Alliance for the Prevention of Mental Disorders

5th Conference of the Alliance for the Prevention of Mental Disorders

Te Pae, Christchurch Convention Centre, Otautahi, Christchurch, NZ
Tuesday 24th November 2026
10am – 4pm

9.30 – 10.00	Registration
10.00 - 10.05	**Welcome** Professor Nicola Reavley, APMD President
10.05 - 11.00	**Session 1: What is the state of the field of prevention of mental disorders and where to next?** **Chair: Professor Nicola Reavley**
10.05 - 10.20	*Beyond one size fits all: Learnings and future directions for school-based prevention* Distinguished Professor Maree Teesson
10.20 - 10.35	*Are mental health problems preventable? Australian attitudes to responsibility, investment and priorities* Associate Professor Amy Morgan
10.35 - 10.50	*PREMISE Next Generation CRE: Where we have come from and where we are going* Professor Tim Slade
10.50 - 11.00	Q&A
11.00 – 11.30	**Morning Tea**
11.30 - 12.00	**Session 2: Initiatives in mental wellbeing and mental health promotion** **Chair: Associate Professor Amy Morgan**
11.30 – 11.40	*Beyond symptom reduction: A consensus taxonomy of positive mental health for prevention* A/Prof Daniel Fassnacht
11.40 - 11.50	*Capability building in mental health promotion: A case study of Prevention United's work in Victoria* Maja Havrilova
11.50 - 12.00	Q&A
12.00 – 1.00	**Session 3: Individual Oral Presentations** **Chair: Associate Professor Katrina Champion**
12.00 - 12.10	*Identifying dietary targets for depression prevention: a Global Burden of Disease Burden of Proof study* Professor Adrienne O'Neill

12.10 - 12.20	*The hidden work of prevention: Implementation findings from the Live4Life co-evaluation* Dr Lakshmi Neelakantan
12.20 - 12.30	*Nature engagement as everyday mental health prevention: Building community resilience in an uncertain world* Libby Davy
12.30 - 12.40	*Multiple health behaviours and mental health and well-being from childhood to adolescence: Prospective evidence from Growing Up in New Zealand* Jenna Gawn
12.40 - 12.50	*Adolescent social connection trajectories and mental health in regional Australia: a two-year latent transition analysis* Nina Logan
12.50 - 1.00	Q&A
1.00 - 2.00	**Lunch**
2.00 – 2.55	**Session 4: Innovative prevention programs** **Chair: Professor Nicola Newton**
2.00 - 2.10	*Randomised controlled trial of an online mental health and suicide gatekeeper resource for parents and caregivers* Professor Alison Calear
2.10 - 2.20	*When digital care meets human connection: Preventing escalation of youth anxiety and alcohol use* Laura Wade
2.20 - 2.30	*OurFutures Vaping Prevention (Kids!): Development and pilot of a primary school vaping prevention program* Associate Professor Emily Stockings
2.30 - 2.40	*Novel approaches to supporting young people experiencing climate change distress* Associate Professor Yael Perry
2.40 - 2.55	Q&A
2.55 – 3.00	**Concluding remarks** Professor Nicola Newton, APMD Vice President
3.00 - 4.00	**Informal networking**