

rottneest island ... and many
more activities on offer



PHOTO COURTESY
ROTTNEEST ISLAND AUTHORITY

PLEASE NOTE

THERE HAS BEEN
A CHANGE OF VENUE
TO THE PERTH CONVENTION
AND EXHIBITION CENTRE

WA Rural Health Conference 2021 **LESSONS LEARNT** FROM PAST DISASTERS

27 and 28 March 2021
PERTH CONVENTION AND EXHIBITION CENTRE

We welcome the company of partners and family members accompanying delegates who are attending the WA Rural Health Conference 2021.

IMPORTANT INFORMATION

REGISTER ONLINE

The Partners and Children's Program in line with the WA Rural Health Conference 2021 will require all partner and child registrations to be completed online. Once you have selected the activity/ies you would like to participate in, you will need to register. Please visit:

ruralhealthwest.eventsair.com/2021-wa-rhc

**REGISTER
NOW**

PLEASE NOTE: Registration is essential

For further information or assistance, please contact Jen Maughan, Rural Health West Family Program Coordinator **familysupport@ruralhealthwest.com.au** or telephone **08 6389 4500**.

TRAVEL SUPPORT

Rural Health West offers travel support to currently practising medical practitioners, nurses and midwives who work and live in rural and remote Western Australia to attend the WA Rural Health Conference 2021, and provides air travel support to the delegate's partner. ***Please note conditions apply.***

Children may also be eligible for air travel support, with consideration given to up to two children of a medical practitioner, nurse and/or midwife combination who are both currently practising in rural Western Australia and are full WA Rural Health Conference 2021 delegates. Approval must be sought from Rural Health West prior to booking children's flights with Corporate Traveller. ***Please note conditions apply.***

Before booking, please see the full travel support terms and conditions – visit:
ruralhealthwest.eventsair.com/2021-wa-rhc

For further information regarding the WA Rural Health Conference 2021 Family Program, please contact the Rural Health West Family Program Coordinator **familysupport@ruralhealthwest.com.au** or telephone **08 6389 4500**.

CHILDREN'S PROGRAM

Children are invited to attend the program activities without their parents, allowing mum and dad the opportunity to register for the Partner Program or enjoy some child-free time. However, should a parent wish to join the Children's Program group they are more than welcome. All children's activities are supervised by Rural Health West staff who all hold current Working with Children cards.

The age groups allocated to activities are a guide. Should you wish to discuss your child's participation in a particular activity please email the Rural Health West Family Program Coordinator **familysupport@ruralhealthwest.com.au**.

Babysitting for extended events

Should your family require childcare for events surrounding the conference including Awards events, AGM, workshops, Forum or GP Obstetrics Think Tank, please contact Dial-an-Angel on **08 9364 5488** to book and pay directly. Rural Health West uses this childcare agency for all Perth-based Children's Programs.

For further information, please contact the Rural Health West Family Support Coordinator **familysupport@ruralhealthwest.com.au** or telephone **08 6389 4500**.

PARTNER PROGRAM | FRIDAY 26 MARCH 2021

2021 WA Rural Health Awards – Long Service

Awards Ceremony and Cocktail Function

Time 5.00pm-7.30pm

Cost \$50.00 per person

Venue Fraser's Kings Park, Function Centre

A wonderful event to celebrate and formally thank doctors who have contributed 20, 30, 40 and 50 years of medical service in rural and remote Western Australian communities.

Please note: This is an adult-only event.



PARTNER PROGRAM | SATURDAY 27 MARCH 2021

Rottnest Island

QUOKKAS | SWIM | PADDLE | SURF | CYCLE | HIKE | GOLF | EXPLORE

Time 8.30am-6.00pm

Cost \$50.00 per adult

\$25.00 per child*

\$125.00 per family (2 adults|2 children)

Cost includes transfers and return ferry ride

* Children visiting Rottnest Island **MUST** be accompanied by a supervising adult. Rural Health West will not be providing supervision on Rottnest Island.

Experience all that Rottnest Island has on offer from the natural attractions of incredible beaches and inquisitive wildlife, to bus, train and boat tours, and bike and snorkel hire. The choices are endless, so while we will get you there and back, how you spend your day on Rottnest is entirely up to you. It will be a big day, but what a day!

