

SOCIETY FOR MENTAL HEALTH RESEARCH 2024 CONFERENCE



6-8 NOVEMBER 2024 / SYDNEY MASONIC CENTRE (SMC), SYDNEY NSW

MONDAY 4 NOVEMBER 2024: PRE-CONFERENCE MEETING - BOOKINGS REQUIRED						
12:30pm - 4:00pm	Global burden of disease Lifestyle And mental Disorder (GLAD) Symposium					
Room	Tuscan Room, Sydney Masonic Centre, Sydney					
TUESDAY 5 NOVEMBER 2024: PRE-CONFERENCE MEETINGS - BOOKINGS REQUIRED						
9:00am - 5:00pm	3rd Annual Scientific Meeting of the Mental Health Australian General Clinical Trials Network (MAGNET)					
Room	Ionic room, Sydney Masonic					
1:00pm - 4:00pm	Transforming health systems - how to embed meaningful change hosted by InsideOut					
Room	Tuscan Room, Sydney Masonic Centre, Sydney					
WEDNESDAY 6 NOVEMBER 2024: DAY 1						
7:30am-5:30pm	Registration and Information Desk Open					
Room	Marble Foyer					
8:45am-10:10am	Conference Opening					
Room	The Grand Lodge					
8:50am-9:10am	Welcome to Country					
9:10am-9:20am	Convenor's Welcome and Opening Remarks					
9:20am-10:10am	Opening Address/Parliamentary friends					
10:10am-11:00am	Plenary Session 1					
Room	The Grand Lodge					
10:10am-11:00am	Praveetha Patalay					
11:00am-11:30am	Morning Tea & Poster Viewing (Banquet Hall)					
11:30am-1:00pm	Concurrent Session 1A	Concurrent Session 1B	Concurrent Session 1C	Concurrent Session 1D	Concurrent Session 1E	Concurrent Session 1F
Room	The Grand Lodge	Ionic Room	Doric Room	Corinthian Room	Tuscan Room	Composite Room
Theme	Prevention	Child and adolescent mental health	Neurodevelopmental conditions	Eating disorders	Novel markers and treatments for depression	Neuroinflammation and biomarkers
Presentations	Using research into influence national prevention policy and practice Keynote: Michael Silverstein Panel: Louise Birrell, Sam Harvey, Felice Jacka, Tegan Cruwys, Dan Siskind MC: Helen Christensen 90 mins	Using Artificial Intelligence (AI) to enhance personalised and measurement-based care in youth mental health Frank Iorfino 12 mins	Approaches to the transdiagnostic revolution in the assessment and support of people with neurodevelopmental conditions Adam Guastella, Beth Johnson, David Coghill, Kelsie Boulton 60 mins	Early childhood risk and protective factors for unhealthy weight control behaviour in adolescents: results from a longitudinal population-based study Natasha Hall 12 mins	Exploring linguistic markers associated with adolescent depression and anxiety through a smartphone-based composition task Benjamin Niethe 12 mins	Harnessing neuroinflammation in psychiatric conditions for diagnosis, patient stratification and novel treatments Rose Chesworth, Tim Karl, Vanessa Cropley, Kelly Newell, Adam Walker 60 mins

		<p>Longitudinal dynamics and pluripotentiality of polysymptomatic clustering in adolescent mental health: a comprehensive analysis Michelle Kennedy 12 mins</p>	<p>Targeting intolerance of uncertainty in young children diagnosed with autism: A randomised controlled trial of a parent-mediated group intervention Gail Alvares 12 mins</p>	<p>Will the flattening of the brain's control energy landscape deliver the much awaited impetus in finding a cure for anorexia nervosa? A data driven answer to the question Stephen Touyz 12 mins</p>	<p>Can ketamine improve disability associated with treatment-resistant depression? Naturalistic evaluation from a public ketamine clinic Dean Wright 12 mins</p>	<p>Neural correlates of social roles in adolescent friendship groups Michelle Lambin 12 mins</p>
Presentations		<p>Understanding the dynamic role of executive functioning impairments in adolescent mental health through moderated panel symptom network analysis René Freichel 12 mins</p>	<p>Social Anxiety in autistic adults: Acceptability and tolerability of cognitive-behavioural methods and the role of camouflaging Bruna Berger Roisenberg 12 mins</p>	<p>Identifying transdiagnostic processes for early intervention in eating disorders: A Delphi study Tracey Wade 12 mins</p>	<p>Gut microbiota taxonomy and function are useful biomarkers of depression and anxiety Emma Todd 12 mins</p>	<p>Targeted anti-neuronal antibody testing for people with early and persistent psychosis attending Australian mental health services Gemma McKeon 12 mins</p>
		<p>Mental health, wellbeing, and connection among adolescents in rural and regional Victoria, Australia: A community survey Nicola Reavley 12 mins</p>		<p>Eating disorder items in transdiagnostic paediatric screening tools for child mental health: A systematic review Katarina Prnjak 12 mins</p>	<p>Genetic susceptibility to metabolic and inflammatory disturbances and response to conventional antidepressants in atypical versus other depressive disorders: an Australian Genetics of Depression Study Mirim Shin 12 mins</p>	
		<p>In their words: How young people use and want to use digital technology in their care Carla Gorban 12 mins</p>		<p>Hospital-to-community care pathways for children and adolescents with anorexia nervosa in the public health system Kelly Dann 5 mins</p>	<p>Proteomic characterization of the lithium-responsive phenotype in bipolar disorder by 2-sample Mendelian Randomization Oliver Schubert 12 mins</p>	
		<p>Brain geometry and mental health and wellbeing in adolescence Amanda Boyes 12 mins</p>		<p>Underreporting and identification of co-occurring eating disorders in individuals with severe mental illness in mental health care Katie Dalton 5 mins</p>	<p>Essential information about chronobiology and chronotherapy for clinicians managing bipolar disorders: a Delphi consensus study by the ISBD Chronobiology Task Force Jacob Crouse 12 mins</p>	

