-4:00pm	Meeting 2 - EMCR Pre-Conference Workshop: Diverse Pathways to Success in Mental Health Research					
Room	Ground floor lecture theatre, Adelaide Medical School on North Terrace					
WEDNESDAY 19 NOVEMBER 2025: DAY 1						
7:30am-5:30pm	Registration and Information Desk Open					
Room	Foyer E					
8:45am-9:15am	Conference Opening					
Room	Hall E					
Chair	Scott Clark					
8:50am-9:00am	Welcome to Country					
9:00am-9:10am	Convenor's Welcome and Opening Remarks					
9:10am-9:15am	Opening Address					
Speaker	Nadia Clancy, Assistant Minister for Mental Health and Suicide Prevention					
9:15am-11:00am	Plenary Session 1					
Room	Hall E					
Chair	Sarah Cohen-Woods					
9:15am-10:15am	Trauma-related mental health problems in refugees: thinking about culture, context, and conceptualization of trauma					
Speaker	Fiona McEwen					
10:15am-11:00am	Panel: Pathways for equity and diversity in mental health care: Voices from lived experience and science					
Speakers	Shona Louis, Heather Macpherson, Dave Peters, Suresh Sundram, Lyle Palmer					
11:00am-11:45am	Morning Tea & Poster Viewing (Foyer E)					
11:45am-1:15pm	Concurrent Session 1A	Concurrent Session 1B	Concurrent Session 1C	Concurrent Session 1D	Concurrent Session 1E	Concurrent Session 1F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Lara Farrell	Phil Batterham	Rama Agung-Igusti	Natalie Mills	Stephen Wood	David Plevin
Theme	Children/Youth	Co-Design	Cultural	Children	Youth	AI
Presentations	Investigating the impact of autistic characteristics on the judgement of apology need and motivation Qi Sheng Tan 15 mins	Making MyPREP-ED with and for young people leaving early intervention in psychosis services: Critical reflections from a multi-service, multi-site co-design project Priya Vaughan 15 mins	Mental health interventions as catalysts for achieving sustainable development goals (SDGs): Evidence from TRANSFORM Research in Korail Slum, Bangladesh Tanjir Rashid Soron 15 mins	Enhancing wellbeing in autistic children and their caregivers through Bloom; a co-produced and co-delivered parent program Dawn Adams 15 mins	Adolescents' trajectories of mental health in the MYRIAD trial Carolina Guzman Holst 15 mins	How do human therapists differ from AI therapists? A quantitative analysis Oren Griffiths 15 mins
	From clock-watching to genuine connection: Co-designing an innovative telehealth platform for more engaging, accessible online therapy with children and young people Jamin Day 15 mins	Including young voices in research on mental health priorities: community and consumer involvement research in a high school setting Christa Lam-Cassettari 15 mins	The perceived social determinants of mental health among African youth refugees in South Australia William Mude 15 mins	Co-developing a universal, self-harm prevention intervention for Australian primary school students - lessons learnt Rachel Baffsky 15 mins	The precarity trap: modelling longitudinal trajectories of youth employment precarity and associations with mental health in the Australian HILDA Survey Lauren Scott, Kailin Guo and Heidi Berry 15 mins	Virtual gatekeeper training: Leveraging large language models for scalable suicide prevention practice Glenn Holmes 15 mins
	'Just enough' parenting support: Piloting a 3-session live and online parenting program for the prevention and treatment of disruptive behaviour problems in young children Shawna Campbell 15 mins	From principles to practice: involving lived experience partners in open data consent for clinical trials Ravi Iyer 15 mins	Co-designing research to explore cultural safety in mental health services for Aboriginal and Torres Strait Islander children and adolescents Thomas Betts 15 mins	The role of school culture and context on student mental health and wellbeing: Findings from the future proofing study Sarah K. Stevens 15 mins	Breaking the barriers: Mental health practitioner perspectives, challenges, and solutions for supporting socially-excluded youth Evie Fisher 15 mins	Using the acoustic features of speech to objectively predict mood states Luman Wang 15 mins
	Creating consistency: Development and use of a common metric for cross-scale mental health data comparison in treatment-seeking young people Deanna Varley 15 mins	Consumer-engaged development and pilot evaluation of a personalised app-based early intervention for eating disorders in youth Mia Pellizzer 15 mins	Co-developing a pictorial tool to assist illiterate traditional and faith based healers in identifying serious mental disorders in Bangladesh Tanjir Rashid Soron 15 mins	A cluster randomised controlled trial of a school-based eHealth intervention to prevent e-cigarette use: Results from the OurFutures vaping trial Nicola Newton 15 mins	Characterising cases presented and guidance sought by clinicians from the Orygen Connect secondary consultation service Evie Fisher 15 mins	Towards ethical, clinically valuable, and context-sensitive dynamic learning of individual-level trajectories in youth mental health care: Perspectives from mental health professionals Adam Poulsen 15 mins
