**MONDAY 4 NOVEMBER 2024: PRE-CONFERENCE MEETING - BOOKINGS REQUIRED**

| 12:30pm-4:00pm | Global burden of disease Lifestyle And mental Disorder (GLAD) Symposium |
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| Room | Tuscan Room, Sydney Masonic Centre, Sydney |

**TUESDAY 5 NOVEMBER 2024: PRE-CONFERENCE MEETINGS - BOOKINGS REQUIRED**

| 9:00am-5:00pm | 3rd Annual Scientific Meeting of the Mental Health Australian General Clinical Trials Network (MAGNET) |
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| Room | Ionic room, Sydney Masonic Centre, Sydney |
| 1:00pm-4:00pm | Transforming health systems - how to embed meaningful change hosted by InsideOut |
| Room | Tuscan Room, Sydney Masonic Centre, Sydney |

**WEDNESDAY 6 NOVEMBER 2024: DAY 1**

| 7:30am-5:30pm | Registration and Information Desk Open |
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| Room | Marble Foyer |
| **8:45am-10:10am** | **Conference Opening** |
| Room | The Grand Lodge |
| 8:50am-9:10am | Welcome to Country |
| 9:10am-9:20am | Convenor's Welcome and Opening Remarks |
| 9:20am-10:10am | Opening Address/Parliamentary friends |
| **10:10am-11:00am** | **Plenary Session 1** |
| Room | The Grand Lodge |
| 10:10am-11:00am | Advancing population mental health through inclusion and innovation |
| Speaker | Praveetha Patalay |
| **11:00am-11:30am** | **Morning Tea & Poster Viewing (Banquet Hall)** |

| 11:30am-1:00pm | Concurrent Session 1A | Concurrent Session 1B | Concurrent Session 1C | Concurrent Session 1D | Concurrent Session 1E | Concurrent Session 1F |
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| Room | The Grand Lodge | Ionic Room | Doric Room | Corinthian Room | Tuscan Room | Composite Room |
| Theme | Prevention | Child and adolescent mental health | Neurodevelopmental conditions | Eating disorders | Novel markers and treatments for depression | Neuroinflammation and biomarkers |
| Presentations | Using research into influence national prevention policy and practice **Keynote: Michael Silverstein Panel: Louise Birrell, Sam Harvey, Felice Jacka, Tegan Cruwys, Dan Siskind MC: Helen Christensen** *90 mins* | Using Artificial Intelligence (AI) to enhance personalised and measurement-based care in youth mental health **Frank Iorfino** *12 mins* | Approaches to the transdiagnostic revolution in the assessment and support of people with neurodevelopmental conditions **Adam Guastella, Beth Johnson, David Coghill, Kelsie Boulton** *60 mins* | Early childhood risk and protective factors for unhealthy weight control behaviour in adolescents: results from a longitudinal population-based study **Natasha Hall** *12 mins* | Exploring linguistic markers associated with adolescent depression and anxiety through a smartphone-based composition task **Benjamin Niethe** *12 mins* | Harnessing neuroinflammation in psychiatric conditions for diagnosis, patient stratification and novel treatments **Rose Chesworth, Tim Karl, Vanessa Cropley, Kelly Newell, Adam Walker, Samara Walpole** *60 mins* |

| Presentations | | | | | |
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| Longitudinal dynamics and pluripotentiality of polysymptomatic clustering in adolescent mental health: a comprehensive analysis<br>**Michelle Kennedy**<br>*12 mins* | Targeting intolerance of uncertainty in young children diagnosed with autism: A randomised controlled trial of a parent-mediated group intervention<br>**Gail Alvares**<br>*12 mins* | Will the flattening of the brain's control energy landscape deliver the much awaited impetus in finding a cure for anorexia nervosa? A data driven answer to the question<br>**Stephen Touyz**<br>*12 mins* | Can ketamine improve disability associated with treatment-resistant depression? Naturalistic evaluation from a public ketamine clinic<br>**Dean Wright**<br>*12 mins* | Neural correlates of social roles in adolescent friendship groups<br>**Michelle Lamblin**<br>*12 mins* |
| Understanding the dynamic role of executive functioning impairments in adolescent mental health through moderated panel symptom network analysis<br>**René Freichel**<br>*12 mins* | Social Anxiety in autistic adults: Acceptability and tolerability of cognitive-behavioural methods and the role of camouflaging<br>**Bruna Berger Roisenberg**<br>*12 mins* | Identifying transdiagnostic processes for early intervention in eating disorders: A Delphi study<br>**Tracey Wade**<br>*12 mins* | Gut microbiota taxonomy and function are useful biomarkers of depression and anxiety<br>**Emma Todd**<br>*12 mins* | Targeted anti-neuronal antibody testing for people with early and persistent psychosis attending Australian mental health services<br>**Gemma McKeon**<br>*12 mins* |
| Mental health, wellbeing, and connection among adolescents in rural and regional Victoria, Australia: A community survey<br>**Nicola Reavley**<br>*12 mins* | | Eating disorder items in transdiagnostic paediatric screening tools for child mental health: A systematic review<br>**Katarina Prnjak**<br>*12 mins* | Genetic susceptibility to metabolic and inflammatory disturbances and response to conventional antidepressants in atypical versus other depressive disorders: an Australian Genetics of Depression Study<br>**Mirim Shin**<br>*12 mins* | |
| In their words: How young people use and want to use digital technology in their care<br>**Carla Gorban**<br>*12 mins* | | Hospital-to-community care pathways for children and adolescents with anorexia nervosa in the public health system<br>**Kelly Dann**<br>*12 mins* | Proteomic characterization of the lithium-responsive phenotype in bipolar disorder by 2-sample Mendelian Randomization<br>**Oliver Schubert**<br>*12 mins* | |
| Brain geometry and mental health and wellbeing in adolescence<br>**Amanda Boyes**<br>*12 mins* | | Underreporting and identification of co-occurring eating disorders in individuals with severe mental illness in mental health care<br>**Katie Dalton**<br>*5 mins* | Essential information about chronobiology and chronotherapy for clinicians managing bipolar disorders: a Delphi consensus study by the ISBD Chronobiology Task Force<br>**Jacob Crouse**<br>*12 mins* | |
| | | Bi-directional impacts of Vyvanse on psychological comorbidities and quality of life in people with Binge Eating Disorder<br>**Kristi Griffiths**<br>*5 mins* | Subcortical modulation of the fronto-insular and cingulate functioning during negative emotional processing in mood and anxiety disorders<br>**Sevil Ince**<br>*12 mins* | |