		<p>How can health and mental health services affirm all aspects of a person's identity? Conceptualising and measuring 'whole of self' affirming care for trans and gender diverse young people Magenta Simmons 12 mins</p>		<p>Bi-directional impacts of Vyvanse on psychological comorbidities and quality of life in people with Binge Eating Disorder Kristi Griffiths 5 mins</p>	<p>Subcortical modulation of the fronto-insular and cingulate functioning during negative emotional processing in mood and anxiety disorders Sevil Ince 12 mins</p>
				<p>The prevention of eating disorders in Australian adolescents: A modelled cost-effectiveness study Andrew Tan 5 mins</p>	
				<p>Informing early prevention and intervention efforts to reduce poor mental health in young people: Exploring dieting in more detail Melissa Pehlivan 5 mins</p>	
				<p>Food choice motives mediate the relationship between delay discounting & binge eating Emily Colton 5 mins</p>	
1:00pm-2:00pm	Lunch (Banquet Hall)				

2:00pm-2:45pm	Plenary Session 2					
<i>Room</i>	The Grand Lodge					
<i>Presentation</i>	Indigenous panel					
2:45pm-3:30pm	Poster Viewing Session & Afternoon Tea (Banquet Hall)					
3:30pm-5:00pm	Concurrent Session 2A	Concurrent Session 2B	Concurrent Session 2C	Concurrent Session 2D	Concurrent Session 2E	Concurrent Session 2F
<i>Room</i>	<i>The Grand Lodge</i>	<i>Ionic Room</i>	<i>Doric Room</i>	<i>Corinthian Room</i>	<i>Tuscan Room</i>	<i>Composite Room</i>
<i>Theme</i>	Implementation	Suicide and self-harm	Physical health in severe mental illness	New ideas session 1	Child mental health	Epidemiology
<i>Presentations</i>	Bridging the knowledge to practice gap: Implementation of mental health interventions into complex settings Jennifer Nicholas, Isabel Zbukvic, Aliza Werner-Seidler, Tracey Wade 60 mins	Self-harm and suicidality in young people: influences and experiences Fiona Shand, Lucy Grummitt, Samantha Tang, Demeo Rheinberger 60 mins	Considering the whole body - physical and mental health for people living with complex psychosis Dan Siskind, Laura McMahon, Julia Lappin, Susanna Every-Palmer, Korinne Northwood, Sean Halstead 60 mins	Intersectional focus on the mental health needs of Black/African-Australian people Tracy Tabvuma 15 mins	Improving the identification and support of primary-school aged children with emerging mental health problems Jacqueline Frei, Chloe Lim, Melissa Aji, Annabel Songco 60 mins	Secular trends in prevalence, comorbidity, severity and service use for DSM-IV mental disorders in the Australian general population: results from two national surveys Tim Slade 12 mins
	System change intervention for multi-site implementation of smoking cessation in public psychiatric settings Sally Plevier 12 mins	Relationship between electroencephalography-based mismatch negativity and antipsychotic treatment response in young people at clinical high risk for psychosis Magdalene De Rozario 12 mins	Intentions and affect: better understand the intention-behavior gap in physical activity among people with psychotic disorders Ahmed Jerome Romain 12 mins	123Play: Creation of a novel, universal play-based program for early childhood settings to enhance social-emotional development and mental wellbeing in children Fotini Vasilopoulos 15 mins	Information processing biases to threat and their relationship with social emotional disorders across the early adolescent years Ella Oar 12 mins	The role of premenstrual symptoms in the relationship between perceived social support and postnatal depression: An analysis of data from the Australian Longitudinal Study of Women's Health Sally Hunt 12 mins
	"I wish I knew that earlier": Developing new ways of providing information about clozapine to young people James Reeves 12 mins		Schizophrenia and Diabetes Mobile-Assisted Remote Trainer (S.M.A.R.T.): A co-designed digital intervention to improve diabetes self-management in people with schizophrenia Gabrielle Ritchie 5 mins	Mental health and help-seeking behaviour in adolescents Joanne Golding 15 mins	Effectiveness of academic stress interventions in secondary school students Jessica Belcher 12 mins	Maternal personality disorder and offspring behaviour Ditty Ann Johns 12 mins
			Metformin for the prevention of antipsychotic-induced weight gain: guideline development and consensus validation Brian O'Donoghue 5 mins	The ethical clinic: developing an immersive ethics role play assessment for clinical psychology students Simon Byrne 15 mins	ScreenED: Co-designing a tool for detecting eating disorders in children Simone Baillie 5 mins	Mental health literacy and stigmatizing attitudes towards people with mental illness among adolescents from culturally and linguistically diverse backgrounds in Australia: a comparative analysis Shurong Lu 12 mins

Presentations			Evaluating the feasibility and acceptability of two dietary interventions for individuals with schizophrenia: The SNaCK study Donni Johnston 5 mins	Evaluating a customised version of ChatGPT for systematic review extraction in mental health research Jayden Sercombe 15mins		Apathy, depression and long-term risk of mortality in older adults Fleur Harrison 12 mins
				Exploring the capacity of a composite marker to differentiate circadian-type from non-circadian-type mood disorders at an early stage of illness Zsofi de Haan 15 mins		The role of lifestyle and demographic factors on mental health conditions in young adults: findings from a national U.S. based study Xirun Yang 12 mins
						Prolonged off-label antipsychotic therapy and cardiometabolic outcomes in children: a systematic review Ramya Padmavathy Radha Krishnan 5 mins
						The lifelong role of adult attachment: Exploring predictors, correlates and outcomes in a multigenerational birth cohort study Julie Blake 5 mins
						Uncovering socioeconomic inequity in hospital costs for individuals with eating disorders in Queensland, Australia: A health economics perspective Moin Ahmed 5 mins
5:00pm-7:00pm		Welcome Reception (Banquet Hall)				

