

SOCIETY FOR MENTAL HEALTH RESEARCH CONFERENCE 2023

PEOPLE PLACE

29 Nov – 1 Dec 2023 | Rendezvous Hotel Perth Scarborough WESTERN AUSTRALIA

society for
mental
health
research

Program is subject to change

TUESDAY 28 NOVEMBER 2023: WORKSHOPS

1:30pm - 6:00pm Meeting 1 - Eating Disorder Satellite Research Meeting

Room Blackwood Room

11:00am - 4:00pm Meeting 2 - Alliance for the Prevention of Mental Disorders (APMD) Conference 2023

Room Swan Room

9:00am - 4:00pm Meeting 3 - 2nd Annual Scientific Meeting of the Mental Health Australian General Clinical Trials Network (MAGNET)

Room Kitson Room

WEDNESDAY 29 NOVEMBER 2023: DAY 1

7:30am-5:30pm Registration and Information Desk Open

Room Grand Ballroom Foyer

8:45am-9:15am Conference Opening

Room Grand Ballroom

Chair Yael Perry

8:50am-9:00am Welcome to Country

Nick Abraham

9:00am-9:10am Convenor's Welcome and Opening Remarks

Associate Professor Yael Perry, Telethon Kids Institute

9:10am-9:15am Opening Address

Mr Simon Millman MLA, Parliamentary Secretary to the Minister for Health; Mental Health

9:15am-11:00am Plenary Session 1

Room Grand Ballroom

Chair Yael Perry

9:15am-10:00am Cultural safety in mental health research

Professor Helen Milroy

10:00am-11:00am Panel Discussion: Achieving Indigenous Data Sovereignty through Community Control and Partnerships

Mandy Downing, Bep Uink, Lindey Andrews (panellists)

Cheryl Bridge (moderator/facilitator)

11:00am-11:30am Morning Tea & Poster Viewing (Mentelle Room)

11:30am-1:00pm	Concurrent Session 1A	Concurrent Session 1B	Concurrent Session 1C	Concurrent Session 1D	Concurrent Session 1E	Concurrent Session 1F
Room	Grand Ballroom 1 (East)	Grand Ballroom 2 (West)	Preston Room A	Preston Room B	Preston Room C	Culver Room
Chair	Tracey Wade	Dan Siskind	Samineh Sanatkar	Nicola Newton	Katie Douglas	Elizabeth Newnham
Theme	Eating disorders	Psychosis	Workplace mental health A	Schools	Mood disorders	Cultural mental health
	<p>Anorexia nervosa through the lens of a severe and enduring experience - 'Lost in a big world' Ms Laura Kiely 12 mins</p>			<p>Social and emotional well-being trajectories throughout childhood and adolescence: a longitudinal population level study Ms Mary Brushe 12 mins</p>		
	<p>Gaining consensus on clinical quality outcomes for eating disorders: Development of an Australian national minimum dataset Ms Emma Bryant 12 mins</p>	<p>Improving the physical and mental health of people with schizophrenia in a digital world: opportunities and challenges Dr Urska Arnautovska, Alyssa Milton, Gabrielle Ritchie, Ellie Brown, Rebecca Soole 50 mins</p>	<p>Mental health at the frontlines: prevalence of mental health conditions, barriers to care and novel treatment modalities for Australia's emergency service workers Dr Samineh Sanatkar, David Lawrence, Wayne Rikkers, Amelia Henry, Julia Fredrickson, Suzanna Azevedo 60 mins</p>	<p>BEACON: A brief universal school-based mental health screening tool for school students Dr Rebecca Kuhnert 12 mins</p>	<p>A showcase of basic and clinical research on mood disorders from early- and mid-career researchers representing the Australasian society of bipolar and depressive disorders A/Prof Katie Douglas, Zoe Liu, Matthew Tennant, Olivia Dean 40 mins</p>	<p>Innovative community engagement methods to advance culturally secure and effective mental health research Dr Elizabeth Newnham, Michelle Webb, Merridy Grant, Micaele Riethmuller 40 mins</p>
	<p>A critical scoping review of the neurobiology of binge eating disorder Dr Brooke Donnelly 12 mins</p>			<p>Can a school-based eHealth lifestyle intervention improve adolescent mental health? Anxiety, depression and psychological distress outcomes of the Health4Life cluster randomised controlled trial Ms Scarlett Smout 12 mins</p>		
	<p>Neural mechanisms underlying symptom reduction following Lisdexamfetamine treatment in binge eating disorder Dr Kristi Griffiths 12 mins</p>			<p>Mental health profiles and academic achievement in Australian school students Dr Tess Gregory 12 mins</p>		<p>My mind my voice evaluation: Promoting mental health and wellbeing in culturally and linguistically diverse communities Dr Alyssa Morse 12 mins</p>
	<p>General and eating disorder-specific flexibility in everyday life in individuals with anorexia nervosa, and as an indicator of risk in non-clinical samples Kelly Dann 12 mins</p>	<p>A systematic review and meta-analysis of cognitive remediation therapy and vocational assistance programs on vocational outcomes Dr Daniel Talbot 12 mins</p>	<p>Development of an online brief intervention for alcohol and other drug use in social and emergency services employees (steady program) Ms Coleen Leung 5 mins</p>	<p>Perspectives of young people and school staff on supporting the mental health of students impacted by trauma: "It's like asking 'should schools provide tap water?' Yes!" A/Prof Emma Barrett 12 mins</p>	<p>Predictors of response to ketamine therapy in treatment-resistant depression: implications for personalised treatment approaches Dr Elizabeth Stratton 12 mins</p>	<p>Personalized help-seeking web application for Chinese-speaking international university students: Randomised controlled trial Dr Isabella Choi 12 mins</p>