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| | | | | Informing early prevention and intervention efforts to reduce poor mental health in young people: Exploring dieting in more detail **Melissa Pehlivan** *5 mins*<br><br>Food choice motives mediate the relationship between delay discounting & binge eating **Emily Colton** *5 mins* | | |

| Time | | | | | | |
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| **1:00pm-2:00pm** | **Lunch (Banquet Hall)** | | | | | |
| **2:00pm-3:00pm** | **Plenary Session 2** | | | | | |
| Room | *The Grand Lodge* | | | | | |
| 2:00pm-2:45pm | **Indigenous panel** | | | | | |
| 2:45pm-3:00pm | **SMHR Founders Medal** | | | | | |
| **3:00pm-3:45pm** | **Poster Viewing Session & Afternoon Tea (Banquet Hall)** | | | | | |

| **3:45pm-5:15pm** | **Concurrent Session 2A** | **Concurrent Session 2B** | **Concurrent Session 2C** | **Concurrent Session 2D** | **Concurrent Session 2E** | **Concurrent Session 2F** |
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| Room | *The Grand Lodge* | *Ionic Room* | *Doric Room* | *Corinthian Room* | *Tuscan Room* | *Composite Room* |
| Theme | **Implementation** | **Suicide and self-harm** | **Physical health in severe mental illness** | **New ideas session 1** | **Child mental health** | **Epidemiology** |
| *Presentations* | Bridging the knowledge to practice gap: Implementation of mental health interventions into complex settings **Jennifer Nicholas, Isabel Zbukvic, Aliza Werner-Seidler, Tracey Wade** *70 mins* | Self-harm and suicidality in young people: influences and experiences **Fiona Shand, Lucy Grummitt, Samantha Tang, Demee Rheinberger** *60 mins* | Considering the whole body – physical and mental health for people living with complex psychosis **Dan Siskind, Laura McMahon, Julia Lappin, Susanna Every-Palmer, Korinne Northwood, Sean Halstead** *60 mins* | Intersectional focus on the mental health needs of Black/African-Australian people **Tracy Tabvuma** *15 mins* | Improving the identification and support of primary-school aged children with emerging mental health problems **Jacqueline Frei, Chloe Lim, Melissa Aji, Annabel Songco** *60 mins* | Secular trends in prevalence, comorbidity, severity and service use for DSM-IV mental disorders in the Australian general population: results from two national surveys **Tim Slade** *12 mins* |
| | System change intervention for multi-site implementation of smoking cessation in public psychiatric settings **Sally Plever** *12 mins* | Relationship between electroencephalography-based mismatch negativity and antipsychotic treatment response in young people at clinical high risk for psychosis **Magdalene De Rozario** *12 mins* | Intentions and affect: better understand the intention-behavior gap in physical activity among people with psychotic disorders **Ahmed Jerome Romain** *12 mins* | 123Play: Creation of a novel, universal play-based program for early childhood settings to enhance social-emotional development and mental wellbeing in children **Fotini Vasilopoulos** *15 mins* | Information processing biases to threat and their relationship with social emotional disorders across the early adolescent years **Ella Oar** *12 mins* | The role of premenstrual symptoms in the relationship between perceived social support and postnatal depression: An analysis of data from the Australian Longitudinal Study of Women's Health **Sally Hunt** *12 mins* |

| Presentations | | "I wish I knew that earlier": Developing new ways of providing information about clozapine to young people<br>**James Reeves**<br>*12 mins* | Schizophrenia and Diabetes Mobile-Assisted Remote Trainer (S.M.A.R.T.): A co-designed digital intervention to improve diabetes self-management in people with schizophrenia<br>**Gabrielle Ritchie & Urska Arnautovska**<br>*5 mins* | Mental health and help-seeking behaviour in adolescents<br>**Joanne Golding**<br>*15 mins* | Effectiveness of academic stress interventions in secondary school students<br>**Jessica Belcher**<br>*12 mins* | Maternal personality disorder and offspring behaviour<br>**Ditty Ann Johns**<br>*12 mins* |
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| | | | Metformin for the prevention of antipsychotic-induced weight gain: guideline development and consensus validation<br>**Brian O'Donoghue**<br>*5 mins* | The ethical clinic: developing an immersive ethics role play assessment for clinical psychology students<br>**Simon Byrne**<br>*15 mins* | ScreenED: Co-designing a tool for detecting eating disorders in children<br>**Simone Baillie**<br>*5 mins* | Mental health literacy and stigmatizing attitudes towards people with mental illness among adolescents from culturally and linguistically diverse backgrounds in Australia: a comparative analysis<br>**Shurong Lu**<br>*12 mins* |
| | | | Evaluating the feasibility and acceptability of two dietary interventions for individuals with schizophrenia: The SNaCK study<br>**Donni Johnston**<br>*5 mins* | Evaluating a customised version of ChatGPT for systematic review extraction in mental health research<br>**Jayden Sercombe**<br>*15 mins* | | Apathy, depression and long-term risk of mortality in older adults<br>**Fleur Harrison**<br>*12 mins* |
| | | | | Exploring the capacity of a composite marker to differentiate circadian-type from non-circadian-type mood disorders at an early stage of illness<br>**Zsofi de Haan**<br>*15 mins* | | The role of lifestyle and demographic factors on mental health conditions in young adults: findings from a national U.S. based study<br>**Xirun Yang**<br>*12 mins* |
| | | | | | | Prolonged off-label antipsychotic therapy and cardiometabolic outcomes in children: a systematic review<br>**Ramya Padmavathy Radha Krishnan**<br>*5 mins* |
| | | | | | | The lifelong role of adult attachment: Exploring predictors, correlates and outcomes in a multigenerational birth cohort study<br>**Julie Blake**<br>*5 mins* |