THURSDAY 7 NOVEMBER 2024: DAY 2						
7:15am-8:45am	Australian Early Psychosis Collaborative Consortium (AEPCC) Breakfast Meeting - Bookings Required					
Room	Corinthian room					
8:00am-5:30pm	Registration and Information Desk Open					
Room	Marble Foyer					
9:00am-10:30am	Plenary Session 3					
Room	The Grand Lodge					
9:00am-9:45am	Australian Launch of the Lancet Commission on Self Harm					
Speakers	Mabel Chew, Pat Dudgeon, Jane Pirkis, Fiona Shand, Helen Christensen					
9:45am-10:30am	Keynote Presentation					
Speaker	Pepijn van de Ven					
10:30am-11:00am	Morning Tea & Poster Viewing (Banquet Hall)					
11:00am-12:30pm	Concurrent Session 3A	Concurrent Session 3B	Concurrent Session 3C	Concurrent Session 3D	Concurrent Session 3E	Concurrent Session 3F
Room	The Grand Lodge	Ionic Room	Doric Room	Corinthian Room	Tuscan Room	Composite Room
Theme	Digital technology and services	LGBTQA+ mental health	Mental health literacy	Novel trial designs & approaches	Psychosis	Trauma and stress
Presentations	Is digital technology destroying young people's mental health? Atia Fatimah, Chloe Gordon, Katrina Champion, Sophie Li, Susanne Schweizer 60 mins	Innovations in LGBTQA+ youth mental health research Yael Perry, Sasha Bailey, Isabel Zbukvic, Alex Dalton, Julia Bak 70 mins	Building mental health literacy and awareness: innovative Australian initiatives in child mental health and wellbeing prevention Harriet Hiscock, Sarthak Ghandi, Megan Smith, Shae Wissell, Bill Pritchard 70 mins	Novel trial designs, approaches and analysis in mental health research Andrew Thompson, Dan Siskind, Isabel Zbukvic, Stephen Wood 60 mins	Clinical, neurocognitive and neurobiological features of the prodrome of full-threshold bipolar and psychotic disorders in young people Gabrielle Hindmarsh 12 mins	A study in predictive biosignatures of PTSD - How novel BDNF genetic variants linked to proBDNF down-regulation have potential to predict increased PTSD susceptibility Nathan Wellington 12 mins
	Is the jury out on digital mental health services? Health professional and lived experience perspectives Bridget Bassilios 12 mins	Using big data to identify distinct treatment-seeking phenotypes among individuals with suicidality and self-harm Biya Tang 5 mins	Children's mental health literacy: A systematic review of the existing literature Colette Burke 5 mins	Comparing clinician perspectives on the perceived effectiveness of digital lifestyle interventions for psychological distress to empirical evidence from an AI-adaptive trial Michael Spoelma 12 mins	Associations of the gut microbiome with treatment resistance in Schizophrenia Svetlina Vasileva 12 mins	Mega-analysis of structural covariance in co-occurring post-traumatic stress disorder and alcohol use disorder: common and distinct patterns of alterations Ellen Towers 12 mins
	Paths to suicidal thoughts and behaviours for young people engaged in digital mental health care Mathew Varidel 12 mins	Understanding the transition from suicidal ideation to attempt: The LifeTrack longitudinal study Phil Batterham 5 mins	Mental health literacy and stigma in primary school students Emily Macleod 5 mins		The UHR 1000+ cohort: Do prediction models for psychosis need updating over time? Scott Clark 12 mins	Implementation evaluation of an innovative, creative-expressive program to support youth impacted by trauma: The KidsXpress School Partnership program Kirsten Rowlinson & Sarah Webber 12 mins

		Testing the role of theory-based predictors in the remission of suicidal ideation Monica Gendi 5 mins	Mental health literacy for supporting children: A call for a new field of research and intervention Laura Hart 5 mins		Assessing resting-state gamma alterations in ultra-high-risk individuals versus clinical controls Julia Adams 12 mins	Functional connectivity profiles of amygdala subregions in posttraumatic stress disorder Elizabeth Haris 12 mins
Presentations					Intranasal clozapine produces similar antipsychotic effects to oral clozapine at far lower doses in an animal model: This represents a viable route of administration that may avoid clozapine's well known peripheral side-effects Darryl Eyles 12 mins	Child and adolescent exposure to natural disasters and lifetime psychopathology: Findings from the National Study of Mental Health and Wellbeing Amarina Donohoe-Bales 12 mins
					Emotional response and social cognition in Schizophrenia with aggression: Preliminary results and machine learning analysis Anette Johansson 12 mins	Ketamine for treatment-resistant Post-Traumatic Stress Disorder: double-blind active-controlled randomised crossover study Ben Beaglehole 12 mins
					Cingulate and temporal glutamate concentrations in first episode psychosis Stephen Wood 5 mins	Experiences of medical trauma in young people living with Type 1 Diabetes and how this is shaped by their parent's perspective Sara Coombs 5 mins
					The prevalence of attention-deficit hyperactivity disorder in psychotic disorders: A systematic review and meta-analysis Nicholas Cheng 5 mins	The long-term effects of bushfires on adolescent mental health Anton Du Toit 5 mins
					Exploring the inter-relationships between social cognition, symptoms, and social inclusion in early and chronic psychosis Sean Murrhiy 5 mins	
	12:30pm-1:30pm	Lunch (Banquet Hall)				
12:30pm-1:30pm	Early to Mid-Career (EMCR) Networking Session (Bookings Required)					
12:45pm-1:15pm	SMHR AGM					