	The unmet treatment need for eating disorders: what has changed in over 10 years? Dr Kathina Ali 12 mins	Child maltreatment and risk of psychosis: a network analysis approach Dr Scott Clark 5 mins	"We are drowning here": Results from a national mental health survey of Australian teachers Miss Anna Roberts 5 mins	Common practice, process, and implementation elements of school-based trauma interventions targeting PTSD symptomology: A systematic review Ms Kirsten Rowlinson 12 mins	Do polygenic risk scores for bipolar disorder, depression or schizophrenia predict mood disorder questionnaire responses? Mrs Kristen Hopkins 12 mins	Suicide mortality of Australian migrants between 2006-2019 - An intersectionality approach Dr Humaira Maheen 5 mins
				Development, feasibility and impact of the mental health in primary schools (MHIPS) initiative Ms Maddie Cranney 5 mins	Women with obesity characterised by systemic inflammation are at increased risk of major depression Prof Julie Pasco 12 mins	
Collective Q&A at the end of each concurrent session						
1:00pm-2:00pm	Lunch - Grand Ballroom Foyer and Straits Café					
2:00pm-3:00pm	Plenary Session 2					
Room	Grand Ballroom					
Chair	Sue Cotton					
Presentation	Emotion-related impulsivity in mood disorders: clinical correlates and treatment development ideas Professor Sheri Johnson					
3:00pm-3:30pm	Afternoon Tea & Poster Viewing (Mentelle Room)					
3:30pm-4:45pm	Concurrent Session 2A	Concurrent Session 2B	Concurrent Session 2C	Concurrent Session 2D	Concurrent Session 2E	Concurrent Session 2F
Room	Grand Ballroom 1 (East)	Grand Ballroom 2 (West)	Preston Room A	Preston Room B	Preston Room C	Culver Room
Chair	Amanda Neil	Caitlin Fox-Harding	Dan Siskind	Alison Caele	Rachel Reilly	Alyssa Morse
Theme	Health economics	Lived experience	Psychopharmacology	Child mental health	Aboriginal and Torres Strait Islander	Carers
	A cross-country analysis of seven national mental health investment case studies from Africa and Asia Dr Yong Yi Lee 12 mins	The Australian early psychosis collaborative consortium (AEPCC) lived experience network - building the lived experience voice into early psychosis research across Australia Ms Joanna Fitzsimons 12 mins	Evidence-based clinical management of complex psychosis Prof Dan Siskind, Julia Lappin, Anthony Harris, Korinne Northwood, Scott Clark 50 mins	Randomised controlled feasibility trial of guided parent-delivered cognitive behaviour therapy for children's perfectionism Dr Madelaine de Valle 12 mins	How do Aboriginal and Torres Strait Islander youth experience life interference when they are socially and emotionally unwell? Miss Maddison O'Grady-Lee 12 mins	Assessing the mental health impact of caring on a national cohort of Australian men A/Prof Tania King 12 mins
	Cost-utility of treatment initiation with subcutaneous ketamine for treatment-resistant depression - The KADS study Prof Cathy Mihalopoulos 12 mins	What are the priorities of consumers and carers regarding outcome measurement in mental healthcare? Results from a Q-methodology study Ms Rachel O'Loughlin 12 mins		Medicinal cannabis for paediatric emotional and behavioral symptoms: parent and physician perspectives A/Prof Daryl Efron 12 mins	Ngalaiya Boorai Gabara Budbut: Supporting the heads and hearts of Aboriginal and Torres Strait Islander children and adolescents - Strengthening primary health care for young people A/Prof Rachel Reilly 12 mins	Gendered effects of adolescent care on mental health - an effect modification analysis Ms Ludmila Fleitas Alfonso 12 mins

