



OSTEOPOROSIS SOCIETY (SINGAPORE)

Nurses: At the Front Line of Osteoporosis Management

The Osteoporosis Society of Singapore's Annual Symposium on Osteoporosis for Nurses and Allied Health Professionals

Saturday, 19 October 2019
8.30am to 5pm
National University of Singapore
Clinical Research Centre (CRC), MD11 Auditorium

[Click here to register now](#)
(Please register before 15 September)

0800 - 0820	Registration	
0820 - 0830	Welcome Address	Dr Chionh Siok Bee (OSS, NUH)
0830 - 0900	Primary and Secondary Osteoporosis. How do you Screen? How do you Diagnose?	Dr Vivien Lim (Gleneagles)
0900 - 0915	Quantifying Fracture risk. What tools can you use?	A/Prof Lau Tang Ching (NUH)
0915 - 0945	Non -Pharmacological Management of Osteoporosis. Part 1: An Exercise prescription for Osteoporosis	Dr Poonam Pal (CGH)
0945 - 1015	Non-Pharmacological Management of Osteoporosis. Part 2: A Dietary Prescription for Osteoporosis	Ms. Janelle Pan (NUH)
1015 - 1045	Break	
1045 - 1115	Pharmacological Management of Osteoporosis: Hormone Therapy. Where do we stand now?	Dr Susan Logan (NUH)
1115 - 1145	Pharmacological Management of Osteoporosis: Bisphosphonates and Beyond: What You Need to Know	Dr Andre Tan (NUH)
1145 - 1215	Fracture Liaison Services- Developing practical solutions to effective counseling and education	Ms. Lisa Jodie Welthy (Australia)
1215 - 1300	Lunch	
1300 - 1330	The role of the Nurse in Osteoporosis Management The Role of the Nurse in FLS – The Singapore OPTIMAL Program	Ms. Huang Xiao Feng (SGH) Ms. Liu Xiao Ming (SGH)
1330 - 1400	Fixing Fragility Fractures. Orthopaedic Intervention in Osteoporosis	Dr Hitendra Doshi (Gleneagles)
1400 - 1500	Workshop 1: (Group A) Ms. Lisa Jodie Welthy (Australia) Counselling the Osteoporotic and Fragility Fracture Patient	Workshop 2: (Group B) BMD interpretation Dr Vivien Lim Case discussions Dr Chionh Siok Bee
1500 - 1530	Break	
1530 - 1630	Workshop 1: (Group B) Ms. Lisa Jodie Welthy (Australia) Counselling the Osteoporotic and Fragility Fracture Patient	Workshop 2: (Group A) BMD interpretation Dr Vivien Lim Case discussions Dr Chionh Siok Bee