	Tailored futures: A systems-contextual approach to supporting every child Tianyi Ma 15 mins	Measure what matters: Lived experience perspectives on depression treatment outcome assessment Smrithi Ravindra 15 mins	Co-designing a culturally adapted mental mHealth app Noorah Ibrahim S Alnaghaimshi 15 mins	A randomised controlled feasibility trial of guided parent-delivered cognitive behaviour therapy for children's perfectionism Tracey Wade 15 mins	Examining how school experiences shape mental wellbeing and educational outcomes for disadvantaged Australian youth: an agent-based model Emma Knight 15 mins	Paper-wizard: Using AI-assisted peer review to relieve the burden on mental health researchers Svetlana Vasileva 15 mins
	Treating emotionally dysregulated perinatal women and their infants: progress and barriers Anne Sved Williams 15 mins	Are mental health symptoms becoming more common amongst Australians? An analysis of two decades of data Samuel Harvey 15 mins	Culture as context: Parental influences on adolescent help-seeking for mental health Joanne Golding 15 mins	Mental health literacy and stigma among culturally and linguistically diverse adolescents in Australia: a comparative study Shurong Lu 15 mins	Optimising a digital intervention to support parents experiencing socio-economic disadvantage to improve adolescent health behaviours: The Health4Life Parents & Teens factorial trial Katrina Champion 15 mins	
1:15pm-2:15pm	Lunch (Foyer E)					
1:15pm-2:15pm	Manna Institute Connect: Early to Mid-Career (EMCR) Networking Session					
Room	Foyer AB, Level 3, ACC					

2:15pm-3:30pm	Concurrent Session 2A	Concurrent Session 2B	Concurrent Session 2C	Concurrent Session 2D	Concurrent Session 2E	Concurrent Session 2F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Oren Griffiths	Ravi Iyer	Tracey Wade	Peter Butterworth	Emma West	David Stacey
Theme	Biomarkers and AI	Co-design/diversity/LE	Eating/Trauma/Mood	Epidemiology/Service	Physical Health	Psychosis/Youth
Presentations	Investigating acceptance of current and future artificial intelligence systems for suicide prevention Jolene Cox 5 mins	Developing a brief co-designed online program for promoting mental health help seeking in workplace settings Phil Batterham 5 mins	Navigating the landscape of disordered eating: Adolescent and young adult perspectives on its nature and nurture Sarah Cohen-Woods 5 mins	Factors influencing collaboration between traditional and biomedical mental health care in post-conflict settings: a qualitative study Kenfe Berhe 5 mins	Attentional bias in people with moderate-to-severe cannabis use disorder Marianna Quinones Valera 5 mins	Exploring experiences of completing year 12 in rural and regional communities: Student narratives of challenge and transition Kathryn Harvey 5 mins
	Psychologists' use of artificial intelligence at work Kayla Steele 5 mins	Gay dating apps and wellbeing: A comparison of mental health and body image outcomes between men who use gay dating apps and other types of dating app users Zac Bowman 5 mins	Prevalence of eating disorders and disordered eating in First Nations peoples in high-income, colonial settler countries: A scoping review Ashley Masters 5 mins	Prescribing for sleep in the out-of-hours (OOH) hospital setting: A clinical audit in Queensland Hannah Holmes 5 mins	Clinical trials of outdoor therapies delivered by mental health professionals: a scoping review Andi Dickmeyer 5 mins	Use of wearable devices for the detection of relapse in schizophrenia: A systematic review Hyungkeun Sohn 5 mins
	"Momentum" - A personalised digital mental health platform for child and adolescent mental health: Implementation findings from the first 12 months of delivery Sonja March 5 mins	Identifying religious cumulative trauma among the LGBTQ population Dan Furlanetto 5 mins	The treatment gap in eating disorders: What prevents people from seeking help? Kathina Ali 5 mins	Are EDs the only option? Hospital-based alternatives to the emergency department for mental health crises Carly Hudson 5 mins	Temporal dynamics and bidirectional longitudinal associations between physical function and depressive symptoms in older adults Belayneh Miteku 5 mins	Characterising sleep and circadian rhythm phenotypes in young people at clinical high risk for psychosis: A latent profile analysis in the AMP SCZ study Rosalind Ge 5 mins