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| | | | | | | Uncovering socioeconomic inequity in hospital costs for individuals with eating disorders in Queensland, Australia: A health economics perspective **Moin Ahmed** *5 mins* |

| **5:15pm-7:15pm** | **Welcome Reception (Banquet Hall)** |
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| **THURSDAY 7 NOVEMBER 2024: DAY 2** | |
| **7:00am-8:45am** | **Australian Early Psychosis Collaborative Consortium (AEPCC) Breakfast Meeting - Bookings Required** |
| *Room* | *Corinthian room* |
| **8:00am-5:30pm** | **Registration and Information Desk Open** |
| *Room* | *Marble Foyer* |
| **8:45am-10:30am** | **Plenary Session 3** |
| *Room* | *The Grand Lodge* |
| 8:45am-9:30am | Australian Launch of the Lancet Commission on Self Harm |
| Speakers | **Mabel Chew, Pat Dudgeon, Jane Pirkis, Fiona Shand, Helen Christensen** |
| 9:30am-10:15am | Artificial Intelligence in mental health – friend, foe or fad? |
| Speaker | **Pepijn van de Ven** |
| 10:15am-10:30am | SMHR Oration |
| **10:30am-11:00am** | **Morning Tea & Poster Viewing (Banquet Hall)** |

| **11:00am-12:30pm** | **Concurrent Session 3A** | **Concurrent Session 3B** | **Concurrent Session 3C** | **Concurrent Session 3D** | **Concurrent Session 3E** | **Concurrent Session 3F** |
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| *Room* | *The Grand Lodge* | *Ionic Room* | *Doric Room* | *Corinthian Room* | *Tuscan Room* | *Composite Room* |
| *Theme* | **Digital technology and services** | **LGBTQA+ mental health** | **Mental health literacy** | **Novel trial designs & approaches** | **Psychosis** | **Trauma and stress** |
| *Presentations* | Is digital technology destroying young people's mental health? **Atia Fatimah, Chloe Gordon, Katrina Champion, Sophie Li, Susanne Schweizer** *60 mins* | Innovations in LGBTQA+ youth mental health research **Yael Perry, Sasha Bailey, Isabel Zbukvic, Julia Bak** *70 mins* | Building mental health literacy and awareness: innovative Australian initiatives in child mental health and wellbeing prevention **Harriet Hiscock, Sarthak Gandhi, Megan Smith, Shae Wissell, Bill Pritchard** *70 mins* | Reading Worriers: Understanding and supporting the mental health of children and adolescents with reading difficulties **Deanna Francis, Mark Boyes, Adrienne Wilmot, Alana Jones, Genevieve McArthur** *75 mins* | Clinical, neurocognitive and neurobiological features of the prodrome of full-threshold bipolar and psychotic disorders in young people **Gabrielle Hindmarsh** *12 mins* | A study in predictive biosignatures of PTSD – How novel BDNF genetic variants linked to proBDNF down-regulation have potential to predict increased PTSD susceptibility **Nathan Wellington** *12 mins* |
| | Is the jury out on digital mental health services? Health professional and lived experience perspectives **Bridget Bassilios** *12 mins* | Using big data to identify distinct treatment-seeking phenotypes among individuals with suicidality and self-harm **Biya Tang** *5 mins* | Children's mental health literacy: A systematic review of the existing literature **Colette Burke** *5 mins* | Exploring social determinants of health behaviour and mental health outcomes among undergraduate university students: A systematic review **Alison Knapp** *12 mins* | Associations of the gut microbiome with treatment resistance in Schizophrenia **Svetlina Vasileva** *12 mins* | Meta-analysis of structural covariance in co-occurring post-traumatic stress disorder and alcohol use disorder: common and distinct patterns of alterations **Ellen Towers** *12 mins* |

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| | Paths to suicidal thoughts and behaviours for young people engaged in digital mental health care **Mathew Varidel** *12 mins* | Understanding the transition from suicidal ideation to attempt: The LifeTrack longitudinal study **Phil Batterham** *5 mins* | Mental health literacy and stigma in primary school students **Emily Macleod** *5 mins* | | The UHR 1000+ cohort: Do prediction models for psychosis need updating over time? **Scott Clark** *12 mins* | Implementation evaluation of an innovative, creative-expressive program to support youth impacted by trauma: The KidsXpress School Partnership program **Kirsten Rowlinson & Rita Daher** *12 mins* |
| | | Testing the role of theory-based predictors in the remission of suicidal ideation **Monica Gendi** *5 mins* | Mental health literacy for supporting children: A call for a new field of research and intervention **Laura Hart** *5 mins* | | Assessing resting-state gamma alterations in ultra-high-risk individuals versus clinical controls **Elise Rowe** *12 mins* | Functional connectivity profiles of amygdala subregions in posttraumatic stress disorder **Elizabeth Haris** *12 mins* |
| *Presentations* | | | | | Intranasal clozapine produces similar antipsychotic effects to oral clozapine at far lower doses in an animal model: This represents a viable route of administration that may avoid clozapine's well known peripheral side-effects **Darryl Eyles** *12 mins* | Child and adolescent exposure to natural disasters and lifetime psychopathology: Findings from the National Study of Mental Health and Wellbeing **Amarina Donohoe-Bales** *12 mins* |
| | | | | | Emotional response and social cognition in Schizophrenia with aggression: Preliminary results and machine learning analysis **Anette Johansson** *12 mins* | Ketamine for treatment-resistant Post-Traumatic Stress Disorder: double-blind active-controlled randomised crossover study **Ben Beaglehole** *12 mins* |
| | | | | | Cingulate and temporal glutamate concentrations in first episode psychosis **Stephen Wood** *5 mins* | Experiences of medical trauma in young people living with Type 1 Diabetes and how this is shaped by their parent's perspective **Sara Coombs** *5 mins* |
| | | | | | The prevalence of attention-deficit hyperactivity disorder in psychotic disorders: A systematic review and meta-analysis **Nicholas Cheng** *5 mins* | The long-term effects of bushfires on adolescent mental health **Anton Du Toit** *5 mins* |

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| | | | | | Exploring the inter-relationships between social cognition, symptoms, and social inclusion in early and chronic psychosis **Sean Murrihy** *5 mins* | |