1:30pm-3:00pm	Concurrent Session 4A	Concurrent Session 4B	Concurrent Session 4C	Concurrent Session 4D	Concurrent Session 4E	Concurrent Session 4F
Room	The Grand Lodge	Ionic Room	Doric Room	Corinthian Room	Tuscan Room	Composite Room
Theme	Prevention	Youth mental health	Novel interventions & adjuncts	Improving clinical trials	Digital interventions for vulnerable populations	Carers and lived experience
Presentations	Preventing the onset and escalation of mental health and substance use problems from childhood to early adulthood: Results from five intervention studies across Australia Nicola Newton, Sonja March, Alison Calear, Govind Krishnamoorthy, Lexine Stapinski 60 mins	Brains and bonds: How the social world influences youth brain development and mental health Sarah Whittle, Niousha Dehestani, Lucy Zhang, Taliah Prince, Daniel Hermens 60 mins	Faecal transplants for depression: findings from a pilot randomized controlled trial Jessica Green 12 mins	Improving the quality and safety of clinical trials in mental health Philip Batterham 90 mins	Digital interventions and assessments for vulnerable populations: children and First Nations people Wenting Chen, Chloe Lim, Gemma Sicouri, Maddison O'Grady-Lee 60 mins	Carer outcomes from a residential treatment service for eating disorders Sinead Day 12 mins
	Preventing anxiety and hazardous alcohol use among young adults during the COVID-19 pandemic: Naturalistic trial of the self-guided Inroads early intervention. Laura Wade 5 mins	Relevance and implementation of a universal digital school-based intervention targeting multiple behaviours for a sample of disadvantaged adolescents in Australia Lyra Egan 12 mins	Feasibility and Preliminary Efficacy of Walk-and-Talk Therapy for Men with Low Mood: A Randomised Pilot Study Andi Dickmeyer 12 mins		Making YBMenNT: Cultural adaptation of a U.S. social media-based mental health and masculinities program to suit young Aboriginal and Torres Strait Islander males in the Northern Territory Melissa Opozda & Jahdai Vigona 12 mins	Supporting a sibling with mental illness: Young people's experiences, identities and priorities for research Alyssa Morse 12 mins
	Gender effects on the influence of parental alcohol use on children's future drinking behaviour: Insights from the longitudinal study of Australian children (LSAC) Siobhan O'Dean 5 mins	Australian adolescent cohorts examining physical and mental health outcomes: A scoping review Emily Hunter 5 mins	Hospital-in-the home as an alternative to inpatient care for young people with severe mental illness: an emulated trial Sue Cotton 12 mins		The Behaviour Support Profile: Supporting Psychosocial Diversity in Paediatric Healthcare Alma Giborski & Maddie Cranney 12 mins	Development of a new measure of adults' support for children experiencing or developing a mental health problem Amy Morgan 12 mins
	Using co-design to develop a digital tool to assist people to make informed decisions about their gambling Dilushi Chandrakumar 5 mins	Evaluating youth engagement practices in mental health and resilience research: Rationale, methods, and recommendations Amy Nesbitt 5 mins	Linguistic markers predicting the response to a CBT smartphone app for adolescent depression Bethany Yu 12 mins			Transforming Families: Development and evaluation of a digital resource hub to enhance parental support and understanding of gender diverse children Yael Perry 12 mins

Presentations			Podcasts in mental and/or physical health interventions for adults: A scoping review Elizabeth Dascombe 5 mins		Perspectives, experiences and needs of people presenting to substance use treatment with a history of criminal justice involvement: "It helps people escape the revolving door" Isobel Ivison & Dennis Kaip 12 mins
			Prevalence and harms of meditation practices as an adjunct or alternative to mental health care in Australia and New Zealand: Insights from the first nationally representative survey Nicholas Van Dam 5 mins		"We are mirrored in your gaze": the impact of stigma and discrimination on women with both disability and mental distress Priya Vaughan & Alise Blayney 5 mins
			Mitochondria as a therapeutic target in mood disorders Michael Berk 5 mins		The roadmap to reform: mental health system transformation through translational research and lived experience leadership Dean Kolovos 5 mins
			Will teenagers pick up the phone? Evaluation of a new model for providing brief interventions and support to adolescents Clare Corliss 5 mins		Experiences of the friends and family support program: A pilot study Jessica Deng 5 mins
Presentations			MoodyTunes: A music-based smartphone app for mental health literacy and mood management in young people Sandra Garrido 5 mins		Looking beyond distress and burden to better understand the experiences of parents and siblings of people with serious mental health disorders Melissa Hasty 5 mins
			Enhancing the psychosocial functioning of adults with severe mental illness: A controlled evaluation of Foundations Melissa Savaglio & Ash Vincent 5 mins		

