



# ANZHNCS ASM 2025

Friday 29 – Sunday 31 August 2025

Adelaide Convention Centre,  
Adelaide, South Australia

*Shaping the Future of Head and Neck Cancer Treatment*



Destination Sponsors:



## ANZHNCS 2025 PRE-CONFERENCE COURSE

# Prehab to Rehab: Evidence vs Practicalities Workshop

Thursday 28 August 2025 | Riverbank Room 2 G 3, Adelaide Convention Centre

### COURSE CONVENORS

**Ms Tracey Nicholls** - ENT Head and Neck Nurse Practitioner, Flinders Medical Centre, SA

**Dr Lee Pryor** - Advanced Speech Pathologist, Royal Adelaide Hospital; ICON Cancer Centre; University of Adelaide, SA

### INVITED INTERNATIONAL FACULTY

**Professor Joanne Patterson** - Chair of Speech and Language Therapy, University of Liverpool, UK

### LOCAL FACULTY

**Dr Vani Prasad** - Specialist Plastic Surgeon, QE Specialist Centre, Adelaide; Lymphoedema and Lipoedema Surgery Australia, Melbourne

**Dr Emma Charters** - Speech Pathology Team Leader, Chris O'Brien Lifehouse; University of Sydney, NSW

**Associate Professor Sharon Liberali AO** - Specialist C Director, Special Needs Dentistry, Adelaide Dental Hospital; University of Adelaide, SA

**Dr Brian Stein** - Medical Oncology, ICON Cancer Centre; University of Adelaide, SA

**Dr Jacqui Frowen** - Clinical Lead Speech Pathologist, Peter MacCallum Cancer Centre; University of Melbourne, VIC

**Professor Lisa Beatty** - Clinical Psycho-Oncology, Flinders University, SA

**Professor Julia Maclean** - Clinical Specialist, Speech Pathology St George Hospital; University of New South Wales

**Clinical Associate Professor Merran Findlay** - Oncology Dietetics Clinical Research Fellow, Chris O'Brien Lifehouse; UNSW, NSW

**Mr Rohan Miegel** - Senior Physiotherapist, Flinders Medical Centre; Flinders University, SA

**Ms Sarah Davies** - Head & Neck Nurse Practitioner, Chris O'Brien Lifehouse, NSW

**Dr Kevin Nguyen** - Otolaryngology, Head & Neck Surgeon, Peter MacCallum Cancer Centre, The Royal Melbourne Hospital, Eastern Health, VIC

**Associate Professor Hien Le** - Radiation Oncology, Royal Adelaide Hospital; ICON Cancer Centre; University of South Australia, SA



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## SCHEDULE OF EVENT

9:00am – 10:00am	Registration & Morning Tea
9:20am – 9:30am	Welcome & Opening
9:30am – 10:10am	<b>Lymphoedema</b> <i>Dr Vani Prasad</i>
10:10am – 10:50am	<b>Trismus</b> <i>Dr Emma Charters</i>
10:50am – 11:30am	<b>Mucositis &amp; Xerostomia</b> <i>A/Prof Sharon Liberali AO</i>
11:30am – 12:10pm	<b>Odynophagia &amp; Dysgeusia</b> <i>Dr Brian Stein</i>
12:10pm – 12:45pm	<b>Introducing Physical Exercise Pre and Post-Treatment into the Care Pathway</b> <i>Prof Joanne Patterson, UK</i>
12:45pm – 1:30pm	Lunch
1:30pm – 2:10pm	<b>Dysphagia</b> <i>Dr Jacqui Frowen</i>
2:10pm – 2:25pm	<b>Development of a Novel Respiratory-Swallow Intervention to Improve Swallow Function Following Head and Neck Cancer</b> <i>Prof Joanne Patterson, UK</i>
2:25pm – 3:05pm	<b>Anxiety &amp; Emotional Wellbeing</b> <i>Prof Lisa Beatty</i>
3:05pm – 3:40pm	<b>Fatigue &amp; Prehab: Local Challenges and Opportunities</b> <i>Mr Rohan Miegel</i>
3:40pm – 3:50pm	<b>Malnutrition &amp; Sarcopenia</b> <i>A/Prof Merran Findlay</i>
3:50pm – 4:00pm	Afternoon Tea
4:00pm – 4:45pm	<b>Panel Discussion - The Art of Feeding: Multidisciplinary Approaches to Complex Care</b> <i>Prof Julia Maclean, A/Prof Merran Findlay, Sarah Davis, Dr Kevin Nguyen, Dr Brian Stein, A/Prof Hien Le</i>
4:45pm – 5:00pm	<b>Introduction to Proton Therapy: Reducing Morbidity</b> <i>A/Prof Hien Le</i>
5:00pm	Evaluation and Close



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## LEARNING OBJECTIVES

By the end of this session, participants will be able to:

1. **Describe** the latest evidence-based approaches for managing morbidity associated with head and neck cancer (HNC).
2. **Analyse** the practical challenges and considerations involved in applying current evidence to everyday clinical care.
3. **Exchange** practical tips, techniques, and strategies used across different care settings to enhance patient outcomes in HNC management.