

## WCE 2025 Pre-Congress Workshop Program: Enhancing Physiotherapy Skills: Tackling Pelvic Pain in Endometriosis

As at 15 April 2025  
Subject to change without notice

1330-1455	<b>Session One: Pain Mechanisms and Assessment Skills in Endometriosis Associated Pelvic Pain</b>
1330-1350	<b>Pain Mechanisms for Physiotherapists</b> <i>Prof Paul Hodges</i> Outlining the differences between nociceptive, neuropathic and nociplastic pain presentations and the implications for management in the patient with pelvic pain.
1350-1405	<b>Endometriosis Associated Pelvic Pain</b> <i>Prof Helena Frawley</i> Discussion on the link between endometriosis and pain and frameworks for physiotherapy management.
1405-1430	<b>Physiotherapy Assessment of the Patient with EAPP</b> <i>Dr Shan Morrison</i> The practical application of assessment skills for the patient with EAPP utilising a biopsychosocial approach.
1430-1455	<b>Trauma Informed Care in EAPP Assessment</b> <i>Dr Jo Sheedy</i> A discussion on how physiotherapists can engage with psychological components of a patients presentation within their scope of practice, and learning to assess and work with patient beliefs to improve outcomes.
1455-1535	<b>Afternoon Tea</b>
1535-1700	<b>Session Two: Evidence Based Treatment of Endometriosis Associated Pelvic Pain</b>
1535-1550	<b>Evidence Based Treatment of EAPP</b> <i>Dr Elise Fraser</i> A systematic review of conservative therapies.
1550-1630	<b>Practical Application of Evidence Based Treatment in EAPP</b> <i>Prof Helena Frawley</i> Utilising case studies this session will bring together the assessment and treatment of EAPP. It will demonstrate how to use the best available evidence and incorporate clinical reasoning to improve outcomes for patients with endometriosis.

1630-1700	<p><b>Moderated Panel Discussion</b></p> <p><i>Moderated by Ms Ruth Schubert and Alex Diggles</i></p> <p><i>Panellists: Prof Helena Frawley, Dr Shan Morrison, Dr Jo Sheedy and Dr Elise Fraser</i></p> <ul style="list-style-type: none"> <li>Chronic/persistent pain (other regions of the body) and persistent pelvic pain: similarities and differences</li> <li>Persistent pelvic pain and EAPP: Similarities and differences comparing the latest systematic reviews in Endometriosis and chronic pelvic pain.</li> </ul>
1700	<b>Workshop Close</b>