			<p>Minocycline as Treatment for Psychiatric and Neurological Conditions: A Systematic Review and Meta-Analysis Olivia Dean 5 mins</p> <p>Culture dose for kids: How arts-based interventions can decrease anxiety in children Diane Macdonald 5 mins</p>			
3:00pm-3:30pm						
Poster Viewing Session & Afternoon Tea (Banquet Hall)						
3:30pm-5:00pm						
	Concurrent Session 5A	Concurrent Session 5B	Concurrent Session 5C	Concurrent Session 5D	Concurrent Session 5E	Concurrent Session 5F
<i>Room</i>	<i>The Grand Lodge</i>	<i>Ionic Room</i>	<i>Doric Room</i>	<i>Corinthian Room</i>	<i>Tuscan Room</i>	<i>Composite Room</i>
<i>Capacity</i>	<i>500 theatre style</i>	<i>200 theatre style</i>	<i>120 theatre style</i>	<i>110 theatre style</i>	<i>70 theatre style</i>	<i>60 theatre style</i>
<i>Chair</i>						
<i>Theme</i>	Health systems modelling	Child and adolescent mental health	Suicide and self-harm	Youth mental health	Addiction and substance use	Implementation
<i>Presentations</i>	<p>Right care, first time, where you live research program Ian Hickie, Jo-An Occhipinti, Samantha Huntley, Jordan von Rosmalen, Courtney Milham, Shahana Ferdousi 90 mins</p>	<p>Our Futures and Preventure - Taking to scale evidence-based universal and selective prevention programs to improve health and wellbeing and reduce suicidal ideation in male adolescents. Annabelle Hawkins 12 mins</p>	<p>Promoting engagement with digital mental health interventions among young people with suicidal ideation Daniel Gan 12 mins</p>	<p>Reading Worriers: Understanding and supporting the mental health of children and adolescents with reading difficulties Deanna Francis, Mark Boyes, Adrienne Wilmot, Alana Jones, Genevieve McArthur 75 mins</p>	<p>Barriers and facilitators to supporting clients' mental health needs in alcohol and other drug (AOD) treatment settings Erin Madden 12 mins</p>	<p>Making sense of complexity in context and implementation: A real world feasibility trial embedding telehealth-delivered treatment for adolescent Anorexia Nervosa in rural health services Ashlea Hambleton 12 mins</p>
		<p>DBT in schools: can the DBT STEPS- A programme be successfully implemented in schools in Aotearoa New Zealand (NZ) Liesje Donkin 12 mins</p>	<p>The characteristics of mental imagery about suicide prior to a suicide attempt compared to imagery not acted upon Ann Martin 12 mins</p>		<p>Preference for alcohol and other drug use support among Australian Public Safety Personnel Olivia Dobson 12 mins</p>	<p>Implementation of illness specific identification and treatment pathways within a generalist mainstream mental health settings: A case study of eating disorders Sean Rom & Stephanie Boulet 12 mins</p>
		<p>A randomised controlled trial of an emotion-focused parenting intervention alters emotion regulation neural function in at-risk early adolescent girls Sylvia Lin 12 mins</p>	<p>Gatekeeper training for youth suicide prevention: A large-scale evaluation of effectiveness Bridget Kenny 12 mins</p>	<p>Exploring social determinants of health behaviour and mental health outcomes among undergraduate university students: A systematic review Alison Knapp 12 mins</p>	<p>Cannabidiol (CBD) as a potential therapeutic for cocaine use disorder: is the gut microbiome involved? Rose Chesworth 12 mins</p>	<p>Eating Disorders in General Practice: Development, implementation and pilot of the digital InsideOut GP Hub for General Practitioners in Australia Sabina Vatter, Sally Corry & Peta Marks 12 mins</p>

Presentations		<p>“Live4Life really, truly saved my life”: Impacts of adolescent participation in a mental health leadership program (the Live4Life Crew) on outcomes in young adulthood in Victoria, Australia Lakshmi Neelakantan 12 mins</p>	<p>Co-designing and evaluating a coach-supported, digital parenting program for parents of adolescents at risk of suicide Alice Cao 12 mins</p>		<p>An open-label, proof-of-concept trial on intranasal oxytocin for women with methamphetamine use disorder (mOXY) Sarah Catchlove 12 mins</p>	<p>Implementing digital interventions for co-occurring mental health and alcohol and other drug use problems in health and community settings: Preliminary findings from the eCLIPSE cluster RCT Jane Rich & Matthew Watt 12 mins</p>	
		<p>Little voices, big insights: Asking Australian children about their mental health literacy Colette Burke 12 mins</p>	<p>Suicide methods in people with severe mental illness: a systematic review and meta-analysis Mike Trott 12 mins</p>		<p>Development of a culturally appropriate, national website about crystal methamphetamine Tariq Isaacs 5 mins</p>	<p>Establishing Foundations: the first 3 years of the ALIVE National Centre for Mental Health Research Translation Amanda Neil 12 mins</p>	
		<p>Investigating the effects of diverse social connections on young people’s mental health in regional Victoria Nina Logan 5 mins</p>	<p>Support needs of parents who accompany adolescents experiencing suicide crisis to the emergency department Demea Rheinberger 5 mins</p>		<p>A single-arm pilot trial of contingency management to promote cigarette smoking cessation in youth with borderline personality disorder features Gill Bedi 5 mins</p>	<p>Leading change: Scaling SPARX and Headstrong as digital mental health interventions in New Zealand Karolina Stasiak 12 mins</p>	
		<p>Gender-affirming medical care: A review of mental health and wellbeing outcomes in trans and gender diverse youth Cali Bartholomeusz 5 mins</p>	<p>Safe Spaces as alternatives to the Emergency Department for suicidal distress: Exploring the experiences of guests Cassandra Chakouch 5 mins</p>		<p>ABC-training for Alcohol Use During a Voluntary Abstinence Challenge: A Randomized Controlled Trial Ting Pan 5 mins</p>	<p>The Impact of the Implementation of the National Perinatal Depression Initiative on screening for antenatal mental health disorders in Southern Tasmania Thi Ly Tran 5 mins</p>	
		<p>Long-term mental health outcomes following NICU admission for treatment of congenital anomalies: A retrospective cohort study Laura Wilkie 5 mins</p>	<p>The association between childhood adverse experiences, self-harm and suicidality: a prospective cohort study Samantha Tang 5 mins</p>		<p>Guanfacine extended-release Randomised controlled trial for Adolescents with Cannabis use: Protocol for the GRACE trial Holly Bowman 5 mins</p>	<p>Co-design and implementation of a physical activity service for people from refugee and asylum-seeking backgrounds Grace McKeon 5 mins</p>	
		<p>Distress, waitlists and unmet needs: parents’ reports of child psychological difficulties in Aotearoa New Zealand Amy Kercher 5 mins</p>	<p>High-risk suicide locations in Australia: detection and correlates Lay San Too 5 mins</p>		<p>Multimorbidity and substance use disorder: influence on hospitalization of people with a mental disorder Florence Piché 5 mins</p>		
		<p>Policies and strategies to promote optimal mental health of Australian university students: A scoping review Melinda Hutchesson 5 mins</p>	<p>Economic lens on prevention of suicide and self-harm: A systematic review of economic evaluations Long Le 5 mins</p>		<p>Is there a predictive association between methamphetamine use and depression? Lucy Tran 5 mins</p>		
	7:00pm-10:30pm	Networking Dinner - The Loft, Darling Harbour					

