

## WCE 2025 Pre-Congress Workshop Program: Harnessing Psychology to Improve Healthcare for People with Endometriosis

As at 15 April 2025 Subject to change without notice

1330-1430	Presentations
	What Can Psychologists Do for Me? A Consumer Perspective
	Ms Kat Stanley
	Kat Stanley will open the session by explaining what psychological therapy is and discussing what psychologists can offer to people living with endometriosis.
	Which Psychological and Mind-Body Approaches Work in Endometriosis?
	A/Prof Subhadra Evans
	A/Prof. Subhadra Evans will provide an overview of evidence-based psychological approaches for endometriosis, focusing on existing trials.
	What's In the Pipeline for Psychological Approaches to Endometriosis?
	Dr Leesa van Niekerk
	Dr Leesa van Niekerk will discuss promising and currently tested psychological approaches for endometriosis, drawing on evidence from other pelvic pain conditions and in-progress trials.
	How Can Psychological Care Be Best Delivered to People with Endometriosis?
	Prof Antonina Mikocka-Walus
	Prof. Antonina Mikocka-Walus will provide an overview of integrated care approaches and discuss the current evidence behind inter-disciplinary models of care in endometriosis, drawing on evidence from other pelvic pain conditions.
1430-1500	Afternoon Tea
1500-1530	Group Discussion
1530-1540	Break
1540-1640	Group Discussion
1640-1700	Closing Remarks
1700	Workshop Close