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| **12:30pm-1:30pm** | **Lunch (Banquet Hall)** |
| **12:30pm-1:30pm** | **Early to Mid-Career (EMCR) Networking Session (Bookings Required)** |
| **12:45pm-1:15pm** | **SMHR AGM (Grand Lodge)** |

| **1:30pm-3:00pm** | **Concurrent Session 4A** | **Concurrent Session 4B** | **Concurrent Session 4C** | **Concurrent Session 4D** | **Concurrent Session 4E** | **Concurrent Session 4F** |
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| *Room* | *The Grand Lodge* | *Ionic Room* | *Doric Room* | *Corinthian Room* | *Tuscan Room* | *Composite Room* |
| *Theme* | **Prevention** | **Youth mental health** | **Novel interventions & adjuncts** | **Improving clinical trials** | **Digital interventions for vulnerable populations** | **Carers and lived experience** |
| *Presentations* | Preventing the onset and escalation of mental health and substance use problems from childhood to early adulthood: Results from five intervention studies across Australia **Nicola Newton, Sonja March, Alison Calear, Govind Krishnamoorthy, Lexine Stapinski** *60 mins* | Brains and bonds: How the social world influences youth brain development and mental health **Sarah Whittle, Niousha Dehestani, Lucy Zhang, Taliah Prince, Daniel Hermens** *60 mins* | Faecal transplants for depression: findings from a pilot randomized controlled trial **Jessica Green** *12 mins* | Improving the quality and safety of clinical trials in mental health **Phil Batterham, Michael Berk, Adrienne O'Neil, Bridianne O'Dea, Michelle Tye, Lara Radovic** *90 mins* | Digital interventions and assessments for vulnerable populations: children and First Nations people **Wenting Chen, Chloe Lim, Gemma Sicouri, Maddison O'Gradey-Lee** *60 mins* | Carer outcomes from a residential treatment service for eating disorders **Sinead Day** *12 mins* |
| | Preventing anxiety and hazardous alcohol use among young adults during the COVID-19 pandemic: Naturalistic trial of the self-guided Inroads early intervention. **Laura Wade** *5 mins* | Relevance and implementation of a universal digital school-based intervention targeting multiple behaviours for a sample of disadvantaged adolescents in Australia **Lyra Egan** *12 mins* | Feasibility and Preliminary Efficacy of Walk-and-Talk Therapy for Men with Low Mood: A Randomised Pilot Study **Andi Dickmeyer** *12 mins* | | Making YBMenNT: Cultural adaptation of a U.S. social media-based mental health and masculinities program to suit young Aboriginal and Torres Strait Islander males in the Northern Territory **Melissa Opozda & Jahdai Vigona** *12 mins* | Supporting a sibling with mental illness: Young people's experiences, identities and priorities for research **Alyssa Morse** *12 mins* |
| | Gender effects on the influence of parental alcohol use on children's future drinking behaviour: Insights from the longitudinal study of Australian children (LSAC) **Siobhan O'Dean** *5 mins* | Australian adolescent cohorts examining physical and mental health outcomes: A scoping review **Emily Hunter** *5 mins* | Hospital-in-the home as an alternative to inpatient care for young people with severe mental illness: an emulated trial **Sue Cotton** *12 mins* | | The Behaviour Support Profile: Supporting Psychosocial Diversity in Paediatric Healthcare **Alma Giborski & Maddie Cranney** *12 mins* | Development of a new measure of adults' support for children experiencing or developing a mental health problem **Amy Morgan** *12 mins* |

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| Presentations | Using co-design to develop a digital tool to assist people to make informed decisions about their gambling<br>**Dilushi Chandrakumar**<br>*5 mins* | Evaluating youth engagement practices in mental health and resilience research: Rationale, methods, and recommendations<br>**Amy Nesbitt**<br>*5 mins* | Linguistic markers predicting the response to a CBT smartphone app for adolescent depression<br>**Bethany Yu**<br>*12 mins* | | | Transforming Families: Development and evaluation of a digital resource hub to enhance parental support and understanding of gender diverse children<br>**Yael Perry**<br>*12 mins* |
| | | | Podcasts in mental and/or physical health interventions for adults: A scoping review<br>**Elizabeth Dascombe**<br>*5 mins* | | | Perspectives, experiences and needs of people presenting to substance use treatment with a history of criminal justice involvement: "It helps people escape the revolving door"<br>**Isobel Ivison & Dennis Kaip**<br>*12 mins* |
| | | | Prevalence and harms of meditation practices as an adjunct or alternative to mental health care in Australia and New Zealand: Insights from the first nationally representative survey<br>**Nicholas Van Dam**<br>*5 mins* | | | "We are mirrored in your gaze": the impact of stigma and discrimination on women with both disability and mental distress<br>**Priya Vaughan & Alise Blayney**<br>*5 mins* |
| | | | Will teenagers pick up the phone? Evaluation of a new model for providing brief interventions and support to adolescents<br>**Clare Corliss**<br>*5 mins* | | | The roadmap to reform: mental health system transformation through translational research and lived experience leadership<br>**Dean Kolovos**<br>*5 mins* |
| | | | MoodyTunes: A music-based smartphone app for mental health literacy and mood management in young people<br>**Sandra Garrido**<br>*5 mins* | | | Experiences of the friends and family support program: A pilot study<br>**Jessica Deng**<br>*5 mins* |
| | | | Enhancing the psychosocial functioning of adults with severe mental illness: A controlled evaluation of Foundations<br>**Melissa Savaglio & Ash Vincent**<br>*5 mins* | | | Looking beyond distress and burden to better understand the experiences of parents and siblings of people with serious mental health disorders<br>**Melissa Hasty**<br>*5 mins* |