	<p>An economic evaluation of telehealth lifestyle therapy versus telehealth psychotherapy for reducing depression in adults with COVID-19 related distress: The CALM trial</p> <p>Ms Joahna Kevin Perez</p> <p>12 mins</p>	<p>A review of DoNoHarm: a framework for lived experience story sharing</p> <p>Dr Bradley Shrimpton</p> <p>5 mins</p>	<p>Cannabidiol for At Risk for psychosis Youth (CanARY): A Randomised Controlled Trial</p> <p>Dr James Kean</p> <p>5 mins</p>	<p>Mental health first aid to support primary school children with mental health problems or crises: development of best-practice guidelines using Delphi expert consensus studies</p> <p>Dr Laura Hart</p> <p>12 mins</p>	<p>Factors that contribute to social and emotional wellbeing among Aboriginal and Torres Strait Islander LGBTQA+ young people</p> <p>A/Prof Bep Uink</p> <p>12 mins</p>	<p>Mental health impact of informal care in Australian youth - a population-based longitudinal study</p> <p>Ms Ludmila Fleitas Alfonzo</p> <p>12 mins</p>
	<p>The cost-effectiveness of adjunctive psychosocial therapies in bipolar disorder</p> <p>Dr Mary Lou Chatterton</p> <p>12 mins</p>	<p>WA Mental Health Research Strategy: Integrating Lived Experience Expertise</p> <p>Dr Sophie Davison, Carli Sheers, Nasair David</p> <p>4:15pm-4:45pm</p>		<p>Can a digital self-help CBT program for child and adolescent anxiety change anxiety-related functioning?</p> <p>Prof Sonja March</p> <p>12 mins</p>	<p>Strong & Deadly Futures: co-designed alcohol and drug prevention for Aboriginal and Torres Strait Islander youth</p> <p>Dr Kriscia Tapia, Terri Golding</p> <p>12 mins</p>	<p>Parents of adolescents who experience suicide crisis or self-harm - a scoping review of their experience</p> <p>Miss Demee Rheinberger</p> <p>12 mins</p>
	<p>Assessing the cost-effectiveness of interventions that simultaneously prevent high body mass index and eating disorders in adolescents: an Australian case study</p> <p>Dr Long Le</p> <p>12 mins</p>			<p>Developing a shared-language for children’s mental health: The children’s wellbeing continuum</p> <p>Ms Katy Anderson</p> <p>5 mins</p>	<p>A systematic review of the antecedent thoughts and feelings that are associated with suicidal behaviours in Indigenous young people internationally (aged 12-25 years)</p> <p>Mr Craig D’Mello</p> <p>5 mins</p>	<p>Parent Pathways: Outcomes from a national survey investigating the impact of having trans children on parental mental health and wellbeing</p> <p>Dr Blake Cavve</p> <p>12 mins</p>
				<p>Associations between reading ability and anxiety, depression, and behaviour problems: mediating and moderating effects of self-esteem and bullying victimisation?</p> <p>A/Prof Mark Boyes</p> <p>5 mins</p>		
	Collective Q&A at the end of each concurrent session					
5:00pm-7:00pm	Welcome Reception (Mentelle Room and deck)					
THURSDAY 30 NOVEMBER 2023: DAY 2						
7:15am-8:45am	EMCR Breakfast (bookings required)					
Room	Preston Room					
8:00am-5:30pm	Registration and Information Desk Open					
Room	Grand Ballroom Foyer					
9:00am-10:30am	Plenary Session 3					
Room	Grand Ballroom					
Chair	Sarah Maguire					
9:00am-9:45am	Scratching beneath the surface: (epi)genetics and disordered eating in the general population					
	Associate Professor Sarah Cohen Woods					
9:45am-10:30am	Mapping the biological, psychosocial and cultural mechanisms underlying refugee mental health					
	Associate Professor Belinda Liddell					
10:30am-11:00am	Morning Tea & Poster Viewing (Mentelle Room)					

11:00am-12:30pm	Concurrent Session 3A	Concurrent Session 3B	Concurrent Session 3C	Concurrent Session 3D	Concurrent Session 3E	Concurrent Session 3F
Room	Grand Ballroom 1 (East)	Grand Ballroom 2 (West)	Preston Room A	Preston Room B	Preston Room C	Culver Room
Chair	Sally Hunt	Caitlin Hitchcock	Michelle Tye	Penelope Strauss	Samuel Harvey	Susanne Schweizer
Theme	Trauma	Prevention	Suicide prevention	LGBTQA+ mental health	Workplace mental health	Emotion regulation and basic science
	Parenting with trauma: Psychological insights into development and treatment of intergenerational trauma Dr Sally Hunt, Katrina Streatfeild, Saskia Behan, Jessica Warren <i>40 mins</i>	Personalised prediction with PRE-EMPT PhDs and post-docs Dr Blake Cavve, Simon Hartmann, Cassandra Wannan, Enda Byrne, Josh Nguyen, Esdras Raposo de Almeida <i>60 mins</i>	Why am I doing this? Ambivalence in the context of non-suicidal self-injury Dr Nikki Gray <i>12 mins</i>	Suicidality in the trans community: Findings from an interview-based study Dr Sav Zwickl <i>12 mins</i>	Naturalistic evaluation of HeadGear: A smartphone app to reduce depression in workers Dr Mark Deady <i>12 mins</i>	The latest trends in emotion regulation research Dr Susanne Schweizer, David Preece, Peter Koval, Savannah Minihan, Sophie Li, Elizabeth Westrupp <i>60 mins</i>
			Self-harm in people with dementia - assessing risk factors, health profiles and healthcare pathways using big data A/Prof Simone Reppermund <i>12 mins</i>	Eating disorder symptoms and compulsive exercise in trans and gender diverse adults Kai Schweizer <i>12 mins</i>	Work-related factors and the risk of common mental disorder one year later: a prospective cohort study among Australian junior doctors Ms Katherine Petrie <i>12 mins</i>	
			Social, lifestyle and school-level risk factors for suicide and self-harm in Australian adolescents Prof Alison Calear <i>12 mins</i>	Group mindful self-compassion training to improve mental health outcomes for LGBTQA+ young adults Ms Zoe Waters <i>12 mins</i>	Suicide among healthcare professionals in Australia: a retrospective mortality study over the last two decades Ms Katherine Petrie <i>12 mins</i>	
			What does peer support look like to young people experiencing suicide? A qualitative study Dr Laura Hemming <i>12 mins</i>	Internal barriers, external barriers, and bullying experiences among trans, non-binary and gender diverse (trans) people in Australian sport and fitness settings: impacts on mental health and well-being Miss Sasha Bailey <i>12 mins</i>	A proposed framework for design and development of digital interventions for workplace mental health: a meta-regression analysis Dr Elizabeth Stratton <i>12 mins</i>	
	Adolescent resilience in the face of the global pandemic: the interplay between trauma, COVID-19 stressors, and protective factors Ms Lucy Zhang <i>12 mins</i>		Understanding self-harm onset in preadolescent and adolescent youth using a contextual approach: qualitative parent-report Dr Lauren McGillivray <i>12 mins</i>	Population-level mental health and wellbeing outcomes across genders in school students Mx Zara Boulton <i>12 mins</i>	Can mental health screening increase help-seeking for first responders? Dr Aimee Gayed <i>12 mins</i>	