FRIDAY 8 NOVEMBER 2024: DAY 3						
8:00am-5:30pm	Registration and Information Desk Open					
Room	Marble Foyer					
9:00am-10:30am	Concurrent Session 6A	Concurrent Session 6B	Concurrent Session 6C	Concurrent Session 6D	Concurrent Session 6E	Concurrent Session 6F
Room	The Grand Lodge	Ionic Room	Doric Room	Corinthian Room	Tuscan Room	Composite Room
Theme	Digital interventions & social media	Child and youth mental health	Workplace mental health	Nutrition, weight and mental health	Men's mental health	Co-design
Presentations	Moving toward personalised treatments: Individual trajectory analysis of therapeutic change in response to a digital intervention for eating disorders Sarah Barakat 12 mins	New perspectives in child and youth mental health research and translation into practice. Rebecca McLean, Ellie Tsiamis, Talia Carl, Jaimie Northam, Lucy Tully 60 mins	Results from a national randomised controlled trial of Shift, a smartphone application co-designed with doctors in training to support physician mental health and wellbeing Samineh Sanatkar 12 mins	Breaking the Stigma: Nutrition, Higher Weight, and Mental Wellness Tracy Burrows, Phillipa Hay, Gemma Sharp, Hiba Jebeile, Tamla Evans 60 mins	Preventing suicide in men and boys: the Buoy Project Kylie King, Ruben Benakovic, Anthony LaMontagne, Kieran O’Gorman, Nicola Reavley 75 mins	“Not only do we deserve a voice on issues that affect us, we NEED a voice”; Reflections on a co-produced youth priority setting project for mental health and substance use research Smrithi Ravindra & Cath Chapman 12 mins
	Evaluation of myNewWay, a blended care digital and psychological intervention that supports the routine care of depression and anxiety: Clinical trial outcomes and user feedback Rosemaree Miller 12 mins	Development of a Clinical, Psychosocial, and Comorbidity Service Needs Index for Youth Mental Health Care William Capon 12 mins	Breaking the waves: addressing mental health challenges in surf life saving Australia Samantha Fien 12 mins	The TrEAT Partnership: A co-designed eating disorder clinical quality registry to support clinical practice, quality assurance and program evaluation Deborah Mitchison 12 mins	Transition to a first suicide attempt among young and middle-aged males with a history of suicidal thoughts: A two-year cohort study Gregory Armstrong 12 mins	How does youth participation impact wellbeing? A co-designed scoping review of the mental health and wellbeing impacts of youth participation and engagement Danica Meas & Marlee Bower 12 mins
	A randomised wait list controlled trial exploring the efficacy of an intensive 7-day online CBT program for social anxiety disorder Jill Newby 12 mins	Studying psychology is a risk factor for adolescent mental health problems Jack Andrews 12 mins	“Mental+ inclusion”: Interviews exploring how organisations enable and sustain successful employment of people living with mental health conditions Judith Wright 12 mins	Residential care for people with eating disorders: an evaluation of outcomes of the first Australian program Phillipa Hay 12 mins		‘Thriving with bipolar disorder’: The co-design of a peer-delivered, quality of life focused group psychoeducation program Emma Morton 12 mins
	Mental health in the age of influencers: A qualitative exploration of youth and influencer perspectives Emily Adeane 12 mins		Propping up the bar: A qualitative analysis of stakeholder perspectives on psychosocial workplace hazards in late-night hospitality Tessa Grimmond 5 mins	Utilising brief interventions on waitlists to increase treatment engagement Tracy Wade 5 mins		Co-design of a program to address food insecurity for people living with serious mental illness in the community. Scott Teasdale & Catherine O’Donnell 12 mins
	Scrolling, chatting, and posting: Longitudinal changes in distinct social media behaviours and their relationship with psychological distress and mental wellbeing Cath Chapman 12 mins		Global Strategies for Inclusive Employment: A Comparative Review of Disability Legislation Elizabeth Stratton 5 mins			Developing an online educational resource for people experiencing eating disorders during the menopausal transition: A qualitative co-design study Gemma Sharp 12 mins

<p>Understanding the needs of postvention service providers in navigating social media following a youth suicide Michelle Lamblin 12 mins</p>	<p>Traumatic exposure, post-traumatic stress disorder, and alcohol and other drug use among Australian public safety personnel Jayden Sercombe 5 mins</p>	<p>Just Don't Make it Sh*t!': Understanding Men's Views about Online Mental Health Support and Suggestions for Developing a Novel Self-Help Program James Knox 5 mins</p>
<p>The dark versus bright sides of social media from the perspectives of parents and experts Cindy Branch-Smith 5 mins</p>	<p>Interventions to reduce symptoms of common mental disorders and suicidal ideation in physicians: an updated systematic review and meta-analysis Katherine Petrie 5 mins</p>	<p>Co-designing case scenarios and survey strategies to examine the classification and reporting of restrictive care practice in adult mental health inpatient settings: International stakeholders' perspectives Zelalem Muluneh 5 mins</p>
	<p>Sustainable clinical supervision for mental health nurses working with eating disorders in regional NSW Bridget Mulvey 5 mins</p>	<p>livED - Co-designing a digital platform for varied format data collection from people with lived experiences of eating disorders Jane Miskovic-Wheatley 5 mins</p>
	<p>Investigating public safety personnel's barriers and facilitators to help-seeking for alcohol and other drug use problems. Coleen Leung 5 mins</p>	<p>'Health4Life Parents and Teens': Co-designing an Online Parenting Intervention that Targets the 'Big 6' Lifestyle Risk-Factors for Chronic Disease among Low Income Families in Australia Lily Davidson 5 mins</p>
	<p>The role of manager training in enhancing support for employee mental health: an updated systematic review and meta-analysis Rebecca Mursic 5 mins</p>	
	<p>Understanding the lived experience of counsellors with ADHD: Exploring the impact on clinical practice Rana Tayara 5 mins</p>	