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| *Presentations* | | | Minocycline as Treatment for Psychiatric and Neurological Conditions: A Systematic Review and Meta-Analysis<br>**Olivia Dean**<br>*5 mins*<br><br>Culture dose for kids: How arts-based interventions can decrease anxiety in children<br>**Diane Macdonald**<br>*5 mins* | | | |

| **3:00pm-3:30pm** | **Poster Viewing Session & Afternoon Tea (Banquet Hall)** | | | | | |
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| **3:30pm-5:00pm** | **Concurrent Session 5A** | **Concurrent Session 5B** | **Concurrent Session 5C** | **Concurrent Session 5D** | **Concurrent Session 5E** | **Concurrent Session 5F** |
| *Room* | *The Grand Lodge* | *Ionic Room* | *Doric Room* | *Corinthian Room* | *Tuscan Room* | *Composite Room* |
| *Theme* | **Health systems modelling** | **Child and adolescent mental health** | **Suicide and self-harm** | **Youth mental health** | **Addiction and substance use** | **Implementation** |
| *Presentations* | Right care, first time, where you live research program<br>**Ian Hickie, Jo-An Occhipinti, Samantha Huntley, Jordan van Rosmalen, Courtney Milham, Shahana Ferdousi**<br>*90 mins* | Our Futures and Preventure – Taking to scale evidence-based universal and selective prevention programs to improve health and wellbeing and reduce suicidal ideation in male adolescents.<br>**Annabelle Hawkins**<br>*12 mins*<br><br>DBT in schools: can the DBT STEPS-A programme be successfully implemented in schools in Aotearoa New Zealand (NZ)<br>**Liesje Donkin**<br>*12 mins* | Promoting engagement with digital mental health interventions among young people with suicidal ideation<br>**Daniel Gan**<br>*12 mins*<br><br>The characteristics of mental imagery about suicide prior to a suicide attempt compared to imagery not acted upon<br>**Ann Martin**<br>*12 mins* | Novel trial designs, approaches and analysis in mental health research<br>**Andrew Thompson, Dan Siskind, Isabel Zbukvic, Stephen Wood**<br>*70 mins*<br><br>Comparing clinician perspectives on the perceived effectiveness of digital lifestyle interventions for psychological distress to empirical evidence from an AI-adaptive trial<br>**Michael Spoelma**<br>*12 mins* | Barriers and facilitators to supporting clients' mental health needs in alcohol and other drug (AOD) treatment settings<br>**Erin Madden**<br>*12 mins*<br><br>Preference for alcohol and other drug use support among Australian Public Safety Personnel<br>**Olivia Dobson**<br>*12 mins* | Making sense of complexity in context and implementation: A real-world feasibility trial embedding telehealth-delivered treatment for adolescent Anorexia Nervosa in rural health services<br>**Ashlea Hambleton**<br>*12 mins*<br><br>Implementation of illness specific identification and treatment pathways within a generalist mainstream mental health settings: A case study of eating disorders<br>**Sean Rom & Stephanie Boulet**<br>*12 mins* |

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| | A randomised controlled trial of an emotion-focused parenting intervention alters emotion regulation neural function in at-risk early adolescent girls **Sylvia Lin** *12 mins* | Gatekeeper training for youth suicide prevention: A large-scale evaluation of effectiveness **Bridget Kenny** *12 mins* | | Cannabidiol (CBD) as a potential therapeutic for cocaine use disorder: is the gut microbiome involved? **Rose Chesworth** *12 mins* | Eating Disorders in General Practice: Development, implementation and pilot of the digital InsideOut GP Hub for General Practitioners in Australia **Sabina Vatter, Sally Corry & Peta Marks** *12 mins* |
| | "Live4Life really, truly saved my life": Impacts of adolescent participation in a mental health leadership program (the Live4Life Crew) on outcomes in young adulthood in Victoria, Australia **Lakshmi Neelakantan** *12 mins* | Co-designing and evaluating a coach-supported, digital parenting program for parents of adolescents at risk of suicide **Alice Cao** *12 mins* | | An open-label, proof-of-concept trial on intranasal oxytocin for women with methamphetamine use disorder (mOXY) **Sarah Catchlove** *12 mins* | Implementing digital interventions for co-occurring mental health and alcohol and other drug use problems in health and community settings: Preliminary findings from the eCliPSE cluster RCT **Jane Rich & Matthew Watt** *12 mins* |
| *Presentations* | Little voices, big insights: Asking Australian children about their mental health literacy **Colette Burke** *12 mins* | Suicide methods in people with severe mental illness: a systematic review and meta-analysis **Mike Trott** *12 mins* | | A single-arm pilot trial of contingency management to promote cigarette smoking cessation in youth with borderline personality disorder features **Gill Bedi** *12 mins* | Establishing Foundations: the first 3-years of the ALIVE National Centre for Mental Health Research Translation **Amanda Neil** *12 mins* |
| | Investigating the effects of diverse social connections on young people's mental health in regional Victoria **Nina Logan** *5 mins* | Support needs of parents who accompany adolescents experiencing suicide crisis to the emergency department **Demee Rheinberger** *5 mins* | | Development of a culturally appropriate, national website about crystal methamphetamine **Tariq Isaacs** *5 mins* | Leading change: Scaling SPARX and Headstrong as digital mental health interventions in New Zealand **Karolina Stasiak** *12 mins* |
| | Gender-affirming medical care: A review of mental health and wellbeing outcomes in trans and gender diverse youth **Cali Bartholomeusz** *5 mins* | Safe Spaces as alternatives to the Emergency Department for suicidal distress: Exploring the experiences of guests **Cassandra Chakouch** *5 mins* | | Guanfacine extended-release Randomised controlled trial for Adolescents with Cannabis usE: Protocol for the GRACE trial **Holly Bowman** *5 mins* | The Impact of the Implementation of the National Perinatal Depression Initiative on screening for antenatal mental health disorders in Southern Tasmania **Thi Ly Tran** *5 mins* |
| | Long-term mental health outcomes following NICU admission for treatment of congenital anomalies: A retrospective cohort study **Laura Wilkie** *5 mins* | The association between childhood adverse experiences, self-harm and suicidality: a prospective cohort study **Samantha Tang** *5 mins* | | Multimorbidity and substance use disorder: influence on hospitalization of people with a mental disorder **Florence Piché** *5 mins* | Co-design and implementation of a physical activity service for people from refugee and asylum-seeking backgrounds **Grace McKeon** *5mins* |

| Presentations | Distress, waitlists and unmet needs: parents' reports of child psychological difficulties in Aotearoa New Zealand **Amy Kercher** *5 mins* | High-risk suicide locations in Australia: detection and correlates **Lay San Too** *5 mins* | | Is there a predictive association between methamphetamine use and depression? **Lucy Tran** *5 mins* | |
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| | Policies and strategies to promote optimal mental health of Australian university students: A scoping review **Melinda Hutchesson** *5 mins* | | | | |