	<p>Childhood maltreatment and depression and anxiety in young adulthood: Self-compassion and coping style as mediators and potential intervention targets</p> <p>Dr Lucinda Grummitt 12 mins</p>		<p>A comparative test of the Interpersonal-Psychological and Integrated Motivational-Volitional models of suicidal behaviour in an Australian representative sample</p> <p>Dr Jennifer Ma 12 mins</p>	<p>Baseline psycho-social health and well-being of the GENTLE (GENder idenTity Longitudinal Experience) cohort of trans youth</p> <p>Dr Blake Cavve 12 mins</p>	<p>The mental wellbeing of crisis supporters</p> <p>Mr Jayden Sercombe 12 mins</p>	<p>Role of peripheral inflammation and metabolic changes in central dopamine dysregulation underlying anhedonia phenotype in rats</p> <p>Dr Roger Varela 12 mins</p>
	<p>The impact of psychosocial stress on body, brain, and cognitive ageing across different mental health disorders</p> <p>Dr Cassandra Wannan 12 mins</p>	<p>Transdiagnostic biomarkers of mental illness across the lifespan: a systematic review examining the genetic and neural correlates of latent transdiagnostic dimensions of psychopathology in the general population</p> <p>Mr Nicholas Hoy 12 mins</p>			<p>Mental health disclosure decision aid tool in the real-world occupational setting</p> <p>Dr Elizabeth Stratton 5 mins</p>	<p>Gene set enrichment analysis to identify novel treatment targets for bipolar disorder</p> <p>Prof Ken Walder 5 mins</p>
	Collective Q&A at the end of each concurrent session					
12:30pm-1:30pm	Lunch - Grand Ballroom Foyer and Straits Café					
12:45pm-1:15pm	SMHR AGM (Grand Ballroom 1)					

1:30pm-3:00pm	Concurrent Session 4A	Concurrent Session 4B	Concurrent Session 4C	Concurrent Session 4D	Concurrent Session 4E	Concurrent Session 4F
Room	Grand Ballroom 1 (East)	Grand Ballroom 2 (West)	Preston Room A	Preston Room B	Preston Room C	Culver Room
Chair	Matthew Sunderland	Imogen Bell/Dominic Dwyer	Daniel Fassnacht	Dan Siskind	Sue Cotton	Scott Clark
Theme	Clinical research and diagnosis	Digital youth mental health	Psychosocial interventions	Physical health	Psychopharmacology	Psychosis
	<p>The validity and clinical utility of illness anxiety disorder Miss Katarina Kikas 12 mins</p>	<p>Harnessing artificial intelligence to advance the field of youth mental health: cutting-edge applications and future directions Dr Imogen Bell, Alexis Whitton, Taylor Braund, Dominic Dwyer 50 mins</p>	<p>From evidence to practice: measuring and improving mental wellbeing in the context of psychological distress A/Prof Daniel Fassnacht, Matthew Iasiello, Jackson Mason Stephens, Joep van Agteren, Kathina Ali 50 mins</p>	<p>Lifestyle approaches to the management of mental and physical health in people with mental disorders: What's on the horizon? Dr Wolfgang Marx, Ye Ella Tian, Deborah Ashtree, Dan Siskind, Scott Teasdale, Melissa Lane 60 mins</p>	<p>Network-based drug repurposing for schizophrenia Ms Thi Thuy Tran Truong 12 mins</p>	<p>Imagery-focused therapy for visual hallucinations: A clinical case series A/Prof Georgie Paulik 12 mins</p>
	<p>Conceptualisation of severe and enduring anorexia nervosa: A qualitative meta-synthesis Ms Laura Kiely 12 mins</p>				<p>Advances in adjunctive minocycline for depression A/Prof Olivia Dean 12 mins</p>	<p>The latent factor structure of negative symptoms in schizophrenia, major depressive disorder and bipolar disorder Dr Raymond Chan 12 mins</p>
	<p>What is the core transdiagnostic process? A cross-sectional study to assess the relationship with multiple candidate measures Dr Isabeau Tindall 12 mins</p>	<p>Orygen virtual worlds: A new approach to engaging young people in mental health treatments Prof Andrew Thompson 12 mins</p>	<p>Acceptability and feasibility of CIRCUS: An online cognitive behaviour therapy intervention for multiple health behaviours in women Dr Sally Hunt 12 mins</p>	<p>Guidelines for implementing exercise services within mental healthcare: A Delphi study Caleb McMahon 12 mins</p>	<p>Biological predictors of clinical, functional, social and cognitive responses to Clozapine - a systematic review Dr Tahnee Bridson 12 mins</p>	<p>Clinical and functional characteristics of a cohort sample of first episode psychosis patients 15 - 20 years following first treatment at a specialist early intervention service - EPPIC Dr Amity Watson 12 mins</p>