Please note: Activities on the island are at your own cost.



Yanchep National Park

WALK TRAILS | GOLF | CAVES | KOALAS

Time 8.30am-5.15pm

Cost \$20.00 per adult

\$40.00 per adult (if you choose to participate in the children's Trees Adventure and Crystal Cave tour)

Cost includes private bus transport and lunch

Spend the day exploring nature at the beautiful Yanchep National Park, a 50 minute drive from Perth's CBD.

With walk trails, golf, caving, birdwatching, wildlife, pub, café and lawns to relax on, there's something for everyone.

Should you wish to partake in a round of golf or independent cave tour, please visit parks.dpaw.wa.gov.au/park/Yanchep to book and pay directly.

The bus will depart Yanchep National Park at 4.00pm.



Photo courtesy: Pam Riordan

PARTNER PROGRAM | SATURDAY 27 MARCH 2021

Conference Opening Plenary

WELCOME TO COUNTRY | KEYNOTE ADDRESSES

Time 9.00am-10.30am

Venue Perth Convention and Exhibition Centre

Cost Free, but **registration is essential**

Join delegates at the opening of the WA Rural Health Conference 2021 and to listen to presentations from the following keynote speakers:

9.30am **Associate Professor Ruth Stewart**

MBBS (Uni Melb 1985), PhD (Flin), FACRRM, DRANZCOGadv
National Rural Health Commissioner

Lessons from Past Disaster

Associate Professor Stewart brings to the role 30 years work as a rural generalist with advanced skills in GP obstetrics. She has been instrumental in the expansion of rural training opportunities, establishing the rural program at Deakin University and doubling rural clinical placements for the James Cook University medical school.



1.30pm **Darren Klemm** AFSM

Commissioner, Department of Fire and Emergency Services

Emergency management in rural Western Australia

Commissioner Darren Klemm has nearly 30 years' experience in fire and emergency services. Commissioner Klemm was instrumental in the creation of the Rural Fire Division which has been decentralised and improved bushfire management, and was involved at State and Incident Controller levels during the Waroona, O'Sullivan and Toodyay bushfire emergencies and Tropical Cyclone Olwyn and Veronica incidents.



2021 WA Rural Health Awards – Excellence

Awards Ceremony and Gala Dinner

Time 6.30pm-midnight

Cost \$125.00 per person

Complimentary for Award Finalist and their guest

Venue The Ritz-Carlton Perth

Dress Cocktail

The Excellence Awards are a rare chance to shine the spotlight on rural health professionals who have dedicated their time and talents to improving the health and wellbeing of others. Join us to celebrate the valuable contribution of health professionals working across rural and remote Western Australia.

Please note: This is an adults-only event.



What's on in Perth

The City of Perth has much to offer its visitors. For more information, visit the following websites:

- scoop.com.au
- www.visitperth.com.au
- www.theurbanlist.com/perth
- www.experienceperth.com

Practice Management Workshop

Time 9.00am-12.00pm

Cost \$20.00 per adult – includes morning tea

Venue Perth Convention and Exhibition Centre

We invite partners who are actively involved in the business management of general practice to join conference delegates in this workshop.

Presented by Practice Assist, a joint initiative of Rural Health West and the WA Primary Health Alliance (WAPHA) participants will:

- Gain a greater understanding of the general practice accreditation and reaccreditation process.
- Gain information on human resource management and available resources.
- Increase knowledge of how My Health Record can work for you in general practice.
- Learn about quality improvement activities in general practice and Plan, Do, Study, Act.
- Network with fellow rural general practice providers, experts in the field and the Practice Assist team.



WA RURAL HEALTH CONFERENCE 2021

Sunday 28 March 2021 | 12.15pm-1.30pm

Cost Free, but **registration is essential**

Venue Perth Convention and Exhibition Centre

KEYNOTE SPEAKER

Rabia Siddique

Rabia Siddique is an Australian criminal and human rights lawyer, retired British Army officer, former terrorism and war crimes prosecutor, international humanitarian, hostage survivor, professional speaker, advocate and published author.



Partner Education Grants



Partners of rural general practitioners, hospital doctors, medical specialists, nurses and midwives can apply for a grant to assist with training and education expenses to enhance their own career and employment opportunities while living in a rural location.