	The toll-like receptor signalling pathway is altered in ipsc-derived cortical networks from people with bipolar disorder Bruna Panizzutti 5 mins	A framework for lived experience led research Penelope Hasking 5 mins	Towards personalised treatment for eating disorders: A systematic review and meta-analysis of predictors of treatment response Raima Harding 5 mins	Evaluating the distribution of public mental health staff in the North Metropolitan Health Service, Western Australia: Implications for equity and access to mental health care Somy Azimi 5 mins	The changing prevalence of psychosocial occupational stressors and their impact on employee mental health across birth cohorts Mark Deady 5 mins	Social determinants of depression and anxiety symptoms in undergraduate university students in Australia; Findings from The University student's LiFEstyle and Mental Health Study (UNILIFE-M) Alison Knapp 5 mins
	Human DNA methylation and the cortisol response to an acute psychological stressor: a systematic review and meta-analysis David Balfour 5 mins	Psychological distress, coping mechanisms, and help-seeking behaviors among Filipino international students in Australia: A basis for developing a peer support mental health program Myra Mia De Los Reyes 5 mins	Decision-making dysfunctions in binge eating disorder - a profile analysis approach Emily Colton 5 mins	Informal carer involvement - an essential in the delivery of personalised mental health care in rural Australia Omolewa Omolola Erinle 5 mins	The neuropsychology of health behaviour: How brain control systems influence cardiovascular health and substance use Daniela Espinoza Oyarce 5 mins	The feasibility of resistance training versus aerobic exercise in a rehabilitation setting for people living with psychotic disorders: a randomised controlled trial Nicole Korman 5 mins
	Melatonin mitigates oxidative stress and metabolic dysfunction induced by interleukin-6 and dopamine in SH-SY5Y cells Heather Macpherson 5 mins	PTSD in retired or resigned first responders: A meta-analysis of worldwide prevalence Andrew Arena 5 mins	Impact of medications on cognitive and clinical outcomes of electroconvulsive therapy in unipolar and bipolar depression Ana Rita Barreiros 5 mins	Mental health and labour market marginalisation before and during the COVID-19 pandemic: Analysis of economic and health inequities Dhanya Nambiar 5 mins	A community survey of GLP-1 receptor agonist use: impacts on food, alcohol and drug intake and mental health Kristi Griffiths 5 mins	Factors influencing adolescents' engagement with a CBT-based smartphone app for depression: An analysis of the MobiliseMe trial Qi Hui Angelina Yeat 5 mins
	Artificial intelligence and CT neuroimaging in psychotic and neurodegenerative disorders: A systematic review Tristan Bampton 5 mins	Prevalence of post-traumatic stress disorder in healthcare workers before and during COVID-19: a systematic review and meta-analysis Claire Frodsham 5 mins	Facial expression and predicting and monitoring response to depression treatment: a systematic review David Plevin 5 mins	Alcohol, other drug use, and psychological distress among public safety personnel: Implications for occupational functioning Amelia Henry 5 mins	Mixed-methods process evaluation of a model of preventive care: Perspectives of community mental health consumers Tegan Stettaford 5 mins	
	Expectancy violation and control in virtual reality exposure therapy: Independent effects on spider phobia Daniel Rudaizky 5 mins	Development and validation of the parental self-efficacy scale to reduce internalising symptoms in autistic children Olivia Bruce 5 mins	Australian psychologists' perspectives on what constitutes treatment success for clients with depression Biya Tang 5 mins	Barriers and facilitators to the implementation of digital psychosocial interventions for older adults accessing emergency departments: a scoping review Neve Davison 5 mins	Women with mood disorder have poorer bone strength Lana Williams 5 mins	
	Process evaluation of online lifestyle therapy versus psychotherapy for reducing depressive symptoms: Results from the CALM randomised non-inferiority trial Lara Radovic 5 mins	Planning, delivering, and disseminating a co-design project: Learnings from a nationwide, online, multidisciplinary co-design process Joshua McDonough 5 mins	Nutritional influences on brain connectivity and cognitive function: A systematic review Mahnaz Reisian 5 mins	Vulnerability and wellbeing of Australian youth in the face of extreme weather events Myriam Ziou 5 mins	Longitudinal trajectories of protective and risk-based behaviours and their relationship with mental health and wellbeing in Australian men Ian Zajac 5 mins	
	Finding self in the signal: Attenuated auditory P300 is associated with cognitive basic symptoms in young people at clinical high risk for psychosis James Martin 5 mins		Skill development and emotion regulation as mediators of a CBT app for adolescent depression: a secondary RCT analysis Sarah Thorpe 5 mins	"I cannot think of a less therapeutic environment": The experiences of emergency mental health care providers Carly Hudson 5 mins		