	<p>The influence of emotional labour on ratings of therapeutic alliance: A case series Mr Anthony Joffe 12 mins</p>	<p>An artificial therapist (Manage Your Life Online) to support the mental health of youth: co-design and case series Ms Aimee-Rose Wrightson-Hester 12 mins</p>	<p>Creating a safe place for suicide risk assessment education: how can clinicians feel safe to be vulnerable with their peers in an education program? Mrs Kylie Atkinson 12 mins</p>	<p>Community mental health matters: Evaluating the delivery of a free exercise clinic in Perth, WA Dr Caitlin Fox-Harding 5 mins</p>	<p>Antipsychotic use during pregnancy and risk of developmental disorders in children: A multinational cohort study Ms Claudia Bruno 12 mins</p>	<p>Clinical and biological correlates of early life deprivation and threat in psychosis A/Prof Vanessa Cropley 12 mins</p>
	<p>Towards a neurophenomenological understanding of self-disorder in schizophrenia spectrum disorders: a systematic review and synthesis of anatomical, physiological, and neurocognitive findings Mr James Martin 5 mins</p>				<p>Long-term characterisation of relationship between change in depression severity and change in inflammatory markers following inflammation-stratified treatment with vortioxetine augmented with celecoxib or placebo Ms Emma Sampson 12 mins</p>	<p>Exploring the relationship between baseline health-related quality of life (AQoL-4D utility values) and mortality during long-term follow-up for people living with a psychotic disorder A/Prof Amanda Neil 12 mins</p>
	<p>Patient perspectives: Telehealth for mental health services Ms Holly Stephens 5 mins</p>				<p>Phase 3 randomised placebo-controlled trial of mirtazapine for methamphetamine dependence: The Tina Trial Dr Tayla Degan 12 mins</p>	
	<p>Personality pathology and emotion regulation: Mapping emotion regulation patterns within the DSM-5 alternative model of personality disorders Mr Lewis Stulcbauer 5 mins</p>				<p>Polypharmacy in the treatment of borderline personality disorder. A repeated cross-sectional study using New Zealand’s national databases Dr Matthew Tennant 5 mins</p>	
	Collective Q&A at the end of each concurrent session					

3:00pm-3:30pm	Afternoon Tea & Poster Viewing (Mentelle Room)					
3:30pm-5:00pm	Concurrent Session 5A	Concurrent Session 5B	Concurrent Session 5C	Concurrent Session 5D	Concurrent Session 5E	Concurrent Session 5F
Room	Grand Ballroom 1 (East)	Grand Ballroom 2 (West)	Preston Room A	Preston Room B	Preston Room C	Culver Room
Chair	Amy Morgan	Sonja March	Justine Gatt	Kerry Gibson	Frances Kay-Lambkin	Kristi Griffiths
Theme	Stigma and discrimination	Child and adolescent anxiety	Wellbeing	Youth mental health	Mood disorders	Eating disorders
	<p>Reducing stigma and discrimination: From policy to practice Dr Amy Morgan, Nicola Reavley, Alison Calear, Anna Ross 40 mins</p>	<p>Digital services for child and adolescent anxiety: State of play and Integration into health service contexts Prof Sonja March, Gemma Sicouri, Annabel Songco, Chloe Lim 50 mins</p>	<p>Mental wellbeing and resilience: neuroscience to clinical translation in adults and young people A/Prof Justine Gatt, Haeme Park, Luke Egan, Janine Lam, Amanda Boyes, Daniel Hermens 60 mins</p>	<p>University student mental health across diverse populations: Challenges and opportunities Skyler Hsieh, Senuri Panditharatne, Samuel McKay, Louise Farrer, Dimity Crisp, Kahn Tasker 60 mins</p>	<p>Activation Therapy for severe depression: Preliminary outcomes from a randomised controlled trial in New Zealand A/Prof Katie Douglas 12 mins</p>	<p>Clinician and service user perspectives of supports and impacts of concurrent disordered eating in those living with a severe mental illness Ms Katie Dalton 12 mins</p>
					<p>Combining cognitive remediation with psychological therapy for long-term recovery in mood disorders A/Prof Katie Douglas 12 mins</p>	<p>Does TikTok contribute to eating disorders? A big data investigation of the TikTok algorithms belonging to individuals with eating disorders versus healthy controls Dr Scott Griffiths 12 mins</p>
					<p>Evaluating lifestyle therapy versus psychotherapy for reducing depression in adults with psychological distress during Covid-19: Results from the Curbing Anxiety and depression using Lifestyle Medicine (CALM) non-inferiority, randomised trial Prof Adrienne O'Neil 12 mins</p>	<p>A longitudinal community study investigating associations between parents' body weight/shape comments and disordered eating among adolescents Prof Phillipa Hay 12 mins</p>
	<p>Please, just talk to me: autobiographical memory specificity increases self-disclosure, and reduces self-harm and depression in adolescents Dr Caitlin Hitchcock 12 mins</p>		<p>Social exclusion, mental health and wellbeing in adolescence: Insights from the 2022 Mission Australia Youth Survey Dr Kate Filia 12 mins</p>		<p>Natural disaster experiences and depression Dr Jodi Thomas 12 mins</p>	<p>Digital therapies for eating disorders: results of a randomised controlled trial and a translational trial into national headspace pathways Dr Sarah Maguire 12 mins</p>