To find out more, visit

www.ruralhealthwest.com.au/peg

The Partner Education Grants are delivered by Rural Health West with funding from the Australian Government Department of Health.

CHILDREN'S PROGRAM | SATURDAY 27 MARCH 2021

In-house Care Adina Apartment Hotel Perth

0-3 YEAR OLDS

Morning session – 8.30am-1.00pm | \$15.00 pp

Includes full supervision, morning tea and lunch.

Afternoon session – 1.00pm-5.00pm | \$15.00 pp

Includes full supervision and afternoon tea.

Cared for by kind, mature agency caregivers, your child will have toys and activities provided in an Adina apartment directly opposite the Perth Convention and Exhibition Centre. With close proximity to the conference proceedings, parents may access the In-house Care room throughout the day for feeding, settling or other needs. There will be a quiet adjoining room for sleeping children if required. **Parents to provide nappies, drink bottles (including formula) and your child's comforter.**

Optional extra

With parent permission, a caregiver may take your child for a walk or in a stroller to nearby lawns for a short excursion.

Yanchep National Park TREES ADVENTURE | CAVING

4-12 YEAR OLDS



Time 8.30am-5.15pm

Cost \$30.00 per child – includes private bus transport, morning/afternoon tea, lunch and all activities

Parents welcome, but not compulsory

Yanchep National Park is a 50-minute drive from Perth's CBD where you will spend the full day.

To start the day, the group will participate in Yanchep's Tree Adventure swinging, climbing and leaping through the trees.

There are fun and challenging obstacle courses in the tree canopy ranging from low easy courses for mini adventurers to 10-metre high courses for the adrenaline junkies. Using world-class interlocking safety systems, kids will be attached by harness to the course at all times.

In the afternoon, children can register for one of two caving options:

Option 1 – Adventure Caving

Strictly 8 years+ | Limited places available

Join expert guides as they crawl, climb and slide their way through wild caves in an environment where the only light source is a torch! Be amazed at the fascinating formations and take the challenge to make this an underground experience never to be forgotten.

Option 2 – Crystal Cave

4 years+

Experience an underground wonderland full of natural cave decorations such as the 'jewelled city' and other stalactites and stalagmites. The experienced guide will lead you through Perth's only tourist cave, which has access to stairs and paths, and low lights within the cave making it family friendly.

CHILDREN'S PROGRAM | SUNDAY 28 MARCH 2021

In-house Care Adina Apartment Hotel Perth

0-3 YEAR OLDS

Morning session – 8.30am-1.30pm | \$15.00 pp

Includes full supervision, morning tea and lunch.

Cared for by kind, mature agency caregivers, your child will have toys and activities provided in an Adina apartment directly opposite the Perth Convention and Exhibition Centre. With close proximity to the conference proceedings, parents may access the In-house Care room throughout the day for feeding, settling or other needs. There will be a quiet adjoining room for sleeping children if required. **Parents to provide nappies, drink bottles (including formula) and your child's comforter.**

Optional extra

With parent permission, a caregiver may take your child for a walk or in a stroller to nearby lawns for a short excursion.

Fishing School

Let's Get Hooked

4-12 YEAR OLDS



Time 8.30am-1.30pm

Cost \$15.00 per child – includes private bus transport, morning tea, lunch and activity

Taking place along the beautiful Swan River, our very experienced fisherman will teach the kids everything from tying a knot, casting and rigging, to how to land that monster catch.

The focus will be on creating and promoting wonderful fishing experiences.

Kids in the kitchen

Jr Chefs

4-12 YEAR OLDS

Time 8.30am-1.30pm

Cost \$15.00 per child – includes private bus transport, lunch and activity

At Jr Chefs headquarters, it is all about teaching kids to cook in a fun, friendly and safe environment.

Kids will be cooking up a storm, gaining confidence in the kitchen and developing healthy connections with each other and food. They will make delicious savoury and sweet dishes, and still have goodies to take home.





PO Box 433 Nedlands
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TRAVEL SUPPORT AVAILABLE FOR PARTNERS
Find out more at
ruralhealthwest.eventsair.com/2021-wa-rhc/travel



Rural Health
Connections

To keep up to date with Family Program activities including the WA Rural Health Conference 2021, LIKE our Rural Health Connections Facebook page.



www.facebook.com/ruralhealthconnections