	Brain markers of auditory verbal hallucinations during an inner speech task: A cross-diagnostic comparison Loretta Duffy 5 mins			Epigenetics in Australia: Public engagement, understanding, and impact Sarah Cohen-Woods 5 mins		
3:30pm-4:00pm	Afternoon Tea & Poster Viewing (Foyer E)					

4:00pm-5:30pm	Concurrent Session 3A	Concurrent Session 3B	Concurrent Session 3C	Concurrent Session 3D	Concurrent Session 3E	Concurrent Session 3F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Lara Farrell	Carla Haroutonian	Nga Yan Tse	Colleen Loo	Reg Nixon	Hayley Jackson
Theme	Children	Sleep	Mood Disorders and Precision Health	Personalising treatment	PTSD	Symposium - Cultural Safety
Presentations	Towards scalable, evidence-based care for children, young people and families: From innovation to implementation and future personalisation Lara Farrell, Caroline Donovan, Allison Waters, Sharon Dawe 75 mins	The value of a good night's sleep: Links between sleep and mental health across the lifespan Kate Maston, Mirjana Subotic-Kerry, Patrick Clarke, Huu Huong Quynh Le, Carla Haroutonian 75 mins	Advancing treatment precision and efficacy in mood disorders: From neural circuits to population trends Nga Yan Tse, Matthew Tennant, Nitharsaa Ambalavanar 60 mins	Secondary outcomes from the ketamine for adult depression study (KADS) Natalie Mills, Colleen Loo, Elizabeth Stratton, Joahna Perez, 60 mins	Cognitive processing therapy (CPT) for PTSD: Flexing and personalising to improve access and effectiveness Reg Nixon, Marja Elizabeth, Larissa Roberts, Priyadharshany Sandanapitchai, Nick Kerswell 75 mins	Cultural safety in mental health services: Weaving together cultural knowledge, research insights, and policy influence Hayley Jackson, NPY Women's Council, Lauren Brain, Thomas Betts, Shradha Kashyap, Blerida Banushi 90 mins
			Old idea: early intervention - new idea: prevention Anne Sved Williams 15 mins			
	Working together with children who stutter and their families to design an interdisciplinary group prevention and education program focused on mental health and wellbeing Rachael Unicom and Tanya Hanstock 15 mins	Defining and validating circadian dysfunction in community and mood disorder and syndrome populations: A Brisbane longitudinal twin study Mirim Shin 15 mins		Adverse childhood experiences and their differential relationships with transdiagnostic mental health outcomes in young adults Yufan Chen 15 mins	A randomised controlled trial of psychological first aid in schools for disasters and crises: implementation Emily Macleod 15 mins	
5:30pm-7:30pm	Welcome Reception (Foyer E)					
THURSDAY 20 NOVEMBER 2025: DAY 2						
8:00am-5:30pm	Registration and Information Desk Open					
Room	Foyer E					
08:30am-09:30am	Plenary Session 2					
Room	Hall E					
Chair	David Stacey					
Presentation	Advancing the genetic basis of mental health in Africa					
Speaker	Conrad Iyegbe					
09:30-10:30am	Plenary Session 3					
Room	Hall E					
Chair	David Stacey					
Presentation	What is the role of ketamine in treating depression?					
Speaker	Colleen Loo					
10:30am-11:00am	SMHR Oration and Founders Medal Award Presentation					
Room	Hall E					
Chair	Alison Calear					
Presentation	SMHR Founders Award: Presentation title TBC					
Speaker	Anthony Harris					
Presentation	SMHR Oration: Transdiagnostic stages in a birth cohort study- operationalisations, mediators and moderators of young adult mental health difficulties					
Speaker	Aswin Ratheesh					
11:00am-11:45am	Morning Tea & Poster Viewing (Foyer E)					
11:45am-1:00pm	Concurrent Session 4A	Concurrent Session 4B	Concurrent Session 4C	Concurrent Session 4D	Concurrent Session 4E	Concurrent Session 4F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Natalie Mills	Tim Windsor	Tanjir Rashid Soron	Amelia Henry	Lucy Zhang	Christa Lam-Cassettari
Theme	Children	Older persons/Life span	Cultural	Cognition	Symposium - Trauma	Lived experience
Presentations	What role can primary school teachers play in the models of mental health support for children with anxiety? Catherine Johnson 15 mins	Understanding the association between metabolic dysfunction-associated steatotic liver disease (MASLD) and late-life depression in older adults Marzieh Nasr Azadani 15 mins	Making YBMenNT: Cultural adaptation of a U.S. social media-based mental health promotion program to suit young Aboriginal and Torres Strait Islander males in the Northern Territory Melissa Opozda 15 mins	Disgust's durability: Examining differences in recall of moral disgust vs. fear Lucy Matson 15 mins	Trauma across the lifespan: Interdisciplinary perspectives from brain, cognitive, and mental health sciences Lucy Zhang, Sarah Whittle, Leilani Frost, Caitlin Hitchcock, Susanne Schweizer 75 mins	Breaking barriers: Community-led solutions to involving lived experience in early psychosis research Jo Fitzsimons 15 mins
