

## ADVANCES IN FOCAL THERAPY FOR PROSTATE CANCER: FROM PATIENT SELECTION TO CLINICAL OUTCOMES



**THURSDAY**  
**13 August, 2026**  
 1330 – 1730

**Focal therapy is emerging as an important treatment option for selected men with localised prostate cancer, offering the potential for oncological control while minimising treatment-related morbidity.**

As the landscape of prostate cancer treatment evolves, focal therapy is gaining increasing attention as a precision-based approach for selected patients with localised disease.

This program will bring together leading clinicians to review the latest evidence supporting focal therapy, discuss advances in imaging such as MRI and PSMA for patient selection and follow-up, and examine the clinical decision-making involved in treating higher-grade disease and managing recurrence. We will explore the evolving evidence base, advances in imaging for patient selection, and the role of multidisciplinary decision-making in focal therapy.

Through expert presentations and multidisciplinary case discussions, participants will gain practical insights into Emerging focal treatment modalities and the future direction of focal therapy in prostate cancer care

### FACULTY



**Prof Jonathan Coleman,**  
 Memorial Sloan Kettering Cancer Center, United States

**A/Prof Anna Lantz,**  
 Karolinska Comprehensive Cancer Center, Sweden



**A/Prof Kara Watts,**  
 Montefiore Medical Center, The University Hospital for Albert Einstein College of Medicine, United States



**WORKSHOP CHAIRS**  
 Associate Professor John Yaxley  
 Dr Nick Mehan

| 1330-1345 | Welcome                                                                                                                                                                                                                                                                |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1345-1400 | <b>The emerging role of focal therapy for treatment of localised prostate cancer – summary of the evidence</b><br>A/Prof Anna Lantz, Karolinska Comprehensive Cancer Center, Sweden                                                                                    |
| 1400-1415 | <b>Imaging for focal therapy and case selection</b><br>A/Prof Kara Watts, Montefiore Medical Center, The University Hospital for Albert Einstein College of Medicine, United States                                                                                    |
| 1415-1430 | <b>Focal therapy for high grade prostate cancer – why not?</b> Dr Charitha Siriwardena, St Vincent's Prostate Cancer Research Centre, Sydney                                                                                                                           |
| 1430-1445 | <b>Redefining clinically significant prostate cancer, what contralateral lobe volume or grade is a contraindication to focal therapy?</b> A/Prof Kara Watts, Montefiore Medical Center, The University Hospital for Albert Einstein College of Medicine, United States |
| 1445-1500 | <b>Local recurrence after focal therapy – repeat focal ablation or whole gland therapy: indications and outcomes</b> Prof Jonathan Coleman, Memorial Sloan Kettering Cancer Center, United States                                                                      |
| 1500-1530 | Afternoon Tea                                                                                                                                                                                                                                                          |
| 1530-1545 | <b>Follow up protocol for patients after focal therapy, striving for consensus</b> Prof Mark Frydenberg, Australian Urology Associates, Melbourne                                                                                                                      |
| 1545-1600 | <b>Indications and outcomes of focal LDR prostate brachytherapy</b> A/Prof Jeremy Grummet, Alfred Health, Melbourne                                                                                                                                                    |
| 1600-1615 | <b>Focal irreversible electroporation: oncological and quality of life outcomes</b> Prof Jonathan Coleman, Memorial Sloan Kettering Cancer Center, United States                                                                                                       |
| 1615-1630 | <b>Early outcomes of focal laser ablation for localised prostate cancer</b> Dr Jonathan Kam, Nepean Private Hospital, Sydney                                                                                                                                           |
| 1630-1715 | <b>MDT case presentations chaired by</b> Dr Nick Mehan<br>Prof Jonathan Coleman, A/Prof Anna Lantz, A/Prof Kara Watts, Dr Charitha Siriwardena, A/Prof John Yaxley                                                                                                     |
| 1730      | Conclude                                                                                                                                                                                                                                                               |

*[Program correct at time of publication]*

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