

WCE 2025 Pre-Congress Workshop Program: Enhancing Physiotherapy Skills: Tackling Pelvic Pain in Endometriosis

As at 2 May 2025
Subject to change without notice

1330-1455	Session One: Pain Mechanisms and Assessment Skills in Endometriosis Associated Pelvic Pain
1330-1350	Pain Mechanisms for Physiotherapists <i>Prof Paul Hodges; pre-recorded presentation</i> Pre-recorded session outlining the differences between nociceptive, neuropathic and nociplastic pain presentations and the implications for management in the patient with pelvic pain.
1350-1405	Setting the Scene <i>Prof Helena Frawley</i> <ul style="list-style-type: none"> Endometriosis associated pelvic pain Frameworks for the approach to EAPP conservative management
1405-1430	Trauma Informed Care in EAPP Assessment <i>Dr Jo Sheedy</i> A discussion on how physiotherapists can engage with psychological components of a patients presentation within their scope of practice, and learning to assess and work with patient beliefs to improve outcomes.
1430-1455	Physiotherapy Assessment of the Patient with EAPP <i>Dr Shan Morrison</i> The practical application of assessment skills for the patient with EAPP utilising a biopsychosocial approach.
1455-1535	Afternoon Tea
1535-1700	Session Two: Evidence Based Treatment of Endometriosis Associated Pelvic Pain
1535-1545	Evidence Based Treatment of EAPP <i>Dr Elise Fraser</i> A systematic review of conservative therapies.
1545-1555	Persistent Pelvic Pain and EAPP <i>Prof Helena Frawley</i> Similarities and differences comparing the latest systematic reviews in endometriosis and chronic pelvic pain.

1555-1635	Practical Application of Evidence Based Treatment in EAPP <i>Prof Helena Frawley</i> Utilising case studies this session will bring together the assessment and treatment of EAPP. It will demonstrate how to use the best available evidence and incorporate clinical reasoning to improve outcomes for patients with endometriosis.
1635-1700	Moderated Panel Discussion: Chronic/persistent pain (other regions of the body) and persistent pelvic pain: similarities and differences <i>Moderated by Ms Ruth Schubert and Dr Alex Diggles</i> <i>Panellists: Prof Helena Frawley, Dr Shan Morrison, Dr Jo Sheedy and Dr Elise Fraser</i>
1700	Workshop Close