	How can we accurately identify children who are experiencing poor emotional wellbeing in the context of primary-secondary school transitions: insights from the Primary-Secondary school transitions Emotional Wellbeing Scale (P-S WELLS) development study Charlotte Bagnall 15 mins	Dispositional mindfulness as a moderator of the relationships between anxiety, quality of life, and insomnia severity in older adults Alkarrar Haidar Al-Khalidi 15 mins	The long-term impact of COVID-19 on mental health and the moderation effect of sex and loneliness amongst resettled refugees: findings from the BNLA cohort study Thomas Nguyen 15 mins	CogScreen: A hybrid effectiveness-implementation study of cognitive screening in early psychosis Kelly Allot 15 mins		Supporting connection through story sharing: Motivations, experiences and outcomes for lived experience volunteer educators at MIEACT Alyssa Morse 15 mins
	Informing personalised models of illness aetiology for treatment: Exploring dieters' trajectories into eating disorders Melissa Pehlivan 15 mins	Associations between age-based treatment and wellbeing in the 45 and up study Bethany Wilton-Harding 15 mins	Probable obsessive-compulsive disorder among youth in Singapore: Prevalence, sociodemographic correlates, and the association with psychological distress, harmful alcohol use and functional impairment S Archana 15 mins	Implementation findings from CogScreen: Young people, caregivers, and clinicians' perspectives on integrating cognitive screening into early psychosis care Evie Fisher 15 mins		Embedding lived experience in a research centre: Building collaborative and inclusive pathways for lived experience in mental health and substance use research Georgette Borel 15 mins
	Which adolescent subthreshold mental health symptoms are associated with progression to mental health outcomes in young adulthood? Aswin Ratheesh 15 mins	An innovative approach to address depression in older people receiving aged care at home Tanya Davison 15 mins	Developing a sustainable post-research implementation plan for the TRANSFORM Project in Bangladesh: A co-design and user-centred approach Tanjir Rashid Soron 15 mins	Independent GWAS based on multifactorial cognitive models in the UK Biobank and ABCD Study identify a replicable pattern of distinct genetic signals for specific cognitive abilities Breanna Terrington 15 mins		Supporting mental health in carers of people living with duchenne muscular dystrophy James Clarke 15 mins
	Does equity group status predict mental health outcomes among Australian university students? A cross-sectional survey Melinda Hutchesson 15 mins	Factors predicting psychological flexibility in middle and older adulthood: A daily diary study Tim Windsor 15 mins				Exploring mental health consumer perceptions and experiences of goal-setting with the physical health nurse consultant Tracy Tabvuma 15 mins
1:00pm-2:00pm	Lunch & Poster Viewing (Foyer E)					
1:15pm-2:00pm	SMHR AGM, Room E2, ACC					

2:00pm-3:30pm	Concurrent Session 5A	Concurrent Session 5B	Concurrent Session 5C	Concurrent Session 5D	Concurrent Session 5E	Concurrent Session 5F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Oliver Schubert	Jamin Day	Louise Thornton	Sarah Cohen-Woods/ Azmeraw Amare	Sally Hunt	Kristi Griffiths
Theme	Personalisation	Youth	Digital	Genetics	Women's trauma	Physical health
Presentations	Between brain circuitry and lived experience: Trauma and self-disturbance in youth at high-risk for psychosis Elizabeth Haris 15 mins	Screen use and changes in mental health symptoms during early adolescence Lucy Zhang 15 mins	Four years of tiered mental health support through the national emergency worker support service Andrew Arena 15 mins	Leveraging multi-omics and electronic health records (EHR) to inform precision psychiatry Azmeraw T. Amare, Nigussie Sharew, Wei Ching Shawn Yong, Oliver Schubert 60 mins	Women's experience of violence and trauma Sally Hunt, Tamara Blakemore, Louise Rak 60 mins	Health literacy among adults with anxiety and depression Emma West 15 mins
	Psychological support for people affected by cancer: tailoring the Be Well Plan, an existing evidence-based mental health and wellbeing intervention for people with myeloma Kathina Ali 15 mins	Effective strategies for engaging distressed young people in community services: insights from the headwind program Yi Nam Suen 15 mins	Homegrown and headstrong: A New Zealand model for digital youth mental health Karolina Stasiak 15 mins			"All of those things, it is like a cross-stitch. They are all joined together, but they are not making a very nice pattern": A qualitative study in Southeast London of health care in individuals with co-morbid physical health needs and severe mental illness Tassia Oswald 15 mins