| 7:00pm-10:30pm | Networking Dinner - The Loft, Darling Harbour |
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**FRIDAY 8 NOVEMBER 2024: DAY 3**

| 8:00am-5:30pm | Registration and Information Desk Open |
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| Room | *Marble Foyer* |

| 9:00am-10:30am | Concurrent Session 6A | Concurrent Session 6B | Concurrent Session 6C | Concurrent Session 6D | Concurrent Session 6E | Concurrent Session 6F |
|---|---|---|---|---|---|---|
| Room | *The Grand Lodge* | *Ionic Room* | *Doric Room* | *Corinthian Room* | *Tuscan Room* | *Composite Room* |
| Theme | **Digital interventions & social media** | **Child and youth mental health** | **Workplace mental health** | **Nutrition, weight and mental health** | **Men's mental health** | **Co-design** |
| Presentations | Moving toward personalised treatments: Individual trajectory analysis of therapeutic change in response to a digital intervention for eating disorders **Sarah Barakat** *12 mins* | New perspectives in child and youth mental health research and translation into practice. **Rebecca McLean, Ellie Tsiamis, Talia Carl, Jaimie Northam, Lucy Tully** *60 mins* | Results from a national randomised controlled trial of Shift, a smartphone application co-designed with doctors in training to support physician mental health and wellbeing **Samineh Sanatkar** *12 mins* | Breaking the Stigma: Nutrition, Higher Weight, and Mental Wellness **Tracy Burrows, Phillipa Hay, Gemma Sharp, Hiba Jebeile, Tamla Evans** *60 mins* | Preventing suicide in men and boys: the Buoy Project **Kylie King, Ruben Benakovic, Anthony LaMontagne, Kieran O'Gorman, Nicola Reavley** *75 mins* | "Not only do we deserve a voice on issues that affect us, we NEED a voice"; Reflections on a co-produced youth priority setting project for mental health and substance use research **Smrithi Ravindra & Cath Chapman** *12 mins* |
| | Evaluation of myNewWay, a blended care digital and psychological intervention that supports the routine care of depression and anxiety: Clinical trial outcomes and user feedback **Rosemaree Miller** *12 mins* | Development of a Clinical, Psychosocial, and Comorbidity Service Needs Index for Youth Mental Health Care **William Capon** *12 mins* | Breaking the waves: addressing mental health challenges in surf life saving Australia **Samantha Fien** *12 mins* | The TrEAT Partnership: A co-designed eating disorder clinical quality registry to support clinical practice, quality assurance and program evaluation **Phillipa Hay** *12 mins* | Transition to a first suicide attempt among young and middle-aged males with a history of suicidal thoughts: A two-year cohort study **Gregory Armstrong** *12 mins* | How does youth participation impact wellbeing? A co-designed scoping review of the mental health and wellbeing impacts of youth participation and engagement **Danica Meas & Marlee Bower** *12 mins* |
| | A randomised wait list controlled trial exploring the efficacy of an intensive 7-day online CBT program for social anxiety disorder **Jill Newby** *12 mins* | Studying psychology is a risk factor for adolescent mental health problems **Jack Andrews** *12 mins* | "Mental+ inclusion": Interviews exploring how organisations enable and sustain successful employment of people living with mental health conditions **Judith Wright** *12 mins* | Residential care for people with eating disorders: an evaluation of outcomes of the first Australian program **Phillipa Hay** *12 mins* | | 'Thriving with bipolar disorder': The co-design of a peer-delivered, quality of life focused group psychoeducation program **Emma Morton** *12 mins* |

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| | Mental health in the age of influencers: A qualitative exploration of youth and influencer perspectives<br>**Emily Adeane**<br>*12 mins* | | Propping up the bar: A qualitative analysis of stakeholder perspectives on psychosocial workplace hazards in late-night hospitality<br>**Tessa Grimmond**<br>*12 mins* | Utilising brief interventions on waitlists to increase treatment engagement<br>**Tracy Wade**<br>*5 mins* | | Co-design of a program to address food insecurity for people living with serious mental illness in the community.<br>**Scott Teasdale & Catherine O'Donnell**<br>*12 mins* |
| | Understanding the needs of postvention service providers in navigating social media following a youth suicide<br>**Michelle Lamblin**<br>*12 mins* | | Global Strategies for Inclusive Employment: A Comparative Review of Disability Legislation<br>**Elizabeth Stratton**<br>*5 mins* | | | Co-design of a work action plan for stroke survivors:  The importance of emotional support<br>**Olivia Dean**<br>*12 mins* |
| *Presentations* | The dark versus bright sides of social media from the perspectives of parents and experts<br>**Cindy Branch-Smith**<br>*12 mins* | | Traumatic exposure, post-traumatic stress disorder, and alcohol and other drug use among Australian public safety personnel<br>**Jayden Sercombe**<br>*5 mins* | | | Just Don't Make it Sh*t!': Understanding Men's Views about Online Mental Health Support and Suggestions for Developing a Novel Self-Help Program<br>**James Knox**<br>*5 mins* |
| | Scrolling, chatting, and posting: Longitudinal changes in distinct social media behaviours and their relationship with psychological distress and mental wellbeing<br>**Cath Chapman**<br>12 mins | | Interventions to reduce symptoms of common mental disorders and suicidal ideation in physicians: an updated systematic review and meta-analysis<br>**Katherine Petrie**<br>*5 mins* | | | Co-designing case scenarios and survey strategies to examine the classification and reporting of restrictive care practice in adult mental health inpatient settings: International stakeholders' perspectives<br>**Zelalem Muluneh**<br>*5 mins* |
| | | | Sustainable clinical supervision for mental health nurses working with eating disorders in regional NSW<br>**Bridget Mulvey**<br>*5 mins* | | | livED – Co-designing a digital platform for varied format data collection from people with lived experiences of eating disorders<br>**Jane Miskovic-Wheatley**<br>*5 mins* |