	Tackling stigma in the news: New Australian guidelines and education intervention for media reporting on mental illness and crime Dr Anna Ross 12 mins	Mental health-related harms associated with the universal screening of anxiety and depressive symptoms in Australian secondary schools Dr Taylor Braund 12 mins	Safe spaces in schools: Built environment interventions to enhance students' perceived safety and wellbeing Dr Jacinta Francis 5 mins	The role of parenting in youth gambling Dr Cassy Dittman 12 mins	Ketamine for treatment-resistant depression: patient knowledge, expectations and lived experience Dr Alyssa Milton 12 mins	A randomised controlled evaluation of an online perfectionism intervention for people with disordered eating - how perfect does it need to be? Prof Tracey Wade 12 mins
		Inhibitory control training for anxiety and math achievement in primary-school children Ms Linh Chu 12 mins	The evolution of Headstrong: A year and a half on from a national launch of a digital wellbeing tool for New Zealand adolescents Dr Karolina Stasiak 5 mins	Three years on: Longitudinal trajectories, risk and protective factors for young adult mental health during the COVID-19 pandemic Miss Amarina Donoe-Bales 5 mins	The prevalence of depression and anxiety in community aged care Dr Marissa Dickins 12 mins	The IncludED Study: Exploring diverse eating and body image within the LGBTQIA+ community: Preliminary results Mx Kai Schweizer 12 mins
Collective Q&A at the end of each concurrent session						
7:00pm-11:00pm	Conference Dinner (Frasers, Kings Park)					

FRIDAY 1 DECEMBER 2023: DAY 3						
8:00am-5:30pm	Registration and Information Desk Open					
Room	Grand Ballroom Foyer					
9:00am-10:30am	Concurrent Session 6A	Concurrent Session 6B	Concurrent Session 6C	Concurrent Session 6D	Concurrent Session 6E	Concurrent Session 6F
Room	Grand Ballroom 1 (East)	Grand Ballroom 2 (West)	Preston Room A	Preston Room B	Preston Room C	Culver Room
Chair	Kate Maston	Grant Sara	Dan Hermens	Rosemaree Miller	Lou Farrer	Tim Slade
Theme	Sleep	Physical health	Neuroimaging and cognition	Digital mental health	Interventions	Epidemiology
	Cracking the sleep-mood code: Unravelling the influence of sleep on mental health Ms Kate Maston, Issy Clegg, Sophie Li, Patrick Clarke 40 mins	Closing physical health gaps: building the evidence to support action Grant Sara, Patrick Gould, Scott Teasdale, David Lawrence 50 mins	Parent emotion socialization is associated with neural correlates of emotion regulation in early adolescents Ms Sylvia Lin 12 mins	Moving from theory to practice: Blending digital and face-to-face treatment to improve mental health care for all Dr Rosemaree Miller, Imogen Bell, Jennifer Nicholas, Mark Deady, Matthew Coleshill 50 mins	Co-designing a community-based psychosocial service with youth experiencing mental illness in Tasmania Ms Melissa Savaglio 12 mins	The Big 5: The most important actions we can take for our mental health Prof Nick Titov 12 mins
			Altered task-induced functional decoupling of the frontocingulate cortex in depression Ms Christine Leonards 12 mins		Exploring the information and decision-support needs of people seeking self-directed digital mental health treatment Dr Alana Fisher 12 mins	Common mental disorders and perinatal outcomes in Australia: A population-based retrospective cohort study Mrs Fiona Faulks 12 mins
			Assessing the efficacy of an early intervention marine oil treatment in children exhibiting symptoms of attention-deficit/hyperactivity disorder (ADHD) Dr James Kean 12 mins		Investigating changes in depressive symptoms and gut bacteriome after bowel preparation and colonoscopy: a pre-post intervention study Prof Felice Jacka 12 mins	Predicting changed in gambling risk: Evidence from the Household Income and Labour Dynamics in Australia (HILDA) study Dr Miranda Chilver 12 mins
			EEG power spectrum profiles of early adolescents exposed to cyberbullying: A cross-sectional analysis Ms Lia Mills 12 mins		RECOVER - a randomised controlled trial of a tailored psychological intervention for early-stage bipolar disorder: Challenges and opportunities Prof Sue Cotton 12 mins	Hepatitis C Virus screening in consumers who access public mental health services Ms Cathy Ngo 12 mins

	<p>Examining the relationship between repetitive negative thinking and fatigue using ecological momentary assessment in a university sample Ms Nusaibah Islam 12 mins</p>	<p>Exercise physiology via telehealth for adults with depression: A pilot trial Dr Joanna Crawford 12 mins</p>	<p>The neuropsychology of the reinforcement sensitivity theory: Individual differences in cortical thickness, behaviour, and health Ms Daniela Espinoza Oyarce 12 mins</p>	<p>Electronic Clinical Pathways to Service Excellence (eCLiPSE): A digital hub facilitating access to evidence-based support for co-occurring mental health and substance use problems Dr Louise Thornton 12 mins</p>	<p>Telehealth group transdiagnostic cognitive behavioural therapy for depression and anxiety Dr Melissa Black 5 mins</p>	<p>Across the multiverse: Exploring the overarching and specific associations between indicators of adolescent alcohol use and diverse measures of emotional concerns Dr Jillian Halladay 12 mins</p>
	<p>Brain structural comorbidity between insomnia and psychopathology in the context of early adolescent brain development A/Prof Vanessa Cropley 12 mins</p>	<p>Enjoying exercise for mental health: Exercise enjoyment, depressive symptoms, and health outcomes for university students within a mental health service Mr Ivan Jetic 5 mins</p>	<p>The effects of depressive symptoms on working memory for social and non-social networks Ms Karina Grunewald 12 mins</p>	<p>Transdiagnostic versus disorder-specific smartphone interventions for treatment of youth and adult mental health conditions: a systematic review and meta-analysis Dr Imogen Bell 12 mins</p>	<p>Supporting people with a rare cancer who live rurally (SPARC) Dr Laura Hemming 5 mins</p>	<p>Cardiovascular medicine use in adults with ADHD: a nationwide study in Australia Dr Masako Araki 12 mins</p>
	<p>Day-to-day associations between self-reported sleep and subtle psychotic experiences in individuals at-risk for developing psychosis Miss Melanie Formica 5 mins</p>	<p>Affective distress profiles and associations with exercise barriers and benefits within the general population Ms Madeleine Connolly 5 mins</p>			<p>The association between nursing skill mix and patient outcomes in a mental health setting: An observational feasibility study Mr Nompilo Moyo 5 mins</p>	
	<p>Self-reported early life stress and sleep quality in bipolar disorder, treatment-sensitive and treatment-resistant depression Dr Carla Haroutonian 5 mins</p>				<p>Boosting first-line mental health care for Youngsters suffering from chronic conditions with Mindfulness - the You.Mind! Study Ms Merle Kock 5 mins</p>	
					<p>Care navigation for adults with depression or anxiety: Co-design and a pilot trial protocol Dr Joanna Crawford 5 mins</p>	
	Collective Q&A at the end of each concurrent session					
10:30am-11:00am	Morning Tea & Poster Viewing (Mentelle Room)					