10:30am-11:00am	Morning Tea & Poster Viewing (Banquet Hall)					
11:00am-12:30pm	Concurrent Session 7A	Concurrent Session 7B	Concurrent Session 7C	Concurrent Session 7D	Concurrent Session 7E	Concurrent Session 7F
Room	<i>The Grand Lodge</i>	<i>Ionic Room</i>	<i>Doric Room</i>	<i>Corinthian Room</i>	<i>Tuscan Room</i>	<i>Composite Room</i>
Theme	Digital phenotyping	Innovative models of care for youth	Advances in measurement	New ideas session 2	Co-design and engagement	Sleep and lifestyle interventions
<i>Presentations</i>	Opportunities and challenges of open science in digital phenotyping Alexis Whitton, Brittany Mitchell, Greg Murray, Frederick Sundram, Bridianne O'Dea 90 mins	Innovative models of care to improve the mental health outcomes of Australian children and young people Lara Farrell, Caroline Donovan, Allison Waters, Katelyn Dyason, Jennifer Hudson, Lauren McLellan 60 mins	The latest advances in measuring quality of life for Australians with mental health diagnoses Cathy Mihalopoulos, Jan Faller, Phuong Hong Le, Matthew Hamilton 60 mins	Preventing and treating mental ill health across the life course: establishing language-literacy as a social determinant of mental health Amanda Neil 15 mins Including everyone: Research and practice considerations for diversity within demographic data Kai Schweizer 15 mins	Designing for engagement: Elevating lived experience through the co-design of digital mental health interventions Emma Morton, Imogen Bell, Shona Louis, Katarina Kikas 60 mins	The value of a good night's sleep: links between sleep and mental health in children and young people. Kate Maston, Vanessa Cropley, Sophie Li, Carla Haroutonian 60 mins
		Co-designing a psychosocial peer support service with young people experiencing mental illness: Lessons learned Melissa Savaglio 12 mins	Getting on the same page: a content analysis of psychological distress measures used in Australian epidemiological studies Matthew Sunderland 12 mins	Co-developing an Integrated Peer Supported Physical Health Service for people living with severe mental illness Stephanie Walker & Scott Teasdale 15 mins	Co-design of a work action plan for stroke survivors: The importance of emotional support Olivia Dean 12 mins	The perceived acceptability of lifestyle interventions for the treatment of obsessive-compulsive disorder Mary-Ellen Brierley 12 mins
		Caring for caregivers: parental mental health as a primary target for parenting programs Haley LaMonica 5 mins	A scoping review of Australian epidemiological datasets that measure psychological distress: Examining population trends via large scale harmonisation Deanna Varley 12 mins	Measuring what matters to people experiencing distress: co-designing an innovative Sense of Safety measure and implementation package for whole person care Caley Tapp 15 mins	Using co-design for the adaptation and integration of a clinician-supported, digital parenting program for parents seeking mental health support Meg Bennett 5 mins	Daily time use and co-occurring psychological distress and alcohol consumption: Results from a representative sample of Australian adolescents Amelia Henry 5 mins
		The long and winding road: Parental experiences in seeking help for child mental health problems Sonia McCallum 5 mins	Further validation of the Multifaceted Instrument for Body Image Disturbance (MI-BoD) among athletes Katarina Prnjak 5 mins	Establishment of Deakin's Clinical Trials Hub Olivia Dean 15 mins	The co-design and acceptability of a genital focused body image educational video for people with a penis Gemma Sharp 5 mins	
				Hybrid: A pilot study of integrated virtual reality, neurofeedback, and cognitive B=behaviour therapy for the treatment of auditory verbal hallucinations Elise Rowe 15 mins	Codesign of an intervention addressing the medical trauma associated with type 1 diabetes. Karen Lombardi 5 mins	