| Presentations | | | Investigating public safety personnel's barriers and facilitators to help-seeking for alcohol and other drug use problems.<br>**Coleen Leung**<br>*5 mins* | | | 'Health4Life Parents and Teens': Co-designing an Online Parenting Intervention that Targets the 'Big 6' Lifestyle Risk-Factors for Chronic Disease among Low Income Families in Australia<br>**Lily Davidson**<br>*5 mins* |
| | | | The role of manager training in enhancing support for employee mental health: an updated systematic review and meta-analysis<br>**Rebecca Mursic**<br>*5 mins* | | | |
| | | | Understanding the lived experience of counsellors with ADHD: Exploring the impact on clinical practice<br>**Rana Tayara**<br>*5 mins* | | | |
| **10:30am-11:00am** | **Morning Tea & Poster Viewing (Banquet Hall)** | | | | | |

| 11:00am-12:30pm | Concurrent Session 7A | Concurrent Session 7B | Concurrent Session 7C | Concurrent Session 7D | Concurrent Session 7E | Concurrent Session 7F |
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| *Room* | *The Grand Lodge* | *Ionic Room* | *Doric Room* | *Corinthian Room* | *Tuscan Room* | *Composite Room* |
| *Theme* | **Digital phenotyping** | **Innovative models of care for youth** | **Advances in measurement** | **New ideas session 2** | **Co-design and engagement** | **Sleep and lifestyle interventions** |
| *Presentations* | Opportunities and challenges of open science in digital phenotyping **Alexis Whitton, Brittany Mitchell, Greg Murray, Frederick Sundram, Bridianne O'Dea** *90 mins* | Innovative models of care to improve the mental health outcomes of Australian children and young people **Lara Farrell, Caroline Donovan, Allison Waters, Katelyn Dyason, Jennifer Hudson, Lauren McLellan** *60 mins* | The latest advances in measuring quality of life for Australians with mental health diagnoses **Cathy Mihalopoulos, Jan Faller, Phuong Hong Le, Matthew Hamilton** *60 mins* | Preventing and treating mental ill health across the life course: establishing language-literacy as a social determinant of mental health **Amanda Neil** *15 mins*<br><br>Including everyone: Research and practice considerations for diversity within demographic data **Jane Miskovic-Wheatley & Kai Schweizer** *15 mins* | Designing for engagement: Elevating lived experience through the co-design of digital mental health interventions **Emma Morton, Jennifer Nicholas, Shona Louis, Katarina Kikas** *60 mins* | The value of a good night's sleep: links between sleep and mental health in children and young people. **Kate Maston, Vanessa Cropley, Sophie Li, Carla Haroutonian** *60 mins* |
| | | Co-designing a psychosocial peer support service with young people experiencing mental illness: Lessons learned **Melissa Savaglio** *12 mins* | Getting on the same page: a content analysis of psychological distress measures used in Australian epidemiological studies **Matthew Sunderland** *12 mins* | Co-developing an Integrated Peer Supported Physical Health Service for people living with severe mental illness **Stephanie Walker & Scott Teasdale** *15 mins* | Developing an online educational resource for people experiencing eating disorders during the menopausal transition: A qualitative co-design study **Gemma Sharp** *12 mins* | The perceived acceptability of lifestyle interventions for the treatment of obsessive-compulsive disorder **Mary-Ellen Brierley** *12 mins* |
| | | Caring for caregivers: parental mental health as a primary target for parenting programs **Haley LaMonica** *5 mins* | A scoping review of Australian epidemiological datasets that measure psychological distress: Examining population trends via large scale harmonisation **Deanna Varley** *12 mins* | Measuring what matters to people experiencing distress: co-designing an innovative Sense of Safety measure and implementation package for whole person care **Caley Tapp** *15 mins* | Using co-design for the adaptation and integration of a clinician-supported, digital parenting program for parents seeking mental health support **Meg Bennett** *5 mins* | Daily time use and co-occurring psychological distress and alcohol consumption: Results from a representative sample of Australian adolescents **Amelia Henry** *5 mins* |
| | | The long and winding road: Parental experiences in seeking help for child mental health problems **Sonia McCallum** *5 mins* | | Establishment of Deakin's Clinical Trials Hub **Olivia Dean** *15 mins* | The co-design and acceptability of a genital focused body image educational video for people with a penis **Gemma Sharp** *5 mins* | A framework to understand whether professionals will talk about gambling with clients in healthcare and social assistance settings **Neisha Heath** *5 mins* |

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| *Presentations* | | | | Hybrid: A pilot study of integrated virtual reality, neurofeedback, and cognitive B=behaviour therapy for the treatment of auditory verbal hallucinations<br>**Elise Rowe**<br>*15 mins* | Codesign of an intervention addressing the medical trauma associated with type 1 diabetes.<br>*Karen Lombardi*<br>*5 mins* | |

| **12:30pm-1:30pm** | **Lunch (Banquet Hall)** |
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| **1:30pm-2:50pm** | **Plenary Session 6** |
| Room | *The Grand Lodge* |
| 1:30pm-2:15pm | Social connection and identity: Implications for managing mental health, substance use, and eating behaviour |
| Speaker | **Catherine Haslam** |
| 2:15pm-2:50pm | Psilocybin-assisted psychotherapy for generalised anxiety disorder: safety and efficacy in a world-first randomised controlled trial |
| Speaker | **Paul Liknaitzky** |
| **2:50pm-3:15pm** | **Poster Viewing Session & Afternoon Tea (Banquet Hall)** |