11:00am-12:30pm	Concurrent Session 7A	Concurrent Session 7B	Concurrent Session 7C	Concurrent Session 7D	Concurrent Session 7E	Concurrent Session 7F
Room	Grand Ballroom 1 (East)	Grand Ballroom 2 (West)	Preston Room A	Preston Room B	Preston Room C	Culver Room
Chair	Penny Hasking	Alison Calear	Kate Filia	Amelia Gulliver	Stefanie Dimov	Lou Thornton
Theme	Suicide prevention	Alcohol & Other Drugs and Mental Health	Youth mental health	Public health	Neurodivergence and Disability	Digital mental health
	<p>The ‘Under the Radar’ project: Designing better support systems for men with suicidal thoughts who are not in receipt of help Dr Alexis Whitton 12 mins</p>	<p>Making sense of diverging population trends in emotional problems and alcohol use across developmental and historical time Dr Jillian Halladay, Cath Chapman, Matthew Sunderland, Peter Butterworth, Phil Batterham 50 mins</p>	<p>Climate anxiety in young people: exploring factors that influence adaptive to maladaptive responses Miss Tara Crandon 12 mins</p>	<p>“Anything is better than nothing, and nothing is what we have”: Clinicians’ and Young peoples’ ‘needs and wants’ while on the mental health services waitlist Miss Melody Kim 12 mins</p>	<p>Unravelling work and mental health for young people with disability Ms Stefanie Dimov, Glenda Bishop, Marissa Shields, Alexandra Devine, Tania King 50 mins</p>	<p>Telehealth and beyond: COVID-19 as a catalyst for technology enhanced youth mental health services Dr Jennifer Nicholas 12 mins</p>
	<p>Universal aftercare: Identifying service needs and gaps for support following suicidal crisis Miss Cassandra Chakouch 12 mins</p>		<p>MobiliseMe: A randomised controlled trial of a new self-directed CBT smartphone app for adolescent depression A/Prof Bridianne O’Dea 12 mins</p>	<p>Who are we missing? Evidence for gaps in mental health services and research Prof Phil Batterham 12 mins</p>		<p>Exploring the benefits of an online support program for family and friends supporting someone with their mental health Ms Ellyse Fitzgeraldson 12 mins</p>
	<p>Why do they come back? Outcomes for those who attend multiple psychoeducational groups following suicide attempt Prof Navjot Bhullar 12 mins</p>		<p>Reading between the lines: Exploring the associations between linguistic features and symptoms of poor mental health in adolescents A/Prof Bridianne O’Dea 12 mins</p>	<p>Of the importance of literacy to mental health: insights from Australian speech pathologists A/Prof Amanda Neil 12 mins</p>		<p>Can persuasive design principles enhance engagement and effectiveness with digital mental health apps? A systematic review and meta-analysis Dr Jennifer Nicholas 12 mins</p>
	<p>Key principles of evidence-based suicide aftercare Dr Ann Martin 12 mins</p>		<p>Self-compassion and interpersonal behaviours among adolescents Ms Kirsten Rowlinson 12 mins</p>	<p>Increased ambient maximum temperature escalates psychiatric emergency presentations in Western Sydney Dr Taylor Braund 12 mins</p>		<p>A coach-assisted, online parenting program for parents of adolescents who refuse school: Evidence of acceptability and feasibility Ms Anna Smout 12 mins</p>
	<p>Sex differences in suicide, suicidal ideation, and self-harm after release from incarceration: a systematic review and meta-analysis Ms Emilia Janca 12 mins</p>	<p>Tackling health inequities: a systematic review of eHealth interventions targeting poor diet, alcohol use, tobacco smoking and vaping among disadvantaged adolescents Ms Lyra Egan 12 mins</p>	<p>The effects of depressive symptoms and self-perceived social value on adolescent social risk taking Ms Weike Wang 5 mins</p>		<p>A randomised controlled trial of an autism-specific anxiety intervention Prof Dawn Adams 12 mins</p>	<p>“A black swan moment”: a mixed methods approach to understanding the implementation and normalisation of telehealth for mental health care Dr Lou Farrer 12 mins</p>