12:30pm-1:30pm	Lunch (Banquet Hall)					
1:30pm-2:50pm	Plenary Session 6					
Room	The Grand Lodge					
1:30pm-2:15pm	Social connection and identity: Implications for managing mental health, substance use, and eating behaviour					
Speaker	Catherine Haslam					
2:15pm-2:50pm	Psilocybin-assisted psychotherapy for generalised anxiety disorder: safety and efficacy in a world-first randomised controlled trial					
Speaker	Paul Liknaitzky					
2:50pm-3:15pm	Poster Viewing Session & Afternoon Tea (Banquet Hall)					
3:15pm-4:30pm	Concurrent Session 8A	Concurrent Session 8B	Concurrent Session 8C	Concurrent Session 8D	Concurrent Session 8E	Concurrent Session 8F
Room	The Grand Lodge	Ionic Room	Doric Room	Corinthian Room	Tuscan Room	Composite Room
Theme	New methodologies	Physical health	Psychosis	Epidemiology	Depression & anxiety	Service use
Presentations	The use of photovoice to research mental health for young people with intellectual disabilities: Challenges and opportunities Stefanie Dimov 12 mins	Pilot Randomised Controlled Trial of the PhysiCards: A Novel Tool to Help People With a Mental Health Condition to Identify Physical Health Concerns Caitlin Fehily 12 mins	Inequities in cardiometabolic hospital admissions, blood screening, and premature mortality for Indigenous Māori experiencing psychosis Nathan Monk 12 mins	Migrant Women in Aotearoa New Zealand: A blind spot in Mental Health Research and Programmes Vartika Sharma 12 mins	How long do CBT treatment effects last? Long term remission and relapse of anxiety and depression 10-years after CBT Carly Johnco 12 mins	Development and pilot of the 'next steps' decision aid for people considering more intensive psychological treatment options. Alana Fisher 12 mins
	Reconstructing Psychopathology: A data-driven reorganization of the symptoms in DSM-5 Miri Forbes 12 mins	Predictors and health benefits of stress-reducing activities in people with multiple sclerosis: the role of lifestyle and demographic factors Nupur Nag 12 mins	The Australian Early Psychosis Collaborative Consortium (AEPCC) Psychosis Understood - giving the lived experience voices of early psychosis a platform to raise awareness, empower and create change through research enrichment and public engagement Deanna (Dee) De Cicco 12 mins	Examining the association between depression, anxiety, and heart disease in men: A longitudinal study Myles Young 12 mins	Illness Anxiety Disorder: Why some seek, avoid, or fluctuate between medical care? Katarina Kikas 12 mins	Barriers to accessing and engaging with mental health services for low income families: A qualitative evaluation Sophie Dickson 12 mins
	Ecological momentary assessments to measure substance use and associated behaviours: A systematic review Jack Wilson 12 mins	Keeping the Body in Mind (in a primary care setting) Eliza Draper 12 mins	Understanding the impacts of minority discrimination and stigma on LGBTQA+ people with psychosis: a qualitative investigation. Cláudia Gonçalves 12 mins	First National Disordered Eating Data - Prevalence and characteristics of binge eating behaviour in the Australian community reported in the 2020-2022 National Survey of Mental Health and Wellbeing Emma Bryant 12 mins	Ageing Wisely for Chinese-speaking older adults: culturally responsive and linguistically appropriate adaptation Jessamine Chen 5 mins	A detailed profile of paediatric mental health emergency department presentations in Australia Jackson Newberry-Dupe 12 mins
	Tapping into truth: are psychomotor symptoms associated with typing behaviour? Taylor Braund 12 mins	Adolescent lifestyle behaviour modification and mental health: Longitudinal changes in diet, physical activity, sleep, screen time, smoking, and alcohol use and associations with psychological distress Scarlett Smout 12 mins	Speaking about stigma: experiences of stigma and self-stigma in young people at-risk of psychosis Zoe Waters 12 mins	Women with bipolar disorder are at increased risk of sarcopenia Lana Williams 12 mins	Role of the rostral anterior cingulate cortex in emotion processing in Treatment-Resistant Depression Ana Rita Barreiros 5 mins	Addressing Challenges for Low SES families in Accessing Mental health Services Sharon Michelle Grocott 12 mins

<i>Presentations</i>	Exploring undergraduate students' perspectives on their mental health in simulation-based learning for exercise and sport science rehabilitation Caitlin Fox-Harding 5 mins	Bridging the Vaccine Gap for Mental Health Service Users: Keeping the Body in Mind - Vaccines. Liam Conlon 5 mins	The power of lived experience perspective: Innovating consent in schizophrenia research. Rebecca Soole 5 mins	Heat-related medical admissions in people who use mental health services Svetlina Vasileva 12 mins	Memory processes predict the first onset of psychiatric disorders; Results from an Individual Participant Data Meta-Analysis Caitlin Hitchcock 5 mins	Paediatric mental health emergency department presentations in Australia before and during the COVID-19 pandemic period: Retrospective observational study Jackson Newberry-Dupe 5 mins
	The role of self-compassion and experience in psychologists' emotional labour regulation strategies: A latent profile analysis James Clarke 5 mins	Co-designing an intervention for food addiction: dietary, sleep and physical activity outcomes following a randomized controlled trial Mark Leary 5 mins	Experiences of shame in individuals with lived experience of psychosis: "Creating a bridge to engagement" Kimberley Davies 5 mins	Too much mental health literacy? A national survey exploring the relationship between diagnostic expansion and mental health beliefs and actions Nicola Reavley 12 mins	The relationship between cognitive and affective control and symptoms of depression and anxiety across the lifespan: A 3-wave longitudinal study Anson Kai Chun Chau 5 mins	Care navigation for adults with depression or anxiety: A pilot trial Joanna Crawford 5 mins
	How can we capitalise on Large Language Models to improve the quality, accessibility, and diversity of gatekeeper training? Glenn Holmes 5 mins	Identifying those young people with mental disorders who are most at risk of immune-metabolic dysfunction. Sarah Mckenna 5 mins	Moments that matter: Bridging the gaps in care at early psychosis service discharge Alyssa Milton 5 mins		Late-life depression and olfactory dysfunction as risk factors for dementia Simone Reppermund 5 mins	Enhancing mental health care: Investigating social anxiety and help-seeking patterns in Ghana in the context of sexist attitudes. Peter Adu 5 mins
			What impact did the COVID-19 pandemic have on the delivery of early intervention psychosis services? Ellie Brown 5 mins		Relative associations of behavioural and physiological risks for cardiometabolic disease with cognition in bipolar disorder during mid and later-life: Findings from the UK Biobank Elysha Ringin 5 mins	
					Economic costs associated with insomnia in adults with sub-threshold depression and major depressive disorder Phuong Le 5 mins	
					Preliminary findings from the BipolarWISE trial: An innovative online psychosocial intervention for people with bipolar disorder Beth O'Gorman 5 mins	
4:30pm-5:00pm	Conference Close and Awards					
<i>Room</i>	The Grand Lodge					