| **3:15pm-4:30pm** | **Concurrent Session 8A** | **Concurrent Session 8B** | **Concurrent Session 8C** | **Concurrent Session 8D** | **Concurrent Session 8E** | **Concurrent Session 8F** |
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| Room | *The Grand Lodge* | *Ionic Room* | *Doric Room* | *Corinthian Room* | *Tuscan Room* | *Composite Room* |
| Theme | **New methodologies** | **Physical health** | **Psychosis** | **Epidemiology** | **Depression & anxiety** | **Service use** |
| *Presentations* | The use of photovoice to research mental health for young people with intellectual disabilities: Challenges and opportunities<br>**Stefanie Dimov**<br>*12 mins* | Pilot randomised controlled trial of the physiCards: A novel tool to help people with a mental health condition to identify physical health concerns<br>**Caitlin Fehily & Jade Ryall**<br>*12 mins* | Inequities in cardiometabolic hospital admissions, blood screening, and premature mortality for Indigenous Māori experiencing psychosis<br>**Nathan Monk**<br>*12 mins* | Migrant Women in Aotearoa New Zealand: A blind spot in Mental Health Research and Programmes<br>**Vartika Sharma**<br>*12 mins* | Preliminary findings from the BipolarWISE trial: An innovative online psychosocial intervention for people with bipolar disorder<br>**Beth O'Gorman**<br>*5 mins* | Development and pilot of the 'next steps' decision aid for people considering more intensive psychological treatment options.<br>**Alana Fisher**<br>*12 mins* |
| | Reconstructing Psychopathology: A data-driven reorganization of the symptoms in DSM-5<br>**Miri Forbes**<br>*12 mins* | Predictors and health benefits of stress-reducing activities in people with multiple sclerosis: the role of lifestyle and demographic factors<br>**Nupur Nag**<br>*12 mins* | The Australian Early Psychosis Collaborative Consortium (AEPCC) Psychosis Understood – giving the lived experience voices of early psychosis a platform to raise awareness, empower and create change through research enrichment and public engagement<br>**Deanna (Dee) De Cicco**<br>*12 mins* | Examining the association between depression, anxiety, and heart disease in men: A longitudinal study<br>**Myles Young**<br>*12 mins* | Economic costs associated with insomnia in adults with sub-threshold depression and major depressive disorder<br>**Phuong Le**<br>*5 mins* | Barriers to accessing and engaging with mental health services for low income families: A qualitative evaluation<br>**Sophie Dickson**<br>*12 mins* |
| | Ecological momentary assessments to measure substance use and associated behaviours: A systematic review<br>**Jack Wilson**<br>*12 mins* | Keeping the Body in Mind (in a primary care setting)<br>**Eliza Draper**<br>*12 mins* | Understanding the impacts of minority discrimination and stigma on LGBTQA+ people with psychosis: a qualitative investigation.<br>**Cláudia Gonçalves**<br>*12 mins* | First National Disordered Eating Data – Prevalence and characteristics of binge eating behaviour in the Australian community reported in the 2020-2022 National Survey of Mental Health and Wellbeing<br>**Emma Bryant**<br>*12 mins* | How long do CBT treatment effects last? Long term remission and relapse of anxiety and depression 10-years after CBT<br>**Carly Johnco**<br>*12 mins* | Addressing Challenges for Low SES families in Accessing Mental health Services<br>**Sharon Michelle Grocott**<br>*12 mins* |

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| | Tapping into truth: are psychomotor symptoms associated with typing behaviour? **Taylor Braund** *12 mins* | Adolescent lifestyle behaviour modification and mental health: Longitudinal changes in diet, physical activity, sleep, screen time, smoking, and alcohol use and associations with psychological distress **Scarlett Smout** *12 mins* | Speaking about stigma: experiences of stigma and self-stigma in young people at-risk of psychosis **Zoe Waters** *12 mins* | Women with bipolar disorder are at increased risk of sarcopenia **Lana Williams** *12 mins* | Illness Anxiety Disorder: Why some seek, avoid, or fluctuate between medical care? **Katarina Kikas** *12 mins* | A detailed profile of paediatric mental health emergency department presentations in Australia **Jackson Newberry-Dupe** *12 mins* |
| | Exploring undergraduate students' perspectives on their mental health in simulation-based learning for exercise and sport science rehabilitation **Caitlin Fox-Harding** *5 mins* | Bridging the Vaccine Gap for Mental Health Service Users: Keeping the Body in Mind – Vaccines. **Liam Conlon** *12 mins* | The power of lived experience perspective: Innovating consent in schizophrenia research. **Rebecca Soole** *5 mins* | Heat-related medical admissions in people who use mental health services **Svetlina Vasileva** *12 mins* | Ageing Wisely for Chinese-speaking older adults: culturally responsive and linguistically appropriate adaptation **Jessamine Chen** *5 mins* | Paediatric mental health emergency department presentations in Australia before and during the COVID-19 pandemic period: Retrospective observational study **Jackson Newberry-Dupe** *5 mins* |
| *Presentations* | The role of self-compassion and experience in psychologists' emotional labour regulation strategies: A latent profile analysis **James Clarke** *5 mins* | Co-designing an intervention for food addiction: dietary, sleep and physical activity outcomes following a randomized controlled trial **Mark Leary** *5 mins* | Experiences of shame in individuals with lived experience of psychosis: "Creating a bridge to engagement" **Kimberley Davies** *5 mins* | Too much mental health literacy? A national survey exploring the relationship between diagnostic expansion and mental health beliefs and actions **Nicola Reavley** *12 mins* | Role of the rostral anterior cingulate cortex in emotion processing in Treatment-Resistant Depression **Ana Rita Barreiros** *5 mins* | Care navigation for adults with depression or anxiety: A pilot trial **Joanna Crawford** *5 mins* |
| | How can we capitalise on Large Language Models to improve the quality, accessibility, and diversity of gatekeeper training? **Glenn Holmes** *5 mins* | Identifying those young people with mental disorders who are most at risk of immune-metabolic dysfunction. **Sarah Mckenna** *5 mins* | Moments that matter: Bridging the gaps in care at early psychosis service discharge **Alyssa Milton** *5 mins* | | Memory processes predict the first onset of psychiatric disorders; Results from an Individual Participant Data Meta-Analysis **Caitlin Hitchcock** *5 mins* | |
| | | | What impact did the COVID-19 pandemic have on the delivery of early intervention psychosis services? **Ellie Brown** *5 mins* | | The relationship between cognitive and affective control and symptoms of depression and anxiety across the lifespan: A 3-wave longitudinal study **Anson Kai Chun Chau** *5 mins* | |
| | | | | | Late-life depression and olfactory dysfunction as risk factors for dementia **Simone Reppermund** *5 mins* | |

| Presentations | | | | | Relative associations of behavioural and physiological risks for cardiometabolic disease with cognition in bipolar disorder during mid and later-life: Findings from the UK Biobank<br>**Elysha Ringin**<br>*5 mins*<br><br>Mitochondria as a therapeutic target in mood disorders<br>**Michael Berk**<br>*5 mins* | |
| **4:30pm-5:00pm** | **Conference Close and Awards** | | | | | |
| *Room* | *The Grand Lodge* | | | | | |