	Everybody: Evaluating and adapting the body neutrality paradigm to support people with experience of schizophrenia and psychosis to self-manage their physical health Priya Vaughan 15 mins	Enhancing educational engagement in youth mental health: Implementation of individual placement and support for education program Pip Currey and Philippa Levy 15 mins	Mind the (screening) gap: Co-designing a digital perinatal eating disorder screener Ashlea Hambleton 15 mins			Intersecting struggles: Chronic pain, ADHD, and mental health - findings from the 2024 national pain survey Katherine Brain 15 mins
	EHealth approaches to reduce depression, alcohol use, suicide risk, and loneliness among older adults: A randomised controlled trial of online cognitive-behaviour therapy and social networking among Australians over 60 Amelia Henry 15 mins	Understanding youth climate distress: Profiling and consequences Eliza-Rose Gordon 15 mins	Personalising digital mental health: predictors of depression outcomes in the vibe up AI-enhanced adaptive trial for university students Xuanchen Liu 15 mins			Cognitive behavioural therapy vs lifestyle behaviour support for men with low mood and overweight or obesity: A randomised pilot study of two self-guided, online programs Myles Young 15 mins
	Novel remote, low-cost, digital assessments of specific learning disorder in adults Tegan Sharp 15 mins	Blended care approaches for the treatment of adolescent depression and/or anxiety: A systematic review Alex South 15 mins	What do I say? How do I say it? Should I dance? TikTok as a knowledge dissemination tool for mental health Louise Thornton 15 mins	A case for utilizing the recall by genotype design to facilitate precision psychiatry David Stacey 15 mins	A universal, school-based, LGBTQI+ inclusive, trauma-informed program to prevent depression and anxiety: Adaptation and RCT outcomes Louise Birrell 15 mins	Efficacy and safety of semaglutide versus placebo for people with schizophrenia on clozapine with obesity (COaST): a multi-centre, participant and assessor blinded, randomised controlled trial Mike Trott 15 mins
	Measuring the effects of an antenatal mindfulness-based childbirth and parenting programme on maternal stress-regulation Catherine Toben 15 mins	AI vs clinicians: A comparison of participant ratings and linguistic structure of moderator posts on a mental health support forum Jamin Day 15 mins	Predicting amotivation using smartphone-derived accelerometer data in university students Taylor Braund 15 mins	Investigating the genetic architecture of the FFM personality traits and their association with psychopathology Liam Veltman 15 mins	LGBTQA+ inclusive psychology supervision: current themes and future directions Katherine Murfitt 15 mins	Prevalence and patterns of mental health symptoms across chronic health and disability subtypes in a nationally representative sample of Australian adolescents Jess Godward 15 mins
3:30pm-4:00pm	Afternoon Tea & Poster Viewing (Foyer E)					
4:00pm-5:30pm	Concurrent Session 6A	Concurrent Session 6B	Concurrent Session 6C	Concurrent Session 6D	Concurrent Session 6E	Concurrent Session 6F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Vijay Suppliah/Mark Boyes	David Stacey	Nicola Hancock	Sue Cotton	Alison Calear	Belinda Liddell
Theme	Health Literacy	Neurodiversity	Symposium - Digital	Symposium - Bipolar	Symposium - Youth mental health	Trauma, culture and suicide risk
Presentations	Language and literacy for lifelong mental health and wellbeing Mark Boyes, Andrea Salins, Amanda Neil, Adrienne Wilmot, Sumana Thomson 75 mins	Keynote presentation Autism research in progress: How participatory research has changed research priorities, concepts and research culture Eva Loth 30 mins	Digital self-management in Australian mental health settings: Moving beyond apps through meaningful engagement Priya Vaughan, Alyssa Milton, Elizabeth Stratton, Ellie Brown, Gabrielle Ritchie, Nicola Hancock 90 mins	Advancing research on bipolar disorder: A showcase from CORE-BD Aswin Ratheesh, Jacob Crouse, Samuel Hockey, Catherine Orr, Tania Perich, Olivia Dean, Gregory Humble 90 mins	Strategies for combatting rising child and adolescent mental health difficulties: Translation into the real world Sonja March, Alyssa Morse, Arlen Rowe, Evren Etel, Caroline Donovan, Alison Calear 90 mins	Examining cultural influences on PTSD Belinda Liddell, Xin Kie Lee, Larissa Shiyiing Qiu, Marcus Lai, Joshua Wong 75 mins
	Loneliness and mental health: Examining the relationship between loneliness and anxiety, affective, and substance use disorders in a community sample Paul Campbell 15 mins	Co-designing neuro-affirming mental health care: From lived experience to clinical practice Claire Brown, Darren Hedley, Simon Bury 60 mins				Understanding behaviours prior to suicide at Australian high-risk public locations Mark Larsen 15 mins