	Prevalence and correlates of suicidal ideation among youth enrolled in alcohol and other drug treatment Dr Nina Pocuca 12 mins	Why do anxiety and alcohol use concerns co-occur? A systematic review of mediators and moderators of this relationship Ms Tara Guckel 5 mins	Identifying the priorities for future infant, child, and youth mental health research in Western Australia (WA) Ms Jacinta Freeman 5 mins		The effectiveness of disability discrimination legislation and regulations on employment participation rates of those living with disability including mental ill-health Dr Elizabeth Stratton 5 mins	Health literacy profiles and correlates of people seeking self-directed digital mental health treatment Dr Alana Fisher 5 mins
		Use of prescription psychotropic medicines amongst people who are dependent on methamphetamine Dr Alyn Turner 5 mins	"We deserve a say": youth priorities for mental health and substance use research Prof Cath Chapman, Tanya Dearle 12 mins			How do young people use the internet to support their mental health? Prof Kerry Gibson 12 mins
	Collective Q&A at the end of each concurrent session					
12:30pm-1:30pm	Lunch - Grand Ballroom Foyer and Straits Café					
1:30pm-2:45pm	Plenary Session 6					
Room	Grand Ballroom					
Chair	Stephen Wood					
1:30pm-2:15pm	Developmentally digital: navigating online disparities and new opportunities for youth mental health Associate Professor Kathryn Modecki					
2:15pm-2:30pm	SMHR Oration					
2:30pm-2:45pm	SMHR Founders Medal 2023					
2:45pm-3:15pm	Afternoon Tea & Poster Viewing (Mentelle Room)					
3:15pm-4:30pm	Concurrent Session 8A	Concurrent Session 8B	Concurrent Session 8C	Concurrent Session 8D	Concurrent Session 8E	Concurrent Session 8F
Room	Grand Ballroom 1 (East)	Grand Ballroom 2 (West)	Preston Room A	Preston Room B	Preston Room C	Culver Room
Chair	Phil Batterham	Sarah Hetrick	Bep Uink	Nina McCarthy	Mayuresh Korgaonkar/Chris Davey	Matt Sunderland
Theme	National mental health initiatives	Mood disorders	Intersectionality	Biological	Neuroimaging	Epidemiology
	Shifts in the foundations: the people and place of national mental health research and translation initiatives in Australia Susan Rossell, Sarah Maguire, Sonja March, Andrew Thompson, Amanda Neil, Nicki Reavley 60 mins	Bipolar disorder and markers of bone turnover Prof Lana Williams 12 mins	Unveiling the Kaleidoscope: Navigating intersectional journeys to mental health and wellbeing in ethnic youth in New Zealand Dr Arier Lee 12 mins	Using electronic prescription records to characterise differential antidepressant response in the Australian Genetics of Depression Study Dr Brittany Mitchell 12 mins	Neuroimaging in mental health - showcase of advanced approaches of neuroimaging in characterising neurobiology of mental disorders and their treatments Daniel Hermens, Alec Jamieson, Laura Han, Elizabeth Haris 40 mins	2020/2021 National Study of Mental Health and Wellbeing: updated mental health data on prevalence, comorbidity, suicide and service use in Australia Prof Tim Slade, Matthew Sunderland, Vikas Arya, Caley Tapp 40 mins
		Advancing early intervention for bipolar disorder Prof Sue Cotton 12 mins	"Now let's Add Stigma": The experience and impact of self-stigma on women with intersectional experiences of mental distress, disability, and a refugee background Dr Priya Vaughan 12 mins	The role of endophenotypes in the genetic overlap between psychiatric disorders Dr Nina McCarthy 12 mins		

		<div>The impact of personality disorder symptoms on outcomes of a randomized controlled trial for bipolar depression Dr Alyna Turner 12 mins</div>	<div>Thriving or Surviving? Findings from a qualitative study exploring the lived experiences of ethnic minority youth with intersectional identities in New Zealand Dr Vartika Sharma 12 mins</div>	<div>A systematic review of neurological biomarkers to predict antipsychotic treatment response Prof Stephen Wood 12 mins</div>		
		<div>Needs of those living with bipolar disorder in Australia Dr Tania Perich 5 mins</div>	<div>Stigmas and intention to seek face-to-face and online mental health supports among Chinese-background students in Australia Ms Beibei Wang 12 mins</div>	<div>Features of syntactic complexity in written text as structural linguistic markers of depression Miss Clara Khuon 12 mins</div>		
		<div>Trauma and comorbid post-traumatic stress disorder in people with bipolar disorder participating in the Heinz C. Prechter Longitudinal Study Miss Samantha Russell 5 mins</div>		<div>Cannabidiol as an adjunct to antipsychotic treatment in first episode psychosis: A randomised controlled trial Dr James Kean 5 mins</div>		<div>Are rates of mental illness on the rise? Results from two decades of Australian data Prof Samuel Harvey 12 mins</div>
		<div>Do treatments for depression target what matters most when it comes to improving quality of life? Dr Alexis Whitton 5 mins</div>			<div>Intra- and inter-network connectivity of the default mode network differentiating treatment-resistant depression from treatment-sensitive depression Miss Ana Rita Barreiros 12 mins</div>	<div>Gender differences in work-family conflict and mental health of swedish workers by childcare responsibilities: Findings from the SLOSH cohort study Dr Yamna Taouk 5 mins</div>
		<div>Prevalence of comorbid conditions in individuals living with bipolar disorder using the medication-based Rx-Risk Comorbidity Index A/Prof Penelope Lind 5 mins</div>				
		Collective Q&A at the end of each concurrent session				
4:30pm-5:00pm	Conference Close and Awards					
Room	Grand Ballroom 1					
Chair	Stephen Wood					