7:00pm-10:30pm	Networking Dinner, National Wine Centre, Adelaide					
FRIDAY 21 NOVEMBER 2025: DAY 3						
8:00am-5:30pm	Registration and Information Desk Open					
Room	Foyer E					
9:00am-10:30am	Plenary Session 4					
Room	Hall E					
Chair	Sarah Cohen-Woods					
9:00am-9:45am	From promise to practice: How mental health research can shape, rather than chase, AI innovation					
Speaker	Alexis Whittton					
9:45am-10:30am	Centreing Indigenous knowledges through the social and emotional wellbeing paradigm					
Speaker	Pat Dudgeon & Rama Agung-Igusti					
10:30am-11:15am	Morning Tea & Poster Viewing (Foyer E)					
11:15am-12:30pm	Concurrent Session 7A	Concurrent Session 7B	Concurrent Session 7C	Concurrent Session 7D	Concurrent Session 7E	Concurrent Session 7F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Melissa Freire	Patrick Clarke	Jack Farrugia	Elysha Clark-Whitney	Ellie Brown	Scott Clark
Theme	Symposium - Trauma and diverse populations	Symposium - Digital impacts on mental health	LGBTQI+ mental health	Symposium - Mental health and neurodivergence	Symposium - Physical health	Symposium - Youth mental illness
Presentations	Advancing understanding of the mechanisms underlying the impact of trauma, displacement and post-migration stress on diverse refugee populations Belinda Liddell, Carla Haroutonian, Madeline Forrester, Vivian Mai, Melissa Freire 75 mins	Beyond screen time: mechanisms, moderators, and interventions in social media and digital mental health Patrick Clarke, Kate Maston, Amelia Reynolds, Frances Meeten, Yael Perry 75 mins	Evidence-based approaches to LGBTQIA+ mental health: early intervention, practitioner training, and service innovation Lyndsay Brown, Yael Perry, Isabel Zbukvic, Jack Farrugia 60 mins	Supporting mental health for parents in neurodivergent families Elysha Clark-Whitney, Aspasia Stacey Rabba, Olivia Bruce, Gail Alvares, Mark Dadds, Ru Ying Cai 75 mins	Advancing physical health in schizophrenia: From concept to implementation Mike Trott, Nicole Korman, Gabrielle Ritchie, Donni Johnston, Ellie Brown 75 mins	Pre-EMPTing youth mental illness Kiira Sarasjärvi, Swathi Hassan Gangaraju, Josh Nguyen, Rochelle Ruby Ye, Stephen Wood 75 mins

	1.2 111112	Healthcare interactions through an ADHD lens Rebecca Collins 15 mins		
12:30pm-1:30pm	Lunch (Foyer E)			

1:30pm-2:45pm	Concurrent Session 8A	Concurrent Session 8B	Concurrent Session 8C	Concurrent Session 8D	Concurrent Session 8E	Concurrent Session 8F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Hayley Jackson	Andrew Arena	Glenn Holmes	Dhanya Nambiar	Vijay Suppliah	Wolfgang Marx
Theme	Service	Digital	Suicide	Epidemiology	Genetics	Symposium - Microbiome
Presentations	What role do mental health service providers play in digital inequity? Lou Farrer 15 mins	Tuned in: Australian men’s preferences on podcast-based mental health support versus traditional therapy Elizabeth Dascombe 15 mins	What aspects of suicidal ideation predict future attempts? Findings from a longitudinal cohort study Phil Batterham 15 mins	The long-term impact of COVID-19 exposure on the mental health of Australia’s emerging adults, 2017-2023 Richard Burns 15 mins	Depression-linked plasma protein biomarkers: insights from differential abundance analysis and Mendelian randomization Endeshaw Abebe 15 mins	The grounded minds consortium: Nourishing the soil, gut and mind connection Ruben Fernandez-rodriguez, Xiaoqi Feng, Jake Robinson, Wolfgang Marx 75 mins
	Estimating the comparative efficiency of mental health investment in Australia Laura Edney 15 mins	A systematic review and meta-analysis: Is there a correlation between social media use and depression in adolescents? William Mude 15 mins	Reconnecting AFTER Self Harm. Outcomes from a randomised controlled trial using text messages and online modules Natasha Josifovski 15 mins	The One Metric: harmonising over a million datapoints to track changes in Australian psychological distress Matthew Sunderland 15 mins	Improving reproducibility in psychiatric biomarker research: systematic confounder identification and adjustment in UK Biobank Mirim Shin 15 mins	
	Enhancing quality use of mental health medicines: the role of pharmacists in laboratory monitoring Imaina Widagdo 15 mins	Personal light exposure patterns and mental health Sean Cain 15 mins	Suicide and missing persons: how better response to mental health distress may disrupt a disappearance Carly Hudson 15 mins	Rising rates and shifting profiles of mental disorders among Australian youth: Evidence from two national psychiatric epidemiology surveys Louise Birrell 15 mins	Beyond Mendelian randomisation: Using colocalisation to disentangle effector genes for depression at an immune locus Rachel Laattoe 15 mins	
	Efficacy, experiences, and preferences related to men's use of e-mental health programs for depression and anxiety: Meta-synthesis and meta-analysis Melissa Opozda 15 mins	The eCLIPSE trial (and tribulations): Implementation of a digital ‘hub’ for co-occurring mental health and alcohol and other drug use problems in health and community settings Louise Thornton 15 mins	A systematic review and meta-analysis of interventions to reduce or prevent symptoms of common mental disorders and suicidality in physicians Katherine Petrie 15 mins	Australia’s post-COVID labour market boom: did those with poor mental health miss out? Peter Butterworth 15 mins	Genetic epidemiological pipeline identifies candidate markers of clozapine-induced metabolic dysfunction revealing potential avenues for precision clozapine prescription Rory Shepherd 15 mins	
		Actigraphy-derived light and circadian parameters reveal distinct seasonal pathways for mood symptoms Mirim Shin 15 mins				
2:45pm-3:15pm	Afternoon Tea & Poster Viewing (Foyer E)					
3:15pm-4:30pm	Concurrent Session 9A	Concurrent Session 9B	Concurrent Session 9C	Concurrent Session 9D	Concurrent Session 9E	Concurrent Session 9F
Room	Room E1	Room E2	Room E3	Riverbank Room 2	Riverbank Room 3	Riverbank Room 4
Chair	Cathy Toben	Hannah Holmes	Oliver Schubert	Taylor Braund	Suresh Sundram	Melissa Pehlivan
Theme	Family Mental Health	Psychosocial	Trauma	Digital	Preclinical Models	Self harm/Eating
Presentations	Supporting families with an infant who is perceived as unsettled Kathryn Thornton 15 mins	Poor mental health during a workers’ compensation claim: A mixed methods approach to examine associations with a consistently negative claim experience pattern Sanatkar Samineh 15 mins	Exposure to potentially traumatic events and PTSD in Australia: Prevalence, onset, remission, and comorbidity from the 2020-2022 national study of mental health and wellbeing Cynthia Kroeger 15 mins	The impact of user engagement on the efficacy of self-guided digital interventions for psychological distress in university students: Results from an AI-adaptive trial Michael Spoelma 15 mins	Finding solutions to the translational gap for mental disorders: establishing the Consortium for Preclinical Psychiatric Research (CPRP) Suresh Sundram, Heather MacPherson, Dhamidhu Eratne, Scott Clark 60 mins	Causal inference for suicidal thoughts and attempts for Australian adolescents Mathew Varidel 15 mins
	Investigating the feasibility and acceptability of a group program targeting psychological well-being and resilience in siblings of autistic children Gail Alvares 15 mins	Mental health service use in Australia: the impacts of loneliness and relative area disadvantage Emma Knight 15 mins	Development and evaluation of a coach-supported, digital parenting program for parents of adolescents impacted by trauma: Partners in Parenting - Trauma Experience (PiP-Tex) Caitlyn King 15 mins	National rollout of evidence-based digital therapies for eating disorders in Australia: An 18-month review of outcomes and efforts to leverage a large-scale digital platform to personalise care Sarah Barakat 15 mins	A microbiome-targeted nanomedicine to personalise antipsychotic therapy and reduce metabolic side effect Srinivas Kamath 15 mins	Evaluating a single session intervention for self-harm thoughts and behaviours in young adults: A pilot randomised controlled trial Marcela Radunz 15 mins
	Perinatal mental health literacy in Northwest Ethiopia: A qualitative study among perinatal women Ayenew Tesema 15 mins	What is positive mental health? A Delphi study to develop a taxonomy Dan Fassnacht 15 mins	Emotion beliefs and emotional reactivity as pathways to personalised resilience interventions in student populations Lies Notebaert 15 mins	Expanding gamified assessment of cognitive impulsivity through co-design with people with lived experience of eating disorders and mental ill-health Emily Colton 15 mins		Seeking help as mental health professionals: What barriers do we face? Dimitry Crisp 15 mins
		Psychotherapy interventions for men: A scoping review of randomised trials Robert O’Hara 15 mins	Men’s experiences of therapeutic disclosure and help-seeking following child sexual abuse Vita Pilkington 15 mins	Australian appetites: Validating the LFPQ-AU across digital platforms and exploring the relationship with depressive symptoms Sarah Cohen-Woods 15 mins		Co-occurring disordered eating, trauma-related symptoms, and substance use: The transdiagnostic role of emotion regulation James Clarke 15 mins
		Cross-national validation of the Brief Scales of Flourishing (BS-F) and the development of Australian norms Richard Burns 15 mins				
4:30pm-5:00pm	Conference Close and Awards					
Room	Room E2					
Chair	Stephen Wood and Sally Hunt					